

**DEPARTMENT OF APPLIED NUTRITION AND PUBLIC HEALTH  
GDCW BEGUMPET**



**MILLET MANIA – Recipe Contest for Teaching & Non-Teaching Staff**

**DATE:-28<sup>th</sup> February 2023**

**Venue: Room no.24**

The year 2023 has been declared as **the International Year of Millet** by the United Nations General Assembly. The goal of this initiative is to raise awareness of the nutritional, cultural, and economic importance of millet as a sustainable crop and promote its cultivation, consumption, and trade. The International Year of Millet will include various events, campaigns, and activities aimed at promoting the benefits of millet and raising awareness of its importance.

To commemorate "The International Year of Millets 2023, The Department of Applied Nutrition & Public Health, in partnership with NESTLE, has organised Millet Mania - Recipe Contest on February 28, 2023 in the college for all the Teaching and Non-Teaching staff (Men & Women).

A list of conditions for recipe submission, such as ingredient lists and cooking instructions, were previously provided. A total of 24 staff members took part in the competition. Principal Dr. K. Padmavathi has formally inaugurated the program and appreciated the efforts of department and congratulated all the participants. HoD, Dr. Annie Sheron have explained about the importance of millets in daily life and the department's efforts in promoting healthy eating habits. Ms. Rajeswari Foods and Nutrition Specialist. All India Coordinated Research Project on Home Science, Professor Jayashankar Telangana State Agriculture University, Rajendra Nagar, Hyderabad have acted as the Judge for this contest. Judgement was made on the Sensory parameters such as colour, appearance, aroma, taste, texture and overall acceptability of the dish. The winners were given gift hampers, trophies, and certificates by Nestle. All the participants have received certificates.

Winners of the competition:

1<sup>st</sup> Prize Mrs. Pranathi- Lecturer in Biochemistry

2<sup>nd</sup> Prize Dr. R. Prasanna- Asst. Prof. of Commerce

3<sup>rd</sup> Prize Dr. M. Madhukar Rao- Asst. Prof. of Hindi

Principal Ma'am has announced special prizes for the following contestants

Dr. M. Nancy Serena- Asst. Prof. of English

Dr. G.S. Jyothirmai- Asst. Prof. Zoology

Dr. Sajida- Asst. Prof. Commerce

# MILLET MANIA - RECIPE CONTEST

FOR TEACHING & NON TEACHING STAFF, GDCW, BEGUMPET



**28 TH FEBRUARY 2023 @ 11 AM**  
**VENUE: CONFERENCE HALL**

ORGANIZED BY  
DEPARTMENT OF APPLIED  
NUTRITION & PUBLIC HEALTH  
GDCW, BEGUMPET  
HYDERABAD  
&  
VITTLES CLUB



For More Information Contact Dr. T. Annie Sheron, HoD, Dept of ANPH, GDCWB

## MILLET MANIA

### TERMS AND CONDITIONS

1. The Millet Mania contest is organised, in commemoration of the International Year of Millets-2023. Therefore, one of the main ingredients in the recipe should be millet.
2. Participants must prepare their dish at home and present it at the college.
3. Any Nestle product must be used as one of the main ingredients, making a significant contribution to taste/convenience.
4. The contest relies solely on the skill of the participant, and hence plays no role in determining the winners.
5. Participants should present their dish according to the theme, along with their Recipe card and the Nestle product that is used beside their dish.
6. Please highlight the special Nutritional benefit of the recipe if any.
7. All the entries become the property of Nestle. The Company is free to use the recipe as and when required.
8. The evaluation will be carried out by panel of the judges. Decision of the judges will be final and binding.
9. The participants should also explain to the judges their recipe's MOP (Method of Preparation) and nutritional values.
10. The recipe should be more visually appealing, colorful, and have a catchy/ creative name.

### Prizes:

- \* All participants will receive a participation Certificate from Nestle.
- \* Top 3 winners will be selected and awarded winner certificates and Nestle Gift Hampers.



