

## Skills Development Programme



Principal Dr.K.Praveen Kumar sir introduced Master Trainer Mr. Indrakaran sir to the students



Session 1 :



Session: 2



Day 2: session 3



**Discussion Activity: Love marriage is better than an arranged marriage.**

**For:** Yes. In a love marriage, a boy/girl finds a partner of their own choice. They are matured enough to judge people and effectively select a partner, unlike an arranged marriage. Besides, there is a strong bond of love in the couple.

**Against:** No. Divorce rate is too high in love marriages. On the other hand, an arranged marriage is a sweet confluence of two families. Due to the involvement of more people in this union, marital \*conflicts get effectively resolved. \*

**Neutral:** Success rate of any marriage does not depend on whether it was arranged or not. Rather it depends on how these two people complement and understand one another.



**Pick and speak Activity:**



**Suggestions:**



### 3. PROTECT YOUR BALLOON: Activity

Great activity for larger groups of 5 or more. Give each child a balloon and a length of string, approximately a metre long. Have them blow up their balloon, tie it to the string and tie it around their ankle. The aim is to protect their balloon while trying to bust everyone else's, with the winner being the last balloon standing. Supervision essential.



**Back to Back Balloon Race Activity for team build up :**

Have 2 students from each group start the relay by standing back to back with a balloon between their backs. The pair must walk carefully to and around the pylon and come back to the starting line without popping or dropping the balloon between their backs. When they return to the starting line, the next pair will start.