

## **BEST PRACTICE - 1**

**Title: Bringing all to be the rational to the environment that's degrading now**

**Objectives of the Practice:** Environmental sustainability is of utmost importance in the light of increasing environmental degradation; and the same can be accomplished with the implementation of eco-friendly facilities and practices.

The objectives of promoting environment sustainability are:

- ❖ To reduce overall carbon and ecological footprints,
- ❖ to find innovative ways to reduce pollution,
- ❖ to promote the sustainable use of natural resources by implementing simple everyday practices
- ❖ To nurture generations of students who are sensitive to environmental concerns.
- ❖ To maintain a waste-free, pollution-free, healthy, and eco-friendly green campus

**The Context:** As the College has abundant landscape, large quantity of green waste is generated and the routine generation of piles of used paper presents challenges as well as possibilities. There is a need to generate consciousness towards environment among the budding students.

**The Practice:** The college is steadfastly committed towards creating an eco-friendly and sustainable campus. Instilling the urgency of environmental conservation and environment sustainability is realised through the following practices:

(i) **Environmental Awareness in Curriculum:** Courses on Environmental Science, Biodiversity, Ecosystem in UG & PG courses imbibe the awareness towards the protection of environment.

(ii) **Events and campaigns:**

The college regularly organises various events and campaigns to spread environmental awareness:

- Discouraging the use of polythene
- Several campaigns by Eco-Club, Nature Club, NCC and NSS for creating awareness through social media are being conducted.
- Student volunteers interact with the public to generate consciousness among them about the responsible use of natural resources.
- Students also visit biodiversity parks, wetlands and other places of ecological importance and learn ways to protect and conserve the environment.

(iii) **Maintaining a green campus**

College has a lush green campus. Dedicated area for parking has been allotted in the sports ground; vehicle movement and parking in the main campus is restricted. The college has about 300 varieties of trees on campus that balances the ecosystem of the surrounding area. A botanical/medicinal garden in the premises, with different species of medicinal plants, provides a healthful ambience in the college.

(iv) **Vermicompost Units**

The vermicompost units in the college converts green and wet waste to vermicompost, which is used in the college garden.

(iv) **Rainwater harvesting**

The college has a rainwater harvesting system in the garden at different locations. It is a recharging point for collecting rainwater from rooftops and storm water generating from the premises.

(v) **Collaborations with NGOs**

Collaborations with Environment related NGOs are being established and the eco friendly activities in collaboration with these NGOs are being organized throughout the year. The Notable MoUs are with WoW, WWF, and Municipal Authorities of Siddipet town.

**Evidence of Success**

- Reduction in electricity bill by proper management of energy usage & frequent energy audits.
- Few students achieved awards at various platforms in the events related to environmental consciousness.
- Students have received appreciation from the public during several campaigns; many people have promised to use the resources wisely and make all efforts to protect and conserve the environment.

**Problems encountered and resources required**

Greater initial cost and investment - Shifting to renewable resources is a costly affair and support and involvement from the government front is prerequisite in terms of financial assistance and subsidy.

Challenge in motivating people - The public needs to be educated and motivated towards sustainability. Continuous efforts are made to create a general shift in the mindsets of the students and college staff towards generating an environmental consciousness.

Lifestyle changes - Lifestyle needs to be modified for sustainable living by judicious use of energy sources. College has made continuous efforts through rallies, campaigns, competitions and regular posts on social media to create awareness towards sustainable living.

## **BEST PRACTICE - 2**

**Title:** HOLISTIC APPROACH FOR WOMEN SELF-RELIANCE

### **Objectives of the Practice**

- ❖ To build a safe and inclusive environment for women.
- ❖ To boost their self-esteem & confidence.
- ❖ To develop in them essential traits like compassion for humanity & love for nature.
- ❖ Encourage them to excel in Academics, Sports & Co curricular activities.
- ❖ To develop value-oriented leadership in women and enhance their personality.
- ❖ To create conducive counselling environment for women.
- ❖ Improve the livelihood of girls for better placement through skill education.

### **The Context**

The institution caters to young women coming from various socio-cultural-economic backgrounds. In spite of efforts to reduce gender gap in education, there continue to be significant barriers to women education. Still colleges are out of reach of many Indian women and it becomes imperative that those who manage to cross the social hurdles and reach the institution of higher learning must be empowered enough to realize their true essence. In line with this vision, the college management took upon itself the mammoth task of empowering women through multi sectoral education.

### **The Practice**

The rationale for a gender equality perspective in education implies a rights perspective as well as developmental perspective. Keeping this in view our Institution provides 33% reservation in admission for girls as a part of state government policy. In fact, more girls prefer our Institution due to various reasons like provision of congenial atmosphere; hostel facilities through social welfare and UGC; zero-tolerance towards eve teasing with the help of police and lokadalat; Anti-ragging programs conducted in collaboration with SHE teams etc. Exclusive committees like Woman Empowerment Cell (WEC) and Internal Complaints Committee (ICC) are established for the welfare of the women. Haemoglobin tests with the help of Govt. Health Department are conducted as a part of Health and hygiene awareness programs for women. Health and wellness club plays an active role in this regard. There is a separate unit for girls in NSS, among six NSS units of the college. Good number of girls join NCC. Girls waiting rooms and nappy winding machine and Incinerator are provided for girls. CCTV surveillance is available for security. As a part of encouragement several awards including academics are sponsored by philanthropists. On the occasion of Jyothiba Phule birth anniversary and Women's Day female faculty and students are felicitated and different competitions are held. Under self-employment scheme, trainings on sewing, mehendi and embroidery works are taught. Several activities are conducted under Association of Lady Entrepreneurs of India (ALEAP) for women empowerment. AECC course "Gender Sensitization" is included in curriculum. Regular Health Awareness Lectures by leading doctors, Workshops on Self Defense, Personality Development Courses, Rallies, Debates, Letter Writing & Poster Making on gender issues are regularly conducted to equip the girls fully to face the real world. Career guidance is also provided to facilitate economic security and financial independence of women.

Ample opportunities are thrown open to women to participate in Inter College Competitions and Youth Festival. Placards, Slogans, Quotes in favour of respect for woman are installed in key areas of the college.

### **Evidence of Success**

Stupendous results in academics in all classes speak volumes of our success in sharpening the intellect of girls.

We have been able to grab considerable number of prizes in co-curricular activities in Inter College Competitions and Youth Festivals.

We have been able to churn out illustrious alumni of empowered women.

Our students remain worthy of degrees conferred upon them and have become our brand ambassadors in various fields.

### **Problems Encountered and Resources Required**

The first barrier in the way of efforts of college to foster women empowerment is ingrained in cultural norms. The girls feel the pressure as they have to swim against the system and socially constructed gender biases to enter the college. A majority of girls in Humanities are from humble family background. They have low level of self-confidence and insufficient family support. Most of the girls discontinue their education after graduation and embrace matrimony. Parents still perceive marriage as priority over education. This dwindles the number of girl students in Postgraduation. The college needs to introduce more vocational courses to equip the girls with skills to become financially independent. The college needs more funding from governmental and non-governmental sources to provide financial support in form of scholarships and concessions.