

Date: 26-05-2022


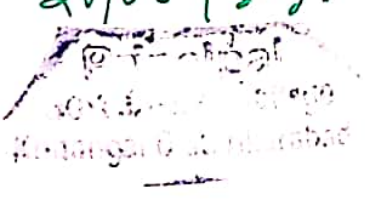
To,  
The Principal  
Government Degree College,  
Kodangal, Vikarabad dist.

Sir,

Sub: Requisition to permit – for the identification of blood group and percentage of Haemoglobin to our students by Health Department – Kodangal –Request Regarding.

As per the subject stated above I, Ramesh, Lecturer in Zoology would like to bring to your notice that as part of the best practice Department of Zoology is planning to organise a programme to identify the blood group and Haemoglobin percentage cheekup to the students. 26-05-2022  
AT 2:00 P.M.

Kindly give permission.

  
26/05/22.  


your's faithfully  
Ramesh

Dept. of Zoology  
Department of Zoology  
Govt. Degree College, Kodangal  
Vikarabad Dist. 509338

2021-2022

1. Title of the Best practice: Health profile.

2. objective of the practice: According to the Health world health organization (WHO), the goal of public health is to prevent disease, promote health and prolong life among the population as a whole.

=> To develop the health attitudes.

=> To eradicate the disease through health drive programmes.

=> To provide a healthful environment for physical and mental growth.

=> To improve the general conditions of living in the community.

=> To instruct the children and youth so as to conserve and improve their own health.



Principal  
Deen College  
V. V. V. V. V.

**The context:** Context involves the many factors that influence a person's life, from the biology of interacting diseases (or) treatments to the values and life goals of the individual and family; the health and functioning of family and friend caregivers and relevant health care systems factors community resources and policies.

Such interventions are sensitive to context, by which we mean by any feature of the circumstances in which an intervention is conceived, developed, implemented and evaluated.

**The practice:** According to the WHO the goal of public health is to prevent disease, promote health and prolong life among the population as a whole.

• In the higher education our government degree college Kodungalumpattu education to both girls and boys the girl students are especially anaemic & below average % of Hb due to their low intake of balanced diet.

The health profile was prepared and distributed to the students of all groups they were then instructed & explained to fill all the columns & submit to Incharge lecturer Ramesh (Dept. of Zoology) then the students were allotted slots & taken to the community centre where their blood collected and tested. The lab incharge gave the reports on next day.

**Evidence of success:** Regarding the success of the practice and results. The practice was very much beneficial to the girls students especially because after maintaining the report it was detected

2021-2022

That about 60% of them very fond to be anaemic and 10% very anaemic. The result indicate that the students need to improve their physical health and initiate initiatives in this regard, consult the physician & dietician awareness programme was also arranged in the college emphasizing on the food items which enhance their Hb%. The same was also explained to their parents/Guardians.

### Problems encountered:

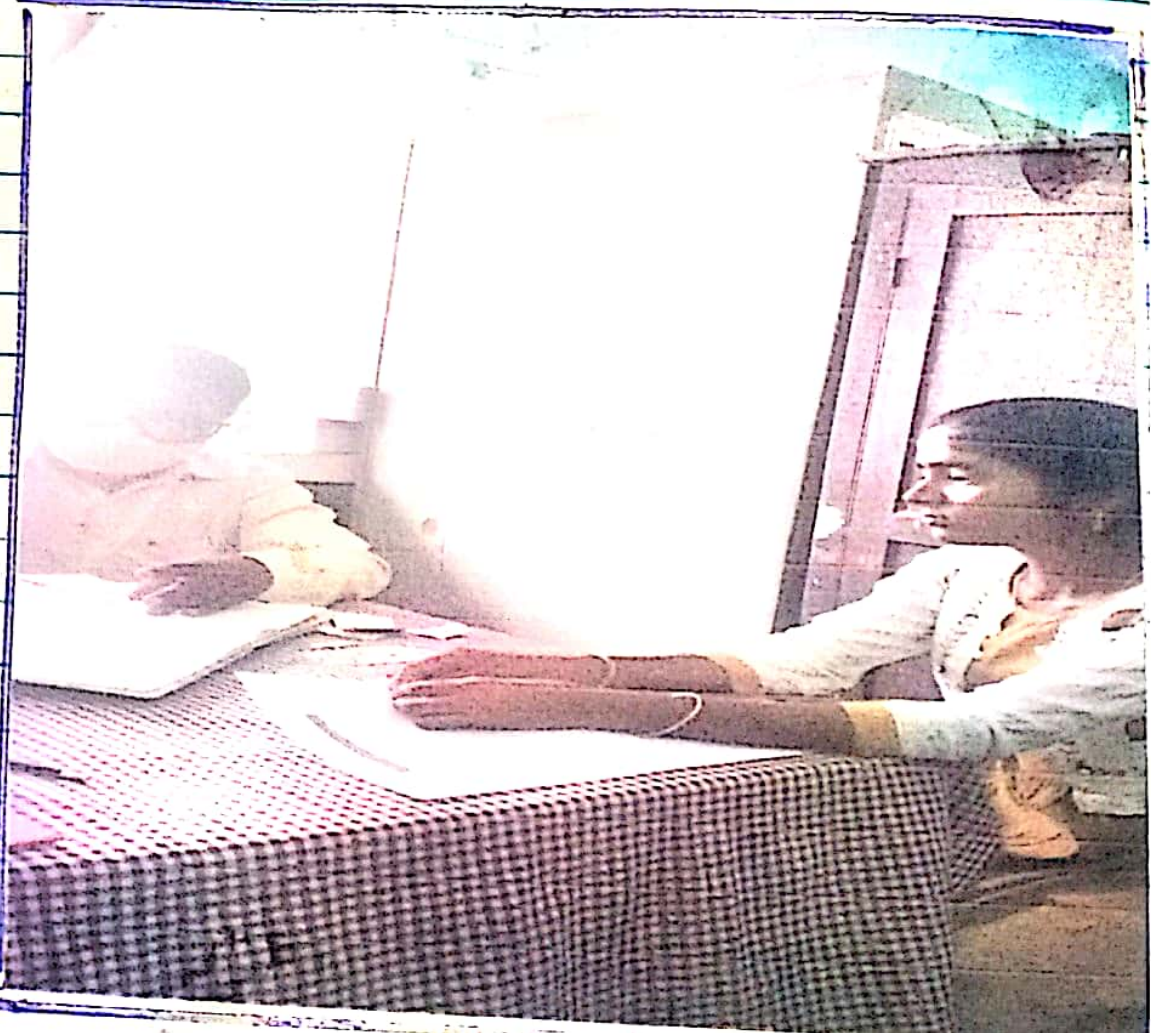
Counseling the students for a health drive and filling the health profile was a task. Health profile was prepared and explained to the students about its importance in practice the students were reluctant & hesitated to fill the profile expecting any violation of privacy.

The students were then explained that such any privacy will be protected. Gathering the students & taking them to the govt community health centre the next challenge was taking permission and allocation of the slot for C.B.P and Hb% from the sp superintendent and concerned lab incharge.

Finally students were prepared mentally and tested in health centre.

Dr. Jyoti Vaidya  
Department of Zoology  
Govt. Degree College, Kodangal  
V.K.B. District - 333

Principal  
Govt. Degree College  
Kodangal, Dist. V.K.B.



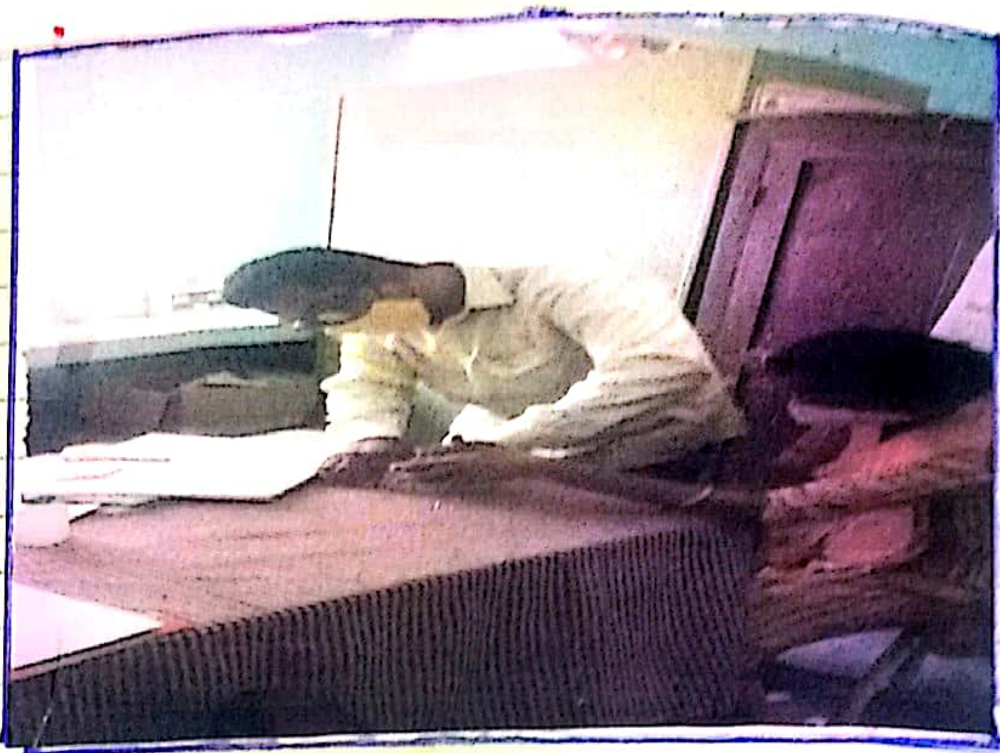


*Ravi*  
 Department of Zoology  
 Govt Degree College - Kodangal  
 Kottayam - Dist: 509338

*[Signature]*  
 Principal  
 Govt Degree College  
 Kodangal, Dist. Varkala

72

Best Innovation 2021-22



Department of Technology  
Govt. Degree College  
Vijayawada

Kodangal - VEBC Dist  
12.5.19



**GOVERNMENT DEGREE COLLEGE**

**KODANGAL, VIKARABAD (DIST)**



**HEALTH PROFILE FOR STUDENTS**

**DEPARTMENT OF ZOOLOGY**

PERSONAL INFORMATION

ISSUED BY, INCHARGE *P. Bhanu*

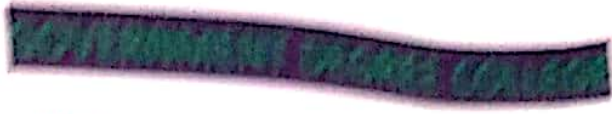
Name	Poddani Bhavani
Mother Name	Rukmini
Father Name	Shashidhar
Date Of Birth	15-06-2002
Id Number/HT.No	19033016445009
Class/Year	Bsc (BZ) E/M III year
Blood Group	
Percentage Of Haemoglobin	8
Home Address	Kosgi
Cell No	9392486388
Health Questionnaire	-
Suffering From any Health Issues, Profile	No
Family History Of Any Diseases	No
Allergies	No
Medications If Any	-
Any Other Information	-

21/05/22  
P. Bhavani 20/12/21  
=> HB - 8.7 g/dl.  
PS  
-T

*Bhavani*  
Signature of the Student

Supervisor Signature  
**Principal**  
Govt. Degree College  
Kodangal, Dist. Vikarabad





KODANGAL, VIKARABAD (DIST)

WOLLEGADE PRADEEP R. DEVA SIDDHARTHA



DEPARTMENT OF ZOOLOGY

STUDY OF ANIMAL KINGDOM

REPTILES AND AMPHIBIANS

Class	B.A. POLITICAL SCIENCE
Section	VI
Roll No.	101010101010
Name of the student	WOLLEGADE PRADEEP R. DEVA SIDDHARTHA
Registration No.	101010101010
Year of study	1 <sup>st</sup> YEAR
College Name	WOLLEGADE PRADEEP R. DEVA SIDDHARTHA
Address	KODANGAL, VIKARABAD, TELANGANA, INDIA
Mobile No.	9849444444
Parents' Name	
Address of Parents	
Mobile No. of Parents	
Signature	
Address of the student	
Mobile No. of the student	

*Handwritten notes on a pink sticky note:*  
 Reptiles and Amphibians  
 → 101010101010

Signature of the student

Principal  
Wollega Pradeep R. Deva Siddhartha  
Kodangal Dist, Andhra Pradesh



GOVERNMENT DEGREE COLLEGE

KODANGAL, VIKARABAD (DIST)



HEALTH PROFILE FOR STUDENTS

DEPARTMENT OF ZOOLOGY

PERSONAL INFORMATION

ISSUED BY, INCHARGE *P. S. S.*

Name	J.S. - Anilha
Mother Name	Padmamma
Father Name	-Anjilalah
Date Of Birth	21/05/2001
Id Number/HT.No	19033016945506
Class/Year	Bsc (B7C) III year
Blood Group	-A+
Percentage Of Haemoglobin	10.5
Home Address	Togapur
Cell No	9704341408
Health Questionnaire	-
Suffering From any Health Issues, Profile	no
Family History Of Any Diseases	no
Allergies	no
Medications If Any	-
Any Other Information	-

*Anilha*  
Signature of the Student

*[Signature]*  
Principal  
Govt. Degree College  
Kodangal Dist. Vikarabad



GOVERNMENT DEGREE COLLEGE

KODANGAL, VIKARABAD (DIST)



HEALTH PROFILE FOR STUDENTS

DEPARTMENT OF ZOOLOGY

PERSONAL INFORMATION

ISSUED BY, INCHARGE

*P. Soujanya*

Name	P. Soujanya
Mother Name	P. Govindamma
Father Name	P. Chakrasiah goud
Date Of Birth	10-4-2002
Id Number/HT.No	190330 016445549
Class/Year	BSc (BZC) III year
Blood Group	O+
Percentage Of Haemoglobin	6.5
Home Address	Dudyal
Cell No	8096016179
Health Questionnaire	-
Suffering From any Health Issues, Profile	No
Family History Of Any Diseases	No
Allergies	No
Medications If Any	-
Any Other Information	-

26/05/26

*P. Soujanya.*

→ Hb% - 6.5 - 98

*PS*  
/19

*P. Souji*  
Signature of the Student

Supervisor Signature  
Principal  
Govt. Degree College  
Kodangal, Dist. Vikarabad



GOVERNMENT DEGREE COLLEGE

KODANGAL, VIKARABAD (DIST)

HEALTH PROFILE FOR STUDENTS

DEPARTMENT OF ZOOLOGY



PERSONAL INFORMATION

ISSUED BY, INCHARGE *Rew*

Name	Banda. Tejavani
Mother Name	Manjula
Father Name	chandra shkeo
Date Of Birth	16-12-2001
Id Number/HT.No	19033016445003
Class/Year	BSC (B2C) III 2d year
Blood Group	
Percentage Of Haemoglobin	8.5
Home Address	H.No: 21-38/1 Shivaji chowk Kosgi. N.P.T. Telangana
Cell No	7207529150
Health Questionnaire	-
Suffering From any Health Issues, Profile	Pains
Family History Of Any Diseases	no
Allergies	no
Medications If Any	-
Any Other Information	-

21/05/22  
B. Tejavani 20/R  
→ HB - 8.5%  
PS  
1-7

*Tejavani*  
Signature of the Student

*[Signature]*  
Supervisor Signature  
Principal  
Govt Degree College  
Kodangal, Dist. Vikarabad



GOVERNMENT DEGREE COLLEGE

KODANGAL, VIKARABAD (DIST)

HEALTH PROFILE FOR STUDENTS

DEPARTMENT OF ZOOLOGY



PERSONAL INFORMATION

ISSUED BY, INCHARGE *Praveen*

Name	Mamtha. Navameetha
Mother Name	M. Lalitha
Father Name	M. Ramulu
Date Of Birth	16/04/2002
Id Number/HT.No	1903301644554
Class/Year	III year
Blood Group	-
Percentage Of Haemoglobin	8
Home Address	1-47 Mungimall, KOS
Cell No	9398488459
Health Questionnaire	-
Suffering From any Health Issues, Profile	No
Family History Of Any Diseases	No
Allergies	No
Medications If Any	No
Any Other Information	No

26/05/22  
M. Navameetha  
⇒ HO - 8-1. 9398488459  
PS  
HT

*Navameetha*  
Signature of the Student

*[Signature]*  
Supervisor Signature

Principal  
Govt. Degree College  
Kodangal, Dist. Vikarabad



GOVERNMENT DEGREE COLLEGE

KODANGAL, VIKARASAD (DIST)

HEALTH PROFILE FOR STUDENTS

DEPARTMENT OF ZOOLOGY



PERSONAL INFORMATION

ISSUED BY: INCHARGE

*[Signature]*

Name: *Hina Tabassum*

Mother Name: *Tabassum Begum*

Father Name: *Shajid Ali*

Date Of Birth: *1-01-2003*

Id Number/HT.No: *2003001645002*

Class Year: *Final 1<sup>st</sup> year*

Blood Group: *A<sup>+</sup>*

Percentage Of Haemoglobin: *5.5 Grams*

Home Address: *6-7E/10, Kodangal, Kottayam*

Cell No: *995225377*

Health Questionnaire: *-*

Suffering From any Health Issues Profile: *None*

Family History Of Any Diseases: *-*

Allergies: *-*

Medications if Any: *Yes*

Any Other Information: *-*

*[Handwritten notes on a pink sticky note]*

*09/01/2023*

*2003001645002*

*995225377*

*[Signature]*  
Signature of the Student

*[Signature]*  
Signature  
Department  
Gov Degree College  
Kodangal, Vikarabad



GOVERNMENT DEGREE COLLEGE

KODANGAL, VIKARABAD (DIST)

HEALTH PROFILE FOR STUDENTS

DEPARTMENT OF ZOOLOGY



PERSONAL INFORMATION

ISSUED BY, INCHARGE

*[Signature]*

Name	Sadiza
Mother Name	Shaheen Fathima
Father Name	MD. Khajapasha
Date Of Birth	28/08/2002
Id Number/HT.No	20033016445022
Class/Year	BSc [B.Z.C] II <sup>nd</sup> year
Blood Group	O <sup>+</sup> [Positive]
Percentage Of Haemoglobin	7 gms
Home Address	H.No 4-68, Kudurumalla, Doulthabad, Vikarabad.
Cell No	9676407804
Health Questionnaire	—
Suffering From any Health Issues, Profile	—
Family History Of Any Diseases	—
Allergies	—
Medications If Any	—
Any Other Information	—

27/05/22  
Sadiza  
⇒ Hb - 71.0 g/dl  
PS  
/ /

*Sadiza*

Signature of the Student

*[Signature]*  
Supervisor Signature  
Principal  
Govt. Degree College  
Kodangal, Dist. Vikarabad

Yuvatharangam a cultural literary fest celebrated in the college every year students participate with great enthusiasm and they perform their skills in cultural and literary events.

NSS volunteers will participate in camp, awareness programs will be conducted in the adopted village by them.

The college regularly organizes different activities for inculcating the values of tolerance harmony towards cultural diversities.

The college celebrates important national and International days, Independence day, Republic day, Gandhi Jayanthi, Basha Divas with great honor and respect. The college will organize various programs which creates the inclusive environment, integrity, fraternity in the minds of the students.

### 7.2.1 Describe two Best Practices

#### Best practice of the institution Department of Zoology

1. Title of the practice.

Preparation of Health profile to identify anemic- girls students.

2. Objectives of the practice.

- To identify the weak girls students
- To improve the health condition of girl students through health drive programmes
- To develop the health attitudes of girls students
- To instruct that students so as to improve and promote a healthy and prolovy life.

3. The context: the challenges / problems faced during the practice are:-

Convincing the students for a health drive and girls the health profile was a task health profile was prepared and explained to students were reluctant & hesitated to fill the profile expects any deviation of privacy. The students were then explained that such any privacy will be protected. Gathering the students & taking them to the Govt. Community health centre.

The next challenge was taking permission and allocation of the slot for CBP and Hb% from the superintendent and concerned lab incharge. Finally students were prepared mentally & tested in health centre.

Practice: according to the WHO the goal of public health is to prevent disease, promote health and prolong life among the population as a whole.

In the higher education our Government Degree College Kodangal imparts education to both girls & boys the girl students are especially anaemic & below average % of Hb due to their can intake of balanced diet.

*Royal*  
**Department of Zoology**  
Govt. Degree College- Kodangal  
Vikarabad Dist. 509338.

*[Signature]*  
**Principal**  
Govt. Degree College  
Kodangal, Dist. Vikarabad



The health profile was prepared and distributed to the students of all groups they were then instructed & explained to fill all the columns & submit to incharge lecturer Ramesh (Dept. of Zoology) then the students were allotted slots & taken to the community centre where their blood samples were collected & tested. The lab incharge gave the reports on next day.

Evidence of success: regarding the success of the practice and results. The practice was very much beneficial to the girl students, especially because after maintaining the report it was detected that about 60% of them were found to be anaemic & 10% very anaemic. The results indicate that the students need to improve their physical health and take initiatives in this regard, consult the physician & dietician awareness program was also arranged in the college emphasizing on the food items which enhance their Hb% the same was also explained to their parents/ Guardians.

Problems encountered:

Counseling the students for a health drive and filling the health profile was a task. Health profile was prepared and explained to the students about its importance in practice the students were reluctant & hesitated to fill the profile expecting any deviation of privacy.

The students were then explained that such any privacy will be protected. Gathering the students & taking them to the govt community health centre the next challenge was taking permission and allocation of the slot for C.B.P. and IID% from the superintendent and concerned lab incharge.

Finally students were prepared mentally and tested in health centre.

### Institutional Best practice- Botany

Title of the practice :- "Haritha Suraksha" adoption of plants by students.

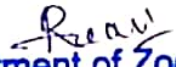
Objectives: 1. To make a green campus in adopting & protecting the plants in college premises.


2. appointing Haritha Suraksha mentors for conservation of plants.

3. QR code generation & tagging to each & every plant.

4. to make the students feel responsible for safe guards the nature & ecosystem.

Introduction:- Govt. of Telangana has launched " Haritha Haram" program in the year 2015, 3<sup>rd</sup> july by Hon'ble chief minister Kalvakuntla Chnadrashekar Rao garu. It is one of the unique flagship forest & nature to protect for threats such as excessive grazing encroachment smuggling & destruction.

  
**Department of Zoology**  
Govt. Degree College- Kodangal  
Vikarabad Dist.509338

  
Principal  
Govt. Degree College  
Kodangal, Dist. Vikarabad