



NSS Regular Activities 2022-2023

**GOVT DEGREE COLLEGE FOR WOMEN,
SANGAREDDY, TS**

S.No	Date	Activity	No. of Volunteers
1	14-06-2022	Yoga training by master	32
2	21-06-2022	International yoga day	46
3	07-07-2022	College cleaning program	Faculty involved
4	21-07-2022	Haritha haram	20
5	8-8-2022	Homage to Freedom fighters	34
6	8- 8- 2022	Painting competition (Azadi ka amruth maohsav)	12
7	10-8-2022	Vazrotsava vana mahotsav	21
8	11-8- 2022	Essay writing competitions	18
9	11-8-2022	Freedom Run,Selfie with thiranga	63
10	12-8-2022	Freedom cup	48
10	13-8-2022	Freedom rally	86
11	14-8-2022	Har ghar thiranga	21
12	15- 8- 2022	Independence day celebrations	106
13	16-8-2022	Samuhika Geethalapana	152

14	19-8-2022	Rangoli competition	35
15	22 -8-2022	Azadi ka amruth mahotsav closing ceremony	89
16	30- 8-2022	Workshop on making of clay Ganesha	46
17	03-09-2022	Traffic awareness rally	48
18	15-09-2023	Poshan abhiyan programe-Extension lecture by Gynaecologist	65
19	15-09-2022	Ekam meditation lecture	102
20	16-09-2022	Telangana integration day Rally	100
21	18-09-2022	Leo installation by district Lions	45
22	24-09-2022	NSS Day	108
23	29-09-2022	Essay writing on the occasion of birth anniversary of sardar Patel	28
24	30-09-2022	Run For Unity rally	121
25	11-10-2022	NSS Orientation to First year students	118
26	24-11-2022	Essay writing, Elocution competitions Constitution day 2022	89
27	26-11-2022	Constitution day celebrations	187
28	01-12-2022	World AIDS Day awareness rally	105
29	12-12-2022	Human Rights Day	321
30	25-01-2023	National Voters Day	308
31	16-03-2023	Swachhata Action Plan A Massive cleaning programme in Sangareddy town	215
31	03-04-2023	Kanti velugu program	50

NSS PO

Principal

**GOVT DEGREE COLLEGE FOR WOMEN,
SANGAREDDY, TS**

NSS Regular Activities 2022-2023

DETAILED REPORT

International Yoga Day (14-06-2022 to 21-06-2022)

International Yoga day 2022. The ancient practice of yoga that has stemmed from Indian Culture is widely known to balance the body and mind while boosting both mental and social being of an individual. In a bid to spread awareness about the importance of yoga with a theme Yoga for Humanity The Gdcw NSS Unit has organized a one week yoga training to the NSS Volunteers by an eminent Yoga trainer R, Dattu Ram garu from Brahmakumari meditation centre, Sangareddy. This training provided to teaching and non teaching staff also. NSS Volunteers expressed their experiences in a very positive mood.





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College Campus Cleaning (7-7-2022)

NSS Unit of the college has taken the initiative to clean the college premises with the involvement of staff of the college. Roofs of the class rooms, college ground and administrative block were cleaned with an aim to avoid the dust sucks in the floor especially in the rainy season.



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Haritha Haram (21-7-2022)

The state government has undertaken the Haritha Haram programme. As part of this program NSS Unit in collaboration with the Botany department lifting the plants saplings from nursery and Pitting and planted the trees by the staff members.



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SWATHANTRA BHARATHA VAZROTSVALU **(AZADI KA AMRIT MAHOTSAV)**

In the context of the 75 years of India's Independence, the Government of Telangana has decided to celebrate "Swathantra Bharatha Vajrotsvalu" in the state of Telangana in a grand manner. As a part of "Swathantra Bharatha Vajrotsvalu" 2022, the Commissioner of Collegiate Education, Telangana has directed all the Principals of Government, Private, Aided and Unaided Degree Colleges in the state to conduct various activities to reflect the 75 years of independence. As per the instructions of the honourable Commissioner of Collegiate Education the Government Degree College for Women, Sangareddy conducted day-wise activities prescribed in the File No.CCE-AC/GEN/5/2022-ACADEMIC CELL Dt.7-8-2022.

Details of the day-wise activities as follows:

❖ **10-08-2022**

Decoration of college:

To mark the beginning of the Swathantra Bharatha Vajrotsava celebrations in the college, the college was decorated with colour papers, mango leaves, Rangoli etc. The premises of the college were adorned with Rangoli every day. And the Principal Chamber, all the departments, classrooms, and Administrative block were decorated with balloons, flags, handmade ribbons, flowers.





Homage to the Freedom Fighters

A day was observed to pay tributes and show deep respect to our freedom fighters like Bhagat Singh, Tantia Tope, Nana Sahib, Subhash Chandra Bose who lost their lives in serving the nation and several others who fought for the Independence of India. Further,

remembered the contribution of Mahatma Gandhi, Jawhar Lal Nehru, B.R. Ambedkar and other cabinet members who laid the foundation for a free and democratic India. The journey and the struggle for freedom were long and hard.



Vajrotsava Vanamahotsavam:

The NCC, NSS and Eco-club of the college have taken initiation of Vana Mahotsava programme in the college premises. To sustain the eco system and to protect the future generations from the ecological imbalances, a massive plantation program was taken up. The Principal, all the staff members and the students were actively participated and 75 saplings were planted .





Singing competition of Patriotic songs:

The college cultural committee and NSS Unit jointly organized the patriotic songs competition to the students to sing the patriotic songs in English, Hindi, Telugu, and Urdu languages. The students sang the songs with a lot of passion, confidence and patriotic feeling for the country. The program was judged by Smt B. Sandhya Rani, Dr. Rajendra Kumar, and Md Kaleemuddin

The winners were:

- 1.1st Prize: G.Kavitha BZC III year
- 2.2nd Prize: Afshan Zareen II year U/M



❖ **11-08-2022**

Essay writing competition:

The NSS and Cultural Club jointly organized literary events to the students as per the topics given by the honorable CCE. The students showed so much of enthusiasm and actively participated in all the events.

List of Events:

Name of the event	Name of the participant	<u>Group</u>	<u>Prize</u>
Patriotic songs	G.Kavitha	BSC III	I
	Afshan Zareen	BA (UM)II	II
Essay writing	Ajmeri Begum	BA (UM) III	I
	Sayeda Jasiya Imam	BA (UM) III	II
	M.Mounika (Eng)	BSC III	I
	K.Mounika	BA III	I
Elocution	B.Mounika	BSC III	I
	K.Sujatha	BA II	II
Mono action	Ameena Muskan	BA (UM) II	I

Freedom Run

As per the instructions of the District Collector Sri.Dr.Sharath the NCC cadets along with the NCC Officer Lt.K.Krishnapriya , students, NSS volunteers, and all the staff members were participated in this freedom run from Gokul hospital to Police Parade Ground at 6.30 .On behalf of the college this run was led by Lt.K.Krishnapriya.



Selfie with Tiranga:



❖ 12-08-2022

As a part of freedom cup, the in-charge of Physical education and NSS unit jointly conducted the sports and games in the college

The following sports and games were conducted to the students.

1. Carroms, 2. Tennikoit, 3. Shuttle badminton,



List of winners:

Name of the Event	Name of the Winner	Group
Carroms	1.Mahejabeen siddiqua 2. Heena begum	BA II Year U/M BA II Year U/M
Tennikoit	1.Sana Fatima 2:Mahejabeen siddiqua	B.A-II Year U/M
Shuttle badminton	1.Amena muskan	B.A-U/M-II Year



❖ 13-08-2022

Freedom Rally:

As a part of swathantra Bharatha Vajrotsavalu 2022, the district collector of Sangareddy Sri Dr.Sharath has directed the institution to participate in the Freedom Rally conducted on 13-08-2022 at 10.00AM from sangareddy X roads to More super market .All the students of NSS unit and NCC cadets along with the Principal and all the faculty members of the college participated in the Freedom Rally .Our college NSS Volunteers helped and assisted the people who participated in the rally.





❖ **15-08-2022**

Independence Day Celebrations:

1. Prabhatha Bheri

On the occasion of the Independence Day celebrations in the college all the staff and students participated in the Prabhatha Bheri at 6.30 am in the surrounding areas. The students gave slogans about Indian glory and value of freedom.



2. Flag hoisting

As a part of Vazrotsavalu 76th Independence Day was celebrated with great pride and enthusiasm. it's a remarkable day where we honor and respect all our Indian freedom fighters who fought for India's freedom. All the faculty members and students participated in the national flag hoisting ceremony. Principal Dr.Humera Sayeed hoisted the National Flag followed by the National Anthem. Principal and senior faculty members delivered speeches about the significance of Independence Day. The Students sang patriotic songs and actively participated in the cultural programs. The NCC cadets participated in the march-past at the police parade ground, Sangareddy.





❖ **16-08-2022**

1.Samuhika Jateeya Geethalapana

As per the Schedule provided by the Honorable CCE, on 16th of August 2022, it was decided to sing National Anthem, **SAMUHIKA JATEEYA GEETHALAPANA** at 11.30AM

All the staff, teaching & non teaching along with the students assembled in the college ground at 11.30Am. All of them sang National Anthem with great devotion and patriotism. The senior faculty member from department of Commerce, Sri. M.Ashok supervised the event .All the students and staff expressed their happiness for being a part of the program me.



❖ **17-08-2022**

Viewing of Gandhi Movie



Painting competition:

As a part of the "SwathantraBharathaVajrotsavalu" 2022, the Drawing and Painting competition was conducted in the college at 3:00pm on 17-08-2022.

Topic: Glory and Integrity of India

The following students participated in the competition.

S.No	Name of the Students	Group
1	D. Rajeshwari	BZC II Year
2	B. Sindhukumari	BZC II Year
3	K.Mounika	BA II Year
4	Sana	BA II Year
5	S.Mounika	BZC II Year
6	G. Bharani	BZC II Year
7	G.ChitraBanu	BZC II Year
8	Asfiya Begum	BZC II Year
9	MuskanTabassum	BA II Year
10	AmenaMuskan	BA II Year
11	Heena Begum	BA II Year



Winners list:

1st Prize: [Heena Begum BA II Year](#)

2nd Prize: [MuskanTabassum BA II Year](#)



❖ 18-08-2022

As per the schedule Mono action was conducted with the national spirit.

Ameena Muskan BA II year student got first Prize in Mono action

❖ 19-08-2022

Rangoli Competition:

Rangoli competition was conducted in the college premises by the Cultural Committee along with the NSS unit. In this competition students from all the groups participated and they were given a theme "National Flag". The following students were the winners in this competition

S.No	Name of the Winner	Group
1	Mounika ,Niharika- 1 st Prize	MPCs-III year
2	MeeraPaatil,Nagalaxmi- 2 nd Prize	BZC –III year
3	Priyanka,Sujatha- 2 nd Prize	B.A-II Year





❖ 22-08-2022

Closing ceremony:

The “SwathantraBharathaVajrotsavalu” 2022 were concluded with the prize distribution for winners, cultural program and National anthem.





NSS PO

Principal

Workshop on making of Clay Ganesha (30-08-2022)

To aware the Importance of the Ecology system among the NSS Volunteers NSS Unit in collaboration with the IQAC of the college has conducted a one day work shop on making of Clay Ganesha on 30-08-2022 at 11.00 AM in the seminar hall by the Sathish a famous architect in Sangareddy district. Students of the college along with the staff were participated.





NSS PO

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Traffic Awareness Rally (03-09-2022)

To raise awareness about the traffic rules NSS unit along with the lions club of Sangareddy rally was conducted with the cooperation of Sangareddy traffic police. The rally emphasizes various measures that people should take to comply with the governments safety regulations and as a result keep themselves and their loved ones safe.

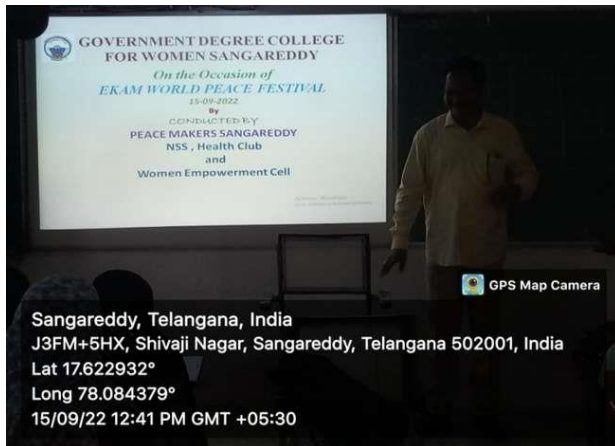


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EKAM WORLD PEACE FESTIVAL (15-09-2022)

A meditation lecture was arranged to the students of the college in collaboration with Peacemakers Sangareddy. The resource person B. Narayanreddy has delivered a lecture on self emotions stability in which ever situations and also he emphasized the breath controlling techniques.



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TELANGANA INTEGRATION RALLY (16-09-2022)

The diamond jubilee celebrations of merger of Hyderabad state with Indian union, being organized by the state government commenced with processions in all the 119 assembly constituencies in the state. Sangareddy district administration also conducted rally and asked NSS unit to serve water bottles to the public who are in rally and our NSS volunteers also maintained a discipline in the public meeting gallery.



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LEO CLUB INSTALLATION (18-09-2022)

As per the Commissioner of Collegiate Education Memorandum of understanding with Lions international Lions Sangareddy in collaboration with our NSS unit the LEO club was installed by PDG.Govinderaj MD LEO chairperson. In this installation meeting Leos president,Secretary,Vice president and treasurer were nominated by Adarsha lion Sangareddy.



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NSS DAY (24-09-2022)

National Service Scheme is organized by Ministry of Youth affairs and Sports for personality development among the youth of the country. It is celebrated every year on 24th of September. The National Service Scheme was introduced on September 24, 1969 On the occasion of birth centenary of Mahatma Gandhi. Our college NSS unit also celebrated the NSS day on 24-09-2022 with a theme of YUVAAH – Utsah Naye Bharat Ka' which means ' Youth- Excitement of New India.



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NATIONAL INTEGRATION DAY CELEBRATIONS (29-09-2022)

NSS unit has conducted an essay writing competition on the occasion of birth anniversary of Sardar vallabai Patel on the topic “Iron man of India- His services to the national integration”. The winners of the essay writing competition are;

I st Prize -1) B.Mounika MPC III rd yr,

II nd Prize – 2) M.Mounika MPCS IIIrd year



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Run for unity 930-09-2022)

Humble tributes to the Icon of National Unity & Integrity, Shri Sardar Vallabhai Patel ji on his 147th birth anniversary! On this occasion, Principal, Dr.Humera Sayeed,Vice Principal and NSS Program officer P.Sujatha has administered the Rashtriya Ekta Diwas pledge to all the Students & faculty of Government Degree College For Women ,Sangareddy urging them to preserve and strengthen the unity, integrity and security of the Nation. And conducted a run from the college to district court complex.

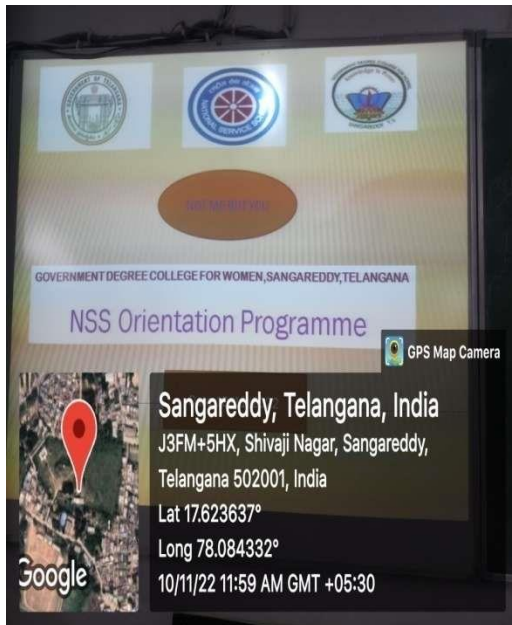


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NSS ORIENTATION TO FIRST YEAR STUDENTS (11-10-2022)

NSS Orientation Programme was organized at GDCW, Sangareddy. Provide knowledge on NSS programmes, activities, organizing NSS camps and special camps. Impart comprehensive knowledge on youth development activities, Team Building, Leadership, Developmental issues, Disaster management, and Village adoption. All first year students are participated in this event. NSS Unit, GDCW presented a video before the new comers about the programme and activities being done under the National Service Scheme.



NSS PO

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INDIAN CONSTITUTION DAY COMPETITIONS (24-11-2022)

Constitution Day also known as 'Samvidhan Divas' is celebrated in our country on 26th November every year to commemorate the adoption of the Constitution of India. On 26th November 1949, the Constituent Assembly of India adopted the Constitution of India, which came into effect from 26th January 1950. NSS Unit in collaboration with department of Political science has conducted essay writing and Elocution competitions to aware the students about the Indian constitution. For Elocution competitions smt.T.prajwala Asst.Prof of Economics, Sri M.Ashok Asst.Prof of Commerce Smt.B.Sandya rani Asst.Prof of English are acted as judges for the selection of winners.



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INDIAN CONSTITUTION DAY CELEBRATIONS (26-11-2022)

NSS Unit in collaboration with department of Political science has celebrated the Indian constitution day to aware the students about the Indian constitution on 26-11-2022.



Preamble pledge by staff & students **Display of constituent assembly sessions**



viewing the Sessions

Students & staff along with the Principal



Prize distribution to the winners

NSS PO



Principal message to the Students

Principal

World AIDS Day (1-12-2022)

This year's theme for World AIDS Day is "Putting Ourselves to the Test: Achieving Equity to End HIV." It encourages people to unite globally to eliminate the disparities and inequities that create barriers to HIV testing, prevention, and access to HIV care. NSS unit of the college has organized an awareness rally and awareness program in the college in association with Health club of the college.



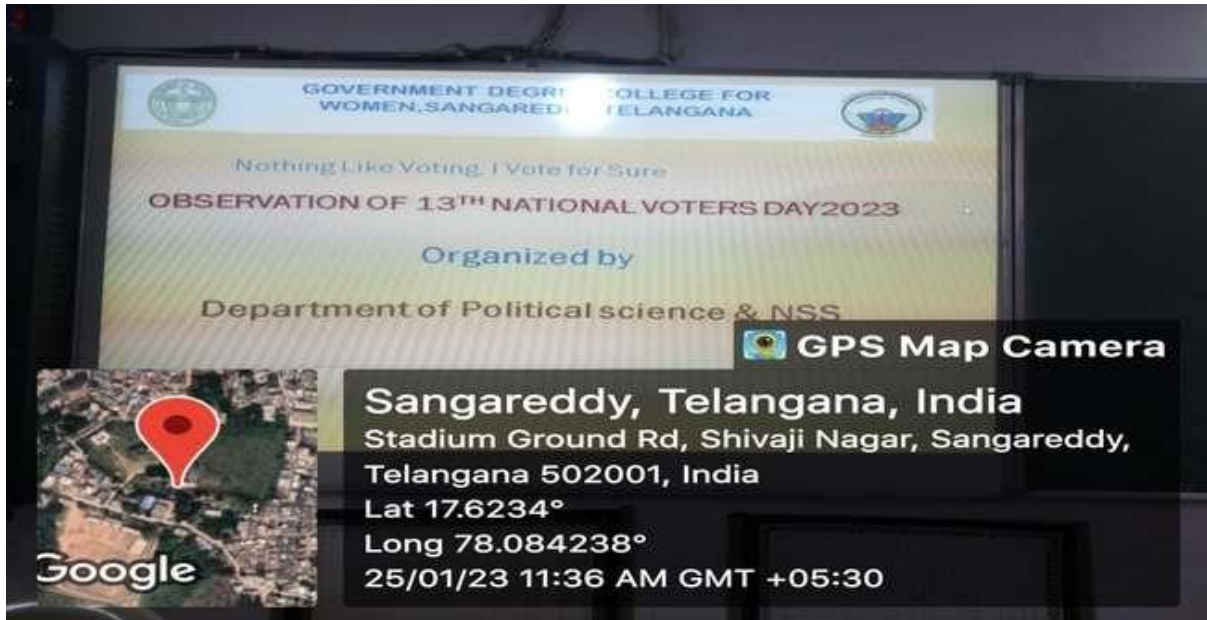


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National Voters Day 25-01-2023

In order to encourage more young voters to take part in the political process, Government of India has decided to celebrate January 25 every year as "National Voters' Day". It has been started from 25 January 2011 to mark the foundation day of India. Our NSS Unit along with the Department of Political Science has organized 13th National Voters Day on 25th January 2023 with a theme “**Nothing Like Voting, I Vote for Sure**’. NSS PO Dr.P.SUJATHA has taken voters oath on the occasion of National Voters day.



NSS PO

Principal

16-03-2023 Swachhata Action Plan

A Massive cleaning programme in Sangareddy town



March 16th 2023

At Public Places

**New Bus Stand and Old Bus Stand, Sangareddy Town
Sangareddy District Headquarter, Telangana State, India**

The One Day Massive Cleaning Programme was organized with 50 volunteers of Government degree College for Women, Sangareddy, Sangareddy District, Telangana State, as part of Swachhta Action Plan 2022-23, as per the Instructions received from NSS Cell, Osmania University, Hyderabad and Regional Director, Regional directorate of NSS, Ministry of Youth Affairs & Sports, Govt. of India.

Objective of the Programme:

1. To encourage youth and students in order to know the importance of clean environment and to take part in cleaning not only their locality and also the country.

The Coordinator, NSS Cell, OU Prof. SaveenSoudainaugurated the programme at 10 am and took part in the programme at Sangareddy and he advocated the volunteers of NSS to protect the right to health by keeping surroundings and public places clean and hygienic in their respective locality. The motto of Swachhta Programme of Government of India is to educate all of us about clean and health environment. He also encouraged them to maintain clean surroundings as every human being wants look smart and beautiful, so *“Be clean and keep India clean.”* Sri. Sanjay from NSS Regional Office, Hyderabad visited the programme and participated in cleaning programme.

Then after, 200 volunteers of Tara Government College (A), Sangareddy and 50 volunteers of Government Degree College for Women cleaned the New and Old Bus Stand areas in Sangareddy Town. NSS programme Officers of Tara Govt. college Dr. G. Jagadishwar, Dr.N.Siddulu, Dr. O. Padmaja, Dr. A. Venkatesham, Dr. K. Abhijith and Smt. Shivadeepthi and NSS programme Officer of GDC for Women, Dr. Sujatha, other faculty members and TSRTC officials also joined with volunteers in cleaning 20 acres of Bus stand area and gave a message to the passengers about the importance of Clean and hygiene for healthy environment

After the cleaning of Old bus stand NSS Volunteers of our college also involved in campus cleaning along with all faculty members.



Before cleaning @old Bus stand



Swachha kalasala



After cleaning with Principal, NSS regional coordinator, NSS Cell coordinator, OU,

NSS PO

Principal

Kanti Velugu Programme (03-04-2023)

With the launching Free Eye checkup scheme Telangana become the first state of India who started initiative. Through Kanti Velugu Scheme. Under this scheme every citizen of Telangana can check their eyes efficiency with free of cost. Every block and Gram Panchayat level state government organizes camps in which citizens can check up their eyes. Cataracts, refractive error also checking under Free Eye Screening Program. Telangana state government combined the citizen's eye data to their Aadhaar Card respectively. In this Kanti Velugu Scheme state government also provide eye glasses to the citizens if needed. Under this initiative Our NSS Volunteers have helped to the Sangareddy Medical officials during the camp in the camp.



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