

**GOVERNMENT DEGREE COLLEGE FOR WOMEN,
BEGUMPET
HYDERABAD-500016**
(Autonomous – Affiliated to Osmania University)

WOMEN EMPOWERMENT CELL ACTIVITIES
2020-21

WOMEN EMPOWERMENT CELL ACTIVITIES

2020-21

INDEX

S.NO	DATE	NAME OF THE ACTIVITY	No of students participated
1.	04-02-2021	World Cancer Day	56
2.	23-02-2021	Webinar organized on “Treasure Of Success And Happiness Unlimited Through Yoga”	29
3.	09-03-2021	SHE TEAM Awareness Program cum International Women’s Day Celebrations	300
4.	20-03-2021	Self Defence Program by SHE TEAM	150
5.	27-03-2021 5-4-2021	to Online Self Defence Course	50
6.	27-5-2021 29-5-2021	to Online Yoga and Meditation Program	20

WORLD CANCER DAY, 2021

Activity: *WORLD CANCER DAY*

Date: 04-02-2021

Resource Person: Dr. Srinivas Prasad, Cancer surgeon at Cancer care Hospitals, Hyderabad

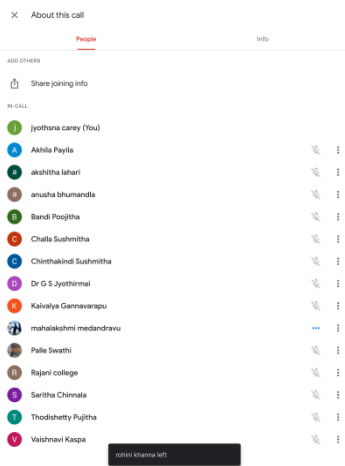
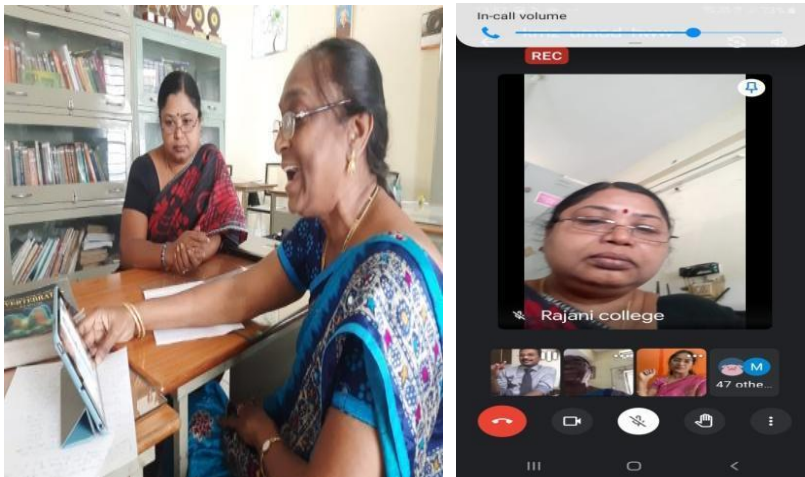
Organizing committee: Women Empowerment Cell, Health Committee and Zoology dept

World Cancer Day was created in 2000 to be held every year on 4th February. It is a global initiative led by the Union for International Cancer Control (UICC), to face one of our world's challenges. World Cancer Day aims to save millions of preventable deaths each year by raising awareness and education about cancer and pressing governments and individuals across the world to take action against the disease.

This year's theme: **I am and I will/Together**, all our actions matter. This day shows us that our actions have an impact on everyone around us. This year's theme is a reminder of the enduring power of cooperation and collective action. When we choose to come together, we can achieve what we all wish for, a healthier, brighter world without cancer.

The WEC, Health committee Department of Zoology, Govt. College for Women (A), Begumpet, Hyderabad celebrated Darwin day on 4th February by organising an online extension lecture through Zoom app by Dr. Srinivas Prasad, Cancer surgeon at Oryzon Cancer care Hospitals. Dr. Prasad explained to the students the implications of breast and cervical cancer. He also talked about the various risk factors and stressed on the importance of nutrition, exercise and a healthy life style in preventing such occurrences.





OBJECTIVES:

- The main objective of the program was to bring about the awareness on the disease called CERVICAL CANCER due to the factors like irregular menstrual cycle, stress, lack of exercise through online presentation.
- To enlighten them about various lifestyle modifications in order to prevent cervical cancer and encourage them to consult medical personally if they observe any symptoms.
- To bring about an awareness through questionnaire consisting on demographical variables, obesity, menstrual cycle, stress, exercise and symptoms through a checklist of cervical cancer.

IMPACT:

- The students were enlightened about the diseases and the session concluded with a talk on the importance of lifestyle modifications in preventing cervical cancer and thereby students were encouraged to practice exercise in their daily life.
- The students were advised to understand the medical condition and seek medical help as and when needed.
- They understood the importance of making lifestyle modifications in order to protect themselves from cervical cancer.

2020-21

WORLD CANCER DAY

No. of Participants - 56

dt- 04.02.2021

Sl. No.	Roll. No.	Student Name	Class	Signature
01	108518489001	A. Priyanka	BTZC-III Yr	<u>Priyanka</u>
02	108518489024	K. Yamini	BTZC-III Yr	<u>Yamini</u>
03	108518489041	R. Yugala	BTZC-III Yr	<u>Yugala</u>
04	16011085421003	B. Archana	B.Z.C	<u>Archana</u>
05	16011085409004	B. Lakshmi	B.Z.C	<u>Lakshmi</u>
06	16011085349009	C. Anusha	B.Z.C	<u>Anusha</u>
07	16011085337010	D. Sumitha	B.Z.C	<u>Sumitha</u>
08	16011085313012	G. Manasa	B.Z.C	<u>Manasa</u>
09	16011085301013	J. Shwetha	B.Z.C	<u>Shwetha</u>
10	1601108501013	J. Shivani	B.Z.C	<u>Shivani</u>
11	16011085133027	P. Anusha	B.Z.C	<u>Anusha</u>
12	16011085121028	P. Dalwai	B.Z.C	<u>Dalwai</u>
13	1601108521029	R. Shaileja	B.Z.C	<u>Shaileja</u>
14	16011085047030	R. Jyothi	B.Z.C	<u>Jyothi</u>
15	16011085085031	S. Sony	B.Z.C	<u>Sony</u>
16	16011085073032	S. Jahavi	B.Z.C	<u>Jahavi</u>
17	16011085061033	Samsam Begum	B.Z.C	<u>Samsam Begum</u>
18	16011085049034	T. Vasantha	B.Z.C	<u>Vasantha</u>
19	16011085037035	U. Harika	B.Z.C	<u>Harika</u>
20	16011085025036	Y. Roshini	B.Z.C	<u>Roshini</u>
21	16011085445501	A. Annapurna	B.Z.C	<u>Annapurna</u>

PRINCIPAL

Govt. Degree College for Women
Begumpet, Hyderabad

No	Roll No	Student name	class	Signature
22	17011085489001	Ali Anitha	BTZC	<u>Anitha</u>
23	1701108549002	Annamaneni Sai Divya	BTZC	<u>Divya</u>
24	1701108549003	A. Gandla Vasavi	BTZC	<u>Vasavi</u>
25	1701108549004	Abnakoor Mamatha	BTZC	<u>Mamatha</u>
26	1701108549005	Bejagum Sravani	BTZC	<u>Sravan</u>
27	1701108549006	CH Sai Prasanna	BTZC	<u>Prasanna</u>
28	17011084549007	Dasari Sowmya	BTZC	<u>Sowmya</u>
29	17011084549008	E. Navatha	BTZC	<u>Navatha</u>
30	17011084549009	E. Priyanka	BTZC	<u>Priyanka</u>
31	17011084549010	Geetha Gupta	BTZC	<u>Geetha</u>
32	17011084549011	Kancharla Maneesha	BTZC	<u>Kancharla</u>
33	17011084549012	Kasarla Swetha	BTZC	<u>Swetha</u>
34	17011084549013	Katam Sowjanya	BTZC	<u>Sowjanya</u>
35	17011084549014	Koivi Priyanka	BTZC	<u>Priyanka</u>
36	17011084549015	Meghavath Suneetha	BTZC	<u>Suneetha</u>
37	17011084549016	M. Akhila Shivani	BTZC	<u>Shivani</u>
38	17011084549017	Pampari Shravani	BTZC	<u>Shravani</u>

No	Roll No	Student name	Class	Signature
39	17011084549018	Pendem Srividya	BT2C	<u>Srividya</u>
40	17011084549019	Poreddy Srija	BT2C	<u>Srija</u>
41	17011084549020	Pullagari Arundathi	BT2C	<u>Arundathi</u>
42	17011084549021	Rathlavath Bharathi	BT2C	<u>Bharathi</u>
43	17011084549022	Ryakala Niveditha	BT2C	<u>Niveditha</u>
44	17011084549023	Sunke Hima Bindu	BT2C	<u>Hima Bindu</u>
45	17011084549024	Tootipally Saritha	BT2C	<u>Saritha</u>
46	17011084549025	Vanga Supriya	BT2C	<u>Supriya</u>
47	17011084549026	Yapuri Manisha	BT2C	<u>Manisha</u>
48	17011084549027	Aysha Tabassum	BT2C	<u>Aysha</u>
49	17011085445002	Bukhya Sirisha	BT2C	<u>Sirisha</u>
50	17011085445003	Bodagam Sushma	BT2C	<u>Sushma</u>
51	17011085445004	Bonagari Rajeshwari	BT2C	<u>Rajeshwari</u>
52	17011085445004	Bonasi Raveena	BT2C	<u>Raveena</u>
53	17011085445005	Bukhya Pooja	BT2C	<u>Pooja</u>
54	17011085445006	CH Blessy Samhitha	BT2C	<u>Samhitha</u>
55	17011085445007	Chepyala Bhavani	BT2C	<u>Bhavani</u>
56	17011085445008	Chetty Babitha	BT2C	<u>Babitha</u>

EXTENSION LECTURE ON MEDITATION AND YOGA

Activity: Extension lecture on Meditation and Yoga

Date: 23.02.2021 @ 11.00am

Resource Person: Dr. Vanitha Malevar, a volunteer in Art of Living organization

Organizing committee: Women Empowerment Cell, Health Committee and Zoology dept

The Art Of Living Foundation is a non-profit, educational and humanitarian organization founded in 1981 by the world renowned humanitarian and spiritual teacher Sri Sri Ravishanker . All the Art of Living programs are guided by Sri Sri Philosophy. Unless we have a stress free mind and violence free society we cannot achieve world peace.

Behalf of Women Empowerment Cell and Zoology dept , we organized a special program through online with Dr. Vanitha Malevar, a volunteer in Art Of Living organization on “Meditation and breath work shop” on dt:23-02-2021. Dr. Vanitha explained in detail about the effect of meditation and how it builds a harmony in between the health and studies. Madam also presented different types of exercises for better breathing.

➔ Forwarded

Join our Cloud HD Video Meeting

Zoom is the leader in modern enterprise video communications, with an easy, reliable cloud plat...
us04web.zoom.us

Rajani Padma Sri is inviting you to a scheduled Zoom meeting.

Topic: Guest lecture on " Treasure of Success and Happiness Unlimited through Yoga " by Art of Living Volunteer and Educational Consultant, Dr. Vanitha Malevar
Time: Feb 23, 2021 11:00 AM
Mumbai, Kolkata, New Delhi

Join Zoom Meeting

<https://us04web.zoom.us/j/78334217166?pwd=SUhUWjRqTUZTelRiODI1UzVsRmJ5QT09>

Meeting ID: **783 3421 7166**
Passcode: gBtU2u

Join

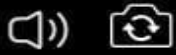
<https://chat.whatsapp.com>

😊 Type a message



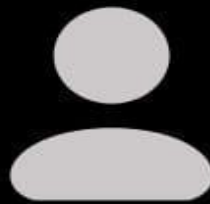
11:19

VoWiFi LTE1 48%



Zoom

End



Katikitala Kezia

Mute

Stop Video

Share

Participants

More



Extension lecture on Meditation and Yoga

2020-21

No. of Students - 29

Sl. No	Roll No.	Student Name	Class	Signature
1.	1601108401524	K. Poja	B.Com	<u>Poja</u>
2.	1601108401525	K. Bhargani	B.Com	<u>K. Bhargani</u>
3.	1601108401526	K. Shivapriya	B.Com	<u>Shivapriya</u>
4.	1601108401527	K. Maheshwari	B.Com	<u>Maheshwari</u>
5.	1601108401528	M. Shireesha	B.Com	<u>Shireesha</u>
6.	1601108401530	N. Shireesha	B.Com	<u>Shireesha</u>
7.	1601108401539	R. Sanjitha	B.Com	<u>Sanjitha</u>
8.	1601108401541	S. Dhana Bhisu	B.Com	<u>D.S.B.</u>
9.	16011085405007	B. Annapurna	B.Com (CA)	<u>Annappurna</u>
10.	16011085405009	B. Manjulatha	B.Com (CA)	<u>Manjula</u>
11.	16011085405012	D. Rajitha	B.Com (CA)	<u>Rajitha</u>
12.	16011085405015	G. Priyanka	B.Com (CA)	<u>Priyanka</u>
13.	16011085405017	J. Syamala	B.Com (CA)	<u>Syamala</u>
14.	16011085405019	M. Manga	B.Com (CA)	<u>M. Manga</u>
15.	16011085405027	R. Rani	B.Com (CA)	<u>R. Rani</u>
16.	16011085405031	S. Mounika	B.Com (CA)	<u>Mounika</u>
17.	16011085405035	T. Seelavani	B.Com (Adv)	<u>Seelavani</u>
18.	16011085405037	V. Pranavika	B.Com (Adv)	<u>Pranavika</u>
19.	16011085253017	L. Divya	B.ZC	<u>Divya</u>
20.	16011085253019	M. Shailasutha	B.ZC	<u>Shailasutha</u>

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Begumpet, Hyderabad

Roll No.	Student Name	Class	Signature
16011085289014	Juveria Komal	BZC	Juveria
16011085301013	K. Seidhu	BZC	Seidhu
23. 16011085289014	K. Kulsuwan	BZC	K. K.
24. 16011085253017	L. Divya	BZC	Divya
25. 16011085145026	P. Maheshwari	BZC	Mahesh.
26. 16011085145028	P. Dalwai	BZC	Dalwai
27. 16011085061033	Samreen Begum	MZC	Samreen
28. 16011085445504	B. Sumalatha	MZC	Sumal.
29. 16011085445507	B. Saritha	MZC.	Saritha



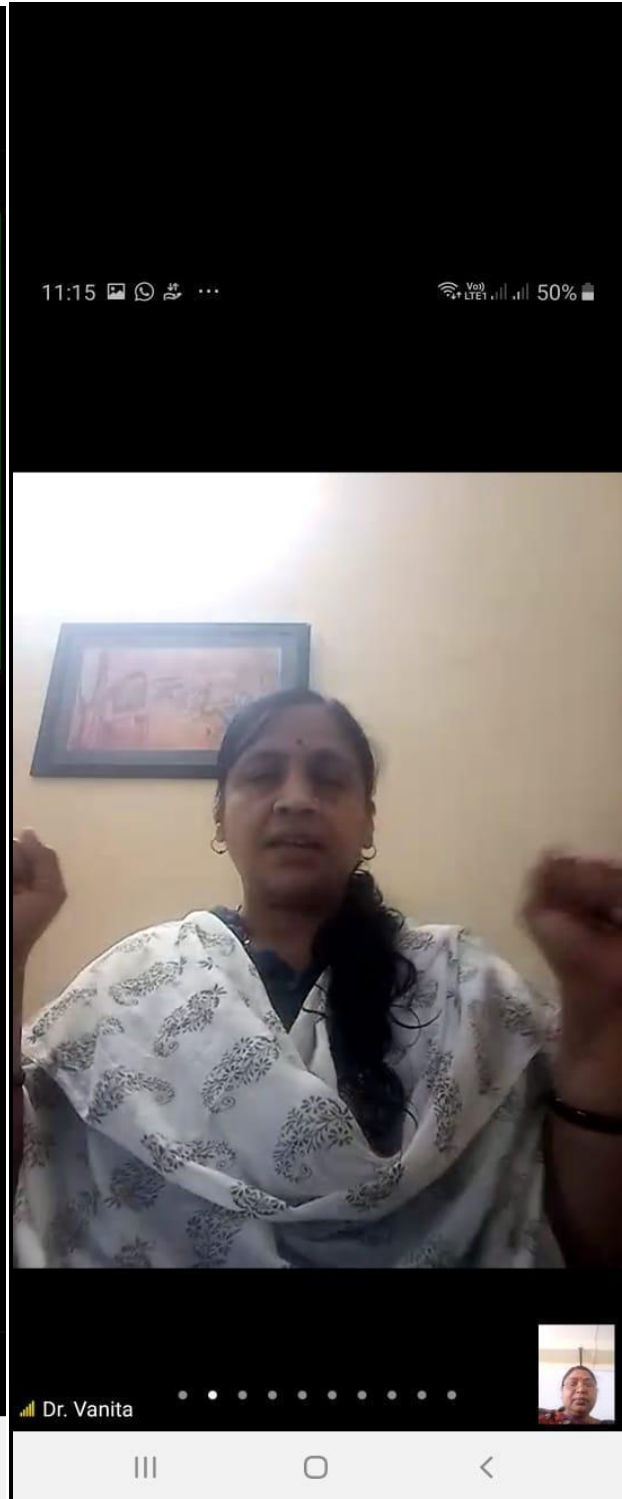
PRINCIPAL
Govt. Degree College for Women
Begumpet, Hyderabad

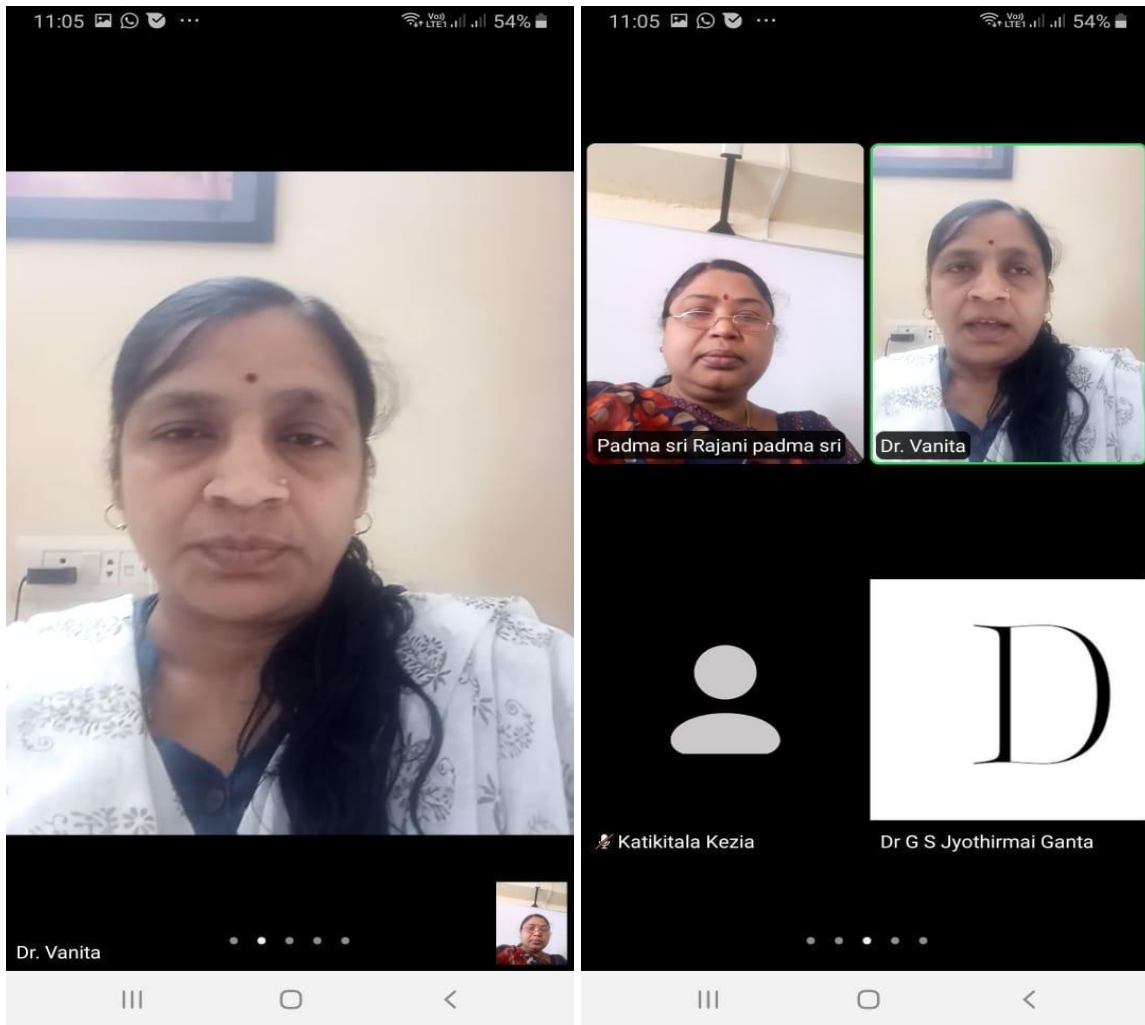
Extension lecture on Meditation and Yoga

2020-21

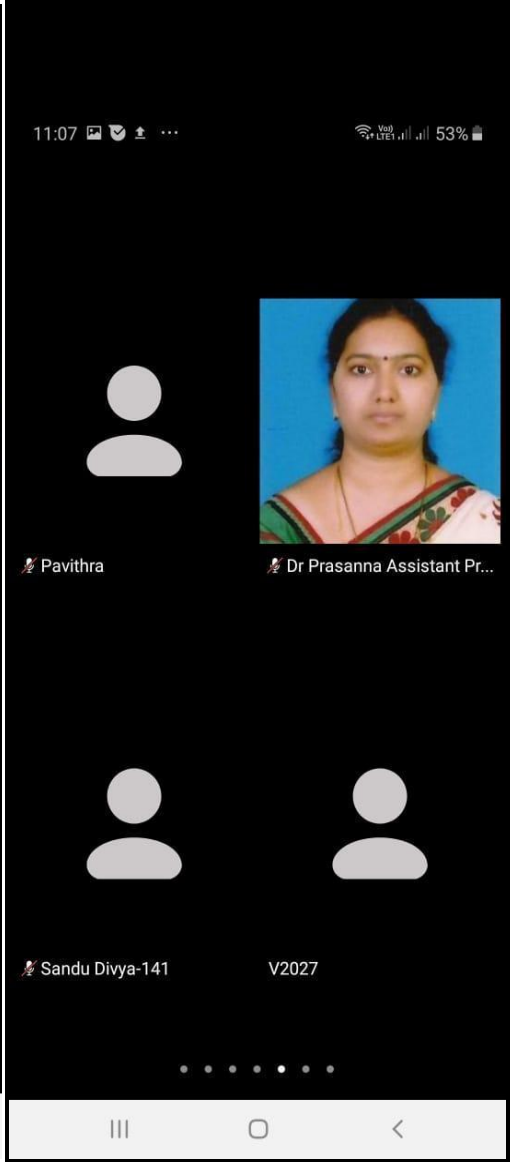
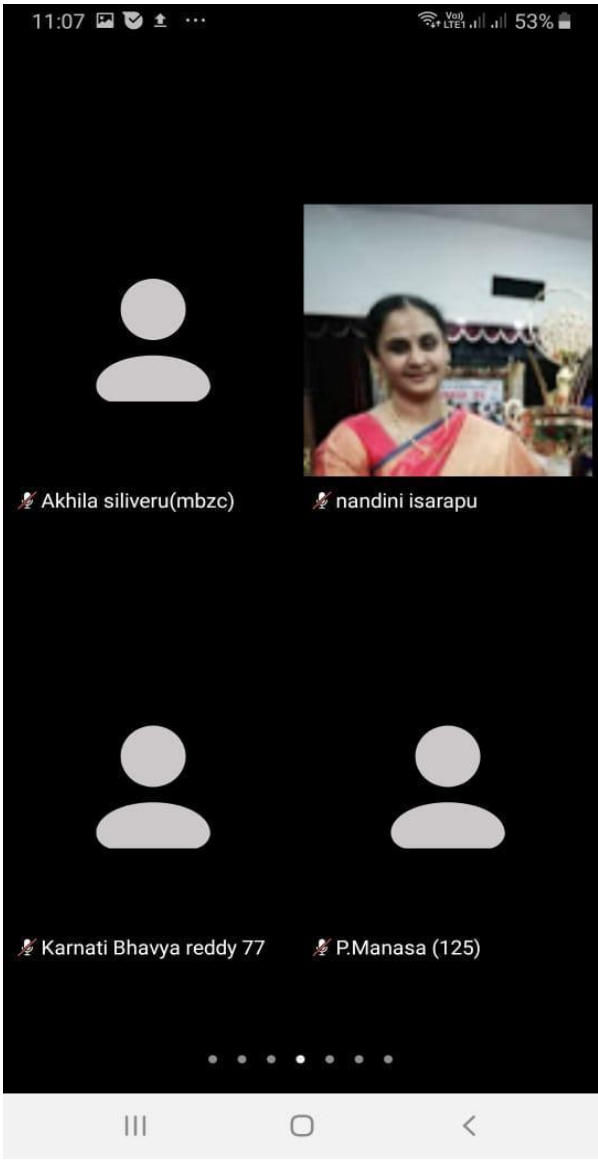
No. 7 Slides - 29

Sl.No	Roll No.	Student Name	Class	Signature
1.	1601108401524	K. Poja	B.Com	<u>Poja</u>
2.	1601108401525	K. Bhargani	B.Com	<u>K.Bh</u>
3.	1601108401526	K. Shivapriya	B.Com	<u>Shiv</u>
4.	1601108401527	K. Maheshwari	B.Com	<u>mahesh</u>
5.	1601108401528	M. Shireesha	B.Com	<u>Shir</u>
6.	1601108401530	N. Shireesha	B.Com	<u>Shir</u>
7.	1601108401539	R. Sanjitha	B.Com	<u>Rsan</u>
8.	1601108401541	S. Dhana Bhisu	B.Com	<u>D.S.B</u>
9.	16011085405007	B. Annapurna	B.Com (CA)	<u>Anna</u>
10.	16011085405009	B. Manjulatha	B.Com (CA)	<u>Manju</u>
11.	16011085405012	D. Rajitha	B.Com (CA)	<u>Rajal</u>
12.	16011085405015	G. Priyanka	B.Com (CA)	<u>Priya</u>
13.	16011085405017	J. Syamala	B.Com (CA)	<u>J.S</u>
14.	16011085405019	M. Manga	B.Com (CA)	<u>M.M</u>
15.	16011085405027	R. Rani	B.Com (CA)	<u>R.Rani</u>
16.	16011085405031	S. Mounika	B.Com (CA)	<u>Mouni</u>
17.	16011085405035	T. Seelavani	B.Com (Adv)	<u>Seelavani</u>
18.	16011085405037	V. Pranavika	B.Com (Adv)	<u>Pranavika</u>
19.	16011085253017	L. Divya	B.ZC	<u>Divya</u>
20.	16011085253019	M. Shailasuttra	B.ZC	<u>Shaila</u>





In this programme Dr. Vanitha Malevar explained to the students about the various risk factors like stress and lifestyle and their implications on the health of the students. Dr. Malevar gave several tips to the students on how to face stressful situations with the help of meditation and Yoga. The students of I year Degree course in Govt. College for Women (A), Begumpet, Hyderabad enthusiastically participated and interacted with the speaker at the end of the lecture and clarified their doubts



Close

Participants (29)




















Waiting(2)

Admit all

- PP** Pranaya peddamalku(M... Joining...
- SM** Swarnanjali mzc Joining...

Participants(27)

Search

- R** Padma sri Rajani p... (Host, me)   >
-  Dr. Vanita   >
- V** V.Gayathri   >
- AS** Akhila siliveru(mbzc)   >
-  D. Girijarani (48)   >
-  Dr Prasanna Assistant Pro...   >
- GA** G. Ashwini (mzc)   >
- J** Jangam Bhargavi   >

Invite

Mute All





GOVERNMENT DEGREE COLLEGE FOR WOMEN
AUTONOMOUS
BEGUMPET, HYDERABAD



Activities Report
(Year 2020 to 2021)

Dr.P.S.Rajani

Women Empowerment Cell-Co-ordinator

Government Degree College for Women (A), Begumpet, established a Women Empowerment Cell on August, 2014 to empower women and help them walk of life. The Women Empowerment Cell is actively involved in the organizing various activities to make the women students aware of the empowerment of women.

Women of today are pragmatic, intelligent and thinking and many aspire to be self independent and economically stable and therefore there is every need to empower them. Empowerment is inspiring women to develop the courage to break free from the chains of superstitions, patterns; social limitations that have traditionally kept women suppressed and unable to realize their true essence and power.

The empowerment of women is vital and increases their ability to influence changes and contribute to a better society.

OBJECTIVES OF WEC

- Make colleges safe for girls to pursue higher education in congenial learning environment.
- Encourage the ability to think and express boldly and decide independently.
- Impart career guidance and counseling to facilitate economic security and financial independence.
- Focus on health care and women related issues.
- To create awareness among the women students about women protection laws and rights.
- To address the complaints and problems of women students and staff.
- To strengthen the students physically, mentally and extend more support to face the present day situation.

The continuation of Women Empowerment Cell consists of convener, supported by one women lecturer.

Formation of WEC committee (8 members)

Principal - Chairman

Convener - Senior Women lecturer

Members

Women lecturer - 1

Women employee - 1

Two girl students UG -2

Constitution of WEC Committee 2020-21

S. No	Name & Designation	Name of the Committee/ Duty Assigned
1	Dr.G.Sunitha,Principal (FAC)	Chairman
2	Dr. P.S.Rajani Asst. Prof. of zoology	Convener
3	Dr.A,Madhuri Asst. Prof. of Microbiology	Member
4	Mrs.k.Shilpavalli Physical Director	Member
5	Dr.D.Padmaja Asst. Prof. of Sanskrit	Member
6	Dr.K.Praneetha Asst. Prof. of Commerce	Member
7	Dr.K.Kamala Asst. Prof. of Pol.Science	Member
8	Y.Divya sree BA EPaCa III year Roll.no.108518278006	Member
9	Sandu Sandhya BZC III ROLL.NO.108518445141	Member

ACTIVITIES ON WEC PLATFORM

- Place slogans, quotes and writings in the favor of respect for women in key areas in the college.
- Rallies and public awareness campaigns on women education and women related issues.
- Invite successful women personnel from varied sectors like education, justice's culture, health, journalism, to deliver talks strengthening leadership qualities in women and positive attitude to life.
- Conduct seminars, paper presentations, workshops to highlights the power of women and their contribution to society.

- Organize health camp/checkups and creates proper health awareness and measures to combat deadly infectious diseases.
- Encourage study projects, surveys and discussion forum to better the ability to create new ideas, think innately and logically.

GOVERNMENT DEGREE COLLEGE FOR WOMEN

(A) BEGUMPET, HYDERABAD

INTERNATIONAL WOMEN'S DAY

CELEBRATIONS

DT:09-03-2021

AGENDA

- 1) Guard of honour
- 2) Welcome dance
- 3) Inviting the guest on to the dais
- 4) Lightening the lamp by the chief guest
- 5) Prayer song
- 6) Presidential remarks and vice principal speech
- 7) Introduction of Chief Guest
- 8) Speech by the Chief Guest
- 9) Felicitation to chief guest
- 10) Cultural
- 11) Vote of thanks

Outcome of the program:

- Students are inspired by the speeches given by the chief guest ,principal and others.
- Students got an awareness on SHE TEAM and its activities.
- Additional DCP cautioned about the Cyber Crime.
- The students are advised to REPORT to the SHE TEAM as and when in need.
- Students got an alertness regarding the mishaps in and around the society.
- Advised to HAWK EYE during travelling in CABS, Autos etc.,
- Advised to DIAL 100 in such cases like both in virtual and physical situations as when they are facing any harassment in the society.

19:27 

 VoLTE  42% 



To
The Commissioner of Police,
Telangana State,
Hyderabad.

Respected Sir,

We would like to conduct a SHE
TEAM awareness programme on the
occasion of Womens Day
Celebration on Dated: 09-03-2021 at
Government Degree College for
Women, Begumpet, Hyderabad. We
request you to arrange the needful.

--

with regards,

Dr. G. SUNITHA
PRINCIPAL (FAC)
GOVT.DEGREE COLLEGE FOR
WOMEN,
BEGUMPET, HYDERABAD.



19:26

VoLTE1 42%



Fwd: Request to arrange SHE TEAM members to conduct the SHE TEAM Awareness Programme at GDC (W), Begumpet. Inbox



gdcw begumpet 18:40
to cp-hyderabad, me



----- Forwarded message -----

From: gdcw begumpet

[<gdcwbpthyd@gmail.com>](mailto:gdcwbpthyd@gmail.com)

Date: Sat, 6 Mar, 2021, 4:56 pm

Subject: Request to arrange SHE TEAM members to conduct the SHE TEAM Awareness Programme at GDC (W), Begumpet.

To: [<cp!hyderabad@pspolice.gov.in>](mailto:cp!hyderabad@pspolice.gov.in)

Cc: [<rajinicollege@gmail.com>](mailto:rajinicollege@gmail.com)

To



**GDCW BEGUMPET**

Ambadas, D, D, D, D, D Jyothirmayi Bgpt, D...



Good evening everyone n I wish u happy womens day. It's my great pleasure to invite Principal, all the faculty, non teaching staff and the students to attend the International women's day celebration in our college followed by the SHE TEAM awareness program by C. SUNITHA ,additional DCP and I charge SHE team

18:18 ✓✓

I request all d faculty members to forward this message to all d student groups 🌸

18:19 ✓✓

9 MARCH 2021

It is gentle reminder to all d faculty members that today International women's day celebration s are going start by 11 00 AM in the college ground and all are cordially invited

09:20 ✓✓

Sunitha G

D Grievances & Redressal Committee



Type a message



Sirisha Raghavendra

Addl Superintendent of Police, Telangana

Email: HYPERLINK

"mailto:sirisha.chepuri@gmail.com

"sirisha.chepuri@gmail.com

Mobile:+91-9247695184

Profile Summary

I have joined Telangana State Police Department as Deputy Superintendent of Police in November' 2012 thru Group 1 Services conducted by the then APPSC. Prior to joining Police Department, I have worked as a Telecom Engineer in India and Europe for 4.5 Years.

I am a community-oriented public servant deeply committed to protecting lives, citizens and property through rapid emergency response, diligent crime-prevention efforts and high-visibility public safety initiatives. Demonstrated sound judgement under pressure in life-threatening situations and other emergency scenarios.

Experience Summary

Dec'2020 to **Addl. Dy. Commissioner of Police – SHE Teams &Bharosa, Hyderabad City.**

till date

June' 2019 to **Asst. Director (Admin)- Telangana State Police Academy (TSPA)**

Dec'2020

Nov' 2017 to **Sub-Divisional Police Officer (SDPO),Vikarabad**

May'2019

Sep' 2016 to **Dy. Superintendent of Police (DSP), CID Telangana**

Nov'2017

Nov' 2013 to **Probationary DSP, Warangal District, Telangana**

Jun'2014

Nov' 2012 to **Probationary DSP, TSPA (formerly called as AP Police Academy)**

Oct'2013

Aug' 2004 to **Software Engineer, Wipro Technologies, India**

Oct'2007 **Software Engineer, Nokia, Europe.**

Academic Qualification

- **B.Tech – Electronics and Communication Engineering** from JNTU College of Engineering, Hyderabad in 2004

Key Achievements

- **As Addl.DCP, SHE Teams & Bharosa, Hyderabad City**

Have been ensuring both proactive and reactive measures are taken care of to curb crime against women and children in all forms, one one hand by spreading awareness among all the stakeholders, on the other hand by catching hold of offenders and producing them before Court of law with proper technical evidence in order to get them punished.

- **As AD(Admin), TSPA**

Ensured that training activities, budget related matters, logistic support, men management and correspondence with chief office and government are taken care successfully for the huge batch of 2000+ officer trainees.

As an SDPO, Vikarabad

- Security in-charge for the 3-day visit of Hon'ble Governor of Telangana & AP, Sri. E.S.L Narsimhan to Ananthagiri, Vikarabad.
- Security in-charge for Chief Minister Sri.K.Chandra Shekar Rao Election Campaign Event in Vikarabad.
- Security in-charge for critical election campaigns-Sri.K.T.Rama Rao's Road Show, Sri. Yogi Adityanath's Election Meeting, Sri. Rahul Gandhi's Election Campaign and many other similar sensitive events.
- As part of Community Security Awareness program, installed more than 500+ CCTV cameras in Vikarabad sub-division
- Key role in establishing the Bharosa Center at Vikarabad. It is the next to the only center in Hyderabad.
- Completed 4 Elections peacefully without single untoward incidents – TS Assembly, Local body elections and Parliament General Elections.
- **As Dy.SP CID**, Investigated and closed long pending critical cases.

- **As Dy.SP, Warangal District**
- Instrumental in reducing the illegal sand mining in Wardannapet Area – Seized more than 140 vehicles on single day, first of its kind in the whole state
- Played key role in eliminating the illicit liquor manufacturing in Tribal Tanda's and provided an alternative employment.

Inviting the honourable chief guest Additional DCP C.Shirisha through guard of honour



SHE TEAM AWARENESS PROGRAM

DT.09-03-2021

REPORT

The SHE TEAM awareness program has been organized by the Women Empowerment Cell, Government Degree College, Women (A), Begumpet. The Honorable Chief Guest, C.Shirisha, Additional DCP, Telangana state, has been invited to acknowledge the program on the occasion of International Women's Day celebrations on the 9th of March, 2021. She has been invited with God of Honour by the NCC students accompanied by the Principal, Staff, and Students.

The students performed a Welcome Dance on the arrival of the Honorable Additional DCP. Dr.Padmaja, Assistant Professor of Sanskrit, invited the guests on to the Dias. Yuktha and her team started the whole ceremony with the delightful prayer song. Later the program was inaugurated by lightening the lamp with the additional DCP, principal, and the others. After, the presidential remarks were done by G.Sunitha, Principal (FAC). Madam G.Sunitha addressed the group of students to spread awareness of all the issues occurring in and around society. The students were also told to be positive in all the means and get progress by achieving a good education. She has given examples of eminent women reaching their goals. She blessed the students to develop in every aspect.

Vice Principal and the Controller of examination, Dr.K.Vijaya Kumar delivered a speech to the students about how women are facing the problem in society. The women are abused by their own family as well as their in-laws' family. To solve these problems, he advised the students to become more confident by gaining knowledge through education and by being independent financially.

The introduction of the Chief Guest was presented by Dr.Madhuri, Assistant Professor of Microbiology. The Honorable Chief Guest, C.Shirisha, Additional DCP, discoursed the gathering about the mishaps in the society, how to face them and how to take the help of the SHE TEAM. She advised the students about how to report the SHE TEAM for any help. She let everyone know that everything will be kept confidential. Madam has given an example of girl victims and how the SHE TEAM has solved the issues. She compared the lives of past generations and the present generations of women and suggested to be positive because the safe path is already created for the women. The Telangana State Government is implementing such type of awareness programs

for the safety of women. She wished her best for all the women on the occasion of International Women's Day.

The Principal, G.Sunitha, and the Women Empowerment Cell Convener, Dr.P.S.Rajani and others felicitated the Honorable Chief Guest, C.Shirisha. Followed by the felicitation of the Principal, G.Sunitha, Dr.K.Vijaya Kumar, and Dr.P.S.Rajani.

On the eve of International Women's Day Celebrations, the competitions of Essay writing and Elocutions have been conducted. The prizes were distributed to the winners by the Honorable Chief Guest, C.Shirisha. The SHE TEAM members organized a "brick-breaking" program by NCC students. Some of the students exhibited Self-Defending techniques to protect themselves from others. Few students performed an act of the social evils and lastly played the different roles of women in this society.,

The vote of thanks was given by Dr.Kamal, Assistant Professor of Political Science, and Dr.K.Pranitha, Assistant Professor of Commerce.



Welcome dance by the students



Inviting the honorable principal(FAC) Dr. G.Sunitha on to the dias



Inviting the chief guest on to the dias



Inaugurating the program by lighting the lamp by the chief guest







Welcome song by a student



Inviting the the principal by Dr.D.Padmaja



Presidential address by the principal, Dr. G. Sunitha





A seech by vice principal,Dr.Vijay kumar



Introducing the chief guest by asst. prof Dr. A. Madhuri



Addressing the gathering by the Addl.DCP.C.Shirisha











Distribution of prizes by the chief guest to the students who won prizes in elocution and essay writing on role women in the society



A grand felicitation of the chief guest by the principal and the staff



A felicitation of the principal by the chief guest and the staff







Cultural programs



Self Defencing activity





Vote of thanks by Asst.Prof.Dr.Kamala



షీటీంపై అవగాహన

బేగంపేట్ మార్చి 9: అంతర్జాతీయ మహిళా దినోత్సవంలో భాగంగా మంగళవారం సికింద్రాబాద్ బేగంపేటలోని మహిళా డిగ్రీ కళాశాలలో వుమెన్ ఎంపవర్ మెంట్ అధ్యయనంలో వేడుకలు నిర్వహించారు. ఈ కార్యక్రమానికి అదనపు డిప్యూటీ కమిషనర్ శిరీష ముఖ్య అతిథిగా పాల్గొన్నారు. ఈ సందర్భంగా ఆమె మాట్లాడుతూ... విద్యార్థినులు వర్తమాన సమాజంలో ఎదుర్కొంటున్న వివిధ రకాల సమస్యల గురించి వివరించారు. ఈ క్రమంలో షీటీంపై అవగాహన కల్పించారు. ఈ కార్యక్రమంలో కళాశాల ప్రిన్సిపాల్ డాక్టర్ జి సునీత, వైస్ ప్రిన్సిపాల్ విజయకుమారి తదితరులు పాల్గొన్నారు.

No. 28/2021-300 SHE TEAM AWARENESS PROGRAM dt. 9.3.2021

S.NO	Roll Number	student name	class	Signature.
01	108518457001	Adudodla Divya	MZC III yr	Divya
02	108518457002	K. Lavanya	MZC III yr	Lavanya
03	108518457015	Gajji Akhila	MZC III yr	Akhila
04	108518457008	Bhupati Vani	MZC III yr	Bhupati Vani
05	10851845707	Bejjala Pragna	MZC III yr	Bejjala Pragna
06	10851845703	Ailapuram Sravani	MZC III yr	Ailapuram Sravani
07	108518457017	Gyadapaka Ashwini	MZC III yr	Gyadapaka Ashwini
08	108518457016	Ganjai Archana	MZC III yr	Ganjai Archana
09	108518457002	Afreen Fatima	MZC III yr	Afreen Fatima
10	108518457005	A. Manasa	MZC III yr	A. Manasa
11	108518457012	Duggirala Mounika	MZC III yr	Duggirala Mounika
12	108518457018	Hoshelwar Prathiba	MZC III yr	Hoshelwar Prathiba
13	108518457014	Gadidapati Priya	MZC III yr	Gadidapati Priya
14	108518457019	Katakam Achmitha	MZC III yr	Katakam Achmitha
15	108518489012	Ch. Sushma	BTBZ II yr	Sushma
16	108518489018	L. Deepika	BTBZ II yr	Deepika
17	108518489017	Neha Sultana	BTBZ II yr	Sultana
18	108518489006	B. Priyanka	BTBZ II yr	Priyanka
19	108518489002	A. Sindhu Bhargavi	BTBZ II yr	Sindhu Bhargavi
20	108518489018	E. Bhoomika	BTBZ II yr	Bhoomika
21	108518489015	D. Sakshi	BTBZ II yr	Sakshi
22	108518489030	M. Sweeya	BTBZ II yr	Sweeya
23	108518489017	D. Swetha	BTBZ II yr	Swetha
24	108518489036	N.S.S.K. Laxmi Priya	BTBZ II yr	Laxmi Priya
25	108518489025	K. Yamini	BTBZ II yr	Yamini
26	108518489034	D. Mounika	BTBZ II yr	Mounika

S.No	Roll No	Name of the student	class	signature
27	10611085366001	B. Vikiitha	B.A	Vikiitha
28	10611085366002	B. Swathi	B.A	Swathi
29	10611085366003	Fathima Beguna	B.A	Fathima beguna
30	10611085366004	Humera Nausheen	B.A	Humera
31	10611085366005	Jaya shree Mishra	B.A	Jayy
32	10611085366006	J. Sinduja Keddy	B.A	Sind
33	10611085366007	J. Sindhu	B.A	Sindhu
34	10611085366008	K. Divya shree	B.A	Divya
35	10611085366008	M. Laxmi	B.A	Laxmi
36	10611085366001	Asma begum	B.A	Asma
37	10611085366010	Rai samyuktha	B.A	samyuk
38	10611085366011	R. Manasa Naik	B.A	manasa
39	10611085366012	Juveriya	B.A	Juveny
40	10611085366013	Jyothi sharma	B.A	Jyothi
41	10611085366014	K. Sumanjali	B.A	sumanj
42	10611085366015	K. Keena	B.A	Keena
43	10611085366016	N. Lakshmi	B.A	Lakshmi
44	10611085366017	Rajini Singh	B.A	Rajini
45	10611085366018	Preshma Patvari	B.A	Preshma
46	10611085366019	S. Soundarya	B.A	Soundarya
47	10611085366020	Sana Fathima	B.A	Sana
48	10611085366021	Sarjam Bhargavi	B.A	Bhargavi
48	10611085366022	Sudha dawadi	Principal	Sudha

Sl No	Roll No:	Student name	class	Signature
49	108518457035	Nenavath chelsi	MZC III rd yr	Nenavath chelsi
50	108518457021	K. Mounika	MZC III rd yr	K. Mounika
51	108518457038	Panjala Sowmya	MZC III rd yr	Panjala Sowmya
52	108518457041	Sadia Begum	MZC III rd yr	Sadia Begum
53	108518457022	M. preethi	MZC III rd yr	Preethi
54	108518457040	P. Meghamala	MZC III rd yr	Meghamala
55	108518457037	P. Manasa	MZC III rd yr	Manasa
56	108518457031	Mukyala shirisha	MZC III rd yr	Mukyala Shirisha
57	108518457036	Nishath parveen	MZC III rd yr	parveen
58	108518457032	Muthoju Anoohya	MZC III rd yr	Anoohya
59	108518457030	Mukthipudi Sowmya	MZC III rd yr	Sowmya
60	108518457033	Muthyam Deepthi	MZC III rd yr	Deepthi
61	108518457024	Mamta	MZC III rd yr	mamta
62	108518457029	Mrinalini Bhatti	MZC III rd yr	Bhatti
63	108518457025	Mangli Kamakshi	MZC III rd yr	Kamakshi
64	108518457028	M.V Chandrika	MZC III rd yr	Chandrika
65	108518457027	Masali shireesha	MZC III rd yr	Shireesha
66	108518489041	R. Yugala	BTBZ II yr	yugala
67	108518489052	vadla pooja	BTBZ II yr	Vadla pooja
68	108518489046	S. Pavani	BTBZ II yr	Pavani
69	108518489051	Vennam. pooja	BTBZ II yr	pooja
70	108518489042	R. Rajeshwari	BTBZ II yr	Rajeshwari
71	108518489049	U. sailaja	BTBZ II yr	Sailaja
72	108518489044	S. Charanjeet Kour	BTBZ II yr	Charanjeet Kour
73	108518489050	V. Sravani	BTBZ II yr	Sravani

Roll Number	Student Name	class	Sign
74	C.S Sindu	B.A	<u>Sindu</u>
75	D. Madhavi	B.A	<u>Madhavi</u>
76	D. Sriisha	B.A	<u>Sriisha</u>
77	Divya bhavathi	B.A	<u>Divya</u>
78	Janaki	B.A	<u>Janaki</u>
79	D. Keerthi	B.A	<u>Keerthi</u>
80	D. Kusuma	B.A	<u>Kusuma</u>
81	D. Madhavi	B.A	<u>Madhavi</u>
82	E. kavitha	B.A	<u>Kavitha</u>
83	E. Prathyusha	B.A	<u>Prathyusha</u>
84	E. Madhavi	B.A	<u>Madhavi</u>
85	fara fathima	B.A	<u>Fara</u>
86	farheen begum	B.A	<u>Farheen</u>
87	J. Pavithra	B.A	<u>Pavithra</u>
88	J. Hingeshwari	B.A	<u>Hingeshwari</u>
89	G. Aasathi	B.A	<u>Aasathi</u>
90	Swetha	B.A	<u>Swetha</u>
91	G. Preethi	B.A	<u>Preethi</u>
92	G. Pooja	B.A	<u>Pooja</u>
93	G. Radhika	B.A	<u>Radhika</u>
94	G. Lalitha	B.A	<u>Lalitha</u>
95	G. Vyva vandhal	B.A	<u>Vyva</u>
96	J. Mounika	B.A	<u>Mounika</u>
97	J. Geetha	B.A	<u>Geetha</u>

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S.No	Roll No.	Name of the student	class	Signature
98	1085184897045	M. Deepika	BZC III yr	<u>Deepika</u>
99	1085184897053	Neha Suthana	BZC III yr	<u>Neha Suthana</u>
100	1085184897084	R. Spandana	BZC III yr	<u>Spandana</u>
101	1085184897090	Nishath Begum	BTZC III yr	<u>nishath begum</u>
102	1085184897096	P. Manisha	BTZC III yr	<u>Manisha</u>
103	1085184897055	M. Amulya	BTZC III yr	<u>Amulya</u>
104	1085184897084	P. Manisha	BTZC III yr	<u>Manisha</u>
105	1085184897078	Y. manisha	MZC III yr	<u>manisha</u>
106	1085184897011	G. Vani	MZC III yr	<u>Vani</u>
107	1085184897019	Ashmitha	MZC III yr	<u>Ashmitha</u>
108	10611085366014	K. Sumanjali	B.A	<u>Sumanjali</u>
109	10611085366001	B. Vitha	B.A	<u>Vitha</u>
110	10611085366002	B. Swathi	B.A	<u>Swathi</u>
111	10611085366003	Fathima Begum	B.A	<u>fathima Begum</u>
112	10611085366004	Humera Nousheer	B.A	<u>Humera Nouseer</u>
113	10611085366005	Jaya shiree mishra	B.A	<u>Jayashree</u>
114	10611085366006	K. Divya shiree	B.A	<u>Divyashree</u>
115	10611085366012	Aarna Begum	B.A	<u>Aarna Begum</u>
116	10611085366013	Julesiya	B.A	<u>Julesiya</u>
117	10611085366016	A. Lakshmi	B.A	<u>Lakshmi</u>

S.No	Roll. No	Name of the student	class	Signature
118	10611085366024	B. Durga Bavani	B.A	<u>Durga</u>
119	10611085366025	C. Kavitha	B.A	<u>Kavitha</u>
120	10611085366026	C. Kirishnaveni	B.A	<u>Kirishnaveni</u>
121	10611085366027	K. Mounika	B.A	<u>Mounika</u>
122	10611085366028	K. Neela	B.A	<u>Neela</u>
123	10611085366029	M. Nagamani	B.A	<u>Nagamani</u>
124	10611085366030	N. Savithi	B.A	<u>Savithi</u>
125	10611085366031	M. Sangeetha	B.A	<u>Sangeetha</u>
126	10611085366032	N. Sandhya rani	B.A	<u>Sandhya</u>
127	10611085366033	N. Mahalakshmi	B.A	<u>Maha</u>
128	10611085366034	B. Nandini	B.A	<u>Nandini</u>
129	10611085366035	V. Kavitha	B.A	<u>Kavitha</u>
130	10611085366036	K. Lakshmi	B.A	<u>Laxmi</u>
131	10611085366037	K. Deepika	B.A	<u>Deepa</u>
132	10611085366038	M. Tasneem	B.A	<u>Tasneem</u>
133	10611085366040	N. Sri Chandana	B.A	<u>Sri Chand</u>
134	10611085366041	Asma begum	B.A	<u>Asamy</u>
135	10611085366042	Firdoz Sultan	B.A	<u>Firdoz</u>
136	10611085366043	N. Lavanya	B.A	<u>Lavanya</u>
137	10611085366044	L. Deepika	B.A	<u>Deepika</u>

Sl. No	Roll. No	Name of the student	class	Signature.
138	10851849010	D. Mounika	MZC III Yr	<u>Mounika</u>
139	108518491010	Mogilp Veena	MZC III Yr	<u>Veena</u>
140	108518492010	M. Sreeya	MZC III Yr	<u>Sreeya</u>
141	108518492120	D. Swetha	MZC III Yr	<u>Swetha</u>
142	108518492220	M. Laxmi Prasanna	MZC III Yr	<u>Laxmi</u>
143	108518492121	M. Amulya	MZC III Yr	<u>Amulya</u>
144	108518492125	Mehraj Begum	MZC III Yr	<u>Mehraj</u>
145	108518492300	M. Mounika	MZC III Yr	<u>Mounika</u>
146	1085184923101	Mekala Veena	MZC III Yr	<u>Veena</u>
147	108518492410	Neha Sultana	MZC III Yr	<u>Sultan</u>
148	108518493010	P. Manisha	MZC III Yr	<u>Manisha</u>
149	108518493110	R. Spandana	MZC III Yr	<u>Spandana</u>
150	108518493120	K. Amulya	MZC III Yr	<u>Amulya</u>
151	108518494100	G. Niharika	MZC III Yr	<u>Niharika</u>
152	108518494122	K. Yamini	MZC III Yr	<u>Yamini</u>
153	108518494222	B. Vikitha	MZC III Yr	<u>Vikitha</u>
154	108518494321	D. Sakshi	MZC III Yr	<u>Sakshi</u>
155	108518494400	L. Sreya	MZC III Yr	<u>Sreya</u>
156	108518494100	Heena Begum	MZC III Yr	<u>Heena</u>

Sl number	Student Name	class	Signature -
158	R. padmini	B.A	<u>padmini</u>
158	R. Rudhi mistra	B.A	<u>Rudhi mistra</u>
159	Sanjya begum	B.A	<u>Sanjya begum</u>
160	Shireen begum	B.A	<u>Shireen begum</u>
161	Abida begum	BA	<u>Abida begum</u>
162	Afreen banu	B.A	<u>Afreen begum</u>
163	Afreen begum	B.A	<u>Afreen begum</u>
164	A. Shishira	B.A	<u>Afreen begum</u>
165	B. marthi	B.A	<u>shirshaf</u>
166	A. sohi	B.A	<u>Marthi</u>
167	B. Hasika	B.A	<u>Sohi</u>
168	A. padmavathi	B.A	<u>Hasika</u>
169	Saba sultana	B.A	<u>padmavathi</u>
170	B. Jaishree	B.A	<u>Saba sultana</u>
171	B. Narmada	B.A	<u>Jaishree</u>
172	e. Reema	B.A	<u>Narmada</u>
173	a. Neeraja	B.A	<u>Reema</u>
174	e. Ragini	B.A	<u>Neeraja</u>
175	S. Lavanya	B.A	<u>Ragini</u>
176	V. Divya	BA	<u>Lavanya</u>
177	T. Anuradha	B.A	<u>Divya</u>
178	Y. Soni	B.A	<u>Anuradha</u>
179	B. Madhavi	B.A	<u>Soni</u>
			<u>Madhavi</u>

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B.A

No	Roll. No.	Name of the Students	Class	Signature
180	108518457042	Samreen	MZC III yr	Samreen
181	108518457044	Sandrapati Sravanthi	MZC III yr	Sravanthi
182	108518457046	Sara fatma	MZC III yr	Sara
183	108518457045	Sangam Rajeshwari	MZC III yr	Rajeshwari
184	108518457048	Soppari Sravani	MZC III yr	Sravani
185	108518457051	Teegala Krishna Veni	MZC III yr	Krishnaveni
186	108518457053	Thitipolli Abinaya	MZC III yr	Abinaya
187	108518457056	Vallopreddy Sahithi	MZC III yr	Sahithi
188	108518457057	Vandanopu Srujana	MZC III yr	Srujana
189	108518457059	Yeribera Prashanthi	MZC III yr	Prashanthi
190	108518457054	Thoda Sindhu	MZC III yr	Sindhu
191	108518457028	magili Veena	BIZC III yr	Veena
192	108518457020	L. Deepika	BIZC III yr	Deepika
193	108518457019	m. Laxmi Abhinavi	MZC III yr	Laxmi Abhinavi
194	108518457011	K. Yamini	BIZC III yr	Yamini
195	10851845788	K. Sneha Kiran	BIZC III yr	Sneha Kiran
196	10851845730	M. Suseeya	BIZC III yr	Suseeya
197	10851845746	Mehraj Begum	BIZC III yr	Mehraj Begum
198	10851845758	G. Nithika	BIZC III yr	Nithika
199	10851845763	R. mamika	MZC III yr	Mamika

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Roll no	Student name	Class	Signature
201	D. Swetha	BTBZ	
202	M.s.sk lakmipriya	BTBZ	
203	K. Yamini	BTBZ	
204	D. Mounika	BTBZ	
205	Samreen	BTBZ	
206	Sandrapatisavathi	MZC	
207	Sara fatima	MZC	
208	Sangamrajeshwara	MZC	
209	Soppari srabani	MZC	
210	Tegala krishna -veni	MZC	
211	Thitipolli Abinaya	MZC	
212	Ballapreddy sahitri	MZC	
213	Vandanapu srujana	MZC	
214	Yonibera prashanthi	MZC	
215	Thotasindhu	MZC	
216	Mojili veena	BTZC	
217	L. Deepika	BTZC	
218	M. laxmi Nandini	MZC	
219	K. Yamini	BTZC	
220	K. Snehalisa	BTZC	
221	M. sweya	BTZC	
222	Mehraj Begum	BTZC	
223	G. Niharika	BTZC	
224	R Mounika	MZC	

PRINCIPAL
 Govt. Degree College for Women
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	Roll No	Student Name	Class	Signature
224	10611085366096	Javeria	B.A	<u>Javeria</u>
225	10611085366097	K. Kavya	B.A	<u>K. Kavya</u>
226	10611085366098	K. Swetha	B.A	<u>K. Swetha</u>
227	10611085366099	K. Keerthana	B.A	<u>K. Keerthana</u>
228	10611085366100	K. Mamatha	B.A	<u>K. Mamatha</u>
229	108518457001	Adudodia Divya	MZC	<u>Divya</u>
230	108518457020	K. Lavanya	MZC	<u>K. Lavanya</u>
231	108518457015	Crjii Akhila	MZC	<u>Akhila</u>
232	108518457008	Bhupti Vani	MZC	<u>Vani</u>
233	10851845707	Bejjanka pragna	MZC	<u>pragna</u>
234	10851845703	Ailapuram Sravani	MZC	<u>Sravani</u>
235	10851845717	Giyadapaka Ashwina	MZC	<u>Ashwina</u>
236	108518457016	Ganjai Archana	MZC	<u>Archana</u>
237	108518457002	Afreen Fathima	MZC	<u>Fathima</u>
238	108518457005	A. Manasa	MZC	<u>A. Manasa</u>
239	108518457012	Duggirala Mounika	MZC	<u>Mounika Sai</u>
240	108518457018	Hoshelwar prathiba	MZC	<u>prathiba</u>
241	108518457014	Jadidapati Priya	MZC	<u>Priya</u>
242	108518457019	Katakam Ashmita	MZC	<u>Ashmita</u>
243	108518489012	Ch. sushma	BTBZ	<u>Ch. sushma</u>
244	108518489028	L. dipika	BTBZ	<u>L. dipika</u>
245	108518489037	Neha sultana	BTBZ	<u>Neha</u>
246	108518489006	B. priyanka	BTBZ	<u>B. priyanka</u>
247	108518489002	A. sindhu Bhargavi	BTBZ	<u>A. Bhargavi</u>
248	108518489018	E. Bhoomika	BTBZ	<u>E. Bhoomika</u>
249	108518489015	D. Sakshi	BTBZ	<u>D. Sakshi</u>
250	108518489030	M. Sweeya	BTBZ	<u>M. Sweeya</u>

Govt. Degree College for Women
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No	Roll No:	Student Name	class	Signature
251	108518489001	A. Priyanka	BTZC II nd yr	<u>Priyanka</u>
252	108518489003	Arsheen Khan	BTZC II nd yr	<u>Arsheen</u>
253	108518489005	Ayesha Fathima	BTZC II nd yr	<u>Ayesha</u>
254	108518489007	Baswa . Priyanka.	BTZC II nd yr	<u>priyanka</u>
255	108518489008	C. Bhavitha Reddy	BTZC II nd yr	<u>Bhavitha</u>
256	108518489011	C. Deepika	BTZC II nd yr	<u>Deepika</u>
257	108518489013	Ch. Vaasitha	BTZC II nd yr	<u>Vaasitha</u>
258	108518489014	D. Manasa	BTZC II nd yr	<u>Manasa</u>
259	108518489019	G. Niharika	BTZC II nd yr	<u>Nihaj</u>
260	108518489008	B. Sahithi	BTZC II nd yr	<u>Sahithi...</u>
261	108518489024	Heena Begum	BTZC II nd yr	<u>Heena</u>
262	108518489026	K. Sneha kiran	BTZC II nd yr	<u>Sneha.</u>
263	108518489029	M. Laxmi Nandini	BTZC II nd yr	<u>Laxmi.</u>
264	108518489032	Mehraj Begum	BTZC II nd yr	<u>Mehraj</u>
265	108518489033	Mogili Veena	BTZC II nd yr	<u>Veena</u>
266	108518489035	M. Amulya	BTZC II nd yr	<u>Amulya</u>
267	108518489039	Nishath Begum	BTZC II nd yr	<u>Nisha</u>
268	108518489040	P. Manisha	BTZC II nd yr	<u>Manisha</u>
269	10518489042	R. Rajeshwari	BTZC II nd yr	<u>Rajeshwari</u>
270	10518489044	S. charanjeet kowr	BTZC II nd yr	<u>Charanjeet</u>
271	10518489047	S. Geetha	BTZC II nd yr	<u>Geetha</u>
272	10518489049	U. Sailaja	BTZC II nd yr	<u>Sailaja</u>

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Roll No.	Student number	class	Signature
273	16011085078032	BZC	Jahani
274	16011085049034	BZC	Vasanth
275	16011085025086	BZC	Roshini
276	16011085445501	BZC	Annapurna
277	16001085210299	BZC	Sahaja
278	16011085121028	BZC	Anusha
279	16011085121028	BZC	Dalwai
280	16011085301013	BZC	J. Swetha
281	16011085349009	BZC	C. Anusha
282	16011085409004	BZC	B. Lakshmi
283	16011085085031	BZC	S. Sony
284	16011085061033	BZC	Sandeep Begum
285	16011085037035	BZC	O. Harika
286	1601108501037	BZC	Jshiravani
289	170110845490200	BZC	R. Nivadhitha
290	17011084549023	BZC	S. Himabindhu
291	17011084549025	BZC	V. Supriya
292	197010848819027	BZC	Aysha tabassum
293	19701085445803	BZC	B. Sushma
294	19701085445804	BZC	B. Raveena
295	19701085445006	BTZC	CH. Bussy Samitha

No	Student Name	Class	Signature
17011085489001	Alli Anitha	BTZC	<u>Anitha</u>
297 1701108549002	A. Sai Divya	BTZC	<u>Divya</u>
298 1701108549004	B. Saravani	BTZC	<u>Saravani</u>
299 1701108549007	Dasari Sowmya	BTZC	<u>Sowmya</u>
300 1701108549009	E. Priyanka	BTZC	<u>Priyanka</u>

Principal

PRINCIPAL
Govt. Degree College for Women
Begumpet, Hyderabad

SELF DEFENCE PROGRAM BY SHE TEAM

Activity Name: Self Defence Program

Date: 20-03-2021

Organizing committee: Women Empowerment Cell

Instructor: Mr. BDevender ,SHE TEAM Coordinator

Women Empowerment Cell of Government Degree College, Begumpet, Hyderabad has organised a programme in collaboration with SHE team on Self Defense training mechanisms for girls on **20.03.2021** in the college premises and the programme was inaugurated and addressed by the Principal DR. G. Sunitha and she stated that this training will give a self- confidence to the students and will be given to all the students batch wise.

The objectives of the programme

1. To impart mechanisms of defence to protect themselves
2. To defend against undetermined situation of physical assault
3. To build self-confidence so that they can protect themselves to shape their own destiny and capacity enhancement through self-defense training.

Instances of harassment against girls are prevalent in our society, many of which go unreported eventually leading to heinous crimes against girls and women. There is a pressing need to tackle such complicated situations for girls to be able to save themselves from any deleterious outcome. By making them learn self-defense we can ensure a society brimming with powerful and strong women who can protect themselves.



Instructor from SHE team Mr.B. Devender is training the mechanisms of self defence to the students and the WEC convener Dr.P.S.Rajani and members of WEC Dr.D.Padmaja, Dr.K.Praneetha, Dr.A.Madhuri and Dr. K. Kamala are encouraging the girl students and taking the responsibility of the Programme.

Outcomes

This training programme helps in

4. Building confidence
5. Developing self-discipline
6. Improving physical health and mentally strong to face unforeseen situation

One of the major impacts of this programme has been instilling a sense of fearlessness and enhancing mental strength among the girls. They feel more confident and secure having learnt techniques to defend and protect not only for themselves but also to protect others in times of undetermined situations when it is needed. This training programme has enhanced physical strength of girl's active participation in other activities in the college. A very positive thinking attitude is witnessed among the students when they started taking training in this programme.













No. of slides - 150 Self Defence Program.

20.3.2021
2020-21

S.No	Roll Number	Student Name	class	Signature
1	10611085366001	B. Vikitha	B.A	Vikitha
2	10611085366002	B. Swathi	B.A	swathi
3	10611085366003	Fathima Beguna	B.A	fathima beguna
4	10611085366004	Humera Nousheen	B.A	Humera Nousheen
5	10611085366005	Jaya Shree mishra	B.A	Jayashree
6	10611085366006	J. Sinduja Reddy	B.A	Sinduja Reddy
7	10611085366007	K. Divya Shree	B.A	Divya shree
8	10611085366008	M. Lakshmi	B.A	Lakshmi
9	10611085366009	Asma begum	B.A	Asma begum
10	10611085366010	Rai Samyuktha	BA	Rai Samyuktha
11	10611085366011	R. Mahasa Naik	B.A	Manasa Naik
12	10611085366012	Juveriya	B.A	Juveriya
13	10611085366013	Jyothi Sharma	B.A	Jyothi Sharma
14	10611085366014	K. Sumanjali	B.A	Sumanjali
15	10611085366015	K. Teena	B.A	Teena
16	10611085366016	N. Lakshmi	B.A	Lakshmi
17	10611085366017	Rajini Singh	B.A	Rajini Singh
18	10611085366018	Reshma Patvari	BA	Reshma Patvari
19	10611085366019	S. Soundhya	B.A	Soundhya
20	10611085366020	Sana Fathima	BA	Sana Fathima
21	10611085366021	Sarjam Bhargavi	BA	Sarjam Bhargavi
22	10611085366022	Sudha dawadi	BA	Sudhadawadi
23	10611085366023	Y. Vinitha	B.A	Vinitha

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NO	Roll number	Student name	class	Signature
24	10611085366024	B. Durga Bhavani	B.A	<u>Durga</u>
25	10611085366025	C. Kavitha	B.A	<u>Kavitha</u>
26	10611085366026	C. Krishnaveni	B.A	<u>Krishnaveni</u>
27	10611085366027	K. Mounika	B.A	<u>Mounika</u>
28	10611085366028	K. Neela	B.A	<u>Neela</u>
29	10611085366029	M. Nagamani	B.A	<u>Nagamani</u>
30	10611085366030	M. Savithri	B.A	<u>M. Savithri</u>
31	10611085366031	M. Sangeetha	B.A	<u>Sangeetha</u>
32	10611085366032	N. Sandhya rani	B.A	<u>Sandhya</u>
33	10611085366033	N. Mahalakshmi	B.A	<u>Nalaka</u>
34	10611085366034	P. Kasthuri	B.A	<u>Kasthuri</u>
35	10611085366035	R. Nandini	B.A	<u>Nandini</u>
36	10611085366036	V. Manjula	B.A	<u>Manjula</u>
37	10611085366037	V. Kavitha	B.A	<u>Kavitha</u>
38	10611085366038	K. Lakshmi	B.A	<u>Lakshmi</u>
39	10611085366039	K. Deepika	B.A	<u>Deepika</u>
40	10611085366040	M. Tasneem	B.A	<u>Tasneem</u>
41	10611085366041	N. Sirichandani	B.A	<u>Sirichandani</u>
42	10611085366042	P. Sai lakshmi	B.A	<u>Sai lakshmi</u>
43	10611085366043	Asma begum	B.A	<u>Asma begum</u>
44	10611085366044	Ayesha Samreen	B.A	<u>Ayesha Samreen</u>
45	10611085366045	Firdoz Sultana	B.A	<u>Firdoz Sultana</u>
46	10611085366046	N. Lavanya	B.A	<u>Lavanya</u>
47	10611085366047	Nazima begum	B.A	<u>Nazima begum</u>

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S.No	Roll Number	Student Name	class	Signature
48	10611085366048	Nazya Sultana	B.A	Nazya sultana
49	10611085366049	Neha tabassum	B.A	Neha tabassum
50	10611085366050	P. Ravalika	B.A	Ravalika
51	10611085366051	R. Padmini	B.A	Padmini
52	10611085366052	Ridhi Mishra	B.A	Ridhi Mishra
53	10611085366053	R. Mounika	B.A	Mounika
54	10611085366054	Saba Sultana	B.A	Sabahullena
55	10611085366055	Saniya begum	B.A	Saniya begum
56	10611085366056	Abida begum Shireen	B.A	Shireen begum
57	10611085366057	Abida begum	B.A	Abida begum
58	10611085366058	Afreen banu	B.A	Afreen banu
59	10611085366059	Afreen bagum	B.A	Afreen begum
60	10611085366060	A. Shirisha	B.A	Shirisha
61	10611085366061	A. padmavathi	B.A	Padmavathi
62	10611085366062	A. Soni	B.A	Soni
63	10611085366063	Ashwini mamatha	B.A	Ashwini mamatha
64	10611085366064	Sairam Sangeetha	B.A	Sairam Sangeetha
65	10611085366065	B. Marthi	B.A	Marthi
66	10611085366066	B. Harika	B.A	Harika
67	10611085366067	B. Jaishree	B.A	Jaishree
68	10611085366068	B. Narmada	B.A	Narmada
69	10611085366069	C. Reema	B.A	Reema
70	10611085366070	C. Neeraja	B.A	Neeraja
71	10611085366071	C. Ragini	B.A	Ragini

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Sl. No.	Roll Number	Student Name	Class	Signature
72	10611085366072	C.S Sindu	B.A	Sindu
73	10611085366073	D. Madhavi	B.A	Madhavi
74	10611085366074	D. Siniha	B.A	Siniha
75	10611085366075	Divya bharathi	B.A	Divya
76	10611085366076	Janaki	B.A	Janaki
77	10611085366077	D. Keerthi	B.A	Keerthi
78	10611085366078	D. Kusuma	B.A	D. KUSUMA
79	10611085366079	D. Madhavi	B.A	Madhavi
80	10611085366080	E. Kavitha	B.A	Kavitha
81	10611085366081	E. Prathyusha	B.A	Prathyusha
82	10611085366082	E. Madhavi	B.A	Madhavi
83	10611085366083	Fara Fathima	B.A	Fara
84	10611085366084	Fariheen begum	B.A	Fariheen begum
85	10611085366085	J. Pavithra	B.A	PAVITHRA
86	10611085366086	J. Lingeshwari	B.A	Lingeshwari
87	10611085366087	G. Aarthi	B.A	Aarthi
88	10611085366088	Swetha	B.A	Swetha
89	10611085366089	G. Preethi	B.A	Preethi
90	10611085366090	G. Pooja	B.A	Pooja
91	10611085366091	G. Radhika	B.A	Radhika
92	10611085366092	G. Lalitha	B.A	Lalitha
93	10611085366093	G. Vyva vandha	B.A	vyva vandaj
94	10611085366094	J. Mounika		Mounika
95	10611085366095	J. Geetha		Geetha

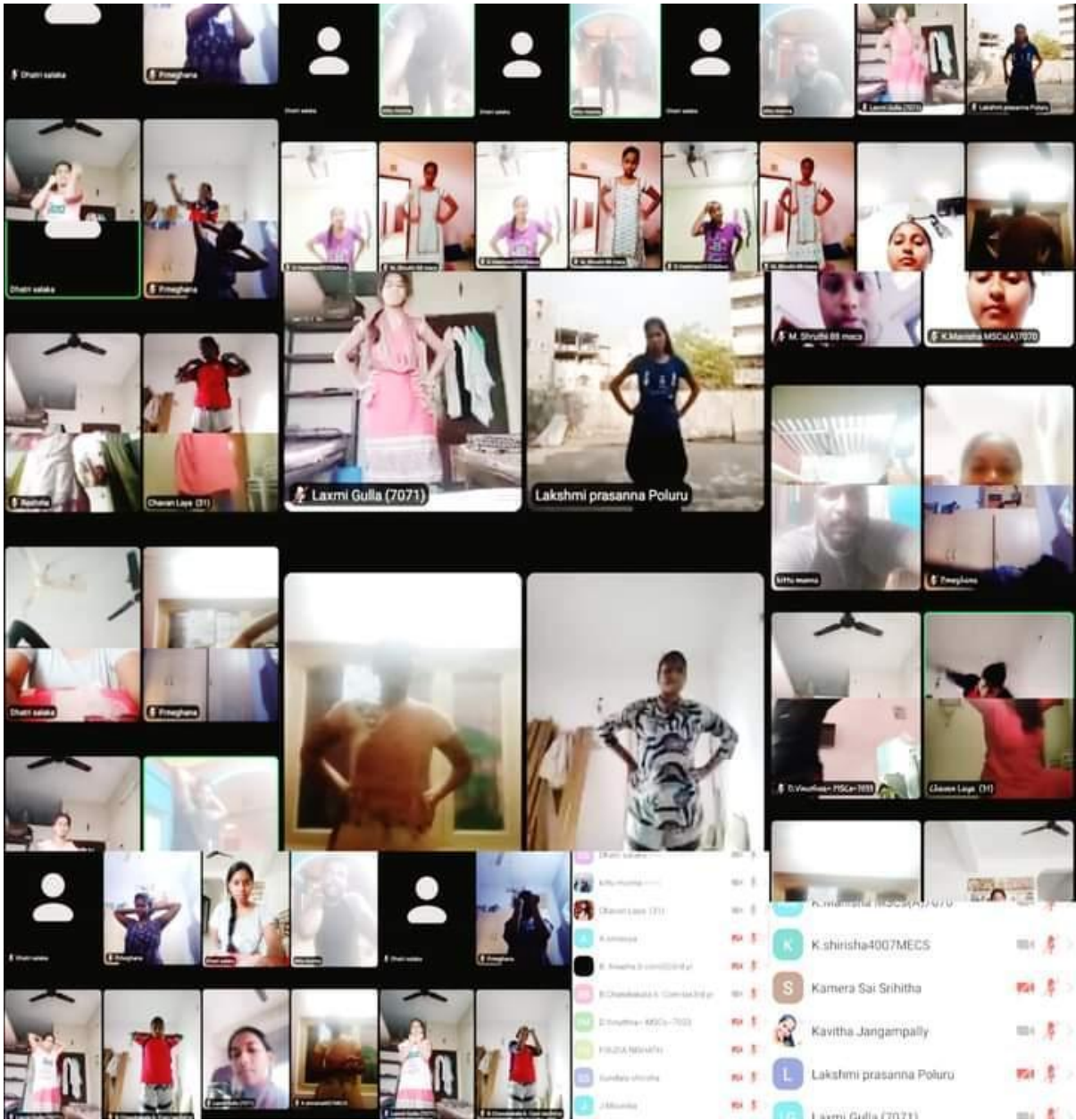
B. PRINCIPAL,
Govt. Degree College for Women
Begumpet, Hyderabad

	Roll No.	Student Name	Class	Signature
96	108518489001	A. Pruijanka	BTZC-II ³ 4/17	<u>Pruijanka</u>
97	108518489024	K. Yamini	BTZC	<u>Yamini</u>
98	108518489041	R. Yugala	BTZC	<u>R. Yugala</u>
99	10851421003	B. Archana	BZC	<u>B. Archana</u>
100	16011085409004	B. Laxmi	BZC	<u>B. Laxmi</u>
101	16011085349009	C. Anusha	BZC	<u>C. Anusha</u>
102	16011085387010	D. Sunitha	BZC	<u>D. Sunitha</u>
103	16011085313012	G. Manasa	BZC	<u>G. Manasa</u>
104	16011085301013	J. Swetha	BZC	<u>J. Swetha</u>
105	1601108501013	G. Shivani	BZC	<u>G. Shivani</u>
106	16011085133027	P. Anusha	BZC	<u>P. Anusha</u>
107	16011085121028	P. Dalwai	BZC	<u>P. Dalwai</u>
108	16011085121029	R. Shailaja	BZC	<u>R. Shailaja</u>
109	16011085097030	P. Jyothi	BZC	<u>P. Jyothi</u>
110	16011085085031	S. Soni	BZC	<u>S. Soni</u>
111	160110850873032	S. Thanani	BZC	<u>S. Thanani</u>
112	16011085061033	Samreen	BZC	<u>Samreen</u>
113	16011085049034	T. Vasantha	BZC	<u>T. Vasantha</u>
114	16011085037035	U. Harika	BZC	<u>U. Harika</u> thi
115	16011085025036	Y. Roshni	BZC	<u>Y. Roshni</u>
116	16011085445501	A. Annapurna	MZC	<u>A. Annapurna</u>
117	16011085489001	Anitha		<u>Anitha</u>

	Roll No	Student Name	Class	Signature
118	1701108549002	Anna Sai Divya	BTZC	Sai Divya
119	1701108549003	Vasani	BTZC	Vasani
120	1701108549004	Mamatha	BTZC	Mamatha
121	1701108549005	Sravani	BTZC	Sravani
122	1701108549006	Saiprasanna	BTZC	Sai Prasanna
123	170110854549007	D. Sowmya	BTZC	D. Sowmya
124	17011084549008	E. Nagatha	BTZC	E. Nagatha
125	17011084549009	E. Priyanka	BTZC	E. Priyanka
126	17011084549010	G. Gupta	BTZC	G. Gupta
127	17011084549011	K. Manisha	BTZC	K. Manisha
128	17011084549012	K. Swetha	BTZC	K. Swetha
129	17011084549013	K. Soujanya	MZC	K. Soujanya
130	17011084549014	K. Priyanka	MZC	K. Priyanka
131	17011084549015	M. Sumitha	MZC	M. Sumitha
132	17011084549016	M. Shivani	MZC	M. Shivani
133	17011084549017	P. Sravani	MZC	P. Sravani
134	17011084549018	P. Sridivya	MZC	P. Sridivya
135	17011084549019	P. Srija	MZC	P. Srija
136	17011084549020	P. Arundathi	BTZC	P. Arundathi
137	17011084549021	R. Bharthi	An ZC	R. Bharthi
138	17011084549022	R. Niveditha	An ZC	R. Niveditha
139	17011084549023	S.K. Bindhu	An ZC	S.K. Bindhu

Roll No	Student Name	Class	Signature
140	17011084549024 T. Saritha	BZC	
141	17011084549025 V. Supriya	BZC	
142	17011084549026 Y. Maneesha	BZC	
143	170110845485549027 Ayesha Tabassum	BZC	
144	170110845495002 B. Shireesha	BZC	
145	17011085445003 B. Sushma	BZC	
146	10851845746 Mehraj Begum	BTZC	
147	10851845758 G. Niharika	BTZC	
148	10851845763 R. Maunika	BTZC	
149	108518457054 T. Sindhu	BTZC	
150	108518457011 Y. Yamini	BTZC	


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Note : Due to immediate lockdown due to covid 19 again we encouraged the students to attend online training classes. But, very few students have joined the course of about one week.

Total no. of students participated:50

Instructor:Mr. B. Devender, SHE TEAM Coordinator



GOVT.DEGREE COLLEGE FOR WOMEN, BEGUMPET
Affiliated-Osmania University
ONLINE SELF DEFENSE COURSE

Activity: ONLINE SELF DEFENSE COURSE

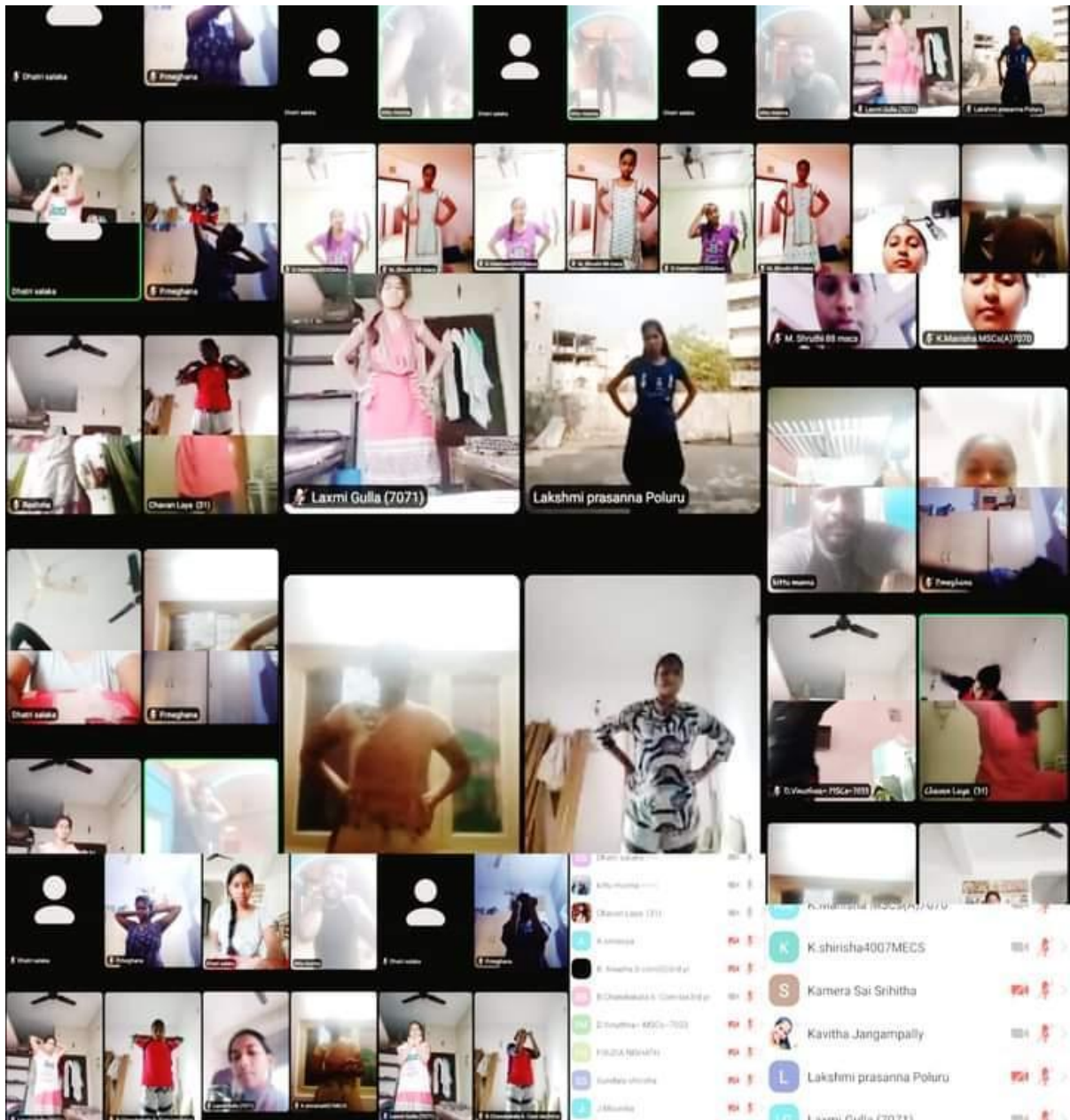
Date: 27-3-2021 to 5-4-2021

Resource Person: Instructor: Mr. B.Devender ,SHE TEAM Coordinator

Organizing committee: Women Empowerment Cell

NO.of students participated: 50

Due to immediate lockdown due to covid -19 again we encouraged the students to attend online training classes. But, very few students have joined the course of about one week.



Program Outcome:

This training programme helps in

1. Building confidence
2. Developing self-discipline
3. Improving physical health and mentally strong to face unforeseen situation

ONLINE SELF DEFENCE COURSE

No. of students - 50

dt. 20-3-2021

2020-21

S.NO	ROLL. NO	STUDENT NAME	CLASS	SIGNATURE
01	108518489002	A. Sindhu Bhargavi	BTZC III rd year	A. sindhu
02	108518489008	B. Sahithi	BTZC III rd year	B. Sahithi
03	108518457005	A. Manasa	MZC III rd year	A. manasa
04	108518457014	G. Priya	MZC III rd year	G. Priya
05	108518457020	K. Lavanya	MZC III rd year	K. Lavanya
06	108518489019	G. Niharika	BTZC III rd year	Niharika
07	10611085366001	B. Vithika	B.A (H.E.P)	Vithika
08	108518457026	M. Kamakshi	MZC III rd year	Kamakshi
09	20011085069001	B. Nandini	B.A CBCS I st year	Nandini
10	20011085069005	M. Anusha	B.A CBCS I st year	Anusha
11	108518457028	M.V. Chandrika	MZC III rd year	Chandrika
12	108518457001	A. Divya	MZC III rd year	Divya
13	108518457035	N. Chelsi	MZC III rd year	Chelsi
14	20011085111010	K. Sowmya	B.A CBCS I st year	Sowmya
15	20011085197002	G. Sujatha	B.A CBCS I st year	Sujatha
16	108518457043	Sameen Sulthana	MZC III rd year	Sulthana
17	108518457012	D. Mounika Sai	MZC III rd year	Mounika Sai
18	108518457036	Nishath	MZC III rd year	Nishath
19	108518489024	Heena Begum	BTZC	Heena Begum
20	108518457037	P. Manasa	MZC III rd year	Manasa
21	108518489034	D. Mounika	BTZC	Mounika
22	108518457038	P. Sowmya	MZC III rd year	Sowmya

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No	Roll No	STUDENT NAME	CLASS	SIGNATURE
23	108518489037	Neha Sultana	BTZC	Neha Sultana
24	10611085366003	Fathima Begum	B.A (H.E.P)	Fathima Begum
25	108518489025	K. Yamini	BTZC	Yamini
26	16011085054001	Juveiya	B.A (H.P.J)	Juveiya
27	108518489035	M. Amulya	BTZC	Amulya
28	108518489030	M. Sweeya	BTZC	Sweeya
29	108518489041	R. Yugala	BTZC III rd year.	Yugala
30	16011085054005	N. Lakshmi	B.A (H.P.J)	Lakshmi
31	16011085061001	B.A (Journalism) K. Laxmi	B.A (Journalism)	K. Lakshmi
32	16011085401005	A. Padmavathi	B.com (EIM)	padmavathi
33	108518489036	N.S.S.K. Laxmi priya	BTZC	Laxmi priya
34	16011085111514	V. Manjula	BTZC	Manjula
35	108518489015	B. Sakshi	B.com (C.A)	Sakshi
36	108518489030	R. Rani	B.com (C.A)	Rani
37	108518489018	E. Bhoomika	BTZC	Bhoomika
38	16011085405035	T. Sraavani	B.com (Adv)	Sraavani
39	108518489029	M. Laxmi Nandhini	BTZC	Laxmi Nandhini
40	16011085253017	L. Divya	BZC	Divya
41	108518489031	Mehraj Begum	BTZC	Mehraj Begum
42	16011085401014	C. Neeraja	B.com (EIM)	Neeraja
43	108518489003	Aarshen Khan	BTZC	Aarshen Khan
44	108518489050	V. Sraavani	BTZC III rd year.	Sraavani
45	108518489012	Ch. Sushma	BTZC	Sushma
46	16011085401006	A. Soni	B.com (EIM)	Soni
47	16011085253019	M. Shailasutha	BZC	Shailasutha
48	108518489026	K. Sneha Kiran	BTZC	Sneha Kiran
49	16011085401015	C. Rajni	B.com (EIM)	Rajni
50	108518489010	C. Bhavitha Reddy	BTZC	Bhavitha Reddy

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ONLINE YOGA AND MEDITATION COURSE

Activity: Online Yoga and Meditation Course

Date: 27-5-2021 to 29-5-2021

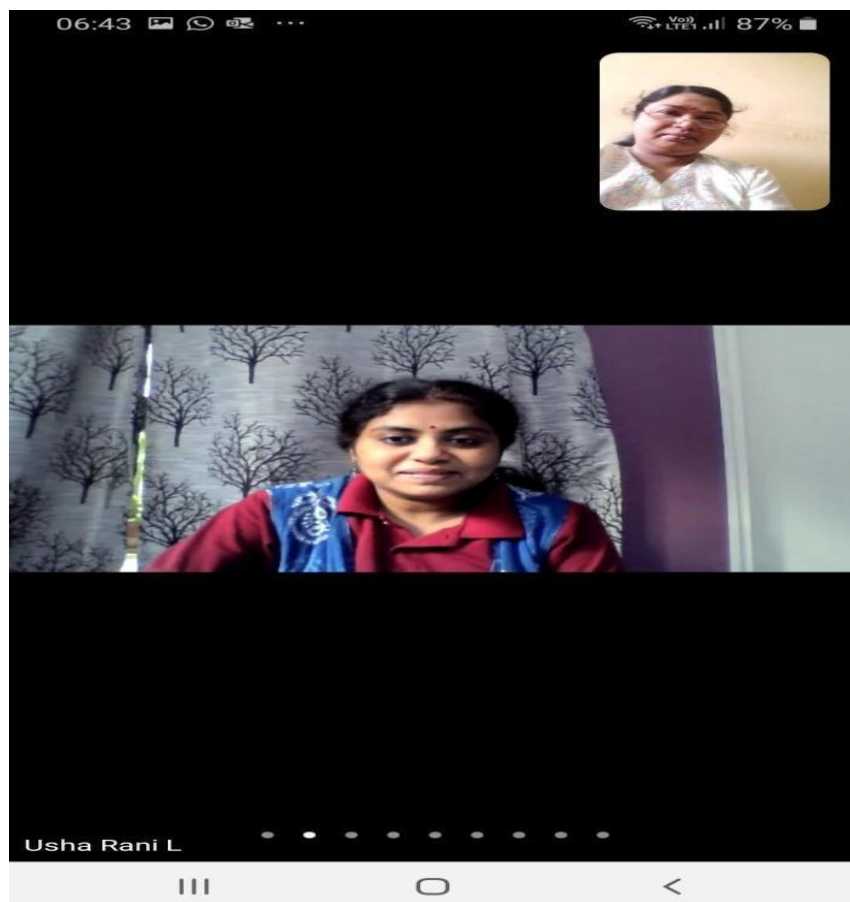
Resource Person: Mrs.Usha Rani, a volunteer in Art of Living organization

Organizing committee: Women Empowerment Cell

NO.of students participated: 20

The Art Of Living Foundation is a non-profit, educational and humanitarian organization founded in 1981 by the world renowned humanitarian and spiritual teacher Sri SriRavishanker . All the Art of Living programs are guided by Sri Sri Philosophy. Unless we have a stress free mind and violence free society we cannot achieve world peace.

Women Empowerment Cell organized a special 3 days program through online with Mrs.Usha Rani a volunteer in Art Of Living organization on “Immunity Enhancement Program through Yoga and Meditation” on dt: 27-5-2021 to 29-5-2021. Mrs.Usha Rani explained in detail about the effect of meditation and how it builds a harmony in between the health and studies. She presented various types of yoga and meditation techniques to improve the immunity levels t6o strengthen our body and to boost up to face the pandemic situation.



06:33

VoLTE+ LTE1 90%



Padma sri Rajani padma sri



Usha Rani



Lakshmi



JVN Ravi Kumar



Online Yoga and Meditation Course

27-5-2021 to 29-5-2021

2020-21

Sl.No	Roll No	Students Name	class	Signature
1.	16011085445510	G. Sumalatha	BZC	
2.	16011085445515	K. Bhavani	BZC	
3.	16011085445519	K. Jayamma	BZC	
4.	16011085445522	K. Lakshmi	BZC	
5.	16011085445526	N. Tejasree	MBC	
6.	16011085445528	T. Manisha	MBC	
7.	16011085445531	S. Lavanya	MBC	
8.	16011085445532	T. Anuradha	BZC	
9.	16011085445533	V. Divya	BZC	
10.	16011085445534	V. Soni	BZC	
11.	16011085458003	B. Madhavi	MBC	
12.	16011085458004	B. Seerene pede	MBC	
13.	16011085458005	Chandrabalka	MBC	
14.	16011085458006	Shanthy Jyothi	MBC	
15.	16011085458007	Sumanjali	MBC	
16.	16011085458008	Singha	MBC	
17.	16011085458009	Venkata Krishnaveni	BZC	
18.	16011085458010	J. Surothi	BZC	
19.	16011085458011	K. Sandhya	BZC	
20.	16011085458012	K. Keerthi Chandruka	MZC	

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