

GOVERNMENT DEGREE COLLEGE FOR WOMEN SIDDIPET

BEST PRACTICES -2020-2021

1 Name of the practice: Health camp

Department boney, health and hygienic club combindly conducted health camp in our college campus for degree students

2 OBJECTS:

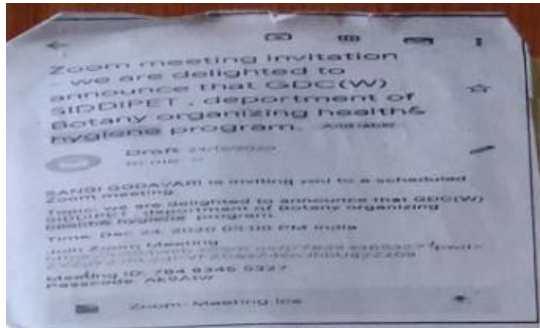
To aware about nutrition food

To aware about menstrual cycle

To aware on impact of environment on health and hygienic

3 Practice: - every year health camp will be conducted by health and hygienic committee, Department of Botany. They explains and discuss the all health issues, other problems of students

4 Evidence of success: - in charge of botany, in charge of health and hygienic, students, all women staff involved in this program



Date - 24/12/20

Name of the Activity,

Webinars on Women Health
Organized By :- Health Club, NSS

of Participants :- All the students from I, II, III Year
students through Zoom APP from
3:00 PM to 4:00 PM

Speakers :- S. GODAVARI, Lecturer in Botany
GDC(WOMEN) SIDDIPET

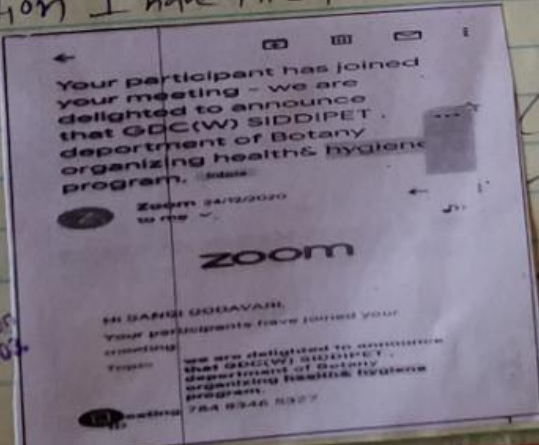
Brief Discription :-
In this programme I have explained to the students each and
Everything about the following topics.

- ① Nutrition
- ② Awareness about menstrual cycle
- ③ How the environment impact on our health and personal
- ④ hygienic maintenance

→ After the class I interacted with all the students discussed
the following topics:- Nutrition, Health and Environment

→ After the interaction I have taken their views and thoughts
for future plans

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Lecturer in Botany
The Co-ordinator
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BEST PRACTICES -2020-2021

1. Name of the practice:

QR CODE TO PLANTS: Department of botany and NSS unit II combinedly initiated a best practice for creation of QR code for plants of college campus

2. OBJECTS :

The aim objects of QR code to plants are

- To give complete information about plants on web page
- To aware about nature , importance, of plant to all users
- To learn how to prepare QR codes

3 The Context

By scanning of QR code of plant in mobile phone everyone get complete information about the plant. Department of botany and NSS unit II combinedly initiated a best practice for creation of QR code for plants of college campus. Plant of college campus are given a QR code .Each QR code gives plant information on web page

4 .Practice

Every year new plants will be planted under Haritha Haram program in the month of august ,September after that Department of botany and NSS unit II starts QR coding to plants which are planted in our college campus.

5 Evidence of success

During the year 20-20 S.Godavari lecturer in Botany, Dr s. suvarna Devi lecturer in political science along with students involved in QR coding programe



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BEST PRACTICES -2020-2021

1 Name of practice

Yoga practice to students and staff to get control on mind Department of political science and NSS unit II conducting yoga practice to students and staff

2 OBJECTS:

- 1 To make awareness about yoga
- 2 To know importance of yoga
- 3 To learn how to do yoga

4 The Context

Department of political science initiated to make aware of yoga, importance of yoga, by conducting yoga day, yoga week every in covid period our college conducted yoga program on virtual basis, students and staff done yoga from their home only

5 Evidence of success

In year 20-21 Dr S Suvarna Devi in charge of political science ,staff ,students , involved in yoga



Yoga from Home B. Thirupathaiyah
Lee-in commerce & family



