

BEST PRACTICE -1

Title of the practice: Poshana Shetty Abhiyan Month

Objectives:

1. To encourage the students to improve the immunity power due to the Covid-19 pandemic.
2. To motivate the students to take nutritious and protein powder to improve their oxygen percentage level
3. To encourage the students to sleep well and eradicate child marriages and child labor etc.
4. To motivate the students practice yoga for good health

The context:

Most of the students joining in this college are from rural background and socially, economically, financially backward poor. They don't get sufficient nutritious food so that their immunity levels are fall down. That's what this poshan shetty abhiyan month is very useful for girl students.

Practice: The students practiced it for one month by following the objectives and context. So that the students improved their immunity levels. During the time of the month the college provided nutritious and protein powder.

- Around fifty percent of the students participated in this practice
- All the faculty members encouraged the students to participate in this practice

Evidence of success:

The practice is very useful for girls students to improve their immunity levels

Problems encountered and sources required:

Nil



BEST PRACTICE 2

Title of the Practice: **Face Mask Making and preparation of sanitizer**

Objectives:

To encourage and motivate the students to learn how to stitch face masks and preparing sanitizer by mixing various types of chemicals.

To motivate the students involve more number participants in this practice

To prepare sanitizer and face masks themselves for their family and neighbors with low cost

The Context:

During the period of Covid-19(Corona Virus) pandemic the students aware that the importance of the face masks and sanitizer that's what our students participated in making face masks and sanitizer

The Practice:

The students practiced making different kinds of face masks and preparing sanitizer by using different types of chemicals.

The students got perfection in this practice during the period

The students prepared face masks and sanitizer distribute to all departments and provided for others to survive and protect from the covid-19

The Evidence of success:

The students show much interest in this practice and participated very enthusiastically.

Problems encountered and sources required:

NIL

