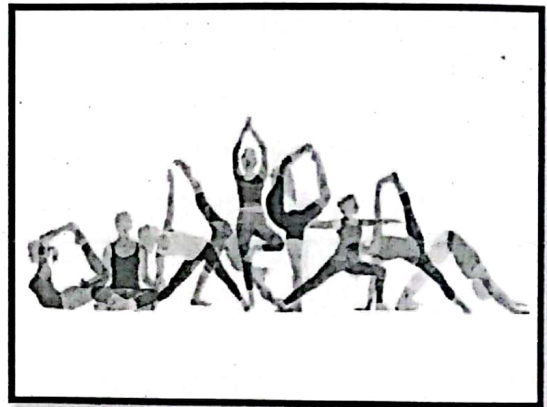
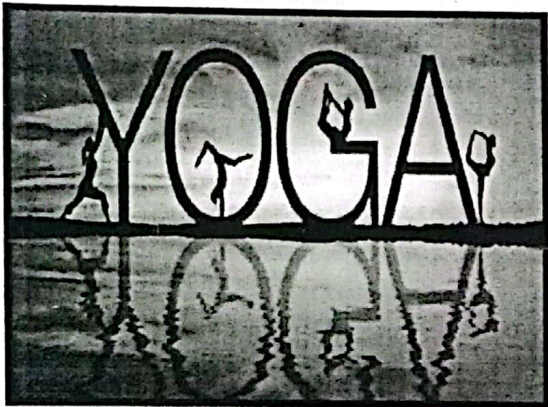




NAGARJUNA GOVERNMENT COLLEGE(A)

NALGONDA, DISTRICT. TS.



ONLINE YOGA CERTIFICATE COURSE

From 09-11-2020 to 13-12-2020(30Days)

Organized By

DEPARTMENT OF PHYSICAL EDUCATION

KADARI MALLESH MA., MPed., SET
PHYSICAL DIRECTOR

NAGARJUNA GOVERNMENT COLLEGE (A) NALGONDA

ONLINE YOGA CERTIFICATE COURSE 2020

REPORT

As per the minutes of college Governing Body Meeting 2019-20 we i.e Department of Physical Education Conducted 30 days **ONLINE YOGA CERTIFICATE COURSE** to the students in collaboration with **UNI SCHOOL OF YOGA, HYDERABAD** FROM 09-11-2020 TO 13-12-2020 (30 Days through ZOOM App from 5pm to 6pm Daily Total 94 students enrolled, 45 Students paid the registration fee Rs. 100/- to the Uni School of Yoga, Hyderabad and 31 Students completed their course.

We follow the NCERT Upper Primary Yoga Syllabus and daily we take one class from 5pm to 6pm (1 hour) and we we teach Sukhsma vyayama, Surya namaskara, Asanas, Pranayama and Meditation finally we conducted practical and theory exams through online mode and distribute certificates those who are get 40% above marks.

COURSE OUT COME:

It is useful to control and prevent physical and mental stress and it is useful to maintain healthy life style and This course will helpful to do Yoga Diploma, M.Sc Yoga and also useful to act as a yoga trainer.

COURSE COORDINATER

PRINCIPAL
Principal
Nagarjuna Govt. College
(Autonomous) NALGONDA.

NAGARJUNA GOVERNMENT COLLEGE (A) NALGONDA

Circular for Students

Date: 29-10-2020

This is to inform all the students of the college we the department of Physical Education is going to conduct **ONLINE YOGA CERTIFICATE COURSE** in collaboration with **UNI SCHOOL OF YOGA, HYDERABAD**, from 09-11-2020 TO 13-12-2020 (30 Days through ZOOM App from 5pm to 6pm Daily.


Hence all the interested students can enroll your names through below Google link or contact Sri. K. Mallesh, Physical Director.

(<https://forms.gle/FG9CEHNst6ple5fn6>)

Note:

1. This is 30 Days Course (Daily 1 Hour)
2. Course fee Rs. 100/- Only
3. Course Timings 5pm to 6pm Daily
4. Certificate will distribute those who are complete the course
5. Last date for registration 05-11-2020


COURSE CO ORDINATER


PRINCIPAL
Nagarjuna Govt. College
(Autonomous) NALGONDA.

MEMORANDUM OF UNDERSTANDING(MOU)
BETWEEN

Nagarjuna Government College (Autonomous) Nalgonda.
AND
Uni School of Yoga, Hyderabad
For

Conduct of Certificate Course In Yoga For Students

This. Agreement has been made and agreed upon between the parties mentioned below, signed on 28th day of October, Year 2020.

BETWEEN

Nagarjuna Government College (Autonomous) located at Laxmi Nagar Colony, Hyderabad road, Near Police Headquarters, Nalgonda, Telangana State, India-508001(hereinafter called "First Party")

AND

Uni School of Yoga , 8-3-231/C/32/SK Nagar/Yousufguda/Khairathabad, Hyderabad, Telangana, India. Reg. No 2910 of 2019

A. Purpose of Agreement:

Purpose of this agreement is to establish the roles and responsibilities of both parties as they relate to conduct of 30 days certificate course in Yoga for the students through online or offline for the academic year 2020-21

B. Roles and Responsibilities of :

B1. Nagarjuna Government College (Autonomous)

1. To inform to all the students of the college and identify the interested students to attend for 21 days certificate course in Yoga
2. To register of participants to attend certificate course in Yoga through online or offline
3. To note participants attendance in regular
4. To collect the nominal charge from the participants and pay to the Uni school of yoga
5. To conduct the Practical and Theory Exams to the participants at the end of course through online or offline mode.

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B2. Roles and Responsibilities of Uni School of Yoga:

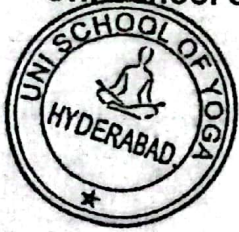
1. To Provide certified yoga instructors to teach certificate course in Yoga to the students.
2. To provide syllabus for certificate course in Yoga.
3. To support to conduct of extension activities
4. Exchange of visit between faculty members/students of the institutions to their counterpart and place.
5. To support the conduct of practical and theory exams to the participants at the end of the course through online or offline mode.

C. Financial Arrangements:

Only nominal fee(Up to Rs.200 for each participant) will be paid to the Uni School of yoga through the participants only

Sreenu R

(Second Party)
Sreenu Rayanaboina
Uni school of Yoga



P. K. J.
25/10/2020

(First party)
Principal
NG College(A), Nalgonda
Principal
Nagarjuna Govt. College
(Autonomous) NALGONDA

K. Malleash
K. Malleash, physical Director
(course coordinator)



NAGARJUNA GOVERNMENT COLLEGE(A) NALGONDA

Re-accredited by NAAC with 'A' grade

Affiliated to Mahatma Gandhi University, Nalgonda

Certificate of Participation

This is to Certify that Mr/Ms **Mantipally Praveen S/o / D/o Venkanna** Roll Number **17044028574042** has Completed "ONLINE YOGA CERTIFICATE COURSE" organized by Department of Physical Education in Collaboration with **UNI SCHOOL OF YOGA** Hyderabad from 09-11-2020 to 13-12-2020 (30 Days)

Sreenu R

Yoga Teacher

Rayanaboina Sreenu

MSc Yoga

Dr. Rahath Khanam

Course Co-ordinator

Kadari Malleth

Physical Director

Dr. Rahath Khanam

Principal

Dr. Rahath Khanam

MA.BEd.,LLB.,Ph.D