#### 7.2 Best Practices

# 1. Self- Defence Techniques

**Context:** A student of the college, named E.Akhila is trained in Karate. She has excelled the techniques of self-defence and reached glorious heights in the marshal arts. She has achieved many laurels and has been selected for international participation. Self- protection is indispensable in times of troubles whether it be boys or girls. The attacks from others are unpredictable. Protection from others may not be available always. In this context self-defence is mandatory.

**Practice:**We have organized a training programme in the college for other girl students. Ms.Akhila has demonstrated the self-defence techniques to about 100 girl students in the college. It is also resolved to extend financial assistance to the girl for her participation in the international competitions.

**Evidence of success:** After having attended the demonstration classes on self-defence techniques by Akhila, many students are found to be exhibiting courage to face any eventualities. The demonstration of Akhila's techniques has boosted their confidence levels.

## 2. Orientation to villagers on Central and State Government schemes:

**Context:** Many villagers are not aware of the welfare schemes introduced by the central and state governments. They are misled by mediators. The illiterate villagers are exploited by the brokers. In this context, an awareness campaign is found to be necessary. Taking this into account, The NCC cadets of our college visited a village, named Choupal.

**Practice:** They organised an orientation programme on various Central and State Government schemes for the villagers. The villagers were explained as to how to make the best use of various schemes introduced by the Government for the welfare of the socially and economically backward sections of the society.

## **Evidence of success:**

It is observed that the parents of the students of our college are now able to make the best use of the schemes introduced by the government unlike in the past. The discussion of the students during their interaction with the faculty is an ample evidence of the success if the programme.

## 3. E-waste management activity:

It is identified that there is a lot of unused and unusable equipment in the office and laboratories. It is observed that a lot of space is occupied by the waste material. In this context, it is resolved to dispose off the e-waste and a tender has been called for its disposal.

Practice: Tenders have been called for its disposal. The e- waste has been sold off to the buyers by auctioning. The useful parts of celectronic gadgets like capacitors, diodes, and transistors, etc have been removed from the gadgets for re-using for practical purposes.

# 4. A philanthropic activity for Communal Harmony:

It is a known fact that a number of soldiers sacrifice their lives for the sake of the nation. Identification of their valuable services is necessary. The students are also expected to have awareness about their sacrifices since their services are meant for the welfare of the people and nation at the cost of their own families. In this context the NCC Wing of our college has resolved to take up activity for their welfare. Practice: The NCC Cadets of our college have visited many philanthropists and donors and explained the great sacrifices of the martyrs. An amount of Rs.8300 has been collected from various people. The collected amount has been handed over to The NCC officer.

Evidence of success: It is observed that the NCC cadets won appreciation from one and all for their useful activity.

### 5. Legal Awareness Programme:

It is a known fact that majority of people are ignorant regarding legal matters. They are prone to tension and fear when the problems arise. They have little knowledge about legal affairs and approaches.

Practice: In view of this problem, A Legal Awareness Programme has been organized in the college. An eminent advocate Sri.Laxmana Chary has been invited as a resource person. He gave a detailed account of the problems encountered by people due to lack of knowledge on legal issues. He cited various examples of the cases. He created awareness among the people.

Evidence of Success: It is observed that students and faculty have gained knowledge about legal issues after having listed to the extension lecture by Sri.Laxmana Chary.

# 6. Soft and Technical Skill Development

#### The Context:

The employability is one of the biggest challenges for UG education and institutions for graduating students. The primary reason for this is the lack of skill set as per the need of industry; it may be due to complete disconnecting between industry and academic institutions. The curriculum was also not designed as per the need of industry. So there is an dire need to provide the skill sets (both technical as well as non-technical skills) so that the students can meet the challenge.

### The Practice:

The college has taken corrective measure to meet the need for improving employability of students through setting up a separate Entrepreneurship Development Programme Cell as well initiated various skill-oriented programs in the campus, so that students can easily be placed or can opt of higher studies. Some of the efforts made in this direction are briefly described here

#### **Evidence of Success:**

Soft skills are identified to be core areas for gaining employment in both government and private sector now. The initiatives and measures taken by the college help students to upgrade their technical and non-technical skills improving the employability of students/ promote to pursue the higher studies. The college placements have been steadily improving in terms of number of companies coming to campus,