



**MEMORANDUM OF UNDERSTANDING  
BETWEEN  
GOVERNMENT DEGREE COLLEGE FOR WOMEN  
(AUTONOMOUS)  
BEGUMPET, HYDERABAD**



**AND  
HEARTFULNESS INSTITUTE  
Hyderabad**

This Memorandum of Understanding (MoU) is entered by the Government Degree College for Women (Autonomous), Begumpet, Hyderabad, Telangana State and Heartfulness Institute, Hyderabad, Telangana.

Both agree to co-operate as follows :

**Purpose**

The purpose of this MoU is to provide a framework of cooperation and facilitate collaboration between both Institutes in the areas of mutual interest.

**Areas of Cooperation**

The Institutes agree to cooperate in the following areas of activities:

- To conduct Self-Development programs based on Yoga & Meditation for greater personal effectiveness through holistic development of mind, body and spirit .
- Experiential Workshops to make individuals balanced and centred.
- To impart value-based spiritual education.
- To introduce a Credit-based Course of 12-20 Weeks.

**Consultation and Exchange of Information**

The Institutes on regular basis, keep each other informed on matters of common interest, which in their opinion are likely to lead to mutual collaboration and also hold meetings, conferences and plan for future activities.

The duly authorized representatives of Institutes affix their signatures below. This Memorandum of Understanding is signed today i.e. 15<sup>th</sup> Aug, 2016 by Dr. P. Sairam Reddy, Director, Heartfulness Institute, Hyderabad and Dr. P Rajani, Principal of Government Degree College for Women, Begumpet, Hyderabad, Telangana State India.

The MoU shall be reviewed after one year.

*P. Rajani*  
Principal  
GDC(W)/BEGUMPET  
Govt. Degree College for Women (A)  
BEGUMPET, HYDERABAD.

*Sairam Reddy*  
DIRECTOR  
HEARTFULNESS INSTITUTE