

GOVERNMENT DEGREE COLLEGE, BHUPALPALLY

(RUSA NEW MODEL DEGREE COLLEGE)

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7.3.1. Institution Distinctiveness:- Portray the performance of the institution in one area distinctive to its priority and thrust within 1000 words.

Building Self-Confidence In Students Through Inspirational Book Reading

Vision of the institution is to mould and empower students in the pursuit of knowledge, values and social responsibility and help them achieve excellence in various fields, thereby also preparing them to face global challenges. The institution as never faltered in inspiring the students in the pursuit of knowledge, values and social responsibility. The institute has established its distinctive approach towards this comprehensive vision to create optimism and positivity in students' life. Motivation plays an important role in helping students achieve their biggest goals. What students learn in the class room that should be reflected through students' behavior in the society? Inspirational book reading is a way through which value inculcation among students can be done by educational institution. So we have facilitated above 50 most powerful books of the world to the students. Students can take these books to home to read. Every weekend we allot one hour to students to reveal their views on the book and how they have felt when they were reading. Which quote inspired them in their life? Students have completed most of the books since 2019-2020 academic years. The attitude of the students has been changed a lot by reading these inspirational books daily. This program was designed to help teens create a more positive mindset, reduce stress and anxiety, and work through some of the difficulties they face, whether it's navigating friendships, struggling with social media, or staying focused and motivated. Apart from the value education classes our college strives to imbibe the students with the highest set of morals and values through stories on Ramayana and Mahabharata once in a month. Through value based education, we can develop the students into people with strong character and values who to know how to utilize their knowledge for the advantage of mankind. This program gives special importance for value education which consist the study of the lives and experiences of great people. Habit of positive way of thinking by inculcating beliefs and moral values in the sub conscious minds of the students.

Through motivational book reading program students learnt a lot from many biographies and life events of great authors in an interesting way.

In the course of motivational book reading many sportive healthy competitive methods were being adopted to create a health competitive and sportive atmosphere in the students like Oral Summary of the Book, Group Discussion a specified book, Debate on a given book, elocution on a book which have read this week and quiz competition on a specific book.

In this program the many books are make them available to the students such as.

1.The Alchemist

The alchemist was written in 1988 by the Brazilian author Paulo Coelho. So it was written originally in Portuguese and had been translated into over 60 languages. The book is about a young shepherd boy from the south of Spain called Santiago. The book is very much a literal dream, it gives very general advice about following your dreams and what you want to achieve in your life. If that makes sense, this book is all about transforming your thoughts and actions into gold. A part says, listen to your heart, and your heart will show you the way.

2.Ikigai

The mysterious word 'Ikigai' is derived from 'Iki,' meaning life, and 'gai' means realizing hopes and expectations. In other words, it means a reason for being a sense of purpose in life and an overall feeling of well-being. Everybody has an Ikigai. The question is to find it, which is what many people are struggling with. Finding Ikigai is supposed to bring satisfaction and meaning to life. The authors go to learn the secret to longevity.

The book mainly tries to tell the importance of Ikigai in life and what can get to bring more meaning of purpose. The authors compared local therapy and psychotherapy, which is interesting and powerful.

3.Compound effect

You will never change your life until you change something you do daily. The secret of your success is found in your daily routine." --Darren Hardy

How was your day today? If not so good, your future isn't looking so good either.

What you do on a daily basis determines everything about your life. Small things become big things. The things you do every day? whether good or bad? compound over time. If you have good habits, your future will explode with exponential goodness. If bad, the opposite.

4. rich dad and poor dad

The author says that his poor dad loves education. He suggests that education is one of the most important tools which is needed for all the individuals. Education can teach the roots of life. He promises his son that education is everything for everyone. He never gives value to money because he wants to give high standard educational characteristics to his children in their future.

5.The 5 AM Club

Robin sharma is a leadership guru who loves to help others become more productive. In The 5 AM Club: Own Your Morning. Elevate Your Life, he uses a fictitious story about a billionaire mentor teaching a struggling artist and an entrepreneur about the importance of waking up early to show how revolutionary it is for success. He makes a convincing case that

will persuade even the most sleep-loving people that to be truly excellent, we need to start our days intentionally.

The List of Books as follows.

Sl.No.	2 Title / Name of the Book	Author of the Book.	No. of Pages	Cost in Rs.	3 Remarks if
01 ✓	The Compound Effect	Darren Hardy	172	256=00.	
02 ✓	సాధారణ సూక్ష్మ ఆలోచన	సోమేశ్వర	152	135=00.	
03 ✓	The Seven Spiritual Laws of Success.	Deepak Chopra	114	135=00.	
04 ✓	Who will cry when you dies. (Telugu)	Rabbin Sharma	202	170=00	
05 ✓	The leader who had no title.	Rabbin Sharma	202	199=00.	
06 ✓	How to live without Fear & Worry	K. Shri. Dhammananda	252	000=00.	
07 ✓	The Art of Good Life	Rolt Dobelli	260	329=00	
08 ✓	The Power of a positive attitude.	Roger Fritz	112	150=00	
09 ✓	What to say when you talk to your self	Shad Helmstetter	255	250=00	
10 ✓	The Alchemist	Paulo Coelho	161	299=00	
11 ✓	Dare-labe. Bitterent and Grow Rich (Telugu)	Roner Getteman	225	225=00	
12 ✓	How to win friends and Influence people (Telugu)	Dale Carnegie	261	195=00	
13 ✓	Pat that Hog! (Telugu).	Brian Tracy	107	150=00	
14 ✓	Secret (Telugu).	Ronda Burn	251	295=00	
15 ✓	Tuesday with morie (Telugu)	Mitch Albom	150	20=00	
16 ✓	Chanakya: His teachings and Advice	Ashwani Sharma	105	125=00	
17 ✓	Soft Skills.	B.V. Pattabhiram (Pattabhiram)	147	60=00	

Sl.No.	4 Title of the Book.	Author of the Book.	Page No.	Cost in Rs.	5
18 ✓	The 5 AM Club.	Robin Sharma	311	350=00	
19 ✓	How to stop worrying and start living (Telugu)	Dale Carnegie	396	225=00	
20 ✓	How to stop worrying and start living (English)	Dale Carnegie	358	225=00	
21 ✓	You can win	Shive Khena	290	220=00	
22 ✓	Atomic Habits	James clear	265 699	699=00	
23 ✓	Life's Amazing Secrets	Gaur Gopal Das	208	250=00	
24 ✓	Ikigai (The Japanese Secret to a long and happy life)	Hector Garcia	194	499=00	
25	The Power of your Subconscious mind.	Joseph marie	220	195=00	
26 ✓	Mind Power (Telugu)	Y. Virendranath	456	210=00	
27 ✓	Rich Dad Poor Dad (Telugu)	Robert T. Kiyosaki	214	250=00	
28 ✓	The Greatest Salesman in the world.	OG. Mandino	113	145=00	
29 ✓	It only takes one a minute to change your life (Tel)	Willie Jolley	193	150=00	
30 ✓	Great Expectations (Novel)	Charles Dickens	240	200=00	
31 ✓	The Journey Home	Rathanath swami	350	350=00	
32 ✓	Beihala Prashnalu (Telugu)	Y. Virendranath	200	120=00	
33 ✓	Katha Chanakya (Telugu)	Rachakrishnan Pillai	170	180=00	
34 ✓	Five Steps to the success (Telugu)	Y Virendranath	435	210=00	

6		7			
S.No.	Title of the Book.	Author of the Book.	Total Pages No.	Cost Rs.	Remarks.
34 ✓	Bhagath Singh (A Telugu)	Ajay Ghosh & sohan Singh Joshi.	114	55=00	
36 ✓	Inspiring lives	Dr. Jandhyala Ravindranath.	140	90=00	
37 ✓	నా ఆత్మకథ (Naa Athmakatha)	Swamy Vivekananda	382	50=00	
38 ✓	My Journey	A.P.T ABDUL KALAM	147	195=00	
39 ✓	Objective General English.	S. Chand	650	395=00	
40 ✓	Objective English for Competitive Exams	Kunal Gupta	200	140=00	
41 ✓	Big Magic.	Elizabeth Gilbert	276	399=00	
42 ✓	Good Teacher (B.v. Pattabhiram)	B.v. Pattabhiram	146	100=00	
43	Think and Grow Rich (Telugu)	Napoleon Hill	255	150=00	
44 ✓	What to say when you talk to yourself (Telugu)	Shad Helmstetter	196	195=00	
45 ✓	The Girl in room 105	chetan Bhagat	304	199=00	
46 ✓	Pulling the power of your subconscious mind to work	Joseph Murphy	255	185=00	96



Students Reading Motivational Books



The Alchemist Book Review