

**Field survey report
2021-22**

Department of Zoology has conducted a survey on “ **Diet Habits** “. The entire process was done by 20 students who collected the information from one respondent each in their neighbourhood.


The objective was


- To understand the diet and lifestyle of individuals.
- To understand the shift of diet due to health conscious
- To understand the awareness among the respondents on importance of health & nutrition.

Findings of the survey are:

Repondents answers to the questionnaires

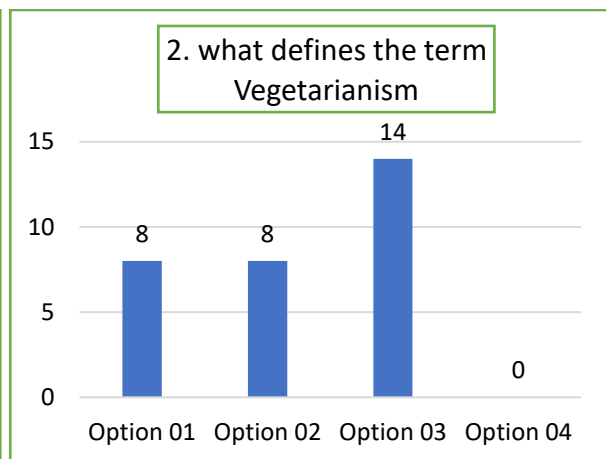
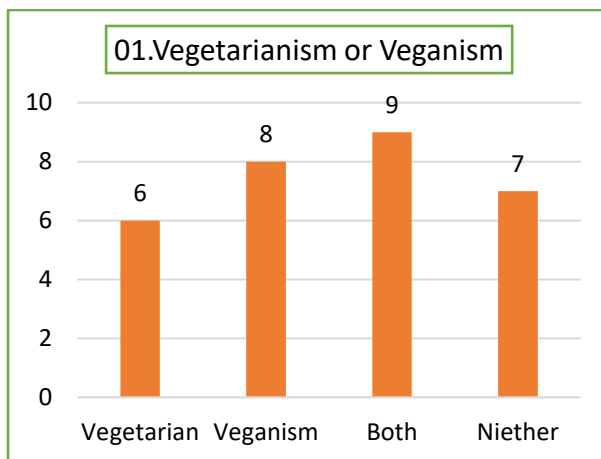
Question no	Option A	Option B	Option C	Option D
1. Food Habit	6	8	9	4
2. Vegetarianism	8	8	14	0
3. Veganism	4	6	11	9
4. Amount of meat	4	10	15	1
5.Type diet	3	9	17	3
6.Goals of diet	3	10	14	7
7.Motivating diet	4	9	10	0
8.Vegetarian diet	4	9	17	0
9.Tools of diet	3	11	16	0
10.Practicing diet	3	8	7	12


Department of Zoology
Govt. Degree College
Falaknuma, Hyderabad.


PRINCIPAL(FAC)
Principal
Govt. Degree College
Falaknuma, Hyderabad.

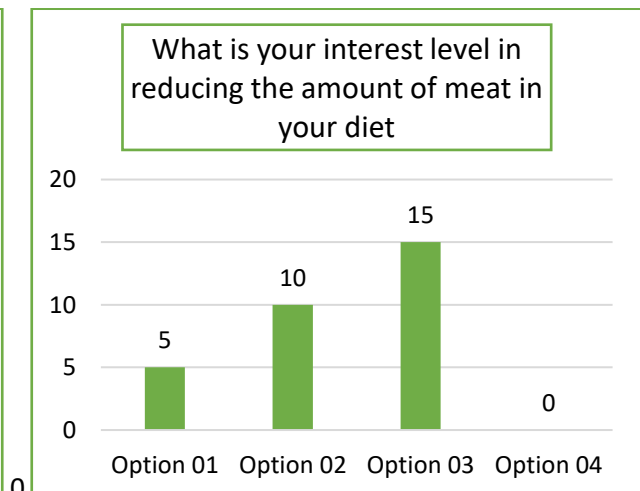
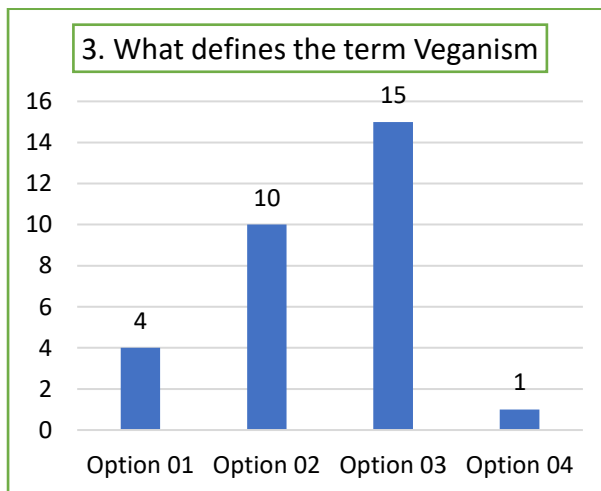
This survey is a part of curriculum for the students and the information collected from participants is used educational purpose for making students understand how the survey is conducted and also how the analysis is done while preparing the survey reports. This survey concentrated on how the people are consuming the vegetarian, vegan and non-vegetarian food. It also identified the barrier from shifting from non-vegetarian to vegetarian food.

The Findings are as follows



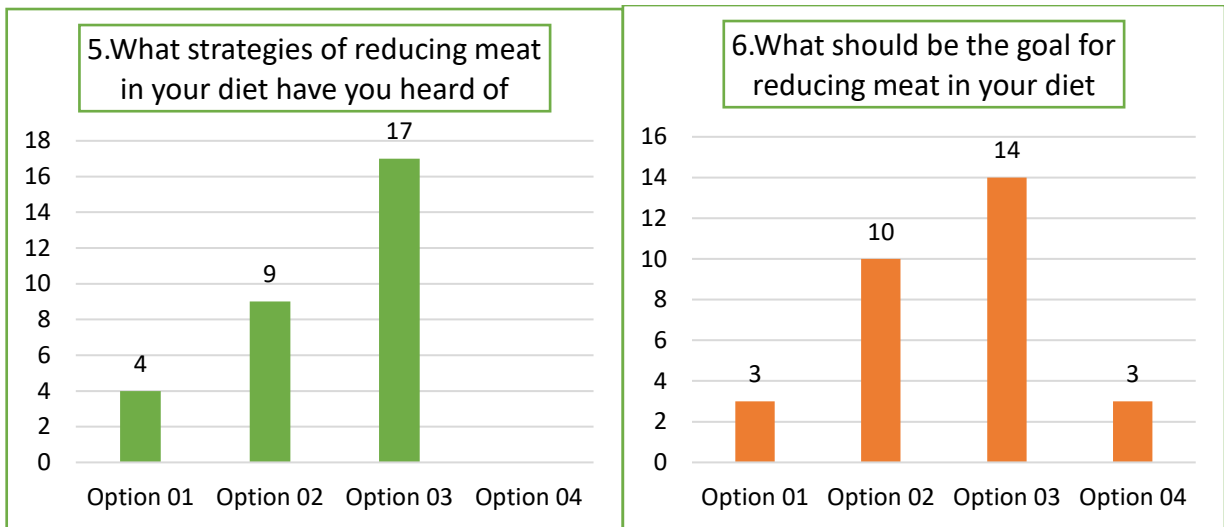
01. Majority of the Participants know about the terms Vegetarian, Veganism

02. Majority of the Participants know about the Term Vegetarian.



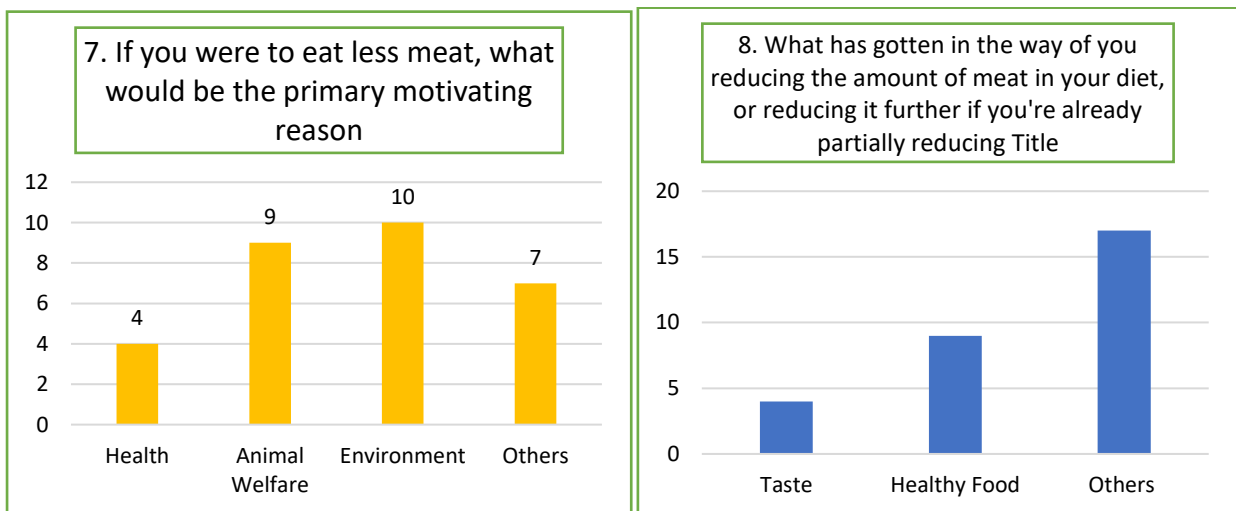
03. Most of the Customers are not aware of definition of term Veganism

04. Majority of the Participants are willing to shift from non-veg to vegetarian food.



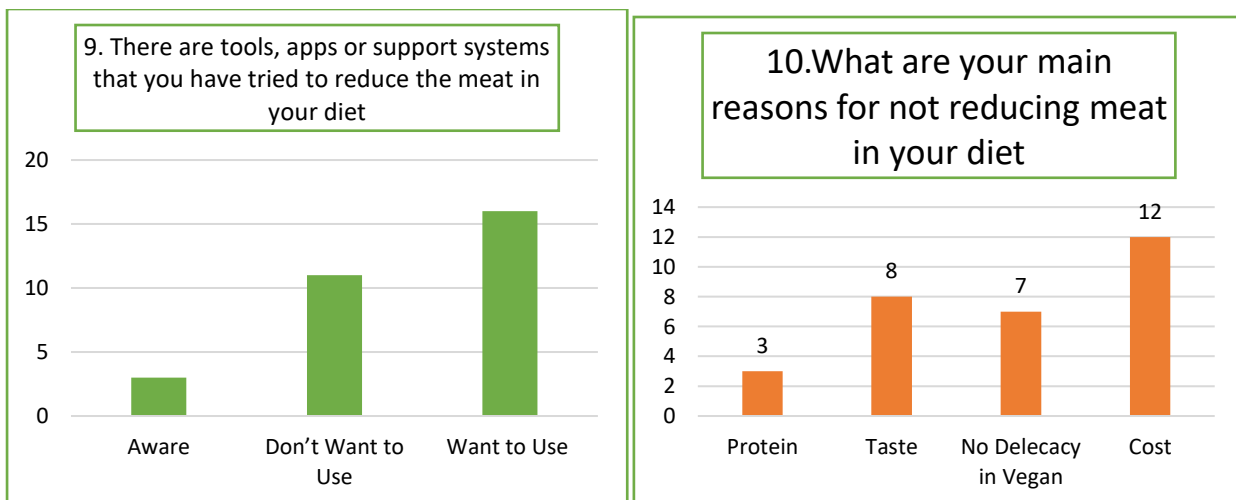
05. Most of the Participants are making efforts to stop eating by meatless days.

06. Near Elimination of meat in the food is the goal set by most of the participants.



07. Animal Welfare and Environment Eco System are the main reason for shifting from non veg to Veg.

08. Majority of Participants are having other reasons for not completely shifting to Veg.



09. Participants are interested to use App which will help them to reduce Meat Consumption

10. Vegan products are costly compared to meat cost, they are not willing to shift to Vegan.

Government Degree College, Falaknuma, Hyderabad
Field Survey Questionnaire – Department of Zoology 2021-22

Name:

Occupation :

Age:

1. Have you heard of Vegetarianism or Veganism?

- Vegetarianism
- Veganism
- Both
- Neither

2. what defines the term Vegetarianism?

- Vegetarianism is eating vegetables
- Vegetarianism is eating leafy vegetables
- Vegetarianism is eating vegetable and no milk products

3. what defines the term Veganism?

- Veganism is eating vegetables
- Veganism is eating no animal produced food
- Veganism is eating leafy vegetables
- Veganism is eating vegetable and no milk products

4 What is your interest level in reducing the amount of meat in your diet?

- None
- Some What
- Interested

5. What strategies of reducing meat in your diet have you heard of?

- Meatless Mondays or so
- Meatless before 6pm
- Other plans _____

6 .What should be the goal for reducing meat in your diet?

- Partial reduction is better than no reduction
- Near complete elimination should be the goal, allowing for cheat days in the beginning
- Complete elimination of meat and animal products needs to be the goal for everyone
- Other (please specify)

7. If you were to eat less meat, what would be the primary motivating reason?

- Health Reasons
- Animal Welfare
- Environmental Concerns
- Other Reason _____

8. What has gotten in the way of you reducing the amount of meat in your diet, or reducing it further if you're already partially reducing?

- Taste
- Healthy food and it keeps us strong
- Other Reason _____

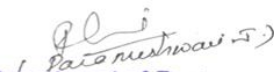
9 There are tools, apps or support systems that you have tried to reduce the meat in your diet?


- I am Not Aware
- I don't Want to use
- I want to Use them

10. What are your main reasons for not reducing meat in your diet?

- I need meat for protein
- I like the taste too much
- There are no good/delicious vegan options
- Too expensive
- Other (please specify)

Thank You Participating in the Survey conducted by the students. This survey will be purely used for educational purpose for making students understand how the survey is conducted and also how the analysis is done while preparing the survey reports.


Department of Zoology
Govt. Degree College
Falaknuma, Hyderabad.


PRINCIPAL(FAC)
Principal
Govt. Degree College
Falaknuma, Hyderabad.