

3.4.1 - Extension activities are carried out in the neighborhood community, sensitizing students to social issues, for their holistic development, and impact thereof during the year



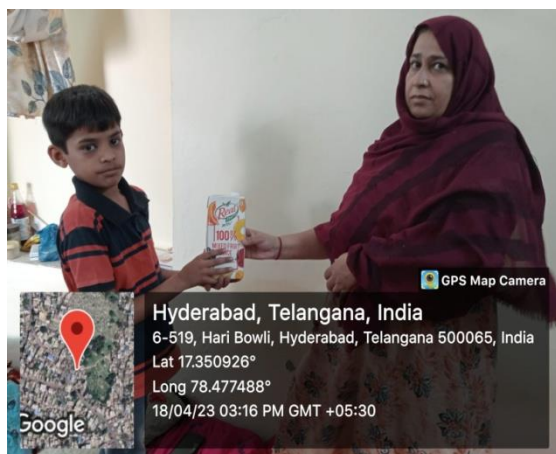
**Gdcw hussainialam Microbiology Department**

Government of Telangana  
**GUIDELINES ON USE OF COVID MEDICINE KIT (2022)**

If symptoms appear start taking medicines immediately. ఆధునిక విషయం ఉంటే వెంటనే వైద్యం చేయండి.

| Medicines / ఔషధాలు  | As per Doctor's advice / వైద్యం మేరకే | Morning / సెల్వం | Night / రాత్రి | Days / రోజులు |
|---|---------------------------------------|------------------|----------------|---------------|
| Azithromycin (Antibiotic / Antiviral) (అంతిబయోటిక్ / అంటివైరల్) |                                       | ✓                | X              | 5             |
| Paracetamol (Painkiller / Fever) (పానెటామోల్)                   |                                       | ✓                | ✓              | 5             |
| Levocetirizine (Cough) (లెవోసెటిరిజిన్)                         |                                       | X                | ✓              | 5             |
| Paracetamol (Painkiller / Fever) (పానెటామోల్)                   |                                       | ✓                | X              | 5             |
| Vitamin C (Immunity) (విటమిన్ సి)                               |                                       | ✓                | X              | 5             |
| Multivitamin (Immunity) (మల్టివిటామిన్)                         |                                       | ✓                | X              | 5             |
| Vitamin D (Immunity) (విటమిన్ డి)                               |                                       | ✓                | X              | 5             |

• Monitor temperature daily, తరచు తాపం కొలుస్తూ ఉండండి.  
 • Do 8 minute walk at interval 30 min. ని సమయం తరచుచేసి నడకండి.  
 • If the temperature persists and you are breathless on walking consult doctor immediately. తాపం తగ్గకపోతే, నడకలో శ్వాస తగ్గకపోతే వెంటనే వైద్యం చేయండి.



# HELPING HAND

13

Date :- 02-09-2021


Activity :- Service to Patients in a Hospital.


Objective :- Accessing, observing and speaking to patients.

2) To understand the variety of needs of Patients and also deliver relationship centred support

Students Involved :- Limra Fakhima of BZC 5<sup>th</sup> year works as a nurse as a part of Social Service & Care in Sant Bhagwati Durr Hospital, Chankaran, Guljarhouse, Hyderabad.

Target Group :- Patients of all ages.

Faculty Involved :- Mrs. S. Anitha - 

Mrs. K. Shanija - 

Description of the Programme :- The student had interest in social service and involved herself in <sup>various</sup> social service activities. She serves the patients after her academic schedule. In this perspective it is observed the student named Limra Fakhima of BZC 5<sup>th</sup> year showed her management and leadership skills, skills to empathize towards society, well aware of patient education, clinical & serologic skills on the whole to communicate, adapt and adjust with the people. Her helping hand is appreciable in extending her service to the needy in the society.