

RED RIBBON CLUB

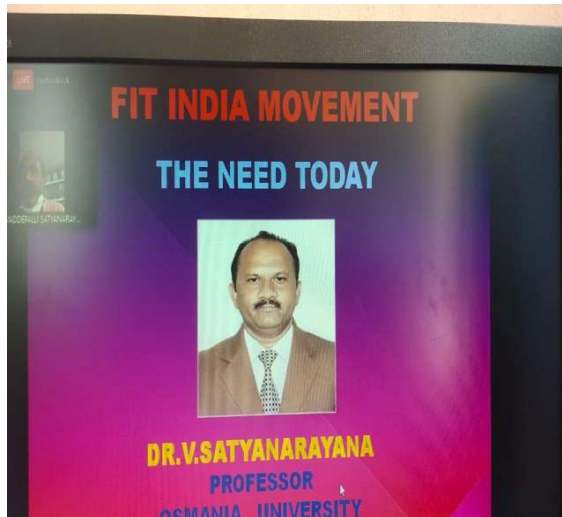
2020-21

Red Ribbon Club/ Youth Red Cross activities for the Academic Year 2020-21

S.No.	Date	Programme
1.	28/9/2020	Fit India Programme
2.	5/10/2020	Online One day workshop on “Social Entrepreneurship Swacchata and Rural Engagement”
3.	1/12/2020	Online awareness on AIDS
4.	12/01/2021	National Youth Day
5.	31/01/2021	Pulse polio campaign
6.	6/03/2021	First Aid awareness & Training

Red Ribbon Club/ Youth Red Cross activities for the Academic Year 2020-21

- **Fit India Movement- Webinar on 8-09-2020**
- Webinar on Fit India Movement was organized on 8-09-2020, Dr. V. Satyanarayana, professor of Osmania University was the resource person. He has emphasized on the importance of fitness among the people and encouraged the people to include physical activities and sports in their everyday lives. It is the need of the hour and will take the country towards the healthier future.



Fit India Programme at Govt. Degree College , Begumpet – 28-09-2020

- Fit India programme was organized on the college campus in which all the teaching and non-teaching staff has participated. Dr. G. Yadagiri, principal has spoken on the importance of fitness, daily physical exercise and quoted that a sound body has a sound mind.



ఈనాడు
epaper.eenadu.net

మంగళవారం సెప్టెంబరు 29, 2020

ప్రభుత్వ మహిళా కళాశాలలో 'ఫిట్ ఇండియా' కార్యక్రమం

బేగంపేట(అమీర్పేట): ప్రధాని పిలుపు మేరకు బేగంపేటలోని ప్రభుత్వ మహిళా డిగ్రీ కళాశాలలో సోమవారం 'ఫిట్ ఇండియా' కార్యక్రమం నిర్వహించారు. బోధన, బోధనేతర సిబ్బంది వ్యాయామాలు చేశారు. కళాశాల ప్రెస్సిడెంట్ డా.జి.యాదగిరి ఆధ్వర్యంలో జరిగిన కార్యక్రమానికి పబ్లిక్ ఆఫీసింగ్స్ మన్ విభాగం ఆసోసియేట్ ప్రొఫెసర్ ఏ.చంద్రయ్య ముఖ్య అతిథిగా హాజరయ్యారు. ఆయన మాట్లాడుతూ శారీరక వ్యాయామం మానసిక దృఢతాన్ని ఇస్తుందన్నారు.



వ్యాయామం చేస్తున్న కళాశాల సిబ్బంది

Date : 29/09/2020 EditionName : GREATER HYDERABAD PageNo : 06

One day workshop on “Social Entrepreneurship Swacchata and Rural Engagement”


5-10-20



The banner features logos of the Government of India, NSS, and the Government Degree College for Women (A) Begumpet. It includes the following text: "On Monday 5th October 2020 at 10:00 AM", "Google meet Link: <https://meet.google.com/gmd-ykws-evo>", "One day Workshop on Social Entrepreneurship Swacchata and Rural Engagement", and lists of participants: Chief Guest (Prof. V. Appa Rao), Chief Patron (Dr. G. Yasagiri), Resource Person (Smt. T. Sandhya), and four other speakers with their respective titles and affiliations. A Google Meet link is provided at the bottom.



Online one day workshop on “Social Entrepreneurship Swacchata and Rural Engagement” was organized in which the resource person Smt. T. Sandhya, MGNCRE, Ministry of Education, has emphasized on the women empowerment, need to become an entrepreneur, various fields in which there is a need to be explored by women etc. 100 NSS volunteers, Coordinators and other teaching staff participated in the programme.

REC  Tuti Sandhya MGNCRE is presenting

Village Development Plan(VDP):

While investments for different components would be limited by resources available, there has to be universal coverage of certain items

1. Housing
2. Sanitation
3. Drinking Water
4. Power connectivity
5. Physical connectivity to all habitations
6. Street lights in all important streams
7. Total electronic connectivity
8. 100% Aadhaar enrolment
9. Universal enrolment in Anganwadis
10. 100% access to education till Class 10



Chavan Laya















Joy Hepsibah



Dr. Satyanarayana Poosa

One day Workshop on Social Entr... X

People (61) Chat

-  rathna mala
-  Sailaja Anday
-  Saudhagar Priyanka
-  Sheethal Yadav
-  Shilpa bonala
-  Sindhu 144
-  Sony Simhadri
-  Swagna Epalapelli
-  Swathi Madavath
-  Swathi Reddy
-  Tuti Sandhya MGNCRE (Presentation)
-  Tuti Sandhya MGNCRE

One day Workshop ... ^





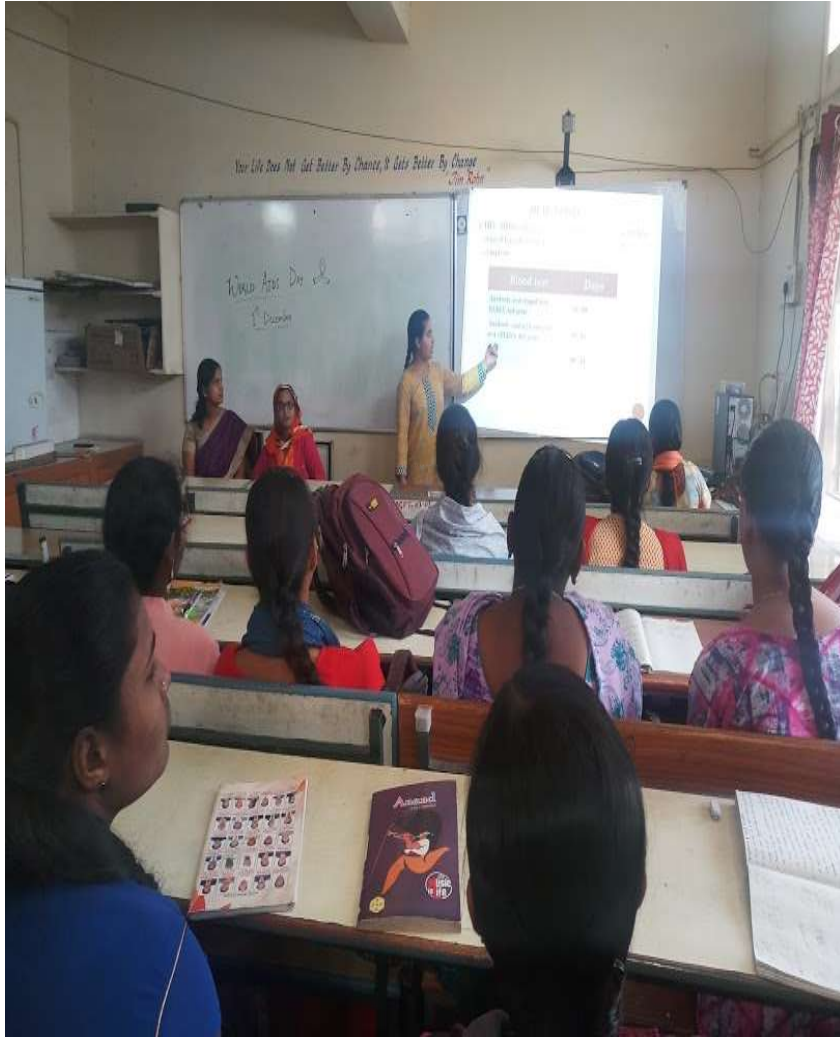

Turn on captions

Tuti Sandhya MGNCRE is presenting

World Aids Day- 01/12/2021

- Students of our college participated in the Aids Day rally and created awareness on the spread and precautions to be taken to stop aids to the local people. Later a powerpoint presentation was given by final year microbiology student Ms. Sumithra about Aids to the students of the college.





Awareness on Covid-19

- NSS volunteers prepared charts and displayed online to create awareness on Covid-19



LOCKDDWN DAY PLAN....

6 AM WALK (on terrace)

7 AM LEMON WATER (on empty stomach)

8 AM BREAK FAST (include Boiled egg)

11 AM ALMOND, DATES (DRY FRUITS)

2 PM LUNCH (include green leaves or non-veg)

5 PM FRUITS

6 PM GREEN TEA

8 PM DINNER (include Roti and veg)

10 PM WALK



have a look on news and studies too.




Cough
Fever
Breathing problem.

have a chekup.

Why can't I take a small step to save my family.


Webinar on “HIV-AIDS” by Dr. A. Santoshi, on 29-11-2020

- **TOPIC** : “HIV-AIDS”
- **SPEAKER** : Dr. A. Santoshi, Assistant professor of Chemistry, BJR Govt. Degree College, Hyderabad.
- **ORGANIZERS** : NSS programme officer Ms. K. Saritha Rani along with NSS volunteers have participated in the webinar.
- **OBJECTIVE** : AIDS, the life cycle of HIV virus, how it spreads, how we need to increase our immune system and what is the percentage of the population suffering from aids. She has also given lecture on the precautions that has to be taken during Covid season.

HIV Transmission


- Blood
- Semen
- Vaginal Secretions
- Breast milk

Comes into contact with:


- mucous membranes, damaged tissue, or is injected into the body

Through:

- Vaginal, anal, or oral sex
- Contaminated needles
- IV drug use




Unprotected sexual intercourse with an infected partner




Vertical transmission (from mother to child)

- in utero
- during delivery
- breastfeeding

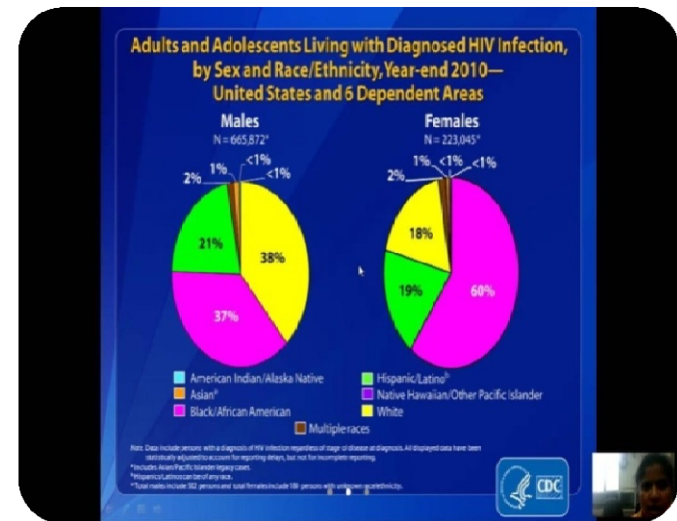


Injection drug use (one shared, contaminated syringe)

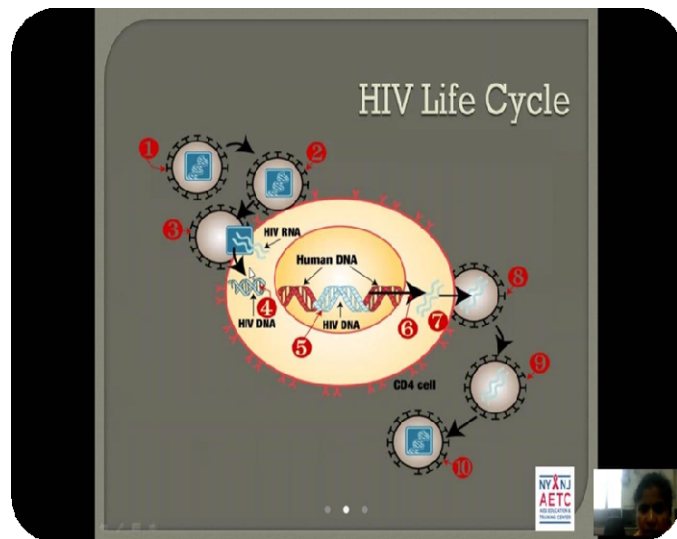
HIV INFECTION



HIV INFECTION

CDC



NYANU AETC

HIV Transmission

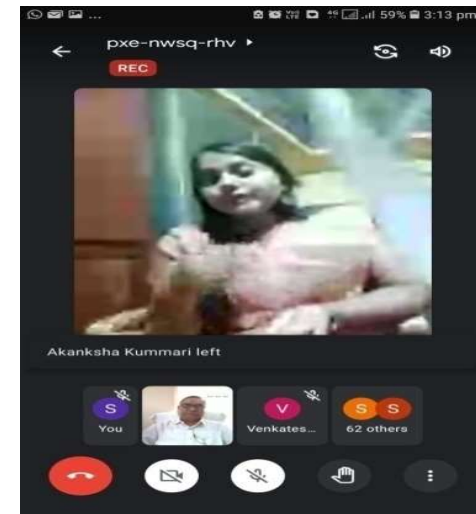
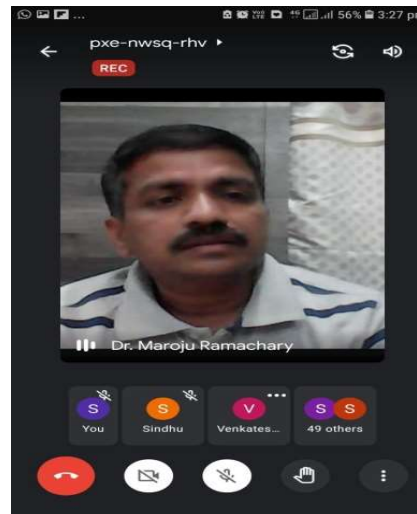
- HIV is NOT transmitted by casual contact
 - Working or playing with an HIV positive person
 - Closed mouth kissing
 - Shaking hands
 - Public pools
 - Hugging
 - Public toilet
- HIV is not transmitted by air, food, or mosquito and does not survive long outside the body.




NYANU AETC

National Youth Day celebrations on 12-01-2021

- **CHIEF GUEST** : Prof. C. Ganesh, Director PGRRCDE, OU. was the chief guest,
- **SPEAKERS** : Ms. Kushubu Gupta, district youth officer, Nehru Yuva Kendra, Hyd. And Dr. M. Ramachary were the speakers of this webinar.
- **OBJECTIVE** : The objective behind the celebrations is to make a better future of the country by motivating the youths and spreading the ideas of the Swami Vivekananda. National Youth Day is also famous as Yuva Diwas..National Youth Day creates awareness and provides knowledge about the rights of people in India. It is a day to educate people to behave properly in the country.



Pulse polio Immunization Programme on 31-01-2021

- **ORGANIZERS** : Red Cross Society and Govt. of Telangana Health Department.
- **VOLUNTEERS**: 25 NSS volunteers have participated in the Pulse polio Immunization Programme on at Begumpet.



Awareness on First Aid & Training

06/03/2021

- **ORGANIZERS** : Grievance Redressal cell & NSS.
- **SPEAKER** : Dr. Usha, Founder of Dhanavantri Charity Trust has given a detail lecture on the various first aid steps to be taken in the case of heart attacks, sun stroke, fractures, burns etc. Later she has also trained the students how to perform CPR to the people who suffer heart attacks.
- Dr. G. Sunitha, principal Dr. Sandhya Josthna, vice principal, Smt. K. Saritha Rani and other teaching and non teaching staff participated in the programme.





ప్రథమ చికిత్సపై అవగాహన సదస్సు

బేగంపేట్, మార్చి 6: బేగంపేట ప్రభుత్వ మహిళా డిగ్రీ కళాశాలలో శనివారం ఎన్ఎస్ఎస్ విభాగం, ధన్వంతరి చారిటబుల్ ట్రస్ట్ సంయుక్తంగా ప్రథమ చికిత్స ఆవశ్యకత, మెళకువలు అనే అంశంపై సదస్సు నిర్వహించారు. ఈ కార్యక్రమంలో సుమారు 2 వందల మంది ఎన్ఎస్ఎస్ వలంటీర్లు పాల్గొన్నారు. ఈ సదస్సుకు ముఖ్యఅతిథిగా కళాశాల ప్రిన్సిపాల్ డాక్టర్ జి.సునీత పాల్గొని విద్యార్థులకు పలు అంశాలను వివరించారు. ఈ కార్యక్రమంలో వైస్ ప్రిన్సిపాల్ సంధ్య జోత్సప్ప, ధన్వంతరి సంస్థ హైదరాబాద్ డైరెక్టర్ ఉష, వెంకటేశ్వర్లు, ఉమామహేశ్వరి, సరితారాణి, మాధురి తదితరులు పాల్గొన్నారు.

Quiz Competition on AIDS

Dt.25-11-2021

Government degree college women (a), Begumpet students -Anisha and Poojitha of MBC final year got 1st prize in District level Quiz Competition held at Gandhi hospital by Red Cross Foundation on account of AIDS day, dt.25.11.2021. Two students participated in the competition and our students bagged the first prize.



