



Tara Government College Sangareddy

(Autonomous)

Accredited "B" by NAAC

An ISO 9001: 2015 certified college

Career development- NSS

Awareness on Nutrition

The NSS units of the college conducted an awareness programme on nutrition on 8 September 2021. The programme officers Dr G. Jagadishwar, Dr. O. Padmaja and Sri Siddulu, Dr. K. Jyothi, Dr. Vijaya, Dr M. Manthaiiah and other teachers participated in the programme. After initial proceedings, principal, Smt. M. Praveena spoke about the importance of nutrition and choosing nutrition as a career. Dr. G. Jagadishwar explained about the importance of nutrition in our lives. Dr. O. Padmaja exhorted Do's and Don'ts of one's lunch. Dr. Vijaya explained Dr. K. Jyothi spoke about micro and macro nutrients. Dr. M. Manthaiiah explained language aspects of nutrition in telugu traditional meal.



J33G+VQR, Prashanth Nagar Colony, Balaji Nagar, Ahmed Nagar, Sangareddy, Telangana 502001, India

Sangareddy
Telangana
India

2021-09-08(Wed) 12:07(PM)

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District Registrar
Office Sangareddy
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Dr. Lalitha fertility &
Laparoscopic center
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