GOVERNMENT DEGREE COLLEGE, BELLAMPALLYDISTRICT

MANCHERIAL

TELANGANA, 504251

MEHNDI DESIGNING CERTIFICATE COURSE

FROM 11-02-2020 TO 27-02-2020

ACADEMIC YEAR 2019-2020

Organized by

Department of Zoology

And

Department of Public Administration

P. Sree Latha.   **G. Mohan**
Asst. Prof. of Zoology   **Lecturer in Public Administration**

INDEX

PREFACE

A Creative course choice, mehndi designing is a part of Indian culture for wedding, festivals and other celebrations generally in which everyone is interested. Mehndi designing can be learnt even from younger stages. Now mehndi designing is widely recognized as a creative profession.

In a fast moving world, everyone chooses to become a top notch engineer or a well known doctor. However, people forget what their passion is and go with the flow to become something that their parents impose on them. A new career that has started gaining traction these days is to start a mehndi business. You can now make your career as a mehndi artist and become successful by earning huge sums of money and indulging in the activity you love. This is probably among the best career options for girls after degree if you love making mehndi designs.as mehndi designing skills are taught easily and at low cost. Apart from students regular academic activities, if self employement skills like mehndi designing, beautician course, embroidery course etc, are taught and trainied for girls, they would become self sustained to attain self lively hood in future. Hence it is proposed to organize this course in our institute.

PRINCIPAL
Govt. Degree College
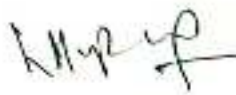Bellampalli-504 251
Dist: Mancherial (T.S.)

GOVERNMENT DEGREE COLLEGE, BELLAMPALLY
Dist. - MANCHERIAL,TELANGANA, 504251

MEHNDI DESIGNING COURSE A BRIEF REPORT

Name of the college	Government Degree College, Bellampally
Name of the Organizing departments	Department of Zoology and Department of Public Administration
Name of the course	Mehndi Designing Course
Type of the course	Value added Certificate course
Duration	30 Hours
Eligibility	Nil (Anyone can join this course)
Timing	09:00 A.M. to 10.00 A.M .and 04:30 P.M. to 5:30 P.M.
Fees	Nil
Year of introduction of course	2019-2020
Course period	11-02-2020 to 28-02-2020
Intake capacity	30 students
Course Objectives	To make the students learn self –Employment skills Developing hidden talent Giving an opportunity to earn and learn
Course outcomes / Benefits of the course	After completion of this course Students will be able to become self employed They will be able to develop mehndi designing skills. They will also be able to run mehndi designing course.
Curriculum design	The curriculum is designed in seven modules
Syllabus	Drawing different forms of lines and symbols. Information about making cones and preparing Mehndi paste. Information about the designs and removal of Mehndi. Demonstration of different patterns of designs. Simple mehndi design. Indian mehndi design. Arabic designs. Bridal mehndi design Practice Exam
Name of the Resource person	K. Swapna
Name of the Course Coordinator	P.Sreelatha Asst. Prof of Zoology , G. Mohan Lecturerin Public Administration

CURRICULUM DESIGN

S.No.	Module/Unit	Syllabus	Transferable and life skill that is imparted
1	I	Drawing different forms of lines and symbols.	Teaches skills related to techniques, artistry and concentration
2	II	Information about making cones and preparing mehndi paste.	Knowledge of materials, analysis and synthesis and maintaining medicinal values and personal hygiene
3	III	Information about the designs and removal of mehndi. Demonstration of different patterns of designs	Professionalism in extracting the output in desired form and shape Includes logical skills appreciation and promotion
4	IV	Simple mehndi design	Types identifying categories that come under entrepreneurship and innovative skills
5	V	Indian mehndi design.	
6	VI	Arabic designs.	Encouraging local taste, design, culture protecting conservatory ancestral professional skills
7	VII	Bridal mehndi design	

MEHNDI DESIGNING COURSE SCHEDULE

SL.NO	DATE	TIME	TOPIC NAME	THEORY/PRACTICAL
1	11-02-2020	09-00 A.M to 10.00 A.M	INAUGUARAL - SESSION	****
2	11-02-2020	04.30 P.M TO 5.30P.M	Drawing of different forms of lines and symbols	Theory
3	12-02-2020	09-00 A.M to 10.00 A.M	Drawing of different forms of lines and symbols	Practical
4	12-02-2020	04.30 P.M TO 5.30 .PM	Drawing of different forms of lines and symbols	Practical
5	13-02-2020	09-00 A.M to 10.00 A.M	Information about making cones and preparing mehndi paste	Theory
6	13-02-2020	04.30 P.M TO 5.30 P.M	Information about making cones and preparing mehndi paste	Practical
7	14-02-2020	09-00 A.M to 10.00 A.M	Information about the designs and removal of mehndi	Theory and practical
8	14-02-2020	04.30 P.M TO 5.30 P.M	Demonstration of different patterns of designs	Theory
9	15-02-2020	09-00 A.M to 10.00 A.M	Demonstration of different patterns of designs	Practical
10	15-02-2020	04.30 P.M TO 5.30 P.M	Simple mehndi design	Theory
11	17-02-2020	09-00 A.M to 10.00 A.M	Simple mehndi design	Practical
12	17-02-2020	04.30 P.M TO 5.30 P.M	Arabic designs	Theory
13	18-02-2020	09-00 A.M to 10.00 A.M	Arabic designs	Practical
14	18-02-2020	04.30 P.M TO 5.30 P.M	Arabic designs	Theory
15	19-02-2020	09-00 A.M to 10.00 A.M	Arabic designs	Practical
16	19-02-2020	04.30 P.M TO 5.30P .M	Bridal Mehandi design	Theory
17	20-02-2020	09-00 A.M to 10.00 A.M	Bridal Mehandi design	Practical
18	20-02-2020	04.30 P.M TO 5.30 P.M	Bridal Mehandi design	Practical
19	21-02-2020	09-00 A.M to 10.00 A.M	Indian mehndi design	Theory

20	21-02-2020	04.30 P.M TO 5.30 P.M	Indian mehndi design	Practical
21	22-02-2020	09-00 A.M to 10.00 A.M	Indian mehndi design	Theory
22	22-02-2020	04.30 P.M TO 5.30 P.M	Indian mehendi design	Practical
23	24-02-2020	09-00 A.M to 10.00 A.M	Indian mehndi design	Theory
24	24-02-2020	04.30 P.M TO 5.30 P.M	Indian mehndi design	Practical
25	25-02-2020	09-00 A.M to 10.00 A.M	Simple mehndi designs	practice
26	25-02-2020	04.30 P.M TO 5.30 P.M	Indian mehndi design	Practice
27	26-02-2020	09-00 A.M to 10.00 A.M	Arabic mehndi design	Practice
28	26-02-2020	04.30 P.M TO 5.30 P.M	Bridal mehndi design	Practice
29	27-02-2020	09-00 A.M to 10.00 A.M	Bridal mehndi design	Practice
30	27-02-2020	04.30 P.M TO 5.30 P.M	Bridal mehndi design	Practice
31	28-02-2020	09-00 A.M to 10.00 A.M	Exam	
32	28-02-2020	04.30 P.M TO 5.30 P.M	VALEDICTORY SESSION	

GOVERNMENT DEGEE COLLEGE - BELLAMPALLY				
DIST.MANCHERIAL , TELANGANA				
MEHNDI DESIGNING CERTIFICATE COURSE				
COURSE PLAN				
MODULE NAME	**NO. OF HOURS ALLOTTED**	**TITLE**		**DURATION (Hrs)**
Inaugural Session	*	Introduction		*
Drawing of different forms of lines and symbols	3	Different forms of lines, figures,shapes (Geometric) of deities, animals,etc,		1 -Theory 2 -Practical
Information about making cones and preparing mehndi paste	2	Various methods of making cones with different materials		1 -Theory 1-Practical
Information about the designs and removal of mehndi	2	Different styles of designs and removal of mehndi		1 -Theory 1-Practical
Demonstration of different patterns of designs	2	Demonstration of different patterns of designs		1 -Theory 1-Practical
Simple mehndi design	2	Simple mehndi designs		1 -Theory 1-Practical
Arabic designs	4	Different types of Arabic designs		2-Theory 2-Practicals
Bridal mehndi design	3	Different types of Bridal mehndi designs		1 -Theory 2-Practicals
Indian mehndi design	6	Different types of Indian mehndi design		3-Theory 3-Practicals
Practice	6	All modules		practice
Examination	*	Examination		1 -exam
Valedictory function	*	Valedictory Session		

MEHNDI DESIGNING COURSE

LIST OF STUDENTS ENROLLED

S.NO	NAME OF THE CANDIDATE	FATHERS NAME	PROGRMME& YEAR	Admission No
1	J.NEERAJA	KISTAIAH	B. Com. (CA) -I	5122
2	K.SRAVANI	RAJAIAH	B Com (CA) -I	5100
3	J.SUNTITHA	PEERAIAH	B A(HEP) - I	4856
4	P.JAYANTHI	SATHAIAH	B Sc (BZC) - II	5157
5	S.RAMYASRI	MALLESH	B Sc(BZC) - II	5148
6	D,MEGHANA	RAMCHENDER	B Sc (BZC) - I	5148
7	P.MANASA	ASHANNA	B Sc (BZC) - II	5191
8	K.MAMATHA	NANDHARAM	B Sc (BZC) - II	5150
9	K.SARITHA	DASARAIAH	B Com (CA) -I	5094
10	U.SOUJANYA	RAMESH	B Com (CA) -I	5086
11	S.LAVANYA	PRASAD	B Com (CA) -I	5085
12	M.JYOSTHNA	MALLESH	B Com (CA) -I	5109
13	M.ASHINI	GOPAL	B Com (CA) -I	4933
14	S.RAMYA	DASHARATHAM	B Com (CA) -I	4918
15	G.NAGARANI	SRINIVAS	B Sc (BZC) - I	5192
16	G.PADMA	NARSAIAH	B Sc (BZC) - II	5188
17	SK.ASMA	MAGBUL HUSSAIN	BSc (MPC) - I	5225
18	G.LAXMI	AGAIAH	B Sc (BZC) - II	5183
19	J.RAMYA	RAVI	BSc (MPC) - I	5213
20	A.BHAGYA	MALLESH	BSc (MPC) - I	5206
21	R.RAVALIKA	RAJANNA	BSc (MPC) - I	5220
22	S.SRAVANI	RAJANNA	BSc (MPC) - I	5205
23	D.LAXMI	MARUTHI	BSc (BZC) - I	5151
24	K.MAMATHA	NANDARAM	B Sc (BZC) - I	5150
25	VEMULASWARUPA	RAJAM	B .A. - I	5003
26	EMBADI SWETHA	RAMESH	B A - I	5009
27	KOTRANGISAHITHYA	RAJANNA	B A - I	5023
28	NEERATI MOUNIKA	RAJANNA	B A - III	4821
29	G.SHANKARAMMA	POSHAM	B A - III	4857
30	KESRAPUSWARNALATHA	POSHAM	B A - III	4861

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Govt. Degree College

LIST OF STUDENTS ATTANDANCE

S.NO	NAME OF THE CANDIDATE	FATHERS NAME	PROGRMME&YEAR	SIGNATURE
1	J.NEERAJA	KISTAIAH	B. Com (CA) -I	Neeraja
2	K.SRAVANI	RAJAIAH	B Com (CA) -I	K. Sravani
3	J.SUNTITHA	PEERAIAH	B A(HEP) - I	J. Sunitha
4	P.JAYANTHI	SATHAIAH	B Sc (BZC) - II	Jayanthi
5	S.RAMYASRI	MALLESH	B Sc(BZC) - II	S Ramyasri
6	D.MEGHANA	RAMCHENDER	B Sc (BZC) - I	D meghana
7	P.MANASA	ASHANNA	B Sc (BZC) - II	P manasa
8	K.MAMATHA	NANDHARAM	B Sc (BZC) - II	K Mamatha
9	K.SARITHA	DASARAIAH	B Com (CA) -I	K saritha
10	U.SOUJANYA	RAMESH	B Com (CA) -I	U Soujanya
11	S.LAVANYA	PRASAD	B Com (CA) -I	Lavanya
12	M.JYOSTHNA	MALLESH	B Com (CA) -I	M jyosthna
13	M.ASHINI	GOPAL	B Com (CA) -I	M. Ashini
14	S.RAMYA	DASHARATHAM	B Com (CA) -I	S Ramya
15	G.NAGARANI	SRINIVAS	B Sc (BZC) - I	G Nagarani
16	G.PADMA	NARSAIAH	B Sc (BZC) - II	G padma
17	SK.ASMA	MAGBUL HUSSAIN	BSc (MPC) - I	Sk. Asma
18	G.LAXMI	AGAIAH	B Sc (BZC) - II	G laxmi
19	J.RAMYA	RAVI	BSc (MPC) - I	J Ramya
20	A.BHAGYA	MALLESH	BSc (MPC) - I	A. Bhagya
21	R.RAVALIKA	RAJANNA	BSc (MPC) - I	R. Ravalika
22	S.SRAVANI	RAJANNA	BSc (MPC) - I	S. Sravani
23	D.LAXMI	MARUTHI	BSc (BZC) - I	D laxmi
24	K.MAMATHA	NANDARAM	B Sc (BZC) - I	K. mamatha
25	VEMULA SWARUPA	RAJAM	B .A. - I	V Swarupa
26	EMBADI SWETHA	RAMESH	B A - I	E. Swetha
27	KOTRANGI SAHITHYA	RAJANNA	B A - I	K sahithya
28	NEERATI MOUNIKA	RAJANNA	B A - III	N. Mounika
29	G.SHANKARAMMA	POSHAM	B A - III	Shankaramma
30	KESRAPU SWARNALATHA	POSHAM	B A - III	Swarnalatha

Co-ordinators

1 _____
(PACHAM SREELATHA)

2. _____
(G MOHAN)

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FEED BACK FORM ON MEHNDI DESIGNING COURSE

Name of the participant ………………………….

Programme and year: ……………………………….

1. Were objectives of the course clear to you   Yes/No

2. The course contents met with your expectations   Yes/No

3. The curriculum module was well planned   Yes/No

4. The Course exposed you to new designs and practices   Yes/No

5. Was the practical work adequate or not   Yes/No

6. Was the instructor encouraged the participants   Yes/No

7. Was the instructor's skill and performance adequate to the course out comes

Yes/No

8. Were objectives of the course realized or not   Yes/No

9. Do you think that this course increased your skills towards Self employment

Yes/No

Signature of the participant

ప్రభుత్వ డిగ్రీ కళాశాలలో మెహందీ డిజైన్ కోర్సు ప్రారంభం

మాట్లాడుతున్న ప్రిన్సిపాల్ గోపాల్

బెల్లంపల్లి: బెల్లంపల్లి ప్రభుత్వ డిగ్రీ కళాశాలలో చదువుతున్న విద్యార్థినుల కోసం ప్రత్యేకంగా మెహందీ డిజైన్ సర్టిఫికెట్ కోర్సు ప్రారంభమైంది. మంగళవారం డిగ్రీ కళాశాల జంతు శాస్త్ర, ప్రభుత్వ పాలన శాస్త్రం విభాగాల ఆధ్వర్యంలో నిర్వహించిన తలపెట్టిన మెహందీ డిజైన్ కోర్సును డిగ్రీ కళాశాల ప్రిన్సిపాల్ గోపాల్ లాంఛనంగా ప్రారంభించారు. ఈ సందర్భంగా ఆయన మాట్లాడుతూ విద్యార్థులు చదువుతో పాటు నైపుణ్య ఆధారిత శిక్షణ కూడా నేర్చుకుని అందివచ్చే అవకాశాలను సద్వినియోగం చేసు

కోవాలని తెలిపారు. కళాశాలలో రాబోయే కాలంలో మరిన్ని కొత్త కోర్సులను ప్రారంభించ డానికి చర్యలు తీసుకుంటామని పేర్కొన్నారు. ప్రస్తుతం ప్రారంభించిన మెహందీ డిజైన్ కోర్సు లో 5 రోజుల పాటు శిక్షణ ఇవ్వడం జరు గుతుందని తెలిపారు. ఈ కోర్సులో 30 మంది విద్యార్థినులకు అవకాశం కల్పించడం జరుగు తుందని పేర్కొన్నారు. కార్యక్రమంలో వైస్ ప్రి న్సిపాల్ శ్రీలత, అధ్యాపకులు జి.మోహన్, గంగయ్య, అర్చన, రాధిక, విద్యార్థులు పాల్గొన్నారు.

ఉపాధి కోర్సుల్లో శిక్షణ పొందాలి

బెల్లంపల్లిటౌన్ : చదువుతోపాటు విద్యార్థులు ఉపాధి కోర్సుల్లో శిక్షణ పొందాలని ప్రభుత్వ డిగ్రీ కళాశాల ప్రిన్సిపాల్ మేకల గోపాల్ సూచించారు. మంగళవారం కళాశాలలో జంతు శాస్త్ర విభాగం, ప్రభుత్వ పాలన శాస్త్రం విభాగం ఆధ్వ

శిక్షణ పొందుతున్న విద్యార్థిని

ర్యంలో మెహందీ డిజైన్ సర్టిఫికెట్ కోర్సును ఆయన ప్రారంభించి మాట్లాడారు. నైపుణ్యధారిత కోర్సులను నేర్చుకోవడం ద్వారా ఉద్యోగ, ఉపాధి అవకాశాలను అందిపుచ్చుకోవచ్చని తెలిపారు. ఐదు రోజుల పాటు శిక్షణ తరగతులు కొనసాగుతాయని పేర్కొన్నారు. శిక్షణ తరగతుల రిసోర్స్ పర్సన్‌గా ప్రభుత్వ జూనియర్ కళాశాల లెక్చరర్ స్వప్న వ్యవహరించారు. వైస్ ప్రిన్సిపాల్ శ్రీలత, లెక్చరర్లు పాల్గొన్నారు.

Mehndi training programme

Course Coordinator   P. Sreelatha, Asst. Professor of Zoology

Various patterns of mehndi designs

GOVERNMENT DEGREE COLLEGE, BELLAMPALLY

DISTRICT MANCHERIAL

TELANGANA, 504251

Date: 05-02-2020

CIRCULAR

As per the instructions of the Commissionerate of Collegiate Education, Telangana departments of Zoology and Public Administration are jointly organizing skill oriented short term certificate course from 11-02-2020 to 28-02-2020 for girl students in our college. Interested candidates may register their names with sri G.Mohan, Lecturer in Public Administration on or before

08-02-2020.

Course timings: 09.30 A.M. to 10.30 A.M.

04.30 P.M. to 05.30 P.M.
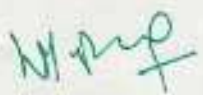
Course Coordinators:

1. P.Sreelatha

Asst.Prof.of Zoology

2. G.Mohan.

Lecturer in Public Administration

PRINCIPAL
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GOVERNMENT DEGREE COLLEGE, BELLAMPALLYDISTRICT

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Enrollment form for Mehndi Designing Certificate course

1. **Name of the candidate**   :

2. **Course and year of study**   :

3. **Residential address**   :

4. **Date of Birth**   :

5. **Mobile No**   :

6. **Email Id**   :

7. **Social status**   :

8. **Aadhar No**   :

9. **Hobbies**   :

10. **Areas of interest**   :

Signature of the Aspirant

COMMISSIONER OF COLLEGIATE EDUCATION, HYDERABAD

Government Degree College, Bellampalli, Mancherial Dist.

CERTIFICATE OF COMPLETION

This Certificate is awarded to Kum/Smt. _____

D/o. _____ Group _____ Year _____

, for the successful completion of 15 days Mehindi designing

Course Organised jointly by Department of Zoology and Public Administration from

11-02-2020 to 27-02-2020.

Co-ordinator
P. SREELATHA
Dept. of Zoology

Co-ordinator
G. Mohan
Dept. of Public. Admn.

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GOVERNMENT DEGREE COLLEGE, BELLAMPALLY

DISTRICT MANCHERIAL

TELANGANA, 504251

MEHNDI DESIGNING COURSE

From 11-02-2020 to 27-02-2020

ACADEMIC YEAR 2019-1920

Organized by

Department of Zoology

And
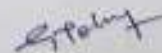
Department of Public Administration

P.Sreelatha

Asst Prof of zoology ,

G.Mohan

Lecturer in Public Administration

Curriculum design:-
The curriculum is designed in seven modules
Syllabus:-
1.Drawing different forms of lines and symbol
The Henna Page "HowTo" Patterns

Once, when you were very young, you had difficulty writing. You practiced on lined paper until you could write easily, legibly, and quickly. Henna patterns can be created of simple elements just as words are created of letters. If you learn the elements, you can put them together to make complex patterns. Practice these exercises with lined paper and a pen until you can draw the figures quickly and smoothly, just as you practiced elementary school penmanship exercises. Then practice them with a henna cone. In time, you'll be able to build up complex henna patterns quickly and easily

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1: The Fooffy:
This looptyloop is similar to the cursive letter "f".

2: The Hump:
This hump is the most frequently used element in contemporary Indian bridal henna. Learn to love your Hump, and practice humping for speed and accuracy!

3: The WibbleLeaf
This leaf is created with a wibble and a flick. Henna that is naturally stringy or which has had dextrose added makes these WibbleLeaves go smooth and fast. Wibble up, Wibble down, Wibble

around a spiral
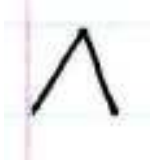
4: The ZiggyZoggy

The ZiggyZoggy is most easily done with naturally stringy henna, or henna with added dextrose. If you have stringy paste, you only need to touch down at the apex and nadir of each angle and drape between. North African patterns use lots of ZiggyZoggies! In India, repeating ZiggyZoggies symbolize the rainy season, water, fertility, and abundance. Learn your ZiggyZoggy!

5: The Fishbone

The Fishbone is most easily done with naturally stringy henna, or henna with added dextrose, so you can drape fine and straight fishbones . Fishbones are great "filler" patterns between longer lines.

6: The Mummy

The Mummy, the letter M, is versatile and beautiful! Have fun with your Mummy!

7: The Sprout

The Sprout looks like a sprouting seed or a comma with a long tail. Sprouts are a tasty addition to henna patterns!

8) The Game

The Game is a depiction of a game board, symbol of merriment, leisure time, and games of strategy and chance. This pattern has been a favorite in Indian henna for over 100 years, and continues to be popular in contemporary bridal henna

9) The ?S?S?

This pattern is variously interpreted as a vine, meander, pothook, or a scorpion. As a scorpion, it may have either passionate or deadly associations ... or both!

10) The Bud

This tiny leaf or flower bud appears in henna designs all over the world as a metaphor for youth, fertility and new life

The Fooffy

1) The Fooffy is similar to the cursive letter F.
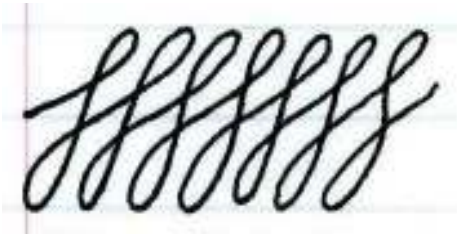
2) Make repeating Fooffies, and make them as even and perfect as you can.
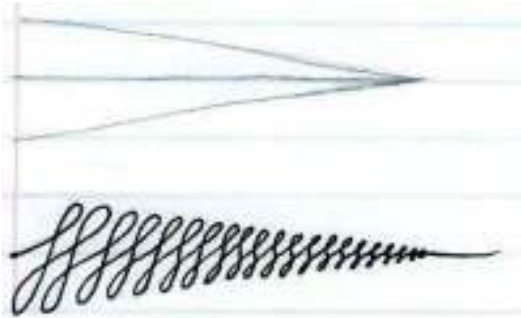
3) Make diminishing Foofies:
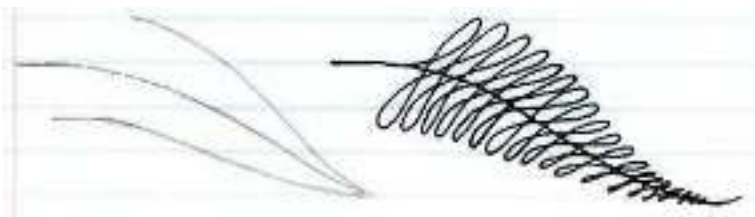
4) Draw a drooping line, and drape a diminishing Fooffy down it.
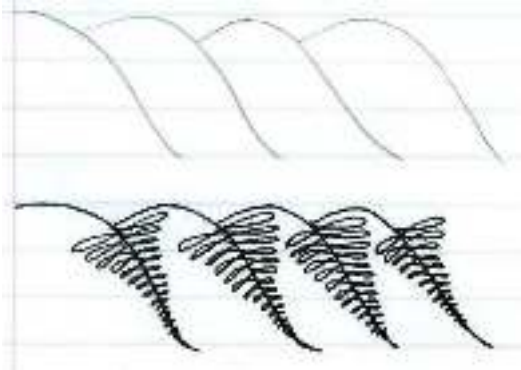
5) Make a series of drooping lines, and drape diminishing Foofies down them.
Practice for speed and accuracy.
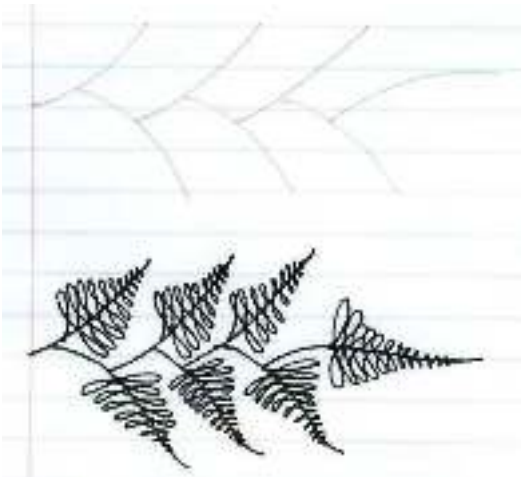
6) Make alternating flinging lines. Fling flying Fooffies along the lines.
Practice until you can make them very quickly!

Ready to do some whole patterns?

The Hump

The hump is the most frequently used element in Indian Bridal henna patterns. Practice perfect humps, multihumps, parallelohumps, humptybumps, daisyhumps, poseyhumps, filler humps and borderhumps. Happy Humping!

1) The Hump

2) Practice making rows of humps.
 Try to make multihumps perfectly even and very fast.

3) Make parallel rows of humps.
Parallelohumps are bracelet basics.

4) Do a double row of humps to make humptibumps.
Humptibumps are great for edging larger patterns.

5) Pile up rows of humps like bubble froth for bubblehumps.
Bubblehumps are great for filling up blank spaces. It takes practice to get these perfectly even. Try filling whole lines of notebook paper with fast, even bubblehumps.
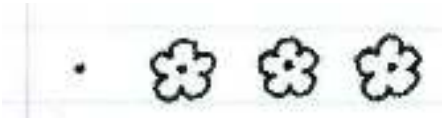
6) Wind humps around a dot to make daisyhumps.
Practice daisyhumps until you can make a row of them quickly, with all the petals even.
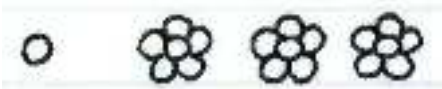
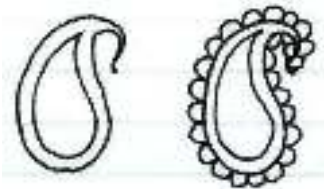**7) Wind humps around a circle to make poseyhumps.**
Again, practice poseyhumps until you can make them perfectly even every time.

8) Try combining daisyhumps with paralellohumps.
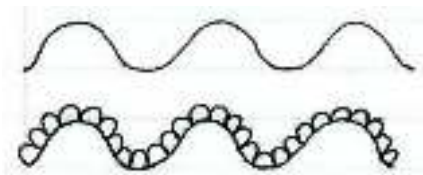
9) Practice humping along the edge of a wavy line with perfectly even humps.

10) Humping on the edge of a figure is a great cover-up for a less-than-perfect borderline.

Ready to do some whole humping patterns?

Hump-O-Rama!

The WibbleLeaf

1) This is the WibbleLeaf.

2) You make the WibbleLeaf by wiggling (wibbling) the tip of the henna cone back and forth and then pulling it away quickly, leaving a little tail.
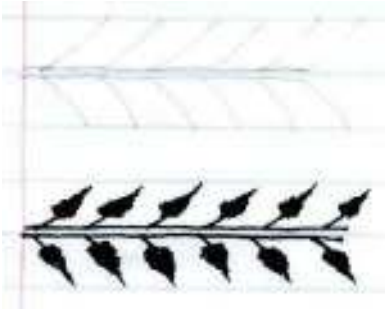If you have stringy henna paste, or add monosaccharides to your henna mix, you will be able to pull little tails off your WibbleLeaves.
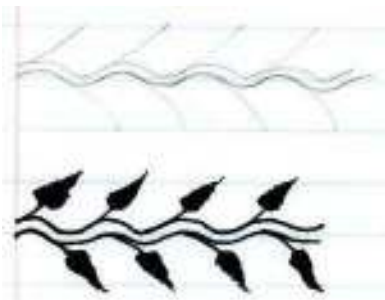

3) Make parallel slanting lines, and see if you can make WibbleLeaves with perfect wibbles and little tails.
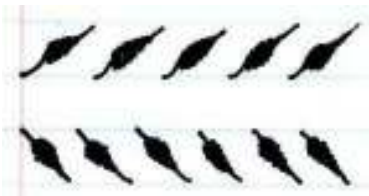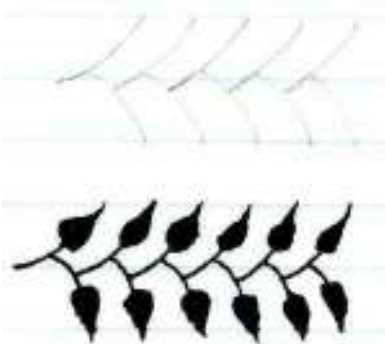

4) Practice upward and downward WibbleLeaves over and over until they all have perfect fat wibbles, and neat little tails.

5) Make pairs of WibbleLeaves from a straight stem.
Practice wibbling for speed and accuracy.

6) Alternate WibbleLeaves from a winding stem. Make them fit neatly on the curves.

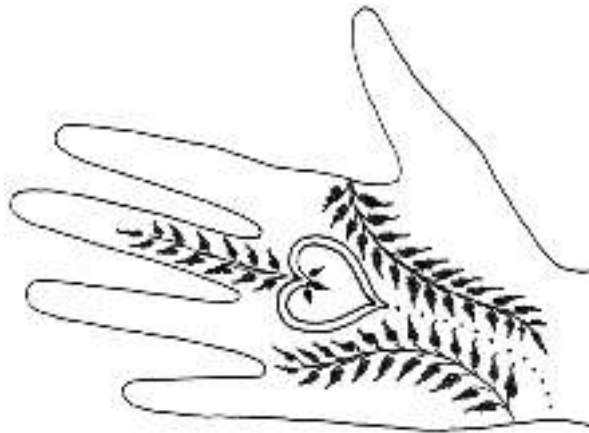**7) Fling WibbleLeaves. Practice for speed and accuracy.**

8) Drape WibbleLeaves.
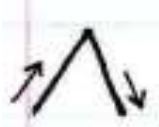

9) Increase and decrease WibbleLeaves.

10) Decrease wibbles around a spiral for ferny WibbleLeaves.

Put your heart into your Wibbleleaves!
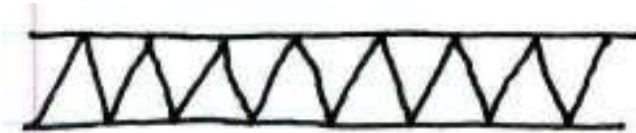
The ZiggyZoggy

1) This is the ZiggyZoggy

2) This is a repeating ZiggyZoggy.
Make a nice, even ziggyzoggy on lined paper. When you do a ziggyzoggy with naturally stringy or dextrose henna, you can touch down the cone at the top and bottom of each ziggy, and drape the zoggy between the points.


3) This is a repeating ZiggyZoggy between two lines.
When you're working with henna, make the two straight lines first. When they have dried slightly, henna the ZiggyZoggy. It's easy to touch the henna to a partly dried lines, then zoggy it to the next line. Don't try to ZiggyZoggy between two wet henna lines, or you'll MessyMooshy your ZiggyZoggy.


4) This is a Repeating ZiggyZoggy across a line.
When you're working with henna, make the t straight line first. When it has dried slightly, henna the ZiggyZoggy. Don't try to ZiggyZoggy over the wet henna line, or you'll MessyMooshy your KrissyKrossy ZiggyZoggy. This pattern is the basis of many North African henna patterns.
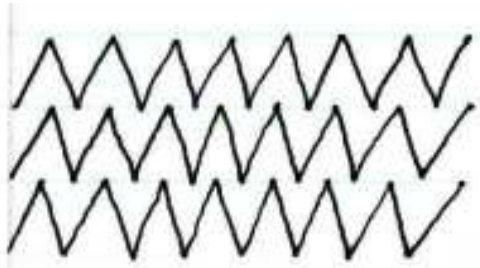
5) Try making a ParalelloZiggyZoggy.
Practice for speed and accuracy. In Indian henna work, this is a "*lahariya*" pattern, and is a symbol of ripping water, the rainy season, fertility and abundance.
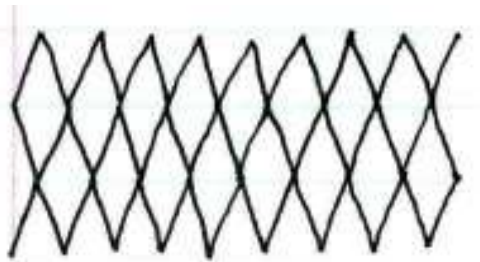
6) Make a Fishnet ZiggyZoggy
Lay in your ZiggyZoggy point to point to make a net pattern. This is the basis of GREAT filler henna work.

Practice your ZiggyZoggies! Mess around with your ZiggyZoggies! Fill up a whole sheet of notebook paper!
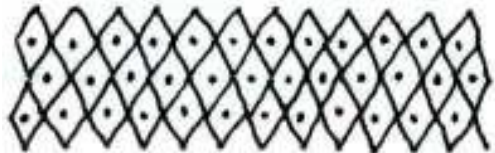
Dot that Fishnet ZiggyZoggy!

Wave that ZiggyZoggy!

Fill that ZiggyZoggy!

Combine the ZiggyZoggy with humps and smaller ZiggyZoggies!

Want some ZiggyZoggy Patterns?

Fishbones

1) This is a Fishbone.
Touch down the point of your henna cone to begin, and drape a line ... then touch down the cone to end the fishbone. You can make fine, sleek, straight fishbones by draping naturally stringy henna or henna paste with added dextrose.

2) Fishbones are space fillers.
Draw your long henna lines first, and let them dry a little. Drape your fishbones between the partly dried henna lines. That will make it easier to have a clean start and stop to your fishbones. If you try to draw fishbones between wet henna lines, you'll get blips and smears. Make fishbones evenly and quickly, with light, fast, draping strokes.
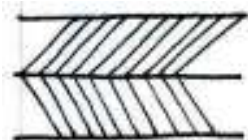
3) Make Fishbones from a centerline.
Make them as neat and even as you possibly can. Make them fine and tight.

4) Braid Fishbones in a ZiggyZoggy.
Draw your boundary lines and ZiggyZoggy first and let it dry a bit. Then   braid Fishbones.

5) Weave Fishbones.
Draw your boundary lines, and divide squares within the boundaries. Weave Fishbones into these squares.
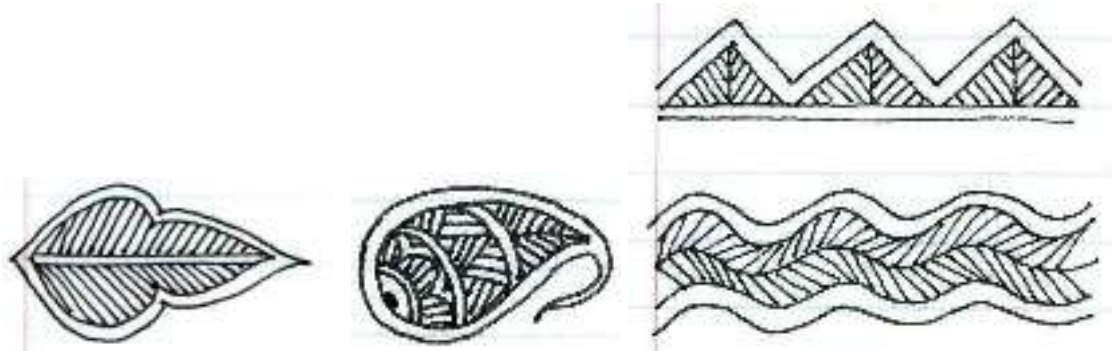
6) Practice filling different shapes with Fishbones.
Draw the outlines first and let the henna dry slightly, then put in the fishbones.
Tiny, neat Fishbones look best. Practice makes perfect!
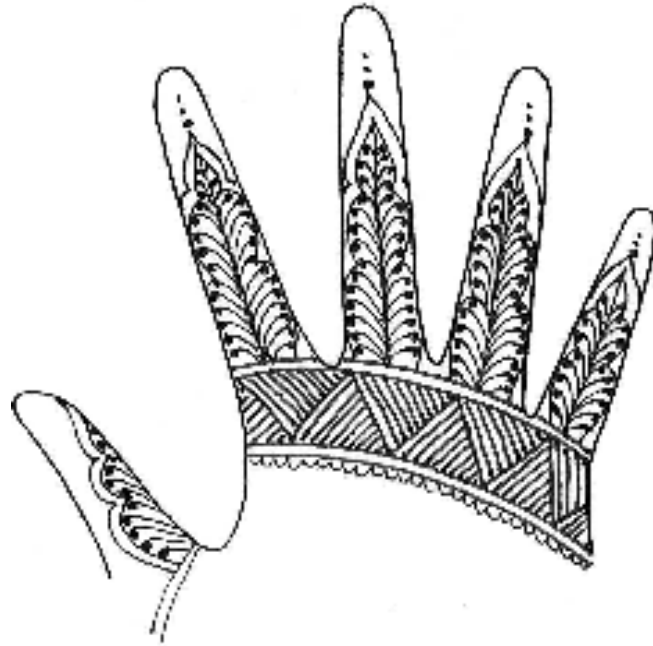
Mummy

1) This is the Mummy. The Mummy is the letter M or three humps in a row.
Do you love your Mummy? There's so many ways to love your Mummy!
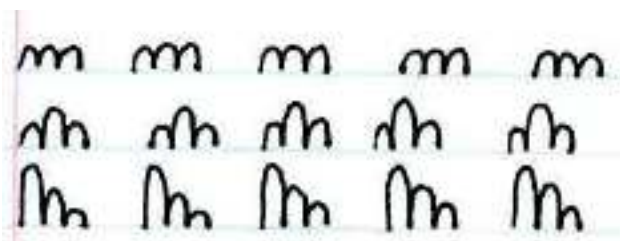
2) Practice your Mummies straight up.

Vary your Mummies with even humps, a big hump in the middle, and diminishing humps.

3) Put Mummies on a wavy line.
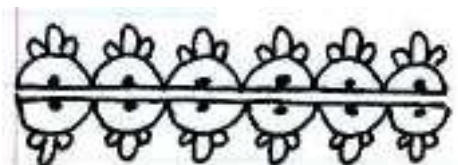
4) Put Mummies on bumps.

NOW! You're Ready for "The Curse of the Mummy!"
Well... cursive Mummies, anyway...
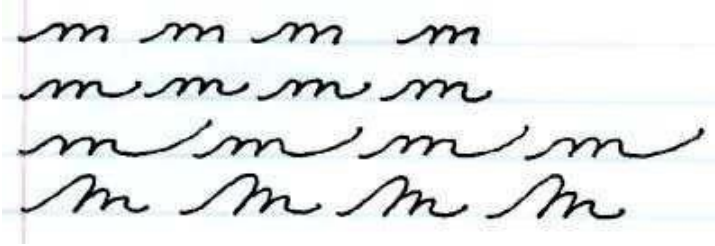
5) Practice "The Curse of the Mummy": cursive handwriting mummies.
Make Mummies with no tails, short tails, and long tails. Make Mummies with diminishing humps.
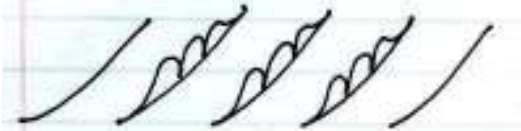
6) Put "The Curse of the Mummy" onto a line to make a graceful half leaf.
Practice this until you can do it smoothly every time.
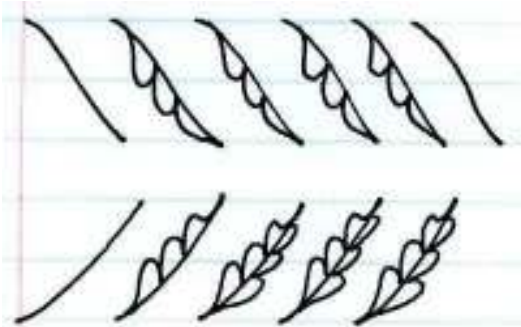
7) Practice downward lines, and double Mummifications.

8) Mummify Swirls

9) Mummify Flowers
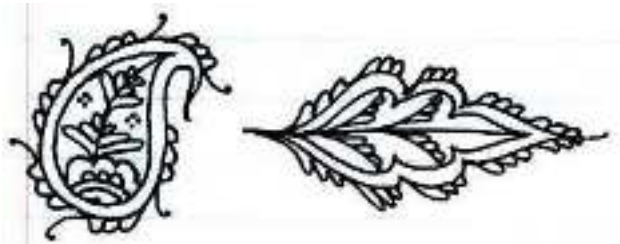
10) Mummify Paisley and a Leaf.

Mummy Patterns
The Return of the Mummy!
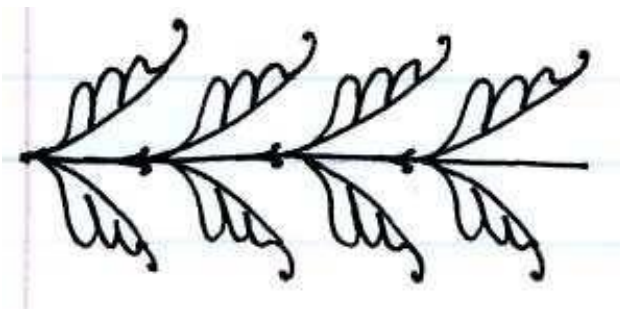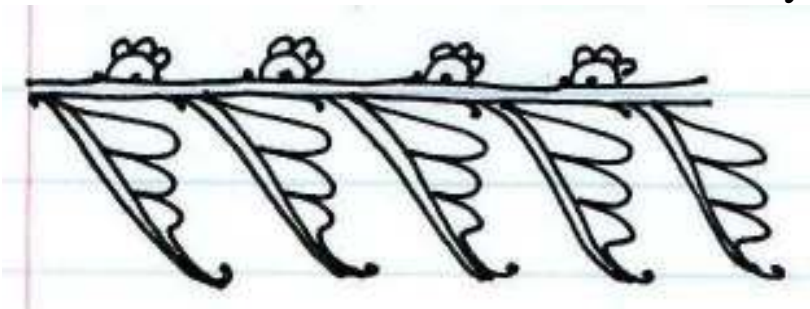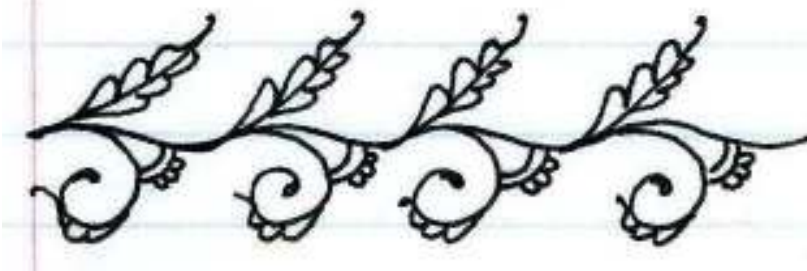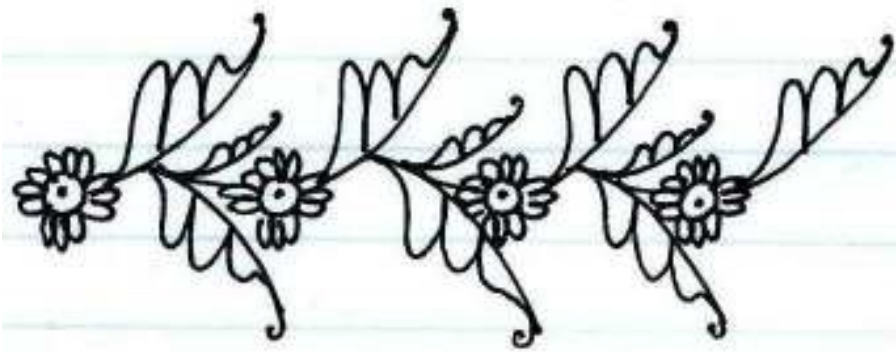
The Sprout

1) This is the Sprout.

2) Make a Sprout by swirling a bead of henna, then continuing the swirl out in a long comma.
Sprouts can be clockwise or counterclockwise.
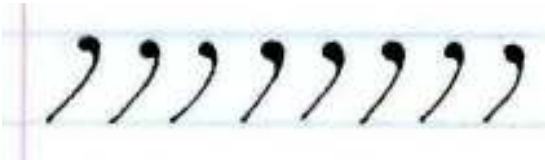
3) Practice your Sprouts!
Practice forward Sprouts, backwards Sprouts, out Sprouts, in Sprouts, alternating Sprouts, mirrored sprouts ... until you can do them smoothly and evenly every time! This looks like it should be easy, but it really does take concentration!

It takes work to become a SproutMaster!
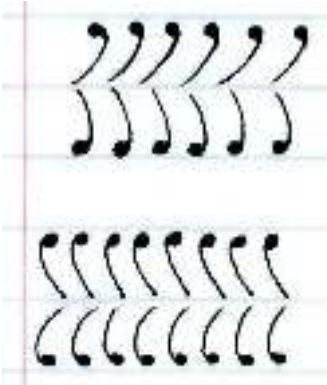
Mirror your inward Sprouts. Make them as even parallel and even as you can.
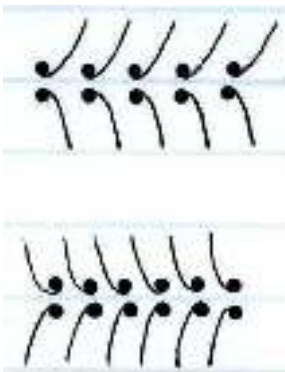
Mirror your outward Sprouts. Make them as parallel and even as you can. Try to increase your speed.
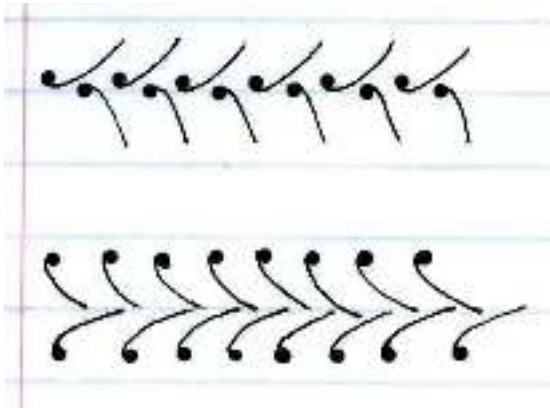
Alternate Sprouts!

Diminish and Increase Sprouts!
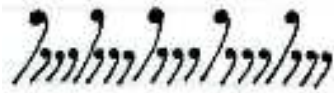
Alternate short and long sprouts. Now, try Sprouting some patterns.

4) Sprout from a ZiggyZoggy.

5) Sprout from a wavy vine.
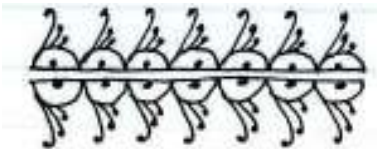
6) Sprout from bumps.

7) Sprout from Mummies

8) Sprout from curls.

9) Sprout from a wavy line, then put an R over the Sprout to make a leaf.

10) Sprout inside and outside an irregular figure.

Sprout Salad
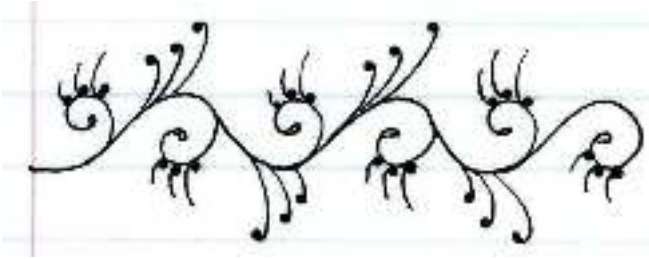
The Game
"The Game is The Game"
Brother Mouzone: "The Wire"

1) This is the Game.
In India, board games of chance and strategy have always been popular, especially as a pastime of the upper classes. In the epic Mahabarata, Shakuni invited Yudhisthara to a game of dice, wherein the Pandavas lost their kingdom to the Kauravas. This simple representation of a game board is a traditional Indian henna pattern dating at least to the late 19th century, and continues to be included in contemporary patterns. Artists may include this pattern as a metaphor for the "game of chance" that is a marriage, or as an expression of games as an enjoyable holiday activity.
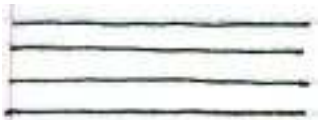
2) Start the Game by draping parallel lines, and allow them to dry slightly.
Naturally stringy paste, or paste mixed with dextrose will make these lines much easier!
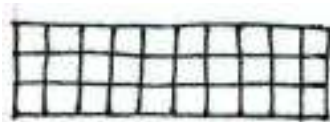
3) Drape crossing lines. If the first lines are too wet, the squares may smear.

4) Fill the squares.
It's much easier to get a clean fill when the lines are nearly dry.
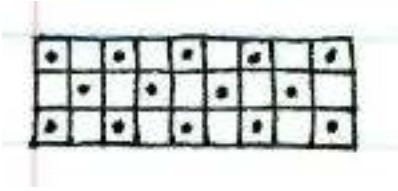
5) Try different Games!
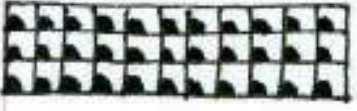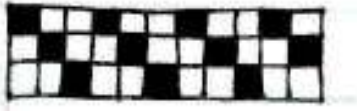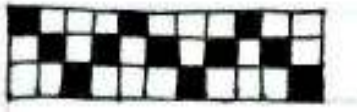
6) Do you need to stop and fan yourself?

7) Put your heart into the game!

?S?S?

1) This is a ?S?S?

Some people call this pattern a scorpion, some call it a pot hook, others call it a meander, some see it as a growing vine, while others speculate that it was used as an ancient symbol of reincarnation or life force. As a simple image of a scorpion, it is a symbol dating to the Middle Eastern late neolithic and early Bronze age and was associated with women. The scorpion was a symbol of the goddess Inanna. Henna patterns from Rajasthan from before 1950 often have little scorpions on the fingers. Old henna and love songs use the metaphor of the scorpion for love: love, like a scorpion sting, makes one breathless, causes a massive hot hard swelling, and the inflamed part feels better when dunked into something moist and soothing. The scorpion is also used in henna as a protective amulet, to "sting" the Evil Eye.

2) This is how you make the ?S?S?
It can go either direction. It can either be an S on its side, or a ? on its side.
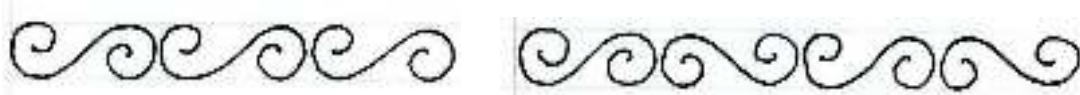
3) You can make a repeating series of SSSSSSS or you can alternate S?S?S?S?S?
Many people have a difficult time keeping track of the spiral's direction. Just repeat to yourself ?S?S ... and there you are. Try drawing series of SSSSSS and ???????????? and S?S?S?S?S?S?S?S along lined paper. The more you practice, the better you'll get!
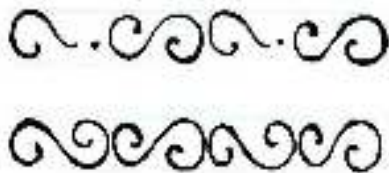
4) Make S?'s facing each other.
Practice pairs of those and try to get them absolutely even.

5) Make SSSS's over an arch or around an irregular shape.

6) Add Scorpion Stings

Combine S's with Humps, Wibbles, Sprouts, Games, ZiggyZoggies, Foofies and Mummies for infinite variations. These patterns go quickly up a finger, around a wrist or an ankle. Practice them until they only take a minute or two!

The Bud
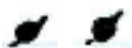
1) These are Buds.

The Bud is a very small leaf. The Bud is one of the most common elements in henna patterning, India and elsewhere. Leaves and flowers bud at the end of a drought, at the onset of life-giving rain. The bud is used as a metaphor for new love and new life, fertility and joy. A bud is a thing of joy!

2) To make the Bud, roll the henna around in a tight little dot, then pull a tail out of the whirl.

You can pull the tail out from the center of the whirl, or out to the side. A bit of the henna is dragged out of the whirl, so it makes a nice smooth Bud shape.

3) Practice your Buds.

Whirl and roll the little spirals tight and neat, and try to make consistent little buds. Perfectly rolled Buds are a thing of beauty!
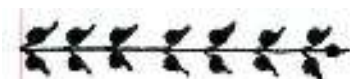
4) Pair up your Buds along a line.

5) Make a wavy vine of Buds.

A budding vine is often a metaphor for a growing family. Many a young man has become enraptured with a lady who had a handful of Buds, and soon after found they had a growing family.

6) Make fine stems of Buds!
Practice rolling Buds for speed, consistency and accuracy.

7) Bud some flowers!

8) Bud a paisley.

Ready to score some Buds?

2.. Information about making cones and preparing   Mehndi paste:-

INTRO: HOW TO MAKE HENNA PASTE AND APPLY TO SKIN
Henna is a great way to create designs on your skin without the permanent effects of a tattoo. Through this tutorial I will teach you how to make your own henna paste in a fun, easy way. After the henna is made, you can use your own creativity to create absolutely any design you can think of!
Add TipAsk Question
STEP 1: WHAT YOU WILL NEED
What You Will Need
• Fresh henna powder (I found this at a local Indian grocery store)
• Lemon juice
• Sugar
• Essential oils (I used tea tree)
• Non-metal mixing bowl and spoon
• Plastic wrap
• ZipLock bag
• Decorating tip
• Rubbing alcohol
• Olive oil
• Mild soap
• Gloves for handling henna
• Tape
• Scissors
Add TipAsk Question
STEP 2: MEASURE OUT 1/4 CUP OF SIFTED HENNA POWDER INTO A BOWL
• Buy henna with a greenish-brown tint
  o Too brown=old henna and won't leave a good stain
  o Too green=may have added dye to make it look fresh when it really isn't
• Store leftover powder in the freezer to stay fresh
• Vary the amount of henna you make to the size of your design
• Sift henna to get rid of chunks that could clog the applicator tip
Add TipAsk Question
STEP 3: ADD Â¼ CUP OF LEMON JUICE WHILE STIRRING
If needed add additional lemon juice until the consistency is between toothpaste and pudding
• If substance appears too thick after adding lemon juice, Slowly add additional lemon juice to avoid getting too runny
• Smash all lumps beginning to form while stirring
Add TipAsk Question
STEP 4: STIR IN 1 Â½ TSP. OF SUGAR AND 1 Â½ TSP. OF ESSENTIAL OIL

• Use oils that contain terpinols (I used tea tree)
• After adding in oil and sugar the texture should be silky
Add TipAsk Question
STEP 5: COVER HENNA WITH PLASTIC WRAP
Rest for 24 hours at room temperature to draw the dye out of the henna
-The henna should appear similar to the last step
-Possibly will appear a little thicker
Add TipAsk Question
STEP 6: ONCE THE HENNA HAS SET, SCOOP OUT THE DYE INTO YOUR

APPLICATOR

a. I washed out a tip from an old decorating gel tube,

b. cut the corner of a Ziploc bag,

c. and placed the tube into the bag

d. Tape the bag around the tube to secure

e. Spoon out henna into the applicator

Either use henna immediately, or freeze until use

Add TipAsk Question

STEP 7: WASH SKIN WITH SOAP AND WATER

• If skin is oily, apply additional rubbing alcohol

Add TipAsk Question

STEP 8: POSITION YOUR TIP OVER SKIN

• Use proper protection when using henna: it will stain skin and clothes

Add TipAsk Question

STEP 9: 3. CREATE YOUR DESIGN!

Hands and feet stain darker

a. Apply pressure gently until you get a feel of how fast the henna will come out

b. Clip the tip back if it does not come out well enough

c. I would recommend staying away from central body parts that don't stain as easily

Add TipAsk Question

STEP 10: LET DESIGN DRY

• Cracking of the henna is a good thing

Add TipAsk Question

STEP 11: WRAP YOUR DESIGN WITH PLASTIC WRAP

Keep covered for at least 10 hours

Add TipAsk Question

STEP 12: ADD OLIVE OIL TO DESIGN AFTER UNWRAPPING

Add TipAsk Question

STEP 13: REMOVE EXCESS FLAKES WITH A MILD SOAP AND WATER

3.Information about the designs and removal of Mehndi:-

Tips to remove henna
1. Salt water soak
You may want to start the henna removal process by soaking your body in water with an exfoliating agent, like sea salt. Epsom salt, or even table salt, works too. The sodium chloride in salt can help nourish your living skin cells and get rid of dead ones.
Pour about half a cup of salt into the warm water of a half-full bathtub and soak for twenty minutes.
2. Exfoliating scrub
Scrubbing your skin with an exfoliating face or body wash may help remove henna quickly. Using one that contains a natural exfoliating agent, like apricot or brown sugar, minimizes the irritation to your skin.
Make sure to use a moisturizer or apply coconut oil after exfoliating your henna tattoo.
3. Olive oil and salt
Mixing one cup of olive oil with three or four tablespoons of sea salt creates a mixture that may be able to loosen the henna dye from your skin while exfoliating the fading tattoo.
Use a cotton swab to fully coat your skin and let the olive oil soak in before gently rubbing off the salt with a wet washcloth.
4. Antibacterial soap
The high alcohol content and exfoliating scrubbing beads in antibacterial soap can help get rid of henna dye. Scrub your hands a few times a day with your favorite antibacterial soap, but be careful about drying out your skin.
Apply a moisturizing cream to your body after using antibacterial soap to get rid of henna.
5. Baking soda and lemon juice
Lemon juice is a provenTrusted Source skin lightening agent. Baking soda and lemon juice can work together to lighten the henna dye and make it disappear faster. However, never apply baking soda and lemon juice to your face.
Use half a cup of warm water, a full tablespoon of baking soda, and two teaspoons of lemon juice. Apply this mixture with a cotton swab and let it soak into your skin before removing it. Keep repeating until the henna can't be seen.
6. Makeup remover
Any silicone-based makeup remover can work as a gentle way to get rid of henna dye.
Use a cotton swab or Q-tip to fully saturate your henna tattoo and then remove the makeup remover with a dry cloth. You may need to repeat this a couple of times.
7. Micellar water
Micellar water can bond to henna dye and help lift it away from skin. This

method is especially gentle on your skin.

Make sure to soak your skin completely with the micellar water and let your skin absorb it. Then apply some pressure as you rub your skin dry.

8. Hydrogen peroxide

Hydrogen peroxide can lighten the appearance of your skin, but this method may take a couple of tries to remove henna. Use diluted hydrogen peroxide meant for cosmetic use, and apply it generously to the area of your henna tattoo. After several applications, the tattoo should fade beyond visibility.

9. Whitening toothpaste

Put the whitening ingredients of your toothpaste to good use by applying a generous amount to your henna tattoo and rubbing it in.

Let the toothpaste dry before using an old toothbrush to gently scrub the toothpaste off.

10. Coconut oil and raw sugar

A mixture of room-temperature (melted) coconut oil and raw cane sugar makes a powerful exfoliation agent.

Rub the coconut oil on your henna tattoo and let your skin absorb it before layering the raw sugar on top. Rub the sugar over your tattoo before applying pressure with a loofah or washcloth to remove the oil and sugar from your skin.

11. Hair conditioner

A hair conditioner product meant to moisturize your hair can also remove henna.

Apply the conditioner to the tattoo and make sure your skin has time to absorb it fully. Rinse off with warm water.

12. Go for a swim

The chlorinated water in a public pool might be what you need to remove the henna from your skin, and you get some exercise in the process.

5.Simple Mehndi Designs

Mehndi or Henna is considered to be one of the most auspicious elements at a lot of festivals in India. At weddings, it's a central element of the revelries. The bride's hands and feet are painted with henna around 2 days before the wedding! And then everyone anxiously waits to see how dark of the color henna paste leaves on her hands and feet. According to traditional sayings, the darker the color, the more love the groom has for his future wife. And the same goes for the groom's henna too! It's still widely believed today.

See: Darken Your Bridal Mehndi With These 10 Easy Tips!

In Hindu weddings, a whole day is dedicated to the mehndi function. That's the kind of cultural importance henna holds in the culture. But it's not just Hindus, even Muslim weddings consider mehndi application an important tradition. They, too, have a separate day dedicated to the mehndi function.

For centuries, henna has been known to bring love, prosperity, fortune, and protection against evil. Apart from these beliefs, henna also has scientifically proven benefits. Mehndi has a very soothing effect. It cools down and calms the minds of brides & grooms of all the wedding stress and anxiety. It's healing powers also protects them against any viral infections or minor ailments like stress & headaches. Impressive, isn't it?

Henna grows in the drier parts of the country. The leaves are then crushed and made into a fine powder. It's then mixed with water, black tea, eucalyptus oil, and lemon juice and filled into plastic cones. These are used to create elaborate designs on hands and feet.

The art of mehndi application takes skill and patience to learn. But if you are a beginner or knows a little something about henna application, here are 100+ Simple Mehndi designs that you'll absolutely love!

Purchase herbal henna powder here, and oil to darken your mehendi here.

Simple Mehndi Designs For Front Hands

1. Conventional Floral Arabic Trail

A gorgeous Arabic bel-art mehndi design just never goes out of style. We love how neatly it's drawn with petite strokes for the boundary and filling. Incorporating traditional elements, this indeed is a simple mehndi design!

2. Cascading Flower Power

Starting on the base with a full floral pattern and carrying it to the top with mid-sized florals is giving this mehendi design a jaw-dropping look! Look at that simple floral bel art drawn at the side, giving the already stunning design perfection it needs!

3. Playing with the new age elements

A modern age simple mehndi design decorated with new-age mehndi elements like dropping pinjaras, designed fingertips etc. The notable spaces in the middle further add to how modish this design is.

4. Peacocks & Flowers

Thick strokes for the boundary and petite for filling in the design look so appealing to the eyes. The overall pattern is so unique that it immediately caught our attention. Those exclusively patterned nails are yet another noteworthy element of this simple mehndi design.

5. One of a kind Mandala Design

Mandalas always look traditional and elegant in a mehndi design. And when it is a unique one drawn in the middle like this one, it surely catches attention.

6. Intricacy at it's best

Move on from the traditional mehndi trails because we have got something impressive for you to try instead. Just as easy as a bel-art, this simple mehndi design is for anyone who wants to try something new for their henna application.

7. An incredible pattern!

A coordinated mehndi design always soothes the eyes. This simple mehndi art is a perfect balance for

any bride who doesn't want a minimalistic design but wouldn't want a full-blown bharwa design either.

8. Effortless Yet Enchanting!

A simple mehndi design with florals, chequered patterns and leaves is literally love at first sight! Bridesmaids, take note. This design is screaming for you. And while you are at it, don't forget to take a stunning selfie like this one.

9. Elegance at it's best!

Want to paint your half-hands with henna while keeping it easy? These effortless circular strokes placed perfectly are a great option to try out!

10. Another mesmerizing design!

Drawing a simple mehndi design step by step is sometimes all about putting the traditional elements in a creative manner. This is such a beautiful design that even beginners can nail down!

11. Take It Up A Notch!

Sometimes all it takes to create a chic pattern is go the unusual way. Instead of drawing the bel-art diagonal style, keep it horizontal and sass it up with a quirky pattern like this. Don't forget to take it up a notch with those chequered fingertips!

12. Intricate & Spacious

An elaborate mehndi design on the side with superbly done fingers is a perfect option for a minimalist bride. However, lack of neatness can really stiff up this design. So don't try it if you are not good with petite strokes.

13. So damn pretty!

This might look like the exact opposite of a simple mehndi design, but look closely! The patterns drawn on both hands & fingers are similar and spacious. Such facile designs are definitely worth crushing over!

14. This is a riveting one!

Keeping the charm of bharwa and minimalism alive, this gorgeous mehndi design adorned with lotus flowers, symmetry, and evident bare space is worth drooling over!

15. What a neat work!

This simple mehndi design bedecked with chequered boxes, adjoined elements and innovative patterns left us stunned! We think it's an easy design that anyone with basic skills in the henna application can nail down.

16. Floral heaven!

This one might just be our favorite. Perfect for brides, wedding guests and kids alike. You need to have the knack of drawing outlines though before trying this one. Once that's pinned down, just fill in the gaps and you're done!

17. A traditional bel-art pattern!

Nothing new here! Just a very traditional Arabic design that most of our mothers already are well aware of. Anyone trying to go basic, this simple arabic mehndi design should have you weak in the knees!

18. The one for the sister-of-the-groom!

Yes, we deliberately used the 'F.R.I.E.N.D.S' reference here. This gripping mehndi design with accentuated sayings, swirls, matka motifs, and cutesy bhaiya-bhabhi sketches is one of the best mehndi designs for sister of the groom!

19. Edgy, Chic and Minimal

Concentric swirls, leafy pattern and ideal positioning – this simple mehndi design looks trendy and attractive.

20. Sophisticated & Modern!

This ultra-voguish easy-peasy mehndi design is already keeping you stare at your screens, isn't it? Well, you are not the only one. We did it too, so had to include it in the list!

21. Not so simple!

Well, we will admit it. This one isn't a simple mehndi design, even if it looks like it. Only someone with a level above the beginner can make this design. But it's quite easy and doesn't take as much time! So, it's simple in that way. (Guilty, not guilty!)

22. Arresting One!

Bold outlines and catchy fillings, we absolutely adore this simple mehndi design decorated on just the palm of the hand!

23. Peacock-y Charm!

Paisley in the form of peacock has been used as an element in mehndi design since forever. All the beginners in mehndi start by drawing these traditional elements at first – which is all that comprises this gorgeous yet simple henna design.

24. Embracing the New Age Trend – Jhumka Motifs!

Jhumka motifs in mehndi are the latest rage in henna designs. And they are so easy to map out. Look at this extraordinary henna design spreading charm only using these new-age motifs.

25. Neatly Done!

This concentric circle design neatly done with alluring fingers is probably the simplest mehndi design of them all!

26. Simply amazing!

The strokes in this simple mehndi design is an amazing combination of thick and thin. That's what makes it so appealing though.

27. Arabic Love

A beautiful arabic style simple mehndi design painted just on the sides of your hands. Keeping it as tidy as possible is the key here! For fingers, you can choose any of the simple finger mehndi designs depicted below!

28. Uniquely Patterned

Shift your circular mandala to a little left & create an exclusive design that's modish and elegant. The creative filling in this mehndi design is also what's making it so captivating.

29. Karvachauth Special!

Well, the personalised lady motif in the middle takes work but for those who possess mediocre levels of drawing skills can easily sketch it. Once that's done, the design becomes pretty simple to replicate.

30. Multi-patterned & Classy!

The repetitive filling in this mehndi design along with an easy outline is one of the best out of these simple mehndi designs. The complementary nature makes it extra appealing to the eyes.

31. Bold & Traditional

We are swooning over this immaculate mehndi design!

32. Minimalist

Minimalist mehndi design lovers – here's something for you to fall in love with! When you call out for a very simple mehndi design on weddings, there are judgemental eyes on you. But this spacious & half-hand designs will be ideal for your & those critical aunties too!

Also See: 35+ Latest Bridal Mehndi Designs For Full Hands

33. Step-by-step Simple Mehndi Design

It becomes difficult to see a full-blown mehndi design & decide where to start, here's a step by step simple mehndi design tutorial to help!

Simple Mehndi Designs For Back Hands

You know what elders say, it's bad luck to leave back of your hands unpainted with henna. And drawing a line or dot isn't so fancy. So, here are some simple mehndi designs for backhands that will do the job.

1. Arabic Mehndi For The Win!

This traditional and simple mehndi design created by @himani_henna so beautifully is one of our favorite mehndi designs of all time!

2. Mandala Love!

Why stop at just one mandala when they look super pretty on a mehndi design? Take inspiration from this simple mehndi design & take the magic of mandalas up a notch.

3. Simplicity is enchanting

'Simplicity is the ultimate sophistication' and this simple mehndi design proves it!

4. Dazzling Florals

Shaded lotus flower motifs adjoined & placed so beautifully make this design so alluring!

5. Effortless

This backhand mehndi design is so simple, it shouldn't take more than 15 minutes to draw. It's spacious and the filling is minimal as well. This should be your pick if the festival is tomorrow & you have got no time!

6. Just so pretty!

A chic and trendy mehndi design to decorate your hands. It's artistic yet roomy. And yes, we are a little distracted by the stunning wedding nail art too!

7. Less is More

Going by what's trending right now, less is always more. Just take care of the symmetry while drawing this design and it will turn out to be as appealing as in the picture.

8. A Modern Pattern

Jaal pattern outlined inside a curvy pattern is so eye-catchy!

9. Another Modish One

It's alluring and it's simple. Look closely and you'll realize that this design is probably the easiest back mehndi design to draw on this list.

10. Jaal pattern with a twist!

A half-hand jaal pattern enhanced with flowers in the middle and swan motifs outside is easy to make and looks super cute at the same time. If the motif seems a little complex to draw, leave it. The design will still look as good.

11. A treat to eyes!

This simple mehndi design requires intricacy & tidiness. We suggest someone who is above the beginner level to try this one.

12. The Arabic Mehndi Charm

If you've drawn a half-hand mehndi design for your front & looking for something effortless for your back – this simple arabic mehn…

6. Indian Mehandi Designs

Having your hands filled with Mehandi has become quite a thing these days and I am not just talking about it in places like India or Pakistan, but places abroad too. In Asian countries, however, the trend of henna is much cultural and traditional than the fashionable trend of the west. Tattoos, on contrary, have suffered a backlash because of the interest in henna which is organic and natural and one can get their favorite patterns without worrying about sharp needles. People can add henna motifs to any part of their bodies that they want to because sticking to hands and feet is really a thing of the past. People can go from getting henna on their back to their face, the places are endless. Henna has thus proven to be a binding factor among many cultures and communities.

The Mehandi patterns in Indian style are of many kinds. There are fusion Mehandi as well as the most complicated ones. You will also lay your hands on Mehandi with beautiful patterns even with bolder strokes. In this list, we have tried to gather all the variations right from the easier Arabic patterns to the more complicated traditional Indian Mehandi designs that will surely attract your attention. In Indian weddings, that's what brides are looking out for a perfect traditional Indian Mehandi for themselves. For them, it is pretty significant and has a special place in the tradition too. Nowadays, many have decided to shift away from traditional Indian patterns and merge them with contemporary ones. A lot of experimentation has been put into these designs to make them look more appealing and showcase their own sense of style. Therefore, the journey for henna has been a long one. It has traveled way back thousands of years ago to the current millennial fashion trend.

Here is a list of more than 60 amazing Indian Mehandi designs for you to enjoy!

1. Paisley and Flower Pattern
You can easily make out that this design is a fusion design inspired by the Arabic Mehandi designs and the Indian Mehandi designs. It has the best of both worlds. It looks scintillating when done with a combination of bold and intricate patterns. A design like this would also look well with other occasions like Diwali and Holi too. Another great element is the shading scheme done on the flowers. This particular pattern has not been extended too much but you can take it down to your elbow.

2. Mesh and Mango Motif
This is a simple chakra design along with beautifully decorated fingers on the back of the hand. I like how the fingers have been adorned using geometrical designs. The wrist has a v-shaped design that gives it a regal look. The wristband looks exquisite for sure. V-shaped designs have caught up with the trend a lot these days. For minimalistic designs like this, you can always enhance them by using different colors and glitters them.

3. Heavy Vine and Mesh
This is a design done with intricate strokes. The Mehandi design consists of Indian Mehandi elements like paisleys and meshwork along with beautiful floral patterns. It would be great to wear on any occasion with your traditional salwar kameez or a light lehenga.

4. Inspired by Jewelry Designs
This is a pretty ornamental design that you can use for decorative purposes. It is great to wear even if you are not attending any special occasion. A design like this would work great with any casual outfit too. It is not really a heavy design but still has some Indian Mehandi design elements in it and can be easily carried by people who are not much into Mehandi. Any form of clothing would suit this design because of its simplicity and decency that it has to offer.

5. Indian Arabic Mehandi Designs
This black henna is apparently inspired by the Arabic design that is very common in Indian culture. The Arabic designs are so familiar in India that they are often swapped with traditional Indian

Mehandi designs too. Anyway, both traditional and non-traditional patterns look equally good! In fact, the trend is so much in a rage that many people have started applying fusion Mehandi if not traditional Mehandi. Another reason for applying Arabic Mehandi is that it supplies enough gaps to make it super symmetrical.

6. Chequered Paisley Designs

This design is pretty unique because all the motifs are embedded inside the paisleys that seem to be the central motif of the design. You can choose to add some colors to this design because it will totally enhance the look. The meshwork and the floral theme look amazing as supplementary options. It adds to the charm.

7. Minimal Mehandi Design

This design is super simple. It is just a swirling twig that has some beautiful flowers on it. Here, the flowers are lotus. However, what makes even the simplest design like this one amazing is the fact that glitters have been used in the henna. It naturally makes everything pop out in a very spectacular way. It is rather a contemporary design than being a traditional Indian Mehandi design pattern and so you can wear it with a gown rather than with your lehenga. However, I am sure it would look great with a lehenga too.

8. Intricate Peacock Design

This design is apparently based on the peacock theme. It is super unique! Just pay attention to the feathers of the bird! The rest of the design seems to be surrounding the peacock in the middle. Although the rest of the hand has a pretty intricate pattern, the fingers have been kept to a minimal design.

9. Sweet Mehandi Design

t looks very simple, doesn't it? It is simply floral patterns done with (mainly) dot work and teardrop motif. It looks quite exquisite! However, according to me, it is not really suited for typical Indian occasions like weddings, rather it will suit well on festivals like Diwali. It is the minimalistic design of this that is attractive. With simple designs like this, you need not extend it to your full hands either.

10. Full Arm Mehandi Design

The back of the hand of this wearer looks very amazing because of the intricate patterns. It is perfect for any bride because it has multiple motifs that are related to traditional Indian culture. I like how the fingers have been given some spacing to remove them from the main design in the center.

11. Stylish Indian Mehandi Designs

This is quite a contemporary design for you that can be carried forward with a traditional or non-traditional occasion. More than being a henna design for a party, it is like a henna tattoo. Such a trend has gained immense popularity in western countries. However, it still is a beautiful pattern to try out.

12. Peacock and Flowers Traditional Indian Design

This is an extremely simple peacock pattern with bold strokes to give it a little ease and neatness. I like how the peacock is surrounded by two flowers. The design when seen as a whole looks like an amalgamation of geometrical patterns. The fingers have been kept pretty simple, but you can add a bit more elements to give it some depth.

13. Spacing Mehandi Design

I like how the finger pattern moves in a slanting position. The whole design is separated into four sections which give it a kind of neatness that is intended in any Mehandi pattern. Interestingly, the designs in all the sections are quite identical, yet they have been reversed alternatively to give a distinctive look. It would look great with dresses that are high-flown and have a lot of embroidery work done on them. To match the design to your dress, you can add similar color stones to your

henna.

14. Domes and Paisley Mehandi Design
The central idea is the dome and the paisley patterns which dominate the theme. Check out the fingertips of this design which is done with paisley too. It is quite a unique twist on the traditional colored fingertips. A design like this would suit the legs too, but you may add other elements that will go with the shape of it.

15. Floral Motif Design
This Mehandi art is done with black henna and looks amazing. It is a fusion of Arabic and Indian Mehandi styles and is loved by many. It is a great change from the classic Indian patterns which is quite overcrowded sometimes. So for some lighter occasion, you must try something like this.

16. Indian Bridal Mehandi Design

Mango designs are very popular among Indian girls and women because it gives a vibrant look to the Mehandi design. Most of the henna designs have either paisleys or mango designs in them which are detailed with different patterns. The picture contains many other elements but the most striking thing is the symmetry of the design which is hard to master.

17. Paisley and Peacock on Shoulder
Indian patterns look great on any part of the body because it mainly consists of paisleys and dot works which set perfectly on any body part. This design starts from the lower neck and goes down the shoulder. It is a great design if you are planning to wear something off-shoulder. It would be a unique addition to your style on any occasion. The floral vines add to the feminity of such designs. Overall, it is a great and elaborative work of art.

18. Inspired By Mughal Forts
Not exactly an Arabic Mehandi design, yet this design has a theme of that of Arabic Mehandi with lots of paisleys and chequered work. The design is spread out on the hands and looks extremely pretty. The ample spaces that are provided give it a neater look.

19. Bride and Groom Indian Mehandi Design
The Indian bridal Mehandi is very famous amongst girls who like to opt for bride and groom patterns. Even on the other hand, you will find many hidden patterns like that of the king and peacock. It is astonishing how these small patterns can be easily incorporated into such vast and elaborative designs.

20. Full Leg and Arms Indian Mehandi
This leg and arm Mehandi design is very elaborate and is great for any Indian bride on her D-day. The arm pattern has a Ganesha motif on the top while the leg has an elephant motif. The thing about elaborate Mehandi is that you can add as many distinct patterns as you like.

21. Pair of Peacock
Peacock is an auspicious bird in India; it is also the national bird too. It stands for happiness and bliss and is also used in many henna designs as well. You can very well use the peacock motif in your henna designs along with other motifs like the paisley, which looks very similar to the peacock one.

22. Spiral Back Hand Mehandi Design
Look at those beautiful swirls and the way the curve of the Mehandi falls elegantly on the wrist. The patterns are intricate and beautiful. Apparently, it is inspired by the Arabic Mehandi design and looks pretty hippie and chic. I especially like the little addition done by the means of the design on the index finger. It is pretty amazing.

23. Ring Extension Mehandi Design

The Mehandi design is great and looks pretty ornamental. It seems as it is an extension of your jewelry. The chain attaches the ring to the wristband that has simple patterns in it. The patterns in it are basic geometric shapes that are super easy to make. It is also great for young girls who do not want to go into the intricacies of traditional Indian design.

24. Ankle Mehandi Design

Many girls are into henna designs and you can especially see them on occasions like weddings or Diwali when they are covered in henna from tip to toe. However, many these days are catching up with the trend of minimalism and try to refrain from over-complex designs. This one is an example of that trend. A simple ankle design looks pretty beautiful.

25. Block Art Mehandi Design

The beauty of a half and half mesh design is that it does not fail to look like a lacey pattern of a glove. It has those Victorian vibes to it that are classy for any occasion. While I personally think that it would suit more on western outfits, like a gown, but a saree or a suit would do the trick too.

26. Indian Mehandi Design on Back

Mehandi was initially for your arms and legs but it is no reason that it must be restricted to it. Many people go as far as having Mehandi tattoos on their faces. But…let's not go that far and stick to usual body parts like the back or the nape of the neck! A Mehandi design with traditional Indian patterns would look amazing on your back. Have a look at this one, for instance, the paisley designs and the dotted work look fabulous. You can then wear a deep-back cut outfit or blouse to flaunt your beautiful design. It would be unusual and you will stand out from the rest of the crowd pretty sure.

27. Glitter Indian Mehandi Design

Adding glitters and jewels to your Mehandi design is always great because it adds a certain vibrancy to your design. It will definitely cut back on the monotonous black tone of the henna and will add different textures to your work. This Arabic-style Mehandi will look perfect for any occasion.

28. Multi-Dimensional Mehandi Design
This is just a simple Mandala design with the hands not done too much. The fingers are half done in intricate swirly patterns. The arm part of the design is inspired by the Arabic Mehandi design that looks fabulous. At first glance, the patterns are dominantly floral themed which will look perfect on any occasion.

29. Symmetrical Indian Mehandi Design

The design on both hands is identical but the thing that attracts us the most is the center part, which are two half mandalas in a heart-shaped figurine. The mandala is done with pretty leafy vines. I like how the fingers are done with delicate stokes of leaf and floral themes. The huge paisley on the top is worth noticing. It is great for an Indian Mehandi design collection if you are looking for it.

30. Floral Bracelet Design

This is just a modern take of henna jewelry. The design is floral with a bit of a shading effect to enhance the look of the design. The wristband looks pretty ornamental and you might just ditch your heavy wrist bands with a design like this. This one is a pretty simple design with bold strokes and a great 3D effect.

31. Chakra Mehandi Design

This pattern is simple and creative and provides a lot of space for the designs to stand out. The circular design in the middle comes out like a beautiful flower center. I like the bold patterns that have been used to make the leaves. It is quite stylish.

32. Ganesha Mehandi Design

Ganesha is considered the auspicious one and no celebrations begin before commemorating it with Lord Ganesha in the Indian culture. He is the god of well-being, and fresh starts and that's probably why he has a lot of significance for the Indians. Here, the Mehandi has the lord right in the middle inscribed inside a mango pattern with Indian Mehandi design motifs.

33. Feather Mehandi Design

Feathers are highly symbolic in Indian tradition as a motif for freedom and creativity. So, if you are a writer or a bookworm, this design would look amazing. It is quite basic so you can add some more patterns in this one. In the picture, you will see some Indian traditional patterns that have been added to make this design fusion of western and Indian. Quite a great choice.

34. 3-D Indian Mehandi Designs

This is the commonest Arabic Mehandi design that you can come across and believe me, almost everyone has had a similar design at least once in their lives. It is a perfect trail of flowers and leaves and has jewel motifs too. The bold strokes in between give it a 3-D effect which enhances the look it. Adding shaded patterns also helps to enhance the overall look of this design and gives it a subtle depth.

35. Asymmetrical Mehandi Designs

This design looks as if the Mehandi pattern is done with a very light stroke and so each design stands out individually. The rest of the patterns are merely arranged in a slanting position that provides a bit of asymmetry and style to the whole design. It is done with floral and leafy trail patterns.

36. Simple Mehandi Designs

People are much into minimalistic Mehandi designs these days. They prefer the intricate work and the quality of it rather than how much area has been covered. This design is pretty floral but only done with the basic shapes. Looking at its simplicity, it is possible to do by the beginners too.

37. Arabic Back Hand Mehandi Design

This design will leave you awestruck. It is extremely beautiful. The outermost part is done in a beautiful v-shaped theme. Next, we have the dome band which looks absolutely regal. The fingers have been kept to the bare minimum. It is a perfect design for your family occasions or in fact your casual routine too.

38. Unusual Indian Mehandi Design

It seems like the Mehandi was done with a trail of paisleys in an Arabic style starting from the ring finger but more designs were added to fill the hand. The rest of the fingers include mesh patterns while on hand are arms, you will see a lot of floral work.

39. Simple Hand Mehandi Design

Rather than dedicating each hand to the bride and the groom, this designs requires that the bride and the groom must share one hand…like they're about to share their lives. The rest of the patterns are

pretty simple with half domes sitting on each other. This is a pretty simple design but there's always room for improvement!

40. Heart Bride and Groom Design

This raja rani sits perfectly well on the half heart pattern that is complete when the hands are brought together. The arms are beautifully given a floral theme that looks pretty scintillating. The hand and the fingers have a perfect geometrical style that is adorable!

41. Popular Feet Mehandi Design

The leg design seems ornamental and you can, thus, wear this pattern like jewelry. The pattern mainly consists of paisleys and leaves along with floral vibes to it. It is a great traditional design for young girls or brides.

42. Peacock Feather Design

It is an exquisite design because of the huge peacock that forms the central part of the whole pattern. The rest of the design just seems like a part of the feather of the peacock. The designs are intricate and hence both hands have different styles and patterns. For example, both hands contain meshwork but the patterns are totally different.

43. Mandala Mehandi Design

This design is all about the dome. It has a lot of curves and patterns that are drawn with a lot of precision and symmetry. The design is complex and so identical patterns have been chosen for it. You can wear a small ghagra or lehenga so that the design is properly visible,

44. Intricate Indian Mehandi Style

Looking at the extent of this design will only make us question the duration that it will take. It would require a lot of patience and precision to get a design like this. That is the reason that most often the designs on both hands are not the same even when the motifs in them are. You won't be needing too many pieces of jewelry with such elaborative Mehandi designs.

45. Indian Open Pattern Mehandi Design

This leg Mehandi design is beautiful. The meshwork makes it resemble a lacey cloth. The look, overall, is quite traditional and ethnic. It covers half the leg and looks very elaborative. Obviously, the best design for the bride. I am pretty sure that a design like this would make the bride feel very "princess-y."

46. Bride Motif Indian Mehandi Design

Many people like to personalize their wedding henna by adding a portrait of the couple or other significant things that they hold dear. Here, the bride has added a rani or queen motif that symbolizes the bride herself. You can add a king motif on another hand that will represent the groom. The motifs look like a little brooch that you wear. They are absolutely as cute as a button.

47. Chequered Mehandi Design on Feet

This Mehandi design on feet is quite elaborative. It has a big mandala with meshwork patterns on all sides. It is a great space filler. The paisley and peacock motifs are other eye-catching elements that have been included.

48. Full Arm Arabic Design

This apparently is the design for the bride. The design is totally inspired by the Arabic style. The dominant motif is that of paisley in this one. You can say it is one of the most common and basic designs that you can get in this style and that's why you can wear designs like this on any occasion.

49. Chakra Oranamnetal Design

The chakra design looks great as it is quite a traditional motif. I like how the fingers have maintained moderation and the arms are adorned with pretty intricate designs. The overall look is great for any occasion.

50. Lotus Design on Back of the Hand

The Mehandi design here is very intricate and delicate. It might need a lot of patience on the part of the artist and the wearer because sitting for such prolonged hours can be quite tedious. It is great for super-special occasions like weddings. You can get beautiful nail art done that will complement the design.

51. Rose Mehandi Design

This design is full of huge flowers right in the middle of the hands. In fact, the fingers, too, are beautifully decorated with a floral theme. The meshwork is quite intriguing and fills in the extra space.

52. Arabic Inspired Mehandi Design

7 .Arabic designs & Bridal design

Arabic Bridal Mehndi Designs For The ladies Who Want Something Unique! The fascination towards Arabic bridal mehndi designs has grown manifolds in the last few years! It gives a breath of fresh air to the traditional mehndi designs, with its modernity and uniqueness. Arabic mehndi involves a mix of floral artwork along with geometric patterns, resulting in gorgeous, bold designs. Every day we stumble upon interesting mehndi designs, on the basis of creativity. Arabic mehndi is the easiest to apply, hence, it's more popular amongst the modern brides. Since it's less complicated to be designed, it exhibits a very minimal and elegant vibe. In order to leave you awestruck, we've lined up few stunning Arabic mehndi designs. Time to save some inspiration ideas!!

Detailed Arabic Mehndi Design:-

We love how this design is a mix of details with spaces! It gives an illusion of being fuller despite minimal. It's a simple mehendi design and will yet make your hands stand out.

Rose Arabic bridal Mehndi Design:-

Flowers need not just be a part of wedding decor, these motifs in your arabic henna design can surely fetch you the compliments as well. If yours is an intimate wedding and you don't wish to go overboard with the mehndi design, then this one is a perfect choice for you!

Arabic Mehndi Design with Glitter:-

We haven't seen a lot of brides incorporating glitter in their mehndi! Though it's temporary but would be visually appealing, to say the least. Psstt.. .You can also match the same with your lehenga color. If you're someone who has always believed in doing something out of the box, this arabic mehndi design is just the one for you.

Simple Finger-tip Arabic Mehndi Design:-

Now not all brides believe in having their hands full fledgedly done with mehndi so this minimal arabic henna design can be a good option for them. We know this one's quite simple but it would look really beautiful at nuptial

ceremonies like Roka, engagement and more!

Extensively detailed on the fingers with little design on the palm. Rich look, indeed!:-

Minuscule Simple Arabic bridal Mehndi Design for hands
This is one of those Arabic mehndi designs which may look easy at first glance but is actually created with eccentric patterns! In short, it's an eccentric design with an unconventional punch. Perfect for your bridesmaids!!

Leaflet Arabic Mehndi Design:-

Looking for an arabian mehndi design for your roka? Well we just have the perfect option for you. This design is all about a beautiful presentation of leaves and dots! Since Arabic designs involve thick mehndi, this design would look really rich once the color sets in.

Jaal Arabic Mehndi Design:-

While we all have seen traditional jaali designs, but this one's more effortless! It involves no other complementary patterns, thus bringing the entire attention to the beautiful jaal details. Jaal designs in the form of arabic henna designs give an illusion of the hand being adorned with delicate jewels.

Hand-harness Arabic Mehndi Design for hands:-

This one exhibits a magnificent vibe, doesn't it? The bracelet design around the wrist going all the way towards the middle finger, look like a gorgeous haathphool! The intricacy of this arabian mehandi design is like no other.

Beaded Arabic Mehndi Design:-

Here, the design is creatively drawn with extensive use of beads! The mandala adds an enchanting vibe to the design and the fusion between these two makes it one of our favourites. The age old simple mehendi design which consisted of solely circles being drawn in the center of the palm and at the back of the hand has gotten a millennial twist with the circles now becoming the mandalas.

Couple Portrait Arabic bridal Mehndi Design:-

Out of all the coming of age mehendi designs, portrait mehndi is trending a lot these days! While it looks nice in traditional mehndi design, but with Arabic mehndi, it looks more prominent and neat. The one above is an innovative design that also exhibits a modern vibe.

Elaborate Arabic Mehndi Design for full hands:-

For the bride who is oh-so traditional at heart and has always dreamt of her perfect mehendi for her Big Day, this traditional arabic mehendi design is just the pick for you. This design consists of various layers of mehndi illustrations! It is intricately detailed with a mix of patterns like rose, lotus, jaal and more, and will look stunning with the black stain.

Simple Arabic Mehndi Design with Motifs:-

The highlight of this design is the elaborate motifs that accentuate the hand. In short, an interesting pattern that surely is a sight to behold! For the modern bride, this minimalistic arabian mehndi design which is intricate and beautiful, is surely a go-to one.

Ornamental Arabic Mehndi Design:-

A floral vine running from the wrist to the index finger attached with dotted strings gives an ornament like appeal. Though it's minimal but very eye-catching! Further paired with a delicate haath-phool, this arabic henna design will make your hands a vision to look at!

Lateral and Simple Arabic Mehndi Design:-

Simple mehandi designs need not always be boring and out there, just like this one! While the design is of a typical floral pattern, but it's created along the lower surface of the hand! So if you're someone who doesn't prefer mainstream patterns then this one is apt for you.

Geometric Arabic Mehndi Design:-

It's an amazing tribal tattoo-like, geometric patterned Arabic mehndi design for hands. Looks the best when designed in black mehndi. Visually appealing! The bracelet on the forearm and the fingers being adorned with bead like structures, makes this Arabian mehndi design worth a bookmark!

Simple Arabic Mehndi Design on Wrist:-

Who said you always have to get your full hands filled with Arabic mehendi designs? Give this one a look! This design around the wrist looks so breathtaking! In case you don't wish to get henna drawn on your hands, you've found the perfect substitute. Also, it's really easy to make!

Intricate Arabic Mehndi on Feet:-

For the bride who likes full fledged arabic henna designs adorning her hands would never want her feet to get unnoticed. So do you prefer heavily detailed mehndi on your feet? Then how about giving this design a shot! The deeper application is done all over the feet and calves, making it a lot more alluring.

Minimal Arabic Mehndi on Feet:-

How about going extra on the hands and keeping it minimal on the feet? Well if that's the plan, then you should consider this Arabic mehndi design.

Floral Arabic Bridal Mehndi Design for full hands:-

A flower shower in the form of an arabic mehendi design? Who would have thought that a mehndi pattern with just one design would look so enticing? Thick floral motifs all over the hand look simple yet attractive.

Contemporary Arabic Mehndi Design for hands:-

This one's absolutely gorgeous! It's elegant, extremely detailed and very feminine. This modern design would look amazing at any occasion and needs a lot of expertise to be created. So before you scroll ahead, don't forget to screenshot this ever-so beautiful arabic mehendi design.

Peacock Arabic Bridal Mehndi Design for full hands:-

An arabic henna design and that too beautified further with peacock motifs? We say it's a win-win! Arabic mehndi design goes hand in hand with a peacock pattern! The designs above are brilliant examples of the same. Someone who is not an expert can also make a
peacock design easily.

Mesh & Detailed Arabic Mehndi Design:-

When your outfit choices are so ravishing and out of the box, then why go for a plain arabic henna design? Your hands need a little attention too. This one is a mix of mesh with floral/ leaves pattern. It proves to be a stellar example of out-of-the-box Arabic mehndi designs. Unique, to say the least!

Butterfly Arabic Mehndi Design:-

Woah! This one is definitely for the millennials. It is the newest trend in Arabic mehndi art, and one cannot help but give it a try. Thanks to its sheer beauty!

Contrasting Arabic Mehndi Design:-

A never seen before arabic mehendi design with two totally opposite patterns featured together. It's the simplicity of this design which makes it popular amongst modern women! Don't they complement each other perfectly?

Leaf Branch Arabic Mehndi Design:-

This one's just about foliage! Little leaf branches scattered around the hand and forearm. Definitely a fresh design, which is also extremely beautiful. For the oh-so simple bride who doesn't like being extra, this simple arabic mehndi design is just your pick!

Arabic Mehndi Design with Traditional Elements:-

It's the back of your hands which is going to get captured by the camera mostly, so this arabic mehendi design is definitely "worth a shot". An English rose vine along with basic mesh looks really elegant. It's an amalgamation of both traditional and modern vibes. You won't be able to resist this one!

Lotus Arabic Mehndi Design:-

We love how unruly this design looks! The swirls and twirls created while

incorporating the lotus pattern makes the design undeniably enchanting. Well don't be surprised if you later see this arabic henna design being copied by your bridesmaids later on because it's just so different and beautiful!

Exquisite Arabic Mehndi Design:-

Don't we all just love intricate, full hand designs? Despite being rich, this design doesn't look cluttered. You won't require artistic skills to create this one. This arabic mehndi design is an all time favorite and is here to stay! Ideal for the new-age brides!

Palm Cuff Arabic Mehndi Design:-

Palm cuffs became quite a rage a few years back! Now that the trend has declined, we decided to add a mehndi design which gives an impression of that jewellery piece. We love how this one display patterns like lotus & leaves with so much panache. And also, don't miss the fact that this arabic henna design will let your fingers be free to hold that glass of wine!

Arabic Mehndi Design with Spaces:-

In this pattern, a large portion of the hand is kept empty! The arabic henna design on fingers will gorgeously accentuate your manicured nails that'll leave everyone around in awe. An inspiration worth saving!
Aren't those some really amazing Arabic mehndi designs? Can't help but fall in love! So, if you're a bridesmaid and you have a mehndi ceremony to attend, then you've got a plethora of trendy options to choose from. And if you're a bride-to-be then how about hosting an Arabic mehndi ceremony?! Innovative, to say the least.
We have many more beautiful mehndi designs for you to browse!

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DISTRICT MANCHERIAL

TELANGANA, 504251

BEAUTICIAN COURSE

From 03-02-2020 to   20-02-2020

ACADEMIC YEAR 2019-2020

Organized by

DEPARTMENT OF ECONOMICS

INDEX

PREFACE

A Creative course choice, beautician course the makeup industry has developed so fast and is booming throughout the world as they are hardly affected by the recession or economic comedowns. Those who are passionate about making people want to look beautiful not only to boost their self-esteem but also to present themselves well among their friends. This can be possible by beautician.

Nowadays, makeup has become a primary glamour solution for both men and women; be it for a photo shoot or a job interview, everyone wants to look their best. Students can get a diploma or a certificate course to become a certified cosmetologist or a makeup artist. After getting trained in this field, makeup artists can work privately by opening their beauty salons and provide consultation for their clients. They can also choose to work with television artists, on film sets or become theatre assistants. Gone are the days, when makeup was only meant for special events and occasion. In the age of social media, where every look counts as a statement, the demand for skilled beauticians continues to soar. With this thought we introducedthis certificate course, to enable the students to get self-employment.

Principal

GOVERNMENT DEGREE COLLEGE, BELLAMPALLY

Dist. -MANCHERIAL, TELANGANA, 50425

A Brief Report on BeauticianCourse

Name of the college	Government Degree College, Bellampally
Name of the Organizer's	Department of Economics
Name of the course	Beautician Course
Type of the course	Value added Certificate course
Duration	30 Hours
Eligibility	Nil (Anyone can join this course)
Timing	09-00 A.M.to 10.00 A.M .And 04.30 P.M. to 5.30 P.M.
Fees	Nil
Year of introduction of course	2019-2020
Commencement	03-02-2020 to 20-02-2020
Intake capacity	30 students
Introduction/Course Objectives	To make the students learn self –Employment skills Developing hidden talent Giving an opportunity to earn and learn
Course outcomes/Benefits of the course	After completion of this course Students will be able to become self employed They will be able to develop beautician skills. They will also be able to run beauticiancourse.
Curriculum design	The curriculum is designed in seven modules
Syllabus	Brow shaping Basic Haircuts Hair Art& Bridal Hair Styling Grey Coverage and Root Touchups Cleansing& Toning practice Massage Manipulation Understanding skin Type Analysis Face pack
Name of the Resource person	G. Sumalatha
Name of the course Coordinator	MA Reshma

CURRICULUM DESIGN

S. NO.	Module/unit	Syllabus	Transferable & life skill that is imparted
1	1	Eyebrow shaping	• Maintaining the protocol of physical appearance • Preventing bodily hazards • Enhancing physical hygiene
2	II	Hair styles	• Cultural awareness • Professional tendency and awareness • Creating employment in view of the demand for innovative hair styles with special reference to celebrities and iconic personalities
3	III	Facial	• Building confidence levels by becoming attractive • Looking young and professional

BEAUTICIAN COURSE SCHEDULE

03-02-2020 to   20-02-2020

SL. NO	DATE	TIME	TOPIC NAME	THEORY/PRACTICAL
1	03-02-2020	09-00 A.M to 10.00 A.M	INAUGUARAL -SESSION	*
2	03-02-2020	04.30 P.M TO 5.30 .PM	How to do your eyebrows	PRACTICAL
3	04-02-2020	09-00 A.M to 10.00 A.M	How to shape eyebrows	PRACTICAL
4	04-02-2020	04.30 P.M TO 5.30 .PM	How to hold thread for eyebrows	PRACTICAL/ THEROY
5	05-02-2020	09-00 A.M to 10.00 A.M	Thick to thin eyebrow threading	PRACTICAL
6	05-02-2020	04.30 P.M TO 5.30 .PM	Perfect eyebrow shape in few seconds	PRACTICAL
7	06-02-2020	09-00 A.M to 10.00 A.M	How to make your eyebrows look fuller	PRACTICAL
8	06-02-2020	04.30 P.M TO 5.30 .PM	How to trim your eyebrows with an electric trimmer	PRACTICAL
9	07-02-2020	09-00 A.M to 10.00 A.M	Quick and easy eyebrows	THEORY
10	07-02-2020	04.30 P.M TO 5.30 .PM	How to do facial. Step by step	PRACTICAL
11	10-02-2020	09-00 A.M to 10.00 A.M	Common face washing &cleaning	PRACTICAL
12	10-02-2020	04.30 P.M TO 5.30 .PM	Fruit face pack for oily skin at home	PRACTICAL
13	11-02-2020	09-00 A.M to 10.00 A.M	Which type of facials and cleaning scrubs is good for skin	PRACTICAL/ THEROY
14	11-02-2020	04.30 P.M TO 5.30 .PM	Face massage techniques for glowing youthful skin	PRACTICAL
15	12-02-2020	09-00 A.M to 10.00 A.M	Skin whitening facial at home	PRACTICAL

16	12-02-2020	04.30 P.M TO 5.30 .PM	how to do milk facial at home	PRACTICAL/ THEROY
17	13-02-2020	09-00 A.M to 10.00 A.M	How to do facial at home with tomato	PRACTICAL
18	13-02-2020	04.30 P.M TO 5.30 .PM	how to remove facial hair	PRACTICAL
19	14-02-2020	09-00 A.M to 10.00 A.M	How to do self facial in home	PRACTICAL
20	14-02-2020	04.30 P.M TO 5.30 .PM	Homemade face pack for glowing skin	THEORY
21	15-02-2020	09-00 A.M to 10.00 A.M	Most beautiful hair style	PRACTICAL
22	15-02-2020	04.30 P.M TO 5.30 .PM	most beautiful front hair style for girls	PRACTICAL/ THEORY
23	17-02-2020	09-00 A.M to 10.00 A.M	Beautiful self hair style	PRACTICAL
24	17-02-2020	04.30 P.M TO 5.30 .PM	How to attach savaram	PRACTICAL
25	18-02-2020	09-00 A.M to 10.00 A.M	Quick& easy juda hair style	PRACTICAL
26	18-02-2020	04.30 P.M TO 5.30 .PM	Simple &beautiful French braid hair style	PRACTICAL THEROY
27	19-02-2020	09-00 A.M to 10.00 A.M	Bangles hairstyle in few minutes	PRACTICAL
28	19-02-2020	04.30 P.M TO 5.30 .PM	Traditional poola jada	PRACTICAL
29	20-02-2020	09-00 A.M to 10.00 A.M	How to select makeup items of all types of skins	THEORY
30	20-02-2020	04.30 P.M TO 5.30 .PM	VALEDICTORY SESSION	*

OBJECTIVES OF BEAUATICIAN COURSE

Beautician course is the most career secure training one can choose. A Cosmetologist who has a diploma in any kind of beautician course would be able to find a job always no matter what it is. The beauty and make up industry in India is growing three times faster than that of America and Europe.

OBJECTIVES:-

* A beauty parlor course would guarantee you good paying jobs regardless.

* There are so many places where you would be able to fulfill this caree desire.

* Theseare some job profiles and places where you would be able to work after completing your course.

* Beauty parlor

* Skin clinic

* Hair saloon

* Hair styling

* Makeup Artist

* Manicure and Pedicure Specialist

* Massage Specialist

* Skin and Hair saloon etc…..

ADVANTAGES OF ENROLLING IN BEAUTICIAN COURSE

The health and beauty industry is growing very fast. With increasing demand people are looking forward to become beauticians. These days, beauty courses are quite comprehensive and saloons give you a first -hand experience of various new and advanced beauty techniques.

Here are few advantages of enrolling in beautician courses.

- You can become a professional beautician
- You will achieve more client satisfaction.
- You stand the chance of getting more customers.
- You can offer beauty services at home.
- You get learn a lot about beauty therapy.
- You can also provide training.

GOVERNMENT DEGREE COLLEGE, BELLAMPALLY
Dist. -MANCHERIAL, TELANGANA, 50425
Beautician Course

LIST OF STUDENTS ENROLLED

S.NO	NAME OF THESTUDENT	GROUP/YEAR	ADMISSION NUMBER
1	J.Chaitrika	B.A-1	5029
2	N. Meghamala	B.A-1	5024
3	K.Sandhya	B.A-2	4883
4	O.Manasa	B.A-2	4884
5	K.Anusha	B.A-2	4959
6	D.Jyothi	B.A-2	4886
7	J.Sowjanya	B.A-2	4913
8	K,Manjula	B.A-3	4879
9	S. Renuka	B.A-3	4818
10	D.Pravalika	B.A-3	4862
11	B.Rajeshwari	B.COM-2	4938
12	A.Soundarya	B.COM-2	4926
13	P. Anjali	B.COM-2	4920
14	S.Sharada	B.COM-2	4941
15	K.Pushpa	B.COM-2	4919
16	J.Vardhini	B.COM-2	4921
17	D.Saritha	B.COM-2	4928
18	N.Nirmala	B.A-3	4852
19	D.Divya	B.COM-2	4934
20	D.Laxmi	B.COM-1	5121
21	D.Manjula	B.COM-1	5081
22	E. Manasa	B.COM-1	5099
23	K.Akhila	B.COM-1	5093
24	K. Shirisha	B.COM-1	5104
25	K.Sushmitha	B.COM-1	5096
26	S.Shireesha	BSC(MPC)	5203
27	P.Ramadevi	BSC(MPC)	5212
28	K. Bhavani	BSC(MPC)	5231
29	K.Krishnaveni	BSC(BZC)	5194

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STUDENTES ATTENDENCE

S.NO	NAME OF THE STUDENT	GROUP/YEAR	SIGNATURE
1	J.Chaitrika	B.A-1	J. chaithrika
2	N.Meghamala	B.A-1	N Maghamala
3	Eswatha	B.A-1	E. Swetha
4	k.Sandhya	B.A-2	k. Sandhya
5	O.Manasa	B.A-2	O.Manasa
6	K.Anusha	B.A-2	K Anusha
7	D.Jyothi	B.A-2	D. Jyothi
8	J.Sowjanya	B.A-2	J Sowjanya
9	K.Manjula	B.A-3	k manjula
10	N.Nirmala	B.A-3	N. Nirmala
11	S.Renuka	B.A-3	S. Renuka
12	D.Pravalika	B.A-3	D. pravalika
13	B.Rajeshwari	B.COM-2	B Rajeshwari
14	A.Soundarya	B.COM-2	A Soundarya
15	P.Anjali	B.COM-2	P Anjali
16	S.Sharada	B.COM-2	S.Sharadha
17	I.Vardhini	B.COM-2	I vardhini
18	D.Saritha	B.COM-2	D. Saritha
19	K.Pushpa	B.COM-2	K Pushpa
20	D.Divya	B.COM-2	D. Divya
21	D.Laxmi	B.COM-1	D Laxmi
22	D.Manjula	B.COM-1	D Manjula
23	E.Manasa	B.COM-1	e Manasa
24	K.Akhila	B.COM-1	K. Akhila
25	K.Shirisha	B.COM-1	K. Shirisha
26	K.Sushmitha	B.COM-1	K.Sushmitha
27	S.Shireesha	BSC(MPC)	S Shireesha
28	P.Rama devi	BSC(MPC)	P. Ramadevi
29	K.Bhavani	BSC(MPC)	K.Bhavani
30	K.Krishnaveni	BSC(BZC)	k Krishnaveni

Signature of the lecturer

Principal

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TELANGANA, 504251

MODEL FEED BACK FORM ON BEAUTICIAN COURSE

Name of the participant ……………………….

Programme and year: ………………………………….

1. Were objectives of the course clear to you   Yes/No

2. The course contents met with your expectations   Yes/No

3. The curriculum module was well planned   Yes/No 4. The Course exposed you to new designs and practices   Yes/No

5. Was the practical work adequate or not   Yes/No

6. Was the instructor encouraged the participants   Yes/No

7. Was the instructor's skill and performance adequate to the course out comes Yes/No

8. Were objectives of the course realized or not   Yes/No

 9. Do you think that this course increasedyour skills towards SelfemploymentYes/No

Signature of the participant

PHOTO GALLERY

Course Coordinator   MA. RESHMA

Sumalatha, instructor explaining about threading

Demonstration of face pack

syllabus

Insanely Easy Ways to Get the Best Brows of Your Life

 There are so many ways to style and shape your brows that it can feel ~~kinda~~ *really* effing overwhelming. No two brows are the same (seriously—stare closely at all of your friends, pls), which means the journey to getting the "perfect" eyebrows is going to look a little different for everyone. That said, there *are* some general tips, tricks, and hacks you can try out to help get you there. Ahead, 9kinda-genius ways to get the best brows of your life, including the best professional methods to try, the top at-home products to experiment with, and so much more.

Don't over-pluck your brows

K, this might seem obvious for some people, but let me just quickly remind you: One of the easiest ways to get the best brows of your life is by leaving them alone (!!!).
Yes, tweezers are excellent for getting rid of rogue hairs here and there, but they aren't your best option for *shaping* your brows (more on that in a bit).

"Try to tweeze pretty far away from your eyebrow—you don't want to do any actual shaping, so just grab hairs that are out of place or further away from your brow line," Umbreen Sheikh, founder and CEO of Wink Brow Bar, has told *Cosmo*. The Tl;dr: Over-plucking is basically a given when you pull out your tweezers, so use them with caution, alright?

Consider eyebrow threading

IMHO, threading is the best method for enhancing and defining your natural brow shape. Unlike waxing, which is great for targeting large areas of skin (like your legs or bikini line), threading is ultra precise. "Threading is basically when we take a twisted thread and use it to gently pull the hair from the follicle, which means it can remove hairs that are too short or fine to be waxed," she says. "And since threading puts pressure on top of your skin, it can even push hairs up from underneath the surface to grab and remove." BTW: Threading does require some serious skill, so it's always a good idea to see a professional before you try DIYing it.

Shape with an eyebrow stencil

If going freehand with your eyebrow products feels a biiiit out of your skillset (no shade), you should try using an eyebrow stencil, aka a little template that you stick or hold on top of your brows to prevent you from "coloring" outside of the lines of your brows with your powders, pencils, or gels. They come in a *ton* of shapes and sizes (I like the Anastasia Beverly Hills Stencils and the Ardell Brow Perfection Stencils) and they're also a great way to experiment with new looks, like a bolder brow, a straight brow, etc.

. Apply your brow products with a flicking motion

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Okay, please, please, please do not fill in your brows with one single, heavy-handed strike of any product. Tiny, hair-like strokes are the goal here, so you'll want to use small flicking motions (whether you're using a <u>powder</u> and an <u>angled brush</u>, or a basic <u>pencil</u>) in the direction ofOverextending the tail of your brows can create a droopy effect, drawing down your face and making you look, well, a little sad. Your eyebrows naturally stop at a place that lifts your face up and out, and you want to maintain that angle. To measure where the tail of your brow needs to end, place a <u>brow pencil</u> diagonally at your nostril and line it up with the side of your eye. Where the pencil hits your brow bone is where the end of your eyebrow should end (or can be extended to) without it looking fake. your hair growth to get

the most realistic-looking result.

Buff out any harsh lines

Mapping out the shape of your brow with a pencil and then not diffusing it can be a total tell-tale sign that they're, um, drawn on. A fast fix? Create your shape with tiny, hair-like strokes, regardless of whether you use a pencil, an angled brush topped with brow powder, or a brow gel, and then use a spoolie to buff out any harsh lines with subtle back and forth m

Give your brows some shape

Big, brushed-up brows are in, so I'm not referring to that type of look. What I *am* talking about is unshaped brow hairs that, with the help of a little grooming slash shaping, can really give more structure to your face. Don't have time to see a brow expert? Use your natural <u>brow shape</u> (aka where the majority of your brow hair lies) and <u>tweeze</u> any strays that fall outside of that shape for perfect arches

Apply products from the centre of your brow

If you feel like you only need to amp up your arches at the beginning of your brow, start at the arch and work toward the bridge of your nose. That way you're left with the least amount of product when you reach the start of your brow, making the application look more realistic. Then, use that same product at the tail of your brow so it doesn't end up looking uneven.

Keep the tail of your brow in check

Overextending the tail of your brows can create a droopy effect, drawing down your face and making you look, well, a little sad. Your eyebrows naturally stop at a place that lifts your face up and out, and you want to maintain that angle. To measure where the tail of your brow needs to end, place a <u>brow pencil</u> diagonally at your nostril and line it up with the side of your eye. Where the pencil hits your brow bone is where the end of your eyebrow should end (or can be extended to) without it looking fake.

Tend to your sparse spots

If you've fallen victim to over-plucking in the past—I have too, it's okay—know that you're not alone. To mask sparseness, fill in any spots with <u>brow powder</u> and an <u>angled brush</u>, or opt for a brow <u>pencil</u>. Then, groom your brows into place with <u>brow mascara</u> (clear or tinted works here).

HAIR STYLE

Doing a Standard Braid

Start with brushed, tangle-free hair. Comb out your hair, starting from the ends and working your way up to the roots.[1] If your hair is very frizzy, consider applying a bit of hair oil or smoothing cream.

Divide your hair into three even sections at the nape of your neck. You will have a right section, a middle section, and a left section. Hold the left section in your left hand and the right section in your right hand. [2]

If you want two braids, one on each side of your head, then part your hair down the middle. Choose one side to start braiding first. Part the hair on that side into three sections. Try to position the braid just behind your ear for a sleek, chic look.

1.

Cross the right section over the middle section. The right section is now in the middle. What used to be the middle section is now on the right.

Cross the left section over the new middle section. The left section is now the middle section. What used to be the middle section is now on the left.

Continue the braid, alternating right and left sides. Always bring the outer section over to the middle. Alternate the right and left sides until you have a few inches of hair left.

Pull the sections tight to keep the braid secure. If the braid is too loose, it will fall out. You can always loosen the braid once you tie it off by massaging it between your palms.

Try to smooth your hair down with your fingers as you are braiding. This will keep the braid neat.

Tie your braid off with a hair tie. You can make your braid as long or as short as you want. Most people leave the last 1 to 2 inches (2.54 to 5.08 centimetres) of their hair unbraided; you can leave more if that's what you like. Hold the end of your braid secure with one hand, and use the other hand to wrap a hair tie around the end of your braid. Make sure that the hair tie is snug; if it is too loose, you may need to wrap it a few more times.

Try to use a hair tie that matches your hair color: black, brown, or beige/blond.

If you have dark red hair, go for a brown hair tie. If you have lighter red hair, use a beige hair tie.

If you are doing two braids, then repeat the whole process on the other side of your head.
Consider adding a ribbon or pretty hairclip to the end of your braid. You can tie a thick ribbon around the end of your braid into a bow. You can also tuck in a silk flower, or add a pretty hairclip. This is a great way to dress up an otherwise ordinary braid. Here are some ideas to get you started:

If it is summer, consider tucking a silk hibiscus or orchid into your braid for a tropical look.

In the fall, consider using a clip made from bronze, leather, or wood.

If it is winter, consider using a delicate silver clip with clear rhinestones. You can also go festive with a red and green ribbon for Christmas, or a blue and white ribbon for Hanukkah.

If it is spring, stick with ribbons, delicate flowers, pastel colors, or bright colors.

Doing a French Braid

Start with brushed, tangle-free hair. Comb out your hair so that it is smooth and frizz free. Begin from the ends and work your way up to the roots. If your hair is frizzy, try applying a bit of hair oil or smoothing cream.

Gather some hair at the back of your head into a half-up, half-down ponytail. Start gathering your hair at just above eyebrow level or so. You will start braiding this hair chunk first.

1.

Divide the hair chunk into three even sections. Smooth each section that you divide so that it will be neat in your braid. Hold the right section with your right hand and the left strand section in your left hand.

You can also use mini claw-clips to hold each section separate.

Start with a standard braid. Cross the right section over the middle section so that it becomes the middle section. Next, cross the left section over the new middle section. You do not need to standard-braid any further.

- If you want to do a Dutch or reverse French braid, cross the right/left sections *under* the middle sections instead of over. This will created a "lifted" look for your brai

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Add a small strand of hair to the right section. Gather a ½ to 1 inch (1.27 to 2.54 centimeters) wide strand of hair from your hairline. Add it to the right section. It is now part of the right section.

Cross the now-thicker right section over the middle section. The right section is now in the middle. What used to be the middle section is now on the outside.

If you are doing a Dutch or reverse French braid, cross the right section *under* the middle section instead of over.

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Add a small strand of hair to the left section. Gather a ½ to 1 inch (1.27 to 2.54 centimeters) wide strand of hair from your hairline. Add it to the left section. It is now part of the left section.

ross the now-thicker left section over the new middle section. The left section is now in the middle. What used to be the middle section is now on the outside.

- If you are doing a Dutch or reverse French braid, cross the left section *under* the middle section instead of over.

Continue French braiding your hair until you reach the nape of your neck. Keep adding thin strands of hair to the right and left sections before you cross them over/under to the middle.

Try to smooth down each section just after you cross it over. This will give you a neater braid.

Try to keep the braid as tight as possible at this point.

Decide how you want to finish off your braid. When you reach the nape of your hair, you can tie your French/Dutch braid off with a hair elastic, or continue braiding standard fashion.

If you decide to continue braiding, keep the braid as tight as you can. You can muss it up later, after you have tied it off, to make it look looser.

1. **Tie your braid off with a hair tie.** Whether you decide to end your braid at the nape of your neck, or at the last few inches/centimeters of your hair, you will need to tie it off. Choose a hair tie that closely matches your hair color, and wrap it around the end of your braid enough times so that it **Consider tying a ribbon around the end of your braid after you tie it off.** This will help hide the hair tie. You can also add a hairclip or silk flower instead. Here are some more ideas to get you started:

   - Let the season inspire you. Tuck a silk hibiscus flower into your braid during the summer. Wear a hairclip made from leather in the fall.
   - Let the holiday inspire you. If it is around Halloween, clip an orange and black bow to the end of your braid. If you want, you can even glue a plastic spider to the center of the bow.
   - Match the decoration to your outfit. If you are wearing an elegant dark blue evening gown with silver embellishments, a delicate silver hairclip with clear/white crystals might look lovely.
   - Match the decoration to the event. If you are attending a school rally or sports event, consider wearing a ribbon in your braid that matches your school or favorite team's colors.

FACIAL

When it comes to getting a facial done, there are two types of women out there - one type who seeks help from skincare professionals and the other, who prefers to get it done by themselves at home. If you belong to the latter group, then this article is for you! Getting a

facial done at home not only saves money but time as well. Before learning how to do one, it's important to know what it is first. Shall we, begin?

What Is A Facial?

A facial is basically a skin treatment that involves cleansing, exfoliating, extraction, exposure to facial steam, use of creams, lotions and facial masks. It's later followed by a massage. The aim of a facial is to improve your skin's complexion, keep your pores squeaky clean and nourish your skin. Since the massage boosts blood circulation, it also leaves you with a healthy glow.

What Are The Benefits Of Getting A Facial?

How To Do A Facial At Home?

Step 1: Tie Your Hair Up
Before cleansing your face, tie your hair up into a bun or a ponytail. If you have short hair, wear a hairband. You want to make sure that your hair does not make contact with your skin during your facial.
Step 2: Cleanse
The skin on your face is delicate. You must wash it using a mild cleanser and lukewarm water. When washing your skin, don't directly apply the product. Lather it up on your fingers first and then apply it on your face. Remember to massage your face in circular motions so that product gets evenly spread and removes all the dust, makeup residue, oil and grime from the skin. Another way to remove makeup is using micellar water or good old coconut oil. These two methods will remove every bit of your makeup without taking a toll on your skin.

Make Your Own Facial Mask At Home

1. Tomato & Buttermilk

If you have a tan, tomato and buttermilk will help you get rid of it. Buttermilk keeps your skin moist, supple and baby soft too!

Step 1: Take the pulp of one tomato and mix it with buttermilk.
Step 2: After stirring, apply the mask to your face.
Step 3: The mask should harden in 10 minutes.
Step 4: Wash it off after 15-20 minutes.

Milk & Honey

Honey and milk are a good combination for the skin. Both ingredients feel mild on the skin and work towards getting you a smoother, radiant complexion.

Step 1: Drop 3 tablespoons of honey into a bowl.
Step 2: Pour some milk and use a spoon to mix all the ingredients.
Step 3: Add a teaspoon of white sugar.
Step 4: Apply it to your skin and don't wash it off for at least 20-30 minutes

Eggs & Almond Oil

Eggs are packed with protein. Due to its astringent properties, eggs help tighten the pores and improving skin's texture. Plus almond oil is packed with vitamin E, A, protein, fatty acids and zinc.

Step 1: Mix the yolk of 1 egg with almond oil.
Step 2: Stir well and apply the mask to your face.
Step 3: Leave it on for about 10-15 minutes before washing it off.

. Avocado & Honey

If your skin is starting to show early signs of ageing, then this mask is what you need in your life. Avocado is rich in healthy fats and makes a healthy snack for your skin as well.

Step 1: Scoop out the pulp on 1 avocado.
Step 2: Drizzle some honey over it.
Step 3: Toss the mix into a mixer.
Step 4: Apply the raw pulp to your skin and keep it on for 30 minutes.

Potato & Lemon Drops

Did you know that one potato itself is rich in proteins, vitamins, fiber and minerals? Plus, it's packed with vitamin C which helps brighten skin naturally.

Step 1: Extract the juice of 1 potato using a grinder.
Step 2: Add lemon drops to the juice.
Step 3: Mix well and apply to the face.
Step 4: Do not touch your face for 10-20 minutes.
Step 5: Wash your face with lukewarm water.

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