### Key Indicator-7.2 Best Practices (30)

Metric No		Weightage
7.2.1	Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual	30
	Title of Practice : "Vikaas" Competitive Exams / Coaching for         PG Entrance and Career Guidance.	
	Objectives of the Practice:	
	<ul> <li>To create awareness among the students about competitive examinations.</li> <li>To create studious and healthy atmosphere regarding competitive examinations.</li> <li>To create awareness of the different career opportunities available to them, which if pursued shall ensure them a better future.</li> <li>To improve academic skills and linguistic proficiency of the students in various subjects.</li> <li>To develop competency and positive approach towards competitive examinations among the rural students.</li> <li>To motivate the rural students for prospective career in government and corporate sectors.</li> </ul>	
	The Context:	
	Most of the students hail from rural area. They are socially and economically backward. They cannot afford private special coaching for the competitive examinations. There is no awareness about the competitive examinations. So the college started competitive examinations study and career guidance.	
	The Practice:	
	The head of the institution conduct a meeting with all the departments regarding the classes after principal address the faculty of all departments and career guidance gives the information about the classes. Interested students enroll their names for preparation of competitive examinations. Every year many students enroll their names study material is provided by the concern departments. Students take the use of the study material as per their requirement.	

Evide	ence of Success:
	e institution, through its carefully planned and executed ties met the objectives for which it was stated as follows:
•	The students have taken active participation in various competitive examinations. The students those who are not enrolled became aware about the competitive examinations. Many students benefitted by the career guidance and secured seats in PG and showed excellence in various competitive examinations like TSEDCET, TSLPRB, PGCET etc., Students came up with the leadership qualities and began to work as a team. The students are inspired to participate in different activities like Quiz competition, debate, elocution, Essay writing, Group discussion etc.,
Probl	ems Encountered and Resource Required:
•	the problem encountered are related to financial assistance to certain extent. As most of the students are from rural areas and under privileged sector, the students need mid-day meals. There is a need of special computer system with high speed Wi-Fi connectivity. Advanced competitive examination books, software and E- Resources should be purchased every year.
Best F	Practices – 2
Best I	Library Utilization
	Title of the Practice: - "Best Library Utilization" Objective of the Practice: -
0 0 0	To encourage students and staff for better use the facilities of the library. To create interest and motivate the students to use library resources. To aware students on recent updates, new books magazines and journals etc.,
1.	The Context:
•	Books are source of Knowledge. The College has collection of books, like Textbooks, Newspapers, Reference books, Magazines, etc.
•	Students effectively use the resources of the library

	<del>.</del>
students inculcate reading habit and maximum use of e-	
library resources.	
1 The Decidence	
1. The Practice: -	
<ul> <li>The students in their leisure time can spend in library.</li> <li>The students have separate schedule for library in the academic timetable.</li> <li>The library hours are from 9.30 am to 4.00 pm in all working days accommodates all programme students in different timings.</li> <li>The library conducts library week to make students habit of reading books.</li> <li>The books in the library guide and advise the UG students to pursuer PG Courses and appear for various Competitive</li> </ul>	
exams for employment in Government and Private sector.	
1. Evidence of success: -	
Students are encouraged to visit the library regularly, Students who cannot afford to buy books, making maximum use of books. Many students are getting PG admissions and various activities like seminar/Essay/Programmes conducted by various departments and also various Competitive Examinations are achieved.	
1. Problems encountered and Resources Required:	
More Books are required for the library. More interest access like LAN, Projector, and Printers scanner depending upon the number of students.	
• Finance for instituting awards. Maintenance / Monitoring of User.	

Govt. Degree College, Tandur



P.G. Conching : Dept of English

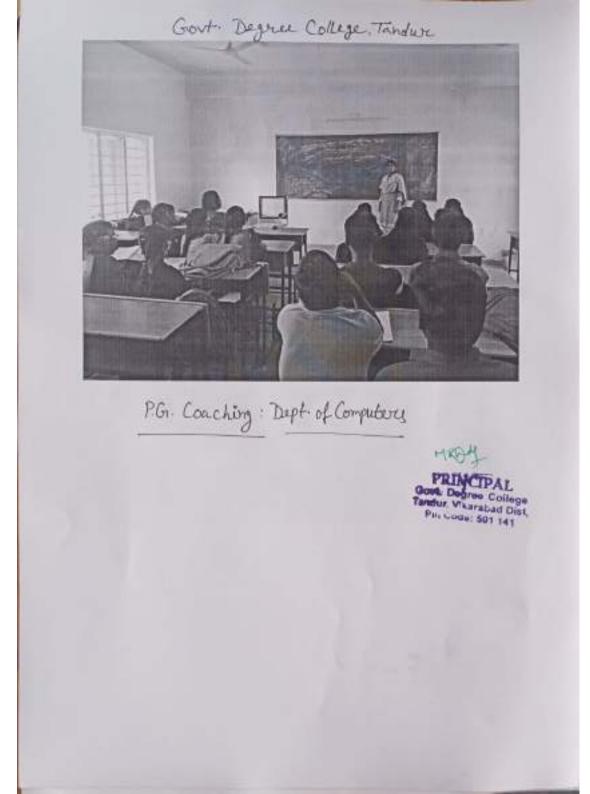
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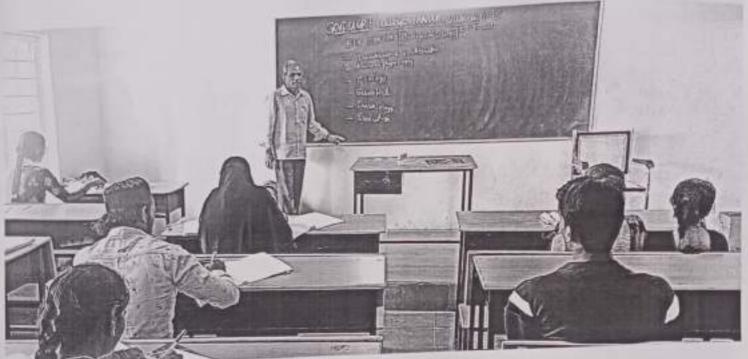
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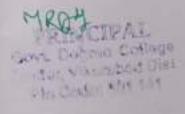
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## GOVERNMENT DEGREE COLLEGE, TANDUR VIKARABAD DISTRICT

Work and the William Contract of the William Street Stre

Dated: 24-09-2018

To

The Principal Government Degree College, Tandur Vikarabad District.

Respected Sir,

Sub:- Requested to permit me to conduct to the Blood Grouping & HB % Test for the girl students of BA/BCOM/BSC -for the academic year 2018-19 Req-Reg.

With reference to the subject cited above, I V. Madhavi, Lecturer in Chemistry, working in this esteemed college I want to conduct Blood Grouping & HB % Test for the girl students of BA/BCOM/BSC of I, II, III Year in this academic year 2018-19 on 28-09-2018 at 10:00 AM in our college premises. Hence I request to you permit me to conduct the Blood Grouping & HB % Test for the benefit of girl students.

Thanking you,

Yours faithfully

V. Madhavi (VM) Bhagya Health and Hygiene (Convenor) K. Shailaja (Member) K SM A. Srilatha (Member) (ASL)

PRINCIPAL Govt. Degree Coilege Tandur, Vikarabad Dist, Pin Code: 501 141

## **GOVERNMENT DEGREE COLLEGE - TANDUR**

#### VIKARABA DIST. TELANGANA

(EST: 2008 Affiliated to Osmania University)

Date: 24-09-2018

#### NOTICE

It is hereby informed that the Department of Health and Hygiene is Conducting the Blood Grouping and HB % test for the girl students of BA/BCOM/BSC of I, II, III Year students for the academic year 2018-19. All the girl students of BA/BSC/BCOM are eligible to apply for the above test.

The interested students can contact Smt. V. Madhavi, convenor of Bhaghya Health and Hygiene Committee, A. Srilatha and K. Shailaja, (Members) to register their names from 25<sup>th</sup> September 2018 onwards.

The Blood Grouping and HB % test for girl students will be conducted on 28-09-2018.

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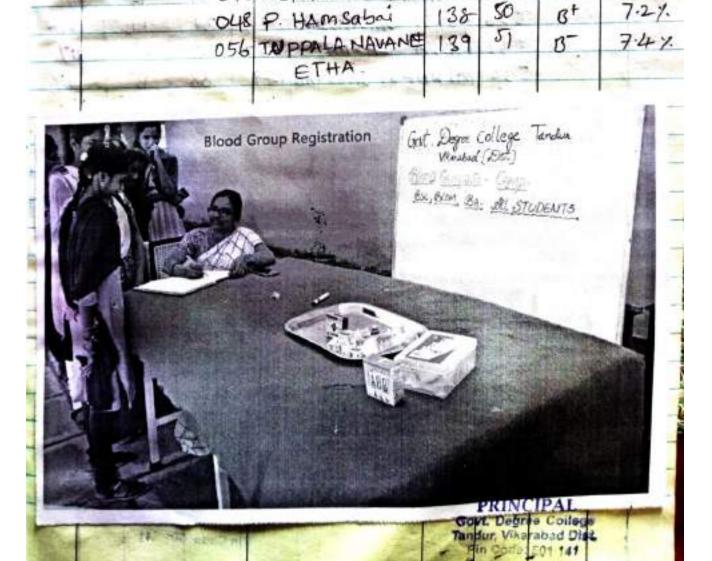
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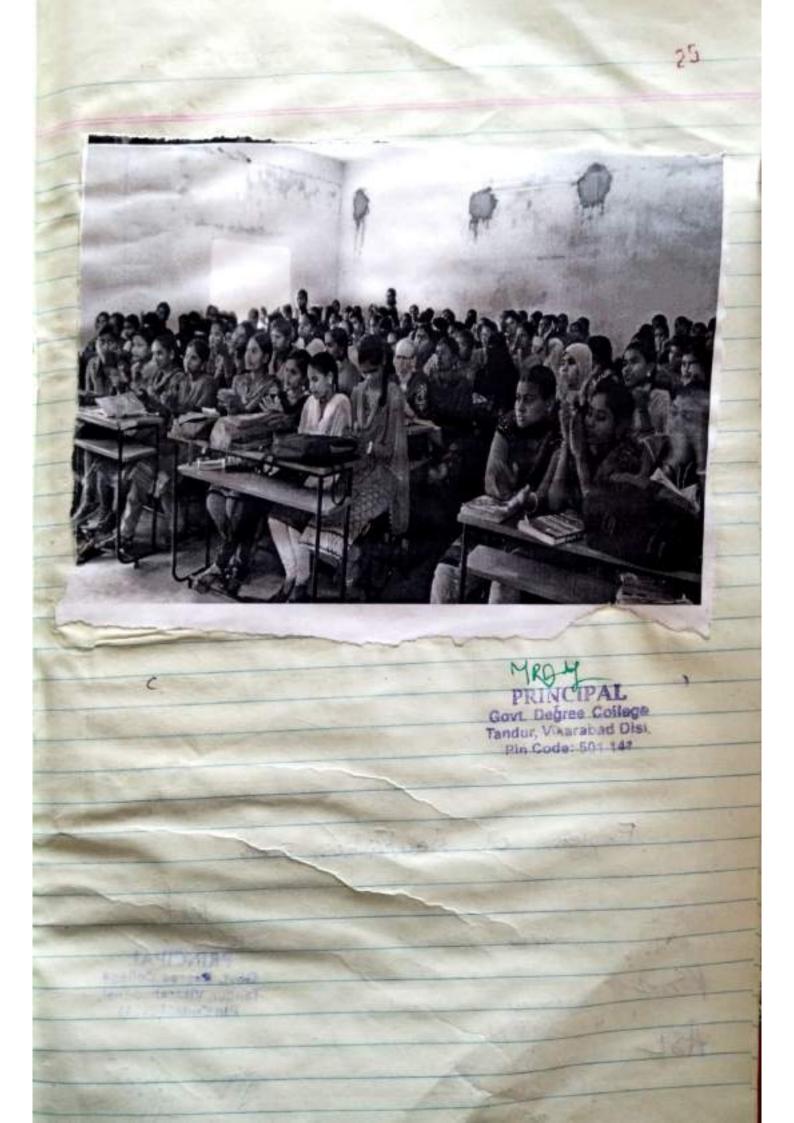
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## GOVERNMENT DEGREE COLLEGE - TANDUR

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Title of the Practice: BEST PRACTICE: Student Health Profile – Identification of Blood Grouping and HB% of Girl Students for the Academic Year 2018-19.

We all should be aware of our blood groups. Blood transfusion plays a very important role in our body. Knowing our blood type helps us to pick appropriate blood for transfusion either during any emergencies or accidents.

Here may be a simple and easy experiment to seek out our blood group sitting reception with the assistance of a blood type Test Kit.

A human blood corpuscle includes red blood cells, white blood cells, and platelets. All these blood cells play a very important role when it comes to transportation, protection and regulation. Blood groups are mainly determined by the presence or absence of antigens and antibodies on the surface of our red blood cells also known as the Erythrocytes. The transfusion from the incorrect blood type is often life-threatening.

There are basically four major blood groups namely: A, B, AB and O. The blood grouping system was discovered within the year 1901 by Karl Landsteiner- an Austrian biologist and immunologist.

#### The Context

The basic purpose of conducting this experiment is to understand the basic concept of the different ABO blood group system and with the help of this procedure get to know our blood group and type.

#### **Materials Required**

- Toothpicks
- Blood sample
- Alcohol Swabs
- Lancet
- Clean glass slide
- Sterile cotton balls
- Biohazard disposal container
- Monoclonal Antibodies (Anti-A, B, and D)

All these equipment will be readily available in a blood test tool kit.

#### The Practice (Procedure)

First, take a glass side and mark three circles on it after cleaning the slide.



 Unpack the Monoclonal Antibodies (MAB) kit. Now with the help of a dropper, add the Anti-A, Anti-B and Anti-D in the first, second and third circle respectively in a sequential order.

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- Keep the slide aside safely without disturbing.
- Now you need to wipe the ring finger with the alcohol swabs and rub gently near the fingertip, where the blood sample will be collected.
- You need to prick the ring fingertip with the lancet and wipe off the first drop of the blood.
- As blood starts flowing out, allow it to fall on the three circles of the glass slide by gently pressing the fingertip.
- We must apply pressure on the pricked part in order to stop the blood flow.Use the cotton ball if required.
- Mix the blood sample gently with the help of a toothpick and wait for a minute to observe the result.

#### Precautions

Discard the alcohol swabs, lancet, cotton balls and toothpick after their use. Drop all the materials, including the glass slide into the biohazard disposal container after observing the result.

As mentioned above, there are four major blood groups and eight different blood types, collectively called the ABO Blood Group System. The groups are known to be based on the presence or absence of two specific antigens and antibodies- A and B:

- 1. Group A- Antigen A and Antibody B.
- 2. Group B- Antigen B and Antibody A.
- 3. Group AB- Antigen A and B both and no Antibodies
- Group O- No Antigens and both A and B Antibodies.

Other than this, there is also a third kind of antigen that is termed as the Rh factor. Based on the presence or absence of this antigen (Rh factor), the four blood groups are classified into eight different blood types: SARARA CONCINCTION CONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCINCTICONCI

- 1. A positive Presence of Rh+
- 2. A negative- Presence of Rh-
- 3. B positive- Presence of Rh+
- 4. B negative- Presence of Rh-
- 5. AB positive- Presence of Rh+
- 6. AB negative- Presence of Rh-
- 7. O positive- Presence of Rh+
- 8. O negative- Presence of Rh-

#### Conclusion

Here is the chart which predicts the various sorts of blood groups alongside its rhesus factor.

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Blood type	А	в	0	AB
Rh-positive	A+	B+	0+	AB+
Rh-negative	A-	в-	0-	AB-

Various Sorts of Blood Groups alongside Its Rhesus factor.

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A test to determine a person's Blood type is known as Blood typing. If you need a Blood transfusion or plan to donate Blood, a test is required. Because not all Blood types are compatible, knowing your Blood Group is crucial. Receiving Blood that isn't compatible with your Blood type can result in a hazardous immunological reaction.

Everyone should be informed of their Blood type. When it comes to receiving a Blood transfusion, it is really crucial. Knowing our Blood Group allows us to choose the right Blood for transfusion in the event of an emergency or an accident. Red Blood cells, white Blood cells, and platelets all make up a human Blood cell. All of these blood cells are essential for transportation, protection, and regulation. The presence or lack of antigens and antibodies on the surface of our red Blood cells, or erythrocytes, determines our Blood Group. A Blood transfusion from the incorrect Blood group might be fatal.

The four basic Blood groups are A, B, AB, and O. Karl Landsteiner, an Austrian scientist, and immunologist established the Blood grouping system in 1901.

#### What is the Importance of Blood Typing?

The antigens are both the source of the issue and the solution. Because these compounds cause the body's immune system to react, it's critical to check compatibility before receiving Blood or donating organs. If a person with Blood Group B receives Blood from a person with Blood Group A, the recipient's body will recognise the A-type antigens as alien bodies and reject the transfusion. Because group AB includes and recognises both types of antigens, it can accept Blood from any type, but group O can only accept Blood from type O. The Rh-factor, which is highly immunogenic, follows the same rule. Antibodies developed by Rh-negative moms after having an Rh-positive baby may harm an Rh-positive baby during the second pregnancy, resulting in severe anaemia. As a result, it's not unexpected that

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#### **Evidence of Success:**

The institution, through its carefully planned and executed activities met the objectives for which it was stated as follows:

- Every person has a different blood groups A, B, AB, and O
- A student must know their blood group to get awareness on this we organised identification of blood group and Haemoglobin percentage
- By doing this programme we can also rectify the lack of blood in person's body (Anaemia)

#### **Problems Encountered & Resource required**

- The students come to know about the blood can be transfer from one person to another person
- In case of emergency also we can know that which blood group a person need.
- By identifying, awareness programme we also supply or help the society, hospitals and the person who are in need

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