

**JVR GOVT. DEGREE COLLEGE, SATHUPALLY**

**YOGA ACTIVITIES 2020-21**

**YOGA DAY CELEBRATION ON 21<sup>ST</sup> JUNE 2021**

WORLD YOGA DAY  
21<sup>ST</sup> -06-2021

**JVR Govt Degree  
College  
sathupally**

**virtual  
international  
yoga day  
celebrations**

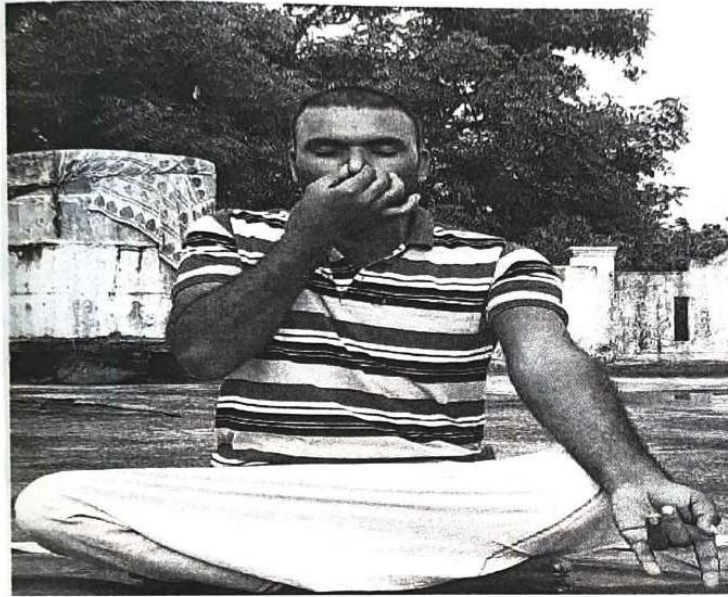
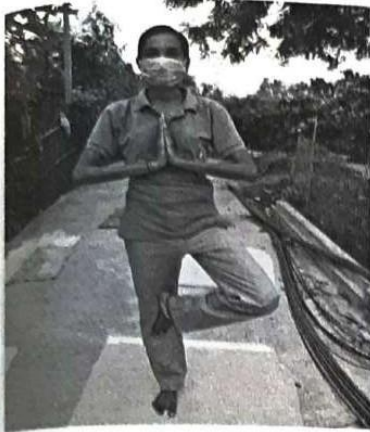
**Fit INDIA**

**STAY HOME  
STAY SAFE**



Sri. P. Ramachandra Rao  
*[Signature]*  
**PRINCIPAL**  
**J.V.R. GOVT. COLLEGE**  
**SATHUPALLY, KHAMMAM DT.**

Sri . K. Ravikumar  
*[Signature]*  
**HEAD, DEPT. OF ZOOLOGY**  
**Bhagya Co-Ordinator**  
**J.V.R. GOVT. COLLEGE, SATHUPALLY**  
**Khammam Dist, T.S. 507303.**



  
Sri. P. Ramachandra Rao

Principal  
**PRINCIPAL**  
J.V.R. GOVT. COLLEGE  
SATHUPALLY. KMM DT.

  
K. Ravikumar

Bhagya Co-Ordinator  
HEAD, DEPARTMENT OF ZOOLOGY  
J.V.R. GOVT. COLLEGE, SATHUPALLY  
Khammam Dist, T.S. 507303.



## YOGA ACTIVITIES 2020-21

**YOGA DAY CELEBRATION ON 21<sup>ST</sup> JUNE 2020**

### INTERNATIONAL YOGA DAY

**21<sup>ST</sup> JUNE 2020**

International Yoga Day has been celebrated on 21<sup>st</sup> June 2020. Yoga is a physical, mental and spiritual practice which originated in India. For this Programmer Yoga with family members instructions to the students and staff members. In this regard we decided that, the programme should be continuing in every week on Saturday.



(P.T.O)

# JVR GOVT. DEGREE COLLEGE, SATHUPALLY

## YOGA ACTIVITIES 2019-20

### YOGA DAY CELEBRATION ON 21<sup>ST</sup> JUNE 2019

#### INTERNATIONAL YOGA DAY

21<sup>ST</sup> JUNE 2019

International Yoga Day has been celebrated on 21<sup>st</sup> June 2019. Yoga is a physical, mental and spiritual practice which originated in India. For this Programmer V. Sudhakar gaaru Yoga Trainer has given instructions to the students and staff members. In this regard we decided that, the programme should be continuing in every week on Saturday.



  
PRINCIPAL  
J.V.R. GOVT. COLLEGE  
SATHUPALLY. KMM DT.

  
HEAD, DEPARTMENT OF ZOOLOGY  
J.V.R. GOVT. COLLEGE, SATHUPALLY  
Khammam Dist, T.S. 507303.



**JVR GOVT. DEGREE COLLEGE, SATHUPALLY**

**YOGA ACTIVITIES 2018-19**

**YOGA DAY CELEBRATION ON 21<sup>ST</sup> JUNE 2018**

**HEARTFULNESS MEDITATION WITH DAAJI**

**INTERNATIONAL YOGA DAY**

**21<sup>ST</sup> JUNE 2018**

International Yoga Day has been celebrated on 21<sup>st</sup> June 2018. Yoga is a physical, mental and spiritual practice which originated in India. For this Programmer Yoga Trainer has given instructions to the students and staff members. In this regard we decided that, the programme should be continuing in every week on Saturday.



Sri. G. Narashima rao gaaru  
Principal

G. RAMAKUMARA SWAMY  
Bhagya Co- Ordinator

HEAD, DEPARTMENT OF ZOOLOGY  
J.V.R. GOVT. COLLEGE, SATHUPALLY  
Khammam Dist, T.S. 507303.

A handwritten signature in green ink, appearing to be 'S. Ram' followed by 'Co-Ordinator'.

**JVR GOVT. COLLEGE SATHUPALLY**  
**Women Empowerment Cell (WEC)**

**Notice**

Date: 14.11.2016.

Sathupally

All the girl students are hereby informed that Women Empowerment Cell is going to start a "Certificate course in YOGA". The course will start from 15.11.2016. All enrolled students are informed to attend this course without fail.



Chairman WEC  
Sri.G.Narsimharao  
Principal  
**PRINCIPAL**  
J.V.R. GOVT. COLLEGE  
SATHUPALLY, KMM DT.



Co-ordinator WEC  
Smt.CH.Laxmi Bharathi  
Asst. Prof. of Commerce  
Women Empowerment Cell  
J.V.R. GOVT. COLLEGE  
SATHUPALLY, Khamman Dt.

*Dr. Ramya - I-BA*

*S.P. - III B.COM*

*vidya - vidyapaveena - I. B.COM*

*K. Raju - III - BA*

*R.J. - R. Tejolatha - II BA*



JVR GOVERNMENT COLLEGE, SATHUPALLY

WOMEN EMPOWERMENT CELL

A CERTIFICATE COURSE IN YOGA

## COMMITTEE

(For the Academic year 2016-17)

The organization of the Committee is constituted for the framing syllabus of "A CERTIFICATE COURSE IN YOGA" which will be run in this academic year 2016-17. The Course Coordinator is informed that to contact to the under mentioned faculties and frame syllabus, Total course Content (Theory + Practical).

- |                             |          |
|-----------------------------|----------|
| 1. Sri G.Narsimharao        | Chairman |
| 2. Smt.Ch.Lakshmi Bharathi  | Convenor |
| 3. Smt. P. Sumalatha        | Member   |
| 4. Smt. J.Saralajhansi Rani | Member   |
| 5. Smt. N.Vidyapraveena     | Member   |

*Ch. Lakshmi Bharathi*  
*P. Sumalatha*  
*J.S. Saralajhansi Rani*  
*N. Vidyapraveena*

*P. Sumalatha*

*Principal*  
Principal  
J.V.R. GOVT. COLLEGE  
SATHUPALLY. KMM DT

# JVR GOVERNMENT COLLEGE, SATHUPALLY

## WOMEN EMPOWERMENT CELL

### A CERTIFICATE COURSE IN YOGA

YEAR: - 2016-17

#### SYLLABUS

Unit	Name Of the Unit	Theory	Practical	Total
I	<b>Introduction to Yoga:</b> A) Brief about origin of Yoga. B) Psychological aspects and Mythological aspects. C) History and Development of Yoga.	04	05	09
II	<b>Hasta mudra &amp; Shatkarmas:</b> A) Chin, Jnana, Hridaya, Bhairav, Yoni, Sankha, Adi and Brahma. B) Dhauti, Neti, Kapalbhati and its Variants.	04	05	09
III	<b>Suryanamaskar:</b> Suryanamaskar with maintenance of each posture and Dynamic Suryanamaskar.	02	04	06
IV	<b>Breathing Practices:</b> A) Breath Awareness B) Yogic Breathing. <b>Concept of Meditation</b>	02	04	06
	<b>Total</b>	<b>12</b>	<b>18</b>	<b>30</b>





JVR GOVERNMENT COLLEGE. SATHUPALLY,  
KHAMMAM DT. TS



**WOMEN EMPOWERMENT CELL  
PHOTO GALLERY**



A certificate course in YOGA

On 14-11-2016.

:- by - Sri. D. Sandeep.











FITNESS TRAINING DURING ATHLETICS 14-12-2016



FITNESS ACTIVITY – KHO- KHO 14-12-2016





FITNESS ACTIVITY – GIRLS VOLLEY BALL ON 19-12-2017

FITNESS ACTIVITY – KHO- KHO 19-12-2017

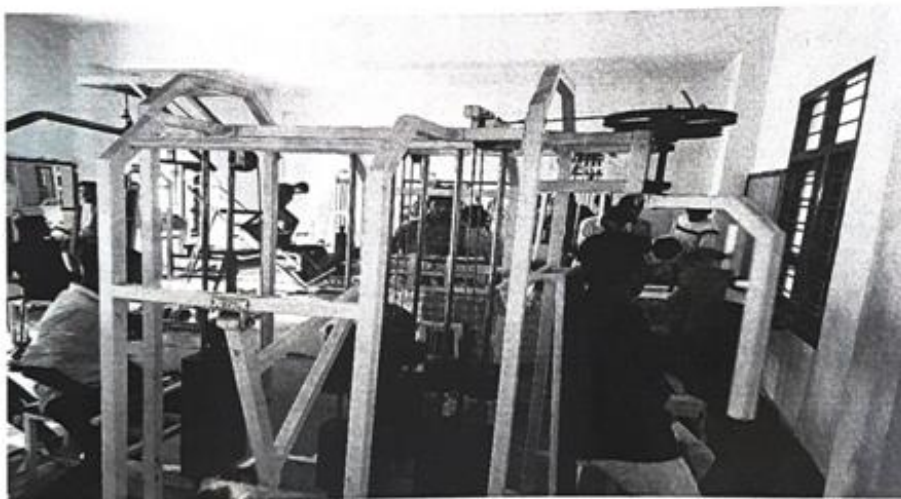


## Girls at Traditional Games

18-12-2018



## Fitness Center



Students regularly use gym in the afternoon time

Sri. P. Ramachandra rao

Principal  
J.V.R. GOVT. COLLEGE  
SATHUPALLY, KHAMMAM DIST.

Sri. K. Ravikumar

HEAD, DEPARTMENT OF ZOOLOGY  
J.V.R. GOVT. COLLEGE, SATHUPALLY  
Khammam Dist, T.S. 507303.

## Fitness center



Go gle

Sathupally, Telangana, India

Indira Nilayam 10-264/Rd 12, Vengal Rao Nagar, Sathupally, Telangana

507303, India

Lat 17.213662°

Long 80.813037°

04/12/21 03:22 PM

  
PRINCIPAL  
J.V.R. GOVT. COLLEGE  
SATHUPALLY, K.M.M.OT

  
HEAD, DEPARTMENT OF ZOOLOGY  
J.V.R. GOVT. COLLEGE, SATHUPALLY  
Khammam Dist, T.S. 507303.





# JVR GOVERNMENT COLLEGE. SATHUPALLY, KHAMMAM DT. TS



## Women Empowerment Cell

Academic Year: 2019-20

### A Certificate Course in Karate Training

The Women Empowerment Cell has organized A Certificate Course in Karate training on 13.02.2020 in the College Seminar Hall.

Sl. No	Particulars	Details of the Event
1	Name of the Department	Women Empowerment Cell
2	Name of the Event Organized	Certificate course
3	Title of the Event	A Certificate Course in Karate training
4	Date of the Event Organized	13.02.2020
5	Name of the Event Co-coordinator	Smt. K. Rajyalaxmi
6	Course/Class/Group Participated	Girl Students of JVR College
7	No .of the Students Participated	34
8	Name of the Resource Person	<b>K. Pichaiah</b>
9	Contact No & Address of the Resource Person.	9441201769, post office road near millennium school, Sathupally.
10	Objectives of the Event	To develop well balanced mind and body, through training in fighting techniques.
11	Outcome of the Event	Students learnt to defend oneself or others from physical threat.
	<b>Photo Gallery. (Use Separate Page for Photos)</b>	Yes

  
Signature of the Coordinator  
Convener

Women Empowerment Cell  
J.V.R. GOVT. COLLEGE  
SATHUPALLY, Khammam Dt

  
Signature of the Principal

**PRINCIPAL**  
J.V.R. GOVT. COLLEGE  
SATHUPALLY, KMM DT



**JVR GOVERNMENT COLLEGE.**  
**SATHUPALLY, KHAMMAM DT. TS**



## **Women Empowerment Cell (WEC)**


### **Notice**

### **Karate Training**

Date: 12.02.2020.

Sathupally

All the girl students are hereby informed that Women Empowerment Cell is going to start a "Certificate course in KARATE Training". The course will start on dated 13.02.2020 on occasion of Sarojini Naidu Jayanti. All enrolled students are informed to enroll and get trained and "Learn your Defense"



  
Principal  
Chairman WEC  
J.V.R. GOVT. COLLEGE  
SATHUPALLY, KHAMMAM DT


  
Co-ordinator WEC  
Smt. K. Rajyalaxmi  
Lecturer in Political Science  
Convener  
Women Empowerment Cell  
J.V.R. GOVT. COLLEGE  
SATHUPALLY, Khammam Dt.

Time: Daily 3-4Pm


Venue: At Open Dias

 - B.Com - C

 - G. Subhashini - FBA. AM  
 - B. Com

 - II - B.A (HEPS)

 - II BA

 - II BSc

 - B.A






 - B.A  


 - B.A

**JVR GOVERNMENT COLLEGE, SATHUPALLY**  
**WOMEN EMPOWERMENT CELL**  
**A CERTIFICATE COURSE IN KARATE**  
**COMMITTEE**

(For the Academic year 2019-20)

The organization of the Committee is constituted for the framing syllabus of "A CERTIFICATE COURSE IN KARATE" which will be run in the academic year 2019-20. The Course Coordinator is informed that to contact to the under mentioned faculties.

- |                         |                                  |  |
|-------------------------|----------------------------------|--|
| 1. Sri P.Ramachandrarao | Principal                        | Chairman   |
| 2. Smt. K.Rajyalaxmi    | Lecturer in Political<br>Science | Coordinator  |
| 3. Smt.K.Y.Karuna       | Lecturer in Chemistry            | Member      |
| 4. Smt.G.Subhashini     | Lecturer in Economics            | Member      |
| 5. Kum B. Saritha       | Lecturer in Mathematics          | Member      |
| 6. Sri Pichaiah         | Karate Master                    | Member      |

  
Principal

**PRINCIPAL**  
**J.V.R. GOVT. COLLEGE**  
**SATHUPALLY. KMM DT**



JVR GOVERNMENT COLLEGE, SATHUPALLY

WOMEN EMPOWERMENT CELL

A CERTIFICATE COURSE IN KARATE

YEAR: - 2019-20

SYLLABUS

Unit	Name Of the Unit	Theory	Practical	Total
I	Karate-Overview Karate Terms Warm up before starting	04	06	10
II	How to do a Basic Punch? Practicing Kicks Karate-Belt Colours and Meaning Karate-Tournaments	05	07	12
III	Karate-Scoring Techniques: Be smart and Fast Keep Yourself Motivated	04	04	08
	<b>Total</b>	<b>13</b>	<b>17</b>	<b>30</b>

1. K. Rais (K. Rajyalaxmi)

2.

3. Shashini (G. Subhashini)

4. Sneha (B. Sathya)

x

5. Premith

  
PRINCIPAL  
J.V.R. GOVT. COLLEGE  
SATHUPALLY, KMM DT



JVR GOVERNMENT COLLEGE. SATHUPALLY,  
KHAMMAM DT. TS

**WOMEN EMPOWERMENT CELL  
PHOTO GALLERY**



*K.P.* A Certificate course in Karate Training  
on 13-02-2020

— K. Pichaiiah



**JVR GOVERNMENT COLLEGE. SATHUPALLY,  
KHAMMAM DT. TS**

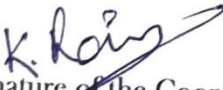
**Women Empowerment Cell**


Academic Year: 2020-2021

A Certificate Course in Karate & Self defense techniques

The Women Empowerment Cell has organized A Certificate Course in Karate & Self Defense on 16.02.2021 in the College Seminar Hall. The Resource Person was

Sl. No	Particulars	Details of the Event
1	Name of the Department	Women Empowerment Cell
2	Name of the Event Organized	Certificate course
3	Title of the Event	A Certificate Course in Karate & Self Defense
4	Date of the Event Organized	16.02.2021
5	Name of the Event Co-coordinator	Smt. K. Rajyalaxmi
6	Course/Class/Group Participated	Girl Students of JVR College
7	No .of the Students Participated	26
8	Name of the Resource Person	<b>M. Bhanu Prasad</b>
9	Contact No & Address of the Resource Person.	9000425152, Tiger Karate school .Gandhi nagar. Sathupally.
10	Objectives of the Event	1 .To develop self defense techniques. 2. To develop well balanced mind and body through fighting techniques.
11	Outcome of the Event	Students got awareness on Self Defense techniques.
	<b>Photo Gallery. (Use Separate Page for Photos)</b>	Yes

  
Signature of the Coordinator  
Convener  
Women Empowerment Cell  
J.V.R. GOVT. COLLEGE  
SATHUPALLY, Khammam Dt.

  
Signature of the Principal  
PRINCIPAL  
J.V.R. GOVT. COLLEGE  
SATHUPALLY, KMM DT





**JVR GOVERNMENT COLLEGE.**  
**SATHUPALLY, KHAMMAM DT. TS**

## **Women Empowerment Cell (WEC)**

### **Notice 2020-21**

#### **Karate & Self-Defence Techniques**

Date: 15.02.2021.

Sathupally

The Women Empowerment Cell (WEC) of this college is organizing "A Certificate Course in **Karate & Self-Defence Techniques**" on **16.02.2021** at **3.00 PM** in our college with an objective to develop well-balanced mind and body, through training in fighting techniques.

So, those who are interested in this course will enroll their names on or before **15.02.2021** at college office.

Chairman WEC  
Sri.PRamachandra Rao  
Principal  
**PRINCIPAL**  
**J.V.R. GOVT. COLLEGE**  
**SATHUPALLY, KMM DT**

I B Com - @

Coordinator WEC  
Smt.K.Rajyalaxmi  
Lecturer in Political Science  
**Convener**  
Women Empowerment Cell  
**J.V.R. GOVT. COLLEGE**  
**SATHUPALLY, Khammam Dt.**

Subhashini - G. Subhashini.

GSA - III BA

K. Ravi - II BA

- I. BA

My - I B Com.

DMS - II BA

I B Com

- I P. Kiran Kumar

VA E B K

gkm U B Sc

**JVR GOVERNMENT COLLEGE, SATHUPALLY**  
**WOMEN EMPOWERMENT CELL**  
**A CERTIFICATE COURSE IN KARATE & SELF-DEFENCE TECHNIQUES**  
**COMMITTEE**

(For the Academic year 2020-21)

The organization of the Committee is constituted for the framing syllabus of "A Certificate Course in Karate & Self-Defence Techniques" which will be run in the academic year 2020-21.

S.NO.	Name of the Faculty	Designation	Position
1	Sri P.Ramachandrarao	Principal	Chairman
2	Smt. K.Rajyalaxmi	Lecturer in Political Science	Coordinator <i>K.R.</i>
3	Smt. G.Subhashini	Lecturer in Economics	Member - <i>G.S.</i>
4	Smt.V.Anuradha	Lecturer in Physics	Member <i>V.A.</i>
5	Smt.G.Vijayalaxmi	Lecturer in History	Member <i>G.V.</i>
6	Sri Bhanu	Karate Master	Member <i>Bhanu</i>

*[Signature]*  
Principal

PRINCIPAL  
J.V.R. GOVT. COLLEGE  
SATHUPALLY, KMM DT







JVR GOVERNMENT COLLEGE. SATHUPALLY,  
KHAMMAM DT. TS



**WOMEN EMPOWERMENT CELL  
PHOTO GALLERY**



A certificate course in Karate & Self Defense.

On 16-02-2021

*K. Ravi*

- M. Bharu prasad



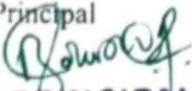
# HEALTH AWARENESS PROGRAMME


09. Sep.2018



Dr. Samatha addressing the health awareness to students

Sri. P. Ramachandra rao

Principal  
  
**PRINCIPAL**  
J.V.R. GOVT. COLLEGE  
SATHUPALLY. KMM DT.

  
Smt. Dr. G.Samatha

Bhagya Co- Ordinator

HEAD, DEPARTMENT OF ZOOLOGY  
J.V.R. GOVT. COLLEGE, SATHUPALLY  
Khammam Dist, T.S. 507303.



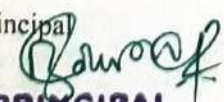
# World Diabetes Day

14. Nov.2018



Nowadays, one of the diseases Diabetes. Our college principal P.Ramachandra Rao gaaru staff and students conducted world diabetes day on 14. Nov .2018 .

Sri. P. Ramachandra rao

Principal  
  
**PRINCIPAL**  
J.V.R. GOVT. COLLEGE  
SATHUPALLY. KMM DT

Smt. Dr. G.Samathã

Bhagya Co- Ordinator

HEAD, DEPARTMENT OF ZOOLOZY  
J.V.R. GOVT. COLLEGE, SATHUPALLY  
Khammam Dist, T.S. 507303.

World AIDS Awareness Day  
01-DEC-2018

In the part of BHAGYA we conducted Students with principal and staff members were participated in the rally.



Students with principal and staff members participated in the rally.

Sri. P. Ramachandra rao

Principal  
*P. Ramachandra Rao*  
**PRINCIPAL**  
J.V.R. GOVT. COLLEGE  
SATHUPALLY. KMM DT.

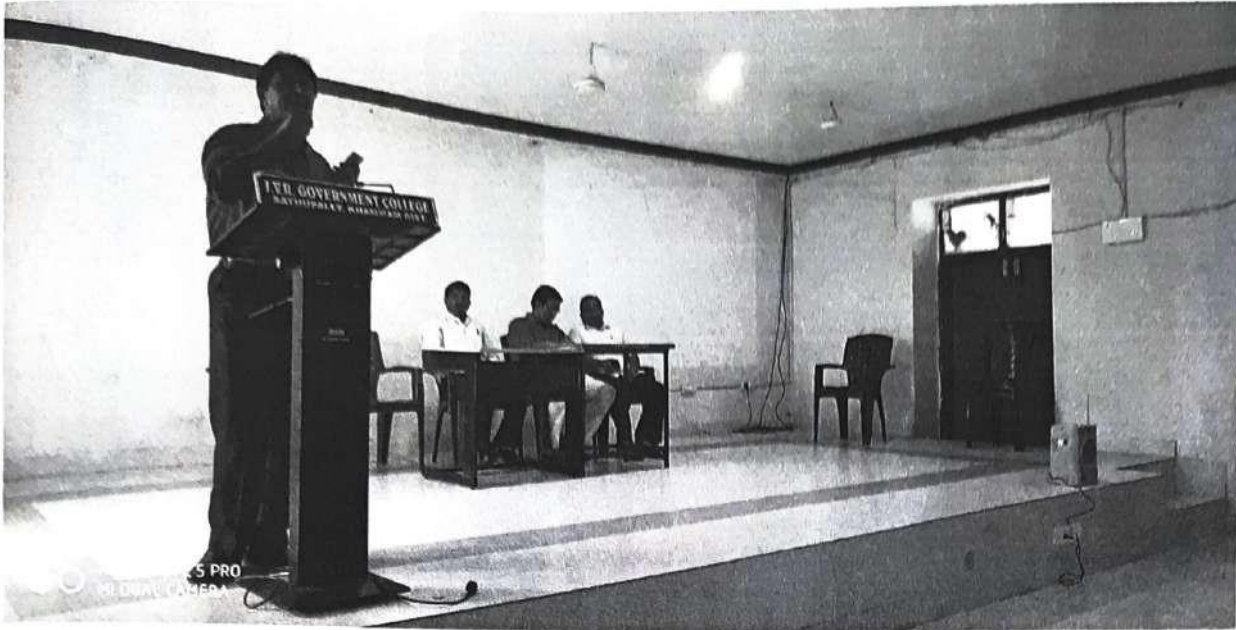
*G. Samaitha*  
Smt. Dr. G.Samaitha

Bhagya Co-Ordinator  
**HEAD, DEPARTMENT OF ZOOLOGY**  
J.V.R. GOVT. COLLEGE  
SATHUPALLY

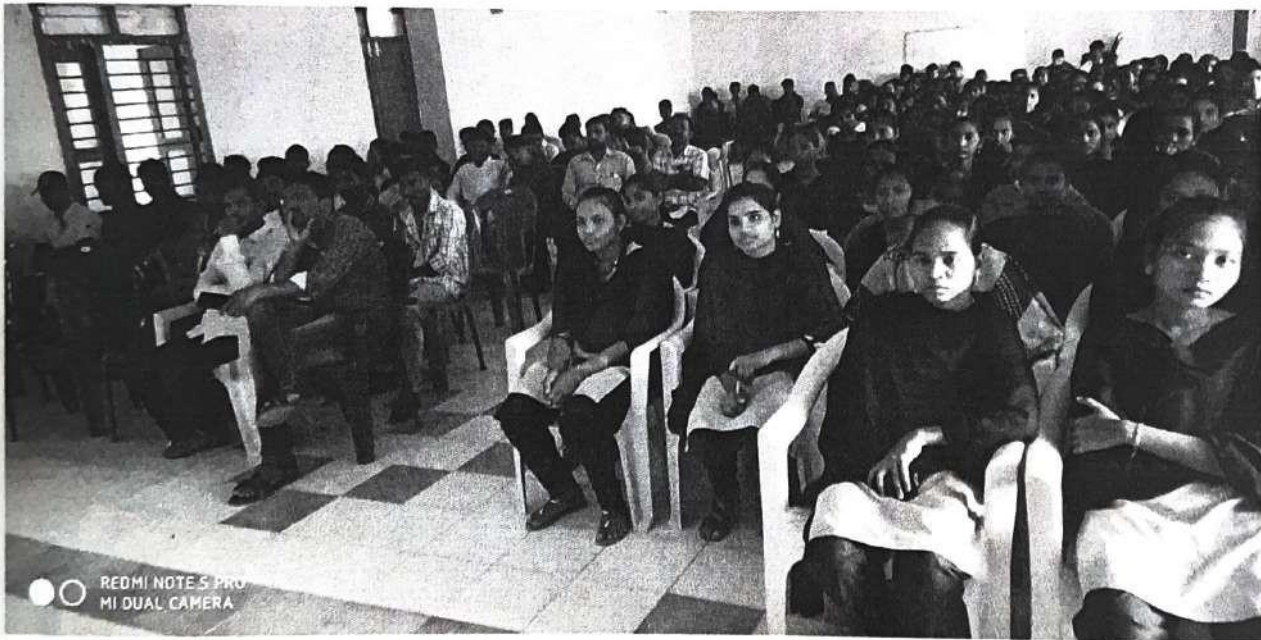


# International cancer day

04. Feb.2019



President of the function sri. P. Ramchandra Rao gaaru and Addressing chief guest the students on International cancer day.



Attended faculty members and students in the programme

  
Sri. P. Ramachandra rao

Principal  
**PRINCIPAL**  
J.V.R. GOVT. COLLEGE  
SATHUPALLY, KMM DT.

  
Smt. Dr. G. Samatha

HEAD, DEPARTMENT OF ZOOLOGY  
J.V.R. GOVT. COLLEGE, SATHUPALLY  
Khammam Dist, T.S. 507303.



# Medical Camp 12.02.2019



Bhagya health & nutrition collaborated with NSS conducted a medical camp in the bethupally village on 12-02-2021. The medical camp is more useful to villages and children .

Sri. P. Ramachandra rao

Principal

**PRINCIPAL  
J.V.R. GOVT. COLLEGE  
SATHUPALLY. KMM DT.**

Smt. Dr. G. Samatha

Bhagya Co-Ordinator,  
HEAD, DEPARTMENT OF ZOOLOGY  
J.V.R. GOVT. COLLEGE, SATHUPALLY  
Khammam Dist, T.S. 507303.


**Homeopathy medicine – supply for wide range of long term illnesses.**

Most of the students were identified the allergies reaction due to dust other physiological problems. principal and staff were conducted homeo medicine to all students in our college. With the dr. dayanand gaaru asha charitable organization Homeopathy medicine – supply for wide range of long term illnesses , such as allergies , atopic dermatitis ,irritable bowel syndrome.



Homeopathy medicine supply to students

Sri. P. Ramachandra rao

Principal   
**PRINCIPAL**  
**J.V.R. GOVT. COLLEGE**  
**SATHUPALLY. KMM DT.**



Smt. Dr. G.Samatha

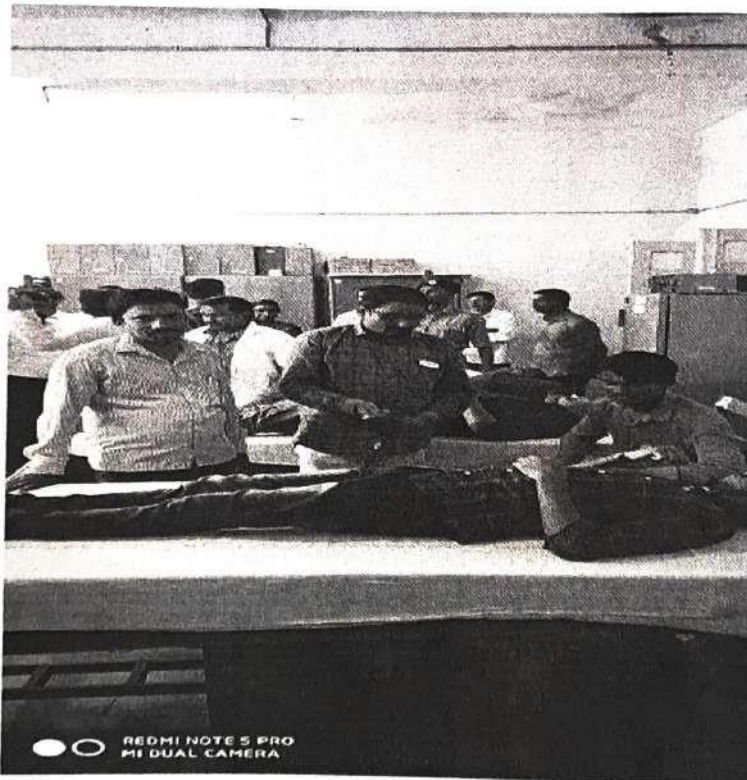
Bhagya Co- Ordinator  
HEAD, DEPARTMENT OF ZOOLOGY  
J.V.R. GOVT. COLLEGE, SATHUPALLY  
Khammam Dist, T.S. 507303.



# BLOOD DONATION

07-09-2019

there is 61 samples of blood have been donated by our college students.



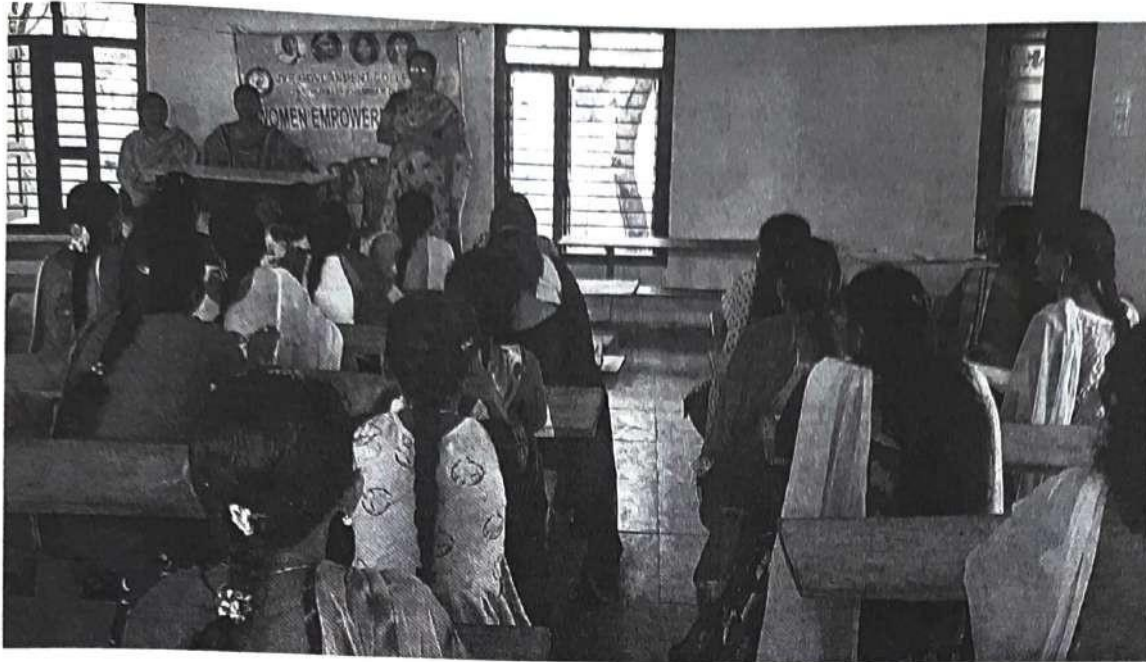
Sri. P. Raghachandra rao

Principal  
**PRINCIPAL**  
**J.V.R. GOVT. COLLEGE**  
**SATHUPALLY XMB DT.**

Smt. Dr.G.Samatha  
HEAD, Bhagya Co- Ordinator  
**J.V.R. GOVT. COLLEGE, SATHUPALLY**



# HEALTH AWARENESS PROGRAMME

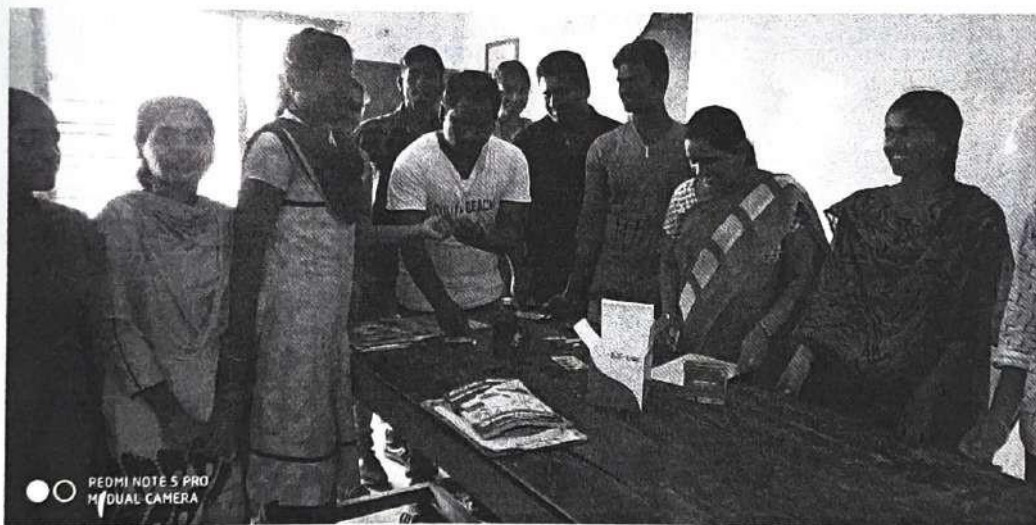


Smt.. Roja ramani, Pharmacist, Govt. community hospital, Sathupally

HEALTH AWARENESS PROGRAMME

## BLOOD GROUPING camp in college level

In the part of BHAGYA we conducted blood grouping for all the staff and students (boys and girls) of our college.



Sri. P. Ramachandra rao

Principal  
*P. Ramachandra Rao*  
PRINCIPAL  
J.V.R. GOVT. COLLEGE  
SATHUPALLY. KMM DT.

Smt. Dr. G.Samatha

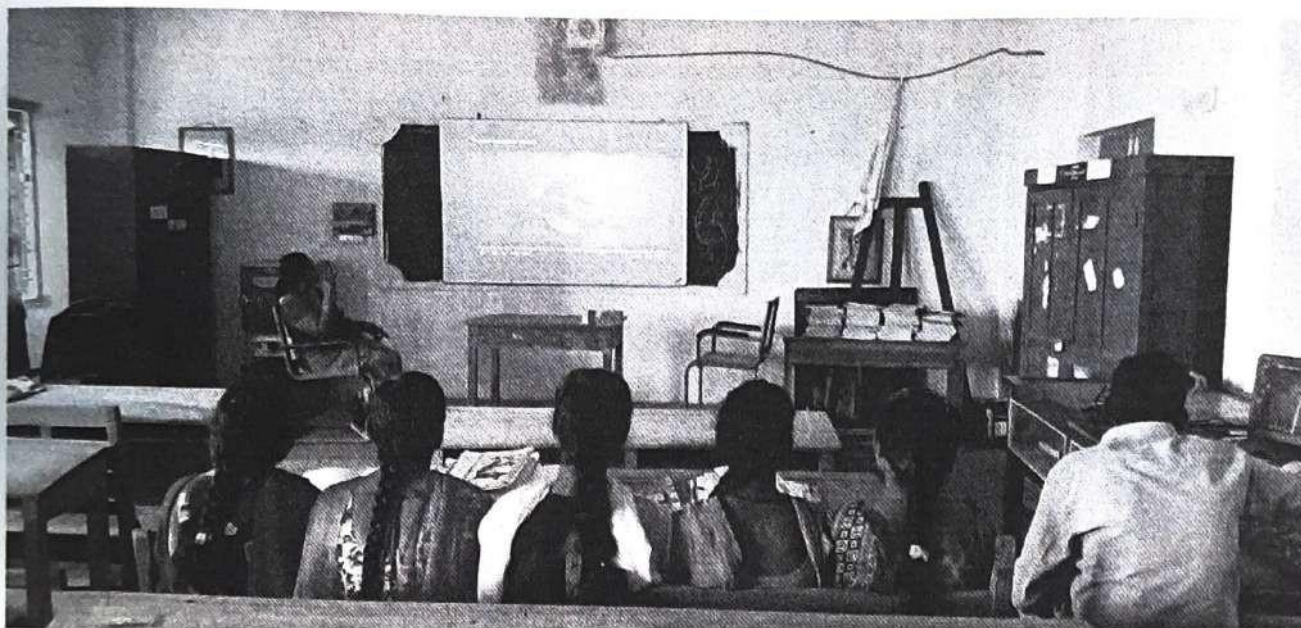
*G. Samatha*  
Bhagya Co-Ordinator,  
HEAD, DEPARTMENT OF ZOOLOGY  
J.V.R. GOVT. COLLEGE, SATHUPALLY  
Khammam Dist, T.S. 507303.

## WORLD HEART DAY

28<sup>TH</sup> SEP 2020

Heart diseases are serious issues, and according to a report by the WHO, over 17.9 million people around the world die from cardiovascular diseases including raised blood pressure.

In the part of BHAGYA we conducted world heart day on 28 Sep 2019 (due 29 of Sep 2019 is Sunday) lecturers gave their lecture about heart and importance of maintaining a healthy heart in their life.



Dr. Samatha madam addressing the students on world heart day.

Sri. P. Ramachandra rao

Principal

**PRINCIPAL**  
J.V.R. GOVT. COLLEGE  
SATHUPALLY, KHAMMAM DT.

Smt. Dr. G.Samatha

Bhagya Co- Ordinator  
HEAD, DEPARTMENT OF ZOOLOGY  
J.V.R. GOVT. COLLEGE, SATHUPALLY  
Khammam Dist, T.S. 507303.



## HEMOGLOBIN TESTING CAMP

In the part of BHAGYA we conducted a hemoglobin Estimation Camp conducted on 13<sup>th</sup> Nov 2019, for all (boys and girls) the students of our college with the help of lecture and staff members.



### Testing hemoglobin percentage

Students of J.V.R college testing their percentage of Hemoglobin

Sri. P. Ramachandra rao

Principal

  
PRINCIPAL  
J.V.R. GOVT. COLLEGE  
SATHUPALLY, KHAMMAM DIST.

Smt. Dr. G. Saratha

Bhagya Co- Ordinator

HEAD, DEPARTMENT OF ZOOLOGY  
J.V.R. GOVT. COLLEGE, SATHUPALLY  
Khammam Dist, T.S. 507303.



**World AIDS Awareness Day**  
**01-DEC-2019**


In the part of BHAGYA we conducted Students with principal and staff members were participated in the rally. Chief Guest of programmer Rted. Principal Gaaru



Students with principal and staff members participated in rally  
(Chief Guest of programmer Rted. Principal Gaaru).

Sri. P. Ramachandra rao

Smt. Dr. G. Samatha

Principal  
  
PRINCIPAL  
J.V.R. GOVT. COLLEGE  
SATHUPALLY, KHAMMAM

Bhagya Co- Ordinator  
HEAD, DEPARTMENT OF ZOOLOGY  
J.V.R. GOVT. COLLEGE, SATHUPALLY  
Khammam Dist, T.S. 507303.

# International cancer day

04.feb.2020



Dr. Dayanand gaaru addressing the students on **International cancer day**



Sri. P. Ramachandra rao

*P. Ramachandra Rao*  
Principal  
PRINCIPAL  
J.V.R. GOVT. COLLEGE  
SATHUPALLY, KHAMMAM DT.

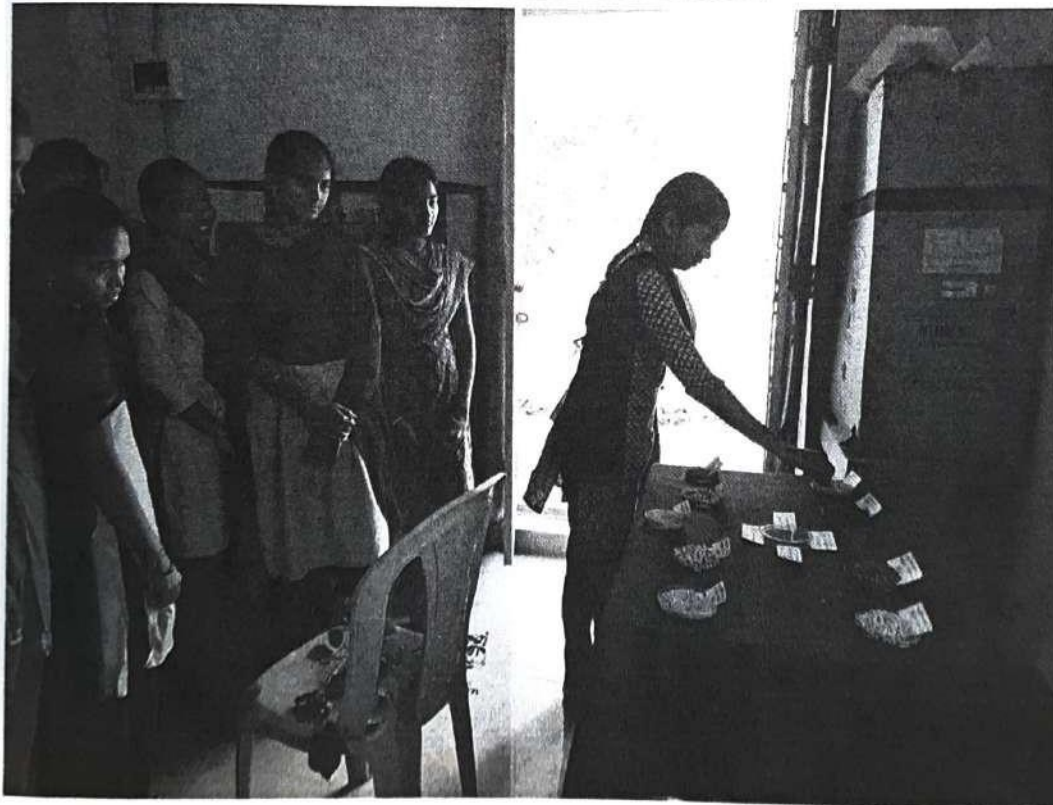
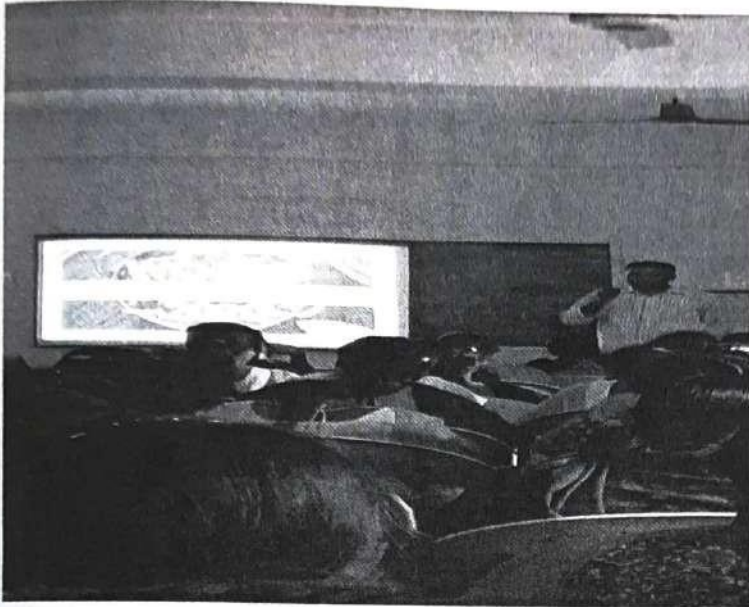
*K. Ravikumar*  
Sri. K. Ravikumar

Bhagya Co-Ordinator  
HEAD, DEPARTMENT OF ZOOLOGY  
J.V.R. GOVT. COLLEGE, SATHUPALLY  
Khammam Dist, T.S. 507303.



# WORLD PLUSES DAY 1<sup>ST</sup> MARCH 2020

In the part of BHAGYA we conducted Students with principal and staff members were participated in the rally. Chief Guest of programmer K. Vijaya kumar sir Gaaru.



Sri. P. Ramachandra rao

*P. Ramachandra Rao*  
**PRINCIPAL**  
J.V.R. GOVT. COLLEGE  
SATHUPALLY. KHAMM DIST.

*K. Ravikumar*  
Sri . K. Ravikumar

**HEAD, DEPARTMENT OF ZOOLOGY**  
J.V.R. GOVT. COLLEGE, SATHUPALLY  
Khammam Dist. T.S. 507301.



# WORLD KIDNEY AWARENESS DAY

12<sup>th</sup> MARCH 2020

In the part of BHAGYA we conducted Students with principal and staff members were participated in the rally. Chief Guest of programmer DR. KIRANKUMAR M.D Govt. area hospital - Spl Gaaru .



## కిడ్నీ సంబంధ వ్యాధులపై అవగాహన

సత్తుపల్లిరూరల్, మార్చి 12: పట్టణంలోని జీవి ఆర్ ప్రభుత్వ డిగ్రీ కళాశాల విద్యార్థులు ప్రపంచ కిడ్నీస్ డే ఘనంగా నిర్వహించారు. ప్రీన్సిపాల్ పొనెం రామచంద్రరావు ఆధ్వర్యంలో గురువారం స్థానిక ప్రభుత్వ ఆరోగ్య కేంద్రాన్ని సందర్శించారు. ఈ సందర్భంగా విద్యార్థులకు ఆస్పత్రి వైద్యుడు శివకృష్ణ డయాలసిస్పై అవగాహన కల్పించారు. మూత్రపిండ వ్యాధులు రాకుండా తీసుకోవాల్సిన జాగ్రత్తలను వివరించారు. ఈ కార్యక్రమంలో అధ్యాపకులు విజయ్ కుమార్, రవికుమార్, సిబ్బంది, విద్యార్థులు పాల్గొన్నారు.



మూత్రపిండాల చిత్రం వేసిన విద్యార్థులు

ఆంధ్రజ్యోతి Fri, 13 March 2020  
<https://epaper.andhrajyothy.com/c/49902855>



  
Sri. P. Ramachandra rao

  
Sri. K. Ravikumar

PRINCIPAL  
J.V.R. GOVT. COLLEGE  
SATHUPALEM, KHAMMAM DT.

Bhagya Co-Ordinator  
HEAD, DEPARTMENT OF ZOOLOGY  
J.V.R. GOVT. COLLEGE, SATHUPALEM  
Khammam Dist, T.S. 507302

**World AIDS Awareness Day**  
**01-DEC-2020**

In the part of BHAGYA we conducted Students with principal and staff members were participated in programme. Chief Guest of programmer Dr. B. subramanyam Gaaru.



Sri. P. Ramachandra rao

Principal   
**PRINCIPAL**  
**J.V.R. GOVT. COLLEGE**  
**SATHUPALLY, KMM DT.**

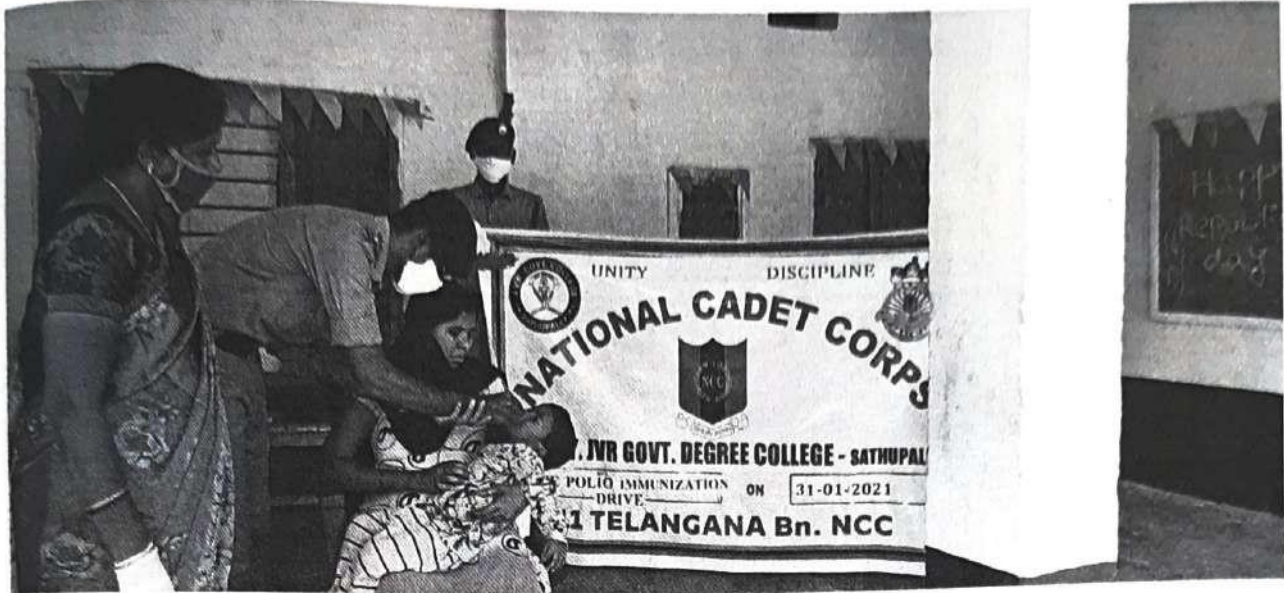



K. Ravikumar


Bhagya Co- Ordinator  
HEAD, DEPARTMENT OF ZOOLOGY  
J.V.R. GOVT. COLLEGE, SATHUPALLY  
Khammam Dist, T.S. 507303.



PULSE POLIO - Immunization program  
31-01-2021



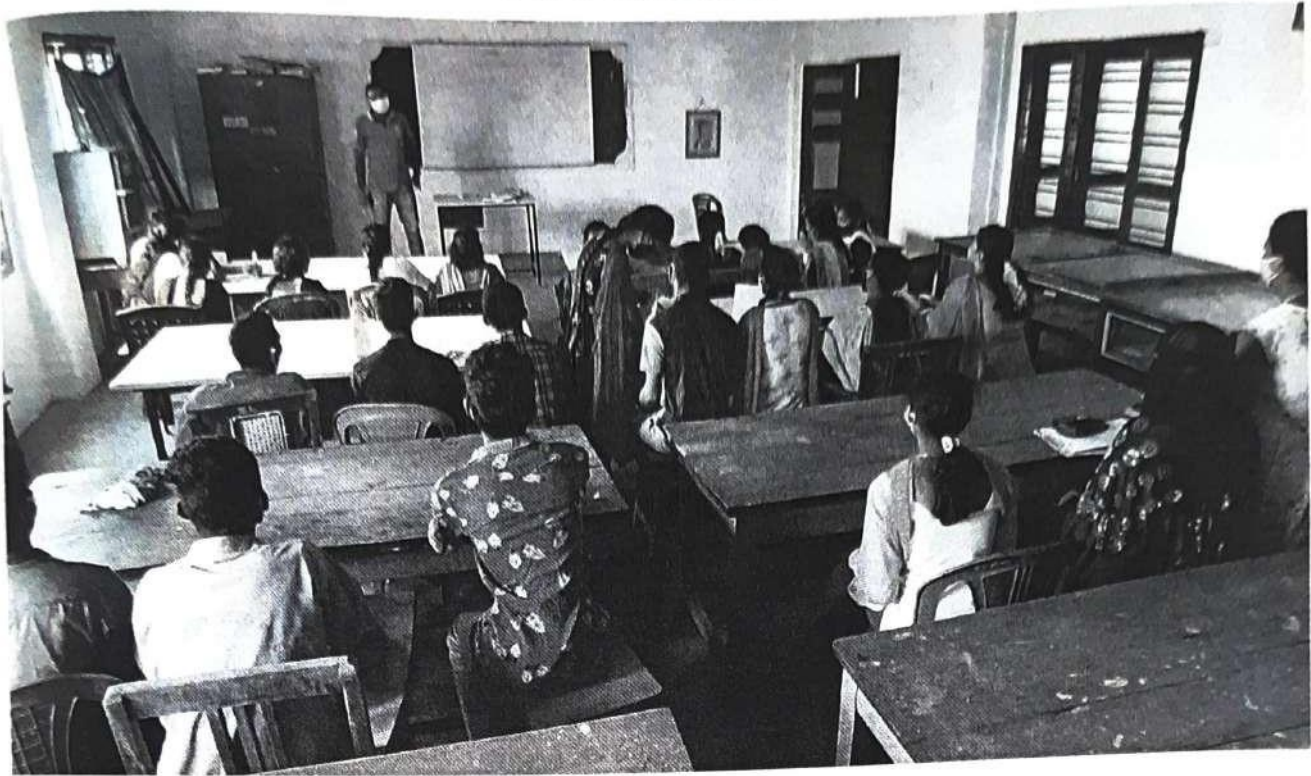
  
Sri. P. Ramachandra rao  
Principal  
J.V.R. GOVT. COLLEGE  
SATHUPALLY. KHAMMAM DT.

  
Sri . K. Ravikumar  
HEAD, DEPARTMENT OF ZOOLOGY  
J.V.R. GOVT. COLLEGE, SATHUPALLY  
Khammam Dist, T.S. 507303.



# World cancer awareness day

04. Feb.2021



Sri. P. Ramachandra rao

Principal

**PRINCIPAL  
J.V.R. GOVT. COLLEGE  
SATHUPALLY. KHAM DT.**

Sri . K. Ravikumar

Bhagya Co-Ordinator  
**HEAD, DEPARTMENT OF ZOOLOGY  
J.V.R. GOVT. COLLEGE, SATHUPALLY  
Khammam Dist, T.S. 507303.**

“Traditional FOOD EXHIBITION

25. Feb. 2021



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బొన్నలన్నం  
శామ

  
Sri. P. Ramachandra rao

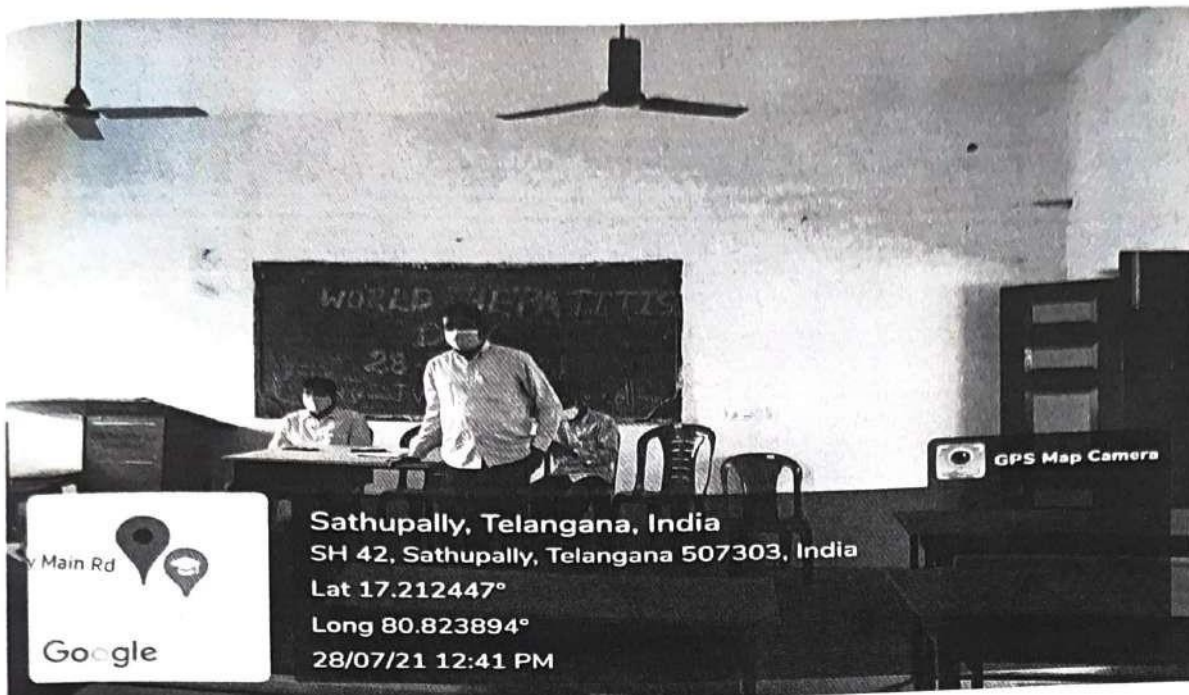
Principal  
**PRINCIPAL**  
J.V.R. GOVT. COLLEGE  
SATHUPALLY. KHAMM DIST.

  
Sri. K. Ravikumar

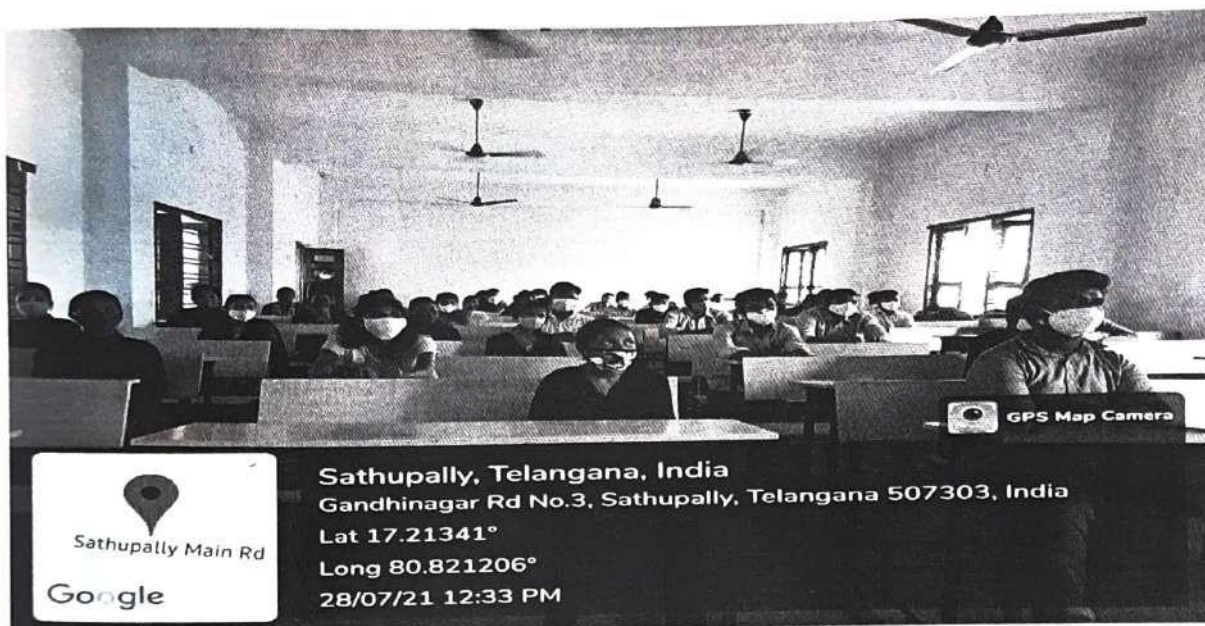
Bhagya Co-Ordinator  
HEAD, DEPARTMENT OF ZOOLOGY  
J.V.R. GOVT. COLLEGE, SATHUPALLY  
Khammam Dist, T.S. 507303.



# WORLD HEPATITIS DAY 28-07-2021



OUR COLLEGE PRINCIPAL SRI . P. RAMCHANDRA RAO GAARU ADDRESSING THE STUDENTS



PARTICIPATED STUDENTS IN THE PROGRAM

  
Sri. P. Ramachandra rao

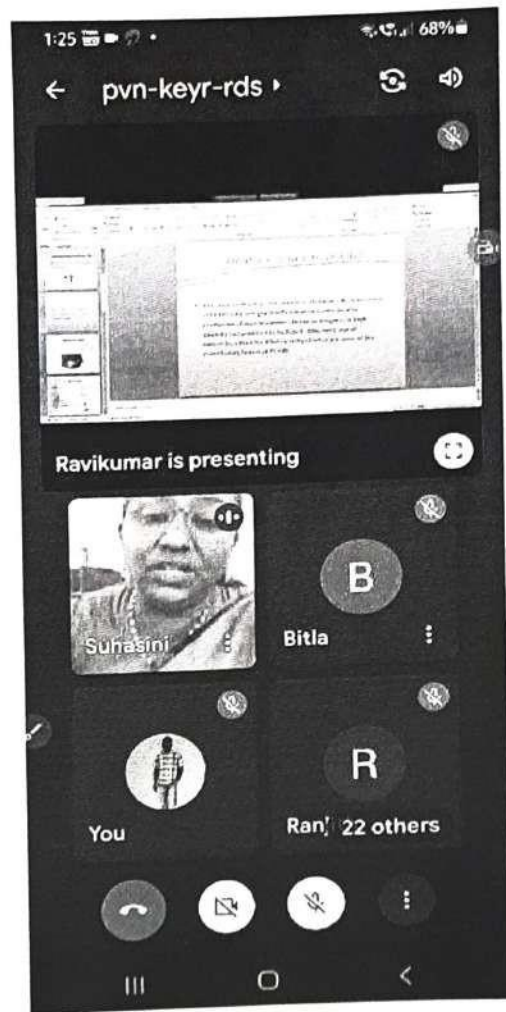
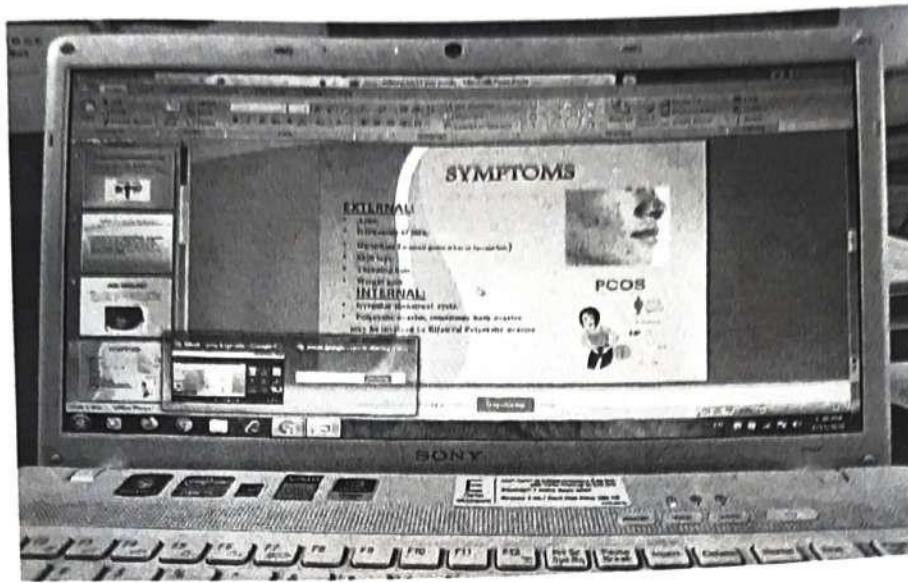
Principal  
**PRINCIPAL**  
**J.V.R. GOVT. COLLEGE**  
**SATHUPALLY, KHAMMAM DT.**

  
Sri . K. Ravikumar

HEAD, Bhagya Co- Ordinator  
**J.V.R. GOVT. COLLEGE, SATHUPALLY**  
**Khammam Dist, T.S. 507303.**



WEBINAR (ONLINE MODE) PCOS AWARENESS PROGRAM  
13.08.2021



SPEAKER DR. K. SUHASINI MADAM GAARU ADDRESSING TO THE GIRLS STUDENTS IN WEBINAR

*[Signature]*  
Sri. P. Ramachandra rao

Principal  
**PRINCIPAL**  
J.V.R. GOVT. COLLEGE

*[Signature]*  
Sri. K. Ravikumar

HEAD, DEPARTMENT OF ZOOLOGY  
J.V.R. GOVT. COLLEGE, SATHUPALLY  
Dist. - Nellore, A.P. - 522 001

# World Heart Day

27-09-2021

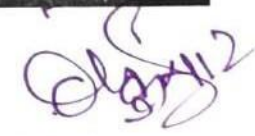


IN THE OCCASION OF THE WORLD HEART DAY BHAGYA HEALTH & NUTRITION WAS CONDUCTED AWARENESS PROGRAMME ON HEART DISEASE HOW TO OVER COME TO THOSE PROBLEMS. IN THIS PROGRAM DR. B. M. VINOD KUMAR GAARU AND STAFF MEMBERS WERE PARTICIPATED IN THIS PROGRAM ON 27-09-2021.



  
Sri. P. Ramachandra Rao

PRINCIPAL  
J.V.R. GOVT. COLLEGE  
SATHUPALLY, KHAMMAM DT.

  
Sri . K. Ravikumar

Bhagya Co- Ordinator  
HEAD, DEPARTMENT OF ZOOLOGY  
J.V.R. GOVT. COLLEGE, SATHUPALLY  
Khammam Dist, T.S. 507303.



WORLD DIABETES DAY  
14/15.NOV.2021



ఖమ్మం 7

# సత్తుపల్లి

సత్తుపల్లి, పెనుబల్లి, వేంసూరు, కల్లూరు, తల్లాడ



## జేవిఆర్లో ప్రపంచ మధుమేహ వ్యాధి దినోత్సవం

సత్తుపల్లి, నవంబర్ 15(మనం స్టూన్): పట్టణంలోని ప్రభుత్వ డిగ్రీ కళాశాలలో సోమవారం ప్రపంచ మధుమేహ వ్యాధి దినోత్సవాన్ని కళాశాల ప్రెసిడెంట్ పావెం రామచంద్ర రావు అధ్యక్షతన నిర్వహించారు. ఈ కార్యక్రమంలో ప్రెసిడెంట్ మాట్లాడుతూ మధుమేహ వ్యాధి రోజురోజుకీ తీవ్రత పెరగడానికి కారణం మన యొక్క అపోరపు అలవాట్లు లో మాడ్చు రావడమేనని, ఆత్యధిక గ్లూకోజ్ ఇంజెక్ట్ దిండి ఎటువంటి పదార్థాలను ఎక్కువగా తీసుకోవడం భోజనాన్ని సరి అయిన సమయంలో తీసుకోకపోవడం, శారీరక శ్రమ లోపించడం, మానసిక ఆరోగ్యం పై శ్రద్ధ లేకపోవడంతో, ఎక్కువమంది ప్రజలు మధుమేహ వ్యాధికి గురవుతున్నట్లుగా అయిన తెలియజేశారు. ముఖ్యంగా యువత ఆరోగ్యమే మహాభాగ్యం అన్నట్లుగా వారు యుక్త వయసు నుంచే ఆరోగ్యంపైనా శ్రద్ధ వహించి, యువభారత్ ఆరోగ్యవంతమైన భారత్ గా మార్చాలని ఆయన తెలియజేశారు. ఈ కార్యక్రమంలో కళాశాల వైస్ చైర్మన్ పి.కె.కె. కుమార్, బాగ్య ఆండ్ హెల్త్ కన్సిల్లర్ కె రవికుమార్, సత్యనారాయణ, సిద్ధంబి విద్యార్థిని, విద్యార్థులు పాల్గొన్నారు.

Sri . K. Ravikumar

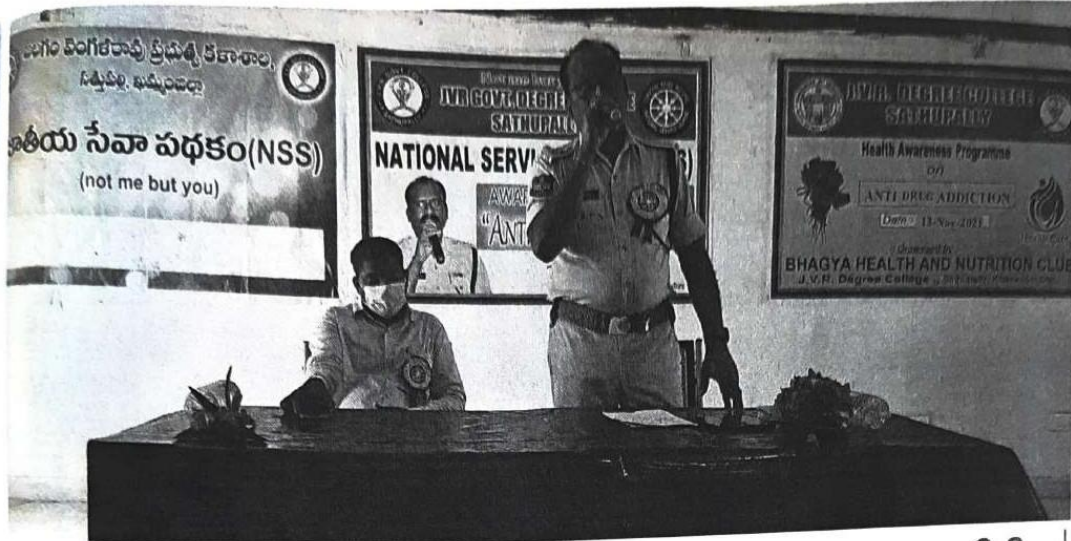
Sri. P. Ramachandra Rao

PRINCIPAL  
J.V.R. GOVT. COLLEGE  
SATHUPALLY. KMM DT.

HEAD, BBA & BBA (HONORARY)  
J.V.R. GOVT. COLLEGE, SATHUPALLY  
Khammam Dist, T.S. 507303.



# ANTI DRUG ADDICTION PROGRAM 12. NOV.2021




## మాదక ద్రవ్యాలకు విద్యార్థులు దూరంగా ఉండాలి :పీసీపీ


**సత్తువల్లి, నవంబర్ 12, ప్రభాతవార్త:**  
మాదక ద్రవ్యాలు వినియోగానికి విద్యార్థిని, విద్యార్థులు దూరంగా ఉండి వారి ఆరోగ్యం పట్ల క్రమంగా ఉండాలని పీసీపీ ఎన్. వెంకటేశ్ విద్యార్థులకు సూచించారు. జలగం వెంగళరావు ప్రభుత్వ డిగ్రీ కళాశాలలో జాతీయ సేవా పథకంలో భాగ్య హెల్త్ క్లబ్ సంయుక్త ఆధ్వర్యంలో మాదక ద్రవ్యాల వినియోగం, నిషేధం అనే అంశాలపై శుభ్రవారం అపగంపాన నడుస్తున్న జాతీయ సేవా పథకం విద్యార్థులు గంజాయి, హెరాయిన్ వంటి మాదక ద్రవ్యాలకు దూరంగా ఉండాలని, వాటి వినియోగం వల్ల యువనే మనసికంగా, శారీరకంగా ఆరోగ్యం



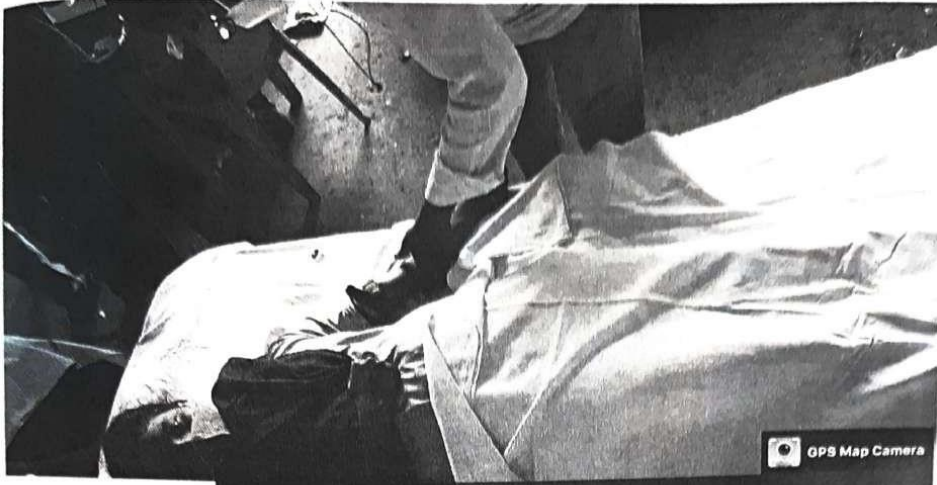
దెబ్బతింటుందని వారి కళ్ళై యుక్తులు కూడా నిర్భయం అవుతాయన్నారు. విద్యార్థులు చెడు అలవాట్లపై ప్రేరేపించే వారి పట్ల అప్రమత్తంగా ఉండాలని మంచి అలవాట్లతో విద్యార్థులు ఉన్నత కీర్తి రాలను అధిరోపించాలని కళాశాల ప్రిన్సిపల్ పా నెం రామచంద్రారావు సూచించారు. ఈ కార్యక్రమంలో


జాతీయ సేవా పథకం ప్రోగ్రాం ఆఫీసర్లు డి. బంగారి, ఐ. రీరత్ కుమార్, భాగ్య హెల్త్ క్లబ్ కన్వీనర్ బి. రవికుమార్, కళాశాల అధ్యాపకులు కె. విజయ్ కుమార్, జి. సుబాషిణి, విజయలక్ష్మి, కె. రాజ్య లక్ష్మి, బి. సరీత, కె. అనూప రేషల్, ఎన్ఎస్ఎస్ వాలంటీర్లు, ఎన్ఎస్సీ క్యాడెట్లు, విద్యార్థిని, విద్యార్థులు పాల్గొన్నారు.


  
**Sri. P. Ramachandra Rao**  
 Principal  
**J.V.R. GOVT. COLLEGE**  
**SATHUPALLY, KMM DT.**

  
**Sri . K. Ravikumar**  
 Bhagya Co-Ordinator  
**HEAD, DEPARTMENT OF ZOOLOGY**  
**J.V.R. GOVT. COLLEGE, SATHUPALLY**  
 Khammam Dist, T.S. 507303.

**BLOOD DONATION CAMP**  
**30.11.2021**



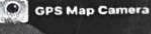
 GPS Map Camera


 NH365BB

**Sathupally, Telangana, India**  
near, Sathupally Main Rd, Sathupally, Telangana 507303, India  
Lat 17.21258°  
Long 80.829827°  
30/11/21 11:28 AM

Google




 GPS Map Camera

 KTC Main Bus and, Sathupally

**Sathupally, Telangana, India**  
Sattupally Bus Depot, Sathupally, Telangana 507303, India  
Lat 17.210927°  
Long 80.828732°  
30/11/21 11:32 AM

Google

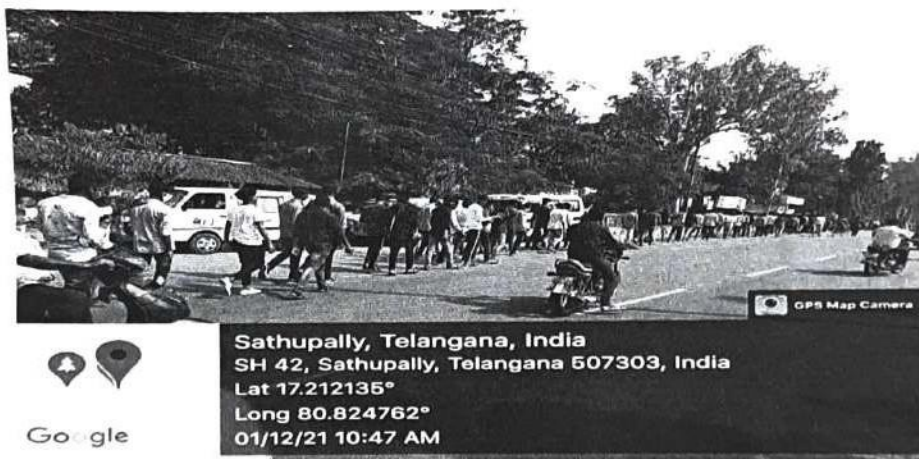
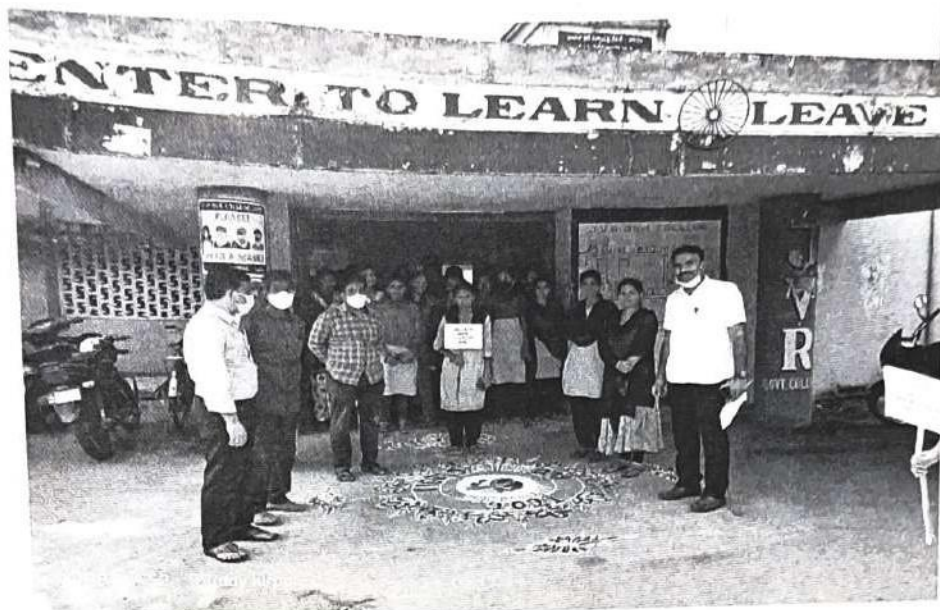
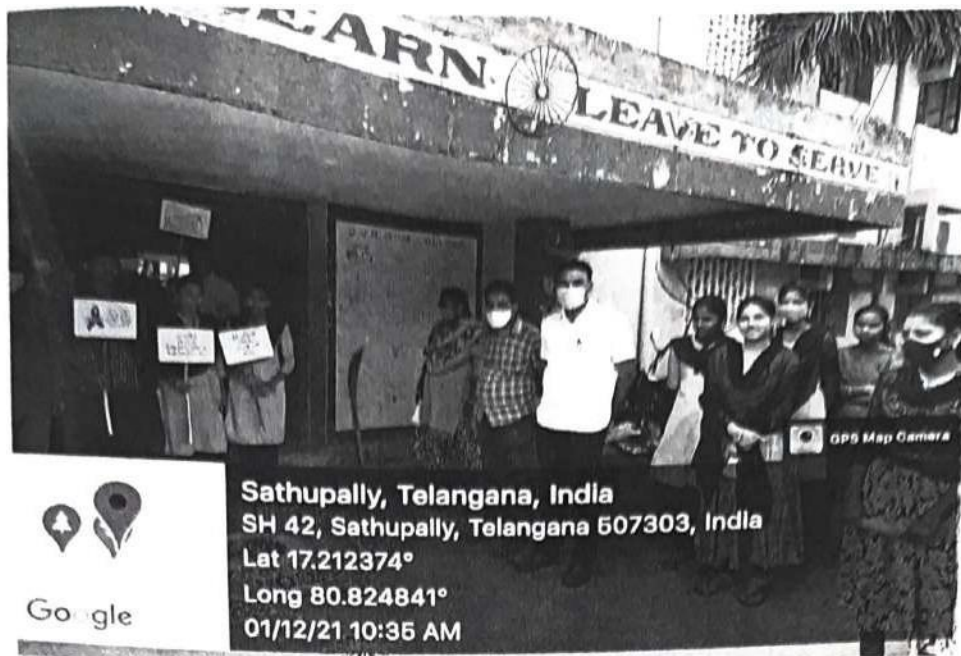
Sri. P. Ramachandra rao

Principal   
**PRINCIPAL**  
**J.V.R. GOVT. COLLEGE**  
**SATHUPALLY. KHAMMAM DT**

Sri. K. Ravikumar 

Bhagya Co-Ordinator  
HEAD, DEPARTMENT OF NSS  
J.V.R. GOVT. COLLEGE, SATHUPALLY  
Khammam Dist, T.S. 507303.





**WORLD AIDS DAY AWARENESS PROGRAMME**

**01-12-2021**

*Bharath*  
**PRINCIPAL  
 J.V.R. GOVT. COLLEGE  
 SATHUPALLY. KMM DT.**

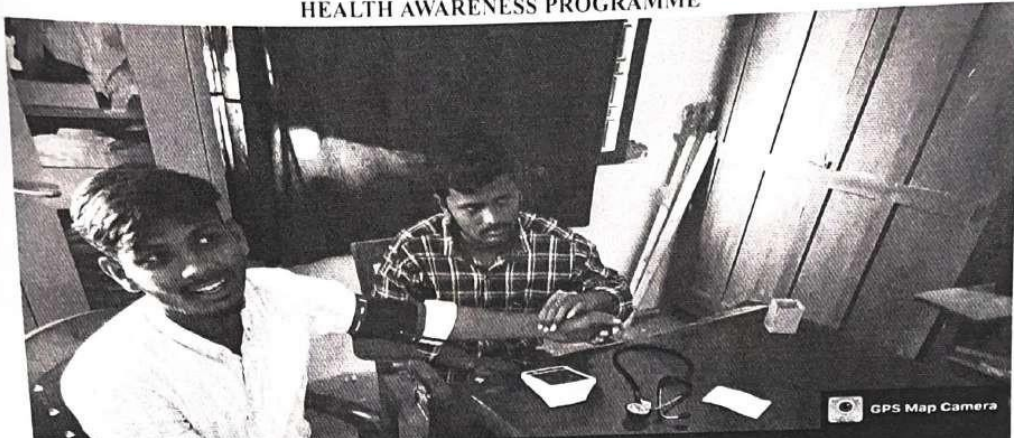
*[Signature]*  
**HEAD, DEPARTMENT OF ZOOLOGY  
 J.V.R. GOVT. COLLEGE, SATHUPALLY  
 Khammam Dist, T.S. 507303.**

## HEALTH AWARENESS PROGRAMME



Sri. Dr. Nagesh kumar (jr., doctor) private clinic , Sathupally

### HEALTH AWARENESS PROGRAMME



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Lat 17.21261°  
Long 80.822035°  
17/12/21 12:23 PM

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