

GOVERNMENT DEGREE COLLEGE FOR WOMEN SANGAREDDY

NSS REGULAR ACTIVITIES 2020-2021

Sl.no	Date	Activity	No of Volunteers
1	May 2020	Covid-19 awareness programs	46
2	05.06.2020	World Environment Day	21
3	21.06.2020	International yoga day	26
4	23.09.2020	Fit India program	21
5	24.09.2020	NSS day	32
6	11.11.2020	Parakram Divas	29
7	01.12.2020	Aids Day	34
8	24.01.2020	National girl child day	98
9	26.01.2021	Republic Day	25
10	15.02.2021	Swachch Kalashala	29
11	17.02.2021	Haritha Haram	82
12	01.03.2021	Covid test and awareness programs	54

COVID 19 ACTIVITIES:

Govt. Degree College for women Sangareddy N.S.S unit has organized activities regarding COVID 19 pandemic

- As a part of the special camp N.S.S unit has organized CORONAVirus awareness program for Koulampet school students
- Volunteers created awareness among the villagers about COVID origin, spread and prevention measures.
- Organized the online meetings to Providing information on the origin,spread and preventive measures to NSS volunteers
- In the lockdown period students participated in various activities such as spreading awareness on COVID through social media, poster making, etc.
- Volunteers distributed food and masks for needy people.







World Environment Day

Government Degree College for Women, Sangareddy NSS unit celebrated the World Environment Day on 5th, June 2020. The objective of the program is to protect nature and the planet Earth .

Due to lockdown volunteers were asked to plant the saplings in their houses



INTERNATIONAL YOGA DAY

Govt.degree.college for women Sangareddy celebrated International yoga day on 21 June 2020 to convey the message of keeping mind and body fit through yoga.

- due to covid -19 pandemic The theme of the international yoga day is "Yoga for Health- Yoga at Home".NSS unit has organised the yoga day by following the guidelines of government.
- motivated the students and parents to make yoga an important part of their lives.
- Program officer and staff perform yoga asanas with their family members
- NSS volunteers have prepared posters on importance of Yoga
- Essay writing competition was conducted on "Importance of YOGA"



NSS volunteers prepared the posters on importance of Yoga



Fit India program

Fit India Movement is a nationwide Movement in India to encourage people to remain healthy and fit by including physical activities and sports in their daily lives

- Government Degree College for women Sangareddy NSS unit organised various activities under the Fit India program
- Encouraged the students to take up more physical activities like running, walking outdoor games, yoga and meditation activities to make healthy and Fit
- Organise the Fit India freedom Run to encourage Fitness and to get freedom from obesity, laziness, stress and and anxiety
- Faculty and students take the pledge On physical fitness





NSS Day

Government Degree College for women Sangareddy NSS unit celebrated NSS day on September 24, 2020

- Principal and NSS programme officer addressed the volunteers and spoke on the Significance role of youth in social service
- Encouraged the volunteers to participate in more social activities
- Distributed the certificates to best NSS Volunteers



125th BIRTH ANNIVERSARY OF NETAJI SUBHASH CHANDRABOSE

Govt.Degree. College for women NSS unit celebrated the **Parakram Divas** on 23 January 2021, 125th birth anniversary of Netaji Subhash Chandra Bose.

Volunteers actively participated in an essay writing competition on "Subhash Chandra Bose - an inspiration of youth".



AIDS DAY

Government Degree College for women Sangareddy NSS unit and Health Club organised a health awareness programme online mode on the occasion of Aids day 1st December, 2020. Dr. Neha Tabassum attended as chief guest and created awareness among the students about AIDS and other health issues. She also emphasized on women hygiene, health education and empowerment.

National Girl Child Day

Government Degree College for women ,Sangareddy.NSS unit celebrated the National girl child day on 24 january 2021 in association with the women empowerment cell.

My Choices Foundation members smt.Kavitha and Supriya attended as Chief guests and addressed Issues related to girl child in society.

They explained the importance of Girl child Day, child trafficking issues, Child Marriages and legal rights of children .



Swachh Kalashala Program

Govt. Degree College for women Sangareddy N.S.S unit has organized Swachh Kalashala Program on 15,February 2021.

- College staff, NSS volunteers & students participated in the program.
- Volunteers cleaned the college premises, classrooms, departments and library.



Haritha Haram

Government degree College for women Sangareddy NSS unit volunteers participated in a massive plantation programme at college premises as part of the Telangana Ku Haritha haram on February 17th 2021.

District collector, deputy collector, municipal officer's, College principal staff and NSS, NCC students participated in sapling plants.





COVID Tests and Awareness programmes

Government degree College for women Sangareddy NSS unit conducted the covid tests for the hostel students on 1st, March 2021.

Sangareddy district Hospital medical team examined the 55 Hostel students from various groups of GDCW Sangareddy students and created awareness on Covid precautions.

