



Government Degree College for Women(Autonomous)

Begumpet, Hyderabad-16

Affiliated to Osmania University, Re-Accredited with 'B+' Grade by NAAC



BHAGYA

COMPLETE HEALTH CARE

YUVATARANGAM Awards: 2018-19

Health Club- BHAGYA Academic year 2018-19

S.No	Date	Awareness programme	Collaboration	Activity	Objective of the Activity
1	25-9-2018	Breast& cervical cancer awareness	Department of Zoology and Biotechnology GDC,(W) Begumpet With Siddham foundation	A talk by Dr. Sai laxmi daayana and prevention of Breast& cervical cancer by Vaccination	Sensitizing students about breast cancer Self examination method and early detection methods , prevention and treatment
2	26-10-2018 to 31-10-2018	Eye camp	Government Kanti velugu Programme	eye screening camp for the staff and students	To spread awareness on eye disorders their early detection and detect refractive errors and eye ailments. The team counseled the students on eye straining effects of computers and modern life style
4	18-12-2018	Menstrual Hygiene	Department of Zoology and Biotechnology GDC,(W) Begumpet With Siddham foundation	A talk by Dr. Sai laxmi Daayana, dental checkup by Dr.Lakshmi Prasanna, general check up by Apollo Hospitals, Jubilee Hills	Awareness on menstrual hygiene, dealing with pain, and importance of hygiene.
5	18-12-2018	Dental and General health checkup	Department of Zoology and Biotechnology GDC,(W) Begumpet	dental checkup by Dr.Lakshmi Prasanna, general check up by Apollo Hospitals, Jubilee Hills	Importance of Oral hygiene and checkup Sugar test and Blood pressure were done

6	11-1-2019	MoU	Siddham foundation	To conduct health activities	Planning to conduct various health and training programmes for students
7	18-2-2019	Health check up for staff	Vijaya diagnostics	Body mass and blood pressure, Sugar, Foot scan	Awareness on the general health lifestyle modifications and personnel care and nutrition
8	19-2-2018	Thyroid test	Thyrocare abbot pharma	Thyroid test	Awareness on throid hormone and life style changes
9	22-2-2019	Menstrual Hygiene and Usage of Incinerator	Vyomini -NGO	Importance of Sanitary pad disposal	Awareness on menstrual hygiene, dealing with pain, and importance of hygiene.

HEALTH REPORT -2018-19

1. Breast and Cervical Cancer day –Pink Ribbon Day (25-09-2018)





Siddam Ngo have organized An awareness camp on breast and Cervical cancer by **Dr.D.SaiLaxmi Daayana, gynaecologist,** and lecture by **Dr.Ashish chouhan , Diabetologist** , from Apollo hospital, Jubilee hills.

The lecture also included causes and prevention of breast and cervical cancer and vaccination. Food habits and risk of cancer.

2. EYE SCREENING CAMP

Eye Checkup camp was held in Government Degree College for women, Begumpet, on 26th to 31st. October 2018.

The camp was inaugurated by our Principal Dr.G.Yadagiri garu .

A team of Eye specialists from Kanti Velugu programme conducted the eye screening camp for all the staff and students. The objective of this event was to spread awareness on eye disorders their early detection and detect refractive errors and eye ailments. The team counseled the students on eye straining effects of computers and modern life style and educated them on preventive and curative tips for vision – related problems. Free consultation and medication for eye ailments and spectacles were distributed as a part of screening programme



3. Health Camp on Menstrual hygiene

Lecture by Dr.Sai Lakshmi Daayana, Gynecologist from Apollo Hospital on personal hygiene, menstrual problems, treatment and diagnosis on 18-12-2018.



Personal consultation





4. Blood sugar, Blood pressure, Height , Weight checkup for students



Dental check up

Dental checkup and free consultation by Dr. Lakshmi Prasanna from Apollo Hospital on 18-12-2018



5.Siddam Ngo has signed an MoU with our college to organise different Health activities for our students on 11-1-2019



6. Health camp to the Staff was organised on 18-1-2019 by Vijaya Diagnostics, which included Weight, height, Body Mass, Blood Pressure, Blood Sugar, Bone Mineral density test



7. Siddham NGO has organised an Awareness camp on REDUCE RECYCLE AND REUSE, the trainer Mrs. Sandhya Mittal, lectured on

the importance of waste management and demonstrated how to reduce and recycle in a three day workshop.





8. Thyroid Awareness and thyroid test to the students and Staff by ABBOT pharma







**9. Awareness programme on Menstrual health and operation
Incinerators and vending machines on 22-2-2019**



