

MEMORANDUM OF UNDERSTANDING



This Memorandum of Understanding (hereinafter referred to as "**MOU**") has been agreed, made and executed on this 17th day of January 2023"),

By and between

HEARTFULNESS EDUCATION TRUST, a Public Charitable Trust registered under The Indian Trust's Act, located at Dr.No.13-110, Kanha Village, Ranga Reddy District, Telangana (hereinafter called "HET") as First Party

And

The Commissionerate of Collegiate Education, Government Of Telangana, Vidya Bhavan, Nampally, Hyderabad 500001(herein after known as CCETS, Hyderabad which expression shall mean and include its heir, successors, executors, administrators, authorized representatives and permitted assigns) representing as Second Party

(**HET** and **CCETS** shall hereinafter be collectively referred to as the "**Parties**" and individually referred to as "**Party**" in this MOU)

WHEREAS:

- i) **HET** is a public charitable trust registered under the Indian Trust Act, 1882 *inter alia* with an objective to impart Heartfulness approach to various wellness programmes including relaxation, meditation, value based educational programmes for schools, colleges, government organizations, corporates etc., made available to all who are willingly interested in individual development and wellbeing. HET is also engaged in conducting various Teachers' training programmes in collaboration with Certain State Governments/ Education Institutions.




ii) **Commissionerate of Collegiate Education, Hyderabad, Telangana (hereinafter referred to as CCETS).** The Department is created to promote Collegiate Education, giving special attention to the areas located in Backward and Rural areas, to strengthen Women education at undergraduate and post-graduate levels to create educational opportunities for weaker sections of the society and to introduce need-based vocational courses replacing the conventional courses in a phased manner.

NOW THEREFORE THE PARTIES HEREBY AGREE AS UNDER

I. OBJECTIVES

The purpose of the cooperation between HET and CCETS is as follows:

Both the Parties, hereby express their commitment to collaborate with each other to conduct (i) Educational, (ii) Heartfulness relaxation, meditation and (iii) other connected wellness workshops to help students, teachers to regulate their minds, moderate their tendencies, increase their concentration, sharpen the use of their will, introspect and self-analyze and accept people and situations in general. Through such workshops and offerings of HET, they intend to help the students to improve their learning skills and behavior, and inculcate humility, emotional maturity, confidence, stress management, self-awareness and most importantly, develop a sense of purpose towards life.

- To introduce Heartful Campus Modules programmes to students and NSS Volunteers in all Government Degree Colleges of Telangana.
- To organize faculty empowerment programmes such as faculty development programmes, imparting training to NSS Programme Officers and NSS Volunteers.

II. IMPLEMENTATION

To achieve this goal, HET proposes to conduct training programmes on various aspects of Wellness, Happy Living, and Human Excellence.

HET: Is primarily responsible for designing and implementing the training sessions as and when it is required. HET will also take



the responsibility of coordination, arranging meetings, discussions and any further collaborations regarding training activities.

CCETS: Will take the responsibility of preparing training schedules and communicating the same to the internal stakeholders.

III. FACILITATORS

Both Parties shall nominate one or more representatives, who shall be the point of contact/ facilitator ("**Facilitators**") for the purposes of this MOU. The Facilitators of the respective Parties shall maintain regular contact with each other. Further, they shall propose and review the response received from the participants for the workshops and other activities that may be conducted pursuant to this MOU and in furtherance to fulfilling the purpose and objectives envisioned under this MOU.

Each party designates the persons/officers to serve as its primary contact and liaison to arrange the initial resources needed to facilitate the partnership, review, evaluate, report program activities, and address any concerns or disputes that may arise relating to the terms and conditions of the Agreement.

IV. FINANCIAL ARRANGEMENTS

This Memorandum of Understanding will be identified as the parent document of any program agreement executed between the parties. No modification, alteration or amendment of this Agreement will be effective unless in writing and signed by the Parties.

Impartation of training to the students in the colleges will be free of cost and HET will not charge any cost as the HET trainers do this voluntarily as part of their social commitment towards building a better society for the youth of India. However, if the trainings arranged in HET premises, cost towards accommodation and food will be charged to the CCETS, which will be finalized as per mutual agreement.

V. DISPUTE RESOLUTION

This Memorandum of Understanding is not a contract. This Memorandum of Understanding serves only as a statement of the general intention of the Parties and is not intended to be legally



binding not to be construed as an agreement on any matters mentioned. No oral agreement or conduct of the Parties (including partial performance) in respect of matters stated in this Memorandum shall be deemed to impose any obligation or liability on either Party.

This Memorandum of Understanding is not intended to constitute, create, give effect to, or otherwise form a joint venture, or other business entity of any kind. Neither Party shall act as an agent for, or partner of, the other Party. There are neither any rights nor obligations of the Parties established under this Memorandum of Understanding.

VI. NON EXCLUSIVITY

Although the intention of this Memorandum of Understanding is to discuss and negotiate issues with respect to a possible definitive agreement between the Parties, the relationship is non-exclusive, and the Parties shall have the ability to form similar or different relationships with other institutions or entities of their choice.

VII. COMPLIANCE

The parties agree to comply with all applicable federal, state, and municipal laws; ordinances, rules, and regulations; all applicable requirements of any accreditation authority, and to certify such compliance upon request.

The Parties agree to comply with all national, state, and local rules, regulations, executive orders, laws, and policies forbidding unlawful discrimination to which Institution is subject.

VIII. DISCLOSURE OF INFORMATION/PUBLICATION

The Parties intend to discuss with each other in connection with this Memorandum of Understanding prior to publication of any press release.

IX. VALIDITY/TERMINATION

Upon approval by each institution, this Memorandum of Understanding will remain in effect for a period of **three (3)** years unless terminated earlier by either institution. Such termination by one institution shall be effected by giving the other institution at least six (6) months advance written notice of its intention to terminate. If such notice is






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given, this Agreement shall terminate: (a) at the end of such six (6) months; or (b) when all trainings enrolled in the Program at the time such notice is given have completed, whichever event occurs last. Termination will be without penalty.

Notwithstanding the above, the period of this cooperation will, if necessary, be extended with consent in writing from the Parties.

EXECUTED by HET and CCETS in duplicate copies, each of which will be deemed an original.

<p>For and on behalf of Heartfulness Education Trust</p>  <p>Name: Krishna Rao N.V. Designation: Zonal Coordinator Heartfulness Education Trust</p> <p>Witness:</p> <ol style="list-style-type: none">V.V. Mallu	<p>For and on behalf of Commissioner of Collegiate Education, Telangana</p>  <p>Name: Dr. G. Yadagiri Designation: Regional Joint Director of Collegiate Education.</p> <p>Witness:</p> <ol style="list-style-type: none">
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Regional Joint Director
O/o. Commissioner of Collegiate Education
Govt. of Telangana, Hyderabad.

ANNEXURE

Heartful Campus List of Modules

Below is the list of modules relevant for all members of Higher Education Institutions. The modules are of varying durations and can be integrated modules within courses or can be completely designed as a new elective. All the student modules are of 60 minutes each. The orientation modules are designed to be part of Student Induction Programs. The Foundation Modules are introductory modules for first years. Subjects are also mentioned below. The modules can be mixed and matched if necessary to meet the needs of specific institutions.

Table: Heartful Campus List of Modules		
S.No	Module Title	Duration
	Start 'Up-Orientation Modules	
1.	Connection	60 minutes
2.	Core	60 minutes
3.	Context	60 minutes
4.	Choices	60 minutes
5.	Causality	60 minutes
6.	Community	60 minutes
	Foundation Modules	
7.	Discover Oneself	60 minutes
8.	Time Management	60 minutes
9	Befriending Stress	60 minutes
10.	Peak Performance	60 minutes
11.	Situational Awareness	60 minutes
12.	Heartfulness Relationships	60 minutes
13.	Silence is the Language of the Heart	60 minutes
14.	The Science Behind Meditation: Habits and Change	60 minutes
15.	Designing Your Destiny	60 minutes

16.	Ethical Dilemma? Heart is Yours Compass	60 minutes
17.	Art of Leading with the Heart: Be a Heartful Leader	60 minutes
18.	Decision Making	60 minutes
19.	Positive Thinking	60 minutes
20.	Science of Meditation-Resilience	60 minutes
21.	Happiness	60 minutes
22.	Empathy and Compassion	60 minutes

Faculty Development Programme Modules		
1.	Contemplative Teaching and Learning	120 minutes
2.	Meditation and Education	120 minutes
3.	Role of the Heart in Moral Integrity	120 minutes
4.	The Science of Meditation	120 minutes
5.	Fostering Connection, Cultivating Pedagogies of Care	120 minutes
6.	Yoga for Wellbeing	120 minutes
7.	Reflective Practices and Pedagogy	120 minutes
8.	Redefining Role of the Educator	120 minutes

Senior Academic Leadership Programme		
1.	Introduction	90 minutes
2.	Resilience	90 minutes
3.	Heartfulness Experience	90 minutes
4.	Inspiration	90 minutes
5.	Axis of Life	90 minutes
6.	Heartfulness Rejuvenation	90 minutes
7.	Science of Meditation	90 minutes
8.	Pause of Poise	90 minutes
9.	Peak Performance	90 minutes
10.	Connect Within	90 minutes