# Awareness Program on General Health & Fitness <u>Medical Camp</u> 24/2/2022

The Women Empowerment Cell in association with NSS, Bhagya, Department of Physical Education and NVT Sports Authority Devarakonda organized a Medical Camp on 24 February 2022 to check Hemoglobin levels and general health of girl students. Eminent Gynecologist, Dr. Shanti Swaroopa was the chief guest and doctor who checked the health of students. A total of 150 students and 13 faculty members attended the camp.

Smt. S. Sarada Devi, Assistant Professor of Commerce, spoke on the occasion and said that she was proud to organize such an important event as health is wealth. She emphasized the need for regular checkup and special care to be taken by women about their health. Dr. Shanti Swaroopa spoke about hemoglobin and said that it is a protein in the red blood cells that carries oxygen to the body's organs and tissues and transports carbon dioxide from the organs and tissues back to your lungs. If a hemoglobin test reveals that the hemoglobin level is lower than normal, it means that one has a low red blood cell count (anemia).

The nurses conducted hemoglobin and other blood tests on the students. They gave medicines to students who are found to be anemic. They also checked the general health of the students and gave medicines accordingly.

At the closing ceremony, the principal, Dr. Ch. Rama Raju, spoke and lauded the WEC, NSS and Bhagya for organizing such a great event. He stressed the need for students to take care of their health.

The camp concluded with a vote of thanks proposed by Ms. S. Sarada Devi, Assistant professor of Commerce.

Inaugural Session of Medical Camp by inviting Dr. Shanti Swaroopa, Gynecologist

CI Devarakonda, Team of doctors and Lab Technicians, NVT Sports Authority Members, Faculty and Students of the college were present



### Medical checkup to the Students and Staff



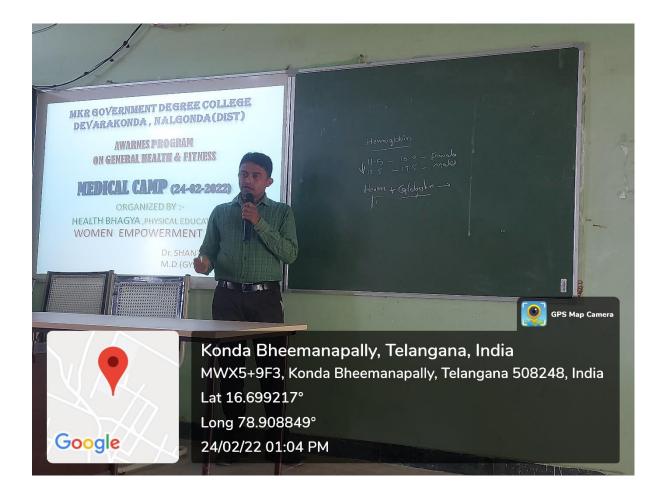
# **Hemoglobin tests**



#### Dr. Ch. Rama Raju, Principal, Inaugurating the Awareness Program on General Health and Fitness



## **Awareness program on General Health**



# <u>Certificate Course in Basic Tailoring</u> <u>Inauguration of Certificate Course in Basic Tailoring</u> 18/6/2022

The Women Empowerment Cell of MKR Government Degree College Devarakonda inaugurated a 30-day Certificate Course in Basic Tailoring on 18/06/2022. The Resource Persons were Karnati Jaya Lakshmi (Member Lions Sahasra). A total of 22 students and 15 staff members attended the inaugural program.

The Course Coordinator, Smt. S. Sarada Devi, gave a welcome speech and introduced the resource person. She said that by this course the students can learn stitching from the comfort of the classroom and stitch dresses for their family members. The principal of the college, Dr. Ch. Rama Raju, spoke on the occasion and said that it was a great opportunity for the women students of the college to learn this valuable skill which will enhance their self-employability and independence. The resource persons spoke and said that the students would learn a basic stitching course Indian Style. Beginners who don't know how to handle sewing machines can learn this course. By learning this course, they can do basic stitching. They are going to learn how to use automatic sewing machines, basic tools required, how to practice stitches, and will be doing some basic projects. They will get confidence in taking advanced tailoring courses and can start tailoring. Anyone who doesn't know anything about sewing can learn this course.

The program ended with a vote of thanks proposed by Smt. M. Alivelu, Assistant Professor of Chemistry.

# Dr. Ch. Rama Raju, Principal, Inaugurating the certificate course in Basic Tailoring



#### Smt. S. Sarada Devi, Assistant Professor of Commerce introducing the Resource Person



#### SK. Arifa, Lecturer in Mathematics, inviting the Resource person



Students giving feedback on the Program



# **Glimpses of Students Learning Tailoring Course**



















#### <u>CERTIFICATE COURSE IN BASIC TAILORING EXAMINATION</u> <u>27/7/2022</u>

As a concluding part of the Certificate Course in Basic Tailoring, conducted by the Women Empowerment Cell of MKR Government Degree College Devarakonda, an examination was conducted on 27 July 2022 for the 22 students who had taken the 30-day course.

Smt. S. Sarada Devi, Assistant Professor of Commerce, prepared the test paper and conducted an exam. The test also included a practical test in tailoring. The students were given instructions on the time allotted for the exam and the marks scoring method. She said that certificates would be issued only to the students who score the minimum qualifying marks in the test.

After the exam, Smt. S. Sarada Devi congratulated the students on successfully satisfying all the requirements of the course and wished them good luck.

Tailoring is a skill that is in high demand, and with the right tools and techniques, women can easily start a business or improve their current wardrobe. In this certificate course, the students are taught the basics of tailoring. Women will be able to make everything by themselves, ithout ay help, at the end of the basic tailoring course.

A Certificate in tailoring can be very beneficial for those who want to pursue a career in the fashion industry. This course will provide the students with the necessary skills and knowledge to become a successful tailor or dressmaker. There are many benefits to having a certificate in tailoring. After completing the course, the students will be able to tailor their own clothes, as well as those of other people.



#### **Students Writing Written Exam on Tailoring**

# International Day against Drug Abuse and Illicit Trafficking 27/6/2022

The Women Empowerment Cell of the college in association with the NSS Units conducted an event on 27 June 2022 to mark the World Drug Day (observed on June 26 annually). A total of 45 students and 8 faculty members attended the occasion.

Smt. S. Sarada Devi, Assistant Professor of Commerce, inaugurated the event and gave a welcome speech. She said that International Day against Drug Abuse and Illicit Trafficking, also known as World Drug Day, is conducted by the United Nations. The global event highlights the physical and psychological impact of substance abuse, drug overdose deaths and drug-related humanitarian crises with an aim to eliminate the menace from society.

She said that "Addressing drug challenges in health and humanitarian crises" is the theme for 2022's celebration of the International Day against Drug Abuse and Illicit Trafficking.

Dr. M. Alivelu, Assistant Professor of Chemistry, spoke on the occasion and said that the World Drug Day is marked on 26 June every year to strengthen action and cooperation in achieving a world free of drug abuse. Each year, individuals, communities, and various organizations all over the world, from civil society to the private sector, join in to observe World Drug Day to help raise awareness of the major problem that illicit drugs pose to society. He advised the students to abstain from all intoxicants.

Smt. S. Sarada Devi, Assistant Professor of Commerce addressing the students on International Day against Drug Abuse and Illicit Trafficking



A general meeting of the Women Empowerment Cell was also held on the day to review the activities of the WEC. It was decided to keep up the tempo of activities of the cell. A vote of thanks was proposed bySk. Arifa Lecturer in Mathematics.

#### M.K.R. GOVERNMENT DEGREE COLLEGE DEVARAKONDA NALGONDA DISTRICT, (T. S.)



#### A REPORT ON INTERNATIONAL YOGA DAY



Yoga Coordinator G. LINGA REDDY.

akamak PRINCIBAL

MKR Govt. Degree College DEVARAKONDA, NALGONDA DIST.

#### **INTERNATIONAL YOGA DAY 2022**

The 8th International Yoga Day with the theme 'YOGA FOR HUMANITY' was celebrated grandly in M.K.R. Government Degree College Devarakonda on 21<sup>st</sup> June 2022 under the supervision of the principal, Dr. Ch. RamaRaju.

Speaking on the occasion, Dr. Ch. RamaRaju said that when body and soul are in harmony, we can overcome any mental disturbance. Our honourable Prime Minister, Mr. Narendra Modi, got the approval of the United Nations for the International Yoga Day in 2014. This day is being celebrated the world over from 21 June 2015. The date 21 June was selected because it is the longest day of the year.

Yoga is a practice based on an extremely subtle science, which focuses on bringing harmony among mind, body and spirit. It is a very powerful means to achieve physical, mental and emotional well being. Yoga paves the way to discover the self, the external world and nature. It is an art and science for healthy living. Yoga has several benefits pertaining to education (concentration, mind power), health and stress management. Yoga is an invaluable gift of India's ancient tradition.

In this program, the Yoga Co-ordinator of the college, Mr. G. Lingareddy,

Vice Principal, Mrs. S. Sarada Devi, IQAC Coordinator Mr. B. Raghavendra, NCC Officer,

Mr. N. Bala, NSS Programme Officers, Mr. V. Makatlal and Mrs. Sk. Arifa, Assistant Professor of Chemistry, Dr. M. Alivelu, Physical Education Department Mr. M. Prabhakar and other staff members participated. The students attended the program in large numbers. Both the staff and the students performed different yoga asanas with great enthusiasm. The event was a grand success.





**BUTTERFLY ASANA BY THE STAFF** 



PRANAYAMA BY STAFF AND STUDENTS



PRANAYAMA



MEDITATION



MEDITATION IN VAJRASANA BY Mr. G. LINGAREDDY, YOGA COORDINATOR



SITTING NAUKASAN



DANDAASAN



KONAASAN



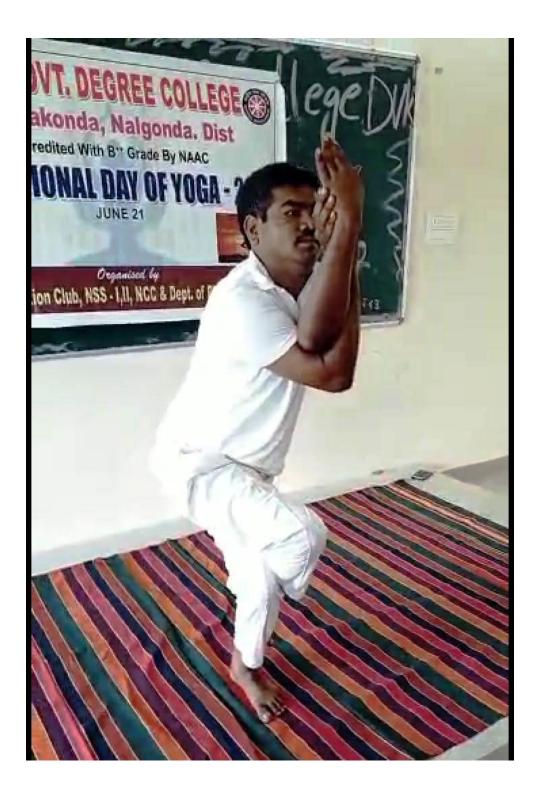
SHEERSHASANA



BAKAASAN



SHEERSHA THAADAASAN



#### GARUDAASAN





# 2021-22 MKR GOVT.DEGREE COLLEGE DEVARAKONDA MAHATMA GANDHIUNIVERSITY,

NALGONDA DISTRICT, TELANGANA

# **Red Ribbon Club**

#### About Us

The Red Ribbon is used as the symbol of the prevention of drunk and driving, drug prevention also for fight against AIDS. Red Ribbon project was established by the NEW YORK visual AIDS artists' caucus in 1991. It is global symbol aiming at common fight against HIV&AIDS.

Red Ribbon Club is a movement started by the Government of India in schools and colleges through which, students will spread awareness over HIV / AIDS. It motivates and guides to the students community to extend their kind help towards developing healthy life styles, donating blood to all the needy by promotion of Regular voluntary blood donation. It also emphasizes on prevention of drug abuse and drunken driving.

#### **Red Ribbon Club Guidelines**

#### The significance of Red Ribbon in HIV / AIDS is

- Red like Love, as a symbol of passion and tolerance for those affected.
- Red like Blood, representing the pain caused by many people who have AIDS.
- Red like the anger about the helplessness about which we are facing for a disease to which there is still no cure.
- Red is a sign of warning not to carelessly ignore one of the biggest problems of our time.

#### GOAL

To prevent and reduce the occurrence of new sexually transmitted infections (incidence), particularly HIV among the youth.

#### **Objectives of RRC:**

- > To reduce occurrences of HIV/AIDS infections among youth by raising their risk to perception through awareness on HIV prevention methods.
- To induce the spirit among youth to help and support people living with HIV/AIDS thereby reducing stigma and discrimination against people living with HIV/AIDS.
- To motivate youth and build their capacity as peer educators and change agents by developing their skill on leadership, negotiation and team building.
- > To promote voluntary blood donation among youth.

#### ADVISORY COMMITTEE

To ensure effective functioning of Red Ribbon Club a committee was constituted for the year 2021 -22 with:

| Name &<br>Designation | Name of the<br>Committee/ Duty<br>Assigned | Name of the<br>Committee/ Duty<br>Assigned |
|-----------------------|--|--|
| 1                     | Dr. Ch.Ramaraju                            | PRINCIPAL (FAC)                            |
| 2                     | V. Karunakar                               | Convener                                   |
| 3                     | V. Makatlal<br>SK. ARIFA                   | Members                                    |
| 4                     | Akhil<br>III-Sem BSc(MPCs)                 | Student Member                             |
| 5                     | A. Sriman<br>I-Sem BSc(BZC)                | Student Member                             |
| 6                     | N. Sai kumar<br>III-Sem BSc(BZC)           | Student Member                             |
| 7                     | MD. Wahaz haneef<br>III- Sem BA            | Student Member                             |

# **ROLE OF THE ADVISORY COMMITTEE**

The Advisory committee at the educational institution:

- Meets twice a year to review the activities of the RRC and to plan future activities as per annual activity plan.
- **\*** Take decisions on management issues related to club if necessary.
- Review and approve planned activities proposed by the RRC committee.
- \* Maintain records and submit necessary reports, documents, etc...

Activities of the club: The Red Ribbon Club of our MKR Govt.Degree College is conducts the following activities and awareness programmers annually

- AIDS Awareness Rallis.
- Blood Group Identification.
- Blood Donation Camps.
- Cancer Awareness programmes.
- Corona Awareness programmes.



# **RED RIBBON CLUB**

#### MKR Govt. Degree College, Devarakonda

#### **Report of Red Ribbon Club**

As per the guidelines of NSS of MGU Nalgonda, Red Ribbon club Advisory committee was formed on 01-01-2022 with the following members.

- CHAIR PERSON : Dr.CH. RAMARAJ, PRINCIPAL (FAC)
- CONVENER : V. KARUNAKAR
- MEMBER- : V. MAKATLAL & SK. ARIFA

STUDENT MEMBERS : AKHIL, SRIMAN, SAI KUMAR AND MD.WAHAZ HANEEF

#### **RRC** involves in bringing awareness about the evils of the society.

As part of its aims, Red Ribbon club of MKR Government Degree College organized a rally to bring awareness of HIV, AIDS and Blood Donation: All the students and staff members participated the rally under the guidance of the Coordinator of Red Ribbon club and the Principal. Demonstrating placards and poster which educate the society what safety measures to be taken to escape the danger of HIV/AIDS, rally was organized. Before the rally RRC Co-ordinator arranged orientation programme to educate the students about their responsibilities towards better society. Principal Dr.Ch.Ramarju and IQAC Co-ordinator B. Raghavendra Asst. Prof. of English reminded the responsibilities of RRC and the students contribution for the better society.

Principal Dr. Ch. Ramaraju instructed to the students to take part in the Welfare activities being conducted by Red Ribbon club. All the staff members participated in all the activities and made the programme successful. Red Ribbon club coordinator V. Karunakar expressed his gratitude to all the participants who helped to make the programme a grand success.

#### AIDS DAY AWARENESS & RALLY



#### BLOOD TESTING ON 24/02/2022





#### AWARENESS PROGRAMM ON HAEMOGLOBIN PERCENTAGE





AWARENESS PROGRAMM ON WORLD CANCER DAY





Dr.ch.ramaraju principal explain about the cancer

#### AWARENESS RALLY ON TB





Awareness rally on TB Participated principal Dr. Ch. Ramaraju ,staff and Students

#### 

#### STUDENT SEMINAR

The ELL has organised the Student seminars for the benefit of the Students. The purpose of a seminar is to create an experience of working together. One of the main objectives of conducting seminars is to avoid a passive experience. Everyone should have a way to contribute.



Md Wahag Haneef of BA-III



Naveen of BZC-III

#### CONVERSATION (ROLEPLAY)

The Role Plays conducted in the ELL lab for the benefit of the students. Role-play is any speaking activity when you either put yourself into somebody else's shoes, or when you stay in your own shoes but put yourself into an imaginary situation. Imaginary situations - Functional language for a multitude of scenarios can be activated and practised through role-play. Role playing is a learning structure that allows students to immediately apply content as they are put in the role of a decision maker who must make a decision regarding a policy, resource allocation, or some other outcome.



Naveen of BZC Padma of BZC Lavanya of BZC Anjali of BZC

#### JAM Session

JAM session is known as **just a minute session**. JAM sessions are conducted to improve the students Speaking capacity, other student interviews and sometimes on job interviews while interviewing the fresh college graduates. JAM sessions are useful to test the communication skills and general knowledge of the candidates.



Roja of BZC

SAI of BZC

#### **GROUP DISCUSSION**

The MKR follows these sorts of activities in improving the student skills in the group discussion. A discussion involving a number of people who are connected by some shared activity, interest, or quality. Group discussion is an important activity in academic, business and administrative spheres. It is a systematic and purposeful interactive oral process. Here the exchange of ideas, thoughts and feelings, which take place through oral communication.

The following skills are to be improved in GD

- > Speaking
- > Time Management.
- > Presentation.
- > Paraphrasing / summarizing.
- > Creativity.
- > Listening.
- > Proactive.



## Topic: Dowry system in India

### Students Name: Group-A

J.PremKumar N.Naveen P.Lavanya S.Anjali

### **Group-B**

V.Roja M.BhagyaLaxmi K.Padma N.SaiKumar

## MKR GOVERNMENT DEGREE COLLEGE

## DEVARAKONDA

## Accredited with $B^{++}$ Grade

## MKR Govt. Degree College, TSKC Activities 2021-22



# **Department Activities**

# 2021-22

Name of the Mentor: R. Shiva Krishna

Department: Telangana Skill and Knowledge Centre

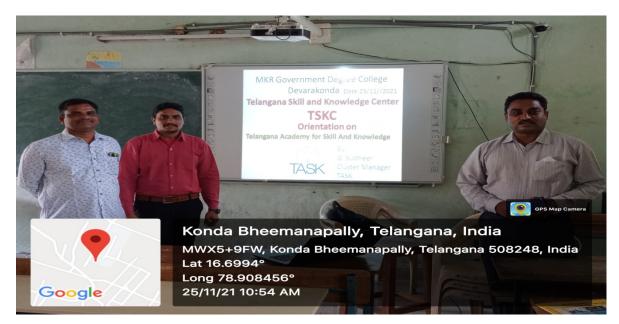
 DEET Awareness Program conducted on 21/09/2021by Mr. Shiva Krishna, TSKC Mentor. 15 students attended to this Program.



2. ICICI Job Drive conducted online by Yamini, HR ,for the post of Relationship Manager on 06/11/2021.



3. TASK Orientation program on 25/11/2021 by G. Sudheer, Area Coordinator, TASK, Nalgonda, 65 students attended this program.





4. Quiz Competition Conducted on COVID – 19 by Department of Botany & TSKC on 18/12/2021 20 students attended this Program.



5. Awareness Program on Online Application for Digital Accounts and PAN by Mr. Krishna, APGVB Bank, Devarakonda on 20/12/2021, 30 students participated ,



6. Legal Services Camp Module at Devarakonda Field Visit to TS Legal Services Authority, Hyd on 23/12/2021, 5 students attended to this program,



7. Awareness Program on Python by Mr. S. Hari Krishna, Python Developer and Alumni of MKRGDC on 3/3/2022, 30 students attended to this Program.





8. Difference between Fresher resume and Experienced Curriculum Vitae by Mr. Shiva Krishna, TSKC Mentor on 27/05/2022, 15 students attended.



9. Tips and Tricks to crack all Competative Exam 20 students attended.



10. Coding Decoding techniques for Constable by Mr. Manidatta, BA - II on 16/06/2022, 10 studends attended.



 Introduction of Digital Class Room by Mr. Shiva Krishna, TSKC Mentor on 13/06/2022, 25 students participated.



12. Utilisation of Tools on Digital Board by Mr. Shiva Krishna, TSKC Mentor on 26/06/2022, 26 students attended.



 How to prepare an effective Resume by Mr. Shiva Krishna, TSKC Mentor on 30/07/2022, 8 students Participated.



14. BODMAS tricks and tips for CHSL by Mr. Anil, MPCs-II on 30/10/2022, 10 students participated.



15. Just A Minute(JAM) by Mr. Anil B. A. and Mr. Santhosh, BZC- II on, 25/10/2022, 27 students participated.





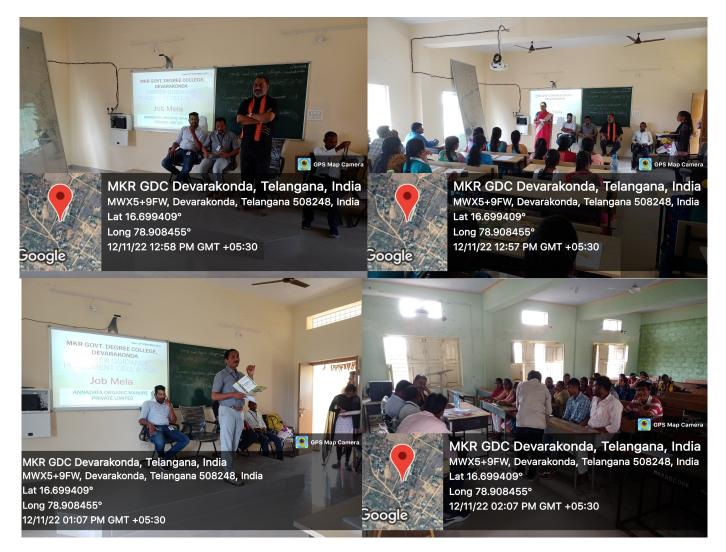
 Career opportunities after graduation by Mr. Shiva Krishna, TSKC Mentor on , 9/11/2022, 20 Students attended.



17. Organic Forming and its benefits by Mounika Annadata Field Officer, Annadata Organic Manure Private Ltd on 11/11/2022 ,35 students participated



18. Job Mela conducted by Mr. Ramu, HR, Annadata Organic Manure Pvt. Ltd. on12/11/2022, 30 students participated.



19. Orientation program on Jio Smart Sales Trainee by Sri. Suman, Sr. Manager, Jio Center on 16/11/2022 ,60 students attended this program.





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MKR GDC Devarakonda, Telangana, India MWX5+9FW, Devarakonda, Telangana 508248, India Lat 16.699409° Long 78.908455° 16/11/22 03:03 PM GMT +05:30 20. Student seminar How artificial Milk is more affecting in our daily life by Ms. Hajera Begum, BZC-I on 18/11/2022, 15 students attended.



21. Personality Development by Mr. Shiva Krishna, TSKC Mentor on 19/11/2022 ,13 students attended



# 22. Mock IAS Interview of Ms. Saloni Verma - Rank70, IAS Topper2020 online Demo video on 22/11/2022, 10 students participated.



23. Online Payment of examination fee by Mr.Shiva, MPcs - V Sem on 23/11/2022,

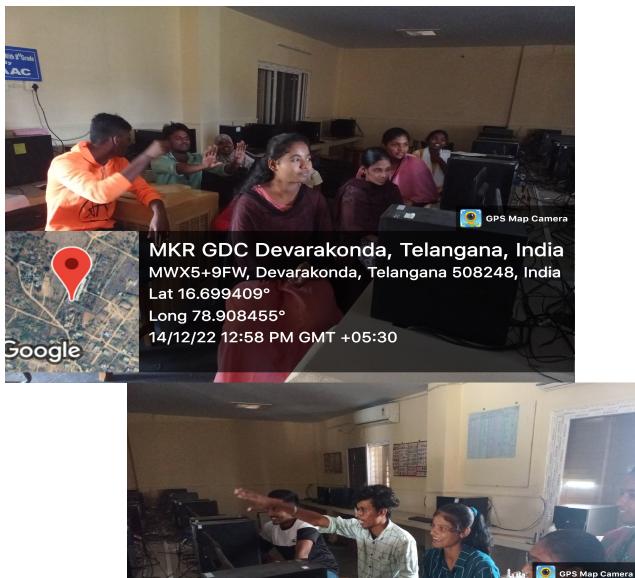




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24. Debate on Science Vs Black Magic organized by Mr. Shiva Krishna, TSKC Mentor on 14/12/2022, 20 students participated.





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