

Government Degree College, Maripeda
Department of Botany
Innovative Practice

Title of the Practice: Health is Wealth

The context that required the initiation of the practice:

Government Degree College Maripeda is in a rural area. Most of the students are from socially and economically backward sections of the society. There are many superstitions and misinformation on health issues in rural areas. Now a days the students started using internet very frequently due to the covid pandemic. A lot of misinformation on health issues is circulating in social media.

Objectives of the practice:

1. To combat health misinformation among the students.
2. To encourage the students to condemn health misinformation in their families, and neighbourhood in their villages.
3. To give them advice on healthy habits.
4. To disseminate scientifically proven health tips among the students.

The Practice:

Every day during the class the teacher gives a break in the lecture and ask the students to raise any doubts on health related issues , or to share with the class any health related information they received through social media. Then if the information known to be correct the teacher will ask the students to disseminate the information to other students in the college and in their village. If the information is false or doubtful ,it will be verified with the help of books, online resources or learned people.

Obstacles faced if any and strategies adopted to overcome them: Nil

Impact of the practice:

The students learned the right way of using face mask. Students learned facts about seasonal communicable diseases and their prevention.

Resources required:

Interest and Patience.