

**GOVERNMENT DEGREE COLLEGE FOR WOMEN, BEGUMPET  
HYDERABAD-500016  
(Autonomous – Affiliated to Osmania University)**

**7.1.10 : Number of activities conducted for promotion of Code of Ethics**

College conducts Code of Ethics programs & Induction programs where the students are made aware of the Code of Conduct.

<b>Year</b>	<b>Title of the program/Activity</b>	<b>Duration (from-to)</b>	<b>Number of participants</b>
2016-17	Pravasi Divas Meeting	9th January,2017	6
2016-17	Ekta Divas	01 November,2016	45
2016-17	Developing A Culture of Quality: Implementing and Sustaining Approaches to Quality in Higher Education	04 March,2017	200
2016-17	Awareness on Legal Rights of Women	03-04 April, 2017	100
2016-17	A visit to Home for the Disabled	30 April, 2016	200
2016-17	Sahaj Marg Meditation-Yoga Day celebrations	21 June, 2016	200
2017-`18	She Teams -Awareness Walk	19 August, 2017	50
2017-`18	Mega Rally on Anti Drug Campaign	31 July, 2017	100
2017-`18	Donation of Books to Orphanage	07 September	150
2017-`18	Anti-Ragging-She Teams	14 August, 2018	100
2018-19	Life Skills-Coping with peers	27 July, 2018	125
2019-20	Women Safety and Abuse	01 August, 2019	282
2019-20	Workshop on Meditation	02 June, 2019	150
2019-20	Ekta Diwas	01 November, 2019	200

2019-20	Awareness on Social issues	27 January, 2020	50
2019-20	Awareness Programme on Mental Health	22 January, 2021	120
2019-20	Voter's Day Rally	25 January, 2020	350
2019-20	Workshop on Child abuse	06 March, 2020	100
2020-21	Workshop on Meditation and breath	23 February, 2021	26
2020-21	Donation of Books to Orphanage	02 October, 2021	150
2020-21	National Youth Day Celebrations	12 January, 2021	250
2016-21	Telangana festival-Bathukamma Celebrations		1500

## ACTIVITIES –REPORT 2016-17

S.No	Date of the programme	Name of the programme	No. of participants	No.of Faculty involved
1	09-01-2017	Pravasi Divas meeting	06	02

### Pravasi Divas meeting at Bangalore

Pravasi Divas meeting at Bangalore was held from 3<sup>rd</sup> to 9<sup>th</sup> January 2017. Two faculty members attended Pravasi Divas meetings as Special Delegates along with six students from various colleges on 7th, 8th and 9th of January, 2017 at Bangalore International Exhibition Centre.



S.No	Date of the programme	Name of the programme	No.participants	No. of Faculty involved
2	01/11/2016	Ekta Divas	45	03

### Challenges of National Integration



An Essay Writing Competition and Group Discussion on *Challenges of National Integration* were conducted on the occasion of Ekta Divas on **01-11-2016**.

S.No	Date of the programme	Name of the programme	No. of participants	No. of Faculty involved
3	4-3-2017	Developing A Culture of Quality: Implementing and Sustaining Approaches to Quality in Higher Education	200	30



Ms Anita Abraham, Associate Professor, In-charge Department of English attended a two day NAAC sponsored National Level Conference on **“Developing A Culture of Quality: Implementing and Sustaining Approaches to Quality in Higher Education”** on 3<sup>rd</sup> and 4<sup>th</sup> March 2017. Her paper titled Extension Initiative by Telangana State Government in Government Degree Colleges: An Impact of Evaluation of TSKC at GDC (W) was awarded best paper.

S. No	Date of the programme	Name of the programme	No. of participants	No. of Faculty involved
4	03-04-2017 & 04-04-2017	Awareness on Legal Rights of Women	100	02

### **Awareness on Legal Rights of Women**



The Telangana State Commission for Women organized a Two Day District Level Workshop on ***“Legal Awareness Programme on Laws Related to Women”*** in collaboration with the Women Empowerment Cell (WEC) and the District Resource Centre (DRC) of the Government Degree College for Women, Begumpet, Hyderabad on 3rd & 4th March 2017 under DRC Activity.

The Resource Persons for the programme were Dr. Tripurana Venkata Ratnam, Hon’ble Chairperson of Telangana State Commission for Women, Smt. Rekha Prasad & Smt. Varalakshmi, Advocates.

## A DAY AT THE ORPHANAGE

(Best practice 2016-2017)



The *Government Degree College for Women*, begumpet organized a visit to "The Home for Disabled" on 30th April 2016. The Student Union members of our *college* were accompanied by T.Uma Devi Garu (dept of chemistry).



There were 300 children, women and men who are physically and mentally challenged and sufficient care takers. The moment *we entered* the orphanage, we tend to feel both happy and sad. The way the children mingled with **us** was an enriching *experience* for life. *We* donated food, fruits, bread, biscuits, *chocolates*, snacks, etc. The children *were* happier than *one* could possibly imagine, it was a riot of happiness.

These children are really talented some of them are good at singing and some are good at dancing and simply observing their talent makes you feel happy and you wish you could spend as much time with them as possible.



This was amongst *one* of those moments that we can never describe. It was memorable, meaningful and a redeeming day for all present.

The *eyes* and the smiles of children will

linger in our heart for all times to *come*. All students felt entrenched with the joy of giving and thus we express our deep sense of gratitude to the *college* for arranging this journey towards humanity. All of us are so lost in this fanciful world of opulence that we hardly seem to notice the other half of deprivation. *We* have all the luxuries, yet we always *crave* for more and more. When we saw these children in Orphanage, we realized how fortunate we really are.



S.No	Date of the programme	Name of the programme	No. of participants	No. of Faculty involved
5	21/6/2016	Yoga programme	200	30

### **SAHAJ MARG MEDITATION**



On 21 June, 2016, 200 volunteers and 30 faculty members participated in the International Day of Yoga programme held at Gachibowli Stadium, Madhapur, in association with Heartfulness Institution – SAHAJ MARG MEDITATION. The speaker enlightened the students on how to meditate and experience lightness and joy in our hearts. This method helps to reduce stress and anxiety, improves concentration and overall wellness. Heartfulness provides a peaceful and balanced life guided by the heart.

S. No	Date of the programme	Name of the programme	No. of participants	No. of Faculty involved
6	19-8-2017	She Shields - Awareness Walk	50	02

**She Teams – She Shields - Awareness Walk on Self Defense (2017-18)**



She Teams CCS, Hyderabad, conducted a programme on ***SHE SHIELDS "AWARENESS WALK ON SELF DEFENSE"*** on 19-8-2017 at People's Plaza, Necklace road, Hyderabad from 4-6 pm.

The students and staff (Mrs.V.Rohini, Assistant professor of Biotechnology and Mrs. B.Rukmini Devi, Assistant professor of Botany) of our college participated in the programme which created awareness on safety and security of women and creating awareness in the public.

The Dignitaries like Smt. Swathi Lakra, IPS Addl Commissioner of Police, Crimes & SIT attended the programme. The total number of students who participated in the programme was

50. The main objective of this Programme was to create awareness among the student community on Safety measures and the use of HAWKEYE APP.

## ACTIVITIES –REPORT 2017-18

S.No	Date of the programme	Name of the programme	No. of participants	No. of Faculty involved
7	31-07-2017	Mega Rally on Anti Drug Campaign	300	06

### Mega Rally on Anti Drug



The NSS of Government Degree College for Women, Begumpet organized a Mega Rally on *Anti Drugs* on 31st July, 2017 from Government Degree College for Women, Begumpet to Shyamlal Building by raising slogans and holding placards on the “*Ban on Drugs.*”

300 students and volunteers participated in the event. The Begumpet Corporator, Ms.Taruni urged the students not to get addict to drugs and to stop using them.

S.No	Date of the programme	Name of the programme	No.participants	No.of Faculty involved
8	07-09-2017	DONATION OF BOOKS	150	02

Books help children make sense of the world around them, impart morals and values to them,often without sounding preachy, teach them empathy, and the difference between right and wrong. Moreover, children who can't read are unable to learn and this impacts their schooling

**A VISIT TO GOVERNMENT SCHOOL AND DONATED NOTE BOOKS TO THE STUDENTS**

**(Best practice 2017-2018)**

- ▶ Department has visited Purandar das round table government school and donated note books students and planted trees and helped in digging and construction of rain water harvesting pit in the school, conducted awareness programs related to environment awareness, conducted some practical classes to create science awareness among the students.



S.No	Date of the programme	Name of the programme	No. of participants	No. of Faculty involved
9	14-08-2018	Anti - Ragging – She Teams	100	02

### ANTI- RAGGING – SHE TEAMS



#### Objectives of Anti Ragging Committee:

The program was organized by WEC and ICC committee and following was discussed. Anti-Ragging Committee will be the Supervisory and Advisory Committee on matters of Planning Action for Building and Preserving a Culture of Ragging Free Environment in the college Campus. The Anti Ragging Squad will work under the Supervision of Anti Ragging Committee and to engage in the works of checking places like Hostels, Buses, Canteens, Classrooms and other places of student congregation, for any incidences of Ragging, and shall educate the students at large in the college about Menace of Ragging and related Punishment Provisions. Anti Ragging Committee will be involved in designing strategies and action plan for curbing the Menace of Ragging in college by adopting array of activities. The Squad will also educate the students at large by adopting various means about the Menace of Ragging and related Punishments thereto. A gamut of positive reinforcement activities will have to be adopted by Anti- Ragging Squad for orienting students and molding their personality for a better cause. They shall work in Consonance and Guidance of Anti Ragging Committee.

S.No	Date of the programme	Name of the programme	No. of participants	No. of Faculty involved
10	27-7-2018	Life skills: Coping with peers	125	04

**Life skills, coping with peers, Swami Ramananda Tirtha Research Institute:  
SAHAJA FOUNDATION**



Swami Ramananda Tirtha Research Institute :SAHAJA FOUNDATION - Life skills, coping with peers Mr.CH. Sundarayya, the programme was organized by TSKC

The objectives of the course are:

1. To enhance one's ability to be fully self aware by helping oneself to overcome all fears and insecurities and to grow fully from inside out and outside in.
2. To increase one's knowledge and awareness of emotional competency and emotional intelligence at place of study/work.
3. To provide opportunity for realising one's potential through practical experience.
4. To develop interpersonal skills and adopt good leadership behaviour for empowerment of self and others.
5. To set appropriate goals, manage stress and time effectively.
6. To manage competency- mix at all levels for achieving excellence with ethics.

S.No	Date of the programme	Name of the programme	No. of participants	No.of Faculty involved
11	01-08-2019	Women Safety and Abuse	282	04

### **WOMEN SAFETY AND ABUSE**



WEC in collaboration with MY CHOICE foundations has organized a program on “Women safety and abuse” on 01-08-2019. For this resource person was Rinki Jagawath. She addressed the gathering and gave information of incidents which happened in the past and gave ideas to overcome such problems. Women Safety Program Women's safety involves strategies, practices and policies which aim to reduce gender-based violence (or violence against women), including women's fear of crime.

S.No	<u>Date of the programme</u>	<u>Name of the programme</u>	<u>No.of participants</u>	<u>No.of Faculty involved</u>
12	02-06-2019	Workshop on Meditation	150	04

**Workshop on Meditation by Prof. Kamruddin, MANUU**

A workshop was organized by WEC on *Meditation Techniques* for students by inviting Prof. Kamruddin from MANUU as the Resource person. Around 150 students have attended the program and learnt various meditation techniques. Prof. Kamruddin has explained that practising meditation helps them to increase concentration in their studies and leads them to a stress- free life.



S.No	Date of the programme	Name of the programme	No.of participants	No.of Faculty involved
13	1-11-2019	Ekta Divas	200	10

### Rashtriya Ekta Divas



బేగంపేట మహిళా కళాశాలలో ఎన్.సి.సి కెడెట్ల ప్రదర్శన  
Date : 01/11/2019 EditionName : TELANGANA  
( HYDERABAD, SANATH NAGAR ) PageNo : 01



సంజీవరెడ్డినగర్ : పటేల్ చిత్రపట  
Date : 01/11/2019 EditionName : TELANGANA( HYDERABAD, SANATH NAGAR ) PageNo : 01

The programme was organised by NSS unit. In countries like India, which are full of diversities- religions, castes, languages, civilizations, and cultures, it is very important to maintain unity. So, to establish the unity of the nation, the Government of India proposed the Rashtriya Ekta Diwas in 2014. Since, Sardar Patel is known for the integration of India, National Unity Day is set celebrate on his birth anniversary (October 31) every year. On this day, Students of our recall the great works of Sardar Patel and acknowledge them by celebrating Rashtriya Ekta Diwas. Students gathered to celebrate the unity of the nation by delivering speeches, spread knowledge etc

S.No	Date of the programme	Name of the programme	No. of participants	No. of Faculty involved
14	27-01-2020	Awareness on social issues	50	04

**Awareness on social issues by famous singer Relare Prasad through songs**



**Famous singer Relare Prasad** sang songs on the act of female foeticide is intrinsically linked to the 'Dowry system', to bring an end to abortions of female fetuses, it is essential for Indian communities to bring an end to the ritual of Dowry. Indian women still have a long way to go until the National policy of Women's Empowerment lives in practice in women

S.No	<u>Date of the programme</u>	<u>Name of the programme</u>	<u>No. of participants</u>	<u>No.of Faculty involved</u>
15	22-01-2021	Awareness Programme on Mental Health	120	03

### **Mental Health Awareness Program**



WEC has conducted an awareness program on Mental Health in collaboration with Pran Foundation. The program was attended by nearly 120 and the resource person Mr Jeff Pran explained students about the increasing cases on mental health in all age groups and steps how to identify them and deal with them.

S.No	Date of the programme	Name of the programme	No. of participants	No.of Faculty involved
16	25-01-20	Voter's Day Rally	350	10

### Voter's Day Rally



Department of Social Sciences organized and Participated in the Voter's Day Rally and faculty members and students took pledge on the occasion on 25 January 2020



**The College I/c Principal Dr.K. Jyotsna Prabha has encouraged Volunteers. The memoto submitting by Guest Dr. Aditi Kishore, NSS Unit – I Programme Officer, Dr. K. Venkateswarlu.**

The Ministry of Youth Affairs, has agreed for Sakshi (regd. NGO, 1992) to deliver capacity building workshops in partnership with Directorate of NSS with the NSS volunteers to strengthen Youth as powerful enablers for creating a Constitutional Rights Based Enabled Environment in the context of Gender Equality with a focus on building awareness about POCSOA 2012. (copy of the circular enclosed)I take this opportunity to introduce Sakshi, (regd. 1992). Sakshi's work over the last 27 years has focused on strengthening systemic mechanisms, and enabling preventive interventions for the practice of Everyday Equality. Since 1969, National Service Scheme has been a beacon of upholding the values of democracy through active citizenship and service to individuals and the nation as a collective to fight against Child Sexual Abuse - one of the most dangerous & prevalent yet under-reported crimes in our country. According to 2014 Report, National Crime Bureau, 1 in 2 children are survivors of CSA.

**Under the Equality Umbrella, the workshop with the NSS volunteers will include**

1. Awareness Sessions on rights and responsibilities for Gender Equality,
2. Orientations and Capacity Building for compliance of POCSOA 2012
3. Experiential activities and exercises to capture the imagination of the Youth to encourage proactive participation.

In the spirit of active citizenship, these informed NSS volunteers— Champions of Change— in keeping with their Constitutional Right to Equality, will be enabled to practice their role and responsibility as an informed active citizen versus the apathy of an ignorant, passive bystander. At the end of these sessions, the NSS POCSOA Champions will be equipped with

1. The capacity to prevent, prohibit and intervene in instances of sexual offences against children.
2. If any of them have been subjected personally, they will be guided towards tools that resolve and heal the residual PTSD.
3. These Champions will be sufficiently exposed to the punitive actions ensuing to the offence, as well as the impact of sexual offences on the victims in order to create a prohibitive mind-set towards any probable offence.

The resources for creating and delivering this awareness drive will be borne by Sakshi, including material required for the workshop.

We are in the process of confirming our workshop schedules so that we can create a travel and implementation plan for the delivery of the workshops.

**National Service Scheme, Osmania University**

Government Degree College for Women, Begumpet, Hyderabad  
Organized One Day Workshop on 6th March, 2020. At College Premises.  
We are having four Units of NSS volunteers about 400 students.

I am happy to inform you that we have fortunate to have such great workshop on Personality development particularly Youth.

1. I am also informing to you few additions on this programme.
2. I request you to do not express on sexual events some of students may misunderstand it.
3. The language of the delivering lecture also should be local language.
4. The time one day is not enough it should be one week.

Thank you once again for your support in this drive to build POCSOA Champions for Change and create a culture of accountability and responsibility in India.

## Meditation and breath Workshop

S.No	Date of the programme	Name of the programme	No. of participants	No.of Faculty involved
17	23.02.2021	Meditation and breath Workshop	26	02

**Resource Person:** Dr. Vanitha Malevar, a Volunteer in Art of Living organization

An Online Workshop on Meditation and Breath Management was conducted on 23 February, 2021. The Resource Person invited was Dr. Vanitha Malevar, a Volunteer from Art of Living organization. Dr. Vanitha highlighted on the impact of meditation and how it builds a harmony in between the health and studies. She also taught different types of breathing exercises for better health. She emphasized that a stress-free mind and a violence free society will help us to achieve world peace.



S.No	Date of the programme	Name of the programme	Participants	No.of Faculty involved
18	2-10-2020	Visited orphanage to donate books, food and clothes on account of Gandhi Jayanthi	150	02

**Visited orphanage to donate books ,food and clothes on account of Gandhi Jayanthi on 2-10-2020**

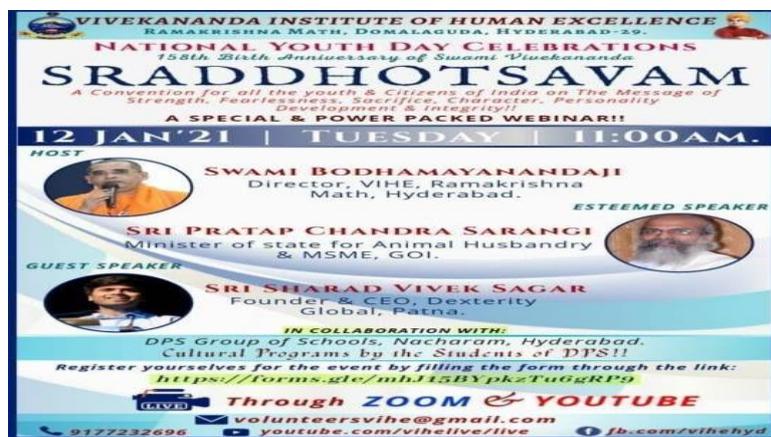


Orphanage visit is thought by many to be one of the best ways to make a difference to the life of the local people. Many orphanage visitors or volunteers find the experience uplifting and life-changing event since it is an opportunity to interact with the local kids and do their part to help. It also brings socio-economic balance with the underprivileged.

## NATIONAL YOUTH DAY

In 1984, the government of India declared this day as National Youth Day and since 1985, the event is celebrated in India every year. It was a decision of the Government of India taken in **1984 to celebrate the birthday of great Swami Vivekananda, i.e. 12 January**, as National Youth Day every year.

The theme of International Youth Day 2021, “**Transforming Food Systems: Youth Innovation for Human and Planetary Health**”, highlights the success of such a global effort will not be achieved without the meaningful participation of young people.



**VIVEKANANDA INSTITUTE OF HUMAN EXCELLENCE**  
RAMAKRISHNA MATH, DONALASUDA, HYDERABAD-50.

**NATIONAL YOUTH DAY CELEBRATIONS**  
158th Birth Anniversary of Swami Vivekananda

**SRADHDHOTSAVAM**  
A Convention for all the youth & Citizens of India on The Message of Strength, Fearlessness, Sacrifice, Character, Personality Development & Integrity!!  
A SPECIAL & POWER PACKED WEBINAR!!

**12 JAN'21 | TUESDAY | 11:00AM.**

**HOST**  
 **SWAMI BODHAMAYANANDAJI**  
Director, VIHE, Ramakrishna Math, Hyderabad.

**ESTEEMED SPEAKER**  
 **SRI PRATAP CHANDRA SARANGI**  
Minister of state for Animal Husbandry & MSME, GOI.

**GUEST SPEAKER**  
 **SRI SHARAD VIVEK SAGAR**  
Founder & CEO, Dexterity Global, Patna.

**IN COLLABORATION WITH:**  
DPS Group of Schools, Nacharam, Hyderabad.  
Cultural Programs by the Students of DPS!!

Register yourselves for the event by filling the form through the link:  
<https://forms.gle/mhJ15BYpkzTuGgRP9>

**Through ZOOM & YOUTUBE**

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