

# **J.V.R. GOVERNMENT COLLEGE.**

**SATHUPALLY, KHAMMAM DT. TS.**

Affiliated to Kakatiya University, Warangal, T.S.

Accredited with B Grade by NAAC.



**RESEARCH, INNOVATIONS, AND EXTENSION  
3.3-EXTENSION ACTIVITIES**

**ADDITIONAL INFORMATION ON  
QN.M: 3.3.3. & 3.3.4.**

**Extension and Outreach Programs  
In the JVRGC, Sathupally during the period  
2016-17 to 2020-21**

**JVRGC BHAGYA HEALTH CLUB (BHC)  
ACTIVITIES**

**BHAGYA HEALTH CLUB (BHC)**  
**ACTIVITIES 2019-20**

**BHAGYA**

(Health and Nutrition Club)

**ACTIVITIES REPORT**

**J.V.R. GOVT. DEGREE COLLEGE,**

**SATHUPALLY,**

**DIST: KHAMMAM**

2019 - 2020

Scanned with CamScanner

S.No	Name of the programme	Date
1	International Yoga day	21 <sup>st</sup> June 2019
2	Homeopathy medicine – supply for wide range of long term illnesses	08 <sup>th</sup> Aug 2019
3	Blood donation camp	07.09.2019
4	Health awareness programme & Blood grouping at college campus level	25.09.2019
5	World heart day	27.Sep.2019
6	Hemoglobin test for girls students	13. Nov. 2019
7	World AIDS awareness day	1 <sup>st</sup> Dec 2019
8	World Cancer awareness day	4 <sup>th</sup> Feb 2020
9	World pulses day	01.03.2020
10	World kidney day	12 <sup>th</sup> March 2020
11	GAMES & FITNESS CENTER	REGULARLY

*Bowen*  
**PRINCIPAL**  
**J.V.R. GOVT. COLLEGE**  
**SATHUPALLY, KHAMMAM DT.**

*[Signature]*  
 HEAD, DEPARTMENT OF SOCIOLOGY  
 J.V.R. GOVT. COLLEGE, SATHUPALLY  
 Khammam Dist, T.S. 507303.



Scanned with CamScanner

## INTERNATIONAL YOGA DAY


21<sup>ST</sup> JUNE 2019

International Yoga Day has been celebrated on 21<sup>st</sup> June 2019. Yoga is a physical, mental and spiritual practice which originated in India. For this Programmer V. Sudhakar gaaru Yoga Trainer has given instructions to the students and staff members. In this regard we decided that, the programme should be continuing in every week on Saturday.



  
PRINCIPAL  
R. GOVT. COLLEGE  
HUPALLY, KMM DT.

Scanned with CamScanner

  
HEAD, DEPARTMENT OF ZOOLOGY  
J.V.R. GOVT. COLLEGE, SATHUPALLY  
Khammam Dist. T.S. 508001


**Homeopathy medicine – supply for wide range of long term illnesses.**

Most of the students were identified the allergies reaction due to dust other physiological problems. principal and staff were conducted homeo medicine to all students in our college. With the dr. dayanand gaaru asha charitable organization Homeopathy medicine – supply for wide range of long term illnesses , such as allergies , atopic dermatitis ,irritable bowel syndrome.



Homeopathy medicine supply to students

Sri. P. Ramachandra rao

Principa   
**PRINCIPAL**  
J.V.R. GOVT. COLLEGE  
SATHUPALLY. KMM DT.

  
Smt. Dr. G. Samatha

Bhagya Co-Ordinator  
HEAD, DEPARTMENT OF TOODOZY  
J.V.R. GOVT. COLLEGE, SATHUPALLY  
Khammam Dist, T.S. 507303.



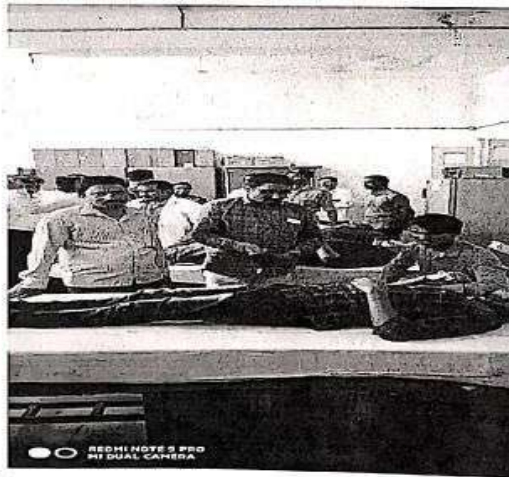
Scanned with CamScanner



## BLOOD DONATION

07-09-2019

there is 61 samples of blood have been donated by our college students.



  
Sri. P. Ratnachandra rao

Principal  
J.V.R. GOVT. COLLEGE  
SATHUPALLY, XMM DT.



Smt. Dr. G. Samatha  
HEAD, Bhagya Co-Ordination  
J.V.R. GOVT. COLLEGE, SATHUPALLY

## HEALTH AWARENESS PROGRAMME



Smt.. Roja ramani, Pharmacist, Govt. community hospital, Sathupally

HEALTH AWARENESS PROGRAMME

### BLOOD GROUPING camp in college level

In the part of BHAGYA we conducted blood grouping for all the staff and students (boys and girls) of our college.



Sri. P. Ramachandra rao

Smt. Dr. G. Samatha

Principal  
*[Signature]*  
**PRINCIPAL**  
J.V.R. GOVT. COLLEGE  
SATHUPALLY, KHAMMAM DIST.

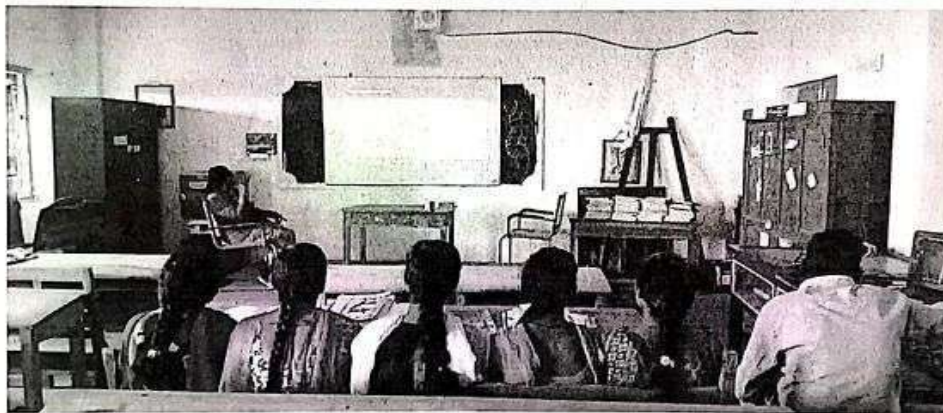
Bhagya Co-ordinator  
HEAD, DEPARTMENT OF ZOOLOGY  
J.V.R. GOVT. COLLEGE, SATHUPALLY  
Khammam Dist, T.S. 507303.

## WORLD HEART DAY

28<sup>TH</sup> SEP 2020

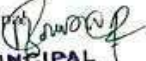
Heart diseases are serious issues, and according to a report by the WHO, over 17.9 million people around the world die from cardiovascular diseases including raised blood pressure.

In the part of BHAGYA we conducted world heart day on 28 Sep 2019 (due 29 of Sep 2019 is Sunday) lecturers gave their lecture about heart and importance of maintaining a healthy heart in their life.




Dr. Samatha madam addressing the students on world heart day.

Sri. P. Ramachandra rao

Principal  
  
PRINCIPAL  
J.V.R. GOVT. COLLEGE  
SATHUPALLY, KHAM DT.

Smt. Dr. G. Samatha

  
Bhagya Co-Ordinator  
HEAD, DEPARTMENT OF ZOOLOGY  
J.V.R. GOVT. COLLEGE, SATHUPALLY  
Khammam Dist, T.S. 507303.



Scanned with CamScanner



## HEMOGLOBIN TESTING CAMP

In the part of BHAGYA we conducted a hemoglobin Estimation Camp conducted on 13<sup>th</sup> Nov 2019, for all (boys and girls) the students of our college with the help of lecture and staff members.



Testing hemoglobin percentage

Students of J.V.R college testing their percentage of Hemoglobin

Sri. P. Ramachandra rao

Principal

  
PRINCIPAL  
J.V.R. GOVT. COLLEGE  
SATHURALLY, KHAMMAM DIST.

Smt. Dr. 

Bhagya Co-Ordinator  
HEAD, DEPARTMENT OF ZOOLOGY  
J.V.R. GOVT. COLLEGE, SATHURALLY  
Khammam Dist, T.S. 507303.



Scanned with CamScanner

World AIDS Awareness Day  
01-DEC-2019

In the part of BHAGYA we conducted Students with principal and staff members were participated in the rally. Chief Guest of programmer Rted. Principal Gaaru



Students with principal and staff members participated in rally  
(Chief Guest of programmer Rted. Principal Gaaru).

Sri. P. Ramachandra rao

Smt. Dr. G. Samatha

Principal  
*[Signature]*  
PRINCIPAL  
J.V.R. GOVT. COLLEGE  
SATHUPALLY, KHAMMAM

Bhagya Co- Ordinator  
HEAD, DEPARTMENT OF ZOOLOGY  
J.V.R. GOVT. COLLEGE, SATHUPALLY  
Khammam Dist, T.S. 507303.

Scanned with CamScanner

## International cancer day

04.feb.2020



Dr. Dayanand gaaru addressing the students on International cancer day



Sri. P. Ramachandra rao

*P. Ramachandra Rao*  
Principal  
J.V.R. GOVT. COLLEGE  
SATHUPALLY, KMM DT.

Sri. K. Ravikumar

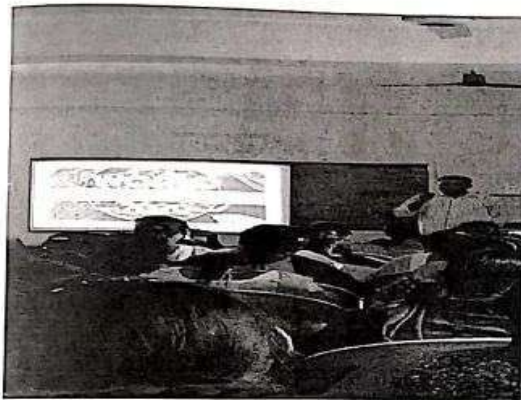
*K. Ravikumar*  
Bhagya Co-Ordinator  
HEAD, DEPARTMENT OF BIOLOGY  
J.V.R. GOVT. COLLEGE, SATHUPALLY  
Khammam Dist, T.S. 507303.

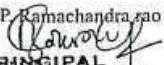


## WORLD PLUSES DAY


1<sup>ST</sup> MARCH 2020

In the part of BHAGYA we conducted Students with principal and staff members were participated in the rally. Chief Guest of programmer K. Vijaya kumar sir Gaaru.



Sri. P. Ramachandra rao  
  
PRINCIPAL  
J.V.R. GOVT. COLLEGE  
SATHUPALLY, KMM DT.

Sri . K. Ravikumar

  
HEAD, DEPARTMENT OF ZOOLOGY  
J.V.R. GOVT. COLLEGE, SATHUPALLY  
Khammam Dist. T.C. 507102



## WORLD KIDNEY AWARENESS DAY

12<sup>th</sup> MARCH 2020

In the part of BHAGYA we conducted Students with principal and staff members were participated in the rally. Chief Guest of programmer DR. KIRANKUMAR M.D Govt. area hospital - Spl Gaaru .



## కిడ్నీ సంబంధ వ్యాధులపై అవగాహన

సత్తుపల్లిరారల్, మార్చి 12: పట్టణంలోని జీవి ఆర్ ప్రభుత్వ డిగ్రీ కళాశాల విద్యార్థులు ప్రపంచ కిడ్నీస్ డే మనంగా నిర్వహించారు. ప్రీన్సిపాల్ పొనెం రామచంద్రరావు ఆధ్వర్యంలో గురువారం సాంఘిక ప్రభుత్వ ఆరోగ్య కేంద్రాన్ని సందర్శించారు. ఈ సందర్భంగా విద్యార్థులకు ఆస్పత్రి వైద్యుడు శివకృష్ణ దయాలసిన్పై అవగాహన కల్పించారు. మూత్రపిండ వ్యాధులు రాకుండా తీసుకోవాల్సిన జాగ్రత్తలను వివరించారు. ఈ కార్యక్రమంలో అధ్యాపకులు విజయకుమార్, రవికుమార్, సిబ్బంది, విద్యార్థులు పాల్గొన్నారు.



మూత్రపిండాల చిత్రం వేసిన విద్యార్థులు

ఆంధ్రజ్యోతి Fri, 13 March 2020  
<https://epaper.andhrajyothy.com/c/49902855>



  
Sri. P. Ramachandra rao

PRINCIPAL  
J.V.R. GOVT. COLLEGE  
SATHUPALLY  
Scanned with CamScanner

  
Sri. K. Ravikumar

Bhagya Co-Ordinator  
HEAD, DEPARTMENT OF ZOOLOGY  
J.V.R. GOVT. COLLEGE, SATHUPALLY  
Khammam Dist, T.S. 507302

Physical fitness



*[Handwritten Signature]*

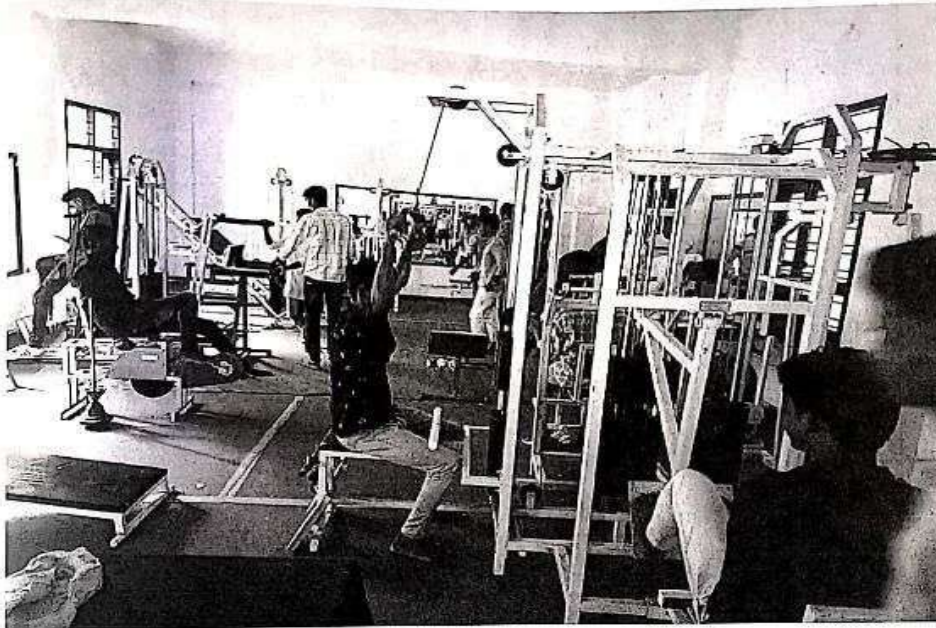
PRINCIPAL  
J.V.R. GOVT. COLLEGE  
SATHUPALLY, KHAMMAM

*[Handwritten Signature]*

HEAD, DEPARTMENT OF ZOOLOGY  
J.V.R. GOVT. COLLEGE, SATHUPALLY  
Khammam Dist, T.S. 507303.

CamScanner

## Fitness Center



Students regularly use gym in the afternoon time

  
PRINCIPAL  
J.V.R. GOVT. COLLEGE  
SATHUPALLY, KHAMMAM DT.

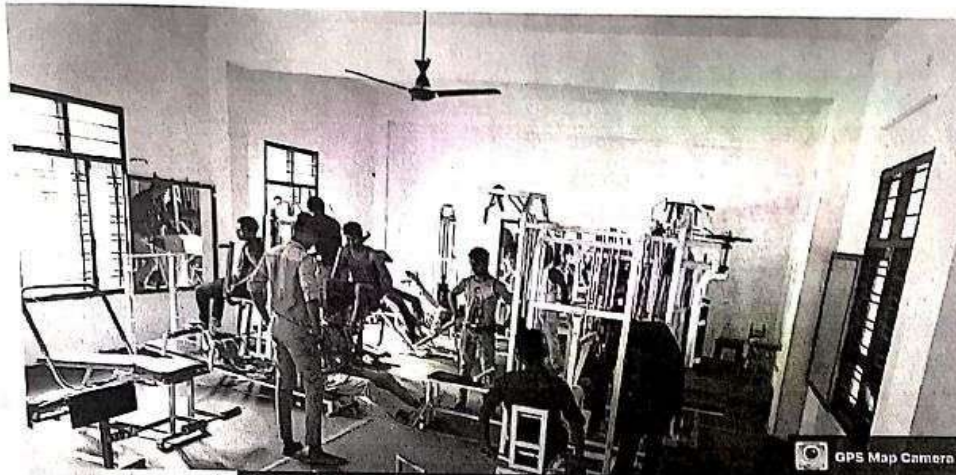
  
HEAD, DEPARTMENT OF ZOOLOGY  
J.V.R. GOVT. COLLEGE, SATHUPALLY  
Khammam Dist, T.S. 507303.



Scanned with CamScanner



Fitness center



GPS Map Camera



Google

Sathupally, Telangana, India

Indira Nilayam 10-264/Rd 12, Vengalarao Nagar, Sathupally, Telangana  
507303, India

Lat 17.213662°

Long 80.813037°

04/12/21 03:22 PM

**PRINCIPAL**  
J.V.R. GOVT. COLLEGE  
SATHUPALLY. KMM DT

HEAD, DEPARTMENT OF ZOOLOGY  
J.V.R. GOVT. COLLEGE, SATHUPALLY  
Khammam Dist, T.S. 507303.

Scanned with CamScanner