

INTERNATIONAL YOGA DAY

Date : 21.06.2020

The NSS Organised Online International Yoga Day on 21.06.2020 the eve of International Yoga Day. In this programme Dr.S.Jyothi, NSS Co-ordinator, NSS Cell, Kakatiya University has participated and address the gathering. Smt. Annamaneni Sunitha, Yoga Trainer also participated and she spoke about importance of Yoga with practical asanas.

INTERNATIONAL YOGA DAY
AWARENESS PROGRAMME ON
**"THE ROLE OF YOGA
IN STRESS MANAGEMENT DURING COVID-19"**
Date: 21.06.2020 Time: 10.00 AM -11.00AM
(Zoom ID: 5986506335; Pass word : pingle123)

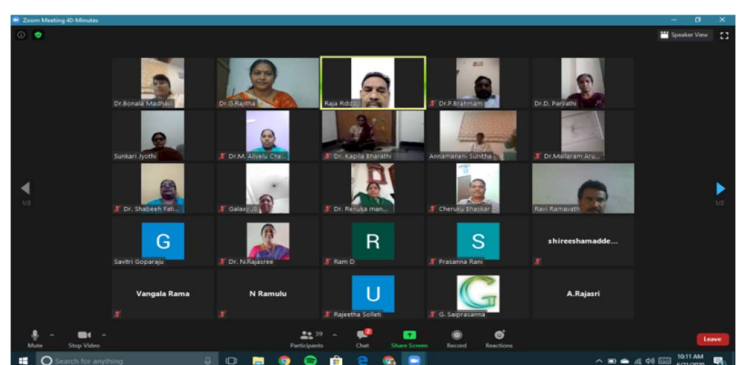
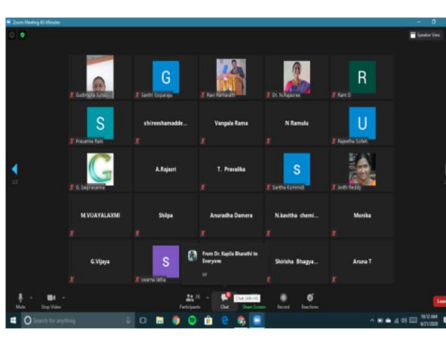
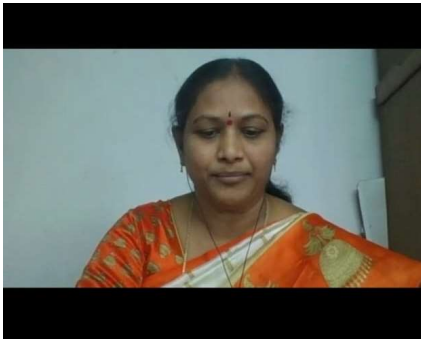
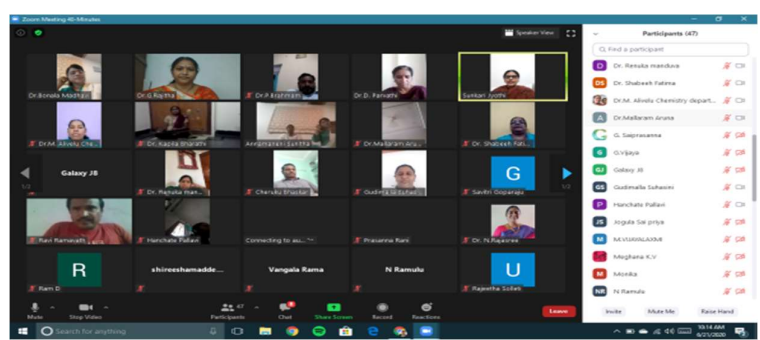
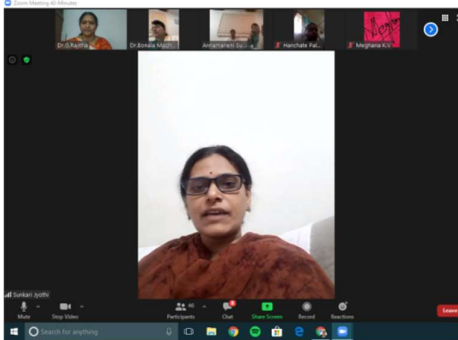
President of the Programme
Dr.G.Raja Reddy
Principal, PGCW

Guest of the Programme
Dr.S.Jyothi
NSS Co_ordinator, KU

Speaker
Sri Annamaneni Sunitha
Yoga Trainer

Organisers
Dr.G.Rajitha
NSS Programme Officer, Unit-I
Dr.B. Madhavi
NSS Programme Officer, Unit-II

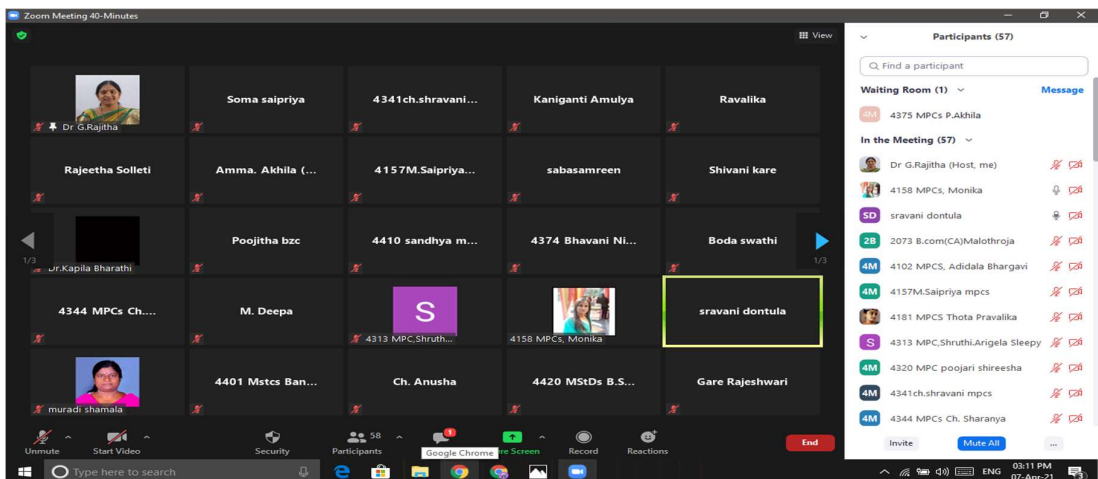
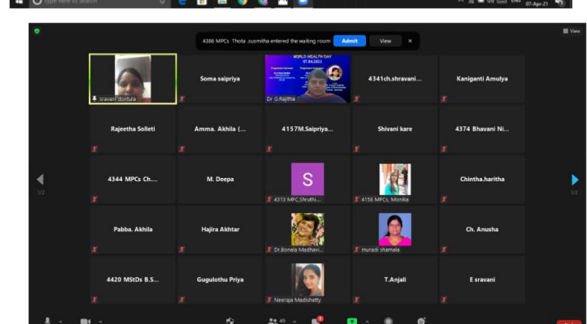
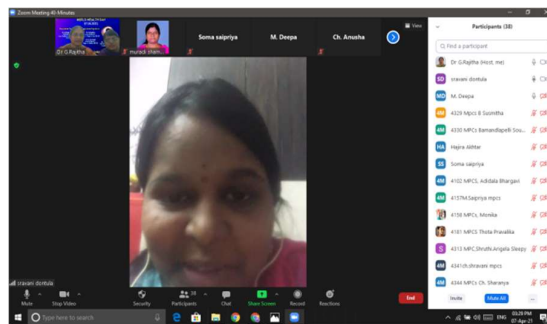
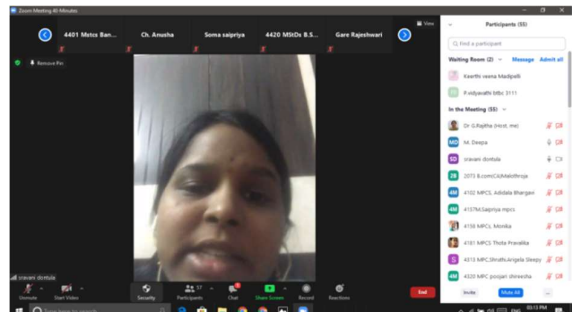
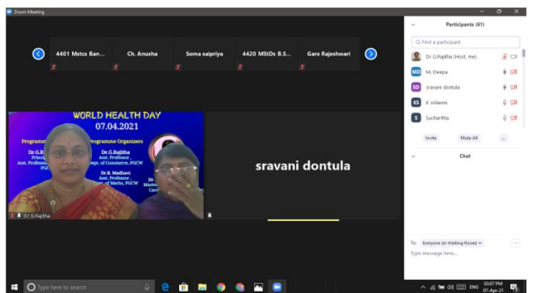
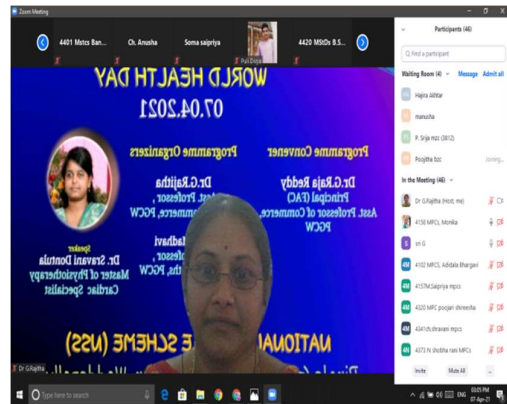
NATIONAL SERVICE SCHEME (NSS)
PINGLE GOVERNMENT COLLEGE FOR WOMEN
WADDEPALLY, HANAMKONDA, WARANGAL(U), TS



WORLD HEALTH DAY

Date : 07.04.2021

Organized an awareness programme on “Women Health” in the eve of World Health Day on 7th April, 2021. Dr.Sravani, Master of Physiotherapy, Cardic Specialist invited as guest speaker.

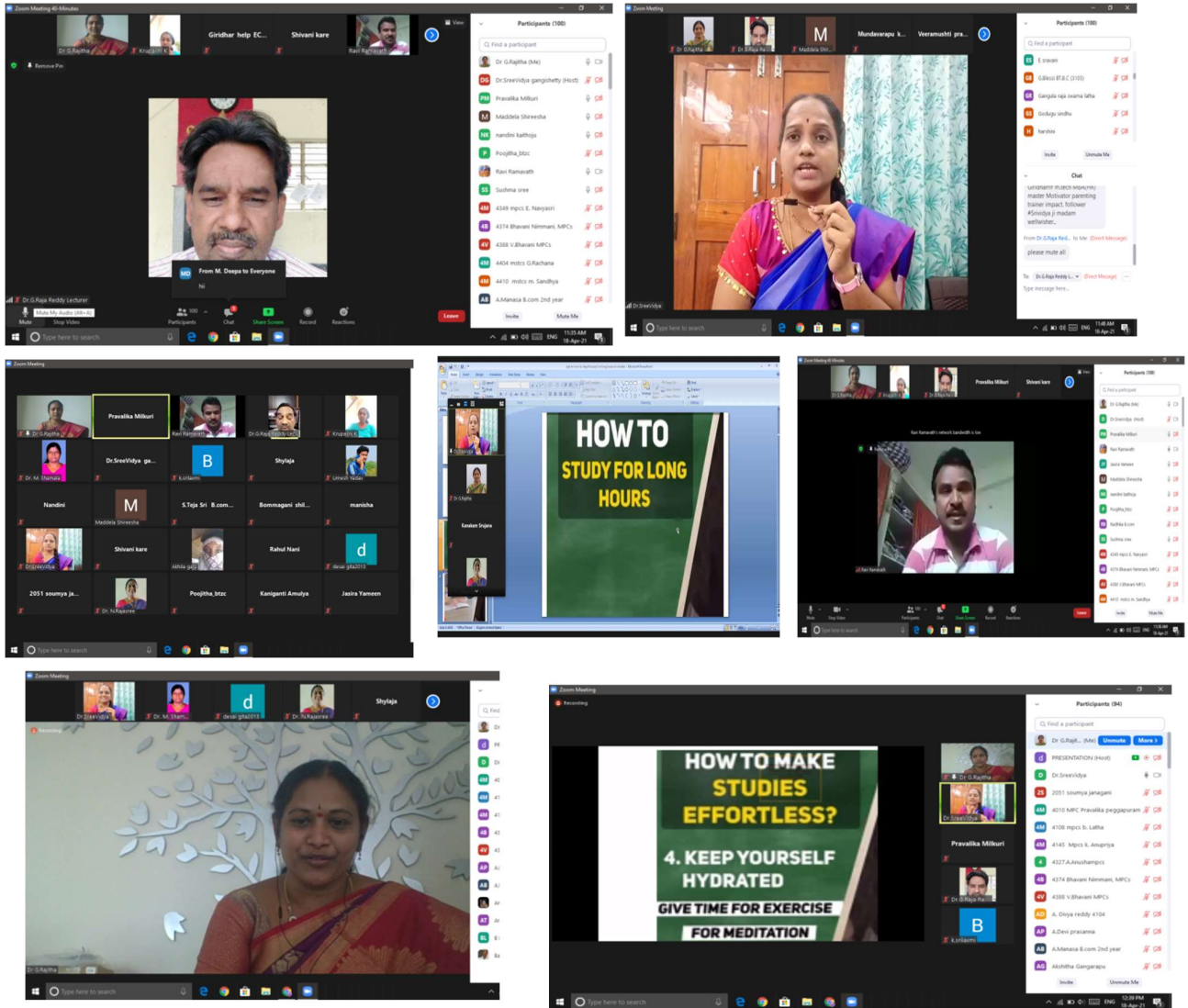



WEBINAR

“STAY FOCUS FOR A LONG HOURS IN STUDIES”

Date : 18.04.2021

The NSS Unit Organised Webinar on “Stay Focus for a long hours in studies” on 18th April, 2021. Dr.G.Sreevidhya, Psychologist as resource person.






PINGLE GOVT. COLLEGE FOR WOMEN


(Accredited by NAAC with 'A' Grade & An ISO 9000-2015 certified college)

WADDEPALLY, Dist. WARANGAL URBAN-TELANGANA




E- CERTIFICATE


This is to certify that **Gugulothu. Navya**, Pingle government degree college, Pingle government degree college, has participated in One –Day Webinar on **-STAY FOCUS FOR A LONG HOURS IN STUDIES”** organized by Department of Commerce and National Service Scheme (NSS), Pingle Government College for Women, Warangal on 18-04-2021.



Dr. G.Sreevidhya
Resource Person



Dr.G.RAJITHA
Convenor



Dr.G.RAJA REDDY
Principal (FAC)