

Government degree college,shadnagar

Significance of evidence of success of institutional best practices

Best practice-I

(CREATION OF FOOD GARDEN)

The innovative initiative of developing food garden in the campus of GDC Shadnagar is one of the best practice. In this Garden organic leafy vegetables and fruits are grown. These Vegetables are distributed to the pregnant women and also to the anemic women in the near by hospital. Besides, an awareness on need to consume healthy, organic food is created among the people. The practice has been successful in creating awareness in the vicinity of the institution and particularly to the patients in hospitals.



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Leafy vegetables distributed by our students which were grown naturally in our campus





Government Degree College, Shadnagar, Ranga Reddy

Department of Zoology

Best Practice-II

“Monitoring of Lifestyle Patterns of stakeholders from GDC, Shadnagar for a Healthy Society”

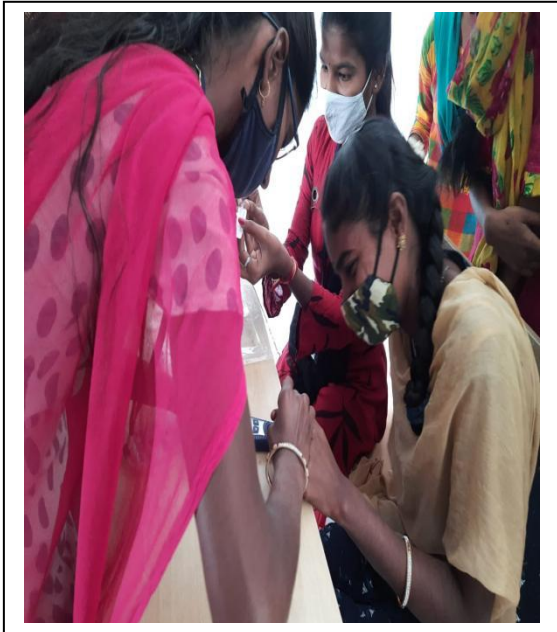
This practice has triggered a lot of enthusiasm and excitement in all the stakeholders of this Higher Educational Institution to know their current health status and created a sense of health consciousness. The findings of this monitoring program revealed several health insights and enabled them to initiate certain changes in their lifestyle patterns for a better, productive and healthy society.



Students measuring Height in cm of the Subjects under study using Measuring Tape



Student measuring Weight in Kg using Weighing Machine of the Subjects



Students measuring Random Blood Glucose using Glucometer



Students measuring Random Blood Glucose using Glucometer

Technician from Local Diagnostic Centre drawing blood sample from students for haematological parameters



Technician from Local Diagnostic Centre drawing blood sample for hematological parameters



Students measuring Height in cm of the Staff using Measuring Tape

Students measuring Blood Pressure & Pulse of the Staff using Automatic BP Monitoring Machine

Figure #1: Pie Chart showing BMI Findings of select UG Students in Percentage



