

PINGLE GOVT.COLLEGE FOR WOMEN

WADDEPALLI, HANUMAKONDA

**Accredited by NAAC with A Grade/An ISO 9001 : 2015 college
(permanently Affiliated to Kakatiya University)**

Health Club Report for Academic Year 2020-21

Health club

Introduction :

Health is an important wealth for an individual. The health of a person includes his psychology, physical health, food habits, cleanliness followed, etc. and many more. When you think about student's development health is found to be a very important aspect.

Health Club is an association of students in college for taking care of everything that is necessary for keeping an individual healthy. Health club deals with activities for the students to possess good overall **health** which includes Mental health, Physical Health, Emotional Health, and Social health.

Objectives Of The Health Club

- To create awareness about the health issues among the staff and students on the campus.
- To provide counseling for the various health problems to the staff and students on the campus.
- To promote awareness about Healthy Habits among the staff and students on the campus.
- To create awareness about the health status among the members of the staff and students on the campus.

The vision of The Health Club

- To create a healthy sustainable society.
- To create awareness about healthy habits in society.

Mission

- To organize seminars, workshops, camps and activities necessary to provide guidance related to health issues.
- To develop healthy habits and awareness among all member of the health club
- To organize seminars, workshops, camps and activities necessary to provide guidance related to health hygiene issues.

Programmes conducted under health club2020-2021:

1. Health awareness programme. (13/10/2020)
2. National deworming day. (10/02/2021)
3. seminar on heamophilia and anaemia. (19/04/2021)

4. seminar on health for all. (02/07/2021)

PINGLE GOVT.COLLEGE FORWOMEN, WADDEPALLI, WARANGAL (U)
Accredited by NAAC with A Grade/An ISO 9001 : 2015 college
(permanently Affiliated to Kakatiya University)

Health club Action plan 2020-21

Sl.no	Month	Week	Activity proposed	Tentative dates	Weather conducted	If alternate day
1	October	2 nd week	Health checkup	13/10/2020	Yes	
2	February	2 nd week	Deworming day	10/2/2021	Yes	
3	April	2 nd week	Seminar on HEMOPHILIA and ANAEMIA.(ONLINE)	19/4/2021	yes	
4	June	2 nd week	Awareness program me on cancer	12/06/2021	yes	
5	July	1 st week	Health for all	2/7/2021	yes	

Health club Committee

Convener: B. Kalpana

Members : K. Saritha

S. Rajitha

H. Pallavi

Dr. D. Anantha laxmi

- 
- 
- 
- 
- 



PRINCIPAL

Pingle Govt. College for Women
(Accredited with 'A' Grade by NAAC)
Waddepalli, Warangal - 506 370

Health Checkup

In collaboration with zoology department.

Objective:

To solve the health problems of our college students and also to suggest medicines for their problems.

Health club of college organized programme on **Health Checkup** for our students programme conducted to our college students. Which was conducted by General physician Dr. G. Mallika (MD-Gen. phy.), of primary health centre, of waddepally, Warangal. On 13-10-2020 at 2:00 pm. Dr. G. Mallika conducted a session in that she checked the students and given suggestions to them. And the programme was organized by B.Kalpna Health club convener and also Dr.G.suhasini HOD of zoology department.





OUT COME:The programme was benifited for all the students.

Awareness programme on Cancer.

In collaboration with zoology department.

Objective:

Conducted an awareness programme on cancer in online for the benefit of girl students health.

Health club of college organized a online programme on **Awareness programme on Cancer** to our college students. Which was conducted by General physician Dr. D. Sajitha (MD-Gen. phy.), of Divya Hospital in Karimnagar. On 12-06-2021 at 11:00 am. Dr. Sajitha conducted the session in detail about general

female health problems as well as on cancer. Now a day's PCOD problem seem to be common among young girls.

OUT COME:

The programme was helpful for all the students as they got much broader idea for their health issues. After the session many students consulted the doctor personally for their individual Health problems related to menstruation and other issues.

Close

Participants (32)



Banoth Kalpana Pingle Gover... (me)



Dr. G Suhasini (Host)



<Goparaju Savitri> <Pingle GDC(...



Rajeshwari Kattula



saritha kommidi



Tarunika



3757 Pulicheri.Priyanka (BZC)



A.Devi prasanna bzc



ananthalakshmi dendukuri



B deepthi



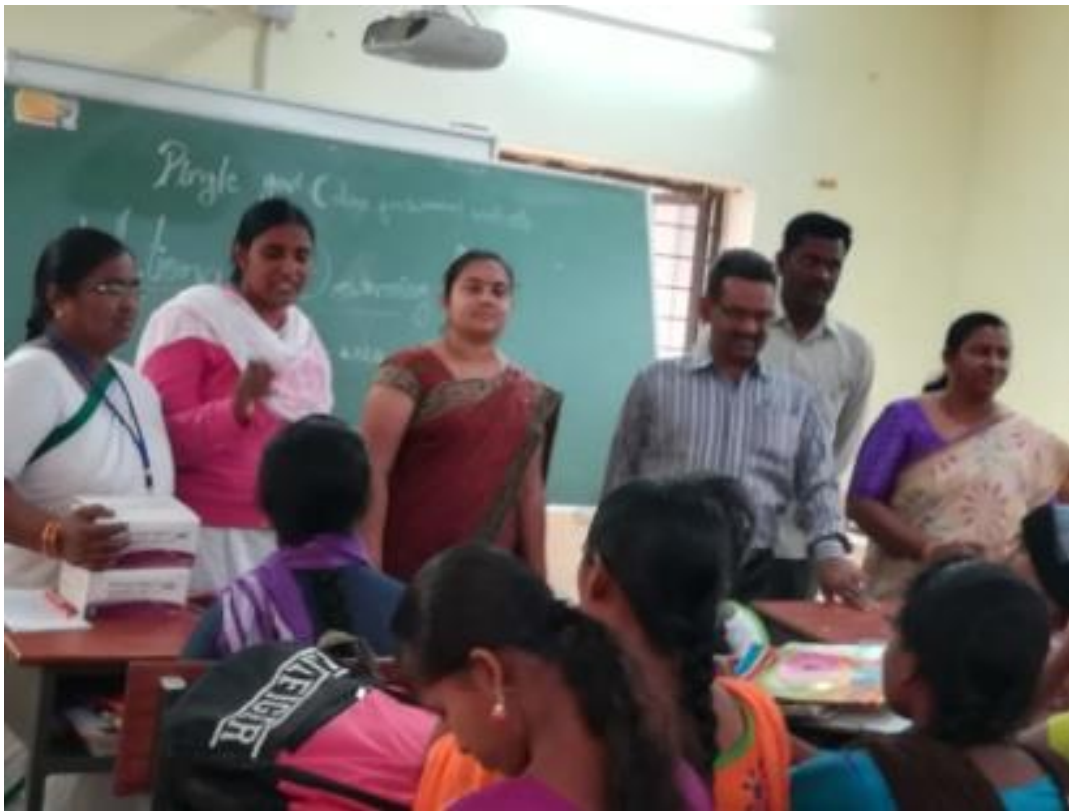
De Warming Day.

In collaboration with zoology department.

Objective:

To remove the worms present in adolescent girls stomach, so that their health will improve better.

Health club of college organized **De Warming Day** at our college students. Which was conducted by B.Kalpna Health club convener, and also the tablets are given by the primary health centre, of waddepally, Warangal. On 10-02-2021 at 10:00 am. There are around 56 students has taken these tablets.



OUT COME:

The programme was benifited for all the students as their health will get improved.


Seminar on HEMOPHILIA and ANEMIA (ONLINE)

In collaboration with zoology department.

Objective:

To create awareness on haemophilia and anaemia to the adolescent girl students.

Health club of college organized Seminar on **HEMOPHILIA and ANEMIA** an online programme conducted to our college students. Which was conducted by General physician Dr. D. Sajitha (MD-Gen. phy.), of Divya Hospital in Karimnagar. On 19-04-2021 at 11:00 am. Dr. Sajitha conducted the session in detail about hemophilia as well as anemia. And the programme was organized by B.Kalpna Health club convener and also Dr.G.suhasini HOD of zoology department.



**PINGLE GOVERNMENT COLLEGE FOR WOMEN,
WADDEPALLY, WARANGAL – TELANGANA**
AFFILIATED TO KAKATYA UNIVERSITY, REACCREDITED NAAC "A" GRADE

Seminar on Haemophilia and Anemia
19-04-2021 MONDAY @ 11.00am

Zoom app: 8171222947

Password: 2tGBFZ

Chair Person
Dr. G. Raja Reddy
Principal

Resource Person
Dr. D. Sajitha
(MD. Gen. medicine,
physician)

Organizer
B. Kalpana
Convener of health
club

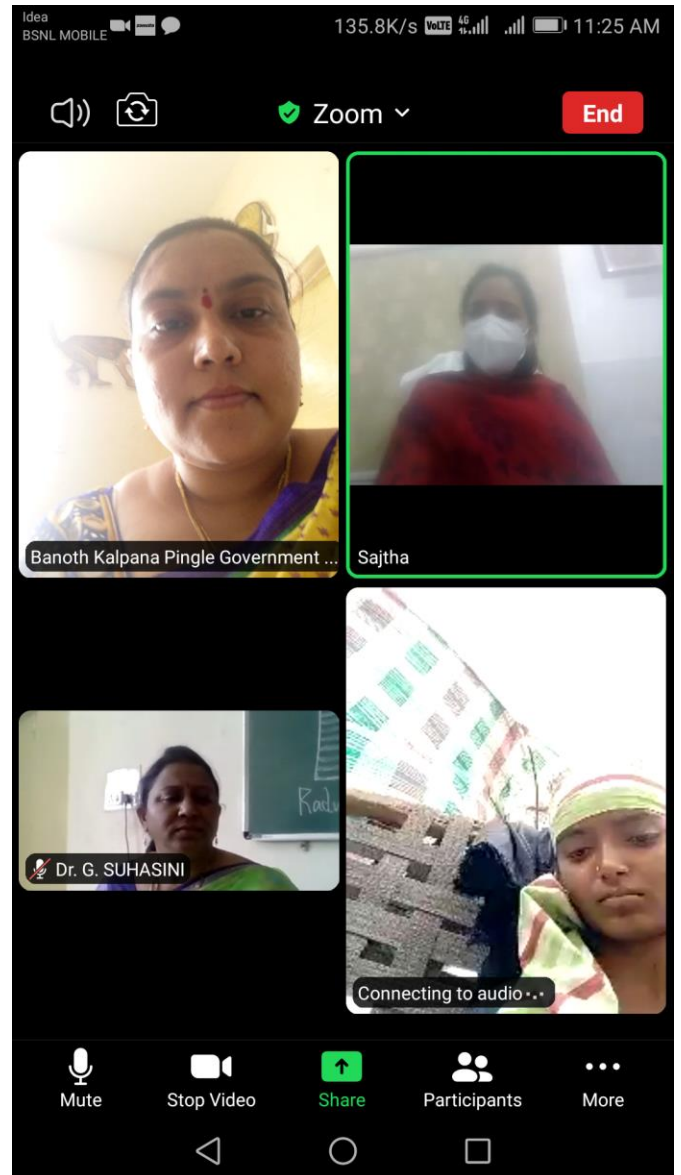
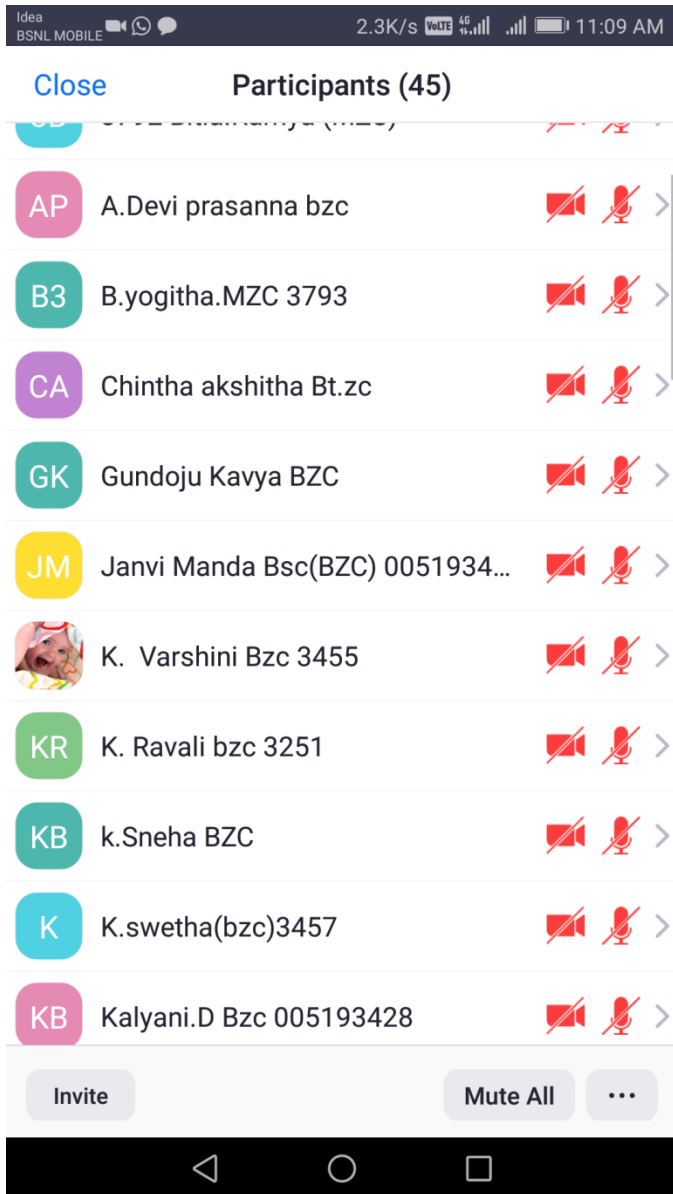
members:

Organizing by Health Club
in collaboration with zoology dept.
Dr.G. Suhasini (Asst.prof. of zoology)
Dr.D.Rajitha (Asst.prof. of telugu)
k. Saritha (Asst.prof. of botany)
Dr. Anathalaxmi (Asst.prof. of Hindi)

club

members:

2



OUT COME:

The programme was benifited for all the students as their health will get improved because most of the students of our college are anemic.

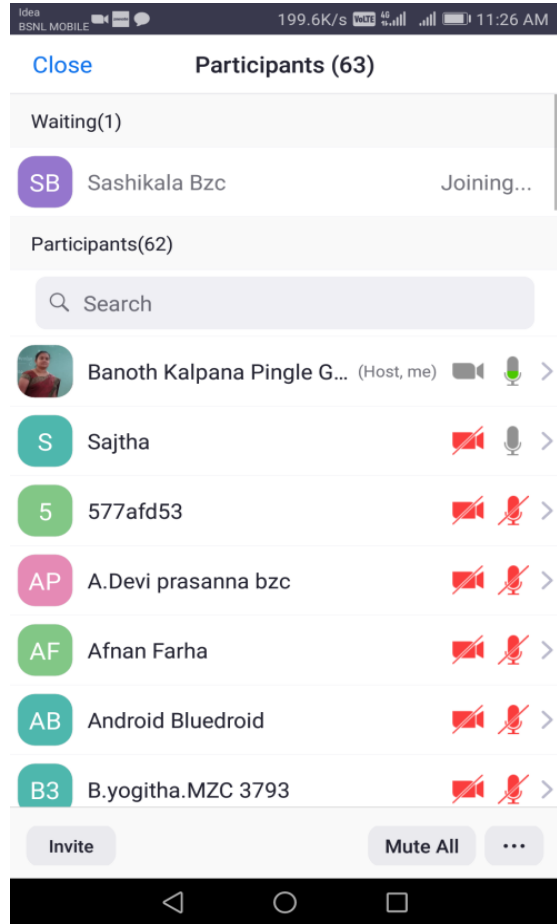
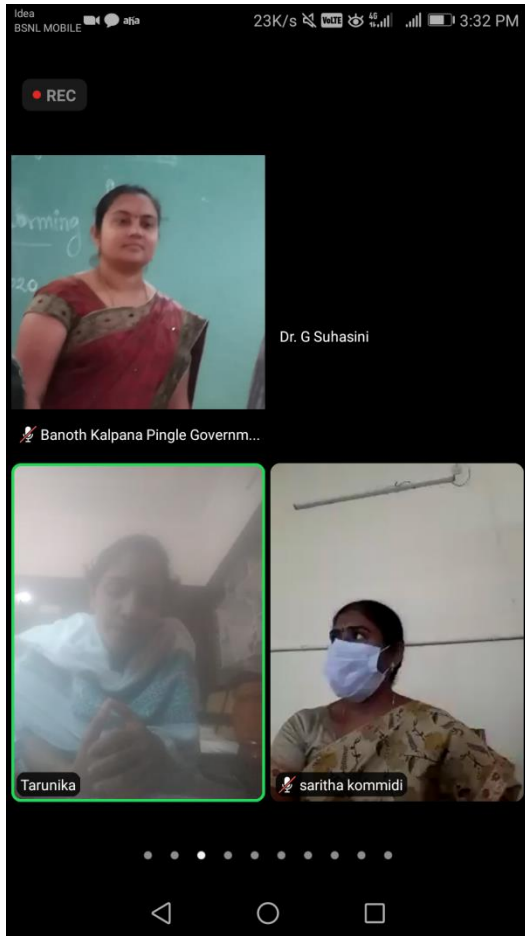
Seminar on HEALTH FOR ALL (ONLINE)

In collaboration with zoology department.

Objective:

To solve the health problems of our college students and also for their parents as well as to suggest medicines for their problems.

Health club of college organized Seminar on **HEALTH FOR ALL** an online programme conducted to our college students and also for their parents. Which was conducted by General physician Dr. D. Sajitha (MD-Gen. phy.), of Divya Hospital in Karimnagar. On 02-07-2021 at 2:00 pm. Dr. Sajitha conducted a session in that she asked the students and their parents about health problems and given suggestions to them. And the programme was organized by B.Kalpana Health club convener and also Dr.G.suhasini HOD of zoology department.





**PINGLE GOVERNMENT COLLEGE FOR WOMEN,
WADDEPALLY, WARANGAL – TELANGANA**
AFFILIATED TO KAKATIYA UNIVERSITY, REACCREDITED NAAC "A" GRADE

Seminar on Health for All.

02-07-2021 FRIDAY @ 3.00pm

Zoom app: 8171222947

Password: 2tGBFZ

Chair Person
Dr. G. Raja Reddy
Principal

Resource Person
Dr. D. Sajitha
(MD. Gen. medicine,

Organizer
B. Kalpana
Convener of health

club

physician)

members:

Organizing by Health Club
in collaboration with zoology dept.
Dr.G. Suhasini (Asst.prof. of zoology)
Dr.D.Rajitha (Asst.prof. of telugu)
k. Saritha (Asst.prof. of botany)
Dr. Anathalaxmi (Asst.prof. of Hindi)

3

OUT COME:

The programme was benefited for all the students as well as their parents because they got solutions for their health issues. Doctor also suggested some medicines for them.