

About the Department

The Department of Physical Education was established in the year 1974. The Department is firmly committed to provide good opportunities to the students in Sports. The Department believes in the holistic development of the students by focusing on the development of mind, body and spirit. It consists of adequate indoor facilities for Games and Sports. Indoor Games like Carroms, Chess, Table Tennis, Yoga and Eight multi station Gymnasium for men and Fitness equipment for women are also available.

VISION

- To extend and promote the concept of 'Sports for All, Sports for Health, Sports for Well-being, Sports for Excellence and Sports for World Peace.

MISSION

- To provide educational opportunities to select learners who are talented in sports .
- To promise to deliver sound education and well-groomed sports ambassadors.
- To Provide excellent sports opportunities for learners , through a range of training activities.
- To empower them to pursue a chartered sporting career path.
- To promote wellness through Physical Education and making the students adopt a healthy life style.

AIMS & OBJECTIVES

- To recognize and develop outstanding talent at Higher education level.
- To create opportunities for gifted learners.
- To Provide leadership qualities to ensure that our athletes remain at the forefront of provincial and international sport.
- To Assist students with researching and developing solutions to issues that emerge in individual sports codes and the sports industry as a whole.
- To promote and advocate the best practice methods for high performance.
- To provide a balanced and effective environment for safe and healthy sports for the students.
- To demonstrate that sporting achievements are equal to education.
- To encourage and inspire the athletes to become National and International champions.