



RUDRAMA



Women Empowerment Cell , KGC Hanumakonda , Half Yearly News Letter

ABOUT US



The **Women Empowerment Cell** was established in the college in 2008 with a noble objective of uplifting women in all aspects. According to Dr. B.R Ambedkar Gender equality, gender mainstreaming, leaderships, financial freedom, women education are the essential aspects of women empowerment. The vision of Dr. B. R Ambedkar will turn into reality only when a woman is educated and empowered.



Women Empowerment Cell & Editorial Board

- | | |
|----------------------------|--------------------|
| 1. Dr. G. Raja Reddy | Principal |
| 2. Dr. B. Indira Nainadevi | Coordinator/Editor |
| 3. Dr. G. Leelavathi | Member |
| 4. Smt. K. Sunitha | Member |
| 5. Smt. G. Sujatha | Member |
| 6. Smt. G. Chandrakala | Member |

The objectives

- 1) To promote and enhance the capacities of the girl students by organizing Seminars/ Conferences and Workshops on different women related issues.
- 2) To provide advice and guidance for their Career development.
- 5) To organize Extension lectures and Scholarly talks on gender issues, women health & hygiene and women rights.
- 6) To celebrate the women related National and International days to commemorate the services of women and their struggle for better society.
- 7) To organize literary and cultural activities for girls and encourage them to participate.

01



One day Seminar on **"Women Education: Issues and Challenges"** was organized on 03.01.2022 on the eve of Savitri bai Phule Birth anniversary. The objective of the seminar is to create awareness on Women education and the arising issues and challenges in women education. The Principal Dr. K. Mallesham explained the social apathy, gender bias and Gender-based violence in all of its forms work to hold girls back from accessing quality education.

Ch. Sai Kumar BA II Year, explained the views of Dr. B. R. Ambedhakar on Women Education. He mentioned the ideology of Baba Saheb that Buddhism promotes equality, self-respect and education. Dr. B. R Ambedkar believes that Buddha treated women with respect



Dr. A. Madhusudhan Reddy, Assistant Professor of Political Sciences discussing the views of Dr. B. R. Ambedhakar on women education



02

Gender Inequality in India

Gender inequality in India is a multifaceted issue and deeply rooted in patriarchy system. Promotion of gender equality inevitably challenges patriarchy. To create awareness on this issue the Women empowerment cell organized an awareness programme on Gender inequality in India: causes and protection on 14.02.2022. The Resource person Dr. K. Sunitha explained the reasons for lower status of women in India. The Vice Principal Dr. A. Sanjeevaiah urged the importance of Women education to tackle this social Issue.



03

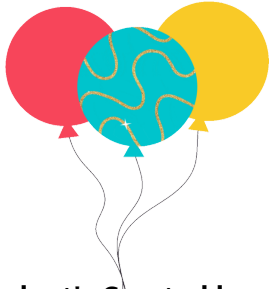
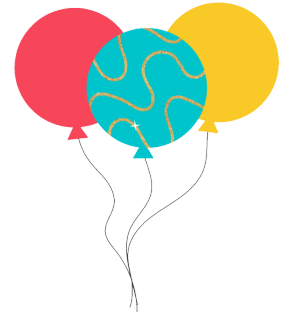
A Symposium "**India's Most Inspirational Women Writers**" was organized on 15.02.2022. The Resource Person Dr. E. Satyanarayana, Assistant Professor of English explained the literary works of Toru Dath a young lady lived for only 21 years. Dr. A. Madhusundhan Reddy, Assistant Professor of Political Science made a book review of God of Small things and discussed Arundhati Roy's views. G. Chandrakala explained the ideology of Smt. Volga and Smt. Sudhamadhuri explained the literary works of Yaddanapudi Sulochana Rani, and how their works initiated debates across the nation on feminism



04

The Women Empowerment Cell organized a *one* "**Workshop on Women's Unpaid Work: A Never Ending and Thankless Cycle**" on 07.03.2022 in the Seminar Hall. The objective of the workshop is to make the participants to be empathetic towards the unpaid work of women. The Principal Dr. K. Mallesham analyzed the unpaid works of Women and how their works are underestimated by the society. He pointed out the humiliations faced by the women. The Resource Person Dr. G. Renuka explained the invisible services of women, which are unrecognized and unremunerated.





Student's Created logo of Gender equality on 07.03.2022



05

The Women Empowerment Cell conducted an awareness programme on Women Education in connection with the Death Anniversary of Smt. Savithri bai Phule. The students and faculty members offered floral tribute the legendary person on 10.03.2022. The Principal Dr. K. Mallesham, Women Empowerment Coordinator Dr. B. Nainadevi, WEC members and students participated in the programme.



06



The Department of Zoology and Health club conducted an awareness programme on Menstrual Health & Hygiene on 27.04.2022. The Resource Person T. Niharika, Counselor, Personal hygiene and health explained the menstrual cycle and need to maintain the personal hygiene. Dr. B. Nainadevi Coordinator, Women Empowerment Cell explained the Social taboos and blind beliefs of the people on Menstrual cycle and how they lower the status of Women on 27.04.2022



Pioneer of Women education

Savitribai Phule is often considered as the mother of Indian feminism. In fact, many call her as pioneer of Women education. She established the first school for women. Savitribai was born in a small village Naigaon, in the state of Maharashtra, India. Savitribai was married to Jyotirao Phule in 1840 at the age of nine and become a child bride. Along with her husband she fought against the social evils and worked hard to improve the status of women in the society.

The Women Empowerment Cell salutes her, for her commendable services in the field of women education.





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Hence Women empowerment Cell creates a platform for women and encourages them to participate actively in curricular and co curricular activities along with other gender sensitization programmes specially designed for them

WOMEN EMPOWERMENT CELL

- | | |
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| 1. Dr. G. Raja Reddy | Principal |
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| 6. Smt. G. Chandrakala | Member |

Editor In-Chief: Principal Dr G . Raja Reddy



- *First woman teacher of India*
- *Built India's first all women's school*
- *Built a well in her home for untouchables*
- *Took care of child widow*



OBJECTIVES

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TRAINING ON MEHANDI DESIGNING

The Women Empowerment Cell conducted Two day training classes for girls on Mehendi Designing from 22.07.2022 to 23.07.2022 in the virtual room. The Resource person Deeba Fathima explained the variety of Mehendi designs such as Arabic and floral. The IQAC Coordinator Dr. B. Ramesh emphasized the need of empowering the women through income generating activities.

The Coordinator of Women Empowerment Cell Dr. B. Nainadevi provided the Mehendi cones and encouraged the students to utilize the opportunity. The women faculty members and students participated in the training programme.



WORKSHOP ON BREAST AND CERVICAL CANCERS: RISK FACTORS, SYMPTOMS AND LAY BELIEFS

The Women Empowerment Cell Organized a “Workshop on Breast and Cervical Cancers: Risk Factors, Symptoms and Lay beliefs” on 30.07.2022 in the Virtual Room. The objective of the programme is to enable the participants to know the reasons, symptoms and medication of the diseases. The In charge Principal Dr. A. Sanjeevaiah explained that ignorance and low medical facilities caused the upsurge of Breast and Cervical cancers cases in rural areas.

The Resource Person Dr. Mayuri, MS (OBG) (MRCOG) fellow in Infertility Obstetrician & Gynecologist explained the lay beliefs, knowledge and attitude towards Breast and Cervical Cancers. She also explained the symptoms of cervical cancer.



BREAK THE SILENCE

While answering the queries of the participants, Dr. Mayuri explained the gynecological signs and symptoms that may require medical attention and urged the need for Breaking the Silence.

Dr. Mayuri emphasized importance of immune system. She said that, immune system plays a crucial role in eradicating cancer cells and reducing their growth.



RAKSHA BANDHAN

The Women Empowerment Cell celebrated Raksha Bandhan on 12.08.2022 in the Virtual Room. The objective of the programme is to create a healthy and cordial relationship between the faculty members. The Principal Dr. G. Raja Reddy explained the need of cordial atmosphere at working place and congratulated the members of Women Empowerment Cell for organizing a good programme.



The Vice Principal Dr. A. Sanjeevaiah explained the need and importance of socialization and social harmony and how festivals contribute immensely to feelings of Social cohesion.

The Principal Dr. G. Raja Reddy, Vice Principal Dr. A. Sanjeevaiah, IQAC Coordinator Dr. B. Ramesh, faculty members, Non - teaching staff and women lecturers participated in this programme.



Women Faculty members participated in the programme with pomp and joy. They tied the sacred threads to the Lecturers.





NAVEENA

The IQAC of the college initiated an innovative programme “Naveena” to encourage the students to come up with new ideas of entrepreneurship. This programme was conducted in association with Women Empowerment Cell on 02.09.2022 in virtual Room. All the women faculty members encouraged the girl students to come up with an idea of income generating activity which is feasible, cost effective and profitable.

The in charge Principal congratulated the WEC Members for their active role in the programme. He mentioned that, globalization and online marketing opened the doors of marketing for locals. He mentioned that with the basic computer skills and innovative products, rural women can also participating in the global markets.



The IQAC coordinator Dr. B. Ramesh Babu discussed the opportunities in small scale business and online marketing. The WEC coordinator Dr. B. Nainadevi acted as a facilitator of the programme.



NUTRI CEREALS

The Women Empowerment Cell organized a Workshop on Nutri Cereals on 07.09.2022 in the virtual room. The objective of the programme is to enable the students to know the nutritional values of millets. Speaking on the occasion Dr. A. Sanjeevaiah, Vice Principal stressed the importance of coarse cereals. He mentioned that the green revolution concentrated on high-yielding and high-input crops like wheat and rice, which led to policies that favoured their cultivation.

POSTER PRESENTATION

The Students made a poster presentation on Nutritional values of Millet's and explained how they are superior to Rice and Wheat in terms of nutrition



G. Chandrakala Assistant Professor of Telugu explaining the Traditional food items made by the millets and also urged the students to avoid Junk and processed food to prevent from hormonal imbalances in teenage.

పోషక విలువలు కలిగిన ఆహారం తీసుకోవాలి

కేయా క్యాంపస్, సెప్టెంబరు 7: అందరూ పోషక విలువలు కలిగిన ఆహారం తీసుకోవాలని హనుమకొండ కాకతీయ ప్రభుత్వ డిగ్రీ కళాశాల వైస్ చైర్మన్ పాల్ డాక్టర్ అలువాల సంజీవయ్య సూచించారు. బుధవారం కళాశాలలో పోషకాహార అవగాహన వారోత్సవాల్లో భాగంగా 'చిరుధాన్యాలు.. పోషక విలువలు' అనే అంశంపై సదస్సు జరిగింది. ఈ సందర్భంగా వైస్ చైర్మన్ పాల్ సంజీవయ్య మాట్లాడారు. పోషక విలువలు కలిగిన చిరుధాన్యాలను వినియోగించాలని అన్నారు. ఎన్ఎస్ఎఫ్

న కోఆర్డినేటర్ డాక్టర్ ఎం.రాంబాబు మాట్లాడుతూ.. అస్తవ్యస్తమైన జీవనశైలితో మగ్గర్, బీప్, క్యాన్సర్ వ్యాధులకు గురువుతున్నామని ఆందోళన వ్యక్తం చేశారు. ఈ సందర్భంగా కళాశాల విద్యార్థులు పోస్టర్ ప్రదర్శనతో చిరుధాన్యాలలో ఉన్న పోషక విలువలను వివరించారు. కళాశాల రసాయనశాస్త్ర అధ్యాపకురాలు కె.సునిత చిరుధాన్యాలలో తయారు చేసిన వంటకాలను వివరించారు. కళాశాల మహిళ సాధికారత సమితి కోఆర్డినేటర్ డాక్టర్ బినైనాదేవి, డాక్టర్ జి.లీలావతి, జి.చంద్రకళ,



మాట్లాడుతున్న కేడీసీ వైస్ చైర్మన్ పాల్ సంజీవయ్య కె.సునిత, జి.సుజాత, బి.సునిత, బి.సుధామాదురి ఉమాకిరణ్, మాధవి, శ్రీదేవి పాల్గొన్నారు.

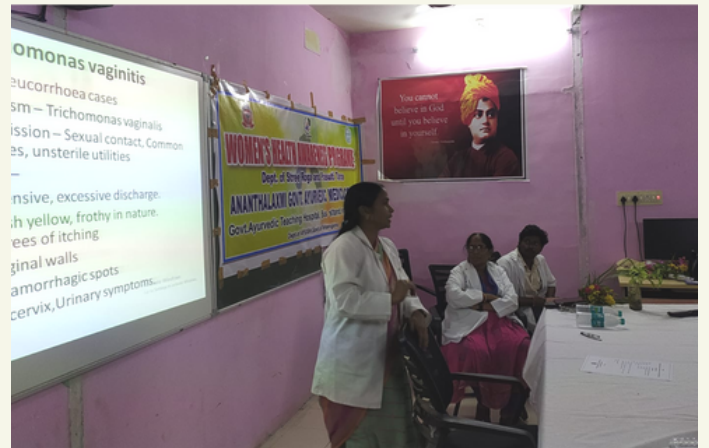
AWARENESS PROGRAMME ON WOMEN HEALTH CARE & MEGA HEALTH CAMP

An awareness Programme on Women Health Care and a Mega Health camp was conducted in collaboration with Anantha Lakshmi Government Ayurvedic Medical College, Warangal on 21.10.2022. The Principal Dr. G. Raja Reddy in his opening remarks mentioned that women are always prone to deadly diseases due to malnutrition.



DOCTOR COUNSELING

The Resource person Dr. M. Shirisha, Associate Professor of Gynecology (Ayurvedic) explained the reasons for Candidiosis, Trichomonas Vaginitis, and reasons for infertility. Further she provided medical counseling to the participants and supplied the medicines.





మహిళ ఆరోగ్యమే కుటుంబ ఆరోగ్యం

గిర్వాజీవల ఆక్టోబరు 21 : మహిళ ఆరోగ్యంగా ఉంటేనే కుటుంబం ఆరోగ్యంగా ఉంటుందిని వరంగల్ అసెంబ్లీ ప్రభుత్వ ప్రయత్న వైద్య కళాశాల ప్రీ వ్యాపలు, ప్రసూతి విభాగం అసోసియేట్ ప్రొఫెసర్ డాక్టర్ ఎం.శిరీష అన్నారు. 21వ జరిగే జాతీయ ఆయుర్వేద దినోత్సవం సందర్భంగా శుక్రవారం హనుమకొండలోని కాకతీయ ప్రభుత్వ డిగ్రీ, పీజీ కళాశాలలో వరంగల్ ప్రభుత్వ ఆయుర్వేద వైద్య కళాశాల, ప్రభుత్వ ఆయుర్వేద ఆస్పత్రి సంయుక్త ఆధ్వర్యంలో మహిళా ఆరోగ్య అవగాహన సదస్సు, ఉచిత వైద్య శిబిరం నిర్వహించారు. కార్యక్రమంలో అసోసియేట్ ప్రొఫెసర్ డాక్టర్ శ్రీదేవి, సీనియర్ మెడికల్ ఆఫీసర్ డాక్టర్ జగన్మోహనచారి, పార్సినస్ శ్రీలక్ష్మి, జూనియర్ వైద్యులు భరత్, బాధ్య, సురేష్ పాల్గొన్నారు.

Date: 22/10/2022, Edition: Warangal District, Page: 13
Source : <https://epaper.andhrajyothy.com>

The Principal Dr. G. Raja Reddy, Women Empowerment Coordinator Dr. B. Nainadevi, faculty members, students and near by colonies people were present in the prgramme.

FREE DISTRIBUTION OF MEDICINES

The Medical students of Anantha Lakshmi Ayurvedic College distributed the medicines freely to the persons. Not only the college students, faculty members and non teaching staff but also near by colonies people also utilized the opportunity and received medical help.

కాకతీయ కళాశాలలో

ఆరోగ్య అవగాహన సదస్సు

హనుమకొండ చౌరస్తా, అక్టోబర్ 21: హనుమకొండ కాకతీయ ప్రభుత్వ కళాశాలలో మహిళా సాధికారత సమితి ఆధ్వర్యంలో శుక్రవారం మహిళల ఆరోగ్యం అనే అంశంపై అవగాహన సదస్సు, ఉచిత ఆరోగ్య శిబిరాన్ని నిర్వహించారు. ఈ సందర్భంగా కళాశాల ప్రిన్సిపాల్ జి.రాజారెడ్డి మాట్లాడుతూ ఆధునిక జీవనశైలితో మధుమేహం, పీసీఓడి, ఎల్డీలు, అనేక శారీరక, మానసిక రుగ్మతలకు గురవుతున్నారని తెలిపారు. అనంతలక్ష్మి ఆయుర్వేద మెడికల్ కాలేజీ అసోసియేట్ ప్రొఫెసర్ ఎం.శిరీష మాట్లాడారు. కళాశాల విద్యార్థులకు, అధ్యాపకులకు ఆరోగ్య పరీక్షలకు నిర్వహించి ఉచితంగా మందులకు సరఫరా చేశారు. వైస్ ప్రిన్సిపాల్ ఏ.సంజీవయ్య, ఐక్యూఎసీ కోఆర్డినేటర్ బి.రమేష్, మహిళాసాధికారతా సమితి సమన్వయకర్త బి.వైనాదేవి, జి.లీలావతి, రాధిక, శ్రీదేవి, కె.జగన్మోహనాచారి పాల్గొన్నారు.



కార్యక్రమంలో మాట్లాడుతున్న డాక్టర్ శిరీష



The Students performed the flash mob and created an awareness on Women education. The freshers also joined the programme and performed the dances. The Principal congratulated the WEC members for organizing the programme in a systematic manner.

FLASH MOB

A Flash Mob was organized for new comers on 07.11.2022 to create awareness on Women Education. This programme is aimed to create a fearless and healthy environment for girl students. On this occasion the Principal Dr. G. Raja Reddy gave an assurance to provide a ragging free environment in the college. The WEC Coordinator Dr. B. Nainadevi, faculty members and students participated in the programme.



INSPIRATIONAL INDIAN WOMEN



Indira Gandhi was an Indian Politician and considered as an Iron Lady of India. She was famous as well as criticized for her strong decisions. She was a prominent politician and first female Prime Minister of India. In her tenure she nationalized the banks, implemented the Twenty Point Programme and control the terrorism. Garibi Hatao Desh Bachao ("Remove poverty, rescue the country") was the theme and slogan of Indira Gandhi's 1971 election campaign. She was assassinated by her body guards on 31 October 1984 at her residence in Safdarjung Road, New Delhi.

She has left an indelible mark on India's history through her bravery. The Women Empowerment Cell salutes the courage of Smt. Indira Gandhi and her commendable services in the field of Politics

