## Best Practice—I (2018-19)

Gender Awareness and Empowerment of Women – Government degree and PG college, Bhadrachalam caters to the marginalized sections of the society. Women students constitute half of the student enrollment every academic year. Encouraging the students from different back grounds and reaching out to them with an aim of inclusiveness is the principal guiding principle of the college. Towards achieving the goal of catering to the needs of women students several initiatives have been taken up to ensure the preparedness of women student to face the challenges of the society many programmes have been arranged in the direction. Programmes on gender equity such as seminars, conferences, legal awareness programmes and training on income generating activities were conducted by different committees and cells

## Best Practice—II (2018-19)

## IRON TABLETS DISTRIBUTION TO ANEMIC GIRL STUDENTS.

After knowing the ill effects of anemia and importance of Hemoglobin, we conducted hemoglobin percentage tests for our college girl students. This is done by testing the hemoglobin percentage for girl students by Sahlis Method.

Hb percentage is identified for nearly 200 students for 2018-19. After identifying the percentages, the students with low Hb percentage are identified and are suggested to take balanced diet. And these students are regularly monitored at regular intervals to note any change in Hb levels. In most of the students it has been identified that there is no or little increase in Hb percentages. So it has been decided to provide **Iron tablets for the anemic students** 

As some of the girl students are very much anemic, nearly 4 grams ,the condition called as GROSS ANEMIA are advised for a physician's check up, which they did and now are using medicines.