



Government Degree College, Mahabubabad

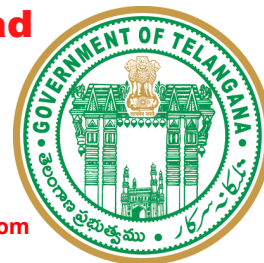
ESTD: 1984

Affiliated to Kakatiya University

Accredited by NAAC & ISO 9001:2015 Certified

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Institutional Best Practices

Best Practice-1:

a) Title of the Practice

Organizing free Medical Health check-ups and Blood donation camps.

b) Objectives of the Practice

The main aim of the practice is to create awareness on the prevention of contagious diseases and health promotion to the students who have no access to basic healthcare services.

c) The Context

Majority of Govt. College students are anaemic, malnourished and from marginalized sections of the society. Due to health issues, they are not regular to college and leads to increase in the rate of dropouts.

d) The Practice

The TWO NSS units and the Bhagya committee of the college regularly conduct free medical camps for the students. The students are provided medical check-up by specialists from Ophthalmology, Gynaecology, ENT, skin, Dental and General Medicine. Students are also provided awareness on common ailments, allergies, viral and contagious diseases, malnutrition, anaemia, deficiency of vitamins etc. Experienced and specialist doctors examine and give medical advice, prescribe, and distribute medicines to the students. The students are provided with health card, in which blood group, allergies evidence of success etc are noted. Free health check-ups are also organised in the adopted villages during NSS special camp.

e) Evidence of Success

“Health is wealth” is the motto of free medical health Check-ups. The college students are given Health Cards. Students’ health information details on the cards help them to monitor their improvements. It gives them an opportunity to donate blood to the needy. Free iron tablets are distributed by the camp doctors as many students are anaemic.

f) Problems Encountered and Resources Required

Arranging a mega Health Check-up is a tough task as the equipment required needs to be transported and setup in the premises. Students sometimes don’t disclose their problem. Communicating with all specialists and arranging the check-up on a particular date and time is a challenging task. Approaching the same doctor after health check-up is a problem and costly affair to the students. Regular physician and health centre for the college is recommended.

Best Practice-2

Mid-Day Meals

1. The Objectives

- To provide simple meals to students during lunch time
- Nutritious meal to the students belonging to BPL families
- To improve students' attendance in post-lunch session classes

2. The Context:

Majority of the students at the college belong to surrounding rural areas. They commute daily to the college. The college is situated far away from the town. Not many hotel or other facilities are available for having lunch or snacks. Moreover, students can't afford hotel food. Many students start early from their villages and as a consequence they are unable to bring lunch boxes to the college. Some students leave the college during lunch time and do not turn up again for post-lunch session classes. This has affected the overall functioning of the college. When the programme was initiated in the year 2017-18, it aimed at the provision of Midday Meals to students during the months of February and March to help them with their preparation for the Annual Examinations. The institution has been providing mid-day meals to the students during the months of February and March of each academic year.

3. The Practice

Midday Meals is provided to students throughout the year. The Practice was implemented first with the contributions from the principal and staff of the college. Later, Alumni Association Members and philanthropists have donated for the programme.

4. Evidence of Success

- With the implementation of this Practice, the result of the college has improved considerably.
- Students have received the programme well. They felt very happy. Their feedback is positive, and they wanted the programme to continue for the entire year.
- Students found it very useful, and they were able to stay in the college as per the timetable.
- Student attendance in the post-lunch session classes has improved.
- Alumni Association and parents have also appreciated the programme and extended their support
- It has developed community feeling among the students as they sit and eat together during the midday meals.

5. The Obstacles/Problems encountered and Required Resources

Generating finding to run this program is the main obstacle. A committee was formed with faculty for successful implementation of the programme. The Committee was entrusted with the duties of mobilizing funds from Alumni and philanthropists. Student community is also given representation in the committee.

- Accumulation of funds/donations is a hectic task.
- Insufficient infrastructure and working staff for cooking and serving.

Criterion-VII : Institutional values and Best practices.

7.2 Best Practices.

Qualitative Metric No : 7.2.1: Additional Documentation.



MID Day Meals (IEPP - Intensive Examination Preparatory Programme)

Importance of IEPP

The main objective of this IEPP is to prepare students intensively for annual examinations. Under this programme, students are provided with important questions and answers keeping the annual examination in view. To fulfil this object, students have to follow full timings of the college. Since the students are from rural areas and economically poor, they do not bring lunch boxes with them. This causes them to leave college in the afternoon. These effects on syllabus completion and the preparation for annual examination. Keeping this in mind, the Mid-day meals programme is launched to along with IEPP. The Mid-day meals programme has a great impact on the student's attendance in the afternoon session and their preparation for annual examinations. The implementation of Mid-day meals programme in the previous year's helped to raise the results of our students. Keeping this in view, our college wanted to implement Mid-day meals programme this year also to help IEPP.

Initiation by Commissioner of Collegiate Education

The Hon'ble Commissioner, Collegiate Education, Government of Telangana initiated this programme in order to improve the results in the subjects at UG level. So that, students can develop self – esteem and confidence.

IEPP implemented previously by Faculty

Faculty contributed for Mid-Day Meals in Previous year i.e., 2015-2016 with contributions of Rs:27,500/- (Rupees Twenty-Seven Thousand and Five Hundred Only). Food committee was formed with both faculty and students to run Mid-day meals.

Action plan in this academic year at Government Degree College, Mahabubabad - 2016-2017

After receiving proceedings from the office of Commissioner of Collegiate Education, it was decided to conduct a meeting with college development committee to implement IEPP. The principal-initiated steps for starting IEPP coupled with mid-day meal to students.

Staff Meeting

A meeting was conducted in the principal chamber to discuss the December 10th, 2016, programme to run IEPP. It is decided to take the help of CPDC (College Planning and Development Committee) members, District Authorities, and philanthropists to run IEPP.

CPDC Meeting & Their Role

A meeting was conducted on December 14th, 2016, CPDC members and CDC members. Several issues were discussed for the development of college. CPDC members came forward with a donation of Rs. 75,000/- (Rupees Seventy-Five Thousand). Among them Dr. P. Ram Mohan Reddy garu donated Rs. 10,000/- (Rupees Ten Thousand), Sri. G. Anjaiah garu donated Rs. 10,000/- (Rupees Ten Thousand), Sri K.S.N. Reddy garu donated Rs. 10,000/- (Rupees Ten Thousand), Sri CH. Uday Chander garu donated Rs. 10,000/- (Rupees Ten Thousand), Smt. Sudha Arjun Reddy garu donated Rs. 10,000/- (Rupees Ten Thousand), Sri. P. Ramesh Babu garu donated Rs. 10,000/- (Rupees Ten Thousand), Sri. P. Srinivasa Reddy garu donated Rs. 10,000/- (Rupees Ten Thousand) and Sri. Ajay Saradhi garu donated Rs. 5,000/- (Rupees Five Thousand).

HDFC Bank Co-Operation

HDFC bank, Mahabubabad conducted blood donation camp in Dec – 2017 in our college in co-operation with NSS units of GDC Mahabubabad. The NSS program officers, Dr. M. Rambabu and Smt. Anitha Co-ordinated in the program. The principal of this college, me Dr. G. Poshaiiah and faculty members, S. Ganapathi Rao, Asst. Prof. of History and his wife, B. Venkateshwarlu, Asst. Prof. of Zoology, MD. Gouse Pasha, Lecturer in Computer Science (Guest Faculty) and students donated blood. Dr. Preethi Meena, the District Collector of Mahabubabad District visited the camp. The principal presented a brief report about the college and informed about Mid-Day meals programme.

HDFC bank came forward and donated rice of 04 quintals for IEPP programme.

LETTER TO THE COLLECTOR, MAHABUBABAD DISTRICT

When district collector visited blood donation camp, we informed orally about Mid-day meals programme and requested for help. We were asked to represent in written form. The principal and three faculty members called on the district collector and submitted a letter.

Letter to Joint Collector

A similar request was also forwarded to the Joint Collector, Mahabubabad District for considering the request of donation of rice towards Mid-Day meal. Sri. Damodar Reddy, Joint Collector, Mahabubabad District extended his co-operation and took steps for supplying rice.

Rice supplied by rice millers

Rice Millers Association Mahabubabad has supplied fine quality rice in connection with IEPP implemented in our college with the initiative of the Joint Collector, Mahabubabad.

Steel Plates Donation

Dr. Rapaka Srinivasa Rao is a Physician and Educationalist of Kuravi Mandal came forward to donate steel plates of 220 worth Rs. 15,000/- (Rupees Fifteen Thousand) to run this IEPP programme smoothly. These plates helped very much to continue this programme for more than two months. These plates have become permanent asset to do such programmes in future.

Small merchant greatness

A small merchant who sells chilli powder named Karam Janardhan generously came forward to arrange chicken curry worth Rs. 3000/- (Rupees Three Thousand) on the day of Inauguration function of IEPP. This generosity resulted in a good beginning.

Inauguration by M.P., CPDC, Local Leaders, HDFC and Rice Millers

The date of starting of IEPP was fixed on 09-01-2017 and invitations were sent to Member of Parliament, Member of Legislative Assembly, District Collector, Joint Collector, CPDC Members, Electronic media, and Press media. Prof. Seetharam Naik Garu, Hon'ble Member of Parliament, Mahabubabad Constituency inaugurated the mid-day meals programme. Sri. Muralidhar Reddy Superintendent of Police, Mahabubabad District also attended the inauguration programme.

Contribution of NSS Units

Utensils of NSS units were used for cooking purpose. The NSS Volunteers came forward to monitor and serve the meals regularly to make it successful.

Role of college canteen

There is a well-equipped and spacious canteen in our college premises. The responsibility of cooking mid-day meals was allotted to the canteen. Contract was given to canteen for cooking and canteen played key role in the running of mid-day meals programme for more than two months.

Role of 0/20 Employee

Sri Boddupalli Upender is a 0/20 employee has been rendering valuable services to the college since 1986. Being the native of this area and having good relations with the people of this area and having zeal towards education, played pivotal role in mobilizing C.P.D.C. members to donate Rs. 75,000/- (Seventy-Five Thousand) and Rapaka Srinivas to donate 220 plates worth of Rs. 15,000/- (Fifteen Thousand) and Karam Janardhan to donate chicken curry worth Rs. 3000/- (Three Thousand) on the day of inauguration. He has actively participated in procurement of vegetables and serving Mid – Day meals.

IEPP Implementation

The committee comprising teaching faculty was constituted to maintain mid-day meals programme. Dr. G. Sudhakar, Asst. Prof. of English, Dr. S. Odelu Kumar, Asst. Prof. of English, B. Vishnu Kumar, Asst. Prof. of Commerce, and Ch. Mallesham, Librarian are the members in that committee. To implement IEPP programme, we took several measures relating to Mid-Day meals programme. Daily morning, the register is put in front of the office room. The students were asked to write his/her name, hall ticket number, group followed by signature to identify the number of students for that day Mid-Day meals programme. They were asked to write their name before 11.00 AM. Those who sign were given tokens. The total number of students was informed to canteen. They cooked accordingly to the number of students signed to avoid wastage and also to provide the sufficient food to the students. The meal was served between 1PM to 1.45PM by NSS Volunteers after collecting tokens. This token system forced the students to come to the college on time.

After lunch hour, the study hours were arranged to the students. All the groups were allotted to the teaching faculty to monitor. One senior faculty Dr. SK. Basha, Asst. Prof. of Hindi, was assigned the work of monitor the study hours. During these study hours students were given important questions and material of all subjects. Daily the students were asked to read some questions followed by writing those answers after reading them.

IEPP implemented at our college is worth sharing with other colleges from mobilizing the funds to implementing the programme.





