

**GOVERNMENT DEGREE COLLEGE FOR WOMEN, BEGUMPET  
HYDERABAD-500016**

**(Autonomous – Affiliated to Osmania University)**

**SELF DEFENCE PROGRAM**

**TELANGANA POLICE**

**Dt.24-10-2021**

On the occasion of 7<sup>th</sup> Anniversary of SHE TEAMS, Telangana Police, initiated by the students from various groups of Govt. Degree college for Women, Begumpet participated in the Self Defense program at Tank bund, Hyderabad. Students were trained by the Mr. Devender, self defence trainer and coordinator for SHE TEAMS, Telangana state Police.

The program was organized Women Empowerment Cell in collaboration with Physical Department and Journalism Department under the guidance of honourable Principal, Dr. K. Padmavathi and Women Empowerment Committee, Convener Dr. P.S.Rajani and the members Dr.K Praneetha, Mrs. Shilpa vally, PD, Dr. Kamala and Dr. Madhuri. The program was started with classical dance by Sathvika, BA III year and followed by Zumba dance. Later students presented self defence feats and it was air rock performance. Then after our students presented skit on sexual harassment on women in the society and how to get rid and protect themselves through self defence. This program was appreciated by all and specially by City Civil Court Judge Honourable judge Muralimohan sir and SHE TEAM incharge, Mrs. Sumathi, IPS.

Later certificates were distributed to the college as well as students to encourage their inner sportiveness.

No. of Students Participated:127

No. of Teachers Participated:5











## STUDENT SELF DEFENCE CAMPAIGN

Dt.5-11-2021 to 7-11-2021



Afshan Ahmedi (SHE Team Member), BSC (BtZC)III year along with Devender and team (National Coach in Taekwondo and Coordinator SHE Team) have started a campaign of promoting Self Defence in every platform under the Guidance of B.Sumathi madam, IPC SHE TEAM Telangana State, Lakdikapul.

Her first Campaign was in Zikra High School Somagiguda, it was a 3 days campaign where she showed about the importance of self defence to girls and taught them the skills and tricks to use it whenever it is necessary.

They successfully completed the 3 days campaign and they were perfect in all the moves.



# PAN INDIA AWARENESS AND OUTREACH CAMPAIGN REPORT

**Dt.13-11-2021**

This program was conducted as a legal service camp module in coordination with the City Civil Legal Services Authority and Metropolitan Legal Service Authority Hyderabad. The Chief Guests of this program was hon'ble Justice Dr.Smt C.Sumalatha (judge, High Court for the State of Telangana) Hon'ble Justice Sri N.Tukaramji (Judge, High Court for the State of Telangana) Guest of honour: Smt Renuka Yara Member Secretary (District and Sessions judge).

Students of GDCW Begumpet were invited to participate in skit to promote the Importance and Value of Women in each and every field as well as a housewife through the skit played on the song Maguva Maguva. Our students successfully conveyed the message to everyone through the skit and earned a Memorandum from City Civil Legal Services Authority and Metropolitan Legal Service Authority Hyderabad.

No. of Students Participated:13









# INVITATION

Under the aegis of National Legal Services Authority, New Delhi  
and  
Telangana State Legal Services Authority



## PAN INDIA AWARENESS AND OUTREACH CAMPAIGN

City Civil Court Legal Services Authority  
and  
Metropolitan Legal Services Authority, Hyderabad  
cordially invite you to the inauguration of

# LEGAL SERVICES CAMP MODULE

on 13<sup>th</sup> November, 2021, Saturday from 9.30 a.m. onwards  
at  
SVIT Auditorium (Mahaboob college campus) near Clock Tower,  
Secunderabad

### Chief Guests

**Hon'ble Dr. Smt Justice C.Sumalatha**  
Judge, High Court for the State of Telangana  
and

**Hon'ble Sri Justice N.Tukaramji**  
Judge, High Court for the State of Telangana

### Guests of Honour

**Smt Renuka Yara,**  
Member Secretary  
(District & Sessions Judge)  
Telangana State Legal Services Authority  
Hyderabad

**Dr. Yogita Rana, IAS**  
Commissioner  
Scheduled Caste Development  
Department

**Sri Lokesh Kumar D.S., IAS**  
Commissioner,  
Greater Hyderabad Municipal Corporation

**Sri L.Sharman, IAS**  
District Collector  
Hyderabad

**Sri Anjani Kumar, IPS**  
Commissioner of Police  
Hyderabad

**Sri M.Lingam Narayana**  
President  
Bar Association  
City Civil Court, Hyderabad

**Sri Madhu Shekar Lingam**  
President  
Bar Association  
City Criminal Courts,  
Nampally, Hyderabad

**K.Prabhakara Rao**  
Chief Judge (FAC)-cum-  
Chairman, City Civil Court  
Legal Services Authority  
Hyderabad

**B.Suresh**  
Metropolitan Sessions Judge (FAC)-  
cum-Chairman  
Metropolitan Legal Services Authority  
Hyderabad

**K.Murali Mohan**  
Senior Civil Judge-cum-Secretary  
City Civil Court Legal Services Authority

**Radhika Jaiswal**  
Senior Civil Judge-cum-Secretary  
Metropolitan Legal Services Authority

## **Self Defence -Tournaments**

### **Dt.08-12-2021**

Keeping in view of safety of girl students Govt.Degree College for Women, Begumpet - Women Empowerment Cell has taken up an initiation to start a Self Defense Certificate Course dt.08-12-2021 so that the girl students in any undue situation also should be in a position to protect themselves.

Self Defence Certificate Course in karrasamu and taekwondo has started under Women Empowerment Cell in collaboration with Guru Krupa Foundation and duration of this course is 90 days. The foundation has come forward to conduct classes on Karrasamu and Taekwondo techniques. we have followed strategy of selecting students from first years so that the same students in turn give training to the following next year students also. The trainers are Mr.Vinod,Mr.Arjun,Ms.Rushikaand Mr.Sampath.

The training is organized in zero hours from 9.00AM to 10.00AM under the supervision of Women Empowerment Cell Chairperson Dr. K.Padmavathi,Principal, Convener Dr.P.S.Rajani and the membersDr. A.Madhuri,Dr.Shilpa Vall,Dr.K.Kamala,Dr.K.Praneetha and Dr.D.Padmaja.

56 students from self defence. Certificate course Karresamu participated in Block level competitions in sports and karrasamu techniques organized by Guru K rupa Shikshana Kendram in collaboration with Nehru Yuva Kendra and won the medals and certificates and were received by Ms.Khushbu Gupta,District Youth Officer ,Hyderabad,Nehru Yuva Kendram(Ministry of Youth Affairs and Government of India.

Students won **15 Gold medals, 10 Silver and 10 Bronze medals** in Karrasamu, Kho-Kho and Kabaddi competitions.

## **Guru krupa Shikshana Kendram**

Respected Ma'am

We **GKSK FOUNDATION** in collaboration with **NEHRU YUVA KENDRA** under the supervision of

**MINISTRY OF YOUTH AFFAIRS AND SPORTS** is conducting district level Taekwondo sparring and Karrasamu Poomsae Tournament on 26-12-2021 and 27-12-2021 at our main institute in **SHARADA NAGAR COMMUNITY HALL GUDIMALKAPUR, MEHDIPATNAM, HYDERABAD, TELANGANA**. We request you to send the interested students to the tournament.

Please inform this to all the college students.

**Date : 26-12-2021 and 27-12-2021**

**Place: SHARADA NAGAR COMMUNITY HALL  
GUDIMALKAPUR MEHDIPATNAM HYDERABAD  
TELANGANA**

**Timings: Morning 9 am to evening 5 pm**

*[Handwritten Signature]*

*Vandana H  
22/12/21*

**PRINCIPAL**  
Govt. Degree College for Women  
Begumpet, Hyderabad





नेहरू युवा केंद्र, हैदराबाद, तेलंगना

NEHRU YUVA KENDRA, HYDERABAD DISTRICT, TELANGANA

In collaboration with

**GURU KRUPA SHIKSHANA KENDRAM (GKSK - FOUNDATION)**

युवा मामले और खेल मंत्रालय, भारत सरकार

(Ministry of Youth Affairs Affairs & Sports, Govt. Of India)

# BLOCK LEVEL SPORTS MEET

DATE: 27 DECEMBER - 2021

VENUE KHAIRATABAD BLOCK















POCO  
SHOT ON POCO M2 PRO

**Self Defence - Karrasamu and taekwondo  
Certificate Course  
Dt.08-12-2021**

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## **Guru Krupa Shikshana Kendram**

To  
The Principal  
Govt. Degree college for Women,  
Begumpet, Hyderabad,  
Telangana.

### **Sub: Declaration of 90 days self-defence camp**

Respected Ma'am

We GKSK FOUNDATION is conducting a 90 days self defence camp in your college . We have started taking classes from 1-12-2021 . This camp will include Taekwondo, karrasamu and self defence classes. The classes will be on Every Wednesday, Thursday and Friday in the morning from 9 a.m. to 10 a.m.

At the end of the camp we'll provide course completion certificate to all the students.

We will also take the students to various level tournaments and other events.

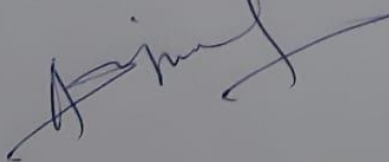
We will surely give a strong performance on any event happening in the college as you said earlier with the college team girls.

As per your request we will definitely conduct the same 90 days camp in your college every year from now!

Thanking you

Yours sincerely

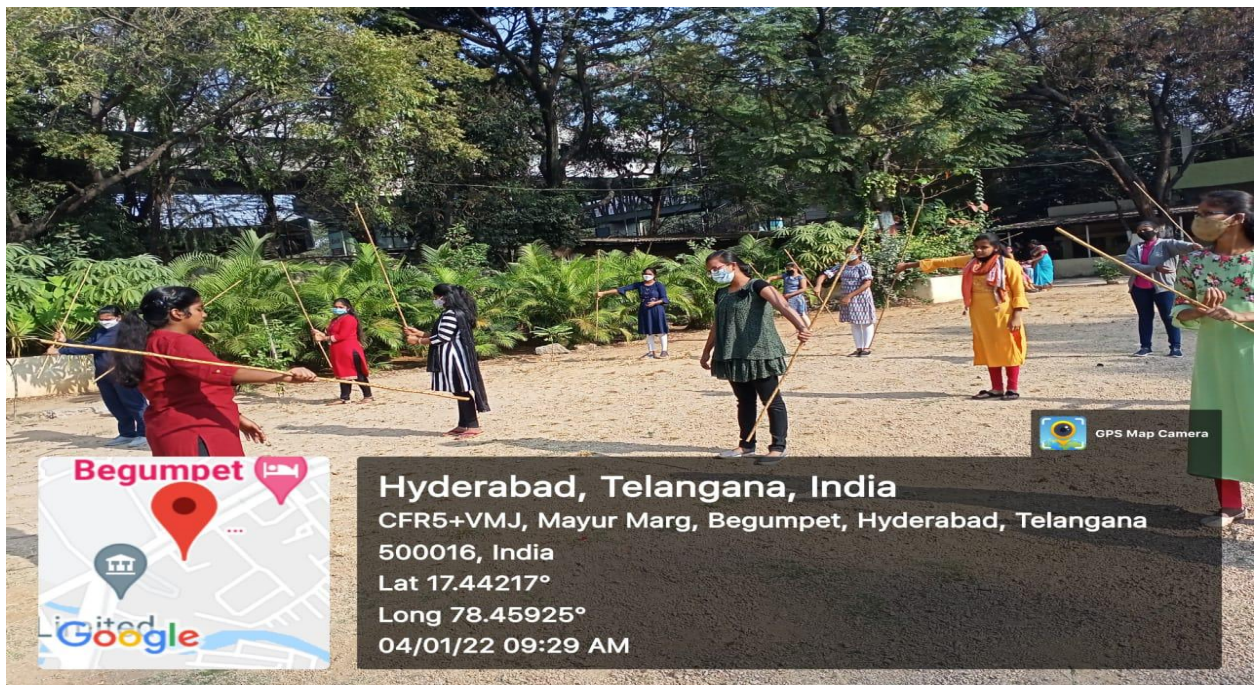
GKSK FOUNDATION







**Hyderabad, Telangana, India**  
CFR5+VMJ, Mayur Marg, Begumpet, Hyderabad, Telangana  
500016, India  
Lat 17.442176°  
Long 78.459243°  
04/01/22 09:29 AM



**Hyderabad, Telangana, India**  
CFR5+VMJ, Mayur Marg, Begumpet, Hyderabad, Telangana  
500016, India  
Lat 17.44217°  
Long 78.45925°  
04/01/22 09:29 AM





**Hyderabad, Telangana, India**  
1-10-166, Mayur Marg, Begumpet, Hyderabad, Telangana  
500016, India  
Lat 17.441906°  
Long 78.459714°  
20/12/21 09:23 AM



## Student Self Defence Campaign

Dt.08-03-2022

One more mile stone for Women empowerment cell, Government degree college for women,Begumpet,Hyderabad,as our student is rendering services for self defence campaign for Telangana State. On the eve of International Women’s Day,dt.08-03-2022,Afshan Ahmed ,BTZC IIIyr at Railways ground, Secunderabad promoted self defence campaign and received momento from SHE TEAM,TS. She is working for SHE TEAM, Telangana state as volunteer along with the self defence coordinator for Telangana state, Mr.B.Devender. She gave a speech on how the self dence helps in undue situation for a girl. She also added that adaptability is the main cause for a girl as to meet the emerging needs in our daily life .we can’t sit at home idle to protect and progress our family we need to work compulsorily. So that, for the welfare of our family and ourselves we can take the help of facilities which are provided by SHE TEAM, TS.





