

### Dr. BRR GOVERNMENT DEGREE COLLEGE

(Accredited with B++ by NAAC)

# JADCHERLA-509301 MAHABUBNAGAR (DIST), T.S

Dr. CH Appiya Chinamma M.Sc., Ph.D.

Principal

## Academic Year 2017-2018

## **INTERNATIONAL YOGA DAY**

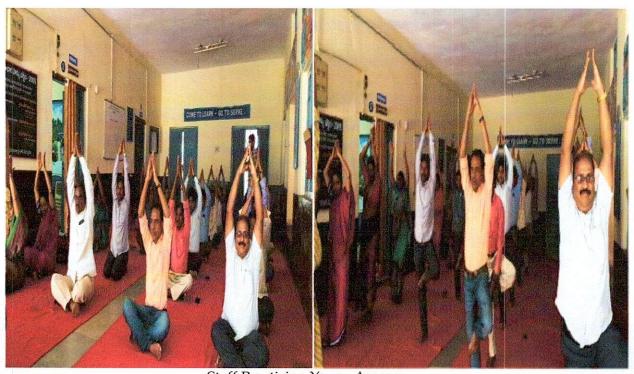
NSS - UNITS: I, II, III & IV

Date: 21-06-2017

NSS — UNIT —I, II, III & IV organized INTERNATIONAL YOGA DAY on 21-06-2017. The Resource Person **Dr. Srilatha**, Yoga Guru stressed the need of yoga in Our Life. If we practice yoga every day, we can improve our concentration and health. She practiced the "Yoga Asanas" with faculty members and Students. As per Telangana C.C.E Orders this programme has been arranged. On this occasion elocution, essay writing competitions were conducted.

#### **Important Guests:**

- 1. Dr. Srilatha (Yoga master)
- 2. Dr. Govind Bhushan (Principal)
- 3. Sri J. Bhakthavatsal Reddy (Vice- Principal)
- 4. All faculty members and students



Staff Practicing Yoga -Asanas

