

WORLD CANCER DAY, 2021

Activity: *WORLD CANCER DAY*

Date: 04-02-2021

Resource Person: Dr. Srinivas Prasad, Cancer surgeon at Cancer care Hospitals, Hyderabad

Organizing committee: Women Empowerment Cell, Health Committee and Zoology dept

World Cancer Day was created in 2000 to be held every year on 4th February. It is a global initiative led by the Union for International Cancer Control (UICC), to face one of our world's challenges. World Cancer Day aims to save millions of preventable deaths each year by raising awareness and education about cancer and pressing governments and individuals across the world to take action against the disease.

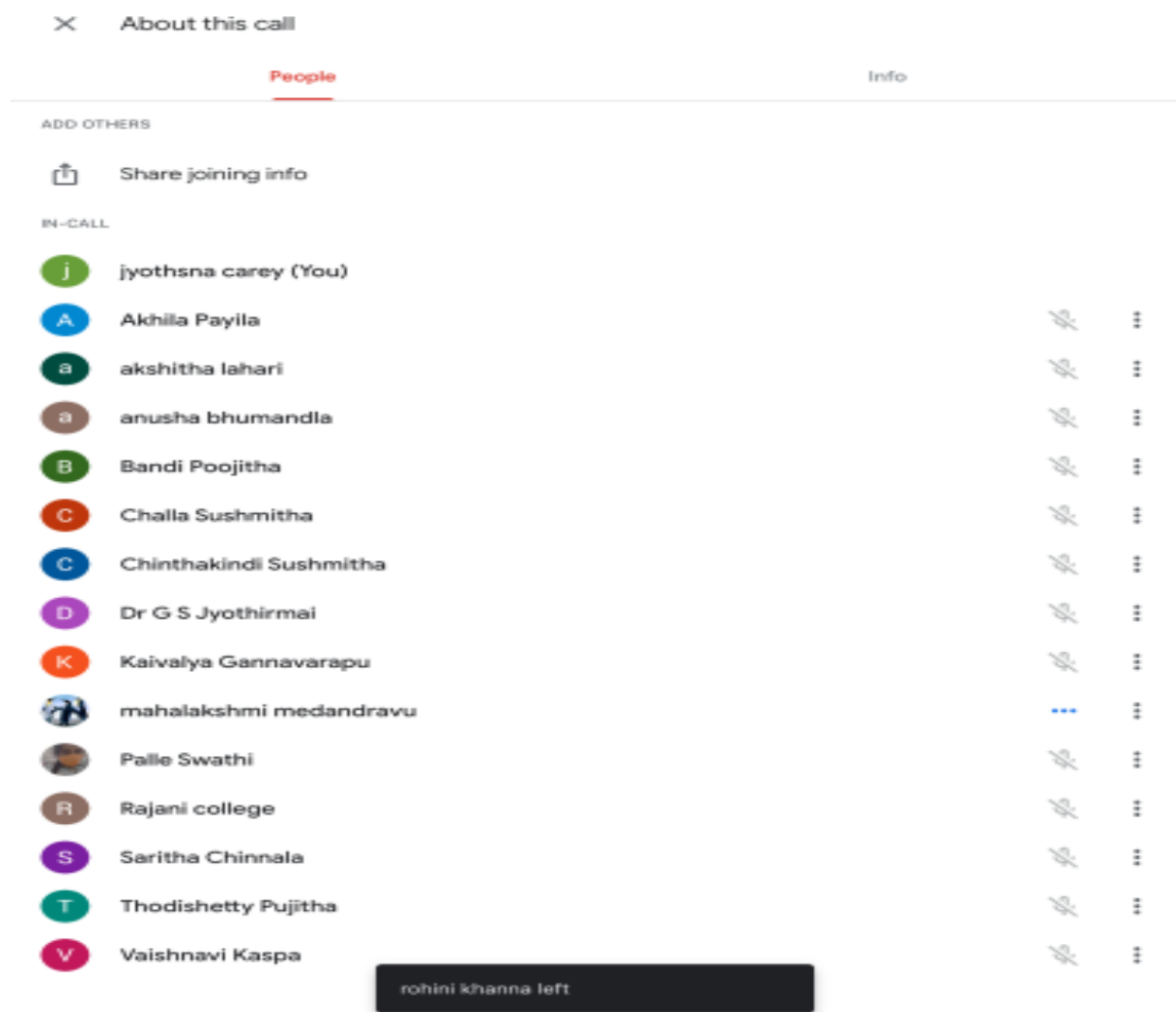
This year's theme: **I am and I will/Together**, all our actions matter. This day shows us that our actions have an impact on everyone around us. This year's theme is a reminder of the enduring power of cooperation and collective action. When we choose to come together, we can achieve what we all wish for, a healthier, brighter world without cancer.

The WEC, Health committee Department of Zoology, Govt. College for Women (A), Begumpet, Hyderabad celebrated Darwin day on 4th February by organising an online extension lecture through Zoom app by Dr. Srinivas Prasad, Cancer surgeon at Oryzon Cancer care Hospitals. Dr. Prasad explained to the students the implications of breast and cervical cancer. He also talked about the various risk factors and stressed on the importance of nutrition, exercise and a healthy life style in preventing such occurrences.

Arrow showing the date and time of the programme







OBJECTIVES:

- The main objective of the program was to bring about the awareness on the disease called CERVICAL CANCER due to the factors like irregular menstrual cycle, stress, lack of exercise through online presentation.
- To enlighten them about various lifestyle modifications in order to prevent cervical cancer and encourage them to consult medical personally if they observe any symptoms.
- To bring about an awareness through questionnaire consisting on demographical variables, obesity, menstrual cycle, stress, exercise and symptoms through a checklist of cervical cancer.

IMPACT:

- The students were enlightened about the diseases and the session concluded with a talk on the importance of lifestyle modifications in preventing cervical cancer and thereby students were encouraged to practice exercise in their daily life.

- The students were advised to understand the medical condition and seek medical help as and when needed
- They understood the importance of making lifestyle modifications in order to protect themselves from cervical cancer.

The Programme was conducted on online mode. So Geotagging was not possible and photos were attached in the Document