

Government Degree College for Women, Begumpet

WOMEN EMPOWERMENT CELL

2021-22



Women Empowerment

S.No	Date	Name of the Activity
1.	20 th TO 25 th Sep,2021	World Mental Health Day
2	21-09-2021	Rakshin Speaks
3	23-10-2021	Distribution of Sports Shoes
4	23-10-2021	Samskruti Samvad
5	24-10-2021	Self Defence Program on 7th Anniversary of SHE TEAM,Telangana State Police
6	5-11-2021 to7-11-2021	Student Self Defence Campaign
7	5-11-2021	Short Film Video Shoot
8	13-11-2021	PAN India Awareness and Outreach Campaign
9	25-11-2021	Quiz Competition on AIDS
10	08-12-2021	Self Defence -Certificate Course on Karrasamu and taekwondo
11	15-12-2021	Distribution of Sanitary Pads and Masks
12	27-12-2021	Karrasamu Self Defense -Tournaments
13	07-01-2022	Motivational speech by Sri Chintakindi Mallesham
14	03-01-2022	Surya Namaskaras
15	28-02-2022	Elocution Competitions
16	08-03-2022	Student Self Defense Campaign
17	15-03-2022	International Women's Day Celebrations
18	13-04-2022	Awareness program on Sexual harrassment
19	01-06-2022	Stop Child Sexual Abuse-POCSO Act,2012

WORLD MENTAL HEALTH DAY

Dt.20th to 25th,September,2021

under of **Manojagrithi Foundation, Dr. Geetha Challa** has taken an initiative to sponsor the program along with Government Degree College for Women, Begumpet.

The students from the GDC(w),Begumpet participated enthusiastically in this program and involved in va**GOVERNMENT DEGREE COLLEGE FOR WOMEN(A), Begumpet** organized an **International Webinar** in collaboration with **Manojagrithi Foundation** (NGO) ON Dt.20th Sept, 2021.This was 6 days program from dt.20th to25th, September,2021 in various districts.

The various activities and challenges given in this program. As a token of appreciation our received the certificate from **INTERNATIONAL WONDER BOOK OF RECORDS**.

This program held from 11.30am-2.30 pm in Hyderabad District. Excellent speakers and psychologists **Dr. Geetha Challa, Dr. Geetha from Hyderabad and Dr. Sangeetha**-all were eminent psychologists explained various Wellbeing Techniques to burst our stress, feel free and happiness.

The techniques are highly useful for the students especially during this Pandemic situation. The speakers demonstrated **33 Wellbeing techniques** to break stress and allowed participants to practice during the session.

Dr. Swathi, HOD of Psychology department at Osmania Hospital. She explained about how to face the challenges in life and quoted as "Mind Is the Master and Body Is the Follower".

33 Wellbeing techniques:

- 1.My Name and My Identity
- 2.Brain Gym
- 3.Let go Balloon
- 4.Let me Focus
- 5.Focussed Listening
- 6.Body Scan
- 7.Smilies in a page
- 8.Gratitude Box
- 9.Window Watching
- 10.What is Happening to me Right Now

11. Dump in Activity
12. 54321 Mindful Techniques
13. Nature's Music
14. Visual Relaxation
15. Conscious Breathing
16. Candle Blowing Technique
17. Energy Breathing
18. Throw the Fire Ball
19. Circle of Control and Influence
20. Put the Glass Down
21. Z to A/100 to 1
22. Nature's Pictures
23. Positive Self Talk
24. Worry Box - Worry Period
25. More with the Music
26. Six Principles of Healthy Life
27. Find your Emotions
28. Scribbling
29. Egg, Potato and Coffee Powder in a boiling water
30. Mindful Eating
31. Chocolate Method
32. Body Waving Method
33. Movement of Thighs

Objectives of the Program:

1. Tries to get rid of general stress in our daily life and happy life.
2. We also can postpone the stress to reduce its intensity.
3. Wellbeing Techniques helpful for removal of stress and feel free.

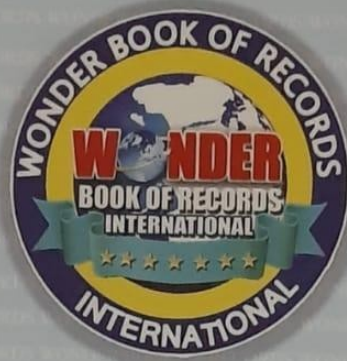
Outcomes:

1. **Wellbeing Techniques (33)** are highly useful in the current social life.
2. Practicing these wellbeing Techniques in our daily life leads to happiness and joy.

3. These tips or techniques will help in removing stress or reduce its intensity and help in building a better career for students.

No. of Students participated: 80





Certificate

MENTAL HEALTH AWARENESS

Govt Degree college For Women, Begumpet
WAS PARTICIPATED IN THIS EVENT

This is to certify that
MANOJAGRITHI. Foundation Dr. Geetha Challa
(founder & director). She has set a tremendous
record by creating Well-being techniques for
wonderful life on World Mental Health day and
Manojagrithi foundation day Objective: To create
awareness on the mental health and prevention of
mental health issues for healthy nation. They have
conducted 33 workshops within the duration of 1
hour in online mode for 33 districts of Telangana
on 33 Well-being techniques for wonderful life by
66 counsellors under the guidance of Dr. Geetha
Challa, keeping minimum of 33 participants in
each workshop in 6 days (i.e, 20th to 25th
September 2021). This event has been entered
into International Wonder Book of Records.

Verification
WBR/OCT/1409/2021

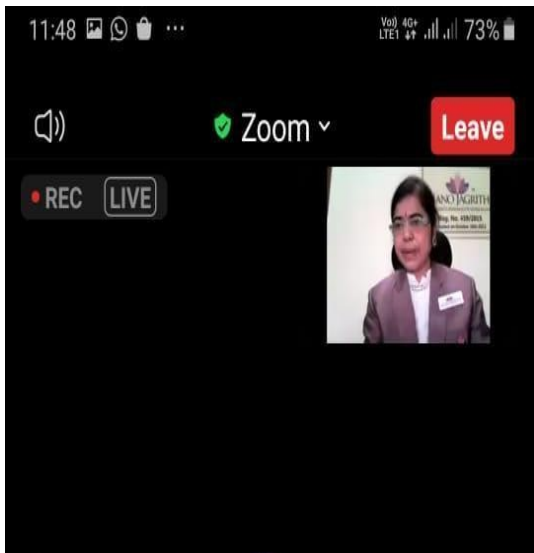


Neelam
Neelam
PRESIDENT
WONDER BOOK OF RECORDS

ISO Certificate No.
QMS/08536/1218

WONDER BOOK OF RECORDS
www.wonderbookofrecords.com

This certificate shall not be used by anyone as evidence for any Wonder Book of Records and shall not be reproduced without the prior permission of Wonder Book of Records.







Our Sponsor!

ONLINE MARATHON WEBINARS

District: **Hyderabad**

20th Sep 2021
11.30 am-12.30 pm

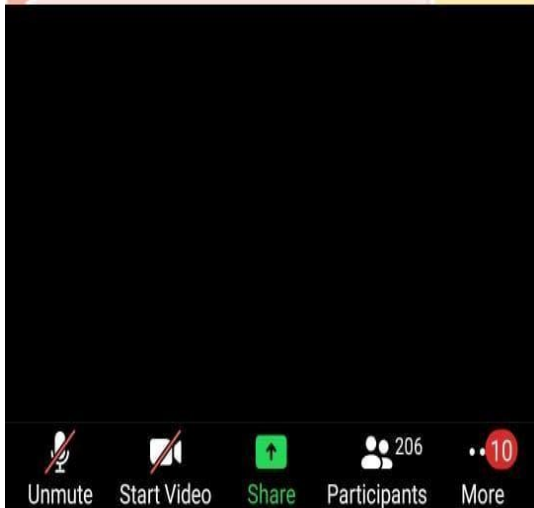


Government Degree College for Women, Begumpet.

Lets Learn about Manojagrithi

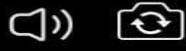
Manojagrithi working with :

- Government
- Non Govt Organizations
- Education Department
- Social welfare & Tribal welfare
- Gurukulams, NYK, NIRD
- Corporate companies
- Engineering colleges
- National level NGOS

11:43

Vo) 4G+ LTE1 74%



Zoom

Leave

REC LIVE



Dr.P.S.Rajani



Dr. Geetha Challa



Geetha Chandrasekhar



Malathi Ganesh



Unmute



Stop Video



Share



189 Participants



3 More



RAKSHIN SPEAKS

Dt.21-09-2021

Our student Ms.Sathyavathi Pasunuri(BtZC III YR),Government Degree College for Women(Autonomous),Begumpet has been a learner in an NGO called the **RAKSHIN PROJECT which works against Womens Safety and Child Abuse.**

Ms.Sathyavathi Pasunuri(BtZC III YR) introduced to THE RAKSHIN PROJECT through NNS Programming Officer by Mr. Venkateshwarlu sir incharge of unit 1 NSS

She has taken online sessions through zoom meetings and submitted her assignments and seminar on topic each one teach two(a person younger and a person older than you)

These sessions focussed on how to eradicate child sexual abuse by educating people. And in future she would like to volunteer and spread awareness about this topic.

RAKSHIN SPEAKS
#MakehomeASafespace



SATHYAVATHI PASUNURI
GOVERNMENT DEGREE COLLEGE FOR WOMEN
BEGUMPET

INSTAGRAM LIVE
21 SEPTEMBER | TUESDAY | 7:00 PM IST

Distribution of Sports Shoes

23-10-2021

Government Degree college for Women ,Begumpet students were participated in self defence training but some of the students were not in a position to buy Sports Shoes as they were economically poor. Keeping in view of the situation, our college honourable Principal, Dr.K.Padmavathi madam donated 14 pairs of Sports Shoes on dt.23-10-2021 to the needy students. Students were very happy after receiving the Shoes and developed self confidence among them.Behalf of students Women Empowerment Cell conveyed special thanks to the beloved Principal madam.





Indian Culture promotes Women Empowerment Samskriti Samvad

Location: Government Degree College for Women's Campus, Mini Auditorium

Topic: Indian Culture promotes Women Empowerment.

Date: 23rd October, 2021 Duration: 2 hours (10:30 am to 12:30 pm)

Guests on stage:

1. Sri Natraj Gudla Garu-Director, Samskriti Samvad
2. Smt Dr. Polumraju Lakshmi Garu- Principal, Andhra Mahila Sabha Law College
3. Smt Naga Prasanthi Garu-Director, Samskriti Tejaswini
4. Smt Dr. K. Padmavathi Garu-Principal, Government Degree College

SF Attendees to the event:

1. Sri Abhinav - Office Secretary
2. Sri Pavan Kumar - Project Coordinator
3. Kum Annapurna - Project Coordinator

Event highlights:

1. Samvad event opened with Vamshika & Aishwarya (final year students) talking about various student engagement activities at the

college, inviting the Samskruti Foundation team to begin the Samvad.

2. Guests on stage started the event by lighting a lamp, followed by the introduction of SF that was given by Smt Naga Prasanthi ji, later Dr. K. Padmavathi Garu, Principal, GDC College has helped the students in guiding and participation.
3. With Sri Natraj ji setting the context about the concept of the topic **“Indian Culture promotes Women Empowerment”** before the debate started.
4. Students were grouped into two teams, 10 in each team 1) team supporting saying **Indian Culture promotes Women Empowerment** can be practiced 2) team supporting saying **Indian Culture promotes Women Empowerment** is just theoretical and can never be a reality.
5. Student teams were invited onto the stage to begin the debate while the 3 guests on stage were seated as observers. The debate began with each group initially presenting their point of view for few minutes, post which the platform was allowed for an open debate to take place
6. The enthusiasm, participation and point of view from all sides was commendable and filled with energy. Moderator Sri Natraj ji had to intervene along with the seated guests to align the discussion from time to time. Debate went for 35 minutes with both sides given opportunity to present their final points
7. Students have discussed by taking examples from Vedas and Puranas

8. The students spoke highly of the topic we gave them in a way that they appreciated.
9. The conclusion and closing comments presented by Smt Polumraju Lakshmi ji, Principal, (Andhra Mahila Sabha Law College) were well articulated, appropriate to the topic chosen and well received by the audience. All 20 students who participated in the debate were given participation certificates by the guests.
10. Kum Annapurna ji gave a vote of thanks.
11. Event closure with the National Anthem.

Key areas summary covered during debate by the students, principal and resource person Dr Lakshmi garu, Principal, (Andhra Mahila Sabha Law College):-

- Women has been at the centre of how our culture has evolved - right from olden days till today we always refer as Seetha Rama or Smt and Sri or say Mother's home and Mother in law home (ammagari illu, attagari illu), mother tongue (rather than father tongue)
- Our scriptures have given us many examples on how women played important roles in shaping leaders for the society or where they contributed directly.
- Lopamudra, Jiajiya Bai played an influential role in Shivaji's life, Jhansi Rani fought a war herself against the foreign rule, Sudha Murthy in today's world carries her cultural aura despite being part of a corporate conglomerate
- Being modern is not western, you can adapt to modern techniques by being culturally rooted to your ways of living which are specific to this land (eating, dressing, thinking etc)
- You may disagree with an opposite culture/viewpoint, but you must respect their way of living that suites them
- Specific issue areas raised by the students - Sati, Dowry, Early age marriage do not support women equality or enable them with opportunities. Resource person highlighted that these were a form of social evils that got introduced situationally and is not the original essence of how women were expected to be treated
- When compared to cultures across the globe, Our legacy is probably some of the very few that gave women the liberty to read, write, learn,

explore, become what they wanted. This scenario started changing primarily after foreign invasions that created imbalance and moved people away from the original teachings

Glimpses of the Samvad event:





	0	
10:40	10:45	Jyothi Prajwalana by the guests and students on stage Vandematharam song by - Krishna Sri
10:45	10:55	Samskruti Foundation introduction - Naga Prashanthi Ji
10:55	11:00	Talk by College representative - Dr. Padmavathi, College Principal
11:05	11:10	Introduction and setting the stage for debate by - Volunteers with guidance of Natraj Ji
11:10	11:15	Calling the teams on stage, briefing of Dos and Dents
11:15	11:50	Debate begins - initially each teams speak point of view 2-3 mins each
11:50	12:05	Conclusion by resource person - Lakshmi ji
12:05	12:10	Questions from audience - 3 max questions 10 mins
12:10	12:15	Certificates distribution by all guests
12:15	12:20	Final reflection and Vote of thanks By - Annapurna
12:20	12:25	National Anthem - two minutes
12:25	12:30	Group photograph and closure




Samskruti Foundation

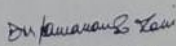
Our Culture Our Identity

: 6-2-101/7, A&B, Flat No 202, Mani Plaza, New Bhoiguda, Secunderabad-3
Email: samskrutifoundationindia@gmail.com, www.Samskrutifoundation.in

Certificate of Participation

Presented to Absham Ahemadi
for participating in **Samskruti Samvad** debate on
the topic of Indian Culture promotes Women Empowerment
at GDCH Begumpet on 23-10-2021


T Rambabu
Co-Convenor
Samskruti Foundation


DRSP Raju
Vice-President
Samskruti Foundation

SELF DEFENCE PROGRAM TELANGANA POLICE Dt.24-10-2021

On the occasion of 7th Anniversary of SHE TEAMS, Telangana Police, initiated by the students from various groups of Govt. Degree college for Women, Begumpet participated in the Self Defense program at Tankbund, Hyderabad. Students were trained by Mr. Devender, self defence trainer and coordinator for SHE TEAMS, Telangana state Police.

The program was organized Women Empowerment Cell in collaboration with Physical Department and Journalism Department under the guidance of honourable Principal, Dr. K. Padmavathi and Women Empowerment Committee, Convener Dr. P.S.Rajani and the members Dr.K Praneetha, Mrs.Shilpa vally, PD, Dr. Kamala and Dr. Madhuri. The program was started with classical dance by Sathvika, BA III year and followed by Zumba dance. Later students presented self defence feats and it was air rock performance. Then after our students presented skit on sexual harassment on women in the society and how to get rid and protect themselves through self defence. This program was appreciated by all and specially by City Civil Court Judge Honourable judge Muralimohan sir and SHE TEAM incharge, Mrs.Sumathi, IPS.

Later certificates were distributed to the college as well as students to encourage their inner sportiveness.

No. of Students Participated:127

No. of Teachers Participated:5









2021/10/24 15:31





STUDENT SELF DEFENCE CAMPAIGN

Dt.5-11-2021 to 7-11-2021





LIONS CLUBS INTERNATIONAL

District-320D (2020-2021)

Dynamic STEP

STUDENT TALENT ENHANCEMENT PROGRAM

Certificate of Recognition

Presented to

Master/Miss

Afshan Ahmedi

of Government Degree College for Women (College/School)

Who was adjudged as the BEST STUDENT we wish him/her all success in

all his/her future endeavors

Ksprasad

Place: Begumpet, Hyd

Date: 20th Nov 2021

Ln Gr. Suryaraj Pmif

District Governor 320D

Ln Dr. K.S. Prasad Pmif

Secretary
Dynamic STEP



Afshan Ahmedi (SHE Team Member) ,BSC (BtZC)III year along with Devender and team (National Coach in Taekwondo and Coordinator SHE Team) have started a campaign of promoting Self Defence in every platform under the Guidance of B.Sumathi madam,IPC SHE TEAM Telangana State,Lakdikapul.

Her first Campaign was in Zikra High School Somajiguda , it was a 3 days campaign where she showed the importance of self defence to girls and taught them the skills and tricks to use it whenever it is necessary .

They successfully completed the 3 days campaign and they were perfect in all the moves.

**SELF DEFENCE PROGRAM
SHORT FILM VIDEO SHOOT
Dt.05-11-2021
REPORT**

By the instructions from SHE TEAM, Telangana state, Students of GDCW Begumpet have started this self defence campaign under the guidance of Devender sir (National coach of Taekwondo and Coordinator SHE Team). We have recorded a video shoot near the Begumpet bus stand, opposite to the college regarding Sexual harassment on girls while they were waiting for the bus and how can we face it and also how to approach SHE Team timely. The video also highlighted the power of a woman when she is angry like Durga and the loving and caring nature of her when she is Parvathi. Video was handed over to SHE TEAM, Telangana Police.









No.of students participated:10

PAN INDIA AWARENESS AND OUTREACH CAMPAIGN REPORT

Dt.13-11-2021

This program was conducted as a legal service camp module in coordination with the City Civil Legal Services Authority and Metropolitan Legal Service Authority Hyderabad. The Chief Guests of this program was hon'ble Justice Dr.Smt C.Sumalatha (judge, High Court for the State of Telangana) Hon'ble Justice Sri N.Tukaramji (Judge, High Court for the State of Telangana) Guest of honour: Smt Renuka Yara Member Secretary (District and Sessions judge).

Students of GDCW Begumpet were invited to participate in skit to promote the Importance and Value of Women in each and every field as well as a housewife through the skit played on the song Maguva Maguva. Our students successfully conveyed the message to everyone through the skit and earned a Memorandum from City Civil Legal Services Authority and Metropolitan Legal Service Authority Hyderabad.

No. of Students Participated:13





INVITATION

Under the aegis of National Legal Services Authority, New Delhi
and
Telangana State Legal Services Authority



PAN INDIA AWARENESS AND OUTREACH CAMPAIGN

City Civil Court Legal Services Authority
and

Metropolitan Legal Services Authority, Hyderabad

cordially invite you to the inauguration of

LEGAL SERVICES CAMP MODULE

on 13th November, 2021, Saturday from 9.30 a.m. onwards
at

SVIT Auditorium (Mahaboob college campus) near Clock Tower,
Secunderabad

Chief Guests

Hon'ble Dr. Smt Justice C.Sumalatha
Judge, High Court for the State of Telangana
and

Hon'ble Sri Justice N.Tukaramji
Judge, High Court for the State of Telangana

Guests of Honour

Smt Renuka Yara,
Member Secretary
(District & Sessions Judge)
Telangana State Legal Services Authority
Hyderabad

Dr. Yogita Rana, IAS
Commissioner
Scheduled Caste Development
Department

Sri Lokesh Kumar D.S., IAS
Commissioner,
Greater Hyderabad Municipal Corporation

Sri L.Sharman, IAS
District Collector
Hyderabad

Sri Anjani Kumar, IPS
Commissioner of Police
Hyderabad

Sri M.Lingam Narayana
President
Bar Association
City Civil Court, Hyderabad

Sri Madhu Shekar Lingam
President
Bar Association
City Criminal Courts,
Nampally, Hyderabad

K.Prabhakara Rao
Chief Judge (FAC)-cum-
Chairman, City Civil Court
Legal Services Authority
Hyderabad

B.Suresh
Metropolitan Sessions Judge (FAC)-
cum-Chairman
Metropolitan Legal Services Authority
Hyderabad

K.Murali Mohan
Senior Civil Judge-cum-Secretary
City Civil Court Legal Services Authority

Radhika Jaiswal
Senior Civil Judge-cum-Secretary
Metropolitan Legal Services Authority



Quiz Competition on AIDS

Dt.25-11-2021

Government degree college women (a), Begumpet students -Anisha and Poojitha of MBC final year got 1st prize in District level Quiz Competition held at Gandhi hospital by Red Cross Foundation on account of AIDS day, dt.25.11.2021.Two students participated in the competition and our students bagged the first prize.

Our students A.Anisha and M.Poojitha of BSc Microbiology III year have participated and won first prize in district level quiz competition conducted by District AIDS Control Unit,Hyderabad,Telangana.

The competition was held at Seminar Hall, Gandhi Medical College,Secunderabad.Total 10 colleges of Hyderabad district were participated in this competition.There were 2 rounds held -first round include written test and second round included oral quiz.Women Empowerment Cell and Red Ribbon Club Convener Dr.P.S.Rajani and the member DR.A.Madhuri guided the students towards victory.The main purpose of the competition was to create awareness on HIV AIDS,Tuberculosis and Blood Donation.The prizes were distributed at Osmania Medical College,Koti,by the Additional DM and District Medical and Health Officer,Hyderabad .A Certificate of Appreciation,memento and a cash prize of Rs.5000/- was awarded to the winners.

Objective of the Program:

- 1.To achieve their goals through competition. 2.To get aware of various communicable diseases.
- 3.Students will come to know about the impact of AIDS on society.

Outcome of the program:

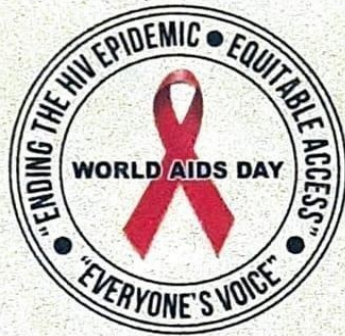
- 1.Get intensive knowledge of communicable various microorganisms.
- 2.to understand the preventive measures.

No.of students participated:02









75 
Azadi Ka
Amrit Mahotsav

DISTRICT AIDS PREVENTION & CONTROL UNIT
HYDERABAD DISTRICT

Self Defence - Karrasamu and taekwondo

Certificate Course

Dt.08-12-2021

Keeping in view of safety of girl students Govt.Degree College for Women,Begumpet –

Women Empowerment Cell has taken up an initiation to start a Self Defence Certificate

Course dt.08-12-2021 so that the girl students in any undue situation also should be in a

position to protect themselves.

Self Defence Certificate Course in karrasamu and taekwondo has started under Women Empowerment Cell in collaboration with Guru Krupa Shikshan Foundation and duration of

this course is 90 days.The foundation has come forward to conduct classes on Karrasamu

and Taekwondo techniques.we have followed strategy of selecting students from first years

so that the same students inturn give training to the following next year students also.The

trainers are Mr.Vinod,Mr.Arjun,Ms.Rushikaand Mr.Sampath.

The training is organised in zero hours from 9.00AM to 10.00AM under the supervision of

Women Empowerment Cell Chairperson Dr. K.Padmavathi,Principal, Convener

Dr.P.S.Rajani and the membersDr. A.Madhuri,Dr.Shilpa

Vall,Dr.K.Kamala,Dr.K.Praneetha.



Guru Krupa Shikshana Kendram

To
The Principal
Govt. Degree college for Women,
Begumpet, Hyderabad,
Telangana.

Sub: Declaration of 90 days self-defence camp

Respected Ma'am

We GKSK FOUNDATION is conducting a 90 days self defence camp in your college . We have started taking classes from 1-12-2021 . This camp will include Taekwondo, karrasamu and self defence classes. The classes will be on Every Wednesday, Thursday and Friday in the morning from 9 a.m. to 10 a.m.

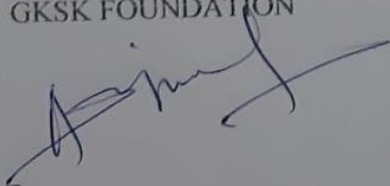
At the end of the camp we'll provide course completion certificate to all the students.

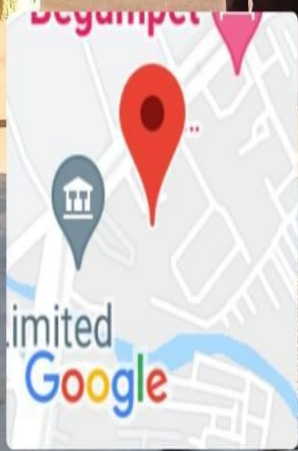
We will also take the students to various level tournaments and other events.

We will surely give a strong performance on any event happening in the college as you said earlier with the college team girls.

As per your request we will definitely conduct the same 90 days camp in your college every year from now!

Thanking you
Yours sincerely
GKSK FOUNDATION





Hyderabad, Telangana, India

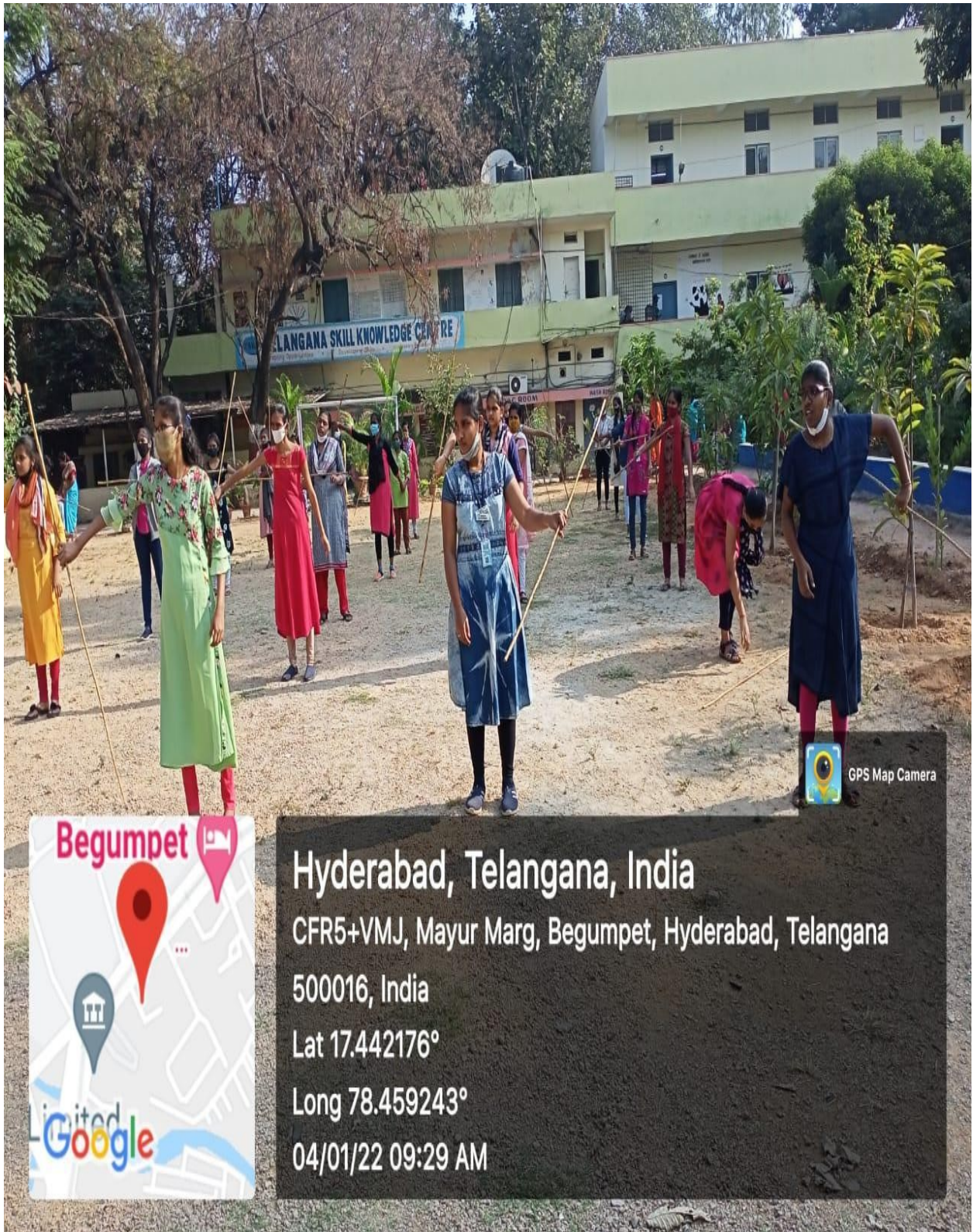
1-10-166, Mayur Marg, Begumpet, Hyderabad, Telangana

500016, India

Lat 17.441807°

Long 78.459439°

22/12/21 09:42 AM



Begumpet

...
Google

Hyderabad, Telangana, India

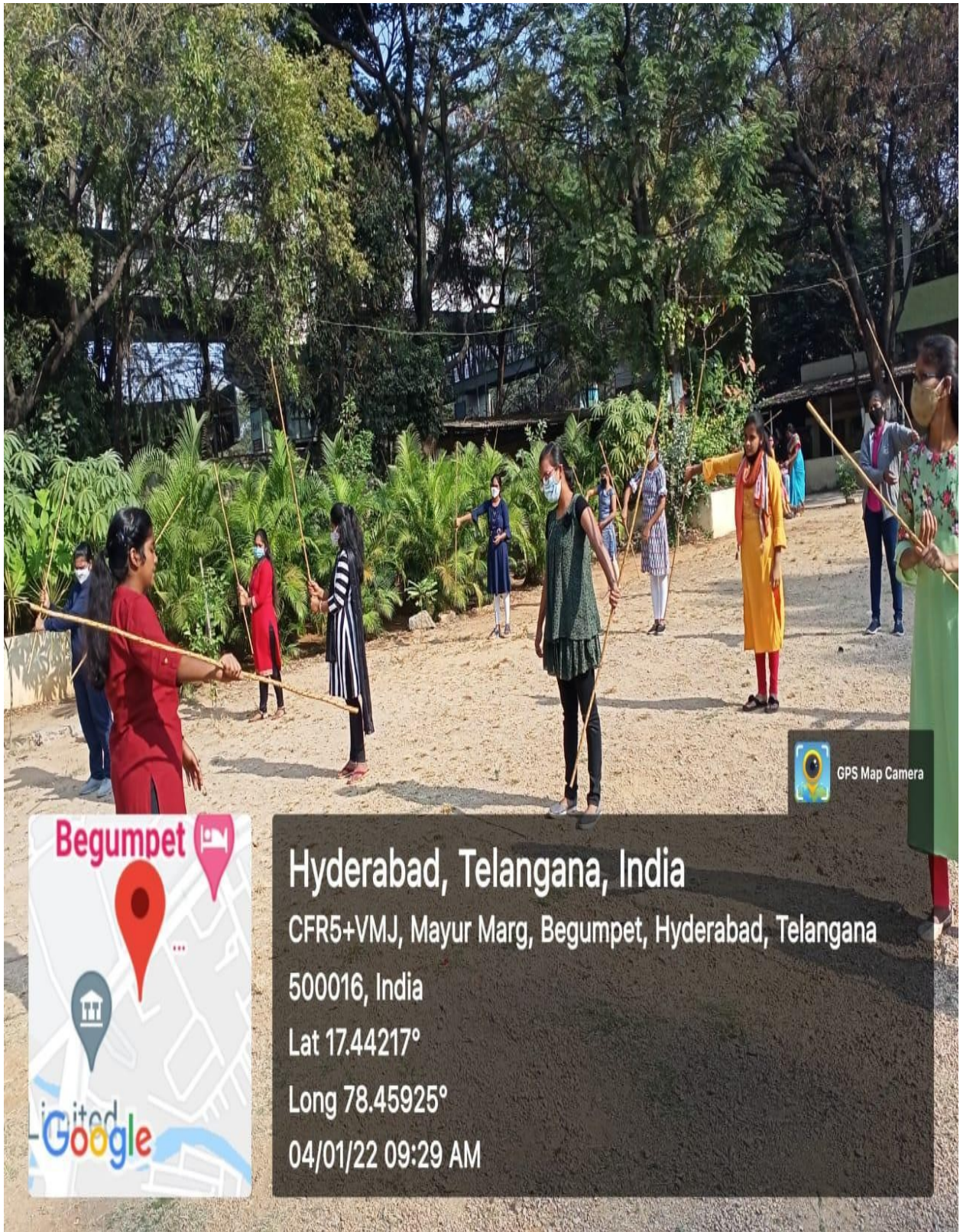
CFR5+VMJ, Mayur Marg, Begumpet, Hyderabad, Telangana

500016, India

Lat 17.442176°

Long 78.459243°

04/01/22 09:29 AM



Begumpet

Google

Hyderabad, Telangana, India
CFR5+VMJ, Mayur Marg, Begumpet, Hyderabad, Telangana
500016, India
Lat 17.44217°
Long 78.45925°
04/01/22 09:29 AM





Begumpet

imited
Google

Hyderabad, Telangana, India
1-10-166, Mayur Marg, Begumpet, Hyderabad, Telangana
500016, India
Lat 17.441906°
Long 78.459714°
20/12/21 09:23 AM



Distribution of Sanitary Pads and Masks

Dt.15-12-2021

Government Degree College for Women -Women Empowerment Cell in Collaboration

with Health club and Department of Zoology distributed about 2000 Sanitary Pads and

Masks to the students.

Keeping in view of the overhead pandemic situation the college management in collaboration with Kameshwari Trust, Coimbatour has taken up an initiation to distribute

the Sanitary Pads and Masks to the students.

The program was organised under the supervision of Dr.G.S.Jyothirmai,Asst.Prof of Zoology, Women Empowerment Cell Chairperson Dr. K.Padmavathi,Principal, Convener Dr.P.S.Rajani,Dr. G.S.Jyothirmai,Asst.Prof of Zoology, and the members mrs.Rohini,Asst.Prof of Biotechnology, Dr. A.Madhuri,Asst.Prof of Microbiology and Swapna,Lecturer in Biotechnology.





Karrasamu-Self DefenseTournaments

Dt.27-12-2021

Keeping in view of safety of girl students Govt.Degree College for Women,Begumpet

-Women Empowerment Cell has taken up an initiation to start a Self Defense Certificate

Course dt.27-12-2021 so that the girl students in any undue situation also should be in a position to protect themselves.

Self Defense Certificate Course in karrasamu and taekwondo has started under Women Empowerment Cell in collaboration with Guru Krupa Foundation and duration of

this course is 90 days.The foundation has come forward to conduct classes on Karrasamu and Taekwondo techniques.we have followed strategy of selecting students

from first years so that the same students in turn give training to the following next year students also.The trainers are Mr.Vinod,Mr.Arjun,Ms.Rushikaand Mr.Sampath.

The training is organized in zero hours from 9.00AM to 10.00AM under the supervision

of Women Empowerment Cell Chairperson Dr. K.Padmavathi,Principal, Convener Dr.P.S.Rajani and the membersDr. A.Madhuri,Dr.Shilpa Vall,Dr.K.Kamala, Dr.K.Praneetha and Dr.D.Padmaja.

56 students from self defense ..certificate course Karresamu participated in Block level competitions in sports and karrasamu techniques organized by Guru Krupa

Shikshana Kendram in collaboration with NehruYuva Kendra and won the medals and

certificates and were received by Ms.Khushbu Gupta,District Youth Officer ,Hyderabad

,Nehru Yuva Kendram(Ministry of Youth Affairs and Government of India.

Students won **15 Gold medals, 10 Silver and 10 Bronze medals** in Karrasamu ,Kho-Kho and Kabaddi competition

.

Guru krupa Shikshana Kendram

Respected Ma'am

We **GKSK FOUNDATION** in collaboration with **NEHRU YUVA KENDRA** under the supervision of

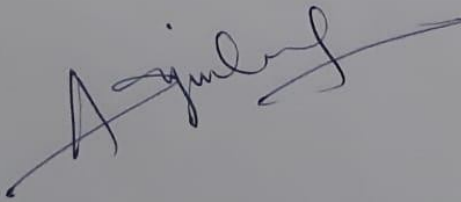
MINISTRY OF YOUTH AFFAIRS AND SPORTS is conducting district level Taekwondo sparring and Karrasamu Poomsae Tournament on 26-12-2021 and 27-12-2021 at our main institute in **SHARADA NAGAR COMMUNITY HALL GUDIMALKAPUR, MEHDIPATNAM, HYDERABAD, TELANGANA**. We request you to send the interested students to the tournament.

Please inform this to all the college students.

Date : 26-12-2021 and 27-12-2021

**Place: SHARADA NAGAR COMMUNITY HALL
GUDIMALKAPUR MEHDIPATNAM HYDERABAD
TELANGANA**

Timings: Morning 9 am to evening 5 pm


Vaandha M
22/12/21

PRINCIPAL
Govt. Degree College for Women
Begumpet, Hyderabad





नेहरू युवा केंद्र, हैदराबाद, तेलंगना
NEHRU YUVA KENDRA, HYDERABAD DISTRICT, TELANGANA

In collaboration with

GURU KRUPA SHIKSHANA KENDRAM (GKSK - FOUNDATION)

युवा मामले और खेल मंत्रालय, भारत सरकार

(Ministry of Youth Affairs Affairs & Sports, Govt. Of India)

BLOCK LEVEL SPORTS MEET

DATE: 27 DECEMBER - 2021

VENUE KHAIRATABAD BLOCK















**FIT
INDIA**



नेहरु यूवा केंद्र, हैदराबाद जिला तेलंगाना

NEHRU YUVA KENDRA HYDERABAD - TELANGANA

Organised by: **GURU KRUPA SHIKSHANA KENDRAM** (GKSK-FOUNDATION)

युवा मामलों और खेल मंत्रालय, भारत सरकार

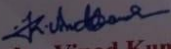
MINISTRY OF YOUTH AFFAIRS & SPORTS


CERTIFICATE OF PARTICIPATION

This is to certify that Kammani Maheshwari R/o Hyderabad

Mandal Khairatabad District Hyderabad

Participated in Karasamu on 27/12 and 28/12 at Hyderabad organized by
Nehru Yuva Kendra Hyderabad


Kandru Vinod Kumar
Founder/President-GKSK Foundation


MISS KHUSHBU GUPTA
District Youth Officer
Nehru Yuva Kendra Hyderabad

Government Degree College for Women, Begumpet
Autonomous-Affiliated to Osmania University

KARRASAMU Competitions

Certificate Course

Dt.27-12-2021

S.No	Name	Course	Medal
1	G.Sowmya	BCOM 1STYR	bronze
2	Bodasu Poojitha	BCOM 1STYR	bronze
3	B.Gayathri	BCOM 1ST YR	silver
4	J.Sneha	MSCS 3RD YR	Gold
5	G.Srilekha	BCOM 1ST YR	bronze
6	K.Maheshwari	BCOM 1STYR	silver
7	Ch.Sushma	MSCS 3RD YR	Gold
8	B.Goda Sridevi	MSCS 3 RD YR	Bronze
9	E.Apoorva	BSC BZCS 1St YR	Bronze
10	K.Bhuvana Sri	MPCS 1ST YR	Bronze
11	K.C.V.Mounika	BCOM 1 ST YR	Gold
12	G.Tarunmayee	BSC BZC 1ST YR	Silver
13	B.Jeevitha	BSC MES 2ND YR	Gold
14	A.Sandhya	BSC MZAN 1ST YR	Gold
15	M Chareeshma	BA HEPS 1ST YR	GOLD
16	T.Akshaya	BSC MZAN 1st yr	GOLD
17	Huma Kauser	BA 1ST YR	silver
18	Deepanjali Mishra	BCOM 1ST YR	Gold
19	K.Manju	BA 1 ST YR	Gold
20	D.Keerthana	BSC MSCS	Silver
21	S.Sandhya	BSC MSDS	Silver
22	P.Manasa	BSC BTZC 2ND YR	Gold
23	J.Manisha	BA HPG 1 ST YR	Bronze
24	Ch.Bhavani	BCOM 1 ST YR	Gold
25	D.Pooja	BCOM 1 ST YR	Bronze
26	G.Roopika reddy	BSC BTZC 2ND YR	Silver
27	Komali	BSC BZC 1ST YR	Bronze
28	M.Triveni	MSCS 1ST Yr	Gold
29	K.Sahithya	BSC MCAN 1ST yr	GOLD
30	B.Jyothsana	BSC BZCs 1StYr	Gold
31	K.Srivani	BSC MPC 1ST YR	Silver
32	L Geetha	BSC BTBC 1 ST YR	Bronze
33	Bandi Poojitha	BSC BTZC 2ND YR	GOLD
34	B.Rishika	BCOM 1ST YR	Gold
35	G.Abhinaya	BSC MPSYAN 1 st yr	GOLD

36	G.Sudha rani	MCCS 3 RD YR	bronze
37	D.Bhagya Lakshmi	MSCS 3RD YR	Bronze
38	K.Nikitha	BSC MPSYAN 1ST YR	Silver
39	K.Gouthami	BCOM 1 ST YR	bronze
40	Ravi Sreeni	BSC ANBZ 2ND YR	Bronze
41	A Shruthi	MSCS 2 ND YR	bronze
42	K.Revathi	BBA 2 nd YR	bronze
43	P.Mahalakshmi	BBA 2 nd YR	bronze
44	A bhavani	MPCS 2ND Yr	silver
45	B Anjali	BSC BTZC 1 ST YR	bronze
46	Divya amrutha varshani	BA 1 ST YR	bronze
47	Pragna	BA 1 ST YR	bronze
48	B jeevitha	MES 2ND YR	Gold
49	k savitha	BCOM 1ST YR	silver
50	k swetha	BCOM CA 2 nd YR	silver
51	k swetha	BCOM CA 2 nd YR	silver

Gold medals: 18

Silver medals: 13

Bronze medals: 20


PRINCIPAL
 Govt. Degree College for Women
 Begumpet, Hyderabad.

MOTIVATIONAL SPEECH

By

Sri Chintakindi Mallesham

Padmasri Awardee

Dt.07-01-2022

It's said that hard work is the key to success. Little steps of action with perseverance and dedication can lead to a bigger results. Our nation is filled with such gems who have bought pride to our country with their work. They are awarded for their work with awards like Padma Bushan, Padma Shri etc. We strive all our lives to stabilise our life. All we think about living our life is a good degree, a good house, job and a settled family but some extra ordinary people dedicate their lives for the well being of others. Such people make their mark on history and are then remembered for centuries ahead. One such great personality is Sri Chintakindi Mallesham. His invention changed the lives of weavers for ever.

OBJECTIVE OF THE PROGRAM:

- 1.Telangana is home to many innovators who have fought against all odds to create significant impact on their local communities.
- 2.To create interest in creativity among the students.

Women empowerment cell and department of zoology of Government degree college for women,Begumpet,Hyderabad organized a Motivational speech on dt.07-01-2022 by inviting Padma Sri Chintakindi Malleshamgaru.Women empowerment cell convener invited the Guests on to the dias and briefed the program.Heis a weaver from Alair,Yadadri Bhongir dist,Telangana state.He invented the great LAXMI ASU MACHINE. The program began with aninaugural session which included devotional song sung by Krishnasri,BA III yrand followed by the lightening of lamp .This was followed by the addresses by controller of examination Dr.K.Vijay kumar and a faculty member from the dept.of political

science DR. M. Ramachary. later, Dr. G. S. Jyothirmai, head of the dept. of Zoology presented Mllesham sirs profile invited to address the meeting.

Later Padma shri awardee Sri Chintakindi Mallesham addressed the gathering with a highly inspirable speech with simple words. He gave an all round picture of his journey started from his childhood and stated that he is from economically backward family with zero education background. His father was a weaver. His mother used to support him but the struggle faced by her was practically seen by Mallesham garu and decided to find the solution to overcome manual methods for reeling the silk thread. Then he started to think in that direction. His father stopped his education to support the family. From being a sixth standard drop out moved to winning the most prestigious civilian award. Padma Shri the life of Chintakanti Mallesham is an inspiration to all of us. His journey towards his invention began at a very young age. He used to see his mother work tirelessly on the weaving machine meant for hand weavers. She would continuously toil with pain in her back and neck. That was the point when Chintakanti had decided to do something for her as well as all the weavers who worked so hard everyday.

The process by which they weaved the cloth was called Asu. It was a wooden frame over which the threads would pass and the artisans would weave the cloth. Chintakindi wanted to make a mechanical machine that could fit right over the wooden framChintakindi Mallesham wasn't a learned man. He had no knowledge about electrical or mechanical engineering. But still he wanted to make a worthy machine. He would spend hours together working on the invention of the low cost sturdy weaving mechanical machine which would be affordable for all the weavers. He would visit different mills with his friends and family to see the machines work. Which made him realize that he requires five working parts in the machine.

Over a period of 1992 to 1999 he was successful in replicating three working parts for his machine then he hit a blind spot. Chintakindi Mallesham was in a dilemma. His neighbours started taunting him of using his parents fortune and wasting them on the development of the machine which was not reaching anywhere. Which then lead to his

decision of shifting to Hyderabad for a living. He took his Asu machine along with him and would work on the machine in his spare time along with an electrician. He was fortunate to go for a visit in Balanagar workshop one day. Which then lead to become his Eureka moment and he figured out the last missing component to make the machine work. He rushed home in a hurry and was able to make the last part which then he fixed on to his machine with a feeling of mixed emotions. He switched on his machine and at last his hard work paid off and the machine worked. The quality of the cloth woven on the machine was even better than the hand woven one and caused less labour stress on workers.

Mallesham has great plans and dream for his two daughters: Swetha and Rupa. Swetha, who is pursuing textile engineering in Salem, and Rupa, who is interested in studying fashion designing. "The proper degree and education will help my daughters. They should be able to do much more for the handloom sector than me and in lesser time." are his words of motivation and thought.

The life of Padma sri winner Chintakindi Mallesham, who invented the ASU machine that processes yarn for saree mechanically, is being recreated in this biopic, **MALLESHAM**.

Mallesham is a 2019 Indian Telugu-language biographical film based on the life of Chintakindi Mallesham, written and directed by Raj R. The film features Priyadarshi as Mallesham, alongside Jhansi, debutante Ananya Nagalla and Ananda Chakrapani in prominent roles. The film garnered positive reviews from critics upon release. Priyadarshi's performance in the film is regarded as one of the "100 Greatest Performances of the Decade".

During the program Mallesham movie trailer was also shown to the students and they were very much inspired to watch the movie once again. Students asked so many questions to mallasham garu about his journey and clarified them. Mallesham garu inturn was in strange about the interest showed by the students during the program. Behalf of Women empowerment cell and department of zoology felicitated the great Sri Chintakindi Mallesham garu.

GOVERNMENT DEGREE COLLEGE FOR WOMEN, BEGUMPET

(Autonomous-Affiliated to osmania university)



Motivational speech by Padma Sree Awardee

Shri Chinthakindi Mallesham

Laxmi Asu Machine-Inventor

Organised by
Women Empowerment Cell
and
Department of Zoology



**Venue: Conference hall,
Date: 07.01.2022, Time: 11:00 AM**



Dr. K. Padmavathi
Principal

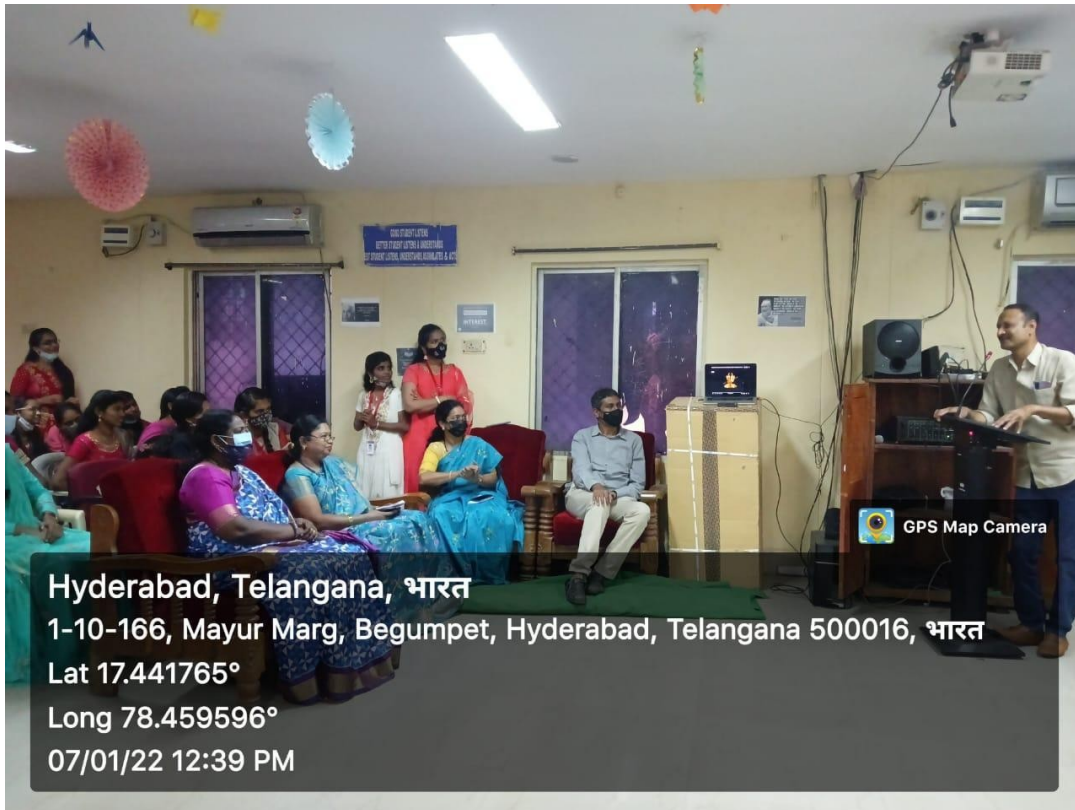




GPS Map Camera



Hyderabad, Telangana, भारत
1-10-166, Mayur Marg, Begumpet, Hyderabad,
Telangana 500016, भारत
Lat 17.441735°
Long 78.459598°
07/01/22 11:52 AM



Hyderabad, Telangana, भारत

1-10-166, Mayur Marg, Begumpet, Hyderabad, Telangana 500016, भारत

Lat 17.441765°

Long 78.459596°

07/01/22 12:39 PM

Achieve the goal with a great effort

DECCAN NEWS SERVICE
HYDERABAD

CH. Mallesham Padma Shri awardee opined that no matter how big the goal, we can achieve our goal in small steps if we work hard to reach a goal. He participated as the chief guest at the "Women-Empowerment" lecture program organized at the Government Women's Degree College in Begumpet. On this occasion, he said that the hardships of the handloom workers from an early age he saw the hardships of women in it and moved and created the Aasu yanthram.

In designing the machine, the family members said that their motto has to cater to the plight of other women, such as mothers, regardless of the negative sentiments from the villagers. He said that the Lakshmi Aasu machine was designed by him and won the Padma Shri award in 2017. While he has studied only a 6th standard, But he explained to the students that how his



engineering knowledge of computer books has been achieved in this way. The award-winning scenes by Prime Minister Narendra Modi and some shots of Mallesham film have captivated students and faculty alike.

History Department Assistant Professor Dr. Vijay Kumar, Political Science Assistant Professor Dr. Ra-

manachari explained to the students the need for personality development practice. conveyed thanks to the event organizers by Dr. B. Rajani, Convener, Department of Women's Wing, Dr. Jyothirmaye, Assistant Professor, Head, Department of Zoology, Dr. Prasanna, Dr. M. Vasudha, Vice Principal, Convener, IQAC Dr. Anisharan, also greeted the organizers

Dt.03-01-2022

On the occasion of 75 anniversary of independence, the Govt. of India announced to celebrate 75 crore Surya Namaskar Project historically under the banner of Azadi ka Amrit Mahotsav. The organisers including Patanjali Yogpeeth, Geeta Pariwar, Heartfulness, Kreedha Bharathi and National Yogasana Sports Federation. This program will be landmark in generating awareness about the efficacy of Surya Namaskarams and yogasana.

Objective of the Program:

1. To bring awareness of Suryanaskas and their role in maintaining sound health.
2. To bring discipline among the students.
3. To understand the role of Govt. of India towards the health of youth and others.

Women empowerment cell in collaboration with NSS units this program was started on 03-01-2022. This program was held for 21 days continuously and the students learnt about 13 Yogasanas. The students were guided by the eminent persons from various organizations like G. Nagarjuna (Bharath Swabhimani Trust), P. Devender (Patanjali Yog Samithi), Deepak Josh (Bharath Swabhimani Trust), Neelam Thripathi (Mahila Patanjali Yog Samithi), Shatrughan Singh (Zilla Prahari Yuva Bharath), Sunil Agarwal (Zilla Prahari Kisan Panchayath), Ch. Suresh (Bharath Swabhimani Trust).

Outcome of the program : 1. Students will come to know about the importance of Surya Namaskars and their importance.

2. Students become more conscious about health.
3. They also play a major role in spreading awareness regarding Surya Namaskars and Yogasana.

No. of Students Participated: 60







ACADEMY BLOCK, GOVERNMENT DEGREE COLLEGE FOR WOMEN, Mayur Marg, Begumpet, Hyderabad, Telangana 500016, India

Hyderabad
Telangana
India



19°C

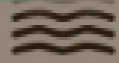
66°F

2022-01-07(Fri) 10:04(am)



1-10-166, Mayur Marg, Begumpet, Hyderabad, Telangana 500016, India

Hyderabad
Telangana
India



19°C

66°F

2022-01-07(Fri) 10:06(am)



Elocution Competition

Dt.28-02-2022

On the occasion of International Women's Day, dt.08-03-2022 Women empowerment cell has organized elocution competitions for all the groups of the students . Women empowerment cell in collaboration with the Sri Sharathchandra Foundation organized the elocution competition .Separate topics have been given for each group like B.A-Ahilya Bai Kolker,BCOM-Break the Bias,Life Sciences and Physical Sciences-Role of parents in empowering girl child , Sri Sharathchandra Foundation is run by Smt.K.M.Rani in the memory of her son Sri Sharath Chandra (Special Child). The Sri Sharathchandra Foundation was established on August 30th,2019,with a vision "***Changing Lives of Children for a Better Society***".

No.of students participated:15

Results:

I prize Winners:

- 1.Nireekshana-B.Z.C
- 2.Rushika-MSCS
- 3.Sameera Sulthana-B.COM

II PrizeWinners :

- 1.Shruthi-MSCS
- 2.Gulnaz Sulthana

III PrizeWinners :

- 1.Aishwarya-MSCS
- 2.Nausheen Fathima

26 February 2022

On the occasion of women's day celebrations, 2022 women empowerment cell is organizing elocution competitions for the students on [28.02.2022](#) at 11.00am in the conference hall.

Topics are..

B.COM..Break the Bias..theme of International women's day, 2022.

B.A..Ahalya bai kolker

Life Sciences..Role of parents in empowering girl child

Interested students directly come n join the competitions by 11.00

am on Dt.[28.02.2022](#).Atractive prizes are distributed on women's day celebration s in our college.

Women empowerment cell

Convener..Dr.P.S.Rajani

Dt.[25.02.2022](#)

17:34 ✓✓







1-10-166, Mayur Marg, Begumpet, Hyderabad, Telangana 500016, India

Hyderabad
Telangana
India



31°C

88°F

2022-02-28(Mon) 12:25(pm)



1-10-166, Mayur Marg, Begumpet, Hyderabad, Telangana 500016, India

Hyderabad
Telangana
India

2022-02-28(Mon) 12:25(pm)

31°C
88°F



1-10-166, Mayur Marg, Begumpet, Hyderabad, Telangana 500016, India

Hyderabad
Telangana
India



31°C
88°F

2022-02-28(Mon) 12:25(pm)



2022-02-28(Mon) 12:18(pm)





2022-02-28(Mon) 12:12(pm)

Student Self Defense Campaign

Dt.08-03-2022

One more mile stone for Women empowerment cell, Government degree college for women,Begumpet,Hyderabad,as our student is rendering services for self defense campaignfor Telangana State.On the eve of International Women’s Day,dt.08-03-2022,Afshan Ahmed ,BTZC Illyr at Railways ground,Secunderabad promoted self defence campaign and received memento from SHE TEAM,TS. She is working for SHE TEAM,Telangana state as volunteer along with the self defense coordinator for Telangana state,Mr.B.Devender.She gave a speech on how the self dense helps in undue situation for a girl.She also added that adaptability is the main cause for a girl as to meet the emerging needs in our daily life .we can’t sit at home idle to protect and progress our family we need to work compulsorily. So that ,for the welfare of our family and ourselves we can take the help of facilities which are provided by SHE TEAM,TS.







INTERNATIONAL WOMENS DAY CELEBRATIONS

Dt:: 15-03-2022

International Women's Day (March 8) is a global day celebrating the social, economic,

cultural, and political achievements of women. The day also marks a call to action for accelerating women's equality. IWD has occurred for well over a century, with the first IWD gathering in 1911 supported by over a million people. Keeping in view ,Women Empowerment Cell in collaboration with Dept.of Zoology organized International Women's Day at Govt.Degree College for Women,Begumpet.

AGENDA

TIME

PROGRAM

1.00-1.10

Welcome dance

1.10-1.20

Inviting the guests on to the dais

1.20.1.30

Lighting of the Lamp

1.30-2.30

Speeches

**1.WEC Convener Dr.P.S.Rajani 2.COE-Dr.K.Vijay kumar 3.Vice Principal-Dr.M.Vasudha
4.Principal-Dr.K.Padmavathi
5.Manjusha-Bharosa team –Lawyer 6.K.Rani-NGO
7.Corporator-Begumpet**

2.30-2.50

Felicitation

2.50-3-00

Karrasamu

3.00-3-15

Skit

3.15-3.25

Songs

3.25-3-35	Poetry on Women
3.35-3.50	Prize Distribution
3.50-4.00	Vote of thanks

REPORT

Objective of the program:

Keeping in view of the growing imbalance in the men/women ratio, we have to emphasize focusing on celebrating and welcoming girl child to get rid of vicious social customs of dowry system responsible for killing of girl child, the status of women shall have to be enhanced.

As in Indian tradition we take the name of the God before starting anything, the event was started with welcome dance by Ms. Sathvika, BtZC III YR. Ultimately ,it is up to all of us in our locality, our Nation, our global community to create a world that is safe for woman and girl in which all women have full enjoyment of all human rights –the voice of all people/women present in this event. Later the delegates were invited on to the dias by DR.D.Padmaja,Asst.Prof.of Sanskrit.The convener of the program Dr.P.S.Rajani has given the brief speech on this years International Women’s day theme-“Break the Bias”.

Our principal,Dr.K.Padmavathi madam gave a speech on importance of women education and a very good boy/girl ratio which is drastically decreasing.She added that the women educators are in a better position to represent a girl child’s perspectives and needs and create an inclusive environment that will promote learning.

The next resource person Dr.K.Vijay kumar stated that women can be equally a part of any decision making in the presence of the male counter parts and that of the gender who place the opinion during the decision making.He also urged all to fight for their rights and to stand for the rights of the women.

Later, MS.Manjusha,legal advisor for Bharosa team,addressed the gathering and encouraged the women population to think beyond political arena and to truly think for their rights ,legal rights,integrity and equality.She was of the opinion that if one has the eligibility,qualifications and determination one can stand alone at represent an army.

The sponsorer of this program is K.S..Rani,the CEO of SRI SHARATHCHANDRA FOUNDATION established on her son’s demise and has given financial assistance and also

supported to conduct this event successfully. She recalled problems faced by her mother in supporting her family. She added that along with education women need will power to face all the situations to sustain in this world. She praised the role of a mother in maintaining the culture.

Today's our chief guest, GHMC Corporator, Begumpet Mrs. Mahalakshmi addressed the students about the role of education for the . Educating women results in promoting self respect and also helps in raising the status of women. An educated woman will be aware of her rights. She can fight against social evils such as domestic violence, dowry demand, low wages etc. She encouraged the students to study well and also promised to help for welfare of our college development.

Later the program was continued by organizing the various cultural activities. As karrasamu-self defense certificate course has been held in the college, the same activity has been presented by Rishika and team. Then after Maguva-Maguva skit was presented by Afshaan team continued by the poetry presentation by Afshan ahmedi, BTZC III yr and Krishnasai BA III YR.. At the end of the program Momentos were presented to Sathwika (Welcome dance), the winners of Elocution competition students, karrasamu team, skit team, students who presented the poetry on women and also to the students who sang a song on women .

Outcome of the program:

1. Students understand about the role and responsibility of women in society. 2. They understand about the gender equality today for a sustainable tomorrow.
3. Role of education for women and girls are effective and powerful leaders and change-makers for climate adaptation and mitigation.

No. of students participated: 211





Hyderabad, Telangana, India

B-23, Osmania University Rd, Vidya Nagar, Adikmet, Hyderabad, Telangana
500044, India

Lat 17.398266°

Long 78.503888°

15/03/22 01:32 PM















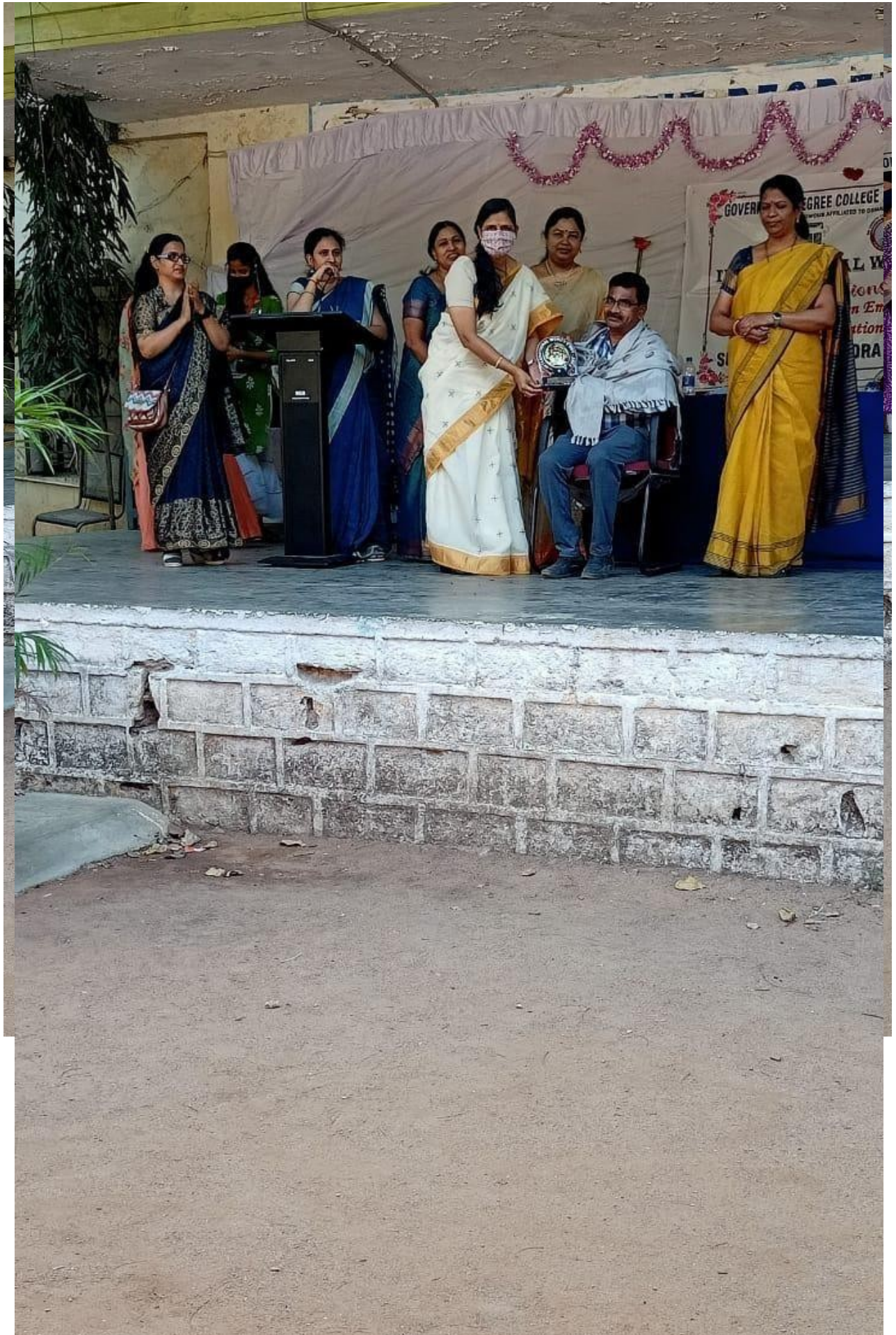


narzo Shot by ZOHA
2022-03-15 14:45



Hyderabad, Telangana, India
B-23, Osmania University Rd, Vidya Nagar, Adikmet,
Hyderabad, Telangana 500044, India
Lat 17.398266°
Long 78.503888°
15/03/22 02:02 PM

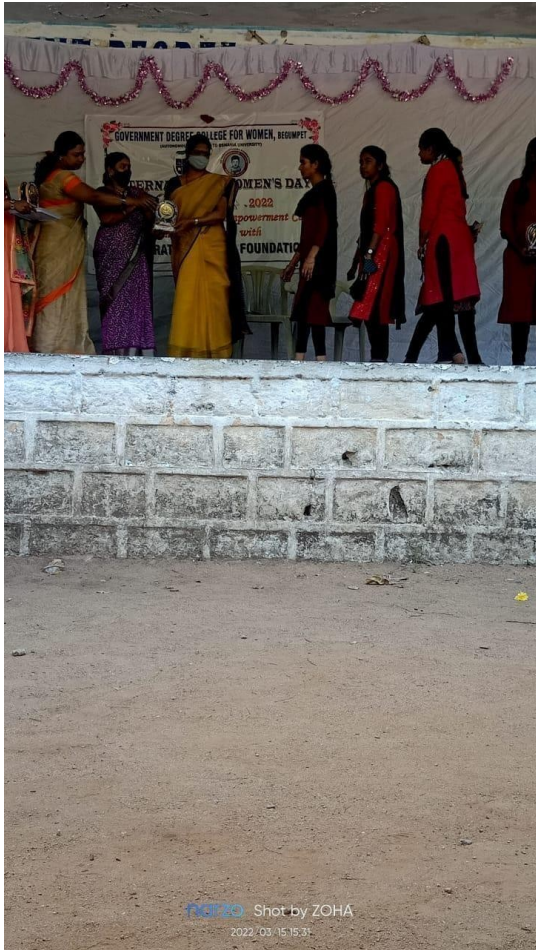
















narzo Shot by ZOHA
2022_03_15 15:41



మహిళా దినోత్సవాన్ని పురస్కరించుకొని బేగంపేట్ ప్రభుత్వ మహిళా డిగ్రీ కళాశాలలో కార్పొరేటర్ మహేశ్వరిని కళాశాల ప్రిన్సిపాల్ డాక్టర్ పద్మావతి సన్మానించారు. శరత్ చంద్రా ఫౌండేషన్ అధ్యక్షురాలు కే.ఎం.రాణి, భరోసా టీమ్ లీగల్ అడ్వైజర్ మంజుల తదితరులు పాల్గొన్నారు.

-బేగంపేట్, మార్చి 15

సమీక్షల జరగడం. ఈ సందర్భంగా వాజ్ఘన భాగ్య వాలగ్నాయి.

మహిళలు ఆర్థిక ప్రగతి సాధించాలి

సనత్సగర్: మహిళలు ఆర్థిక సాధించాలని బేగం పేట కార్పొరేటర్ మహేశ్వరి అన్నారు. బేగంపేట మహిళా డిగ్రీ కళాశాలలో మంగళవారం నిర్వహించిన మహిళా దినోత్సవ వేడుకలకు ఆమె ముఖ్యఅతిథిగా హాజరయ్యారు. ఈ సందర్భంగా ఆమె మాట్లాడుతూ.. ఎంతో కష్టమైన రంగాల్లో సైతం మహిళలు సత్తాచాటుకుని సమాజానికి ఆదర్శంగా నిలుస్తున్నారని చెప్పారు. వారిని స్పూర్తిగా తీసుకుని నేటి యువత ముందుకు సాగాలన్నారు. ఈ కార్యక్రమంలో కళాశాల ప్రెసిసిపాల్ పద్మావతి, శరత్చంద్ర ఫౌండేషన్ అధినేత కేఎం రాణి, భరోసా టీమ్ లీగల్ అడ్వైజర్ మంజూష, కళాశాల పరీక్షల



వేడుకలను ప్రారంభిస్తున్న కార్పొరేటర్

నియంత్రణాధికారి విజయ్ కుమార్, ఐక్యూఆర్సీ కో ఆర్డినేటర్ ఆనీషెరావ్, డాక్టర్ రజని, పద్మజ పాల్గొన్నారు.

ఘనంగా మహిళా దినోత్సవం



కార్పొరేటర్ టి.మహేశ్వరిని సన్మానిస్తున్న బేగంపేట ప్రభుత్వ కళాశాల ఉపాధ్యాయులు, చిత్రంలో ప్రెస్సిపల్ కె.పద్మావతి

బేగంపేట: బేగంపేటలోని ప్రభుత్వ మహిళా డిగ్రీ కళాశాలలో మంగళవారం అంతర్జాతీయ మహిళా దినోత్సవం నిర్వహించారు. కళాశాల ప్రెస్సిపల్ డా.కె.పద్మావతి ఆధ్వర్యంలో జరిగిన వేడుకలకు కార్పొరేటర్ టి.మహేశ్వరి ముఖ్యఅతిథిగా హాజరయ్యారు. ఈ సందర్భంగా కార్పొరేటర్తో పాటు పలువురు ఉపాధ్యాయులను సన్మానించారు. కార్యక్రమంలో శరత్ చంద్ర పౌండేషన్ ఆధినేత కె.ఎం.రాణి, విజయకుమార్, రజనీ, పద్మజ, కె.కమల, శిల్పవల్లి, మాదురి తదితరులు పాల్గొన్నారు.

**Date : 16/03/2022 EditionName :
TELANGANA(SECUNDERABAD) PageNo :
02**

Awareness program on Sexual harassment

Dt.13-04-2022

For the academic year 2021-22, Government Degree college for Women, Begumpet has organized a Fresher's day for the first year students. On the occasion of the program many more cultural programs have been conducted to encourage our students. On this eve cultural dances, Mono action, Red carpet walking..etc were conducted.

Therefore women empowerment cell convener, Dr.P.S.Rajani in collaboration with students union has organized a special program on "Awareness program on Sexual harassment" for the welfare of the students. We invited Ms. Debora, Detective Inspector for Police, Telangana State to address the students gathering.

Ms. Deborah explained the various issues of sexual harassment faced by the teenage girls. She even discussed DISHA case and how she is ignorant to call even police helpline phone numbers. She clearly explained about various types of apps in use for the welfare of the girls and women safety. Only thing is that girls and women should learn how to use those apps as well as take the help of police.

Ms. Deborah also gave so examples of different cases which she is dealing are about teenagers. Madam advised not misleads themselves by superficial attractions. Always try to respect our parents follow their footsteps for the building your own future. She also encouraged the students to think big and achieve big.

We also invited the ISHA Foundation volunteers from Coimbatore to spread the message on "SAVE SOIL". Ms. Mahitha Sotineni addressed the gathering to save the natural resources and role of students.

Objective of the program:

1. To encourage the students to participating in extracurricular activities
2. To bring knowledge about sexual harassment and how to protect ourselves.
3. Awareness of activities and apps of Telangana police.
4. Get to know how to take the help of police in unwanted situations.

Outcome of the program:

1. Students will come to know how to face the undue situation.
2. Students will understand to use police helpline phone numbers and apps.
3. Students will learn to respect parents and elders.

No. of students attended: 2200















STOP CHILD SEXUAL ABUSE-POCSO ACT,2012

Dt.01-06-2022

Sakshi is a registered NGO that began its operations in 1992 after witnessing an adverse finding of a Supreme court case involving a rape of a minor. Sakshi works towards creating a society where vulnerable and marginalized groups are empowered and equal. Focussing on gender and sexual rights. Sakshi is moving towards the creation of a society of non-judgemental, empowered individuals who will protect and prevent harm to any of their fellow-beings.

Sakshi in collaboration with National Service Scheme has organized a **webinar** for the students of Government Degree College for Women, Begumpet on sexual abuse and POCSO act on dt.01-06-2022. Dr. Aditi Kishore is the chief speaker for the webinar.

Dr. P.S. Rajani, Convener for the Women Empowerment Cell coordinated the program behalf of Government degree college for women, Begumpet and also encouraged the students for the awareness of POCSO ACT, 2012.

Dr. Aditi Kishore is the chief speaker who has explained about the girls who are sexually abused by in and outside of the house. Girls are advised to observe the people around us and their intention. Girls are told to learn about how to say "NO". Girls are also advised not to believe people in our own family itself. Parents, especially mother should be friendly with the girl children and spend a lot of time in discussing various issues in their daily life and can drag the information slowly from them and insist the girls to be aware of all issues. As we cannot expect all the parents will respond in the same way with friendly manner, but in this case girls are the main sufferers. Dr. Aditi Kishore also supplied the questionnaire regarding the practical problems faced by the students. She advised all the girls to be always friendly and take the advices from their mentors. Though the government is giving utmost importance for the safety of girls but this is the time to express the problems faced by them and should open up. Girls should take the help of Telangana state police in time and save themselves. The co-host Ms. Rupali fule who has given a technical support for the session.

Objective of the program:

1. To bring awareness on girl sexual abuse
2. To aware the students about POCSO act, 2012 and its implementation
3. Beware of the people around us

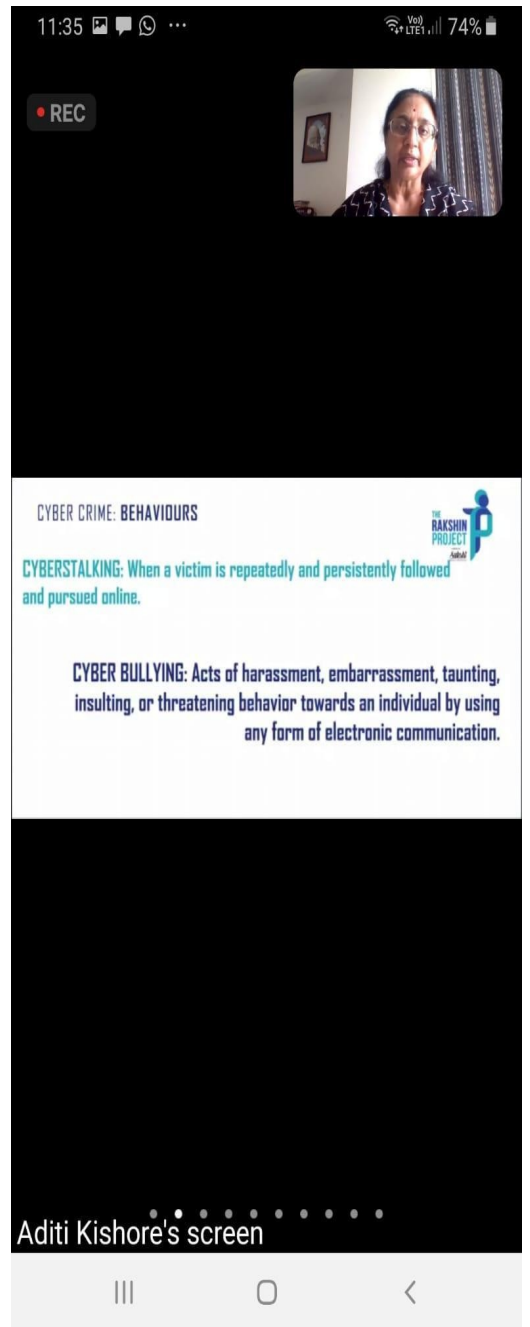
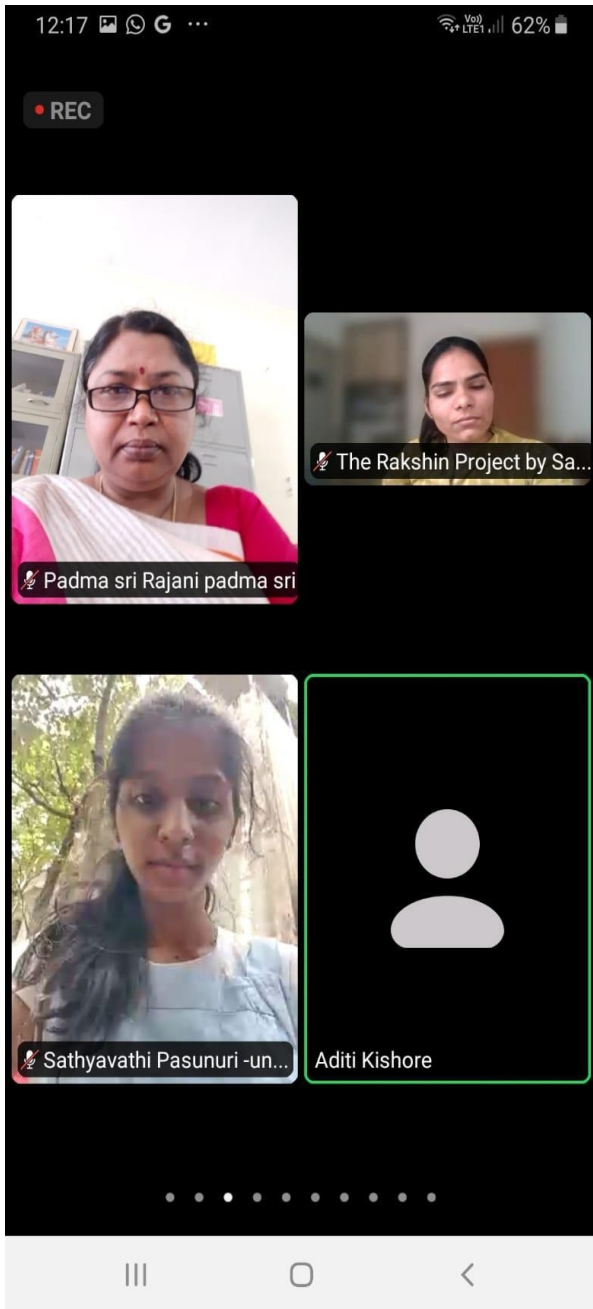
4.To bring to the notice of students that the Government and NGO organizations supporting the girls protection.

Outcome of the program:

- 1.Students will come to know about what is to be called sexual abusement.
2. Students will discuss openly with parents and friends.
- 3.Get the knowledge about the POCSO ACT,2012.
- 4.Students will learn about use of police helpline phone numbers in unwanted situations.

No.of students participated:63

The poster is set against a textured, parchment-like background. At the top left is the Government Degree College for Women, Begumpet logo. In the center is the 'Sakshi' logo with the tagline 'EQUALITY IS INCLUSIVENESS'. To the right is the National Service Scheme (NSS) logo. Below these logos, the text reads: 'In collaboration with National Service Scheme (NSS)'. The main title is 'GOVERNMENT DEGREE COLLEGE FOR WOMEN, BEGUMPET Webinar On STOP CHILD SEXUAL ABUSE POCSO ACT 2012'. The date and time are '01ST JUNE' 2022' and '11:00 AM'. At the bottom, there are three circular portraits of women. Below each portrait is their name and title: 'Dr. K Padmavati, Principal, Government Degree College for Women, Begumpet'; 'Dr. P. S.Rajani, (Women Empowerment Cell) Convener, Government Degree College for Women, Begumpet'; and 'Speaker, Dr. Aditi Kishore'. The background features faint silhouettes of hands raised.



11:28

76%

11:22

79%



Zoom

Leave



Zoom

Leave

REC



REC



THE 2012 LAW



ACCOUNTABILITY
OMISSION IS COMMISSION



THE GENESIS



SHE WAS ONLY 6 YEARS OLD
IS THIS CHILD SEXUAL
ABUSE?

Unmute

Stop Video

Share

Participants 78

More 6

Unmute

Stop Video

Share

Participants 71

More 4



11:19

80%

11:01

87%

REC



LINE OF EQUALITY

PEOPLE OF QUALITY
DO NOT FEAR
EQUALITY

Never in Front of You . Never Behind You

Always Beside You.



Sakshi
Empowerment in Education

Aditi Kishore's screen

Aditi Kishore's screen



12:19 61%

REC

Padma sri Rajani padma sri

The Rakshin Project by Sa...

Sathyavathi Pasunuri -un...

Aditi Kishore

12:10 64%

Close Participants (63)

- AU Anusha unit 1
- B.jyothsna unit 1
- BM Battu.Jayasree mbzbt
- B Bheema270
- B Bhoomika
- CPL S. Bhavana 331
- D Dasari.akhila
- DU Divya unit3
- DA Durgabhavani anzc
- G Guguloth Mounika Ls unit 1
- IS I. Sushma- Unit 1
- J Jhanavi(341)
- KV K. Varsha mbcbt unit 1

Invite

