

GOVERNMENT DEGREE COLLEGE -GAMBHIRAOPET

(Affiliated to Sathavahana University, Karimnagar)
RAJANNA SIRCILLA DISTRICT

DEPARTMENT OF ENGLISH



(2021-2022)

JIGNASA STUDENT STUDY PROJECT

ON

ENGLISH PHOBIA – CAN IT BE REMOVED – THE WAYS :: A CLOSE STUDY

SUBMITTED BY

- 1) Md. Sajith B.Sc. (MPCs) – III year H.T.No. 19077086468017
- 2) M. Mounika B.Com. (Gen)-II year H.T.No. 20077162402111
- 3) P. Sruthija B.Sc. (MPCs) – I year H.T.No.210770864681031
- 4) L. Ashwini B.Sc. (MPCs) – I year H.T.No.210770864681021
- 5) S. Chandana B.Sc.(MPCs) –I year H.T.No.210770864681039



Under the Supervision
Of

P. KRISHNA MURTHY
In-charge of the Dept of English
&
ANJANEYULU YELAGONDA
Lecturer in English


PRINCIPAL
GOVT. DEGREE COLLEGE
GAMBHIRAOPET-505304
RAJANNA SIRCILLA (DIST)T.S.

GOVERNMENT DEGREE COLLEGE -GAMBHIRAOPET

(Affiliated to Sathavahana University, Karimnagar)
RAJANNA SIRCILLA DISTRICT

Date: 30-11 -2021

DECLARATION

We, the students of Government Degree College Gambhiraopet, Rajanna Sircilla District declare that the work presented in this study project 'ENGLISH PHOBIA – CAN IT BE REMOVED – THE WAYS :: A CLOSE STUDY' is original and carried throughout by us.

- 1) Md. Sajith B.Sc. (MPCs) – III year H.T.No. 19077086468017
- 2) M. Mounika B.Com. (Gen)-II year H.T.No. 20077162402111
- 3) P. Sruthija B.Sc. (MPCs) – I year H.T.No.210770864681031
- 4) L. Ashwini B.Sc. (MPCs) – I year H.T.No.210770864681021
- 5) S. Chandana B.Sc.(MPCs) –I year H.T.No.210770864681039



Gambhiraopet

Rajanna Sircilla District

Date: 30-11-2021


PRINCIPAL
GOVT. DEGREE COLLEGE
GAMBHIRAOPET-505304
RAJANNA SIRCIlla (DIST)T.S.

P. DASS

M.A.(Telugu), NET, SET

Principal

**Govt.DegreeCollegeGambhiraopet
Rajanna Sircilla District**

(Affl: Satavahana University)



Gambhiraopet-505 304, T. S., India
email:gdcgpt@gmail.com
Phone (O): (08723-295966)
Mobile: 9908292166

Date: 30-11-2021

CERTIFICATE

It is certified that this is a bonafide study project of the students from Department of English, Government Degree College, Gambhiraopet, Rajanna Sircilla District.

I congratulate the students for carrying out a wonderful study project 'ENGLISH PHOBIA – CAN IT BE REMOVED – THE WAYS :: A CLOSE STUDY'.

Gambhiraopet,
Rajanna Sircilla District

Date: 30-11-2021



PRINCIPAL
GOVT. DEGREE COLLEGE
GAMBHIRAOPET-505304
RAJANNA SIRCILLA (DIST).S.

Principal
(P. DASS)

Acknowledgement

We, the researchers of study project, express our gratitude to **P. DASS**, Principal, Government Degree College, Gambhiraopet, Rajanna Sircilla District for providing the facilities required for this work, and for giving valuable suggestions and encouragement throughout the project work entitled 'ENGLISH PHOBIA – CAN IT BE REMOVED – THE WAYS :: A CLOSE STUDY'.

We are thankful to **P. KRISHAN MURTHY** In-charge of the Department of English and **ANJANEYULU YELAGONDA** lecturer in English, Government Degree College, Gambhiraopet, Rajanna Sircilla District for motivating and inspiring us in bringing out this work.

We are very happy to extend our thanks to Vice-Principal & In-charge of the Department of Botany **Smt. B. Srivalli** lecturer in Botany & In-charge of Department of Telugu **Sri. P. Dass** Government Degree College, Gambhiraopet, Rajanna Sircilla District for the co-operation in carrying out the project work.

We are extremely grateful to all the lecturers and students for their opinion and timely suggestions.

By

- 1) Md. Sajith B.Sc. (MPCs) – III year H.T.No. 19077086468017
- 2) M. Mounika B.Com. (Gen)-II year H.T.No. 20077162402111
- 3) P. Sruthija B.Sc. (MPCs) – I year H.T.No.210770864681031
- 4) L. Ashwini B.Sc. (MPCs) – I year H.T.No.210770864681021
- 5) S. Chandana B.Sc.(MPCs) –I year H.T.No.210770864681039



PRINCIPAL
GOVT. DEGREE COLLEGE
GAMBHIRAOPET-505304
RAJANNA SIRCILLA (DIST)T.S.

Sl. No	<u>CONTENTS</u>	Page No.
1	INTRODUCTION	6-7
2	REASONS TO LEARN ENGLISH	8
3	BACKGROUND OF RESEARCH (HYPOTHESIS)	9-10
4	OBJECTIVES	11
5	METHODOLOGY	12
6	DATA ANALYSIS AND FINDINGS	13-14
7	ANALYSIS -OPEN ENDED QUESTIONS	15-16
8	IMPLICATIONS & RECOMMENDATIONS	16-23
9	CONCLUSION & REFERENCE	23



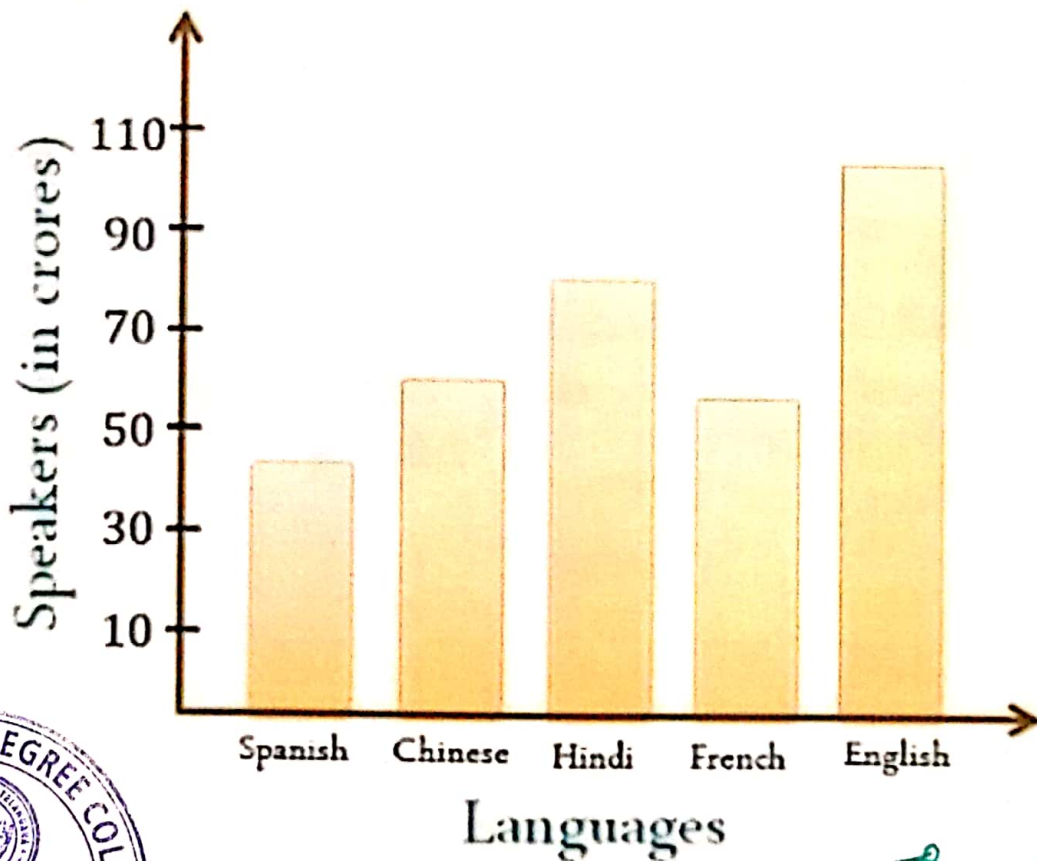

PRINCIPAL
GOVT. DEGREE COLLEGE
GAMBHIRAOPET-505304
RAJANNA SIRCILLA (DIST)T.S.


INTRODUCTION

IMPORTANCE OF ENGLISH

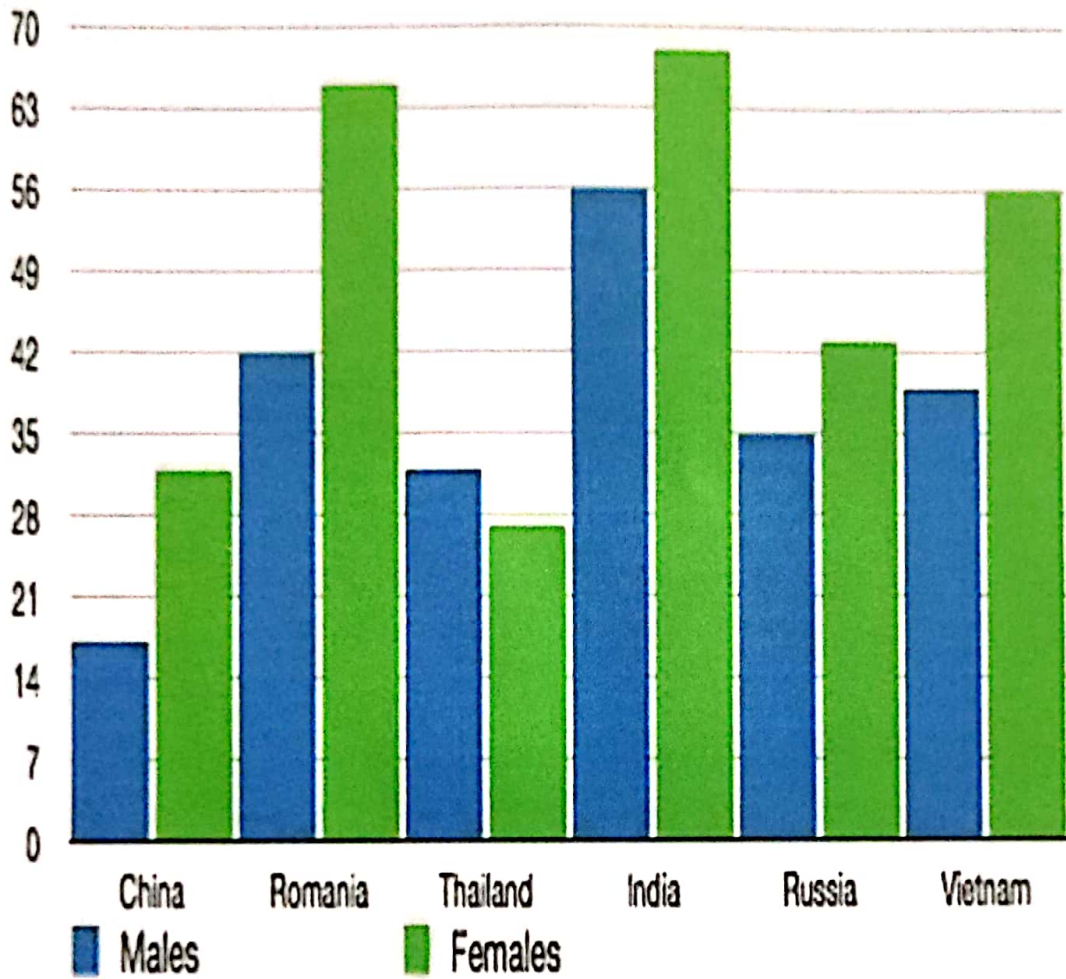
English plays an important role in our daily life. It is the massive means of communication. English language may not have the largest number of native speakers in the world it has widest reach of any language spoken today. English has become the “lingua franca” in many fields including Business, Politics, Science and technology. It is the working language of many international organization like NATO and the European global advertising. It is also the most used language of Internet, Accounting etc. English is the way to get access to a broader range of Information, connections.

IMPORTANCE OF ENGLISH WHEN COMPARED TO OTHER LANGUAGES




PRINCIPAL
GOVT. DEGREE COLLEGE
GAMBHIRAOPET-505304
RAJANNA SIRCILLA (DIST), S. e

PERCENTAGE OF STUENTS FROM DIFFERENT COUNTRIES PROFICIENT IN ENGLISH




PRINCIPAL
 GOVT. DEGREE COLLEGE
 GAMBHIRAOPET-505304
 RAJANNA SIRCILLA (DIST) T.S.

REASONS TO LEARN ENGLISH

The following are a few of the most common reasons why people around the globe learn English.

- 1) People who speak English have more job opportunities. Business need employees who can communicate fluently with English speaking partners and clients.
- 2) In the U.S or other English speaking countries, people who can't speak English are at a real economic disadvantage.
- 3) English is language of science and technology. English speakers have more opportunities to work with others in these fields.
- 4) English makes it easier to travel because English is spoken as first or second language in so many different countries.
- 5) English may not be the most spoken language in the world, but it is the official language in large number of countries.
- 6) Many of the world's top books and music are published and produced in English.
- 7) English makes us easy to understand from all over the world, easy to make friends with people from every corner in the world.
- 8) English opens doors for you to get good job.




PRINCIPAL
GOVT. DEGREE COLLEGE
GAMBHIRAOPET-505304
RAJANNA SIRCI (DIST) T.S.

BACKGROUND OF RESEARCH (HYPOTHESIS)

ENGLISH AS GLOBAL LANGUAGE

A global language acts as a “Lingua Franca”, a common language that enables people from diverse back grounds and ethnicities to communicate on a more or less equitable basis.

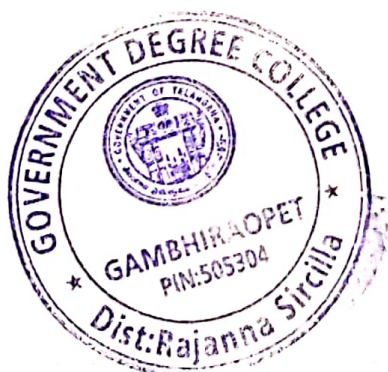
Many would reasonably claim that, in the fields of business, academics, science, computing, education, transportation, politics and entertainment.


English is already established as the de facto lingua franca. The UN declares that our global community currently uses five official languages, those are English, French, Spanish, Russian and Chinese.

The legacy of British imperialism has left many countries with the language thoroughly institutionalized in their courts, parliament, civil service, schools and higher education establishments. In other countries English provides a neutral means of communication between different ethnic groups.

NEED OF ENGLISH FOR ORAL COMMUNICATION

- 1) A Speech is the oral form of communication.
- 2) Without the oral form of communication the companies cannot interact with their customers.
- 3) The back-bone of oral communication is the language and the proper verbal exchanges.





PRINCIPAL
GOVT. DEGREE COLLEGE
GAMBHIRAOPET-505304
RAJANNA SIRCILLA (DIST) T.S.

To speak in a manner that has an impact on the audience, the speaker must:

- To have command over the language.
- To make sure that the quality of speech is good.
- To use the messages in the speech should be effective.
- To use words such that the audience does not lose interest behumorous at times.
- To use words that win over the minds of the audience.
- Never use offensive words.
- To make sure that the speech delivers the message to the audience that the speaker has the knowledge about the top.
- To use correct pitch.
- To be in clear voice and pronunciation.




PRINCIPAL
GOVT. DEGREE COLLEGE
GAMBHIRAOPET-505304
RAJANNA SIRICILLA (DIST)T.S.

OBJECTIVES

1) Self-consciousness in front of large groups

This is probably the most frequently named reason; people feel performance anxiety while speaking.

2) Fear of appearing nervous

For instance, if you see that a speaker is nervous, what do you think? It's probably, poor him or her !.....

3) Concern that others are judging you

The tough love message concerning this fear of public speaking, is that people really don't care about you.

4) Past failures

Public speaking phobia is often learned behavior. You failed at some point in an important or high-profile speaking situation, and the seed was planted.

5) Poor or insufficient preparation

If you haven't done your homework, you have no reason you should succeed. If that's the case, you have no one to blame but yourself.

6) Dissatisfaction with your abilities


This one is a legitimate concern for any speaker. You should feel dissatisfied if your skills are below par. But dissatisfaction can be an excellent spur toward improvement.

7) Comparing ourselves to others

Don't you dare! Your job is never to be an excellent speaker. Your task is to do your job well or pursue your passion, and interesting when you talk about it.

11 | Page




PRINCIPAL
GOVT. DEGREE COLLEGE
GAMBHIRAOPET-505304
RAJANNA SIRICILLA (DIST) T.S.

8) I'm embarrassed by foreign accent

Many non-native speakers of English think that their level of English is not good simply because they don't have a native speaker accent.

9) Pronunciation

It can be difficult to pronounce English words. When speaking English, you have to consider not just word pronunciation but the connections between the words in the sentence.

10) Confidence

If you feel nervous and are afraid of making a mistake when speaking English, then confidence is your problem.

METHODOLOGY

Primary Data:

For the purpose of this research, the primary data is collected through a self-administered questionnaire.

Secondary Data:

Some of the secondary data are used in this research are from journals, websites, articles, books and newspaper cuttings.




PRINCIPAL
GOVT. DEGREE COLLEGE
GAMBHIRAOPET-505304
RAJANNA SIRICILLA (D.T.S.)

RESEARCH QUESTIONS

This study is made in order to answer the research questions. The phobia of speaking English at various levels.

DATA ANALYSIS AND FINDINGS

1) I always feel that other students are speaking better than I do.

This statement also states that female respondents have higher phobia level compared to male, tending to agree with statement. The reason for these male students usually perceiving the situations positively so they have more confidence.

2) I am afraid that other students will have bad perception at me when I speak in front of class.

According to this statement we can say that females has more perception compared to male, and females have higher phobia levels

3) I'm afraid that my lecturers are ready to correct mistake I make.

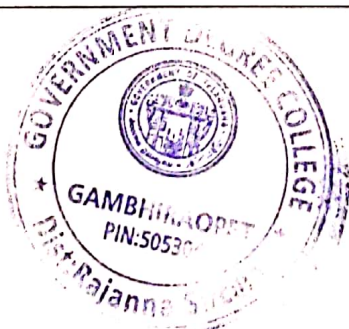
According to this statement students are embarrassed for being corrected in front of others. Meanwhile the male students only 16% are afraid of being corrected. Male students are usually not afraid of being corrected in front of others as they usually perceive it positively.

4) It embarrasses me to volunteer the class.


According to this statement the students who have the phobia behind speaking English they feel discomfort when they want to volunteer the class.

5) In class, I forget how to say things I have.

This statement clearly states that if we have the phobia of speaking English we are hesitated to say things as well as we feel to clarify our doubts.



13 | Page


PRINCIPAL
GOVT. DEGREE COLLEGE
GAMBHIRAOPET-505304
RAJANNA SIRICILLA (DIST) T.S.

6) *I never feel quite sure of myself when I'm speaking in class.*

This statement says that the students who lack the confidence they fear to say any lectures in the class. Lack of confidence is the main reason behind it.

7) *I tremble when I'm going to have to speak in English.*

This statement clearly says that in the class if we want to speak English we fear a lot because the students who are sitting in front of us will point out our grammatical mistakes.

8) *I start to panic and confused when I have to speak in English without preparation.*

According to this statement students who are lagging due to lack of self confidence and self consciousness will fear and most of them forget when they go on the Dias without fear.


9) *Even when I prepared to speak English I get nervous.*

This statement actually says that we are fully prepared. We will get nervous because we think that maybe I may not give correct pronunciations.

10) *I tremble a lot to talk/speak in English in public places.*

This statement means we are afraid a lot when speaking in public places because due to phobia of English and panic or nervousness that they may criticize to each and every mistake.




PRINCIPAL
GOVT. DEGREE COLLEGE
GAMBHIRAOPET-505304
RAJANNA SIRCILLA (DIST) T.S.

ANALYSIS -OPEN ENDED QUESTIONS

A) How do you feel exactly when you had to speak in English while communicating with other persons in front of a large group?

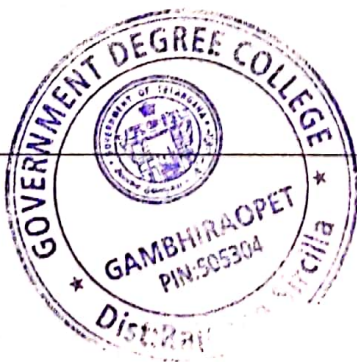
For better understanding, the researcher identified the causes given by the respondents through an open-ended questionnaire and the results were then tabulated into seven different causes of phobia and the causes identified are:

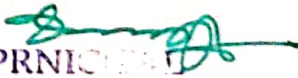
- 1) nervous/panic/shy
- 2) They rarely speak English
- 3) Afraid of audience
- 4) Poor in English
- 5) Speaking with people who are fluent in English
- 6) Lack of self confidence.
- 7) Afraid of perceptions of others

B) How do you feel when you forget to say things in class?

This question was developed in order to identify the phobia of students when they had to speak in English.

- 1) Nervous/panic/shy
- 2) They rarely speak English
- 3) Afraid of audience.
- 4) Poor in English language




PRINCIPAL
GOVT. DEGREE COLLEGE
GAMBHIRAOPET-505304
RAJANNA SIRCIlla (DIST)T.S.

C) How do you feel when you talk before your employed neighbour's moderately educated housewife?

This question was developed to test the knowledge of a moderately educated persons have more phobia of speaking English and suggested for spoken English training

D) How do you get information of flight at airport?

This question is developed to test the knowledge of a business person who frequently adapted to aviation.

We infer with this statement that so many business magnets depend upon other educated persons as they can't speak English.

IMPLICATIONS & RECOMMENDATIONS

To identify phobia of speaking English in the various levels of spectrum

In the classroom: phobia of speaking English can be reduced by conducting activities in the classroom.

I. INTERACTIVE SESSIONS

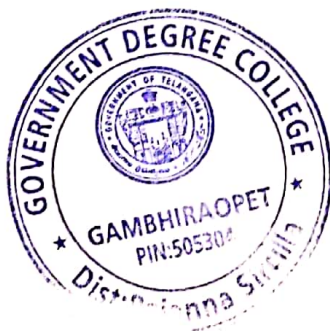
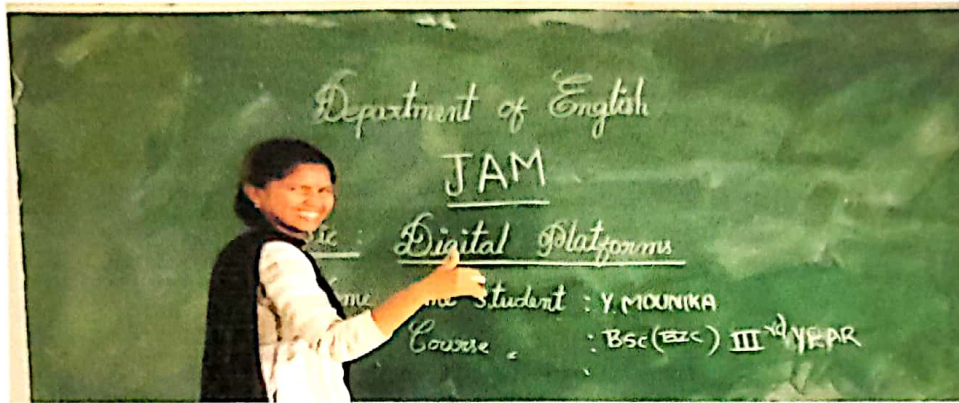
A) **JAM ACTIVITY:** JAM is aimed to test the quickness of the candidate in grasping & responding to a programme.



16 | Page




PRINCIPAL
GOVT. DEGREE COLLEGE
GAMBHIRAOPET-505304
RAJANNA SIRCILLA (DIST) T.S.



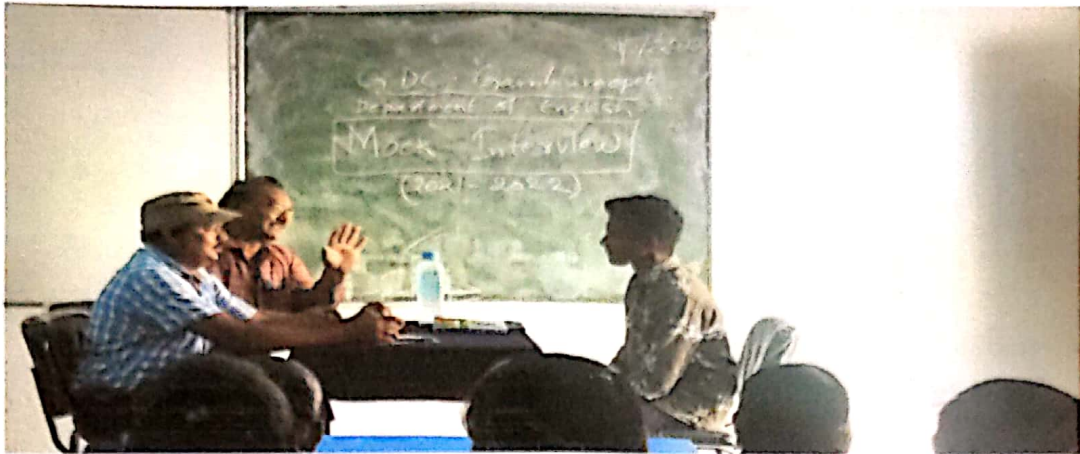

PRINCIPAL
GOVT. DEGREE COLLEGE
GAMBHIRAOPET-505304
RAJANNA SIRCILLA (DIST) T.S.

B) GD (GROUP DISCUSSION): enables the candidate to improve her skills.



[Signature]
PRINCIPAL
GOVT. DEGREE COLLEGE
GAMBHIRAPET-505304
RAJANNA BR. (DIST).S.

C) **MOCK INTERVIEW:** its main purpose is to point out ones weaknesses and guide them to bring perfection by rectifying those.

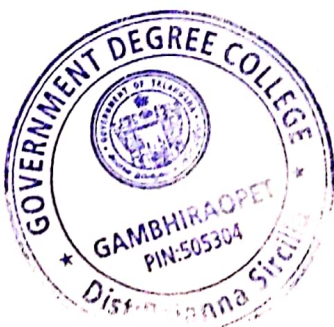



PRINCIPAL
GOVT. DEGREE COLLEGE
GAMBHIRAOPET-505304
RAJANNA SIRCILLA (DIST)T.S.

D) NEWS READING: It will enhance your knowledge about general information, language skills and vocabulary.



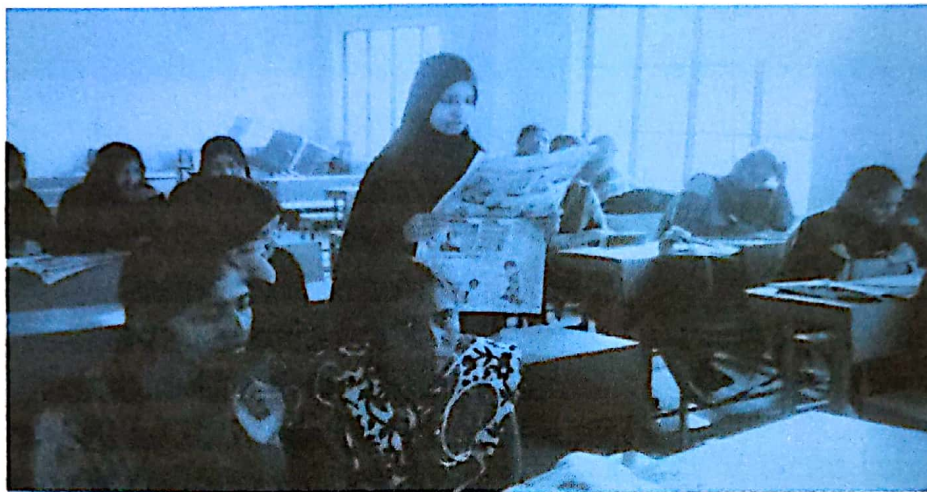
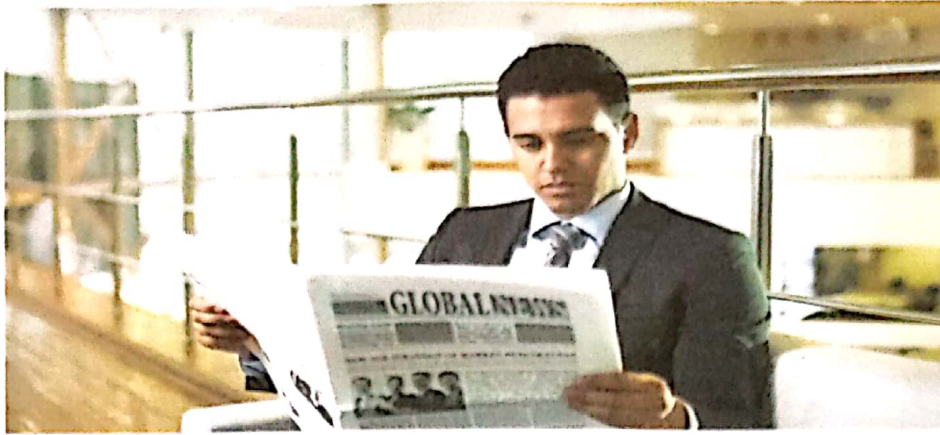
20 | Page



[Signature]
PRINCIPAL
GOVT. DEGREE COLLEGE
GAMBHIRAOPET-505304
RAJANNA SIRICILLA (DIST)T.S.

II. SELF LEARNING

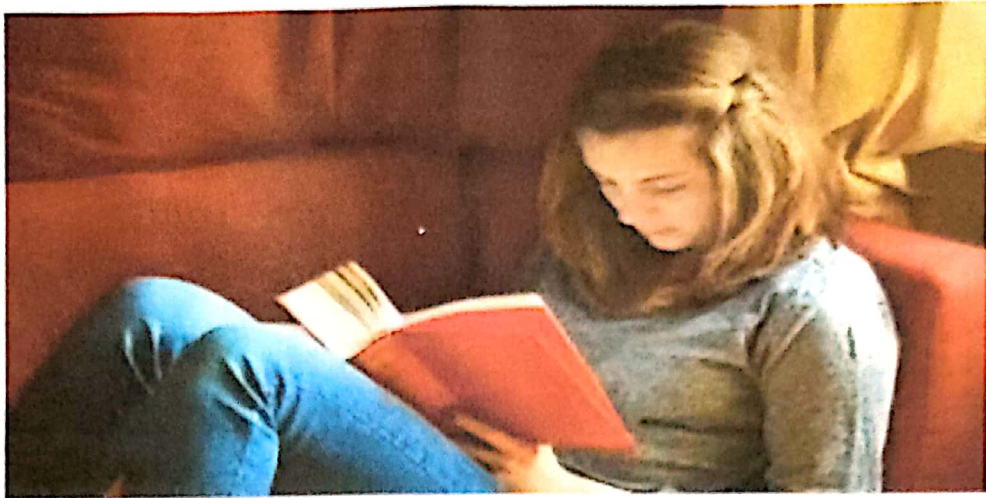
1) BY READING NEWSPAPER



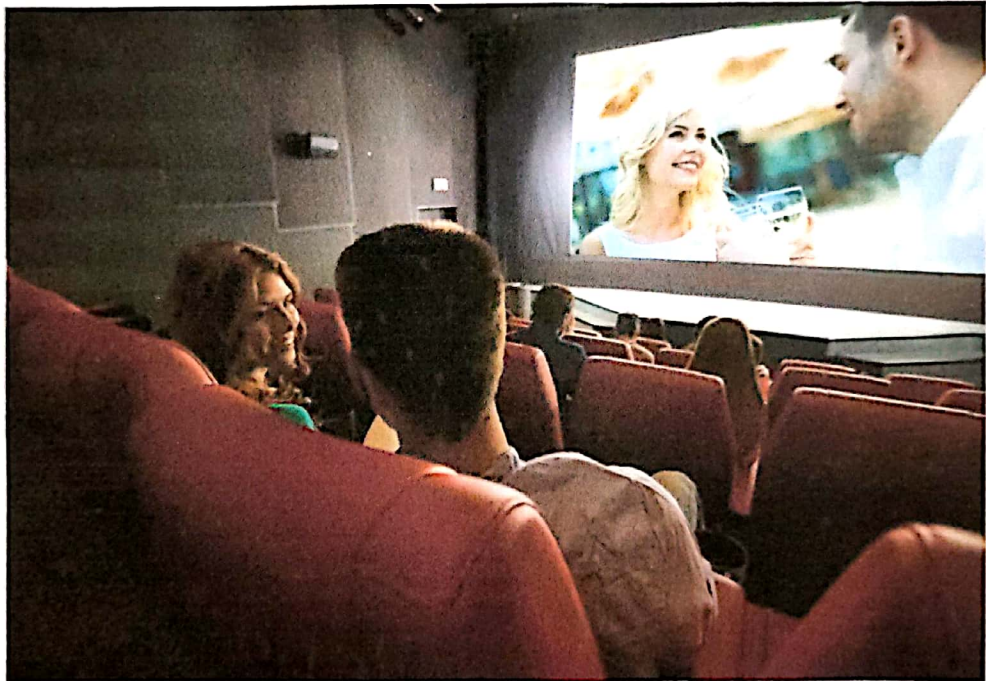
2) BY READING JOURNALS



3) BY READING NOVELS



4) BY WATCHING ENGLISH MOVIES



[Signature]
PRINCIPAL
GOVT. DEGREE COLLEGE
GAMBHIRAOPET-505304
RAJANNA SIRICILLA (DIST) T.S.

HOUSE WIVES:

Most of the housewives have phobia of speaking English before educated neighbor. They have the passion to speak English since they recognize the social status of English language.

CORPORATE SECTORS:

Most of the people get confused & feel anxious to get information in the enquiry in various corporate sectors such as banking, hospitals, educational institutions etc.

CONCLUSION

English Phobia is not a permanent one that will be continued forever. By practising, innovative, practical, self oriented, self determined, self planned, and situational adaptations could defiantly deduce and reduce the phobia of English completely for enjoying lively English communication.

REFERENCES:

- In the spotlight – Janet E. Esposito.
- Learn English – Yogesh Kumar.
- Phobia free – Harold Levinson.
- Practical every day English – Steven Collins.
- The quick & easy way to effective speaking - Dale Carnegie.
- Feel the fear & do it anyway – Susan Jeffers.




PRINCIPAL
GOVT. DEGREE COLLEGE
GAMBHIRAOPET-505304
RAJANNA SIRCIILLA (DIST) T.S.

