

RED RIBBON CLUB

2021-22

Red Ribbon Club/ Youth Red Cross activities for the Academic Year 2020-21

S.No.	Date	Programme
1.	25-11-2021	Quiz Competition on AIDS
2.	03/01/2022	Surya Namaskarams

Red Ribbon Club/ Youth Red Cross **activities for the Academic Year 2021-22**

SURYA NAMASKARAMS

Dt.03-01-2022

On the occasion of 75 anniversary of independence, the Govt. of India announced to celebrate 75 crore Surya Namaskar Project historically under the banner of Azadika Amrit Mahotsav. The organizers including Patanjali Yogpeeth, GeetaPariwar, Heartfulness, Kreedabharathi and National Yogasana Sports Federation. This program will be landmark in generating awareness about the efficacy of Surya Namaskarams and yogasana.

Objective of the Program:

1. To bring awareness of Suryanaskas and their role in maintaining sound health.
2. To bring discipline among the students.
3. To understand the role of Govt. of India towards the health of youth and others.

Women empowerment cell in collaboration with NSS units this program was started on 03-01-2022. This program was held for 21 days continuously and the students learnt about 13 Yogasanas. The students were guided by the eminent persons from various organizations like G.Nagarjuna (Bharath Swabhimani Trust), P.Devender (Patanjali Yog Samithi) Deepak Josh (Bharath Swabhimani Trust), Neelam Thripathi (Mahila Patanjali Yog Samithi), Shatrughan Singh (Zilla Prahari Yuva Bharath), Sunil Agarwal (Zilla Prahari Kisan Panchayath), Ch. Suresh (Bharath Swabhimani Trust).

Outcome of the program :

1. Students will come to know about the importance of Surya Namaskars and their importance.
2. Students become more conscious about health.
3. They also play a major role in spreading awareness regarding Surya Namaskars and Yogasana.

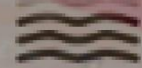
No. of Students Participated: 60





1-10-166, Mayur Marg, Begumpet, Hyderabad, Telangana 500016, India

Hyderabad
Telangana
India



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ACADEMY BLOCK, GOVERNMENT DEGREE COLLEGE FOR WOMEN, Mayur Marg, Begumpet, Hyderabad, Telangana 500016, India

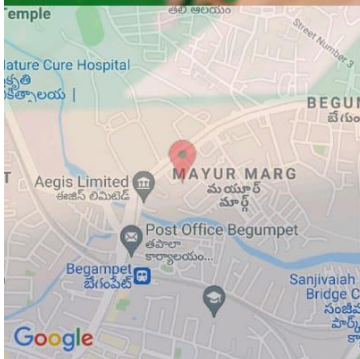
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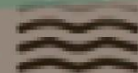
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1-10-166, Mayur Marg, Begumpet, Hyderabad, Telangana 500016, India

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Quiz Competition on AIDS

Dt. 25-11-2021

Government degree college women (a), Begumpet students -Anisha and Poojitha of MBC final year got 1st prize in District level Quiz Competition held at Gandhi hospital by Red Cross Foundation on account of AIDS day, dt.25.11.2021.Two students participated in the competition and our students bagged the first prize.





