Government Degree College for Women, Wanaparthy, Telangana State

(Affiliated to Palamuru University)



Department of Physical Education

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1. Y Srinivasa Reddy, MA.,M.P.Ed. – Physical Director

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Department of Physical Education

Mission & Vision

- 1.To Encourage Mass Participation in Games & Sports to Attain
- Excellence in the Field of Sports & Games.
- Fitness (Physical& Mental).
- Healthy Life.
- Recreation.
- Whole sum Development of the Personality.
- 2. To Produce Good Citizens to the Nation.
- 3.To Produce Good Leaders to the Nation.

Objectives

- > To develop an understanding of the importance of sports in the pursuit of a healthy and active lifestyle at the college and beyond.
- > To develop an ability to observe, analyze and judge the performance of self and peers in sporting situations.

- > To provide a wide variety of creative and sporting activities to develop each student's potential.
- > To develop an appreciation of the concepts of fair play, honest competition and good sportsmanship.

Outcomes

- > Students will be able to participate fully in the competitive, recreational and leisure opportunities offered outside the college environment.
- > They will develop self-esteem and selfconfidence through positive sporting experiences.
- > They will be promoted to an understanding of physical and mental well-being through an appreciation of stress, rest and relaxation.

Department of Physical Education Infrastructural Facilities

| SL No | Facilility | Quantity | Location |
|-----------|-----------------------------------|----------|----------|
| I | Fitness Centre | 1 | |
| 1. | 9 Station Multi Gym. Fitness Unit | 1 | Gym |
| 2. | Tread Mill (Non Motorised) | 1 | • |
| 3. | Bench Press | 2 | Room. |
| 4. | A Set Of Dumb Bells | 1 Set | (Seminar |
| 5. | Weight Lifting Set | 1 Set | Block) |
| 6. | Bicycle Ergometer | 2 | |
| | | / 3 | |
| II | Indoor Games Room | 1 | 1 |
| 1. | Carroms | 6 | Main |
| 2. | Chess | 10 | Building |
| 3. | Chineese Checker | 2 | Cellar |
| | | | |
| III | Out Door Games Facilities | = / · | |
| 1. | Badminton | 4 Courts | |
| 2. | Kabaddi | 2 Courts | |
| 3. | Kho-Kho | 1 Court | |
| 4. | Tennicoit | 4 Courts | |
| 5. | Throw Ball | 1 Court | |
| 6. | Volley Ball | 1 Court | |
| | | | |

GYM Timings : 6:00 am to 9:00 am & 3:00 pm to 6:00 pm

Indoor & Out Door Games: 9:00 am to 5:00 pm

Department Details

Name of the Department Physical Education

Details of Posts

| Name of the Post | Sanctioned | Working | Vacant | |
|-------------------------|------------|---------|--------|--|
| Physical Director | 0230 | 21 | 0 | |
| Asst. Physical Director | 0 | 0 | 0 | |
| Marker / Groundman | 0 | 0 | 0 | |

Faculty Details

| Name of the Faculty | Designation | Qualification | Addl Qualifi- cations | Years of Experience |
|---------------------|----------------------|-------------------|-----------------------------|---------------------|
| Y Srinivasa Reddy | Physical Director | M.A., M.P.Ed., | UGC- JRF- NET | 23 |

University Affiliated to

Palmuru University, Mahabubnagar

Names of Courses Offered **Under Graduate Courses**

| BA | HEP & EPP |
|--------|---------------------------------|
| B.Com. | General, Computers, Comp. Appl. |
| B.Sc. | MPC, MPCS & BZC |

Names of Certificate

Courses Offered

1. Certificate Course in Yoga

2. Certificate Course in Health & Nutrition

Student Strength Details for

| Academic Year | I Year | II Year | III Year | Total |
|------------------|--------|---------|----------|-------|
| 2015-2016 | 266 | 304 | 282 | 852 |
| 2016-2017 | 330 | 221 | 265 | 816 |
| 2017-2018 | 288 | 282 | 172 | 742 |
| 2018-2019 | 377 | 271 | 233 | 881 |
| 2019-2020 | 343 | 322 | 224 | 889 |
| 2020-2021 | 480 | 343 | 322 | 1145 |
| /3 | | | | 18 |

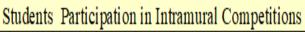
Student Participation in Intramurals:

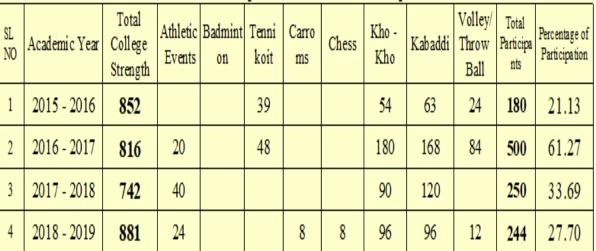


2019 - 2020

Government Degree College for Women, Wanaparthy Wanaparthy Dist., Telangana State.

Department of Physical Education







60.97

Student Participation in Extramurals:



Government Degree College for Women, Wanaparthy Wanaparthy Dist., Telangana State.

Department of Physical Education

Student Participation in Extramural Competitions



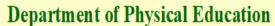
| | SL NO | Academic Year | Total College Strength | Chess | Kabaddi | Kho - Kho | Volley Ball | 100 M Run | 200 M Run | 800 M Run | Long Jump | Shot Put | Total Particip ants | Average Participation |
|---|----------|---------------|------------------------------|-------|---------|-----------|-------------|-----------|-----------|-----------|-----------|----------|---------------------------|--------------------------|
| | 1 | 2015 - 2016 | 852 | | 12 | 12 | | 2 | 2 | 2 | 2 | 2 | 34 | 3.99 |
| | 2 | 2016 - 2017 | 816 | | 12 | 12 | | 2 | 2 | 2 | 2 | 2 | 34 | 4.17 |
| | 3 | 2017 - 2018 | 742 | | 12 | 12 | | 2 | 2 | 2 | 2 | 2 | 34 | 4.58 |
| | 4 | 2018 - 2019 | 881 | 5 | 12 | 12 | 12 | 2 | 2 | 2 | 2 | 2 | 51 | 5.79 |
| | 5 | 2019 - 2020 | 889 | 5 | 12 | 12 | 12 | 2 | 2 | 2 | 2 | 2 | 51 | 5.74 |
| П | | | | | | | | | | | | | | |

Student Participation in University Team Selections:



Government Degree College for Women, Wanaparthy WanaparthyDist., Telangana State.

(Affliated to Palamuru university)



Student Participation in Palamuru University Selections



| | | 2015 - 2016 | | 2016 - 2017 | | 2017 - 2018 | | 2018 - 2019 | | 2019 - 2020 | |
|----------|---------------|-----------------------------------|--|-----------------------------------|--|-----------------------------------|--|-----------------------------------|--|-----------------------------------|--|
| SL NO | EVENT | No.of Students Participated | No.of Students Selected for IUT | No.of Students Participated | No.of Students Selected for IUT | No.of Students Participated | No.of Students Selected for IUT | No.of Students Participated | No. of Students Selected for IUT | No.of Students Participated | No.of Students Selected for IUT |
| 1 | Athletics | | | | | | | 10 | 0 | 10 | 0 |
| 2 | Cross Country | | | | | | | 0 | 0 | 0 | 0 |
| 3 | Kabaddi | | | | | | | 7 | 0 | 7 | 1 |
| 4 | Kho - Kho | | | | | | | 10 | 1 | 8 | 0 |
| 5 | V olley Ball | | | | | | | 0 | 0 | 6 | 1 |
| | TOTAL | | | | | | | 27 | 1 | 31 | 2 |

PLACE UNIVERSITY PARTICIPANT DETAILS

STRENGTHS:

- Maximum Utilization of the limited and Available resources.
- > Use of computer and Internet facility for Administrative work.
- Providing information to the college students by use of Internet services regarding Games and Sports.
- > Students make use of Indoor Games facilities like Caroms, Chess, and Chineese Checker in the Department of Physical Education.
- > Students make use of Outdoor Games facilities like Badminton, Kho-Kho, Kabaddi Volley Ball and Throw Ball.
- > The Department has Well equipped Gym with fitness equipment free for all Students.

WEAKNESSES:

- > Lack of Ground for laying out Running Track for carrying out Athletic events.
- Insufficient play ground for improving the infrastructure facilities in the Games and Sports.
- > There is only one post of Physical Director for entire student strength of 1145.
- > There is no supporting staff for laying out of courts and maintenance of play grounds.
- Since participation in Physical education, Games and sports activities is optional there is lack of seriousness among the students especially this being Women's College.

Nutrition and Diet play a major role in performance in Games and Sports activities. Almost all the students come from the rural background and Lower income group and hence there is a hindrance.

OPPURTUNITIES:

- > The Department plays a major role in providing the available infrastructure free of cost to the students.
- > The students who show interest in activities of Physical Education inclusive of Games and sports are given special guidance.
- > The students who are good in sports and games are encouraged to take up professional courses in Physical Education like U.G.D.P.Ed and B.P.Ed.
- > The students who have good physique and physical fitness are encouraged to take up career in department of Home, Prohibition & Excise, Railways, CSIF, BSF, Soldier in Defence services. Training in Physical Events to be qualified is also given.
- ➤ The college being affiliated to Palamuru University sends players in various games and Sports to take part in University Team Selections.

CONSTRAINTS:

- After the college timings being 9.30 AM to 4.00 PM most of the students coming from nearby villages are generally in a hurry to catch their Buses to reach their homes, hence very few are taking part in games and sports with real Competitive spirit.
- > The college has very little scope for extension of games and sports Activities as there is no land available for further laying out of play grounds.
- > The Sports culture at the Junior College Level is almost nil due to lack of

Development of Physical Education Staff in Junior Colleges, who form the major source of admissions to our college.

- ➤ The age and Physiological growth of women coming from rural areas is also inhibiting them from taking part in Games and Sports.
- Most of the students take part in the Games and Sports only for time pass and recreational purpose. Hence the process of preparation of teams is rather more difficult in most of the Games.

> For better performance in Games and Sports the students need a very good Balanced diet which they can neither afford nor be provided by the college for

