

2017-18 File : 6

S.No	Date of the programme	Name of the programme	No. of participants	No. of Faculty involved
6	21-07-2017	Yoga Day	200	10

International Day of Yoga



The Government Degree College for Women, Begumpet conducted International Day of Yoga in the college on 21st June, 2017 in collaboration with Heartfulness Meditation Institute, Hyderabad. The Resource Person made the volunteers practice yogasanas and meditation. 200 volunteers also participated in the International Day of Yoga celebrations at Lal Bahadur Stadium, Basheerbagh, Hyderabad which was jointly organized by NSS Cell, Osmania University and Heartfulness Meditation Insititute, Hyderabad.