

# Profile

## Personal data



Name : Dr.T.Kalyani  
Father name : T.Mallaiah  
Data of Birth : 02/04/1984  
Gender : Female  
Designation : Physical Director  
Date of entry into Service : 19.10.2009  
  
Date of appointment as P.D : 11.09.2013  
Mobile No : 9010167299  
Email ID : nagakalyanipd@gmail.com  
Academic Qualification : M.A., MPED, Ph.D., (MSc YOGA)

### **Professional experience:**

1. Worked as Physical Education Teacher at ZPHS, Choularamaram, Mothkur, Nalgonda Dist. during 2009 to 2013.
2. Worked at SCIM Govt Degree & PG College, Tanuku, West Godavari, A.P during 2013 to 2019.
3. Now working at Govt Degree College for Women, Nalgonda from 2019 to till date.

### **Orientation / Refresher Courses:**

1. Attended RC in Physical Education by UGC in Osmania University, Hyderabad from 05.03.2014 to 26.03.2014.
2. Attended RC in Physical Education by UGC in Sri Venkateshwara University, Tirupati from 02.03.2016 to 22.03.2016.
3. Attended 90<sup>th</sup> OC by UGC – HDC in Osmania University, Hyderabad from 04.07.2019 to 25.07.2019.
4. Attended Online one week FIP Short term course on ICT Tools in Higher Education by UGC-HRDC-RUSA in Osmania University, Hyderabad from 12.08.2020 to 19.08.2020.
5. International Marthon Webinar –One week online Faculty Development programme on the Rebooting and the opportunities of physical education and sports 22 -26 july,2020.
6. Online Faculty Development program physical education and sports May22nd to May26th,2020.
7. Seven Days online faculty Development program on science of rehabilitation.
8. Six day international level FDP on perspectives and strategies on contemporary issues in physical education and sports on 15<sup>th</sup> -24<sup>th</sup> ,2020.
9. Three FDP on sports Training 5<sup>th</sup> -7<sup>th</sup> August ,2020.

### **Role in college committees:**

- Physical education committee Co-Ordinator
- NSS-1 Program Officer
- Anti-ragging & disciplinary committee Co-Ordinator
- Infrastructure & building – Furniture committee Co-Ordinator
- RUSA committee Member

- Career guidance & placement committee Member
- Women empowerment cell committee Member
- Library & Reading committee Member
- Inter faculty forum/ Research & JIGNASA committee Member
- SWACHH Bharat committee Member
- ECO CLUB & HARITHA haram Member
- BHAGYA Member
- HOBBIES & LIFE SKILLS committee Member
- ALUMNI & Parents meeting coordination committee Member
- EK BHARATH SWACHH BHARATH committee Member

**PAPER PUBLISHED IN JOURNALS:**

1. INETERNATIONAL: 7
2. NATIONAL: 3

<b>SNO</b>	<b>NAME OF THE CONFERENCE</b>	<b>DATE &amp; VENUE</b>	<b>TITLE/PAPER</b>	<b>YEAR &amp; MONTH OF PUBLICATION</b>
1	International Conference on Recent Trends in Fitness, Health & Sports Science	1-4 <sup>TH</sup> AUG 2014 & OSMANIA UNIVERSITY, HYD.	A study on women physical fitness among kabaddi players & kho -kho players at West Godavari.	International Journal of Fitness Health, physical Education & Games. ISSN 2349-722X VOL-1, NO.1.
2	25th Pan Asian Conference of Sports & Physical Education 2014	8-9 <sup>TH</sup> AUG 2014 & OSMANIA UNIVERSITY, HYD.	Cultural Dance in India	International Journal of Health Physical Education & Computer Science in Sports vol-15, 1, Quarterly July 2014 to Sept 2014 ISSN 2231-3265.
3	National Conference on Physical Education & Allied Sciences.	5-6 <sup>TH</sup> OCT 2014 & KAKATIYA MEDICAL COLLEGE, WARANGAL.	Comparison between Tribal & non-Tribal students in the selected physiological variables.	organized by Department of Physical education Kakatiya medical college, warangal. Journal of physical education & sports sciences ISSN 2229-7049 VOL-11, 2014.

4	UGC sponsored two day National seminar of Physical Education on Health & Sports Science.	29-30 TH MARCH 2015& SKSD Mahila kalasala UG&PG(A), Tanuku.	Effect of Yogic exercise on selected physical fitness components among degree college in West Godavari.	29th-30th Mar2015 International Journal of Health Physical education & Computer Science in Sports vol 17,2, Quarterly Jan2015 to Mar 2015 ISSN 2231-3265.
5	UGC National Seminar on Fitness- A Way of Life.	3 & 4TH FEB 2016& SVD GDC, NIDAVOLU,WG.	Prevention techniques of sports Injuries.	3rd&4th Feb 2016, Journal of association of physical education & sports science ISSN 2229-7949 VOL. 1 2016.
6	UGC two day National seminar Holistic Approach to Health & wellness	23 &24 SEPT 2016 & ASD GDC,KAKINADA.	A comparative study on cardio muscular efficiency among the corporate degree college & Govt. Degree college at West Godavari	23rd&29th Sept 2016. International Journal of Academic Research Voice of Intellectuals, ISSN 2348-7666 VOL-3, Issue 9(4) Sept 2016 Impact factor 3.656
7	UGC sponsored two day international seminar on role of physical education & yoga in human development	19 TO 20 JUNE 2017, SKSD Mahila kalasala UG&PG(A), Tanuku.	Effect of Aerobic exercise &Yoga Aanas on body weight among obses women	19th to 20th June 2017 organized by Department of physical education & IQAC International journal of Health physical & education computer science in sports ISSN 2231-3265 VOL-26 NO3
8	International Conference on physical education fitness & sports science 2017.	19th&20th August 2017& Osmania University, Hyderabad.	Effect of calisthenics exercise &aerobic exercise on combination of calisthenics & aerobic exercise on selected physical fitness variables High school female students.	International journal of Health physical education &computer science in sports ISSN 2231-3265 (ONLINE&PRINT) journal impact factor is 3.565
9	UGC sponsored two day national Conference on sports culture in 21st century	29th& 30th Dec 2017& st Joseph college for women Visakhapatnam.	Effect of fortlok training on cardio respiratory endurance & muscular endurance among Hockey players.	International journal of Health physical education and computer science in sports ISSN 2231-3265(Online print) Journal impact factor is 3.565 vol. 28 No2 Quarterly Oct 2017 Dec2017.

10	29th National conference of sports & exercise psychology practices, pursuits & promises.	29-30th Mar 2019& NIT WARANGAL.	Comparative Analysis of Agility & flexibility among University kabaddi & Kho-Kho players.	ISBN0-978-81-8360-281-5
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## Participated in International and National Seminars/ Conferences/ Workshops

- ✚ Two days National conference on “Lifestyle management and wellness” on 14<sup>th</sup> and 15<sup>th</sup> Feburay,2014 at Malleswaram Ladies Association First grade college for women, Bangalore
- ✚ National workshop of physical Education Yoga and Sport management 2015 on 27<sup>th</sup> and 28<sup>th</sup> December,2015 at O.U Hyderabad
- ✚ International workshop on Recent Trends in Physical Education and Sports Industry 2016 on 26<sup>th</sup> and 27<sup>th</sup> June,2016 at FTAPCCI Bhavan, Hyderabad.
- ✚ National seminar on cultural History of Traditional Games and Sports of South India on 26<sup>th</sup> and 27<sup>th</sup> Feburay,2018 at ANU, Ongole, AP.
- ✚ International Worksop on Physical Education and Sports Science-2018 10<sup>th</sup> October,2018.
- ✚ Global conference on physical education and sports sciences -2018 theme “Awareness on sports for

Youth Empowerment” on 11<sup>th</sup> to 13<sup>th</sup>  
October,2018 at ANU, Guntur.

- # National conference on Sports and Exercise Psychology held on 29<sup>th</sup> March,2019 at NIT Warangal.
- # Indian webinar on Sports as an Active and Healthy Lifestyle for a Fit Nation on 19<sup>th</sup> September,2019.
- # International webinar on Sports injuries held on 27<sup>th</sup> September,2020.
- # E-Conference “Promoting A Bright Active Future for Tomorrows youth” on 11<sup>th</sup> October,2020.
- # International webinar on Integration of sports Science and physical education with National Education policy,28<sup>th</sup> October,2020.
- # International webinar on Health and Fitness in the post COVID status held on 31<sup>th</sup> October,2020.

### Participated in State Level Seminars, Training Programmes, Workshops

- # Participated two days National workshop “GANDHIAN VISION DIFFERENT FACETS” held on 2<sup>nd</sup>-3<sup>rd</sup> 2013 at S.C.I.M Government Degree college,Tanuku.AP.

- ✚ Three-day workshop of “Skill update and retraining of faculty on speaking and writing skills” from 8<sup>th</sup> - 9<sup>th</sup>, 2013 at S.C.I.M Government Degree college, Tanuku.AP.
- ✚ National level workshop on Gender Discrimination on 26 Aug, 2014 at SKSD Mahila Kalasala, Tanuku.
- ✚ Two days National seminar on Women in the globalised economy amidst the menace of violence on 7<sup>th</sup> and 8<sup>th</sup> March, 2015 at Mahila Kalasala, Tanuku.
- ✚ Three-day workshop on Regional level interactive workshop of English. Reading and Writing skills for English and Non English faculty on 9<sup>th</sup> to 11<sup>th</sup> November, 2017.
- ✚ One Day National seminar on Scholarly communication and academic library in the Digital Era on 16<sup>th</sup> March, 2019 at GDCW, Nalgonda.
- ✚ One Day workshop on Rural Community Engagement and rural immersion programme held on 29<sup>th</sup> October, 2019 at GDCW, Nalgonda.
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