

GOVERNMENT DEGREE COLLEGE, BHUPALPALLY
(RUSA NEW MODEL DEGREE COLLEGE)



JAYASHANKAR BHUPALPALLY DIST., T.S - 506169

(Affiliated to Kakatiya University)

Website : <http://gdcts.cgg.gov.in/bhoopalpalli.edu>

E-mail : gdcbhoopalpalli@gmail.com/

: pri-gdc-bhpl-ce@telangana.gov.in



Dr. Syam Prasad Sura
Principal (FAC)

Mobile: 9849944485

NOTICE

Dt. 15-11-21"

All the teaching staff are informed that IQAC is going to conduct a meeting for organizing Two week Faculty training Program on "Yoga and Meditation" in Principal chamber.

All are requested to attend for inaugural session by 2.00 pm on 16-11-21'

Resource Person: Sri G. Laxman

Sri Ch. Ravinder

Time : 2:00-4:00 p.m.

Date : 16-11-21'


Signature of IQAC Coordinator


Signature of Principal
PRINCIPAL
Govt. Degree College, Bhupalpalli
Dist: Jayashankar Bhupalpally-506169



BROCHURE

ONE DAY FACULTY TRAINING PROGRAM

ON

YOGA AND MEDITATION

BY

IQAC & ACADEMIC CELL



Resource Person: Sri. G. Laxman

Sri. Ch. Ravinder

Venue: Seminar Hall

Date: 16-11-21'

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Dr. Syam Prasad Sura, Principal (FAC)

Mobile: 9849944485

Report

Two week Faculty Training Program on Yoga and Meditation

Duration : 16-11-21 to 30-11-21

Resource person: Sri. G. Laxman

Sri. Ch. Ravinder

Objective: To enable the staff to have good health and mental Hygiene

Brief Description of the Program: IQAC in association with NSS Unit has conducted the inaugural session of two week Faculty Training Program on Yoga and Meditation for the Teaching, Non-teaching faculty and students.

The Principal Dr. S. Syam Prasad presided over the program.

The Resource persons are Certified Yoga Trainers and they taught Yoga practices and Meditation , which help the faculty to possess physical fitness, mental stability, high level of concentration and consciousness to lead a healthy life.

Number of Participants: The number of participants in this program are 15. Students also participated in the program but the list is not furnished here as it is faculty training program.

(Signature)
(IQAC)



(Signature)
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Govt. Degree College, Bhupalpally,
Dist: Jayashankar Bhupalpally-506169

Two week Faculty Training Program on Yoga and Meditation

Duration : 16-11-21 to 30-11-21



Attendance Sheet

Name of the Activity: One Day Faculty Training Program on "Yoga and Meditation"

Date : 16-11-2021

Time : 2:00 – 4:00 P.M.

List of Participants: Teaching and Non-Teaching

S.No.	Name of the participant	Designation	Signature
1	Dr. P. Gowri	Asst. Prof. in Zoology	<i>[Signature]</i>
2	Smt. E. Kavitha	Asst. Prof. in Physics	<i>[Signature]</i>
3	Dr. D. Sandhya	Asst. Prof. in Economics	<i>[Signature]</i>
4	Smt. B. Sandhya Rani	Lecturer in Chemistry	<i>[Signature]</i>
5	Smt. M. Hymavathi	Contract Lecturer in History	<i>[Signature]</i>
6	Sri. T. Sreedhar	Contract Lecturer in English	<i>[Signature]</i>
7	Sri. R. Sridhar	Contract Lecturer in Mathematics	<i>[Signature]</i>
8	Sri. A. Devendhar	Guest Lecturer in Computer Science	<i>[Signature]</i>
9	Sri. J. Hanumu	Guest Lecturer in Political Science	<i>[Signature]</i>
10	Sri. T. Mahesh	Guest Lecturer in Telugu	<i>[Signature]</i>
11	Sri B. Srinivas	Guest Lecturer in Telugu	<i>[Signature]</i>
12	Sri B. Rajasekhar	Guest Lecturer in Commerce	<i>[Signature]</i>
13	B. Rajitha	Senior Assistant	<i>[Signature]</i>
14	C. Naveen	Junior Assistant	<i>[Signature]</i>
15	Smt. Sandhya	Record Assistant	<i>[Signature]</i>



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