

**GOVERNMENT DEGREE COLLEGE, BELLAMPALLY**

**DISTRICT: MANCHERIAL**

**TELANGANA STATE**

(Affiliated to Kakatiya University)



**DEPARTMENT OF ZOOLOGY**

**A BRIEF REPORT ON NATIONAL LEVEL WEBINAR CONDUCTED**

**Topic:** *Effective Life Management through Yoga and Life Skills*

*In the changing Environment*

**Organized on 15-07-2020**

Dt. 09-07-2020

To  
The Principal  
Government Degree College  
Bellampally  
Dist. Mancherial.

Sir,

Sub: Request for permission to conduct a Webinar on Yoga and Life skills-Department of  
Zoology, Req. Reg.

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In view of the present COVID pandemic, the department of Zoology wishes to enlighten the students about the importance of practicing Yoga and Life skills to cope up with the changing environment by conducting a National Level Webinar titled "Effective Life Management through Yoga and life Skills in the changing environment" on 15<sup>th</sup> July, 2020 through Google meet (Online mode). Kindly permit me.

Thanking you sir

Yours sincerely



P.SREE LATHA

Asst. Professor of Zoology

## A Brief Report

**Title:** Effective life Management through Yoga and Life Skills in the changing environment

**Date:** 15<sup>th</sup> July, 2020

**Time:** 11:00 a.m. to 12 Noon (extended till 1:00 p.m.)

**Organizers:** Department of Zoology (Under the guidance of IQAC)

**Objective:** The main objective is to elaborate the positive effects that can be achieved through practice of Yoga, the most prominent being mental hygiene and emotional stability to face dualities of life with equanimity.

**Mode:** Online through Google meet

**Name and address of the Resource Person:** Smt. A. Meenakshi, M.A. (English, SET qualified), M.Sc. (Yoga, NET qualified), Asst. Prof. of English, GDCW, Karimnagar.

**Participant's Profile:** A total of 197 participants from various categories like faculty and students from various degree colleges, colleges of Technical Education, Teacher Education, UG and PG colleges, parents etc.

**Description of the programme:** For the inaugural session, Dr. V. Chakrapani, the principal, Identified Degree College, Mancherial has participated as chief guest. In his address he emphasized the role of Yoga and life skills in maintaining good physical and mental health especially during COVID pandemic.

Dr. Jai Kishan Ojha, the principal, Model Degree College, Luxettipet has participated and addressed briefly how Yoga helps to manage stress and anxiety.

Later the resource person enlightened the gathering about the importance of Yoga and life skills in coping up with the life style disorders. He guided the students how they can overcome the ailments concerned with adolescence by practicing Yoga regularly.

Various components of Yoga like Suryanamaskaras, several asanas, Pranayama etc. were explained with the help of power point presentation.

The entire session was an interactive session and the speaker answered many queries raised by the participants.

Smt. JVR Archana, IQAC coordinator proposed vote of thanks.

The entire program was coordinated with the support of the principal, faculty of the college.

**Feedback:** All the participants have expressed their gratitude for creating awareness on the importance of Yoga and Life skills in maintaining good health.

**Future perspectives:** The department of Zoology looking forward to organize such awareness programs in order to create awareness on human health issues.

**Report submitted by:** Smt. P.SREE LATHA

**Designation:** Asst. Professor

**Department:** Zoology

**Address:** Government Degree College, Bellampally, Dist. Mancherial, Telangana

  
**PRINCIPAL,**  
Govt. Degree College,  
Bellampally-504 204,  
Dist. Mancherial (T.S.)

# INVITATION

Under the guidance of Internal Quality Assurance Cell,  
the Department of Zoology is pleased to announce

## A NATIONAL LEVEL WEBINAR

ON



Effective Life Management  
through Yoga & Life Skills in  
Changing Environment”



The main objective of this webinar is to elaborate the positive effects that can be achieved through practice of Yoga, the most prominent being mental hygiene and emotional stability to face dualities of life with equanimity



Date & time:

15th July 2020.  
11:00 A.M to 12  
Noon (IST).



Resource Person:

Smt. A.Meenakshi M.A  
English SLET, M.Sc Yoga NET  
Asst.Professor of English  
GDCW, Karimnagar

Platform: Google Meet

**GOVERNMENT DEGREE COLLEGE, BELLAMPALLY**

Dist: Mancherial, Telangana



Department of ZOOLOGY



**GOVERNMENT DEGREE COLLEGE, BELLAMPALLY**

DIST:Mancherial ,Telangana

**CERTIFICATE OF PARTICIPATION**

**This is to certify that T.Sathish , GDC,CHENNOOR ,Dist.MANCHERIAL has attended the national level webinar titled "A Webinar on Effective Life Management through Yoga and Life Skills in the Changing Environment", organised by Department of Zoology (Under the guidance of IQAC), GDC , BELLAMPALLY on 15th July, 2020.**



Department of ZOOLOGY



**GOVERNMENT DEGREE COLLEGE, BELLAMPALLY**

DIST:Mancherial, Telangana

**CERTIFICATE OF APPRECIATION**

**This is to certify that Smt. A. Meenakshi, M.A. (English, SLET qualified), M.Sc. (Yoga, NET qualified), Asst. Prof. of English, GDCW, Karimnagar, has attended and delivered a noteworthy lecture as Resource Person in National level Webinar titled "A Webinar on Effective Life Management through Yoga and Life Skills in the Changing Environment", organised by Department of Zoology (Under the guidance of IQAC), GDC, BELLAMPALLY on 15th July, 2020.**

**Convenor**

**COORDINATOR**

**Principal**

Welcome Dear Participants,

Under the guidance of Internal Quality Assurance Cell, the Department of Zoology, GDC, BELLAMPALLY is pleased to announce a Webinar on

“Effective Life Management through Yoga & Life Skills in Changing Environment”.

Objective:

We all know that Yogic Science is gaining credibility internationally and proposal to induct it into educational curriculum is also being considered.

The main objective of this webinar is to elaborate on the positive effects that can be achieved through practice of Yoga, the most prominent being mental hygiene and emotional stability to face dualities of life with equanimity

Date:

15th July 2020.

Time: 11:00 A.M to 12 Noon (IST).

Resource Person:

Smt. A.Meenakshi

M.A English SLET M.Sc Yoga NET

Asst.Professor of English

GDCW, Karimnagar

Platform: Google Meet

Registration link:

<https://docs.google.com/forms/d/e/1FAIpQLScUkujgqEPD4xSqWNJcw8-WjP1TO85-yIUQa7JfmV7tUFaxCA/viewform>

Whatsapp Group link:

<https://chat.whatsapp.com/Eui5RhZtPri4CkTA2q8MPI>

E-CERTIFICATE

Active Participants will be given E-Certificates.

Stay Home, Stay Safe.

Thank You!!!

*Dr. S. S. S. S.*  
S/o Dept. of Zoology

*H. H. H. H.*  
**PRINCIPAL**  
Govt. Degree College  
Bellampally-504 201  
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2020/07/11 8:41:12 PM GMT+5:30	ravipudari7@gmail.com	Pudari Raviteja	ALPHORES JR COLLEGE	8885810601	Student

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2020/07/11 10:41:30 PM GMT+5:30	shailaja.kodli@gmail.com	SHAILAJAKODLI	SHAILAJAKODLI	SHAILAJAKODLI	GVERNMENT DEGREE COLLEGE, LUXETIPEET	9177733678	Faculty
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2020/07/12 7:55:34 AM GMT+5:30	santhikumargoud@gmail.com	SHANTHI KUMAR A	SHAILAJAKODLI	SHAILAJAKODLI	Gort Degree College Bellampally	9912567457	Other
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2020/07/12 8:14:19 PM GMT+5:30	gaddamanuj99@gmail.com	Gaddam. Anjali	SHAILAJAKODLI	SHAILAJAKODLI	Gort degree college, Luxetipet	8106158051	Student
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2020/07/12 8:37:40 PM GMT+5:30	sridevi.kodakandla@gmail.com	SRIDEVI K	SHAILAJAKODLI	SHAILAJAKODLI	Government Degree College, Chennaior	9701197764	Faculty
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2020/07/13 5:57:36 AM GMT+5:30	lalithadaksasha@gmail.com	S LALITHA DAKSHAYANI	SHAILAJAKODLI	SHAILAJAKODLI	St Ann's Degree college for women	98448722521	Faculty
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2020/07/13 3:38:38 PM GMT+5:30	sri.darlapud79@gmail.com	Dr. Darlapud. Sivaramakrishna,	SHAILAJAKODLI	SHAILAJAKODLI	M.R.Govt. Sanskrit College, Vizianagaram	8374131985	Faculty
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2020/07/13 4:08:31 PM GMT+5:30	kshalini898@gmail.com	Koneti Shalini	SHAILAJAKODLI	SHAILAJAKODLI	Gdc kodur	9963410546	Faculty
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2020/07/13 4:31:10 PM GMT+5:30	dr.v.ravishekar2014@gmail.com	Dr. V. Ravishekar	SHAILAJAKODLI	SHAILAJAKODLI	GORT Degree college , Nandyala	9398464767	Faculty
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2020/07/14 2:32:31 AM GMT+5:30	karasakirana21@gmail.com	Karla Saikiran	SHAILAJAKODLI	SHAILAJAKODLI	Pingrove Junior college	9398872331	Student
2020/07/14 12:40:36 PM GMT+5:30	kishoreekunaramanapidipelly@gmail.com	M.KISHORE KUMAR	SHAILAJAKODLI	SHAILAJAKODLI	G. D. C. MANCHERIAL	7013978446	Faculty
2020/07/14 1:35:15 PM GMT+5:30	anupamavenus99@gmail.com	K. Sreedhaya	SHAILAJAKODLI	SHAILAJAKODLI	Neelam Sanjeev Reddy College of Education, V. Campus	9989285057	Student
2020/07/14 2:10:55 PM GMT+5:30	anupamavenus99@gmail.com	K. Sreedhaya	SHAILAJAKODLI	SHAILAJAKODLI	Zphs Krishnajiwadi kmr	9885974025	Other
2020/07/14 7:01:04 PM GMT+5:30	jana.durgam78@gmail.com	DURGAM YASWANTH KUMAR	SHAILAJAKODLI	SHAILAJAKODLI	Sri chaitanya	9490028048	Student
2020/07/14 7:03:10 PM GMT+5:30	jana.durgam06@gmail.com	D yaswanth kumar	SHAILAJAKODLI	SHAILAJAKODLI	Sri chaitanya	9490028048	Student
2020/07/14 7:04:59 PM GMT+5:30	rajithulalnaruna2@gmail.com	Mrs.Rajitha tungani	SHAILAJAKODLI	SHAILAJAKODLI	Gort degree College Mahadevur	798368165	Faculty
2020/07/14 7:10:42 PM GMT+5:30	raj42648@gmail.com	Dr. Porika Raju	SHAILAJAKODLI	SHAILAJAKODLI	Government degree college, mahadevur	9849403237	Faculty
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2020/07/14 8:16:55 PM GMT+5:30	chivuliva2009@gmail.com	Dr. D. Radhika,	SHAILAJAKODLI	SHAILAJAKODLI	Government degree college, Bellampally, Mancheral,	9440204580	Faculty
2020/07/14 8:22:34 PM GMT+5:30	chivuliva2009@gmail.com	Dr. D. Radhika,	SHAILAJAKODLI	SHAILAJAKODLI	Government degree college, Bellampally	9440204580	Faculty
2020/07/15 6:24:00 AM GMT+5:30	sadmeka.lalitha@gmail.com	SADMEKA LALITHA	SHAILAJAKODLI	SHAILAJAKODLI	Government degree college, Bellampally	9652134812	Faculty

2020/07/15 6:46:30 AM GMT+5:30	s.comphd@gmail.com	Kampally Shanker	Govt Degree College BEMPALU DISTRICT MANCHERLA	9952969975	Faculty
2020/07/15 7:27:36 AM GMT+5:30	dupsingh.lakavath@gmail.com	Dr.Dupsingh,Lakavath	Government Degree college, Staphamandi, Hyderabad	9490958834	Faculty
2020/07/15 7:49:43 AM GMT+5:30	arvindadegopula@gmail.com	TAD	Gd	929276160	Faculty
2020/07/15 7:53:11 AM GMT+5:30	muskenregtarana@gmail.com	MUSHKE MEGHAMALA	SR&BGR GOVT ARTS & SCIENCE COLLEGE (A),KHAMAMAN	8341346144	Faculty
2020/07/15 7:58:21 AM GMT+5:30	Gopimekala1963@gmail.com	Mekala gopal	Gdc Bellampally	9440549760	Faculty
2020/07/15 10:23:21 AM GMT+5:30	drpcmani@gmail.com	Dr.V.Chakrapani	Govt Degree College,Mancherial	9849558058	Other
2020/07/15 10:25:36 AM GMT+5:30	samatha.meesaragana@gmail.com	Dr.M.,Samatha	Government Degree College	9440466671	Faculty
2020/07/15 10:33:01 AM GMT+5:30	kishorekumaramidipelly@gmail.com	M.KISHORE KUMAR	GDC MANCHERIAL	7013978446	Faculty
2020/07/15 10:34:34 AM GMT+5:30	kskhalin898@gmail.com	Koneti Shalini	Gdc kodur	9963410546	Faculty
2020/07/15 10:34:42 AM GMT+5:30	nanduriramabud69@gmail.com	NANDURI RAMBABU	Govt Degree & Pg College ,Bhadrachalam	9949064719	Faculty
2020/07/15 10:36:02 AM GMT+5:30	knjha2003@yahoo.co.in	Dr. Raj Kishan Ojha	Government Degree College, Luxettipet	9440036165	Faculty
2020/07/15 10:42:13 AM GMT+5:30	asp1529@gmail.com	K.Sreedhya	Neelam Sanjeev Reddy College of Education, V. V. Campus	9989285075	Student
2020/07/15 10:51:03 AM GMT+5:30	mukeshchandra3996@gmail.com	Gajelli Mukesh Chandra	Government degree College	9010803996	Student
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2020/07/15 10:56:06 AM GMT+5:30	g.vamsh0707@gmail.com	Vamsi krishna	Sr martin's engineering college	830084038	Student
2020/07/15 10:57:44 AM GMT+5:30	kramadevi1601@gmail.com	Yedla Ramadevi	Princeton institute of engineering technology for women	8309463781	Faculty
2020/07/15 10:58:20 AM GMT+5:30	NVK755vijunimma@gmail.com	Nirmala vijay kumar	Government degree college chennur	8978113880	Student
2020/07/15 11:00:20 AM GMT+5:30	saravpasha.md123@gmail.com	MD. Sarvar Pasha	Government degree college chennoor	7997055562	Faculty
2020/07/15 11:00:59 AM GMT+5:30	kumar.mudam6@gmail.com	MUDAM KUMARA SWAMY	GOVERNMENT DEGREE COLLEGE LUXETTIPET	9963104959	Faculty
2020/07/15 11:01:15 AM GMT+5:30	s.comphd@gmail.com	Kampally Shanker	GOVT DEGREE COLLEGE BEMPALU DISTRICT MANCHERLA	9952969975	Faculty
2020/07/15 11:08:12 AM GMT+5:30	thirupathi.1948@gmail.com	MEDA THIRUPATHI	GDC BELLAMPALLY	9347809013	Faculty
2020/07/15 11:11:09 AM GMT+5:30	maliahilp@gmail.com	JADI. MALIALAH	GOVERNMENT DEGREE COLLEGE, LUXETTIPET	9177717742	Faculty
2020/07/15 11:18:25 AM GMT+5:30	praganaprasanna@gmail.com	Kampelli Rama Raju	GOVERNMENT DEGREE COLLEGE	9603662789	Faculty
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2020/07/15 11:29:02 AM GMT+5:30	praganaprasanna@gmail.com	K. Rama Raju	Government degree college	9515217355	Student
2020/07/15 11:55:27 AM GMT+5:30	anjaneylv.k1983@gmail.com	K. Anjanevulu	S.R Government Arts and Science College,Karimnagar	9160366999	Faculty
2020/07/15 2:02:57 PM GMT+5:30	NVK755vijunimma@gmail.com	Nirmala vijay kumar	Government degree college chennur	8978113880	Faculty
2020/07/15 2:04:24 PM GMT+5:30	NVK755vijunimma@gmail.com	Nirmala vijay kumar	Government degree college chennur	8978113880	Student
2020/07/15 9:18:53 PM GMT+5:30	nith61@gmail.com	NITHESH K JOSE	Government degree college chennur	9347533647	Student
2020/07/16 11:47:41 AM GMT+5:30	nkv755vijunimma@gmail.com	Nirmala vijay kumar	Government degree college chennur	7903578927	Student
2020/07/20 1:04:18 PM GMT+5:30	svaramakrishna.darlapudi@gmail.com	Nimlaa vijay kumar	Government degree college chennur	8978113880	Student
2020/07/20 1:07:38 PM GMT+5:30	Vijayamakrishna2005@gmail.com	Dr.Darlapudi,Sivaramakrishna	M.R Govt.Sanskrit College, Vizianagaram	8374131985	Faculty
2020/07/20 1:07:49 PM GMT+5:30	Vijayamakrishna2005@gmail.com	ntelugu	Andhrauniversity	6281748609	Student
2020/07/21 11:33:21 AM GMT+5:30	trivi.pandur@gmail.com	Batna.vimalakumari	Andhrauniversity	6281748609	Student
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2020/07/15 7:55:41	pashamsrivid4@gmail.com	0.00 / 0	P.SREE LATHA	-- / 0	Government Degree College, Bellampally	-- / 0	Bellampally	-- / 0	The programme is very much useful and enlightened
2020/07/15 12:28:55	kshalin1898@gmail.com	0.00 / 0	Koneti Shalini	-- / 0	Gdc kodur	-- / 0	Kadapa	-- / 0	Gud
2020/07/15 12:29:09	shravakarid0@gmail.com	0.00 / 0	K.shraya	-- / 0	Singareni degree college	-- / 0	Mancherial	-- / 0	It was really a excellent programme
2020/07/15 12:29:13	trunagarvarshas590@gmail.com	0.00 / 0	T.Varsha	-- / 0	Girraj govt college	-- / 0	Nizamabad	-- / 0	Excellent
2020/07/15 12:29:47	jkoh2003@yahoo.co.in	0.00 / 0	Dr. Jai kishan Oha	-- / 0	Government Degree College, Luxettipet	-- / 0	Mancherial, Telangana state	-- / 0	Nice and useful webinar
2020/07/15 12:30:16	mallahip@gmail.com	0.00 / 0	JADL, MALLAIAH	-- / 0	GOVERNMENT DEGREE COLLEGE, LUXETTIPET	-- / 0	MANCHERIAL	-- / 0	Thank you madam Very useful opportunity and good information
2020/07/15 12:30:45	ssalaja@gmail.com	0.00 / 0	Dr. Sista Sailaja	-- / 0	Aurora's Degree & PG College	-- / 0	Hyderabad	-- / 0	Session was good
2020/07/15 12:31:06	chandrashekarpathi1978@gmail.com	0.00 / 0	Pathi Chandrashekar	-- / 0	Government Degree College,	-- / 0	Luxettipet	-- / 0	Very effective
2020/07/15 12:31:43	satyam.chetelia@gmail.com	0.00 / 0	CH.SATYAM	-- / 0	GDC, BELLAM PALLY	-- / 0	BELLAM PALLY	-- / 0	VERY GOOD.....Conduct once again madam.....all the best.....
2020/07/15 12:32:00	chantibabu.24@gmail.com	0.00 / 0	P CHANTI BABU	-- / 0	GOVERNMENT DEGREE COLLEGE	-- / 0	SALUR	-- / 0	Wonderful session conducted by you. Thank You.

2020/07/15 12:32:05 PM GMT+5:30	prasadn11@gmail.com	0.00 / 0	SINDOGI PRASAD	-- / 0	Retired government employee	Hyderabad	-- / 0	Good presentation. Few video clips against types of yogas could have benefited more.	-- / 0
2020/07/15 12:32:21 PM GMT+5:30	bheemarjunareddy@gmail.com	0.00 / 0	Malireddy Bheemarjuna Reddy	-- / 0	Government Degree College	HUZURNAGAR, DIST. SURYAPET	-- / 0	Very useful session	-- / 0
2020/07/15 12:33:17 PM GMT+5:30	allamsanjun@gmail.com	0.00 / 0	K.SANDHYA RANI	-- / 0	GOVERNMENT DEGREE COLLEGE LUXETTIPET	MANCHERIAL	-- / 0	very useful session..informative and we knew importance of yoga and various types of asana and how it will be helpful us...tnq .	-- / 0
2020/07/15 12:33:40 PM GMT+5:30	nandurirambabu69@gmail.com	0.00 / 0	NANDURI RAMBABU	-- / 0	GovtDegree & PG College,Bhadrachalam	Bhadrachalam	-- / 0	Excellent programme	-- / 0
2020/07/15 12:33:42 PM GMT+5:30	narmadasudha@gmail.com	0.00 / 0	BILLA NARMADA	-- / 0	GOVERNMENT DEGREE COLLEGE, LUXETTIPET	LUXETTIPET, DIST. MANCHIRIAL	-- / 0	Very nice session	-- / 0
2020/07/15 12:33:52 PM GMT+5:30	anaparthi.s.rao@gmail.com	0.00 / 0	ANAPARTHI SRINIVASA RAO	-- / 0	GOVERNMENT COLLEGE (AUTONOMOUS) K.C.S.Kasi Nadar College of Arts and science	Chennai	-- / 0	Good	-- / 0
2020/07/15 12:33:54 PM GMT+5:30	lavanayasikn@gmail.com	0.00 / 0	N.S.Lavanya, Asst Prof	-- / 0	College of Arts and science	Chennai	-- / 0	Excellent session	-- / 0
2020/07/15 12:33:57 PM GMT+5:30	bheemarjunareddy@gmail.com	0.00 / 0	Malireddy Bheemarjuna Reddy	-- / 0	Govt. Degree College	HUZURNAGAR, DIST. SURYAPET	-- / 0	Very good Lecture	-- / 0
2020/07/15 12:33:58 PM GMT+5:30	kavithareddygoPubMed2@gmail.com	0.00 / 0	GOPU.KAVITHA	-- / 0	GOVT DEGREE COLLEGE, LUXETTIPET	MANCHERIAL	-- / 0	Very useful and wonderful session	-- / 0
2020/07/15 12:34:00 PM GMT+5:30	anupamavenus99@gmail.com	0.00 / 0	ANUPAMA	-- / 0	Zpms krishnajwadi	Kamareddy	-- / 0	Program is very important and essential for this situation so we r very thankful to conduct the program	-- / 0

2020/07/15 12:34:05 PM GMT+5:30	potlapuvusrinivas@gmail.com	0.00 / 0	POTLAPUVU SRINIVASARAO	-- / 0	GOVERNMENT DEGREE COLLEGE, PALVANCHA	BHADRADE KOTHA GUDEM DISTRICT, TELANGANA STATE	-- / 0	Very Clear & Nice presentation	Excellent programme. Very informative.	-- / 0	Bhainsa	-- / 0	Awesome webinar	-- / 0	2020/07/15 12:35:04 PM GMT+5:30	arbashtalk13@gmail.com	0.00 / 0	Shaik Arbaz	-- / 0	Girra! Government college, Nizamabad	-- / 0	Bhainsa	-- / 0	Very usefull	-- / 0	2020/07/15 12:36:20 PM GMT+5:30	shrayakar10@gmail.com	0.00 / 0	Karla shraya	-- / 0	Smdc	-- / 0	Mancherial	-- / 0	Super	-- / 0	2020/07/15 12:36:59 PM GMT+5:30	balacnt@gmail.com	0.00 / 0	R.BALASUBRAMANIAN	-- / 0	C.N.POLYTECHNIC COLLEGE	-- / 0	CHENNAI	-- / 0	Nice Programme. Need of the hour.	-- / 0	2020/07/15 12:38:41 PM GMT+5:30	sarvapasha.md123@gmail.com	0.00 / 0	MD. SARVAR PASHA	-- / 0	Government degree college chennai	-- / 0	Chennai	-- / 0	Very useful and informative session	-- / 0	2020/07/15 12:39:11 PM GMT+5:30	kramadevi1601@gmail.com	0.00 / 0	Yedia Ramadevi	-- / 0	Princeton institute of engineering technology for women	-- / 0	Hyderabad	-- / 0	By practicing yoga, we improve our ourselves and we can concentration. Good explanation about Dharana, mudras, chakra and karmayoga. It is a good suggestion to practice yoga in the morning from 3 to 6am. thank you	-- / 0	2020/07/15 12:40:39 PM GMT+5:30	satyam.chetella@gmail.com	0.00 / 0	CH. SATYAM	-- / 0	GOVERNMENT DEGREE COLLEGE	-- / 0	BELLAM PALLY	-- / 0	ALL THE BEST MADAM.... TRY TO CONDUCT THIS WEBINAR	-- / 0
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# webinar on Effective Life Management through Yoga & LI

## Changing Environment

Timestamp	Email Address	Full Name	College Name
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07-10-20 19:14	thirupathi.economics@gmail.com	Moruputala. Thirupathi	Government Degree college chennoor District Mancherial
07-10-20 19:15	thirupathi.economics@gmail.com	Moruputala. Thirupathi	Government Degree college chennoor District Mancherial
07-10-20 19:22	thirupathidurgam84@gmail.com	DURGAM THIRUPATHI	Government Degree College Bellampalli
07-10-20 19:24	sarvarpasha.md123@gmail.com	MD. sarvar pasha	Government degree college chennoor
07-10-20 19:34	rajendarjanagama7032716414@gmail.com	Rajendar	Govt Degree college chennur
07-10-20 19:35	vaniathram.14@gmail.com	Athram vani	Govt. degree college luxettipet
07-10-20 19:36	prasadsnd11@gmail.com	SINDOGI PRASAD	Technocrat
07-10-20 19:39	rosemary.msc@gmail.com	Bylla Rosemary	Government degree college
07-10-20 19:41	janagamarajendar7032716414@gmail.com	Rajendar	Govt degree College chennur
07-10-20 19:41	shereshamothe@gmail.com	GODUGU SHIREESHA	Government Degree College, Chennoor
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07-10-20 19:45	janagamarajendar7032716414@gmail.com	Rajendar janagama	Govt degree college chennur
07-10-20 19:59	laxmanthagram0624@gmail.com	Thagaram Laxman	Government degree college chennur
07-10-20 20:00	laxmanthagram0624@gmail.com	Thagaram Laxman	Government degree college chennur
07-10-20 20:00	udutharajesh0499@gmail.com	UDUTHA RAJESH	GDC CHENNUR
07-10-20 20:02	rkveni06@gmail.com	R KRISHNAVENI	GDC KAGHAZNAGAR
07-10-20 20:10	thirupathi.economics@gmail.com	M. THIRUPATHI	Government Degree college chennoor District Mancherial

07-10-20 20:33	swapnavenkatesh2006@gmail.com	B. Venkatesham	Gdc kaghaznagar
07-10-20 20:40	sharadagirmala@gmail.com	Girnala sharada	GDC, Manthani
07-10-20 20:44	gangadharasangeetha85@gmail.com	Gangadhara sangeetha	Sri chittam Narsireddy Memorial Government Degree College Naravandeti
07-10-20 20:47	anaparthi.s.rao@gmail.com	ANAPARTHI SRINIVASA RAO	GOVERNMENT COLLEGE (AUTONOMOUS)
07-10-20 20:48	thallapallimohan198@gmail.com	Thalla Mohan	Bhavitha
07-10-20 20:49	khreddy71@gmail	Dr K Hanumanthareddy	SKP Govt college, Guntakal
07-10-20 20:52	prathapsrivella@gmail.com	S J M PRATHAP KUMAR	Government College for Women (A) Guntur
07-10-20 20:53	madhavadvkrishna@gmail.com	Madhava Krishna.Duddilla	GDC Kaghaz Nagar
07-10-20 20:54	chantibabu.24@gmail.com	P CHANTI BABU	Government Degree College SALUR
07-10-20 20:55	pashamsrilu4@gmail.com	P. SREE LATHA	Government Degree College Bellampally
07-10-20 20:59	waware.sumedh15@gmail.com	SUMEDH KASHINATH WAWARE	GRAMGEETA MAHAVIDYALAY A. CHIMUR. GONDWANA UNIVERSITY, GADCHIROLI
07-10-20 21:03	allamsanju@gmail.com	K.SANDHYA RANI	GOVERNMENT DEGREE COLLEGE LUXETTIPET
07-10-20 21:03	kshalini898@gmail.com	Koneti Shalini	Gdc kodur
07-10-20 21:04	orugantichennarao@gmail.com	O.CHENNARAO	JVR Govt College Sathupally
07-10-20 21:07	sarithapashikanti@gmail.com	P.saritha	SR& Degree college khammamBGNR
07-10-20 21:07	sivajanu9@gmail.com	Lagudu Siva	Government Degree College, Rajam
07-10-20 21:08	kommera.purna123@gmail.com	K PURNACHANDER	Government Degree College Chennai
07-10-20 21:08	sarithapashikanti@gmail.com	P.saritha	SR&BGNR Degree college khammam

07-10-20 21:09	kotashivakrishna@gmail.com	Dr. Shivakrishna Kota	Krishi Vigyan Kendra Bellampalli Mancherial Government Degree College Bellampalli
07-10-20 21:12	mukeshchandhra3996@gmail.com	GAJELLI MUKESH CHANDRA	C.V Raman P.G College, Mancherial Government Degree college (A), Tuni
07-10-20 21:13	jalandhar696@gmail.com	RANGA JALANDHAR	Government Degree College Siddhartha Degree College
07-10-20 21:13	aseervadamtadimalla@gmail.com	Dr Aseervadam Tadimalla	P.k.r.arts college for women
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07-10-20 21:28	Shiva.bot25@gmail.com	Ambeeni shiva kumar	Gdc Arts and Commerce Adilabad
07-10-20 21:31	krishnam411@gmail.com	V. Krishna Mohan	Gdc kagahnagar
07-10-20 21:33	ahmedhindi999@gmail.com	M.A.AHMED	Government Degree College, Rampachodavaram
07-10-20 21:33	swamymucha@gmail.com	Swamy mucha	Adikavi nannaya university msn campus kakinada
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07-10-20 21:36	drpremakumarikavala@gmail.com	DR. PREMA KUMARI KAVALA	MAUD
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07-10-20 21:40	dkgraoku@gmail.com	DARESHATTI KRISHNA GOPAL RAO	B.T college
07-10-20 21:42	jana.durgam78@gmail.com	DURGAM JANARDANA	ARS degree college jannaram
07-10-20 21:42	badribandari52@gmail.com	Baddirajam	
07-10-20 21:43	krishnaveni.bandib84@gmail.com	Bandi krishnaveni	
07-10-20 21:43	badribandari52@gmail.com	Baddirajam	
07-10-20 21:44			
07-10-20 21:44	Nishanth935@gmail.com	Mogili nishanth	Adikavi nannaya university msn campus kakinada

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07-10-20 21:50	Nishanth935@gmail.com	Nishanth Mogili	Adikavi nannaya university
07-10-20 21:50	shaikparveen102@gmail.com	SHAIK PARVEEN	Govt Degree college, Tiruvuru
07-10-20 21:59	shekaralluri8500@gmail.com	Alluri shekar	Govt degree College chennur
07-10-20 22:07	kambalalrishna1986@gmail.com	డాక్టర్ కంబాల మురళీకృష్ణ	ప్రభుత్వ డిగ్రీ కళాశాల, బెల్లంపల్లి, మంచీర్యాల జిల్లా
07-10-20 22:16	kavithareddygopu82@gmail.com	G.KAVITHA	GDC LUXETIPET
07-10-20 22:20	swathi.singarapu12@gmail.com	S.swathi	Government Degree College, Dubbak
07-10-20 22:20			
07-10-20 22:21	anupamavenus99@gmail.com	ANUPAMA	Zphs krishnajiwadi kmr
07-10-20 22:22	venugopalsharma1969@gmail.com	M VENUGOPAL SHARMA	Government degree college, Medak
07-10-20 22:23	venugopalsharma1969@gmail.com	M VENUGOPAL SHARMA	Government degree college, Medak
07-10-20 22:35	kasalanag@gmail.com	Dr. KASALA NAGESWAR RAO	SR & BGNR GOVT. ARTS & SCIENCE COLLEGE (A)
07-11-20 0:03	dk1325@gmail.com	Mrs Deepti Kanoujia	Bhavitha Degree College
07-11-20 5:11	shanthikumargoud@gmail.com	SHANTHI KUMAR A	
07-11-20 7:07			
07-11-20 7:08	nandurirambabu69@gmail.com	NANDURI RAMBABU	Gdc Bhadrachalam
07-11-20 7:58	anupamavenus99@gmail.com	ANUPAMA	Zphs krishnajiwadi kmr
07-11-20 8:01	anupamavenus99@gmail.com	ANUPAMA	ZPHA Krishnaji wadi
07-11-20 8:03	rathna1202@gmail.com	Rama Rathnamala	Govt Degree College, Mahabubabad
07-11-20 8:13	Induriprashanth123@gmail.com	Induri prashanth	Govt degree college chennur
07-11-20 8:14	shobharasakatta@gmail.com	R.Shobha Rani	GDC kukatpally
07-11-20 8:15	Induriprashanth123@gmail.com	Induri prashanth	Govt degree college chennur

07-11-20 8:15	s.compnd@gmail.com	Kampally Shanker	Government Degree college Bellampalli District Mandarival
07-11-20 8:17	chandrashekarpathi1978@gmail.com	Pathi Chandrashekar	Government Degree College, Luxettipet
07-11-20 8:21	yazhiniramparakash@gmail.com	I.RAMPRAKASH	BISHOP HEBER COLLEGE, TRICHY
07-11-20 8:24	srikrutha007@gmail.com	Boddu Elizabeth Rani	S. K. N. R. Govt Arts and Science college
07-11-20 8:28	vasamsrinuchem@gmail.com	Dr.vasam Sreenivas	Kakatiya Government College hanamkonda
07-11-20 8:36	bhaskarrasamalia3005@gmail.com	Bhaskar Rasamalia	Government degree college chennur
07-11-20 8:37	asamrajashekar@gmail.com	Rajashekhar Asam	Government degree college chennur
07-11-20 8:39	ramchander.merugu@gmail.com	Dr. Merugu Ramchander	Govt degree college Luxettipet
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07-11-20 9:49	raju42648@gmail.com	Dr.Porika Raju	Government degree college,mahadev pur
07-11-20 9:51	raju42648@gmail.com	Dr.Porika Raju	Government degree college,mahadev pur
07-11-20 10:02	raghunathkothapelly@gmail.com	K RAGHUNATH	Govt Degree college for sciences Adilabad
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07-11-20 10:29	Shravyakaria0@gmail.com	K.shravya	Singareni degree college
07-11-20 11:01	m. areshma 123@gmail.com	MA Reshma	Gdc Bellempalli
07-11-20 11:13	durga2906@gmail.com	DR M DURGA	Government arts college
07-11-20 11:22	swamynadhan.zoology@gmail.com	J. SWAMY	Krishnagiri Government Degree College
07-11-20 11:26	Jamunasreesh1@gmail.com	KUMARA JAMUNA	For Women Nalgonda S.V ARTS COLLEGE
07-11-20 11:57	mr.balguri@gmail.com	BALGURI MAHENDAR RAO	Government Degree College, Jammikunta, District. Karimnagar, Telangana
07-11-20 12:16	nalini.rachuru@gmail.com	RACHURU.NALINI	SIDDARTHA DEGREE COLLEGE
07-11-20 12:29	shailaja.kodli@gmail.com	SHAILAJAKODLI	Govt degree college for women hussainialam
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07-11-20 13:11	javeriya465@gmail.com	Javeriya Begum	Girraj govt college
07-11-20 13:13	tinagarivarsha590@gmail.com	T.Varsha	Girraj govt college
07-11-20 13:22	rajanikanthollala@gmail.com	RAJANIKANTH OLLALA	BHAVITHA DEGREE COLLEGE
07-11-20 14:09	Phirangipriyamvada@gmail.com	Phirangi Priyam vada	Kavitha Memorial Degree & P.G College
07-11-20 14:11	meenakshielt@gmail.com	A. Meenakshi	GDCW, Karimnagar
07-11-20 14:15	namameenakshi.123@gmail.com	Nama. Meenakshi	Government Degree College, Rampachodavaram
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07-11-20 15:10	lavanyasasikn@gmail.com	N.S.Lavanya	K.C.S.Kasi Nadar College of Arts and science
07-11-20 15:32	vanichemou@gmail.com	Vani kondaparthi	Kakatiya Government college, Warangal
07-11-20 16:06	drnariharasudhan@saec.ac.in	Dr.R.HARIHARASUTH AN	S.A.ENGINEERI NG COLLEGE POONAMALLE AVADI MAIN ROAD CHENNAI-77
07-11-20 16:11	thirupathi.1948@gmail.com	Meda Thirupathi	Gdc Bellampally
07-11-20 16:14	balacnt@gmail.com	R.BALASUBRAMANIA N	P.T.Lee C.N.POLYTECH NIC COLLEGE,CHEN NAI-7
07-11-20 16:17	Swaruparanishetti@gmail.com	Sai charan	GDC Palvancha
07-11-20 16:23	swaruparanishetti@gmail.com	swaruparanishetti	GDC PALVANCHA
07-11-20 17:25	chandirancnt@yahoo.com	S.Chandiran	P.T.Lee C.N.Polytechnic College
07-11-20 18:17	jiosewin@gmail.com	M.Josephin Jeya	P.T.Lee Chengalvaraya Naicker Polytechnic college
07-11-20 18:17	srisatcr@gmail.com	ANGADALA SRINU	GDC Bhadrachalam
07-11-20 18:18	srisatcr@gmail.com	ANGADALA SRINU	GDC Bhadrachalam
07-11-20 19:48	baskarnaik808@gmail.com	S BhaskarNaik	Svb gdc koil kuntla
07-11-20 20:41	rapipudari7@gmail.com	Pudari Raviteja	ALPHORES JR COLLEGE
07-11-20 21:24	swapnavenkatesh2006@gmail.com	B.Venkatesham	GDC kaghaznagar
07-11-20 22:41	shailaja.kodli@gmail.com	SHAILAJAKODLI	Govt degree college for women hussainialam
07-11-20 23:38	narmadasudha@gmail.com	BILLA NARMADA	GOVERNMENT DEGREE COLLEGE, LUXETIIPET
07-12-20 7:55	shanthikumargoud@gmail.com	SHANTHI KUMAR A	Govt Degree College Bellampalli
07-12-20 9:52	ymrao9@gmail.com	Dr. Yallapragada Malikarjuna rao	Hindu college, guntur.
07-12-20 10:56	ssailaja@gmail.com	Dr. Sistla Sailaja	Aurora's Degree & PG College

07-12-20 12:05	polaambica749@gmail.com	RAMAKRISHNA ERUKULLA	REDDY COLLEGE OF TEACHER EDUCATION, WES (OSMANIA UNIVERSITY)
07-12-20 14:09	asvp1529@gmail.com	AMBICA ERUKULLA	Dr. BRAOU, JUBIL EE HILLS, HYDERABAD
07-12-20 20:14	gaddamanju99@gmail.com	K. Sreevidya	Neelam Sanjeev Reddy College of Education, V. V. Campus, Hyderabad.
07-12-20 20:31	komurammeghanameghana@gmail.com	Gaddam. Anjali	Govt degree college. Luxettipet
07-12-20 20:37	sridevi.kodakandla@gmail.com	KOMURAM MEGHANA	Government degree college luxettipet
7/13/2020 1:07:36	Karanstudio5@gmail.com	SRIDEVI K	Government Degree College, Chennai
7/13/2020 1:07:46	kavidraw@gmail.com	M.KARUNANITHI	Nil
7/13/2020 5:57:36	lalithadaksha@gmail.com	S.SHIVAKAVITHAA	St Ann's Degree college for women
7/13/2020 9:59:58		S LALITHA DAKSHAYANI	Govt Degree Collage
7/13/2020 13:12:45	mohan.gajelly@gmail.com	Gajelly mohan	Govt Degree Collage
7/13/2020 13:12:54	mohan.gajelly@gmail.com	Gajelly mohan	M.R. Govt. Sanskrit
7/13/2020 15:38:39	srk.darlapudi79@gmail.com	Dr. Darlapudi. Sivarama krishna, Lecture in Telugu	College, Vizianagaram
7/13/2020 16:05:51	chandirancnt@yahoo.com	S. CHANDIRAN	P. T. Lee
7/13/2020 16:08:31	kshalini898@gmail.com	Koneti. Shalini	C.N. Polytechnic Collage
7/13/2020 16:21:31	shailaja.kodli@gmail.com	SHAILAJAKODLI	Gdc kodur
7/13/2020 16:24:27	shailaja.kodli@gmail.com	SHAILAJAKODLI	Govt degree college for women
			Govt degree college for women hussainialam



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7/13/2020 18:16:29	mahirock2324@gmail.com	P. mahesh	Govt degree college chennur
7/13/2020 21:05:45	jvrarchana@gmail.com	J.V.R.Archana	Government Degree college, bellampally
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7/14/2020 2:32:31	lakshmi22052001@gmail.com	LAKSHMI V	Nagarjuna college of engineering and technology
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7/14/2020 12:40:37	kishorekumarmamidipelly@gmail.com	M.KISHORE KUMAR	G.D.C. MANCHERIAL
7/14/2020 13:35:16	asvp1529@gmail.com	K. Sreevidya	Neelam Sanjeev Reddy College of Education, V. V. Campus, Hyderabad
7/14/2020 14:10:55	anupamavenus99@gmail.com	ANUPAMA	Zphs krishnajiwadi kmr
7/14/2020 19:01:05	jana.durgam78@gmail.com	DURGAM YASWANTH KUMAR	Sri chaitanya
7/14/2020 19:03:11	Jana.durgam06@gmail.com	D yaswanth kumar	Sri chaitanya
7/14/2020 19:05:00	rajithatungani82@gmail.com	Mrs.Rajitha tungani	Govt degree College Mahadevpur
7/14/2020 19:10:42	raju42648@gmail.com	Dr.Porika Raju	Government degree college,mahadev pur
7/14/2020 19:27:47	raju42648@gmail.com	Dr.Porika Raju	Government degree college,mahadev pur
7/14/2020 20:16:55	chidivila2009@gmail.com	Dr.D.Radhika.	Government degree college, Bellampally,
7/14/2020 20:22:24	chidivila2009@gmail.com	Devireddy Radhika	Mancherial. Government degree college Bellampally
7/15/2020 6:24:01	sadmeka.lalitha@gmail.com	SADMEKA LALITHA	Government degree college, Bellampally

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7/15/2020 11:01:00	kumar.mudam6@gmail.com	MUDAM KUMARA SWAMY	GOVERNMENT DEGREE COLLEGE LUXETTIPET
7/15/2020 11:07:15	s.comphd@gmail.com	Kampally Shanker	GOVT DEGREE COLLEGE BEMMPALLI DISTRICT MANCHERIAL
7/15/2020 11:08:12	thirupathi.1948@gmail.com	MEDA THIRUPATHI	GDC BELLAMPALLY
7/15/2020 11:09:19	mallaiahlp@gmail.com	JADI. MALLAIAH	GOVERNMENT DEGREE COLLEGE, LUXETTIPET
7/15/2020 11:18:25	pragananprasanna@gmail.com	Kampelli Rama Raju	GOVERNMENT DEGREE COLLEGE
7/15/2020 11:18:41	pragananprasanna@gmail.com	Kampelli Rama Raju	GOVERNMENT DEGREE COLLEGE
7/15/2020 11:29:03	pullurusavitha@gmail.com	Pulluru Savitha	Government Degree College Luxettipet
7/15/2020 11:29:04	Shravyakarla0@gmail.com	K.shravya	Smdc
7/15/2020 11:39:43	pragananprasanna@gmail.com	K. Rama Raju	government degree college
7/15/2020 11:55:27	anjaneyulu.k1983@gmail.com	K.Anjaneyulu	S.R.R Government Arts and Science College, Karimnagar
7/15/2020 14:00:51	Nvk755vijjunimmala@gmail.com	Nimmala vijay kumar	Government degree college chennur
7/15/2020 14:02:57	nvk755vijjunimmala@gmail.com	Nimmala vijay kumar	Government degree college chennur
7/15/2020 17:54:25	Nvk755vijjunimmala@gmail.com	Nimmala vijay kumar	Government degree college chennur
7/15/2020 21:18:53	nith61@gmail.com	NITHEESH K. JOSE	NEHRU ARTS AND SCIENCE COLLEGE ( AUTONOMOUS ), COIMBATORE
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7/15/2020 6:46:31	s.comphd@gmail.com	Kampally Shanker	GOVT DEGREE COLLEGE BEMMPALLI DISTRICT MANCHERIAL
7/15/2020 7:27:37	dupsinghlakavath@gmail.com	Dr.Dupsingh.Lakavath	Government Degree college, Sitaphalmandi, Hyderabad
7/15/2020 7:49:44	arvindtadagoppula@gmail.com	TAD	Gd
7/15/2020 7:51:48	arvindtadagoppula@gmail.com	TADAGOPPULA ARAVIND	GDC, CHENNUR
7/15/2020 7:53:18	muskemeghana@gmail.com	MUSHKE MEGHAMALA	SR&BGNR GOVT ARTS & SCIENCE COLLEGE (A). KHAMMAM
7/15/2020 7:58:21	Gopalmekala1963@gmail.com	Mekala gopal	Gdc bellampally
7/15/2020 10:23:22	drvcpni@gmail.com	Dr.V.Chakrapani	Govt.Degree College.Mancherial
7/15/2020 10:25:36	samatha.meesaraganda@gmail.com	Dr.M.Samatha	Government Degree College
7/15/2020 10:33:02	kishorekumarmamidipelly@gmail.com	M.KISHORE KUMAR	GDC MANCHERIAL
7/15/2020 10:34:34	kshalini898@gmail.com	Koneti Shalini	Gdc kodur
7/15/2020 10:34:43	nandurirambabu69@gmail.com	NANDURI RAMBABU	Govt Degree & PG College Bhadrachalam
7/15/2020 10:36:02	jkojha2003@yahoo.co.in	Dr. Jai kishan Ojha	Government Degree College, Luxettipet
7/15/2020 10:36:24	chandirancnt@yahoo.com	S.CHANDIRAN	P.T.Lee.C.N.Poly technic College
7/15/2020 10:42:14	asvp1529@gmail.com	K. Sreevidya	Neelam Sanjeev Reddy College of Education, V. V. Campus, Hyderabad
7/15/2020 10:51:03	mukeshchandhra3996@gmail.com	Gajelli Mukesh Chandra	Government degree College
7/15/2020 10:52:44	mukeshchandhra3996@gmail.com	Gajelli Mukesh Chandra	Sangamithra youth club
7/15/2020 10:56:06	g.vamshi007@gmail.com	Vamshi krishna	St martins engineering college
7/15/2020 10:57:45	kramadevi1601@gmail.com	Yedla Ramadevi	Princeton institute of engineering technology for women
7/15/2020 10:58:21	Nvk755vijjunimmala@gmail.com	Nimmala vijay kumar	Government degree college chennur

2020/07/15 12:40:52 PM GMT+5:30	shereshamothe@gmail.com	0.00 / 0	GODUGU SHIREESHA	-- / 0	Government Degree College Chennai	-- / 0	Mancherial	-- / 0	Thank you ma'am for the organized this programme it's very useful to my daily life	-- / 0
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2020/07/15 12:49:20 PM GMT+5:30	shailaja.kodli@gmail.com	0.00 / 0	SHAILAJAKODLI	-- / 0	Govt degree college for women hussainialam	-- / 0	Hyderabad	-- / 0	It's very good session	-- / 0
2020/07/15 12:49:43 PM GMT+5:30	meenakshielt@gmail.com	0.00 / 0	A. Meenakshi	-- / 0	Govt. Degree College for women,	-- / 0	Karimnagar	-- / 0	Good	-- / 0
2020/07/15 12:49:45 PM GMT+5:30	arks.742610@gmail.com	0.00 / 0	RAMAKRISHNA ERUKULLA Assistant Professor	-- / 0	NSR COLLEGE OF TEACHER EDUCATION,VVES(OU), JAMBAGH,KOTI,HYD	-- / 0	HYDERABAD	-- / 0	Excellent program	-- / 0
2020/07/15 12:50:47 PM GMT+5:30	satyam.chetella@gmail.com	0.00 / 0	M.JYOTHSNA RANI	-- / 0	UPS, MANGELA	-- / 0	JAGITHYAL.DIST	-- / 0	GOOD	-- / 0
2020/07/15 12:52:47 PM GMT+5:30	sarithapashikanti@gmail.com	0.00 / 0	P.saritha	-- / 0	SR&BGNR Degree college khammam	-- / 0	Warangal urban	-- / 0	Learn more information, good session	-- / 0
2020/07/15 12:54:16 PM GMT+5:30	muskemeghana@gmail.com	0.00 / 0	MUSHKE MEGHAMALA	-- / 0	SR & BGNR ARTS SCIENCE COLLEGE (A)KHAMMAM	-- / 0	KHAMMAM	-- / 0	Excellent	-- / 0
2020/07/15 12:56:56 PM GMT+5:30	m.areshma123@gmail.com	0.00 / 0	MA RESHMA	-- / 0	GDC Bellampally	-- / 0	Bellampally	-- / 0	Super	-- / 0
2020/07/15 12:59:01 PM GMT+5:30	m.areshma124@gmail.com	0.00 / 0	MA RESHMA	-- / 0	GDC Bellampally	-- / 0	Bellampally	-- / 0	Yes	-- / 0
2020/07/15 12:59:02 PM GMT+5:30	satyam.chetella@gmail.com	0.00 / 0	CH.SAHASRA , 7th CLASS	-- / 0	SLATE HIGH SCHOOL	-- / 0	JANNARAM	-- / 0	GOOD	-- / 0

2020/07/15 1:00:57 PM GMT+5:30	satyam.chetella@gmail.com	0.00 / 0	CH. DRUVA TEJA, U.K.G	-- / 0	SLATE HIGH SCHOOL	-- / 0	JANNARAM	-- / 0	GOOD	-- / 0
2020/07/15 1:03:44 PM GMT+5:30	arvindadagoppula@gmail.com	0.00 / 0	TADAGOPPULA ARAVIND	-- / 0	GDC,CHENNUR	-- / 0	Mancherial	-- / 0	Good programme conducted very useful	-- / 0
2020/07/15 1:04:26 PM GMT+5:30	kumar.mudam6@gmail.com	0.00 / 0	MUDAMI KUMARA SWAMY	-- / 0	GOVERNMENT DEGREE COLLEGE LUXETTIPET	-- / 0	MANCHERIAL	-- / 0	Good Informative webinar	-- / 0
2020/07/15 1:05:32 PM GMT+5:30	muskemeghana@gmail.com	0.00 / 0	MUSHKE MEGHAMALA	-- / 0	SR & BGNR GOVT ARTS & SCIENCE COLLEGE (A), KHAMMAM	-- / 0	KHAMMAM	-- / 0	Good	-- / 0
2020/07/15 1:11:11 PM GMT+5:30	m.reshma123@gmail.com	0.00 / 0	MA RESHMA	-- / 0	GDC Bellampally	-- / 0	Bellampally	-- / 0	Yes	-- / 0
2020/07/15 1:11:14 PM GMT+5:30	srisatcr@gmail.com	0.00 / 0	ANGADALA SRINU	-- / 0	GDC Bhadrachalam	-- / 0	BHADRACHALAM	-- / 0	Nice	-- / 0
2020/07/15 1:16:41 PM GMT+5:30	jana.durgam78@gmail.com	0.00 / 0	DURGAMI JANARDANA	-- / 0	Sri Venkateswara University, Tirupathi	-- / 0	MADANAPALLE	-- / 0	It's nice and essential in this Pandemic situation , thank you	-- / 0
2020/07/15 1:16:45 PM GMT+5:30	Krishnaveni.band84@gmail.com	0.00 / 0	Bandi Krishnaveni	-- / 0	BT college mpl	-- / 0	Madanapalli	-- / 0	It is needful in this covid 19 time ,thank you	-- / 0
2020/07/15 1:17:23 PM GMT+5:30	sivajanu9@gmail.com	0.00 / 0	Lagudu Siva	-- / 0	Government Degree College, Rajam	-- / 0	Srikakulam	-- / 0	Yoga is good for health	-- / 0
2020/07/15 1:17:38 PM GMT+5:30	satyam.chetella@gmail.com	0.00 / 0	BUDDA SRINIVAS	-- / 0	OWERMAN	-- / 0	CENTENORY COLONY, PEDDAPALLY	-- / 0	GOOD	-- / 0
2020/07/15 1:21:23 PM GMT+5:30	jana.durgam06@gmail.com	0.00 / 0	DURGAMI YASWANTH KUMAR	-- / 0	Sri Chaityanya children's Academy,	-- / 0	Madanapalle	-- / 0	Thank you for valuable information	-- / 0
2020/07/15 1:21:38 PM GMT+5:30	swamybaka@gmail.com	0.00 / 0	swamy paka	-- / 0	GDC,MANTHANI	-- / 0	Manthani	-- / 0	Very important session.	-- / 0
2020/07/15 1:21:41 PM GMT+5:30	gangadharasangeetha85@gmail.com	0.00 / 0	Gangadhara sangetha	-- / 0	Sri chittam Narsireddy Memorial Government Degree College ,Narayanpet	-- / 0	Narayanpet	-- / 0	Nice programme	-- / 0
2020/07/15 1:22:09 PM GMT+5:30	m.reshma123@gmail.com	0.00 / 0	MA RESHMA	-- / 0	GDC Bellampally	-- / 0	Bellampally	-- / 0	Yes	-- / 0
2020/07/15 1:22:23 PM GMT+5:30	dsvetanna@gmail.com	0.00 / 0	D VEERANNA	-- / 0	GDC Bhadrachalam	-- / 0	Bhadrali Kothagudem	-- / 0	Good session	-- / 0

20/07/15 1:27:11 PM GMT+5:30	meenakshieilt@gmail.com	0.00 / 0	A.Meenakshi	-- / 0	Govt. Degree College for Women	-- / 0	Karimnagar	-- / 0	Good	-- / 0
20/07/15 1:28:13 PM GMT+5:30	swapnanoolia1729@gmail.com	0.00 / 0	N. Swapna	-- / 0	GDC., Chennai	-- / 0	Mancherial	-- / 0	Very useful session	-- / 0
20/07/15 1:29:00 PM GMT+5:30	k.padma1947@gmail.com	0.00 / 0	KOLURI PADMA	-- / 0	GDC (A), Nizamabad	-- / 0	Nizamabad	-- / 0	Good	-- / 0
20/07/15 1:29:13 PM GMT+5:30	akshayabudda2001@gmail.com	0.00 / 0	Budda Akshaya	-- / 0	Koti women's college, koti	-- / 0	Hyderabad	-- / 0	Nice	-- / 0
20/07/15 1:29:35 PM GMT+5:30	savithagade1@gamil.com	0.00 / 0	Savitha gade	-- / 0	Government degree college	-- / 0	Chennur	-- / 0	No	-- / 0
20/07/15 1:31:46 PM GMT+5:30	satyam.chetelia@gmail.com	0.00 / 0	B.SRINIVAS , OVERMAN	-- / 0	CENTENORY COLONY	-- / 0	PEDDA PALLY	-- / 0	GOOD	-- / 0
20/07/15 1:33:19 PM GMT+5:30	savithagade1@gmail.com	0.00 / 0	Savitha gade	-- / 0	Government degree college kistampet	-- / 0	Chennur	-- / 0	Good	-- / 0
20/07/15 1:35:05 PM GMT+5:30	raju42648@gmail.com	0.00 / 0	Dr.Porika Raju	-- / 0	Government degree college,mahadevpur	-- / 0	Jayashanker bhupalpally	-- / 0	Good	-- / 0
20/07/15 1:40:37 PM GMT+5:30	rosemary.msc@gmail.com	0.00 / 0	Bylla Rosemary	-- / 0	Government degree college kagaznagar	-- / 0	Kagaznagar	-- / 0	Very excellent programme	-- / 0
20/07/15 1:44:21 PM GMT+5:30	savithagade1@gmail.com	0.00 / 0	Gade savitha	-- / 0	Cv ramn pg college mancherial	-- / 0	Mancherial	-- / 0	Excellent	-- / 0
20/07/15 1:48:19 PM GMT+5:30	hanu180177@gmail.com	0.00 / 0	RACHHA HANMANDLU	-- / 0	GGC NIZAMABAD	-- / 0	Nizamabad	-- / 0	Excellent	-- / 0
20/07/15 1:49:43 PM GMT+5:30	chandirancnt@yahoo.com	0.00 / 0	S.CHANDIRAN	-- / 0	P.T.Lee C.N.Polytechnic College	-- / 0	Chennai	-- / 0	Nice program.	-- / 0
20/07/15 1:54:02 PM GMT+5:30	kaitejivedaanshchary@gmail.com	0.00 / 0	R.Ramyashree	-- / 0	Girraj Government Degree College (A), Nizamabad	-- / 0	Nizamabad	-- / 0	Nice	-- / 0
20/07/15 1:54:32 PM GMT+5:30	rkven106@gmail.com	0.00 / 0	R. KRISHNAVENI	-- / 0	GDC KAGHAZNAGAR	-- / 0	TELANGANA	-- / 0	Very nice	-- / 0
20/07/15 1:55:01 PM GMT+5:30	kaitejivedaanshchary@gmail.com	0.00 / 0	R.Ramyashree	-- / 0	Girraj Government Degree College (A), Nizamabad	-- / 0	Nizamabad	-- / 0	Nice	-- / 0
20/07/15 1:59:26 PM GMT+5:30	bsampath21@gmail.com	0.00 / 0	BANDARI SAMPATH	-- / 0	Mipps sarvaipet	-- / 0	Mancherial dist	-- / 0	Yoga is best one control our stress in this pandemic situation.	-- / 0
20/07/15 2:01:36 PM GMT+5:30	asvp1529@gmail.com	0.00 / 0	K. Sreevidya	-- / 0	Neelam Sanjeev Reddy College of Education, V. V. Campus, Hyderabad	-- / 0	Hyderabad	-- / 0	Excellent session	-- / 0

2020/07/15 2:03:06 PM GMT+5:30	mr.balguri@gmail.com	0.00 / 0	BALGURI MAHENDAR RAO	-- / 0	Government Degree College, Jammikunta	-- / 0	Jammikunta, District: Karimnagar	-- / 0	Useful and valuable program. I have learnt from the program importance of YOGA and it's impact managing our body healthy. Thank you organisers for unique and wonderful webinar.	-- / 0
2020/07/15 2:05:42 PM GMT+5:30	dkgraoku@gmail.com	0.00 / 0	DARESHATTI KRISHNA GOPAL RAO	-- / 0	GOVERNMENT DEGREE COLLEGE, MANCHERIAL	-- / 0	MANCHERIAL	-- / 0	Youga use full present days	-- / 0
2020/07/15 2:06:12 PM GMT+5:30	nennela.nennela@gmail.com	0.00 / 0	NENNELA RAJESH	-- / 0	MPUPS RAPANPALLY	-- / 0	KOTAPALLY	-- / 0		-- / 0
2020/07/15 2:08:05 PM GMT+5:30	shekaralluri8500@gmail.com	0.00 / 0	Alluri shekar	-- / 0	Govt degree College chennur	-- / 0	Chennur	-- / 0	Very good	-- / 0
2020/07/15 2:08:31 PM GMT+5:30	rajanna1351416@gmail.com	0.00 / 0	Eppalapelly Rajanna	-- / 0	Mpps Narsakkaet	-- / 0	Mancherial	-- / 0		-- / 0
2020/07/15 2:09:33 PM GMT+5:30	dkgraoku@gmail.com	0.00 / 0	K.Sreelatha Devi	-- / 0	Revenue Employee	-- / 0	Peddapally	-- / 0		-- / 0
2020/07/15 2:09:56 PM GMT+5:30	sravanthiladdu8500@gmail.com	0.00 / 0	MUDUMADIGELA SRAVANTHI	-- / 0	Govt degree College chennur	-- / 0	Chennur	-- / 0	Very good	-- / 0
2020/07/15 2:11:18 PM GMT+5:30	dkgraoku@gmail.com	0.00 / 0	D.SAI PRANAY	-- / 0	KRISHNA VENI HIGH SCHOOL	-- / 0	MANCHERIAL	-- / 0		-- / 0
2020/07/15 2:12:41 PM GMT+5:30	dkgraoku@gmail.com	0.00 / 0	D.SAI PRAGNAN	-- / 0	KRISHNA VENI HIGH SCHOOL	-- / 0	MANCHERIAL	-- / 0		-- / 0
2020/07/15 2:12:52 PM GMT+5:30	mr.balguri@gmail.com	0.00 / 0	BALGURI MAHENDAR RAO, Assistant Professor of Commerce	-- / 0	Government Degree College, Jammikunta	-- / 0	District: Karimnagar, Telangana State	-- / 0	I have learnt from the program importance of YOGA and it's impact managing our body healthy. Thank you organisers for unique and wonderful webinar.	-- / 0
2020/07/15 2:14:12 PM GMT+5:30	suramoniramesh2@gmail.com	0.00 / 0	Suramoni Ramesh	-- / 0	MRITS	-- / 0	Hyderabad	-- / 0	Thankyou for conducted such a useful program.	-- / 0
2020/07/15 2:16:11 PM GMT+5:30	dkgraoku@gmail.com	0.00 / 0	D.VENKATA RAMANA RAO	-- / 0	UPS MAMEDIGATTU.MANDAL MANDAMMARY	-- / 0	MADHAMARRI DIST. MANCHERIAL	-- / 0		-- / 0

2020/07/15 2:16:59 PM GMT+5:30	dupsinghlakavath@gmail.com	0.00 / 0	Dr.Dupsingh.Lakavath	-- / 0	Government Degree college,Sitaphalmandi,	-- / 0	Telara	-- / 0	very useful to the learner	-- / 0
2020/07/15 2:29:59 PM GMT+5:30	pashamsrilu4@gmail.com	0.00 / 0	P.SREE LATHA	-- / 0	Government Degree College Bellampally	-- / 0	Bellampally	-- / 0	It is a very good programme	-- / 0
2020/07/15 2:30:49 PM GMT+5:30	badribandari52@gmail.com	0.00 / 0	Baddirajam	-- / 0	ARS degree college jannaram	-- / 0	Mancherial	-- / 0	Student	-- / 0
2020/07/15 2:36:40 PM GMT+5:30	yekkalavasu@gmail.com	0.00 / 0	Yekkala Sreenivas	-- / 0	Malla Reddy College Of Engineering	-- / 0	Hyderabad	-- / 0	Nice	-- / 0
2020/07/15 2:42:35 PM GMT+5:30	ksunil.chnr@gmail.com	0.00 / 0	Sunil Kumar Kasturi	-- / 0	GDC Mancherial	-- / 0	Mancherial	-- / 0		-- / 0
2020/07/15 2:44:22 PM GMT+5:30	sahithi614@gmail.com	0.00 / 0	Sahithi Kadiyam	-- / 0	Govt degree and pg college	-- / 0	Bhadrachalam	-- / 0	It's very useful for students	-- / 0
2020/07/15 2:44:52 PM GMT+5:30	ksunil.chnr@gmail.com	0.00 / 0	Kasturi Sunil Kumar	-- / 0	MPPS Kyathanpally, MP.Vemanpally	-- / 0	Chennur	-- / 0		-- / 0
2020/07/16 11:36:24 AM GMT+5:30	mahirock2324@gmail.com	0.00 / 0	P.mahesh	-- / 0	Govt Degree college chennur	-- / 0	Chennur	-- / 0	Super	-- / 0
2020/07/16 5:00:14 PM GMT+5:30	vanichemou@gmail.com	0.00 / 0	Vani kondaparthi	-- / 0	Kakatiya Government college	-- / 0	Warangal	-- / 0	Effective stress management	-- / 0
2020/07/16 9:07:52 PM GMT+5:30	sridevi.kodakandla@gmail.com	0.00 / 0	SRIDEVI K	-- / 0	Government Degree College, Chennoor	-- / 0	Chennoor	-- / 0	The program was very useful	-- / 0