



Commissionerate of Collegiate Education  
TARA GOVERNMENT COLLEGE, SANGAREDDY (A)  
Re-Accredited with 'B' by NAAC  
ISO 9001:2015 certified

## National Service Scheme



## Vaccination Programme (COVID- Vaccine)



16<sup>th</sup>, 17<sup>th</sup> and 21<sup>st</sup> April 2021

*Dr. P. S. Rao*  
Principal & Chairman  
National Service Scheme  
Tara Government College(A)  
Sangareddy.

# Vaccination Programme (COVID)

## National Service Scheme (NSS 3 Units)

National Service Scheme (NSS 3 units), Tara Government College, Sangareddy (A) took initiation to vaccinate (Covid Vaccine i.e., (Co-Vaccine) all the teaching and Non-teaching staff at nearby Primary Health Centres, Sangareddy. with the help of DHMO SRD Dist. The staff 62 were vaccinated On 16<sup>th</sup>, 17<sup>th</sup> and 21<sup>st</sup> April 2021.

Principal FAC Smt. M. Praveena, Vice-Principals and all the staff extended thanks to NSS programme officers and volunteers who rendered their services in vaccination programme. NSS programme officers made an awareness programme on Covid Virus and vaccination (with Covi-shield and Co-Vaccine.)

**COVID-19 is a disease caused by a coronavirus called SARS-CoV-2.**

**COVID-19 is very serious and very contagious.** Since the COVID-19 pandemic first began in early 2020.

### Symptoms

People with COVID-19 report a variety of symptoms including fever, cough, and shortness of breath.

**Anyone – including children – can get COVID-19.** However, people 60 years and older and people with certain health conditions like heart disease, lung disease, diabetes and obesity are at higher risk of getting seriously sick with COVID-19.

A person with COVID-19 is contagious and can start spreading it to others starting 48 hours (2 days) **before the person has any symptoms or tests positive.**

Slow the Spread of COVID-19

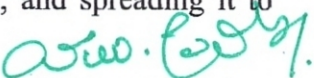
Stopping a pandemic like COVID-19 requires using ALL the prevention tools we have.

### Vaccines

COVID-19 vaccines work with your immune system so your body will be ready to fight the COVID virus if you are exposed to it. Getting a COVID-19 vaccine will also keep you from getting seriously ill even if you do get COVID-19.

### Masks, Social Distancing, Good Handwashing and Avoiding Indoor Spaces

Masks, social distancing, good handwashing, and avoiding indoor spaces as much as possible will help reduce your chance of getting the virus that causes COVID, and spreading it to others.

  
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- Wear a mask that covers your nose and mouth to **protect yourself and others** and stop the spread of COVID-19.
- Stay at least 6 feet (about 2 arm lengths) from others who don't live with you, particularly in crowded areas.
- Avoid indoor spaces as much as possible, particularly ones that aren't well ventilated.
- Wash your hands with soap and water for 20 seconds or use hand sanitizer with at least 60% alcohol.

## Testing for COVID-19

If you have symptoms of COVID-19 and want to get tested, You are suggested to call your healthcare provider first. You can visit your state or local health department's website to look for the latest local information on testing.

If you have symptoms of COVID-19 and choose to not get tested, it is important to stay home and away from others. **Find out what to do if you are sick**.

Learn more about testing for COVID-19.

## COVID-19 vs. Flu

Flu and COVID-19 are both **respiratory** illnesses that can result in hospitalization or death. Because some of the symptoms of flu and COVID-19 are similar, it may be hard to tell the difference between them based on symptoms alone, and testing may be needed to help confirm a diagnosis. View the differences and similarities between COVID-19 and flu.

## Virus Variants

There are multiple SARS-CoV-2 variants (the virus that causes COVID-19) that are circulating around world. Some of these variant viruses spread more easily and quickly, which may lead to more cases of COVID-19. An increase in the number of cases will put more strain on healthcare resources, which could lead to more hospitalizations, and potentially more deaths from COVID-19.

Experts are working to learn more about these virus variants to better understand them.

**So far, studies suggest that COVID-19 vaccines help protect against these virus variants.** This is being closely investigated and more studies are underway.

## COVID-19 Vaccines

Vaccination is the safest way to help you build protection against COVID-19. COVID-19 can have serious, life-threatening complications, and there is no way to know how COVID-19 will affect you. And if you get sick – even if you have no symptoms – you could spread the disease to friends, family, and other vulnerable people around you.

The Moderna and Pfizer COVID-19 vaccines that have been authorized for emergency use in the U.S. are **safe and effective**. ***The best COVID-19 vaccine to get is the one that is offered to you.***

- Pfizer-BioNTech – A COVID-19 vaccine made using mRNA technology. Two doses are required.
- Moderna – A COVID-19 vaccine made using mRNA technology. Two doses are required.

Even though COVID-19 vaccines are being developed more quickly than usual, **vaccine safety is still a top priority in all phases of vaccine development** (clinical trials), approval and post-approval monitoring. While steps are being streamlined or overlapped, none of them are being skipped. (Before authorizing\* and recommending for vaccines for emergency use in the U.S., both the FDA’s Advisory Committee (VRBPAC).

Update (April 14)

On April 13th, the Food and Drug Administration (FDA) and Centers for Disease Control and Prevention (CDC) recommended a pause in the use of the Johnson & Johnson (Janssen) COVID-19 vaccine due to *six reported U.S. cases of a rare and severe type of blood clot called cerebral venous sinus thrombosis (or CVST) COMBINED WITH low levels of blood platelets (thrombocytopenia) after getting the J&J COVID-19 vaccine.* All cases were in women between 18 and 48 years old, and their symptoms started 6 – 13 days after getting the J&J COVID vaccine.

Advisory Committee on Immunization Practices (ACIP) – recommended that *the pause in use of the Johnson & Johnson COVID-19 vaccine continue* while experts further study this complication after vaccination with the J&J COVID-19 vaccine. Read more about this on our [Shot of Prevention \(SOP\) blog](#).

If you are scheduled to receive the J&J vaccine, please contact your healthcare provider, vaccination location, or clinic to learn about other available COVID-19 vaccines.

Where Get COVID-19 Vaccines?

Each state/territory (or city or county) is making the decision of exactly how their COVID-19 vaccines will be given out. Click [here](#) to find the COVID-19 COVID-19 vaccine information on the website for your state.

- [Vaccinefinder.org](#) to see where **COVID-19 vaccination appointments are available in your area.** (In some states, information may be limited while more vaccination providers and pharmacies are being added.)
- **Your local pharmacy’s website to see if COVID vaccine appointments are available.** To see which pharmacies are administering COVID-19 vaccines to eligible people, Most pharmacies are using online scheduling systems to schedule vaccination visits for eligible people based on their limited available vaccine supply.
- **Your local news.** They may have information on how to get a vaccine near you.

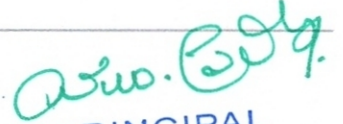
Q. If one is taking medicines for illnesses like Cancer, Diabetes, Hypertension etc, can s/he take the COVID-19 vaccine and/or If I suffer from HTN/DM/CKD/heart disease/lipid disorders etc., can I safely take this vaccine??

Ans. Yes, persons with one or more of these comorbid conditions are considered among the high-risk category. They need to get COVID-19 vaccination. Overall, the vaccine is safe and efficacious in adults with comorbidity. The maximum benefit of getting the COVID-19 vaccine is for those who have such co-morbidities. However, if you are concerned for any specific reason, please consult your doctor.

## ఎన్ఎస్ఎస్ అధ్యర్థంలో సామూహిక టీకాలు

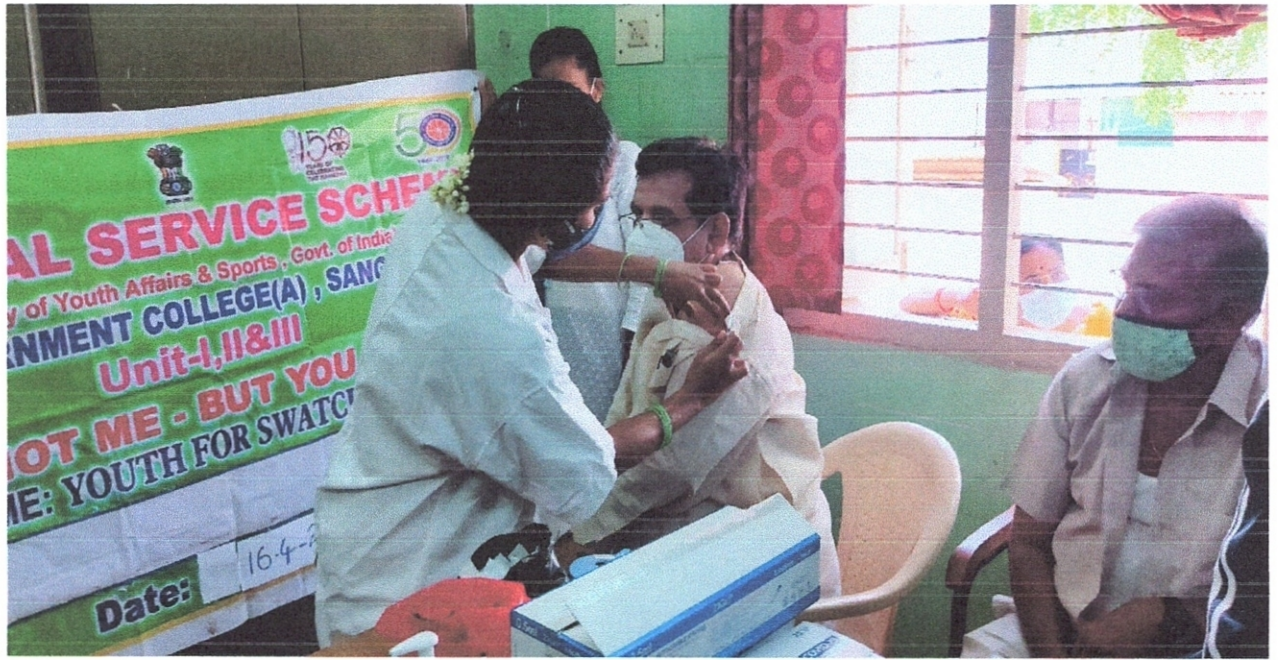
సంగారెడ్డి కలెజ్ కేంపస్, ఏప్రిల్ 17: రాష్ట్ర ప్రభుత్వ ఆదేశాల మేరకు స్థానిక తారా ప్రభుత్వ డిగ్రీ కళాశాల ఎన్ఎస్ఎస్ యూనిట్లు 1,2,3 విభాగాల అధ్యర్థంలో సామూహిక టీకాలు వేయించుకున్నారు. రెండు రోజులుగా 50మంది అధ్యాపకులు, అధ్యాపకేతర సిబ్బంది స్థానిక అర్బన్ హెల్త్ సెంటర్లో కోవ్యాక్సిన్ టీకా వేయించుకున్నారు. కళాశాల ప్రిన్సిపాల్ మాట్లాడుతూ రాష్ట్ర వైద్య ఆరోగ్య శాఖ ఆదేశాలనుసారం 45 ఏండ్ల వయసు దాటిన ప్రతి ఒక అధ్యాపకుడు, అధ్యాపకేతర సిబ్బంది టీకా వేయించుకోవాలని సూచించారు. కొవిడ్ నిబంధనలు పాటిస్తూ కళాశాల నుంచే అధ్యాపకులు విద్యార్థులకు ఆన్లైన్ తరగతులు నిర్వహిస్తున్నారని పేర్కొన్నారు. త్వరలోనే కొవిడ్ మహమ్మారి నుంచి విజయం సాధించాలని ఆమె ఆకాంక్షించారు.

Namaste Telangana  
18.4.2021

  
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