

**GOVERNMENT DEGREE COLLEGE FOR WOMEN,
BEGUMPET**

HYDERABAD-500016

(Autonomous – Affiliated to Osmania University

Women Empowerment Cell Activities

2019-2020

List of activities

S.No.	Date	List of activities
1	09-07-2019	Women safety and abuse
2	05-08-2019	Self defense
3.	15-02-2019	Mental health awareness day
4.	11-02-2020	Women safety program

Women Safety and Abuse

WEC in collaboration with MY CHOICE foundations has organized a program on “Women safety and abuse” on 09-07-2019. For this resource person was Rinki Jagawath. She addressed the gathering and gave information of incidents which happened in the past and gave ideas to overcome such problems. No. Of students attended this program was 120



Self Defence

A self defence program was conducted on 05th August 2019 under WEC for students. In this karate skills were taught by resource person Anil sir from STAR karate academy. In this students were taught special techniques to use in times of danger or threat from unknown persons. By this program 60 students got benefitted.



Mental Health Awareness Program

WEC has conducted an awareness program on Mental health awareness program in collaboration with pran foundation. For this program nearly 94 students have attended and the resource person Jeff Pranhas explained to students about increasing cases of mental health problems in all age groups, how to identify them and deal with them.



Women Safety Program

Our students (50) have attended “Safety clubs for girls and women-a grass root volunteering movement, to tackle girls safety issues in India” program organized by Telangana police at Sri Vivekananda Institute of Technology, Secunderabad on 11th February 2020. In this program Smt. Swati Lakra, IPS has addressed the students and created awareness on how to protect self and also fellow girls or women from dangerous situations.

