

GOVERNMENT DEGREE COLLEGE FOR WOMEN, SANGAREEDY



HEALTH CLUB



2021-2022

REPORT

Health Club is an association of students in college for taking care of everything that is necessary for keeping an individual healthy. Health club deals with activities for the students to possess good overall health which includes Mental health, Physical Health, Emotional Health, and Social health. As one of its programmes and activities aimed to this effect, it has been conducting aerobic exercises for the students.

VISION:

To develop sensitivity among students in particular and the community in general regarding health and nutrition, awareness and maintenance of a healthy life style.

OBJECTIVES:

- To sensitize the students about personal health care.
- To build capacity in terms of mental and physical aspects.
- To conduct Health checkup camps support and provide proper Health care guidance.

CONSTITUTION OF THE COMMITTEE:

Every year in consultation with faculty members, The Head of the institution constitute the Health committee to plan and execute Health Activities.

Given below is the committee constituted for the year 2021-2022.

<i>S.NO</i>	<i>Name</i>	<i>Position</i>
1	Dr. Humera Sayeed- Principal (FAC)	Chairperson
2	RoohiTarannum-Lect.In Mathematics	Convener
3	Juveria Fatima -BA III year	Student Member
4	K Laxmi -BSC MPCs III year	Student Member
5	Ashvini -BCOM III Year	Student Member

Presented below are the details of activities undertaken this academic year by the Health club which focused on promoting Health, hygiene and wellness of students.

<i>S.No</i>	<i>Date</i>	<i>Activity</i>	<i>Resource Person</i>	<i>Brief Report</i>
01	28-10-2021	Health awareness	Principal & Staff	Under Health Department Second wave of covid-19

				given lecture to students.
02	06-12-2021	Vaccination Camp	Vaccination Team Sangareddy	Covid-19 vaccination camp conducted in college 42 Students were vaccinated under this camp. First Dose
03	04-01-2022	Vaccination Camp	Vaccination Team Sangareddy	Covid-19 vaccination camp conducted in college 18 Students were vaccinated under this camp. First Dose
04	07-01-2022	General Awareness programme	Principal & Staff	Under Health Department conducted this programme on Health issue.
05	04-02-2022	World Cancer Day	M. Ayesha, Intern	Under health department conducted this programme ayesha given a lecture on cancer day students got valubale knowledge
06	14-02-2022	Covid-19 Test	N. Ayesha, Intern	Again conducted under health department this programme covid-19 test
07	19-03-2022	TB Awareness Programme	TB Consultant	Under health department conducted

				this programme TB awareness given lecture by TB Department from sangareddy. Students got valubale knowledge
--	--	--	--	---

IMPACT:

The students were made aware the health issues and the evidence was based on feedback collected from them. Many of them felt that these programme are highly effective and beneficial them.

CONVENOR

PRINCIPAL



Sangareddy, Telangana, India
J3FM+5HX, Shivaji Nagar, Sangareddy, Telangana 502001,
India
Lat 17.622849°
Long 78.084292°
04/02/22 02:18 PM





