

Government Degree College for Women, Begumpet, Hyderabad

Yoga and Meditation Programme

The NSS I,II III and IV Units Programme Officers MS.V.V.Mallika,Ms.M.Sangeetha, Dr.Ch.Anuradha and Dr.D.Malleswari conducted International Day of Yoga in the college on 21st June,2017 in collaboration with Heartfulness Meditation Institute , Hyderabad. The resource person made the volunteers to practice yogasanas and meditation. 200 volunteers also participated in the International Day of Yoga celebrations at Lal Bahadur Stadium, Basheerbagh, Hyderabad jointly organized by NSS cell Osmania University and Heartfulness Meditation Insititute , Hyderabad.



NSS programme Officers, staff and volunteers participated in the International Day of Yoga programme.

Name of the Department	NSSI, II, III, IV
Name of the event organized	International Day of Yoga & Medit ^l
Title of the event	Yogasannas & meditation
Date of the event organized	21-June 2017
Name of the coordinator of the event	NSS volunteers
Class of the participant	I, II, & III
No of the participant (student + staff)	200/-
Name of the expert with designation	Heartfulness meditation
Contact Number & Address of the event	Institute
Objective of the event	Meditation
Outcome of the event	
Photo gallery	

Signature 
 Coordinator of the Programme

S.No	Name of the student	Course /Year	Phone No	
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58	Ruksana Begum	"	9490491077	Ruksana Begum
59	Rinky Singh	"	8639530369	Rinky
60	Samreen Begum	"	7995562201	Samreen
61	O. Akila	"	7731869786	O. Akila
62	P. priyanka	"	7893987015	Priyanka
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68	P. Manisha	"	7013918808	Manisha
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80	M. Rohini	"	8978006728	Rohini
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87	B. Navya	"	8919987116	Navya
88	D. Shamma	"	9381005175	Shamma
89	B. Rishika	"	9100507618	Rishika
90	B. Sushma	"	7386792457	Sushma
91	D. Padraja	"	8297629326	D. Padraja

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93	Nishad Sultana	B.Com III rd yr	8247805542	Nishad Sultana
94	Nootain Siddiqua	"	7661046186	Nootain Siddiqua
95	P. Supriya	"	6304751928	P. Supriya
96	polaboina Anusha	"	8008020340	Anusha
97	N. Rajeshwari	"	6303857707	Rajeshwari
98	M. Kavya	"	8894354605	Kavya
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100	M. Bhagyaa	"	6305630312	Bhagyaa
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102	Sahera Zabeen	B.Com III rd year	837446646	Sahera Zabeen
103	Sana begum	B.Com III rd year	8341478085	Sana begum
104	NIKAGONDA SANTHOSH	B.Com III rd year	8019390631	Santhosh
105	Namu. Brundha	B.Com III rd year	7995830484	Brundha
106	M. Shravani	B.Com III rd year	9963641917	Shravani
107	M. Pooja	B.Com III rd year	9391558234	Pooja
108	M. Swarna	B.Com III rd year	9390394611	Swarna
109	V. Nanya	B.Com III rd year	7036986165	V. Nanya
110	N. Maheshwari	B.Com III rd year	7346872802	Maheshwari
111	V. Kavya	B.Com III rd year	8688745323	V. Kavya
112	Surya kala	B.Com III rd year	9391652263	Surya kala
113	T. Gayathri Devi	B.Com III rd year	8886550184	Gayathri Devi
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116	P. Priyanka	"	8688136599	Priyanka
117	N. Brundha	"	7995830484	Brundha
118	N. Sravani	"	9963641917	Sravani
119	Shaile Tasleem	B.Com 3 rd year	9182940263	Shaile Tasleem
120	V. Rani	B.Com 3 rd year	8096251703	Rani
121	P. Tejaswini	B.Com 3 rd year	7569839915	Tejaswini
122	M. Navaneetha	B.Com 3 rd year	7093843900	M. Navaneetha
123	T. Soumya	B.Com 3 rd year	7075768662	Soumya
124	R. Parameshwari	B.Com 3 rd year	7675030865	Parameshwari
125	S. Anagha	B.Com 3 rd year	9849578302	S. Anagha
126	R. Prashanti	B.Com 3 rd year	9010685369	Prashanti
127	N. Manisha	B.Com 3 rd year	8688106679	N. Manisha
128	T. Saivani	B.COM 3 rd year	8801924631	T. Saivani

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140	V. Anusha	B.com 2 nd year	9491782339	V. Anusha
141	Yesukala Usha	B.com 2 nd year	9866855356	Y. Usha
142	Suncha. Hindumathi	B.com 2 nd year	8247864323	S. Hindumathi
143	R. Poiasanna	B.com 2 nd year	6302726777	R. Prasanna
144	S. Niharika	"	6303609495	S. Niharika
145	U. Snideri	"	7032286339	U. Snideri
146	V. Vennela	"	8790775116	V. Vennela
147	Sajidha	B.com (CA) 2 nd year	6303168116	Sajidha
148	T. Manisha	B.com 2 nd year	9063013494	Manisha
149	R. Sowjanya	B.com 2 nd year	703206325	Sowjanya
150	Pareethi	"	7075296657	Pareethi
151	Sony Kumari	B.com 2 nd year	6307740428	Sony Kumari
152	S. Bhavana	B.com 2 nd year	9014562422	S. Bhavana
153	S. Supriya	B.com 2 nd year	9705596623	Supriya
154	Ramadevi	"	9542495975	Rama
155	Shivani T	"	6309602495	Shivani
156	Shirreen	"	8247567235	Shirreen
157	Sahara Banu	"	708574424	Sahara Banu
158	Zeba Fatima	"	9393955003	Zeba
159	Devika S	"	9542495975	Devika
160	Saba Fatima	"	934744538	Saba
161	Rashod ashwini	"	6309602495	Ashwini
162	Zahara Fatima	"	9553475210	Zahara
163	Zeeha	"	831039819	Zeeha
164	S. Jhanvi	"	9121308399	Jhanvi
165	S.V. Bhuvana	"	9100541803	Bhuvana
166	V. Prabharathi	"	6305628304	Prabharathi
167	T.N. Pragathi	"	6309807069	Pragathi
168	R. Sowmya	"	7981800923	Sowmya
169	R. Deekshitha	"	799726642	R. Deekshitha
170	S. Sowmya	"	8464935508	S. Sowmya
171	Sony Kumari	B.com 2 nd year	9014345820	Sony Kumari
172	P. Moha lakshmi	"	9848699675	P. Moha lakshmi
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182	Yerukala Usha	B.com(CA)2 nd year	9866855356	Y. Usha
183	Surcho. Hindumathi	B.com(CA)2 nd year	8247864328	S. Hindumathi
184	S. Niharika	B.com(CA)2 nd yr	6303609495	S. Niharika
185	Y. Santheskini	B.com/2 nd /Dsec	9542095975	Y. Santheskini
186	Shivani	B.com/2 nd /Dsec	827567235	Shivani
187	S. Preethi	B.com/2 nd /Dsec	7075296657	Preethi
188	Tejasree	B.com/2 nd /Dsec	9380780648	Tej
189	Samara Devika	B.com/2 nd /Dsec	9963284001	S. Devika
190	Sonykumari	B.com/2 nd /Dsec	630974428	Sonykumari
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	Sakeena	"	9963284001	Sakeena
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	Batshi Kumari	"	6302726917	Batshi
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