

# PERSONAL PROFILE

Name : K.MALLESH  
Designation : Physical Director,  
Nagarjuna Government College,  
Nalgonda, Telangana.



## QUALIFICATION:

M.P.Ed : Acharya Nagarjuna University,Guntur,AP  
M.A (Pub Ad) : Dr.BRAOU,Hyderabad.  
A.P SET : Qualified, 2012  
QUALIFIED : Federation State Technical Officials Examination , Athletic Federation of India on 10-03-2012 at Guntur.

## ACADEMIC EXPERIENCE: 10 years

2009 to2013 : Physical Education Teacher  
2013 to Present : Physical Director  
Date of Appointment : 19-10-2009



- Received Certificate of Excellence in 2016-17 and 2018-19 for Conduct of State Level Tournaments from CCE, TS

## TRAINING PROGRAMMES ATTENDED:

- UGC Sponsored Orientation Programme held on from 06-02-2017 to 04-03-2017 in JNTU, Hyderabad .
- UGC Sponsored Refresher Course (Multi Culturalism) held on from 06-09-2017 to 26-09-2017 in MANUU, Hyderabad .
- NIPUNA- Nurturing Young leaders in Higher Education TWO- Day training programme held on 16<sup>th</sup> and 17<sup>th</sup> May 2016 in Hyderabad.
- BHAGYA- Health Initiatives and Adolescence THREE DAY Training Program held on 3<sup>rd</sup> to 5<sup>th</sup> may,2016 in Hyderabad .

## CONFERENCES ATTENDED:

- International Conference on Physical Education Sports and Fitness held on 27<sup>th</sup> to 29<sup>th</sup> January, 2017 in Kakathiya Medical College, Warangal,Telanga .
- International Conference on Physical Education Fitness and Sports Sciences 2017 held on 19<sup>th</sup> and 20<sup>th</sup> August, 2017 in Osmania University, Hyderabad.
- Global Conference on Physical Education and Sports Sciences -2018 held on 11<sup>th</sup> to 13<sup>th</sup> October,2018 in Acharya Nagarjuna University, Guntur,AP

## SEMINARS ATTENDED:

- UGC National Seminar on FITNESS-A WAY OF LIFE held on 3<sup>rd</sup> and 4<sup>th</sup> February,2016 in SVD Degree College For Women,Nidadavole, W.G Dt AP .

- UGC National Seminar on PHYSICAL EDUCATION 21<sup>ST</sup> CENTURY-RESEARCH PERSPECTIVE held on 11<sup>th</sup> and 12<sup>th</sup> july,2015 in Government Degree College, Nandikotkur Kurnool ,AP.

### **PUBLICATIONS :**

- International Journal of Health,Physical Education & Computer Science in Sports ISSN 2231-3265 –Effect of Interval Training on Selected Physiological Variables Among Junior College Boys
- Journal of National Association of Physical Education & Sports Sciences ISSN 2229-7049 -A Comparative Study of Abdominal Strength Among Boxers and Judo Players of Mahatma Gandhi University,Nalgonda,Telangana.
- Indian Journal of Physical Education and Allied Sciences ISSN 2395-6895 – The Injuries in Combative Sports and Preventional Methods.
- Indian Federation of Computer Science in Sports Journal of Physical Education & Sports Sciences ISSN 2229-7049 – Comparative Study of Agility Among Foot Ball and Hand Ball Players of Mahatma Gandhi University,Nalgonda,Telangana.

### **WORKSHOPS ATTENDED:**

- International Workshop on Yoga ,Physical Education & Sports Science - 2019, at Nizam College,Osmania University,Hyderabad Telangana . on 29<sup>th</sup> and 30<sup>th</sup> June - 2019
- International One Day Workshop on Individual Fitness at Kakathiya Medical College, Warangal,Telanga . on 26<sup>th</sup> January - 2017
- International One Day Workshop on Talent Identification at Kakathiya Medical College, Warangal,Telanga . on 26<sup>th</sup> January - 2017
- International One Day Workshop on Physical Activities in Schools and Exercise Science- 2017 at Osmania university Hyderabad,.
- International Workshop on Resent Trends in Physical Education and Sports Industry – 2016 at FTAPCCI Bhavan,Red Hills,Hyderabad. On 26<sup>th</sup> and 27<sup>th</sup> June 2016.
- National Workshop of Physical Education yoga and Sports management- 2015 at Osmania university Hyderabad, on 27<sup>th</sup> and 28<sup>th</sup> December 2015.
- One Day work on Innovations in IT Enabled Services (MANA TV) Organized by CCE, Hyderabad 2015

### **ADDITIONAL CURRICULAR RESPONSIBILITIES:**

- Member Sports Board Committee Mahatma Gandhi University Nalgonda .
- Member Board of Studies (MPed) Mahatma Gandhi University Nalgonda.
- Attended as Coach and Manager Various Tournaments at Inter University and State Levels
- Attended as Tester to Conduct Physical Efficiency Tests For Entrance Test TSPECET
- Convenor College Discipline and Anti Ragging Committee
- Member College Compliance Committee

### **PARTICIPATED ACTIVITIES:**

- Clean and green,
- Harithaharam,
- Swatch Bharat/Swatch Telangana programmes in the college campus,



- AIDS Day rallies of awareness and importance of vote in Voter Day rallies,

**CONDUCTED ACTIVITIES:**

- Conducted State, Cluster, District and Intercollegiate level tournaments
- Conducted Intramurals for Students in various Games and sports Events in Every Year
- Organized National Sports Day
- Organized International Day of Yoga
- Organized Unarmed Combative techniques for Women(Self Defence Training)
- Organized Anti Ragging Campaigns
- Coaching for Physical Efficiency Test ;for Constable and Departmental jobs
- Conducted Intercollegiate, District, Cluster and State Level Sports Tournaments