

Government Degree College for Women, Sangareddy

NSS Regular Activities 2021-2022

S.No	Date	Activity	No.of Volunteers
1	21-06-2021	Yoga day	24
2	16-08-2021	Fit India Program	46
3	06-09-2021	Covid Vaccination Awareness Program	93
4	06-09-2021	Covid Vaccination Drive	65
5	27 -8-2021	Independence Day Celebration	39
6	24- 9- 2021	NSS day	43
7	01-10-2021	Fit India Freedom Run	21
8	12-10- 2021	Bathukamma Celebrations	18
9	25-10-2021	Swachh KalaShala	63
10	31-10-2021	Unity Day	118
10	12-11-2021	NSS Orientation Program	65
11	16-11-2021	Self Defence Program	154
12	26- 11- 2021	Constitution day	86
13	06-12-2021	Covid Vaccination Drive	65
14	8-12-2021	Swachh KalaShala	62
15	24 -1-2022	National Girl child day	26
16	25- 1-2022	National voters day	312
17	04-1-2022	Covid Vaccination Drive	24
18	28-2-2022	Swachh KalaShala	38
19	7-3-2022	International Women's Day	42
20	23-3-2022	Swachh Bharat Campaign	45
21	25-3-2022	Counselling program for School students	15

Environment Day

The world environment day is celebrated every year on 5th June to raise global awareness to take positive environmental action to protect nature and the planet earth.

Nss Unit celebrated World Environment Day. Students were asked to plant at least one sapling in their locality and take care of it for the protection of the Environment. To tackle the problem of pollution and global warming, we have to plant more trees every year. motivated the students to contribute towards the protection of the environment."



International yoga day

International yoga day is observed every year on June 21 st. Yoga is a physical, mental and spiritual practice. It plays an important role in relaxing the mind and body and boosting the immune system. Govt. Degree College for women Sangareddy N.S.S unit has celebrated International Yoga Day. Due to COVID pandemic NSS Volunteers participated in yoga day online mode. Students performed different asanas and mudras and shared their photos. Motivated the students to incorporate yoga in everyday routine to enjoy a happy life and reduce the stress and physical problems.



Fit India program

FIT INDIA Program to commemorate the 75th Independence Day – “Azadi Ka Amrit Mahotsav”. Nationwide campaign will be on the concept of “Physical/Virtual Run” to continue from 13th August to 2nd October 2021, Fit India program main objective is to bring about behavioural changes and move towards a more physically active lifestyle. Bringing the focus on fitness among the Students Government Degree College for women Sangareddy NSS unit organised fit India program. As part of the program volunteers participated in fit India freedom Run from college to sangareddy IB. As part of “Azadi Ka Amrit Mahotsav” Students participated in Rashtriya Ghana and received the certificates.



Covid Vaccination Awareness program

Government Degree College for women Sangareddy NSS unit organised Covid Vaccination awareness program on 6th September 2021. Sangareddy government hospital medical team create awareness about the importance of covid vaccination. Medical team interacted with students and clarified their doubts. motivated the students to take vaccination.





Covid Vaccination 1st Dose Drive

Government Degree College for women Sangareddy NSS unit organised the COVID Vaccination drive for College students and staff on September 6th 2021 In order to keep them protected from coronavirus. 65 students registered and took the vaccination.





NSS Day

Govt.Degree.college for Women Sangareddy NSS unit Celebrated the NSS Day on September 24th 2021

- Volunteers motivated the students to enrol in NSS, and participate in different social activities
- On the occasion of NSS day, students and volunteers planted saplings



Bathukamma Celebration

Govt.Degree.college for Women Sangareddy NSS unit Celebrated the bathukamma celebrations on October 12th 2021. Bathukamma the colourful floral festival of Telangana, that symbolises our culture and identity. Students made the bathukamma with different colourful flowers and played Bathukamma.



Fit India Freedom Run

FIT INDIA FREEDOM RUN To commemorate the 75th Independence Day – “Azadi Ka Amrit Mahotsav”. Nationwide campaign will be on the concept of “Physical/Virtual Run” to continue from 13th August to 2nd October 2021. Gdcw Sangareddy NSS unit volunteers participated in District level Fit India Freedom Run organised by Nehru Yuva Kendra Sangareddy. Program was started from Sangareddy IB to Ambedkar Stadium. The NSS Unit is encouraging the students to take up more physical activities like running, walking, outdoor games, and yoga activity.



National Unity Day

Govt.Degree.college for women sangareddy NSS unit celebrated the National Unity Day on September 31st October 2021 to commemorate the birth anniversary of Sardar Vallabhai Patel. Main objective of the program is to spread awareness about Sardar Patel's contribution to the united India.

- to promote the national Integration, patriotism and communal harmony among the students
- Encouraging the students to work for the betterment of the country by following the values ,loyalty and truthfulness.NSS volunteers and Students Pledged to preserve the Unity, integrity and security of the country.
- The NSS unit conducted the Essay writing Competition on The Role of Youth in National Unity.



NSS Orientation for First years

GDCW Sangareddy NSS unit organised The NSS orientation programme for first year students. NSS programme officer T.Prajwala explained about the NSS activities and its importance. motivated the students to join the NSS and contribute to the society



Self Defence program

NS Unit organised a Self defence program in Association with the Hope Foundation and women empowerment cell. The Hope Team motivated students to strengthen their self confidence and explained the importance of education and communication skills. The team demonstrated self defence methods and trained the students in physically defending and protecting themselves against anything unexceutable .





Constitution Day

Government Degree College for Women, Sangareddy, NSS Unit Observed Constitution Day In Association with department of Political Science on 26 of November. The main objective of the program is to create awareness about the constitution and sensitise the students about the importance of constitution day. The Department of Social Sciences faculty explain about the significance of the day and the history of constitution day celebration. At the end of the programme students and faculty members took the Pledge of the Preamble.



Covid Vaccination Drive 2nd Dose

GDCW Sangareddy NSS unit organised the covid vaccination 2nd Dose Drive. Students who took the 1st dose of vaccination and were eligible to take the second dose were given the second dose and students who had not yet taken the first dose were given the chance to take the first dose of vaccination. Around 60 students took the vaccine.





Swachh Kalashala Program

Govt. Degree College for Women, Sangareddy N.S.S Unit Conducted the Swachh Kalashala Programme in the month of November 2021. The main objective of the program is to maintain cleanliness and hygiene in the campus. NSS volunteers Cleaned the Campus Premises and Class Rooms



National Voters Day

Government Degree College for Women, Sangareddy NSS Unit observed National Voters Day on January 25. Due to Covid Pandemic, Voters Day was celebrated Online. NSS Unit conducted the Online quiz Competition on Importance of Voters Day. Students actively participated and received the certificate of participation.

Covid Vaccination Drive Below 18 years

Government Degree College for Women, Sangareddy, NSS Unit with the coordination of Dr.Harshitha arranged a vaccination drive at Government District Hospital, Sangareddy for students who were under 18 years. 24 students were vaccinated during the programme.



Swachh Kalashala Program

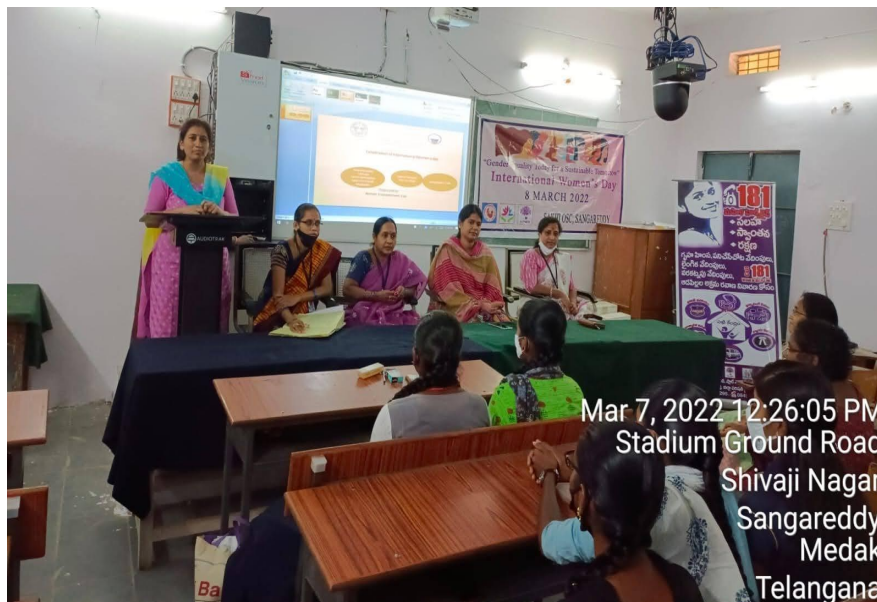
NSS unit organised Swachh Kalashala Programme on 28 February. Volunteers cleaned the Departments and College Library, volunteers arranged the books Subject wise.





Women's Day Celebration

Gdcw Sangareddy NSS unit celebrated InterNational Women's Day in association with Women Empowerment Cell on March 8th 2022. Principal, staff, sangareddy Sakhi centre officers and all the department students participated in the program To create awareness about women rights, gender equality and women empowerment. Principal addressed the students that women has a major role in shaping the society, they should be given proper education and support, and they can achieve anything. Advised and motivated the students to be conscious in their career and be economically independent. Elocution competition was conducted by sakhi centre.our students got prizes at district level



Swachh Bharat campaign

Department of Economics students Participated in Swachh Bharat campaign in association with GDCW Sangareddy NSS Unit. As part of the program students conducted a cleanliness drive for creating awareness among the College surrounding Colonies.

Objectives of Swachh Bharat Campaign

- Improving the quality of life through cleanliness and personal hygiene.
- Create awareness among communities towards sanitation and cleanliness.
- To bring about behavioural changes in the people towards sanitation and hygiene.
- To tell people how sanitation is linked to their overall health and happiness.

Highlights of the program

- The campaign was aimed at making the streets, roads and offices clean from filth and garbage.
- Students actively participated in creating awareness by taking door to door campaigns to the public, informing them about the importance of cleanliness and its impact on their health and social life.
- Students requested the colony people to not throw the garbage on streets and roads. Students explained the citizens about proper waste Collection and Disposal Mechanism
- Students met the local Councillor and municipal staff explained about the garbage problem around the college.discussed the proper door to door efficient collection of waste and its disposal.



Counselling program for school childrens

Gdcw Sangareddy NSS unit volunteers organised a counselling program for primary school students. The main objective of the program is spreading awareness and educating children about “Good Touch And Bad Touch”. The session was aimed at enabling children to be more aware of their surroundings and respond wisely. The students understood the concept about safe/unsafe touch which was explained by the volunteers in a simplified manner. Children also shared their experiences and knowledge on the topic. They learnt to say ‘NO’ and were asked to reach out to their parents if they were not comfortable about something. School Principal and Staff congratulated the volunteers for planning and conducting the program.

